
KIWANIS CLUB LA CAÑADA LA CRESCENTA-AM MARCH 13, 2024



2023-2024 Officers

President

Chris Ecker

President-Elect

Christie Crahan

Vice-President

Treasurer

Martha Burns

Secretary

Rosemary Hook

Immediate Past President

Joe Thompson

www.lcfkiwanisam.org

LCLKiwanisAM@outlook.com

Fiscal Year Oct 1-Sep 30

PO Box 1255

La Cañada, CA 91012

**Wednesdays at 7:30 am
LCIF Parish Hall or Zoom
1700 Foothill Boulevard
La Cañada, CA 91011**

Coping Skills Illness, Dementia, Relocation, Death, Grief Ellie Wildermuth



NEXT MONTH AT A GLANCE... ZOOM or IN-PERSON

Pledge/Flag Salutes:

03/20/24 - Insook Park

03/27/24 - Chuck Hughes

04/03/24 - Joe Thompson

04/10/24 - Jack Labrie

Inspiration:

03/20/24 - Christie Crahan

03/27/24 - Brian Hummel

04/03/24 - Rosemary Hook

04/10/24 - Insook Park

Song Leader:

03/20/24 - Brian Hummel

03/27/24 - Christie Crahan

04/03/24 - Brian Hummel

04/10/24 - Christie Crahan



ZOOM PROBLEMS: If you get booted out JUST go to

<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMz09>

and log back on.

Calendar of Events:

Club Board Meeting-7:30 am, 1st Monday of the month (except on holidays then 2nd Monday) at small room near Parish Hall

Division 3 (DCM) Board Meeting-5:30 pm, 3rd Monday of the month at the Elks Lodge, 120 E Colorado St, Glendale

KEY CLUB/BUILDERS CLUB MEETINGS

St. Bede Builders Club-12:15pm, 2nd Wednesday, at Parish Center with Glory Williams.

Rosemont Builders Club-12:30 pm, 1st Wednesday in Multi-purpose Rm with Jessica Cole.

St. Francis HS Key Club-11:45 am, 2nd or 3rd Wednesday, Rm #104 with Patrick Davitt and DARK during the holiday season and summer months.

Franklin Key HS Club-12:22 pm, every Tuesday, Rm #530, with Davy Mouremann and DARK during the holiday season and summer months.

Crescenta Valley HS Key Club-12:17 pm, every Tuesday, Rm #7205 or North Gym with Saul Sheridan and DARK during the holiday season and summer months.

Clark Magnet HS Key Club-11:50 am on odd-dated Wednesday, Rm #5215 with Ms. Mardirosian and DARK during the holiday season and summer months.

Village Christian HS Key Club-12:30pm, twice a month on Thursday, Rm #B-2 with Ms. Lilit Vartanian and DARK during the holiday season and summer months.

Programs/Speakers:

03/20/24 – Pilgrimage Trail in Spain-Christie Frandsen

03/27/24 – JPL-Neil Mottinger

04/03/24 – Ronald McDonald House-Speaker

04/10/24 – Ronald McDonald House Project

***Hospitality:* Coffee & Tea, pastries.**

***Newsletter:* Zoom Operators: Chris Ecker & Brian Hummel, Editor: Martha Burns, Photos: Martha Burns, Web: Martha Burns**

THIS PAST WEEK...

***Members in Attendance:* 11 members & 3 guests in-person and 3 members & 0 guests on Zoom.**

***Guests:* Our Speaker, Ellie Wildermuth, spouse Lynne Thompson and Salli Dukko**

***Welcome Back:* None**

***Birthdays:* None**

***Anniversaries:* Insook & Ronnie Park on St. Patrick's Day and Steve & Susana Balmer on Mar. 18**

***Ribbon Cuttings:* None**

***Opportunity Drawing:* None**

President's Message:



NEXT MEETING at Church Fellowship Hall & ZOOMED on Mar. 20, at 7:30am PST. Come chat at 7am. Zoom meeting ID is 81544355138 and passcode is 505812
<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZz09>

NEWSLETTER EDITORS/PHOTOGRAPHERS NEEDED Editors will no longer need to write about the program unless they wish to do so. Just include the info on HAMS & announcements. You will send the info to either Martha Burns or substitute editor to finish it up & convert to PDF and then they will load on to our website.

Kiwanis Officers and Directors: If you have a program/speaker, please give name/date to **Martha Burns or Cindy Bradford** as they will be the schedulers. Check out our website's calendar to schedule/view future programs. www.lcfkiwanisam.org Remember speakers can join us on Zoom, so anyone far or near might be good candidates.

President's Announcements: Chris Ecker

Chris thanked our newest member Salli Dokko for bring muffins for our pastries today. Yummy.

- **Mar. 20 Outing: San Gabriel Playhouse (donation) & Mission (\$10) & Lunch starting at 9:15 am**. A signup sheet is going around. We plan on carpooling from the church. Call or email Martha if you wish to attend.
- **Mar. 23 Saturday-free museums-check website <https://socalmuseums.org/annual-free-for-all-2024/>**
- **ALL members should come up with a "program" for our meetings.** We need programs for first 2 Wednesdays in April. WE NEED A LOT OF HELP, PROGRAMS CAN BE IN PERSON OR ZOOM. ALSO CINDY HAS SET UP THE NEW WEBSITE CHECK WITH CINDY & Martha for dates and web posting. Please put on your thinking caps and see who you know might be a perfect person. Travelogues are also great & speakers can come to us on Zoom, if you know of anyone who lives further away.
- **Mar. 23 Mid-Year South Education Conference for our Cal-Nev-Ha District** is on Sat. at the Riverside Convention Center. Conference registration is \$70 per person, but if 4 or more people attend our total registration is only \$210 for all our club members registered to attend. If interested, please let Cindy know at cin-dyb4@me.com. Meals are not included in the registration cost. Think about it, if we are sending anyone we will turn in our registration by the end of February. You can all carpool and have a great day.
- **Jul 3-6 is Kiwanis International Convention** will be held in Denver. Registration is now open.
- **Aug 8-10 is Kiwanis Cal-Nev-Ha District Convention** in Kona, Hawaii

- For 2023-24 club officers who missed the district's **Kiwanis Leadership Training** sessions this year, Kiwanis International is providing a set of prerecorded webinar videos for presidents, secretaries, treasurers and membership chairs. Each video runs between 60 and 90 minutes. There are two sets for each club officer: one for first-time officers and another for those who have held the position in the past. The link for these videos is: [Kiwanis Led Training | Kiwanis International](#)

Next week our program is: Pilgrimage Trail in Spain-Christie Frandsen

Kiwanis Announcements: **Cindy Bradford** announced that Ralphs East has a new procedure for food run pickups. One has to drive to back of the store for pickup and sign on a table for Kiwanis club. **Rosemary Hook** called Joyce Ruygrok as she hasn't been on Zoom lately. But she is fine, just busy. However Carol Scheck is still in the hospital at Glendale Memorial. So members are encouraged to send cards. **Rosemary Hook** also talked about this Key Club Leadership Camp in Santa Barbara May 2-4. To brak even, the camp needs at least 50 students. The camp has to pay \$4K for housing and \$7K for materials, instructors, food etc. One of Chris Ecker's children went there years ago and LOVED it. Rosemary is suggesting our board possibly vote to sponsor 1 or 2 students from the Key Clubs we sponsor. It costs \$250 a student. **Tom Petersmeyer** has the Kiwanis hats/caps for anyone who would like to purchase them for \$31.21. **Chris Ecker** has about 20 3'x5' flags still from the Veterans project that the club will sell for \$10.

Other Announcements: Please let **Martha or Rosemary** know if there are any changes in your personal info we have on file-like phone #, email or address change etc.

Upcoming InterClubs: Always check our newsletter calendar and the calendar on the website lcfkiwanisam.org to see what is going on.

Upcoming Key Clubs: TBA

Health News: Please contact **Dani Hydar** if you know of someone who needs a card or cheering up.

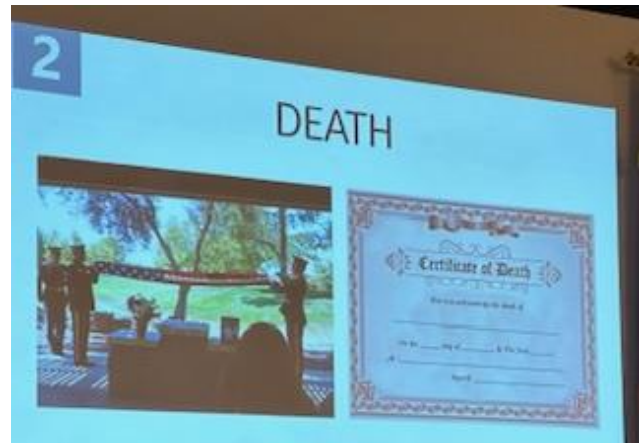
H.A.M.S.: **Chris Ecker** gave a mixed happy/sad \$10. He had a great time in Patagonia on an 8-day trek loop of 85 miles. The food provided was delicious but his girlfriend is mostly vegetarian and so Chris kind of had 2 servings of lots of good meat and he paid a price. For 5 days he was miserable passing gall stones. He refused to visit another hospital out of the country. **Joy Gibson** gave his usual story joke about a \$0 bill. **Rosemary Hook** gave a very thankful buck as sitting in the drive up line at In and Out Burger, she found out the lady in the car in front of her paid her order bill. Lucky Rosemary, but now she wants to pay it forward for someone else sometime. **Martha Burns** gave a happy dollar as she had a wonderful time at the Autry museum yesterday at the final session of this Rob Word, who for 11 years had quarterly interviews with old time cowboy actors, directors, screenwriters etc. Yesterday tho was unique as about 20 former actors and actresses read from a long lost script that was recently found of a movie. to be titled "The Ladies of Lonesome"-a 2-hour fun show. She got to meet Stephanie Powers, Bruce Boxleitner & Robert Carradine among others. Of course she and her niece visited "The Masters of Art" section of the Museum there as well as the great gift shop.

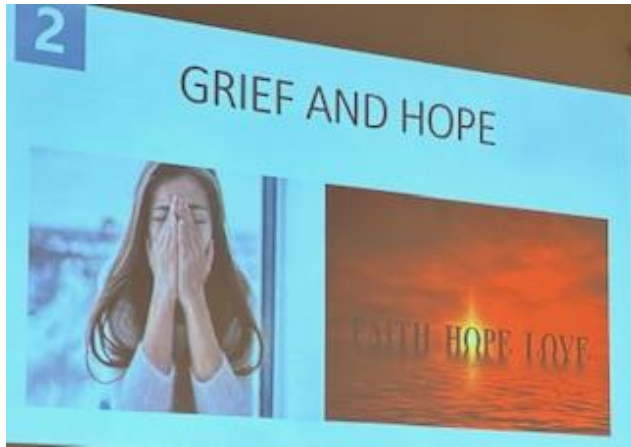


Program/Speaker: Coping Skills-Illness, Dementia, Relocation, Death, Grief-Elle Wildermuth (noon Kiwanian)

Elle provided all the members with a handout which she basically read to all of us and we followed along. She based a lot of this information on her own experience, as she managed her husband's 15 year bout with Alzheimer's at the same time their home burned to the ground. The last 2 years of his life he lived in a 6 patient board & care home, where she was able to visit daily. She also dealt with long distance convalescence of her mother.

Thank you Elle for all the valuable tips and information. I know many of us will be, or are, facing similar challenges.





Zoom Operators: **Chris Ecker & Brian Hummel**, Newsletter Editor: **Martha Burns**,
Photos: **Martha Burns**, Web: **Martha Burns**