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# **KIWANIS CLUB LA CAÑADA LA CRESCENTA-AM**

**July 23, 2025**

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## **2024-2025 Officers**

### **President**

Christie Crahan

### **President-Elect**

### **Vice-President**

### **Treasurer**

Martha Burns

### **Secretary**

Rosemary Hook (assistant)

### **Immediate Past President**

Chris Ecker

<https://www.lcfkiwanisam.org>

[LCLCKiwanisAM@outlook.com](mailto:LCLCKiwanisAM@outlook.com)

**Fiscal Year Oct 1-Sep 30**

**PO Box 1255**

**La Cañada, CA 91012**

**Wednesdays at 7:30 am  
LCIF Parish Hall or Zoom  
1700 Foothill Boulevard  
La Cañada, CA 91011**

## **YMCA of the Foothills Joanne Pingry**



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## **NEXT MONTH AT A GLANCE...**

### **ZOOM or IN-PERSON**

### **Pledge/Flag Salutes:**

**07/30/25 – Rose Velasquez**

**08/06/25 – Chris Ecker**

**08/13/25 – Susan Johnson**

**08/20/25 – Jack Labrie**

### **Inspiration:**

**07/30/25 – Susan Johnson**

**08/06/25 – Dick Barley**

**08/13/25 – Chuck Johnson**

**08/20/25 – Joyce Ruygrok**

### **Song Leader:**

**07/30/25 – Joy Gibson**

**08/06/25 – Joy Gibson**

**08/13/25 – Brian Hummel**

**08/20/25 – Brian Hummel**



**ZOOM PROBLEMS:** If you get booted out **JUST** go to

<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZZ09>  
and log back on.

**Calendar of Events:**

**Club Board Meeting**-7:30 am, 1<sup>st</sup> Monday of the month (except on holidays then 2<sup>nd</sup> Monday) at small room near Parish Hall

**Division 3 (DCM) Board Meeting**-5:30 pm, 3<sup>rd</sup> Monday of the month at the Elks Lodge, 120 E Colorado St, Glendale

**KEY CLUB/BUILDERS CLUB MEETINGS (During School Year)**

**St. Bede Builders Club**-12:15pm, 2<sup>nd</sup> Wednesday, at Parish Center with Glory Williams.

**Rosemont Builders Club**-12:30 pm, 1<sup>st</sup> Wednesday in Multi-purpose Rm with Jessica Cole.

**St. Francis HS Key Club**-11:45 am, 2<sup>nd</sup> or 3<sup>rd</sup> Wednesday, Rm #104 with Patrick Davitt and DARK during the holiday season and summer months.

**Franklin Key HS Club**-12:22 pm, every Tuesday, Rm #530, with Davy Mouremann and DARK during the holiday season and summer months.

**Crescenta Valley HS Key Club**-12:17 pm, every Tuesday, Rm #7205 or North Gym with Saul Sheridan and DARK during the holiday season and summer months.

**Clark Magnet HS Key Club**-11:50 am on odd-dated Wednesday, Rm #5215 with Ms. Violet Mardirosian and DARK during the holiday season and summer months.

**Village Christian HS Key Club**-12:30pm, twice a month on Thursday, Rm #B-2 with Ms. Lilit Vartanian and DARK during the holiday season and summer months.

**Programs/Speakers:**

**07/30/25** – Clean Power Alliance LCF-Jeanette & Sandra

**08/06/25** – Service Project: Snack Packs for Friends in Deed

**08/11/25** – Board Meeting, 7:30 am, LCIF Conference Room

**08/13/25** –

**08/20/25** –

**08/30/25** – Summer Party at the Burns home at 5:30-8pm. Dinner and White Elephant Auction.

**Hospitality:** Cindy Bradford & Barbie Eland-thanks for taking care of the coffee, tea, & pastries.

**Newsletter:** Zoom Operators: **Chris Ecker & Brian Hummel**, Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford**

**THIS PAST WEEK...**

**Members in Attendance:** 10 members in person and 2 guests & 1 pup, and 1 member on Zoom & 0 guests.

**Guests:** Corinna Koebnick and speaker, Joanne Pingry

**Welcome Back:** None

**Birthdays:** Joyce Ruygrok-TODAY!

**Anniversaries:** None

**Ribbon Cuttings:** None

**NEXT MEETING at Church Fellowship Hall & zoomed on July 30 at 7:30 am. Zoom meeting ID is 81544355138 and passcode is 505812**

<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZZ09>



**NEWSLETTER EDITORS/PHOTOGRAPHERS NEEDED** Editors will no longer need to write about the program unless they wish to do so. Just include the info on HAMS & announcements. You will send the info to either Martha Burns or substitute editor Cindy Bradford to finish it up & convert to PDF and then they will load on to our website.

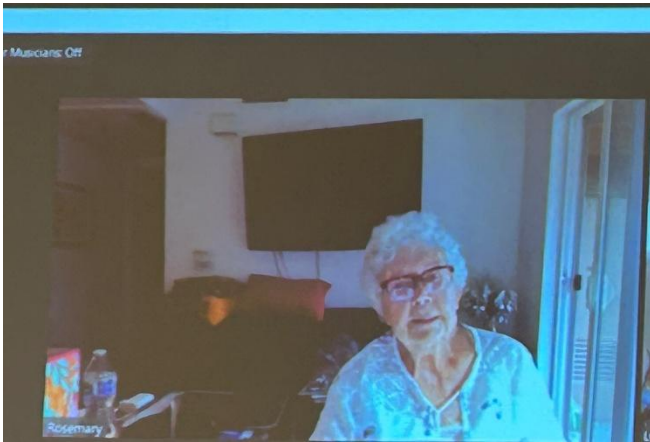
**Kiwanis Officers and Directors:** If you have a program/speaker, please give name/date to **Martha Burns or Cindy Bradford** as they will be the schedulers. Check out our website's calendar to schedule/view future programs. [www.lcfkiwanisam.org](http://www.lcfkiwanisam.org) Remember speakers can join us on Zoom, so anyone far or near might be good candidates.

**President's Announcements:**

- **Christie Crahan** was out of town today, so **Chris Ecker** took over MC duties.
- Our board meetings are changing from the 1<sup>st</sup> Monday of the month to the 2<sup>nd</sup> Monday of the month now at 7:30 am. Also every 3<sup>rd</sup> board meeting will be at a board member's home in the evening.
- Our Cal-Nev-Ha District will be going to a Dodger Game on Wed. Sept 25 (see attached flyer)
- The members decided to have a **Summer Party, which will be on Saturday, August 30, 5:30 pm** and **Martha Burns** agreed to have her backyard available. Probably a pot-luck? We will also have a "White Elephant" auction, so start looking for things now to bring. The Johnsons will be auctioneers.
- We need officers for Programs and Interclubs & a director for Community Service.







**Next week our program is: Clean Power Alliance LCF-Jeanette & Sandra**

#### ***Kiwanis Announcements:***

- **Cindy Bradford** announced "Bingo Night", Sat. Aug. 23 starting at 4:30 pm for \$25pp at Verdugo Hills Memorial Hall in La Crescenta for American Legion and VFW. See attached flyer. We gave Chuck Hughes our annual donation of \$400 to the organization.
- Volunteer Opportunity: Are you willing to be the shopper for our next service project? We will be making Snack Packs for Friends in Deed on 8/6/25. Shopping list is for Smart & Final, and you will turn in your receipt for reimbursement. We are also looking for someone to deliver the bags to Friends in Deed in Pasadena when convenient that week. If you can help with either of these tasks, let Cindy know. Thank you! [Cindyb4@me.com](mailto:Cindyb4@me.com) or 818-421-2177
- SOS! We need ALL members to help get weekly program speakers. Everyone probably has friends or family who might have a "story" or "experience" to share with us. Put on your thinking cap and let Cindy or Martha know. We are grateful for anyone who wishes to share their knowledge with us.

#### ***Other Announcements:***

- **Christie Crahan** said that she would welcome anyone who wants to go to the Sunday free "Music in the Park" concerts can meet her there at 6pm with their lawn chair and any food they bring to eat. Let's party!!!
- **Martha Burns** suggested that we might like to have another outing to the San Antonio Winery, which has a great free tour, a cafeteria type lunch and a huge gift shop. It has a wonderful story of the founders over 100+ years ago and still family owned. She recommended any Friday around 10:30 am, as she really likes this special guide Bruce who is there then and on weekends & tour would start at 11am. But Sat. & Sun are very crowded. Does anyone one want to recommend a date?
- Please let **Martha or Cindy** know if there are any changes in your personal info we have on file-like phone#, email or address change etc.

***Upcoming InterClubs:*** Always check our newsletter calendar and the calendar on the website [lcfkiwanisam.org](http://lcfkiwanisam.org) to see what is going on.

***Health News:*** Contact **Insook Park** if you know of someone who needs a card or cheering up. **Dick Barley** has been a week at Huntington Hospital, but will be moving to rehab for a few weeks of therapy to help with blood pressure issues. We hope to see him back home soon.

### **H.A.M.S.:**

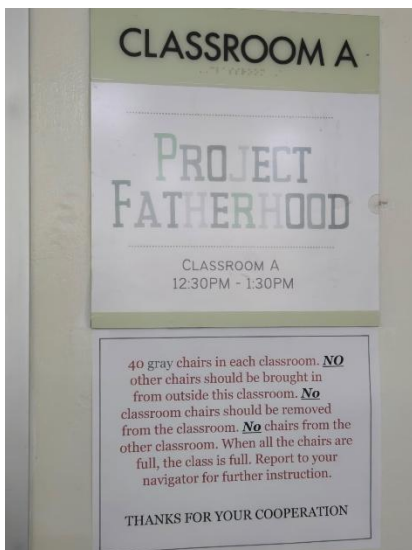
- **Marie Hyland** gave a very happy \$10 as she so enjoyed the Homeboy tour and Homegirl lunch at our outing last week. She never had talked to a gang member before and was rather shocked to hear about his terrible life, which started early on with his family being abusive etc. He had been shot many times, been in car accidents and fights and was "rescued" when he started at Homeboy. He has certainly turned his life around and is so appreciative now of life.
- **Chris Ecker** pledged \$5 as he too was amazed at the Homeboy facility.
- **Joy Gibson** gave his regular \$1 joke.

### **Special Event: Homeboy Industries Tour & HomeGirl Cafe Lunch**

About 16 of us members and friends took a tour of the facilities ending with a delicious lunch served by the girls. Our tour guides told us their own personal often tragic stories of how they ended at in the facility. Here a few of the photos







**Program/Speaker: YMCA of the Foothills-Joanne Pingry**

Joanne officially is the "Director of Mission Advancement" for the Y, which basically means they raise monies. Having a family here in town, she started there first for shorter days, then 20 hrs a week and finally full time now. During Covid the Y lost about 90% of their staff and had to engage members on Facebook or Zoom. She loves connecting with people.

The LCF facility is 67 years old. Founded in 1958 by a small group of community leaders, our Y ran its first programs -- summer camp, youth sports, and Y-Guides -- from a small house in La Cañada. By 1962 a larger group of civic leaders secured a piece of property, raised over \$600,000, and built what is now the Crescenta-Cañada Family YMCA facility. Two other facilities have been built since-the Crescenta Valley Y and the Verdugo Hills Y. Tujunga has great senior events and activities.

Right now they are in "summer camp" mode daily from 8am-5pm at LCE and another in Montrose. On the last day, all campers go to Disneyland. They also have half-day camps, afternoon specialty camps. Camp Fox at Catalina is a week-long camp. Joanne feels the Y is a perfect place for kids to have fun and get away from TV, laptops, cell phones, etc. Currently they have 119 at camps. And camps are from 1-7 weeks long and programs are for body and brain exercises. They also sponsor a program for seniors called "Silver Sneakers," which is often covered by health insurance.

The Y recently hired a new chaplain, as the prior one moved down the street to LA Presbyterian Church. There is a chapel at the Y and they host an annual "Prayer Breakfast." Even tho the "C" in YMCA stands for "Christian," any one of any faith is welcome to join. Many members lost their homes in the Altadena fires and were offered free memberships and clothing. The Y partners with "California Strong" and Ventura County to help raise nearly \$500K to help those affected by the fires. 94 children are experiencing free summer camps. They also partner with the LA Dodgers and she was able to meet pitcher Clayton Kershaw at one of their functions, who is part of the fundraising program.

Thank you so much Joanne for sharing such a wealth of information to our members. You are certainly a wonderful advocate for the Y and its members. Our club was able to present her with a \$500 check for our local YMCA. Below is listed information about the facilities and programs available. Check them out!

Mon - Sun: 12:00am-12:00pm

**Facilities**

Aerobics Center  
Chapel  
Computer Lab  
Child Watch  
Family Locker Rooms  
Fitness Center  
Multi-Purpose Room  
Gym  
Handball and Racquetball Courts  
Weight Room  
Teen Center  
Whirlpool  
Pool  
Sauna  
Library

**Programs**

Aquatics  
Arts and Humanities  
Community Development and Resources  
Family Strengthening  
Health and Well-being  
International  
Sports and Recreation  
Youth and Teen Development