



# Kiwaniis

Hastings • Nebraska

## Astonisher

A newsletter of the Hastings Kiwanis Club  
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*"The first duty of love is to listen." ~ Paul Tillich, German-American philosopher*

February 2024

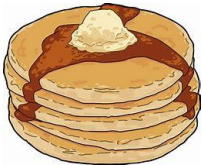
If you have items you wish to be included in the Astonisher, you can send them to  
[marge.ormsby@hastingskiwanis.org](mailto:marge.ormsby@hastingskiwanis.org) OR [Astonisher@hastingskiwanis.org](mailto:Astonisher@hastingskiwanis.org)

**INCLEMENT WEATHER POLICY:** If Hastings Public Schools cancels classes on any Kiwanis Thursday, there will be no noon Kiwanis meeting that day.



### Upcoming Meetings & Events ~ February

- Thur. 1 - YRTC, Camella Jacobe
- Wed. 14 - Board Meeting, Pastime Lanes ~ All members welcome
- Thur. 8 - Hands Only CPR, Joann Ewoldt & Rachelle Lipker
- Thur. 15 - Music Academy, Hannah Jensen-Heitmann
- Thur. 22 - Hastings Community Foundation & Schnase 1906 District  
Dan Peters and Maggie Esch
- Thur. 29 - Hastings College Update, Dr. Rich Lloyd



**PANCAKE DAY 2024 ~ TUESDAY, March 12**  
**\*\*\* Serving 7:00 a.m. – 7:00 p.m.**  
**Set-Up ~ Monday, March 11**

**This is an all-hands-on-deck fundraiser – our main one of the year.**

**STEP 1 is Selling Tickets.** Jim Krebsbach will be distributing tickets soon. See further details in the Jan. 18 meeting synopsis.

**SET UP on Monday** involves hauling in equipment and supplies; pre-washing pans; setting up, cleaning and covering tables; setting up chairs; stickering syrup bottles; organizing serving tables; setting up grills – and any other thing Jim & Kathy say needs to be done. Start time will be announced at a later time.

**THE BIG EVENT on Tuesday:** There will be sign-up sheets for 2-hour shifts for Kitchen Help/Cooks; Pancake Flippers \* Sausage Servers \* Beverage Servers (juice & coffee) \* Ticket Takers \* Table Cleaners \* and of course, Clean Up.

*This really is a fun event! Please check your calendars and sign up for as many shifts as you'd like. The sheets will be forthcoming in the SIGN-UP books at each regular meeting, as well as on the website.*

**\*\*\* VOLUNTEER POSITIONS \*\*\***

If you are unable to attend Thursday noon meetings to sign up for volunteer opportunities, you can log into the website ... go to "Meetings & Sign Up Sheets."

**Ongoing service projects include:**

- **Hearts & Hands Against Hunger** – dates and times TBA
- **Meals on Wheels** – every Friday, 11:15 a.m. – 2 routes, approx. 30-40 min.

**HEARTS & HANDS AGAINST HUNGER**

PEACE Center, 622 N. Lincoln, South side  
(former Middle School manual arts bldg)



**\*\*Please arrive 30 minutes prior to the scheduled start time\*\***

**\*\*\*\* REGULAR MONDAY PACKING ~ 2 – 3:30 P.M. \*\*\*\***

**Thursday, February 8 ~ Hasting Noon Rotary**

**6:00 – 8:00 p.m.**

**Est. 20**

**Sunday, February 18 ~ Webster Co. Junior Leaders**

**2:00 – 4:00 p.m.**

**50 Students**

**Hearts & Hands Against Hunger, P O Box 1293, Hastings NE 68902-1293 \* 402-460-8627**



**MEALS ON WHEELS – This is quick and easy!**  
**We have two (2) routes on Fridays for this service project.**  
**Two volunteers from Kiwanis are needed.**  
**Sign-up sheets are available at Thursday noon meetings**  
**or sign up on the website.**

**Meals are picked up at 11:15 at the Senior Action office, 212 W. 3<sup>rd</sup> St. (block east of the Post Office ~ 3<sup>rd</sup> & Minnesota) and delivery usually takes 30-40 minutes. They have the routes set up for the most efficient delivery.**

**February 2 – Need 2**

**February 9 – George Howard – Need 1**

**February 16 – Russanne Hoff – Dale Musgrave**

**February 23 – Need 2**

**Marge Ormsby is the Club Coordinator. Please notify me by text or call if you cannot make it or will be late. 402-469-3296**

## ICYMI ~ January 2024

### January 4 – Trip to Iceland & Norway, Dale Schultz (with additional commentary by Kathy)



Dale regaled us with a Powerpoint presentation of highlights of their recent Viking Cruise tour of Iceland and Norway from July 27 to August 9, 2023.

They flew from Chicago to Reykjavik, Iceland. The nights are

very short there, 5-6 hours from roughly 10:55 p.m. to 4:00 a.m. Iceland has no trees, just bushes. There is a fault line cutting through it that will eventually break Iceland into two parts. It is roughly half the size of Nebraska with a population 100,000 less than Omaha.

Whale watching was an interesting adventure, as well as touring the Black Sand Beaches on the south coast of Iceland. Iceland is a volcanic island with over 30 active volcanoes ... easy to see where the black sand comes from. The people use the steam from the volcanoes to heat their homes.



Glaciers are another hallmark of Iceland, with over 250. When contrasted with the many volcanoes, you can see why it is called “the Land of Fire and Ice.” The melting glaciers produce many waterfalls, as well as water reservoirs, rivers, and contributing to the country’s hydroelectric industry.

Another excursion was to Vigur Island where puffins abound. The Arctic tern is another prevalent bird. The mommas are very protective of their young and will dive, shrieking, towards intruders. Visitors are required to carry a tall stick to raise above your head for the terns to attack... instead of you!



black sand beach



Puffins



Arctic Terns

Next stop, the Faroe Islands, halfway between Iceland and Norway. They observed salmon farming there. The Faroes provide 11-12% of the world’s salmon.

Norway is the largest producer of the world’s salmon. Also has lots of waterfalls ... one especially beautiful is Seven Sisters Waterfalls. The nation’s trash is burned in giant incinerators and the heat coming off the trash is used to heat homes, buildings, and even park benches.

Their last stop was Bergen, Norway. A boat tour was scheduled but Storm Hans caused it to be cancelled. Rainfall there is 2.5 times more than in Seattle.

In contrast to Iceland, Norway has lots of trees. It has nearly three times the population of Nebraska, and is more than 1.5 times the size of Nebraska.

## Check Presentation, January 11

Kathy Hohensee presented a check for \$500 from Interstate Bank to Kathy Schultz for Hearts & Hands Against Hunger



## January 11 – Scouting Update, David Plond



David is Executive Director of the Overland Trails Council, which represents 43 counties in Central and Western Nebraska. Today's youth are different than when scouting began; so are their parents. Kids are hyper-connected to their devices,

expecting immediate gratification. Parents' efforts are spent more on providing that immediate gratification rather than investing their time in Providing, Protecting, and Preparing them for the future. Preparing youth for success takes repeated effort over a long period of time.

Parents too often spend time and money on providing the vocal wants of their children. Scouting can provide the gap and guidance for successful development. The Scout motto is "Be Prepared." Being prepared provides a competitive advantage.

Scouting's reputation has taken a plunge over the past several years and they are working to re-evaluate their brand. Financial and safety issues have plagued the program. A 2018 poll indicated that 76% felt scouting was excellent; that is now at 56%. In 2018, 67 percent felt that scouting was safe; that is now at 50 percent.

Membership problems mounted nationwide. Contributing to this occurrence were:

- Covid
- Negative press
- Lost backing of the LDS church; 1/2 million scouts were lost when they dropped their program
- Problems with its relationship with the United Methodist Church

The BSA took a financial hit as well.

- Legal issues from 2015-2020 cost \$374 million
- Insurance costs from 2019-2022 were \$120 million
- Nebraska's payment to the settlement trust fund for victims of abuse was \$468,000
- Legal settlements overall ran \$100 million

Plond adamantly proclaimed that scouting works. They are now 100 percent free of past abuse claims. Positive steps have been taken to ensure it doesn't happen again. Scouting provides the skills to be prepared for leadership in life.

Quality programming continued throughout the bankruptcy and negative press.

They have retained all four High Adventure Camps nationwide. Local councils have come out of bankruptcy and are re-evaluating the number of local camps they can support. The donor base still believes in scouting.

A business decision was made to sell Camp Augustine to the city of Grand Island, which occurred in November 2023. There are other similar camp options in Nebraska. The City said the Scouts are always welcome to use the land since outdoor education will continue to be one of its primary purposes.

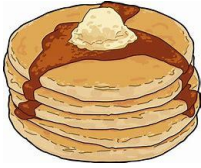
Twenty of 24 astronauts who went to the moon were Scouts; 11 of 12 moon walkers were Scouts.

2.7 million Eagle Scouts are now fully inclusive. Cub Scouts are now co-ed; above that level boys and girls are in separate groups. Girls make up about 10 percent of membership. The United States was the last country to admit girls. Other countries commingle girls and boys and have been allowing it since the 1970's. When asked why girls and boys are in separate groups, Dave responded because girls tend to develop leadership skills earlier and the fear was that they would overcome the boys if they were together. They all pursue the same badge options. There will probably be a name change in the future.

Dave feels there needs to be more sharing of resources from the Eastern councils with the central and western Overland Trails organization. Our annual Kiwanis gift helps those who can't afford the membership dues, which are \$100 per year. That all goes to the national office. Local operating funds come from donations.



**January 18 – Pancake Day Sales Meeting** *(I did not attend. Information submitted by Kathy Schultz.)*



**SAVE THE DATE! MARCH 12, 2024**

Jim Krebsbach led the discussion of ticket sales and other Pancake Day details. He encouraged members to contact businesses to sell tickets where they do business or know someone in charge.

Jim is maintaining a list of businesses which are already “taken” and will send that information out to all members, updating it weekly. Members should send him the names of the businesses they want to contact so they can be added to the “taken” list. The objective is to

eliminate duplication of efforts with several people hitting up the same businesses.

The email he sends out will also include the link to the Chamber’s member directory, which we can refer to for ideas about who to contact. (They don’t have a simple spreadsheet—you must look at each letter of the alphabet and then there is a logo and information about each business.)



**January 25 – Birth Tissue Donor Services, Patrick AbdelMessih via Zoom**



different processors who specialize in different areas, such as burn, spinal cord, ocular, etc.

The various processors make the grafts and distribute them to hospitals that have contracted with them. Every processor has a medical director who determines the criteria based on FDA guidelines as to viability of the placenta, usually 24-72 hours. Some grafts have to be used within a few months; some can be frozen. There is no blood typing necessary. Any placenta from any baby can be used for anyone.

Patrick shared a story and photographs of a man with diabetes who sustained a severe foot wound. He cleaned it, put a bandaid on, and would not seek further care. It eventually deteriorated to the point of needing amputation. The medical team decided to first try a placenta graft. His foot was completely healed in 5 months.

He shared another story of a chemical injury to the eye. Again, another dramatic recovery with a placenta graft. His final sharing was about a young child burn patient who had pulled a pan of boiling water off the stove that caused serious burn injuries to her face. He showed us before and after photos ... the burn healed in 10 days with only one graft.

Ocular grafts have been done since the 1950’s. And farmers have been using placenta tissue for healing of animals for years. Usually something or someone has to die in order to retrieve an organ or tissue. In this process, a birth can offer the gift of healing through donation by the mother. The organization is regulated by the American Association of Tissue Banks, which is regulated by the FDA.

Thanks to Dave Kempf for making the hook-up work through Web-X between our meeting room and Mary Lanning.

Jim Lewis commented: “To most Kiwanians, this is an amazing program, since most of us are from an era when fathers were not even allowed in the birthing room.”

**NEED FOR BIRTH TISSUE**  
Birth Tissue has the unique ability to reduce inflammation and risk of infection, gain wound closure, and provide tensile strength.

**BTDS ACQUIRES**

- Amnion
- Chorion
- Amniotic Fluid
- Umbilical Cord
- Cord Blood

**USES FOR THIS GIFT**

- Wound care
- Burns
- Spinal
- Surgical
- Optical

This service offers mothers the opportunity to donate their birth tissue to make transplantable grafts. It is completely optional and is available for both C-section and normal deliveries. The mother must sign the authorization paperwork prior to delivery; there is no cost to the mom or the hospital. In fact, the hospital is saved money because normally they would have to pay for biohazard disposal of the afterbirth. Mary Lanning signed on to offer the service in the summer of 2023, and the program will soon be in Grand Island as well.

Following the healthy delivery of a baby, the placenta is usually discarded, along with the umbilical cord, and amniotic sac. These tissues that were keeping the baby alive can all be used to help patients heal from all types of injuries, and exponentially faster. They work with 15

## FEBRUARY BIRTHDAYS



5 Michelle Musgrave  
6 George Howard  
12 Elizabeth Musgrave  
12 Roger Selley  
14 Mary Plock  
15 Anne Castek  
16 Adam Primm  
18 Dale Musgrave  
26 Amber Price

### 2023-2024 Hastings Kiwanis Leadership

#### Officers

**President** ~ Michelle Musgrave  
michelle.musgrave@hastingskiwanis.org

**Immediate Past President** ~ Tom Musgrave  
tomm@hastingskiwanis.org

**President-Elect** ~ Frank Koch  
frkoch@windstream.net

**Vice President** ~ Elizabeth Musgrave  
elizabeth.musgrave@hastingskiwanis.org

**Treasurer** ~ Jim Krebsbach  
jimk@hastingskiwanis.org

**Secretary** ~ David Kempf  
davek@hastingskiwanis.org

**Assistant Secretary** ~ Susan Price  
susanp@hastingskiwanis.org

#### Board of Directors (# of years)

Ashley Hajny (1)  
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Michael A. Johnson (1)  
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Marge Ormsby (1)  
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Mary Plock (1)  
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