



# Kiwani<sup>®</sup>

LA CAÑADA LA CRESCENTA-AM

January 14, 2026

**Pledge/Flag Salute:**

01/21/26 – Joy Gibson  
01/28/26 – Chris Ecker  
02/04/26 – Jack Labrie  
02/11/26 – Insook Park  
02/18/26 – Brian Hummel  
02/25/26 – Susan Johnson

**Inspiration:**

01/21/26 – Rose Velasquez  
01/28/26 – Tom Petersmeyer  
02/04/26 – Peter Hultine  
02/11/26 – Salli Dokko  
02/18/26 – Lynne Thompson  
02/25/26 – Chuck Johnson

**Song Leader:** Brian Hummel

**Pianist:** Marie Hyland

**Programs/Speakers:**

01/21/26 – Service Project:  
Snack Packs/Friends In Deed

01/28/26 –

02/02/26 – Board Meeting @  
7:30 am at Church

02/04/26 –

02/11/26 – Angela Cho / City  
of La Cañada

02/18/26 – Service Project:  
Snack Packs for Ascencia

02/25/26 –

**Help us find Guest Speakers:**

Please give name & contact  
info to Martha Burns or Cindy  
Bradford as they are our  
schedulers. [YOU can be a  
speaker!](#)

**Announcements**

Our club was established in January 1993, so we are 33 years old! Martha shared that there have been about 150 people in/out of our club over the years ... and many are surely missed.



**Joan Williams** (beloved alumni club member) passed away. Her services will be on Sat. Jan. 17<sup>th</sup> @ 2pm, La Cañada Presbyterian Church.

**Service Project** – We will be making snack packs for Friends In Deed on January 21<sup>st</sup> during our morning meeting. Evie Barley has volunteered to deliver to Friends In Deed, thank you Evie!

**Meeting Time Change** – We are going to try something new. Starting in February, our meetings will start at 8:00 am instead of 7:30 am. We will see how it goes and re-evaluate as needed.

**Lynne Thompson** volunteered to host a **Super Bowl Party** on **Sunday, February 8<sup>th</sup> @ 3:15 pm** ... game starts at 3:30. She enjoys sharing her home by hosting gatherings, and we sure appreciate and enjoy it too! Gatherings outside of meetings are nice, thank you Lynne. Thank you, Lynne.

**Super Bowl Pool** – If you want to participate, Martha is handling the sign-up sheet. You can sign up at meetings OR call/email Martha ... she can bill you, so all members are welcome to buy squares. There will be winners, and our club admin account earns a little profit too.



[Interclub 1/14/26 @ Kiwanis La Canada Noon Club](#)

Our members Martha Burns, Christie Crahan, Insook Park, and Joy Gibson attended the noon meeting today. Approximately 45 members were at the meeting. The program speaker was Tony Santoro, the stuntman (& played roles) for Batman TV series and G.O.O.N. & an actor.



## Today's Meeting:

**Attendance:** 14 members and 0 guests in person, 1 member and 0 guests on Zoom.

**Guests:** none

**Welcome Back:** all of us

**Birthdays:** none

**Anniversaries:** none

**Ribbon Cuttings:** none

**Hospitality:** Coffee, tea & pastries.

**Zoom Operators:** Chris Ecker & Brian Hummel

**Newsletter Editor/Photos/Website:** Martha Burns, Cindy Bradford

## H.A.M.S.:

**Marie Hyland (\$10)** – She has decided to stop driving, and will investigate Uber, etc. to get to meetings. Her driver's license doesn't expire until 2030, so she is keeping it and her car in case she needs to drive at times. The decision is not about her ability; it is about the potential accidents caused by other drivers. She doesn't want to tempt fate, so this decision is an abundance of caution which her family appreciates.

**Jack Labrie (\$5)** – He was happy to share that he enjoyed seeing the movie Oklahoma yesterday.

**Brian Hummel (\$42)** – 42<sup>nd</sup> anniversary last week! Moira & Brian enjoyed 2 nights at the Crown Plaza hotel on the beach in Ventura. A wonderful time visiting the botanical gardens in Ventura and Santa Barbara (free with Descanso Gardens membership), great meals, amazing sunsets ... how lovely!

**Joy Gibson (\$1)** – Where does he get all these funny jokes? He delights us weekly.

**Chris Ecker (\$10)** – Sad bucks. He shared that his mom slid out of her chair a few times, but she is OK.

**Volunteers Needed** – Our club would greatly benefit from more people willing to help with our DAILY food run service project. We pick up food from 2 Ralphs stores, and donuts from Golden Donuts Place on a few of the days ... and then deliver to the Bailey Center, Friends In Deed or Salvation Army (depending on the day). We have dedicated members handling this task on a regular basis, but it would be helpful if more people learn the process and become "backups" to cover when others need help OR join the rotation. The stores count on us picking up daily, so missing a day when someone can't do it needs to be prevented. If you are interested, let Cindy know and we will plan for you to ride along to learn the process. Think about what day(s) of the week you could possibly help with (if needed), and we will get you up to speed on the process which is a little different each day. [Cindyb4@me.com](mailto:Cindyb4@me.com)

**2025 Food Run Impact Report** – California's SB 1383 law requires that grocery stores donate excess edible food to recovery organizations to reduce food waste, fight climate change and help food insecurity. Our volunteers estimate the pounds of food from each department per store and reports monthly. As you can imagine, it is important to give good estimates because the information is shared up the chain, and the stores are evaluated. Cindy submits a monthly report to Ralphs corporate, Ralphs La Cañada because they are audited by the city on a regular basis, and annual report to City of La Cañada.

### Ralphs La Cañada:

- 9,675 pounds of meat – they freeze the meat by the sell by date and give it to Joy & Cindy on our Thursday food run, we take it to the Salvation Army Men's Rehab Facility, and it sure helps them prepare meals for up to 100 men, and the women in the program come for meals too.
- 14,167 pounds of produce – this department gives produce daily.
- 25,529 pounds of bakery – bread, cakes, cookies galore daily.
- 316 pounds of deli – we don't see deli items very often from this store.
- 10,890 pounds of dairy – milk, eggs, cheese, etc. We usually get these items on Thurs & Fridays which goes to Salvation Army.
- 565 pounds of frozen grocery – pizza, ice cream, etc. on occasion.
- 6,865 pounds of dry grocery – misc. grocery items like canned goods, etc.

Our reporting estimates a total of 68,007 pounds of food received from this store in 2025! Wow, imagine if we gave better estimates ... I bet the actual amount is much more!

### Ralphs La Crescenta:

- 190 pounds of meat – low amount because they usually give that to another organization.
- 9,218 pounds of produce – salads, pre-cut fruit, etc. given daily.
- 15,971 pounds of bakery – bread, cakes, cookies, etc. given daily.
- 5,758 pounds of deli – soup, hummus, potato salad, cheese, etc. given daily.
- 11,020 pounds of dairy – milk, eggs, juice, etc. on Thursday & Friday
- 387 pounds of frozen grocery – small amount because they usually give to another organization
- 350 pounds of dry grocery – misc. grocery items.

Our reporting estimates a total of 42,894 pounds of food received from this store in 2025! Wow, imagine if we gave better estimates ... I bet the actual amount is much more!

**Club Website:**  
[\*\*www.LCFKiwanisAM.org\*\*](http://www.LCFKiwanisAM.org)

**Club Mailing Address:**  
P.O. Box 1255, LCF, CA 91012

**Club Laptop Email:**  
LCLCKiwanisAM@outlook.com

**2025-2026**  
**Officers/Directors**

**President**  
Christie Crahan  
**President Elect**  
open  
**Vice-President**  
open  
**Treasurer**  
Martha Burns  
**Secretary**  
Rosemary Hook  
**Asst. Secretary**  
Cindy Bradford

**Immediate Past President**  
Chris Ecker

**Membership**  
Barbie Eland  
**Communication**  
Brian Hummel  
**SLP**  
Elaine Harada  
**Care & Concern**  
Insook Park

#### **Weekly Meetings:**

Wednesdays @ 7:30-8:30 am

In person - Lutheran Church  
(Fellowship Hall), 1700  
Foothill Blvd., LCF, CA 91011

On Zoom - Meeting ID:  
81544355138 Passcode:  
505812

Meeting Link:  
<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZZ09>

Zoom Problems: If you get booted out just go to link & log back in.

**Division 3 (DCM) Board Meeting:** 3<sup>rd</sup> Monday of the month @ 5:30 p.m., Elks Lodge, 120 E. Colorado St., Glendale.

**Club Board Meeting:**  
1<sup>st</sup> Monday of the month @ 7:30 a.m. (except on holidays, then 2<sup>nd</sup> Monday) in small room near Parish Hall. Quarterly it is an evening meeting at a board member's home. Club members are always welcome to attend.

 **Community Contribution Program** If you shop at Ralphs, join this free program to help our club earn money from the company! Invite family & friends to join in any area.

Join this program and you will help our club raise money! There is no cost to participate.

It all starts with having a Ralphs Rewards Card, which helps you get sale prices. If you already have that, then you can link that to the Community Contribution Program. If you do not have one, you need to ask a cashier or customer service at your local store to give you the form to get a Ralphs Rewards Card. After you have a rewards card and make one purchase, then you can link to the contribution program.

**Ready to link to the program? Go to [www.ralphs.com](http://www.ralphs.com)**

- Scroll all the way to the bottom, you will see COMMUNITY. Select Kroger Community Rewards.
- **Create a digital account.** Now look to the top of the screen and on the right side you will see "Sign In", when you press that select Create Account if you do not already have one. It will ask your name, email address, and your Rewards Card or Alt ID (which is your phone number if you do not have a rewards card to swipe when you pay for your groceries).
- **Link your Card to our organization.** Find your way back to the Kroger Community Rewards page, scroll to the bottom and press "Link your Shoppers Card (also known as Ralphs Rewards Card)". **Select Kiwanis Club of La Canada AM Foundation, our organization number is KP169.** We will automatically earn money that Ralphs will donate to us on a quarterly basis.

Although they really prefer you to enroll in this program yourself, if you need help you can call customer service at 800-443-4438. Prepare for the phone call by having your Ralphs Reward Card #, and the Kiwanis Club of La Canada AM Foundation organization number (KP169).



**THANK YOU FOR YOUR SUPPORT!**

**Invite your family, friends, neighbors in any area and they can help us earn money too.**