All the News that is fit to print and then some November 5, 2024 Newsletter Volume 4 Issue No. 3



47 members joined us for the Nov. 5, 2024 meeting. We had the pleasure of welcoming two guests, Geri Denney and Susan Jeanguenat.

It was a privilege to have from Kiwanis Sweetwater Club, Lt. Governor, Roger Robinson, along with Tony Carroll, President-Elect, and Hugh McCampbell attend our meeting. Roger acknowledged and thanked us for the success of our Key club and continued accomplishments.

He announced two events coming up early next year. Division 4 Leadership Council/Governor's Luncheon that will take place on January 18th. A Division-wide service project called "Night To Shine" on February 7th.

President Katey Bailey elaborated on the upcoming events during the meeting - Details - Page

Guest Speaker, Terry Douglass, Ph.D., Founder, Exec. Chairman of the BOD and CEO Provision Healthcare LLC -Page 3

Happy Birthday's – Page 2

Katey shared a thank you note from Iva's Place. She gave a shout out to our members who volunteered at the Tellico Village Community Fest.

Our Pancake Breakfast banners were removed by Loudon County DOT. They decided to enforce a law that has been ignored for years. Luckly Ginger Swintosky retrieved our banners. She is looking into what can be in the future.

Rick Hamm, Chair Community Services, asked for 3 volunteers. It's time for the Adopt A Family for Christmas Project. Before Rick could finish explaining the details, 3 members stepped up. Thank you members. 3 families are going to have a magical holiday.

Kevin Meyer, Immediate Past President, said members from Maryville Kiwanis will be helping on Saturday's Pancake Breakfast. The Maryville club's Pancake Breakast is Nov. 23rd at the Maryville HS. Tickets are \$5.00, pancakes and sausage. Supporting other clubs endeavors strengthens the Kiwanis mission. Contact Kevin if you want tickets. Kmeyer56@sbcglobal.net

Ruthie Thornton received an email from Harriett Lions Academy in Kenya. They continue to struggle. Following the robberies, there has been an outbreak of bed bugs. Please keep the Lions Academy in your prayers.

David Coutler has a dual membership with our club and the Loudon County Kiwanis Club. He is their mentor; guiding and supporting them. The club is holding a coat drive the week of Nov. 18th at the Loudon County Middle School, and a Food Drive at Food City in Lenoir City on Nov. 23rd. Again, please support this new club. Together we continue to "Make a difference in the lives of children. One child and one community at a time"



Loudon High School Key Club – Pages 4-5 Ladies Tea at The Neighborhood – Page 6 Tellico Village Community Fest – Page 7 Our Benchman delivers - Page 8



There are many opportunities to volunteer. Upcoming events are in MemberDay, Meeting & Events..

Mary Procyk - Pancake Breakfast- Page 9 Ron Uncapher - Santa's Helpers - Page 10 Ken Austin - Commodity Food Distribution - Page10 Ruthie Thornton - Christmas social - Page11 Katey Bailey – Division 4 Leadership Council/Governor's Luncheon – Page 12 Katey Bailey – Night to Shine – Page 13 Time to Smile - Page 14 Don't Stop Praying and Closing – Page 15

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DECEMBER 2024 – HAPPY BIRTHDAYS												
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Terry Douglass, Ph.D. Founder, Executive Chairman of the Board of Directors, and CEO of Provision Healthcare, LLC



Terry Douglass, an unassuming yet influential figure in healthcare technology, shared a deeply personal and impactful message about the importance of early detection in prostate cancer. Despite his impressive career and his company's significant contributions to healthcare, Terry's presentation focused on the critical need for annual screenings. He recounted his own experience, where rising PSA levels and the discovery of a small lesion led him to insist on a biopsy instead of waiting for a follow-up scan. The result confirmed cancer, and Terry underwent proton therapy for treatment. His story underscores a vital statistic: while the 5-year survival rate for men diagnosed with early-stage prostate cancer is over 99%, it dramatically decreases to 28% to 34.1% for stage 4 cases. Through his experience, Terry emphasizes a powerful message: "Get annual screenings. Don't put it off. Your life may depend on it."

https://provisiondiagnosticimaging.com/



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By dedicating their time to read to the elementary students at Steekee, the Loudon High School Key Club volunteers serve as role models, demonstrating the joy and importance of reading. This interaction not only cultivates a love for literature in the younger students but also helps improve their listening and comprehension abilities. Moreover, it fosters a sense of community and mutual growth, as the high school students develop leadership and communication skills.



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Kiwanians L to R: Deb Santos, Bev Sikorski, Lucia Findley, Debbie Morris (sticking her head out), Peggy McRae (her head is just above the rest), Mary Colleary, and Katey Bailey





The October 22nd Ladies Tea at The Neighborhood was a memorable event, capturing the essence of camaraderie and warmth that defines these monthly gatherings. With our talented Kiwanis gals at the helm of entertainment, attendees were treated to an hour filled with laughter and joy. The aroma of freshly brewed hot tea mingled with the scent of a variety of baked goods, creating an inviting and cozy atmosphere. Friends old and new engaged in delightful conversation. The monthly Ladies Tea, not only celebrates the spirit of togetherness, but reinforces the importance of friendship and shared experiences.





Tea At The Neighborhood

Project Leaders:

Lucia Findley 865-809-9857 lucia.findley@gmail.com

> Debbie Morris 865-765-9217

dmorrislsu4@gmail.com

The Ladies Tea at The Neighborhood held on the fourth Tuesday is a charming gathering that fosters community and connection. Hosted by the Kiwanis ladies, it offers a wonderful opportunity for socialization with the women residing at The Neighborhood. This delightful occasion is marked by an array of sweet treats and baked goods lovingly prepared and brought by the Kiwanis gals. The highlight of each get together is the serving of hot tea in elegant bone china cups, complete with saucers, adding a touch of sophistication and warmth. The residents truly enjoy this pampering experience, creating an atmosphere of joy and camaraderie. It's an event where laughter, conversation, and the simple pleasure of good company are always in ample supply, leaving everyone with cherished memories.

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Tellico Village Community Fest was October 27th, 2024



"I wanted to give a HUGE thank you to everyone who participated in the Tellico Village Community Fest. Special shout-outs to: Heather Burke, Chris MacBeth, Mary Procyk, Phil Smith, and Brian Hass. Thank you to Kevin Flanagan for helping us with the tent!

Our members welcomed the opportunity to connect with the Tellico Village community. We were able share our mission of improving the world, one child and one community at a time.

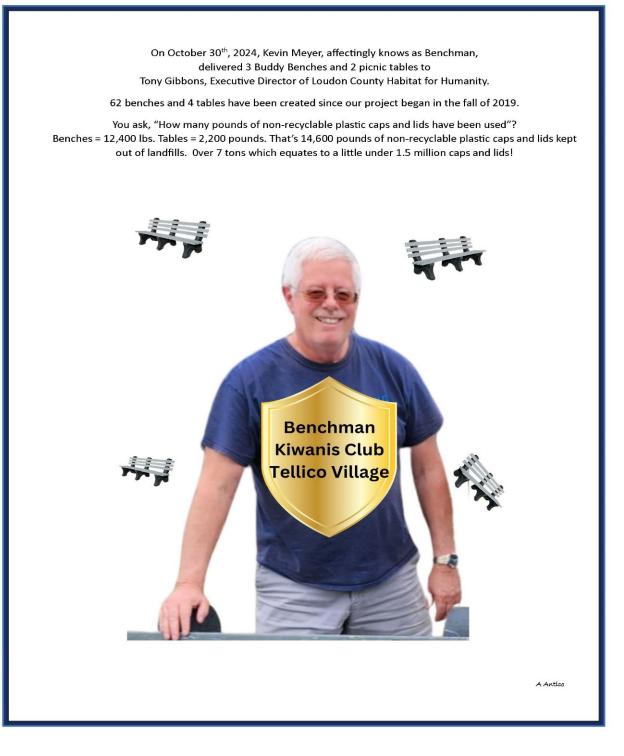


We were able to sell many Pancake Breakfast tickets (thanks to Heather & Chris) and get 6 new contacts (thanks to Mary and Phil). This event was a wonderful success. I appreciate the hard work from our team."

Katey

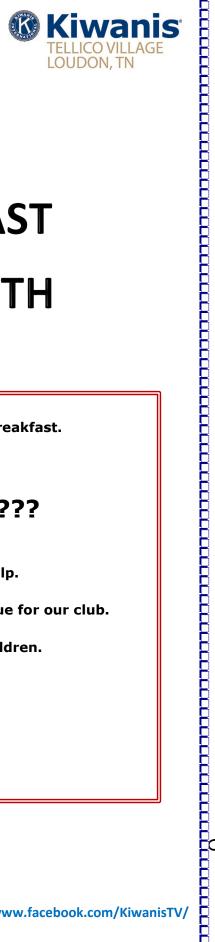






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PANCAKE BREAKFAST SATURDAY, NOV. 9TH

Mary Procyk, Co-Chair, announced that additional volunteers are needed for our Pancake Breakfast. Friday, November 8th has 9 slots open. Saturday, November 9th 8 slots open.

We know a few members cannot physically help.

The Pancake Breakfasts provide the 2nd highest net revenue for our club. They help fund our projects. Projects that make a difference in the lives of children.

> If you can, PLEASE volunteer. Time is of the essence. Contact Mary asap

> > mprosouth61@gmail.com

865-601-4865

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SANTA'S HELPERS

Ron Uncapher, "Santa Needs Help" again this year at Lenoir Family Resource Center. Wrapping gifts, sorting, organizing, receiving, and distributing presents to 400 recipients. Ron sent out an email yesterday, with the dates and shifts available.

Ron promised Santa we would help. We don't want Ron put on the Naughty List. Email him (Ron not Santa) with the date and shift you will be available. <u>ronalduncapher@gmail.com</u>



Quarterly Commodity Food Distribution

Ken Austin discovered his Spirit Animal – an Ostrich. They wake up early ready to go. However, by 1:00 they put their head in the sand; finished for the day. The next quarterly Commodity Food Distribution is Tuesday, Dec. 10th. Ken has been communicating with Dolly Parton. She may show. It depends on whether Bill Taylor will be there.

Ken, is the Project Leader. Please contact him if you can help. As an added incentive, Ken brings donuts! 865-657-9067 <u>kaustinmedia@aol.com</u>

Once each quarter, Kiwanis helps coordinate with the Mid-East government organization for the receipt, packing, and delivery of surplus government commodities to residents in Lenoir City. Those receiving food are primarily low-income elderly or handicapped individuals unable to pick up the food themselves. Recipients are qualified for the distributions through Mid-East. Packers should arrive by 9:00 a.m. & drivers by 10:00 a.m.

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Christmas Social Tues., Dec. 17th, 2024 Little Italy Restaurant

Fellowship: 5:00-5:45 p.m.

Dinner: 6:00 p.m.

Dinner choice: Lasagna or Chicken Florentine Desserts: Blueberry cheesecake or Italian lemon cream cake. Water, iced teas o<mark>r coffee</mark>. BYO

Cost: \$30.00 per person (Tip NOT included. Leave on the table.)

Reservations due by December 3rd with payment. Cash or check. If by check, make it out to Kiwanis Club of Tellico Village.

The Social Committee decided to switch things up this year. No Need to Dress Fancy. Instead, its an "UGLY SWEATER" Party. Prize for the Ugliest!

We will be caroling! So practice your do, re, mi scale! There might be a few other things up our sleeves. Come join us for an evening of food, fun, and friends.



Social Committee

Ray & Beth Mouse Lou & Angie Antico



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Council/Governor's Luncheon on Saturday, January 18, 2025. It will be held at an event center in Sweetwater that is owned by one of their club members. It is a gorgeous venue that is being made available to us at no charge. The ONLY charge will be for lunch. Division 3 (Chattanooga area) will be joining us as well. You will not want to miss this lunch meeting and opportunity to meet our Governor, Claire Crouch. Please mark your calendars and plan to join Katey on January 18th. More deta ng.

There will be a Division 4 Leadership









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LOUDON, TN

Our Division decided that we would participate in a Division-wide service project called "Night To Shine." Night to Shine is a celebration! It is a part of the Tim Tebow Foundation and is a prom for Special Needs (Honored Guests) individuals from the ages of 14 and up.

There are so many areas where we can help. For every Honored Guest that attends there must be a person assigned to them. Plus they have an abundance of other needs such as set-up, break-down, parking, security, servers, hairdressers, restroom monitors, red carpet help, respite room, karaoke room, drivers, etc. Please let Katey Bailey (202-288-6012) or by email (katey_b@hotmail.com) if you will be participating.

You can sign up using the QR code from the Church below, or by using this link: https://www.fairviewfamily.org/night-to-shine/

February 7, 2025

FAIRVIEW BAPTIST CHURCH 112 Key Kile Road Sweetwater, TN 37874

We will be hosting Night to Shine, sponsored by the Tim Tebow Foundation, on February 7, 2025. If you would like to volunteer or be our guest, please use the QR code to register. If you have any questions please see Amanda Burchfield, Jane Clark, Pastor Jason, or Pastor Stanley.



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Thank you, Ruthie Thornton, for making us laugh.

STUDENT OBTAINED 0% IN AN EXAM!

I WOULD HAVE GIVEN HIM 100%! EACH ANSWER IS ABSOLUTELY GRAMMATICALLY CORRECT AND FUNNY TOO. THE TEACHER HAS NO SENSE OF HUMOR.

Q1: IN WHICH BATTLE DID NAPOLEON DIE? "HIS LAST BATTLE.""

Q2: WHERE WAS THE DECLARATION OF INDEPENDENCE SIGNED? ```AT THE BOTTOM OF THE PAGE.```

*Q3: RIVER RAVI FLOWS IN WHICH STATE? "LIQUID."

*Q4: WHAT IS THE MAIN REASON FOR DIVORCE? ```MARRIAGE.```

*Q5: WHAT IS THE MAIN REASON FOR FAILURE? ```EXAMS.```

*Q6: WHAT CAN YOU NEVER EAT FOR BREAKFAST? ```LUNCH & DINNER.```

*Q7: WHAT LOOKS LIKE HALF AN APPLE? ```THE OTHER HALF.```

*Q8: IF YOU THROW A RED STONE INTO THE BLUE SEA WHAT WILL IT BECOME? ```WET.```

*Q9: HOW CAN A MAN GO EIGHT DAYS WITHOUT SLEEPING? ```NO PROBLEM, HE SLEEPS AT NIGHT.```

*Q10: HOW CAN YOU LIFT AN ELEPHANT WITH ONE HAND? ``YOU WILL NEVER FIND AN ELEPHANT THAT HAS ONE HAND```

*Q11: IF YOU HAD THREE APPLES AND FOUR ORANGES IN ONE HAND AND FOUR APPLES AND THREE ORANGES IN OTHER HAND, WHAT WOULD YOU HAVE? ```VERY LARGE HANDS```

*Q12: IF IT TOOK EIGHT MEN TEN HOURS TO BUILD A WALL, HOW LONG WOULD IT TAKE FOUR MEN TO BUILD IT? ```NO TIME AT ALL, THE WALL IS ALREADY BUILT```

*Q13: HOW CAN YOU DROP A RAW EGG ONTO A CONCRETE FLOOR WITHOUT CRACKING IT? ```ANY WAY YOU WANT, CONCRETE FLOOR ARE VERY HARD TO CRACK.```

SPREAD SOME LAUGHTER, SHARE THE CHEER. LET'S BE HAPPY, WHILE WE'RE HERE!





Don't Stop Praying

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Please let us know if you or someone you know has specifically asked for/needs prayers.

Don't Stop Praying for our nation, our leaders, our military, first responders, our community, friends, neighbors, and our Kiwanis family,

Bill lams: The Memorial Service for Bill will be on Friday, November 15th 11 a.m. Community Church at Tellico Village. Please keep Debbie, Bill's wife, and their family in your prayers.

Angie and Lou Antico: Sister-in-law, Linda Pergola, is slowly recovering from her 4th bout of pneumonia this year. Linda suffers from COPD and severe asthma. She is also on permanent oxygen.

Angie and Lou Antico: Sister-in-law, Gerri Pergola, has appointment on Nov. 14th with orthopedic surgeon. She has been undergoing PT for 6 weeks since falling and fracturing her shoulder, wrist and 3 fingers.

Louise Coulter: Has an orthopedic appointment on November 17th for a steroid injection in her lower back for pain.

Andrea Johnson: Her mom, Jeanette Warren, is undergoing chemotherapy and radiation treatments for Stage 4 glioblastoma. Continued prayers for the family as they face each difficult day.

Janet Villa: Is recovering from her knee replacement surgery. Janet is working long and hard at physical therapy 3xs a week. Therapist says PT will continue until the end of November.

Peace Out, Angie Antico, Editor www.kiwanistellicovillage.org