

# KIWANIS CLUB LA CAÑADA LA CRESCENTA-AM January 22, 2025



## 2024-2025 Officers

### President

Christie Crahan

### President-Elect

### Vice-President

### Treasurer

Martha Burns

### Secretary

Rosemary Hook (assistant)

### Immediate Past President

Chris Ecker

<https://www.lcfkiwanisam.org>

[LCLCKiwanisAM@outlook.com](mailto:LCLCKiwanisAM@outlook.com)

Fiscal Year Oct 1-Sep 30

PO Box 1255

La Cañada, CA 91012

**Wednesdays at 7:30 am**  
**LCIF Parish Hall or Zoom**  
**1700 Foothill Boulevard**  
**La Cañada, CA 91011**

## Snack Bags for Ascencia



## NEXT MONTH AT A GLANCE...

### ZOOM or IN-PERSON

### Pledge/Flag Salutes:

01/29/25 – Martha Burns

02/05/25 – Chris Ecker

02/12/25 – Carol Scheck

02/19/25 – Chuck Hughes

### Inspiration:

01/29/25 – Lynne Thompson

02/05/25 – Tom Petersmeyer

02/12/25 – Barbie Eland

02/19/25 – Salli Dokko

### Song Leader:

01/29/25 – Brian Hummel

02/05/25 – Christie Crahan

02/12/25 – Brian Hummel

02/19/25 – Christie Crahan



**ZOOM PROBLEMS:** If you get booted out **JUST** go to <https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMz09> and log back on.

**Calendar of Events:**

**Club Board Meeting**-7:30 am, 1<sup>st</sup> Monday of the month (except on holidays then 2<sup>nd</sup> Monday) at small room near Parish Hall

**Division 3 (DCM) Board Meeting**-5:30 pm, 3<sup>rd</sup> Monday of the month at the Elks Lodge, 120 E Colorado St, Glendale

**KEY CLUB/BUILDERS CLUB MEETINGS (During School Year)**

**St. Bede Builders Club**-12:15pm, 2<sup>nd</sup> Wednesday, at Parish Center with Glory Williams.

**Rosemont Builders Club**-12:30 pm, 1<sup>st</sup> Wednesday in Multi-purpose Rm with Jessica Cole.

**St. Francis HS Key Club**-11:45 am, 2<sup>nd</sup> or 3<sup>rd</sup> Wednesday, Rm #104 with Patrick Davitt and DARK during the holiday season and summer months.

**Franklin Key HS Club**-12:22 pm, every Tuesday, Rm #530, with Davy Mouremann and DARK during the holiday season and summer months.

**Crescenta Valley HS Key Club**-12:17 pm, every Tuesday, Rm #7205 or North Gym with Saul Sheridan and DARK during the holiday season and summer months.

**Clark Magnet HS Key Club**-11:50 am on odd-dated Wednesday, Rm #5215 with Ms. Violet Mardirosian and DARK during the holiday season and summer months.

**Village Christian HS Key Club**-12:30pm, twice a month on Thursday, Rm #B-2 with Ms. Lilit Vartanian and DARK during the holiday season and summer months.

**Programs/Speakers:**

**01/29/25 – Beacon Housing – Palin Ngaotheppitak**

**02/05/25 – LCF Trails Council – Tom Reynolds**

**02/12/25 – ALFie Singers-Nancy Abbott, Director**

**02/19/25 – 10th Plus Reunion of KURE Ride, a Ride with a Reason – Bob Burlison**

**Hospitality:** None

**Newsletter:** Zoom Operators: **Chris Ecker & Brian Hummel**, Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford**



***THIS PAST WEEK...***

***Members in Attendance:*** 11 members in person and 2 members on Zoom & 0 guests.

***Guests:*** None

***Welcome Back:*** Joyce Rugyrok & John Wray

***Birthdays:*** None

***Anniversaries:*** None

***Ribbon Cuttings:*** None

**NEXT MEETING at Church Fellowship Hall & zoomed on Jan. 29 at 7:30am. Zoom meeting ID is 81544355138 and passcode is 505812  
<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZz09>**

**NEWSLETTER EDITORS/PHOTOGRAPHERS NEEDED** Editors will no longer need to write about the program unless they wish to do so. Just include the info on HAMS & announcements. You will send the info to either Martha Burns or substitute editor Cindy Bradford to finish it up & convert to PDF and then they will load on to our website.

***Kiwanis Officers and Directors:*** If you have a program/speaker, please give name/date to **Martha Burns or Cindy Bradford** as they will be the schedulers. Check out our website's calendar to schedule/view future programs. [www.lcfkiwanisam.org](http://www.lcfkiwanisam.org)  
Remember speakers can join us on Zoom, so anyone far or near might be good candidates.

***President's Announcements:*** At the recent board meeting, the directors & officers voted to send another \$250 to Journey House, who had been a speaker at our club a few months ago. We hope to be able to send them scholarship forms for the Johnson Scholarship. **Elaine, Christie and Cindy** are working on revising & simplifying both scholarship applications. Reminder when you leave the weekly meeting, put chairs under the table, any trash in the waste can, turn in your name tag. **Christie Crahan** brought up the discussion of having a monthly meeting in the evening around 6 pm. Members thought that would be a great idea to include new members. **Chris Ecker** suggested making it the 5<sup>th</sup> Wednesday of the month. **Martha Burns** will check with the church to see if the Parish Hall is available. One of course would be our Scholarship Dinner in the spring. **Cindy Bradford** reminded us again about the Ralphs Community Contribution Program - an easy way to get "free" money when we shop at Ralphs for our groceries. Attached to the newsletter are the instructions on how to enroll. It costs you nothing and when you get your grocery receipt it should say our Kiwanis Club Foundation name at the bottom, if you have signed up correctly. Please consider doing this for our club.

***Next week our program is:*** Beacon Housing – Palin Ngaotheppitak

***Kiwanis Announcements:*** **Martha Burns** passed around the **Super Bowl Pool Sheet**. This is an Admin Fundraiser and there are 100 squares at \$5 a square. Winners are announced at each quarter (\$50). Let Martha know if you want to purchase a square(s) and are not able to come to the meeting. She will write your name in a square. Members will be billed for their squares.

***H.A.M.S.:*** **Brian Hummel** gave \$10 as his 2 daughters, daughter-in-law, and wife were so concerned about the terrible losses in Altadena as two family friends lost their homes, they wanted to do something to help. So they organized "Neighbors of Altadena" at St. Bedes

Church and advertised with flyers, Instagram and other social media. Last Saturday from 12-4pm anyone affected by the fires were able to stop by and were asked "What do you need? There were attorneys and other people there to help them fill out forms, cancel subscriptions, provide information etc. What an amazing service! **Joy Gibson** gave \$5 as his son's house burned and is now living with them temporarily. Despite that sadness he was still able to tell one of his fun jokes. **Martha Burns** pledged a happy \$10 as she is going Sunday to see her favorite group "The Texas Tenors" sing at the Cerritos Performing Arts Center, and her son's former HS soccer coach who moved to Laguna Beach is going too. She also warned us about reading side effects from medications. Last Aug. she was prescribed some blood pressure meds by her cardiologist. In Nov. she went to ER cuz of some dizziness etc. and the discharge doc changed the meds to Lisinopril after some tests were given. Turns out the main side effect of that drug is a cough! A friend in MO told her this when they were talking on the phone last weekend, as the same thing happened to her. When Martha called her cardiologist he said yes, and that is why he never prescribes that drug. Unfortunately when ER sends info to doctors it seems it just goes into their computer, but with no acknowledgement, so he was not fully aware a change was made. Lesson learned-be proactive. **Chris Ecker** gave \$5 confused bucks as his storage she broke up during the high winds and he ordered a new one made in China-with no instructions of how to put it together. He got as far as the floor. He finally reached someone who could send them to him and he is hoping to build it before the rains come this weekend. **Christie Crahan** gave \$10 as her nephew in Pasadena has temporarily moved in with her, as part of his home was damaged in the fires. She said he is wonderful with her dog & a big help. He also will be her "house sitter" while she is in Mexico.



**Other Announcements:** Please let **Martha or Cindy** know if there are any changes in your personal info we have on file-like phone#, email or address change etc.

**Upcoming InterClubs:** Always check our newsletter calendar and the calendar on the website [lcfkiwanisam.org](http://lcfkiwanisam.org) to see what is going on.

**Health News:** Contact **Insook Park** if you know of someone who needs a card or cheering up. **Marie Hyland** has bronchitis so Insook is sending her a card signed by us all.

**Program/Speaker: Snack Packs for Ascencia**

Today our "program" was making snack packs of various items for the people living at Ascencia. Thanks to **Cindy Bradford** who compiled the list of items, **John Wray** for shopping for the items, and **Christie Crahan** who will be delivering them. Ascencia is a 45 bed shelter in Glendale. They provide 3 meals a day to all the residents, and they have a great chef volunteer program. Our next "Snack Pack" event we might consider donations to Friends in Deed. Great bonding time with our members too.



Zoom Operators: **Chris Ecker & Brian Hummel**, Newsletter Editor: **Martha Burns**,  
Photos: **Martha Burns**, Web: **Cindy Bradford**