

KIWANIS CLUB LA CAÑADA LA CRESCENTA-AM July 31, 2024



2023-2024 Officers

President

Chris Ecker

President-Elect

Christie Crahan

Vice-President

Treasurer

Martha Burns

Secretary

Rosemary Hook

Immediate Past President

Joe Thompson

www.lcfkiwanisam.org

LCLCKiwanisAM@outlook.com

Fiscal Year Oct 1-Sep 30

PO Box 1255

La Cañada, CA 91012

**Wednesdays at 7:30 am
LCIF Parish Hall or Zoom
1700 Foothill Boulevard
La Cañada, CA 91011**

Friends in Deed Tim Nistler, Program Director



NEXT MONTH AT A GLANCE...

ZOOM or IN-PERSON

Pledge/Flag Salutes:

08/07/24 – Rosemary Hook

08/14/24 – Elaine Harada

08/21/24 – Susan Johnson

08/28/24 – Martha Burns

Inspiration:

08/07/24 – Joy Gibson

08/14/24 – Brian Hummel

08/21/24 – Chuck Johnson

08/28/24 – Joyce Ruygrok

Song Leader:

08/07/24 – Brian Hummel

08/14/24 – Christie Crahan

08/21/24 – Brian Hummel

08/28/24 – Christie Crahan



ZOOM PROBLEMS: If you get booted out **JUST** go to <https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMz09> and log back on.

Calendar of Events:

Club Board Meeting-7:30 am, 1st Monday of the month (except on holidays then 2nd Monday) at small room near Parish Hall

Division 3 (DCM) Board Meeting-5:30 pm, 3rd Monday of the month at the Elks Lodge, 120 E Colorado St, Glendale

KEY CLUB/BUILDERS CLUB MEETINGS (During School Year)

St. Bede Builders Club-12:15pm, 2nd Wednesday, at Parish Center with Glory Williams.

Rosemont Builders Club-12:30 pm, 1st Wednesday in Multi-purpose Rm with Jessica Cole.

St. Francis HS Key Club-11:45 am, 2nd or 3rd Wednesday, Rm #104 with Patrick Davitt and DARK during the holiday season and summer months.

Franklin Key HS Club-12:22 pm, every Tuesday, Rm #530, with Davy Mouremann and DARK during the holiday season and summer months.

Crescenta Valley HS Key Club-12:17 pm, every Tuesday, Rm #7205 or North Gym with Saul Sheridan and DARK during the holiday season and summer months.

Clark Magnet HS Key Club-11:50 am on odd-dated Wednesday, Rm #5215 with Ms. Violet Mardirosian and DARK during the holiday season and summer months.

Village Christian HS Key Club-12:30pm, twice a month on Thursday, Rm #B-2 with Ms. Lilit Vartanian and DARK during the holiday season and summer months.

Programs/Speakers:

08/07/24 – Westminster Gardens – Bernadette Chang & Erica Cox

08/14/24 – Joy Gibson, Craft Talk

08/21/24 – Service Project – Snack Bags for Ascencia

08/28/24 – CVHS WellNest – Daniella Torrecilla

Hospitality: Courtesy of Barbie Eland & Cindy Bradford

Newsletter: Zoom Operators: **Chris Ecker & Brian Hummel**, Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford**

THIS PAST WEEK...

Members in Attendance: 11 members & 3 guests in person and 3 members on Zoom.

Guests: Our speaker, **Tim Nistler**, spouse **Evie Barley** and **Cameron Rose** from the YMCA.

Welcome Back: Dick Barley

Birthdays: **Steve Balmer, August 3.** Chris Ecker mentioned that Steve's dad was a long-time member of our Kiwanis club and is actually younger than Steve in birthday celebrations, as he was born on Feb. 29!

Anniversaries: None

Ribbon Cuttings: None



President's Message:

NEXT MEETING at Church Fellowship Hall & ZOOMED on August 7, at 7:30am PST.

Come chat at 7am. Zoom meeting ID is 81544355138 and passcode is 505812

<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZz09>

NEWSLETTER EDITORS/PHOTOGRAPHERS NEEDED Editors will no longer need to write about the program unless they wish to do so. Just include the info on HAMS & announcements. You will send the info to either Martha Burns or substitute editor Cindy Bradford to finish it up & convert to PDF and then they will load on to our website.

Kiwanis Officers and Directors: If you have a program/speaker, please give name/date to **Martha Burns or Cindy Bradford** as they will be the schedulers. Check out our website's calendar to schedule/view future programs. www.lcfkiwanisam.org Remember speakers can join us on Zoom, so anyone far or near might be good candidates.

President's Announcements: Chris Ecker

- We need programs in the coming months. Put your thinking caps on.
- **Aug 8-10 is Kiwanis Cal-Nev-Ha District Convention** in Kona, Hawaii
- For 2023-24 club officers who missed the district's **Kiwanis Leadership Training** sessions this year, Kiwanis International is providing a set of prerecorded webinar videos for presidents, secretaries, treasurers and membership chairs. Each video runs between 60 and 90 minutes. There are two sets for each club officer: one for first-time officers and another for those who have held the position in the past. The link for these videos is: [Kiwanis Led Training | Kiwanis International](#)

Next week our program is: Westminster Gardens – Bernadette Chang & Erica Cox

Kiwanis Announcements: **Cindy Bradford** reminded us to help with getting programs!! Let he know of any contacts. **Rosemary Hook** said board officers must attend the CLE (Club Leadership Education) VIRTUALLY during the month of August. She will send you an email about the directions. Also KI may be sending you an email with some interesting info on how KI operates.

Other Announcements: Please let **Martha or Rosemary** know if there are any changes in your personal info we have on file-like phone#, email or address change etc.

Upcoming InterClubs: Always check our newsletter calendar and the calendar on the website lcfkiwanisam.org to see what is going on.



Upcoming Key Clubs: **Christie Crahan** is working on some interclub meetings.

Health News: Please contact **Dani Hydar** if you know of someone who needs a card or cheering up. **Joe Thompson** is at VHHUSC getting some tests for his digestive issues. Keep him in your thoughts and prayers.

H.A.M.S.: **Chris Ecker** pledged \$5 as his girlfriend purchased a new home and he & his son helped her move in – 15 hours last Thursday & Friday which was extremely hot. She moved from East Pasadena to West Pasadena and a lot closer to Chris and he doesn't have to drive through that tunnel on the 210 FWY. The layout of the house is similar to her old one.

Christie Crahan gave \$10 as she is going to be gone most of August to England and Copenhagen. She will start out by herself, but a friend will join her in Denmark. She also made a very generous donation. Christie is bringing 2 people to our meeting in September hoping they may become new members. She will pay ½ of new member dues for a year for any club member who brings in a new member!! Let's recruit lots of friends, family members etc. to come visit and our upcoming Sept 4 program would be an ideal time. It will be the Glendale Police Canine Unit. **Joy Gibson** gave \$1 for another joke. Where does he find these? **Dick Barley** donated \$50 for Joe Thompson, who is in the hospital for some tests, but says no matter where he is, Joe dedicates his life to help people become better. We hope Joe will be home soon. He also mentioned our speaker Tim Nistler, whom he has known for a long time, when he used to deliver food to Friends in Deed. He said he compares Tim to people who were born in the "Greatest Generation." **Insook Park** gave a very ecstatic \$10 for the cataract surgery she had recently, and now no longer requires contact lenses or glasses. She is just amazed at the difference. **Jack Labrie** pledged \$10 and told us on Zoom that members are welcome to stop by and say hello if they are in the area-Encinitas. You can join him for a delicious lunch at his new place.





Program/Speaker: Friends in Deed-Tim Nistler

Tim has been the Program Director of this wonderful organization since January 1, 2013. **Dick Barley** introduced him and they have become good friends over the years. Tim talks about the hunger around the world and he started volunteering at their food pantries early on before he became their director. Their motto is "Doing together what we cannot do alone." He explained how the organization came about. Back in 1894 churches in Pasadena saw a need for providing food to women whose husbands were not around-off to war, or in prison or died or whatever other reasons. Then in 1961 a person's garage was used as the storage and pickup place for food for women. Eventually in 1978 Friends in Deed was formed as a food pantry. They have many programs besides the pantry: The Women's Room where they can shower, do laundry, nap or use computers; Bad Weather Shelter, which operates at various churches, one is across from the Pasadena Salvation Army; Eviction Prevention & Rental Assistance etc. They also have special events like "Back to School" and Christmas gifts too.

When Tim first started working here, the pantry was providing about 230 families a week and now they are at 610. They first had 4 employees and now have 25. About 100 volunteers help out regularly. Everything is free with guidelines. They must provide a name, ID, & approximate income. All kinds of people show up-some for short periods of time and some all the 11 years Tim has been there. The pantry is open from 10am-3pm on Wednesdays and 10am-1pm on Thursdays. The LA Food bank provides a lot of food too. **Brian Hummel** does his Kiwanis food run on Saturdays to the Friends in Deed. There are limits to what a person receives based on each situation and # of people in a family. "Food Forward" organization picks a lot of fruit and vegetables, which they give to the food bank. Also Farmer's Markets help too. One time a place gave them 800 dozen eggs! They have an 8'x10' outdoor frig and freezer. Also outside on serving days, they have a "More than free" table that has no limit of how much people can take. These items might be bruised produce, or canned goods (like carrots) that don't always appeal to people, or canned goods that might be a few weeks beyond their "best used by date." Dick Barley also said the place is clean as whistle and spotless. Thank you Tim for sharing so much information with us. Your organization is doing so much good in the world by providing food for those in need.

*Zoom Operators: **Chris Ecker & Brian Hummel**, Newsletter Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford***