

---

# KIWANIS CLUB LA CAÑADA LA CRESCENTA-AM

June 25, 2025

---



## 2024-2025 Officers

### President

Christie Crahan

### President-Elect

### Vice-President

### Treasurer

Martha Burns

### Secretary

Rosemary Hook (assistant)

### Immediate Past President

Chris Ecker

<https://www.lcfkiwanisam.org>

[LCLCKiwanisAM@outlook.com](mailto:LCLCKiwanisAM@outlook.com)

Fiscal Year Oct 1-Sep 30

PO Box 1255

La Cañada, CA 91012

**Wednesdays at 7:30 am**  
**LCIF Parish Hall or Zoom**  
**1700 Foothill Boulevard**  
**La Cañada, CA 91011**

## USC-VHH Community Resource Center for Aging Adria Navarro



---

## NEXT MONTH AT A GLANCE...

### ZOOM or IN-PERSON

### Pledge/Flag Salutes:

07/02/25 – Marie Hyland

07/09/25 – Chris Ecker

07/16/25 – Martha Burns

07/23/25 – Barbie Eland

### Inspiration:

07/02/25 – Insook Park

07/09/25 – Barbie Eland

07/16/25 – Joy Gibson

07/23/25 – Rosemary Hook

### Song Leader:

07/02/25 – Brian Hummel

07/09/25 – Brian Hummel

07/16/25 – Brian Hummel

07/23/25 – Brian Hummel



**ZOOM PROBLEMS:** If you get booted out **JUST** go to <https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZZ09> and log back on.

**Calendar of Events:**

**Club Board Meeting**-7:30 am, 1<sup>st</sup> Monday of the month (except on holidays then 2<sup>nd</sup> Monday) at small room near Parish Hall

**Division 3 (DCM) Board Meeting**-5:30 pm, 3<sup>rd</sup> Monday of the month at the Elks Lodge, 120 E Colorado St, Glendale

**KEY CLUB/BUILDERS CLUB MEETINGS (During School Year)**

**St. Bede Builders Club**-12:15pm, 2<sup>nd</sup> Wednesday, at Parish Center with Glory Williams.

**Rosemont Builders Club**-12:30 pm, 1<sup>st</sup> Wednesday in Multi-purpose Rm with Jessica Cole.

**St. Francis HS Key Club**-11:45 am, 2<sup>nd</sup> or 3<sup>rd</sup> Wednesday, Rm #104 with Patrick Davitt and DARK during the holiday season and summer months.

**Franklin Key HS Club**-12:22 pm, every Tuesday, Rm #530, with Davy Mouremann and DARK during the holiday season and summer months.

**Crescenta Valley HS Key Club**-12:17 pm, every Tuesday, Rm #7205 or North Gym with Saul Sheridan and DARK during the holiday season and summer months.

**Clark Magnet HS Key Club**-11:50 am on odd-dated Wednesday, Rm #5215 with Ms. Violet Mardirosian and DARK during the holiday season and summer months.

**Village Christian HS Key Club**-12:30pm, twice a month on Thursday, Rm #B-2 with Ms. Lilit Vartanian and DARK during the holiday season and summer months.

**Programs/Speakers:**

**07/02/25** – Cub Scout Pack 310 - Carrie Crozier

**07/09/25** – Sudden Infant Death Syndrome – Dr. Tom Keens

**07/16/25\*** – 11am-Homeboy Industries Tour & Homegirl Cafe Lunch

**07/23/25** – YMCA-Joanne Pingry

**Hospitality:** Cindy Bradford & Barbie Eland

**Newsletter:** Zoom Operators: **Chris Ecker & Brian Hummel**, Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford**



**THIS PAST WEEK...**

**Members in Attendance:** 14 members in person and 4 guests, and 3 members on Zoom & 0 guests.

**Guests:** Martha's friend **Sue Fisher** from MO, our program speaker **Adria Navarro**, Chris Ecker's neighbor **Susan Heinz**, and perspective member **Jim Canfield**.

**Welcome Back:** Rose Velasquez

**Birthdays:** None

**Anniversaries:** None

**Ribbon Cuttings:** None

**NEXT MEETING at Church Fellowship Hall & zoomed on July 2 at 7:30 am. Zoom meeting ID is 81544355138 and passcode is 505812**  
<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZz09>

**NEWSLETTER EDITORS/PHOTOGRAPHERS NEEDED** Editors will no longer need to write about the program unless they wish to do so. Just include the info on **HAMS & announcements**. You will send the info to either Martha Burns or substitute editor Cindy Bradford to finish it up & convert to PDF and then they will load on to our website.

**Kiwanis Officers and Directors:** If you have a program/speaker, please give name/date to **Martha Burns or Cindy Bradford** as they will be the schedulers. Check out our website's calendar to schedule/view future programs. [www.lcfkiwanisam.org](http://www.lcfkiwanisam.org)  
Remember speakers can join us on Zoom, so anyone far or near might be good candidates.

**President's Announcements:**

- The members today decided to have a **Summer Party on August 24, 6pm** and **Martha Burns** agreed to have her backyard available. Probably a pot-luck?
- On July 16, instead of a meeting, we will be taking an outing to **Homeboy Industries** in downtown LA. It will be a 45-minute tour at 11am followed by lunch at the Homegirl Café. Again, another opportunity to bring a potential future member.
- **Christie Crahan** presented our 25-26 Slate of Officers: President, Christie Crahan, Secretary, Rosemary Hook, Treasurer, Martha Burns, Past President, Chris Ecker and Directors: Brian Hummel, Communications; Elaine Harada, SLP; Cindy Bradford, Major Emphasis; Barbie Eland, Membership; Insook Park, Home & Spiritual Values. We need officers for Programs and Interclubs & a director for Community Service.





### **Next week our program is: Cub Scout Pack 310 - Carrie Crozier**

#### **Kiwanis Announcements:**

- SOS! We need ALL members to help get weekly program speakers. Everyone probably has friends or family who might have a "story" or "experience" to share with us. Put on your thinking cap and let Cindy or Martha know. We are grateful for anyone who wishes to share their knowledge with us.

#### **Other Announcements:**

- **Christie Crahan** said that she would welcome anyone who wants to go to the Sunday free "Music in the Park" concerts can meet her there at 6pm with their lawn chair and any food they bring to eat. Let's party!!!
- **Cindy Bradford** announced that a boy scout from Troop 288 (we help sponsor them) is collecting new and used instruments & accessories as his Eagle Project to benefit the Mr. Holland's Opus Foundation, which will help those impacted by the fires. See attached flyer.
- Please let **Martha or Cindy** know if there are any changes in your personal info we have on file-like phone#, email or address change etc.

**Upcoming InterClubs:** Always check our newsletter calendar and the calendar on the website [Icfkiwanisam.org](http://Icfkiwanisam.org) to see what is going on.

**Health News:** Contact **Insook Park** if you know of someone who needs a card or cheering up.

#### **H.A.M.S.:**

- **Insook Park** explained that June 25, 1950 is the day the Korean 3-year War started. She is appreciative of the support of USA veterans who brought peace to her country. \$10.
- **Dick Barley** gave \$25 now (maybe \$100 later) as Monday they went to dinner at Taylors for their 63<sup>rd</sup> anniversary, and a nice couple anonymously paid their \$125 dinner bill. He wants to pay it forward too.
- **Joy Gibson** actually paid \$2 as he told a few jokes but then came back to the podium and told one more.
- **Brian Hummel** paid \$5 thanking those members who are covering his 4 weeks of food runs while he is in the Netherlands visiting his son & family. His dad fought in the Korean War too.
- **Chris Ecker** said that his dad was in the Korean War & had ROTC training and was in the Army only a year as he had one bad eye and then was transferred to the Air Force. He also is finally going on the 18 mile hiking loop up by Shafer Lake outside of Fresno.
- **Martha Burns** gave \$5 as her friend Sue Fisher is here visiting from MO for 2 weeks.
- **Marie Hyland** gave a happy buck today as it is only 6 months till Christmas.
- **Christie Crahan** gave \$10 for a great time with her granddaughter tho she wanted to go in one direction and her granddaughter in another tug of war!.



**Program/Speaker: USC-VHH Community Resource Center for Aging-Adria Navarro**  
 This morning our speaker has been a long-time social worker and was at Huntington for 15 years. She started in 2023 with the Community Resource Center for Aging and is the Program Manager, which helps senior citizens navigate the changes in their life as they age. The service is free and anyone is welcome. They offer information assistance to support people for what they want.

She talked about the 4 M's for seniors: Matters, Medications, Mobility & Meditation. They help with research, assessment and providing resources for older people and enhancing their quality of life. They are personally tailored to their preferences, budget and stage of life. Adria passed our flyers about the services. Please see the attachment on this email.

Thank you Adria for sharing information about this relatively new service provided to seniors. Phone #: 818-949-4033 or Email: [Aging-Resources@med.usc.edu](mailto:Aging-Resources@med.usc.edu) or Website: [uscvhh.org/aging-resources](http://uscvhh.org/aging-resources)

*Zoom Operators: **Chris Ecker & Brian Hummel**, Newsletter Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford***