

# KIWANIS CLUB LA CAÑADA LA CRESCENTA-AM August 7, 2024



## 2023-2024 Officers

### President

Chris Ecker

### President-Elect

Christie Crahan

### Vice-President

### Treasurer

Martha Burns

### Secretary

Rosemary Hook

### Immediate Past President

Joe Thompson

[www.lcfkiwanisam.org](http://www.lcfkiwanisam.org)

[LCLCKiwanisAM@outlook.com](mailto:LCLCKiwanisAM@outlook.com)

**Fiscal Year Oct 1-Sep 30**

**PO Box 1255**

**La Cañada, CA 91012**

**Wednesdays at 7:30 am  
LCIF Parish Hall or Zoom  
1700 Foothill Boulevard  
La Cañada, CA 91011**

## Westminster Gardens Bernadette Chang & Erica Cox



## NEXT MONTH AT A GLANCE...

### ZOOM or IN-PERSON

### Pledge/Flag Salutes:

08/14/24 – Elaine Harada

08/21/24 – Susan Johnson

08/28/24 – Martha Burns

09/04/24 – John Ryan

### Inspiration:

08/14/24 – Brian Hummel

08/21/24 – Chuck Johnson

08/28/24 – Joyce Ruygrok

09/04/24 – Christie Crahan

### Song Leader:

08/14/24 – Christie Crahan

08/21/24 – Brian Hummel

08/28/24 – Christie Crahan

09/04/24 – Brian Hummel



**ZOOM PROBLEMS:** If you get booted out **JUST go to**  
<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMz09>  
and log back on.

**Calendar of Events:**

**Club Board Meeting**-7:30 am, 1<sup>st</sup> Monday of the month (except on holidays then 2<sup>nd</sup> Monday) at small room near Parish Hall

**Division 3 (DCM) Board Meeting**-5:30 pm, 3<sup>rd</sup> Monday of the month at the Elks Lodge, 120 E Colorado St, Glendale

**KEY CLUB/BUILDERS CLUB MEETINGS (During School Year)**

**St. Bede Builders Club**-12:15pm, 2<sup>nd</sup> Wednesday, at Parish Center with Glory Williams.

**Rosemont Builders Club**-12:30 pm, 1<sup>st</sup> Wednesday in Multi-purpose Rm with Jessica Cole.

**St. Francis HS Key Club**-11:45 am, 2<sup>nd</sup> or 3<sup>rd</sup> Wednesday, Rm #104 with Patrick Davitt and DARK during the holiday season and summer months.

**Franklin Key HS Club**-12:22 pm, every Tuesday, Rm #530, with Davy Mouremann and DARK during the holiday season and summer months.

**Crescenta Valley HS Key Club**-12:17 pm, every Tuesday, Rm #7205 or North Gym with Saul Sheridan and DARK during the holiday season and summer months.

**Clark Magnet HS Key Club**-11:50 am on odd-dated Wednesday, Rm #5215 with Ms. Violet Mardirosian and DARK during the holiday season and summer months.

**Village Christian HS Key Club**-12:30pm, twice a month on Thursday, Rm #B-2 with Ms. Lilit Vartanian and DARK during the holiday season and summer months.

**Programs/Speakers:**

**08/14/24 – Joy Gibson, Craft Talk**

**08/21/24 – Our Club’s Finances-Martha Burns, Treasurer**

**08/28/24 – CVHS WellNest – Daniella Torrecilla**

**09/04/24 – Glendale PD Canine Unit**

**09/09/24 – Board Meeting, 7:30am, LCIF Conference Room**

**09/11/24 – LCF Orthopedic Guild-Joan Cleven & Deedee Neuanes**

**Hospitality:** Courtesy of Barbie Eland & Cindy Bradford

**Newsletter:** Zoom Operators: **Chris Ecker & Brian Hummel**, Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford**

**THIS PAST WEEK...**

**Members in Attendance:** 12 members in person and 4 members on Zoom & 4 guests in person and 3 guests on Zoom.

**Guests:** Our speakers, **Bernadette Chang & Erica Cox**, spouse **Evie Barley**, former members **Joan Williams & Joyce Davison**, Ted Davis’ daughter **Judi Healey**, and **Cameron Rose** from the Y.

**Welcome Back:** John Ryan

**Birthdays:** John Wray, August 10.

**Anniversaries:** None

**Ribbon Cuttings:** None



### **President's Message:**

**NEXT MEETING at Church Fellowship Hall & ZOOMED on August 14, at 7:30am PST. Come chat at 7am. Zoom meeting ID is 81544355138 and passcode is 505812**  
<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZz09>

**NEWSLETTER EDITORS/PHOTOGRAPHERS NEEDED Editors will no longer need to write about the program unless they wish to do so. Just include the info on HAMS & announcements.** You will send the info to either Martha Burns or substitute editor Cindy Bradford to finish it up & convert to PDF and then they will load on to our website.

**Kiwanis Officers and Directors:** If you have a program/speaker, please give name/date to **Martha Burns or Cindy Bradford** as they will be the schedulers. Check out our website's calendar to schedule/view future programs. **[www.lcfkiwanisam.org](http://www.lcfkiwanisam.org)** Remember speakers can join us on Zoom, so anyone far or near might be good candidates.

### **President's Announcements: Chris Ecker**

Our board met this past Monday and voted to approve (up to \$800) buying & donating Brian Hummel's daughter's book "Big Bug Feelings"- one for every Kindergarten classroom & one for the school Library at 10 elementary schools in La Canada & La Crescenta. If you recall she shared her book with us as a program for our club awhile back. Right now if you wish to order any personally, contact her at email [Jessfranstamm@gmail.com](mailto:Jessfranstamm@gmail.com) or by phone 818-726-3711.

- We need programs in the coming months. Put your thinking caps on.
- **Aug 8-10 is Kiwanis Cal-Nev-Ha District Convention** in Kona, Hawaii
- For 2023-24 club officers who missed the district's **Kiwanis Leadership Training** sessions this year, Kiwanis International is providing a set of prerecorded webinar videos for presidents, secretaries, treasurers and membership chairs. Each video runs between 60 and 90 minutes. There are two sets for each club officer: one for first-time officers and another for those who have held the position in the past. The link for these videos is: [Kiwanis Led Training | Kiwanis International](#)

**Next week our program is:** Craft talk (bio) of long-time member **Joy Gibson**, who says he never ever gave one initially.

**Kiwanis Announcements:** **Martha Burns** thanks all of those who have visited Joe. He sure appreciates it and is enjoying the visits & memories. She has received many emails from former members all concerned about Joe. Unfortunately, he was not feeling well enough this morning to join us on Zoom. Martha also mentioned that she is working on next

year's budget and wants input from all of you, and will be sending out a "temporary" proposed budget for the 24-25 fiscal year that starts Oct 1. She will be the program on August 21 to help you understand the process. Unfortunately, KI had to raise Club annual dues owed to them by \$25pp. She is hoping we will not have to raise our dues, since your generous Happy/Sad bucks are certainly helping our Admin bank account. The total dues paid to KI, Cal-Nev-Ha District & Division 3 will total \$185pp due in Oct. Right now our club charges each member \$180pp a year. **Cindy Bradford** reminded us to help with getting programs!! Let her know of any contacts. **Rosemary Hook** said board officers must attend the CLE (Club Leadership Education) VIRTUALLY during the month of August. She will send you an email about the directions. Also KI may be sending you an email with some interesting info on how KI operates.

**Other Announcements:** Please let **Martha or Rosemary** know if there are any changes in your personal info we have on file-like phone#, email or address change etc.

**Upcoming InterClubs:** Always check our newsletter calendar and the calendar on the website [lcfkiwanisam.org](http://lcfkiwanisam.org) to see what is going on.

**Upcoming Key Clubs:** **Christie Crahan** is working on some interclub meetings.

**Health News:** Please contact **Dani Hydar** if you know of someone who needs a card or cheering up. **Rosemary Hook** hopefully will be home soon after successful surgery and current rehab. **Joe Thompson** is home with hospice care.



**H.A.M.S.:** **Chris Ecker** started us off with \$10 for his upcoming backpacking trip for 13 days. He is hoping to catch some fish. But plans on no hospital visits! **Joy Gibson** gave one dollar for his joke story, which included a lawyer he called Brian Hummel. **Chuck Hughes** gave \$20 in cash for our past 3-time club president & 2-time Div 3 Lt. Gov. Joe Thompson. An amazing Kiwanian. **Susan & Chuck Johnson** gave \$5 for our speakers (managers of their retirement facility) today, but it is contingent on them giving a good presentation! **Insook Park** gave \$10 for Joe Thompson. When she first joined our club she was shy and sensitive, and Joe and Kiwanis made her feel so comfortable and is so thankful for her friendship with him and other club members. She will always hear his voice saying "Insook is here!" She appreciates us all. **Carol Scheck** gave \$10 for her friendship with Joe and sends him lots of love. She also gave another \$5 to see both Joyces (Ruygrok & Davison) and Joan Williams on Zoom this morning. **Dick Barley** gave \$50 for Joe who spends his life making people better and has been such a blessing in his and Evie's life.

"Fight on". **Tom Petersmeyer** pledged \$25 for Joe, as he has known him for so long and he has enjoyed all the tennis matches he has played with Joe over the years. Former member **Joan Williams** donated \$25 for being here on Zoom today and for her longtime friendship with Joe & Lynne. **Martha Burns** gave \$5 and shared with us Elaine Harada's email response to her when she heard about Joe's condition. "What? Oh noooooo.... Sigh....I believe in miracles. Even for Trojans!!" As many of you know, Elaine is a die-hard UCLA alum & fan. **Jack Labrie** gave \$5 in honor of Joe, as he loves him so much and got just a kick out of Joe always saying loudly "Hi Jack!" Former member **Joyce Davison** gave \$25 for being on Zoom today and seeing us all and also for our longtime member Joe Thompson. **Marie Hyland** quietly donated \$25 for the years of friendship with Joe.



**Program/Speaker: Westminster Gardens – Bernadette Chang & Erica Cox**

These two ladies are sales counselors for Westminster Gardens – a life plan community where the Johnsons reside currently. They also handle Royal Oaks where Joan McGee lives. The place is owned & managed by HumanGood, a non-profit corporation since 1949 and facilities in a number of states. As we reach retirement years we have several options: stay in our own home, move in with a family member or move to a retirement facility. There are many challenges when one ages: money, health, driving, home safety & maintenance, etc. Choosing a retirement plan has many options and one has to decide when is the time to move and make these decisions-where and how to pay for it.

Most places take people in at 55 or 65 years of age, and for couples, though only one has to meet the age requirement. No children are allowed to live there permanently, but pets often are. There are a variety of options out there: 55-plus communities, stand-alone assisted living, stand-alone skilled nursing, home care and a life plan community. Westminster has a one-time entrance fee and then monthly billing which is actually more affordable than many people think. They have 1 & 2 bedroom options with a 3<sup>rd</sup> option of including a garage. It includes nutritious meals, cable, most utilities, home & lawn maintenance (inside & out), security, transportation to medical appointments, educational & fitness classes, pools, own washer & dryer, full kitchen, and many other activities etc. You will have priority access to higher levels of care, if ever needed. Bernadette suggests you look at your current home expenses and compare the costs. She gave each of us a packet full of information to guide one in this decision-making process. Thank you so much for making such a valuable presentation to us senior citizens.

*Zoom Operators: **Chris Ecker & Brian Hummel**, Newsletter Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford***