
KIWANIS CLUB LA CAÑADA LA CRESCENTA-AM

July 15, 2026



2025-2026 Officers

President

Christie Crahan

President-Elect

Vice-President

Cindy Bradford

Treasurer

Martha Burns

Secretary

Rosemary Hook (assistant)

Immediate Past President

Chris Ecker

<https://www.lcfkiwanisam.org>

LCLCKiwanisAM@outlook.com

Fiscal Year Oct 1-Sep 30

PO Box 1255

La Cañada, CA 91012

Wednesdays at 7:30 am

LCIF Parish Hall or Zoom

1700 Foothill Boulevard

La Cañada, CA 91011

YMCA-Joanne Pingry
Director of Mission Advancement



NEXT MONTH AT A GLANCE...

ZOOM or IN-PERSON

Pledge/Flag Salutes:

07/22/26 – Rose Velasquez

07/29/26 – Joy Gibson

08/05/26 – Insook Park

08/12/26 – Chuck Hughes

Inspiration:

07/22/26 – Rosemary Hook

07/29/26 – Salli Dokko

08/05/26 – Martha Burns

08/12/26 – Evie Barley

Song Leader & Pianist:

07/22/26 – Brian Hummel & Marie Hyland

07/29/26 – Brian Hummel & Marie Hyland

08/05/26 – Brian Hummel & Marie Hyland

08/12/26 – Brian Hummel & Marie Hyland



Zoom Problems: If you get booted out just go to

<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZZ09>
and log back on.

Calendar of Events:

Club Board Meeting-7:30 am, 1st Monday of the month (except on holidays then 2nd Monday) at small room near Parish Hall (once a quarter held at a board member's home)

Division 3 (DCM) Board Meeting-5:30 pm, 3rd Monday of the month at the Elks Lodge, 120 E Colorado St, Glendale

KEY CLUB/BUILDERS CLUB MEETINGS (During School Year) DARK during the holiday season and summer months

- **Clark Magnet HS Key Club** – even dated Wed @11:50am (room 1230) with Bassam Abisaab
- **Crescenta Valley HS Key Club** – every other Wed. @ 12:50 pm (north gym) with Saul Sheridan
- **Franklin HS Key Club** - every other Tues. @ 12:15 pm (room 530) with Davy Mauremann
- **Village Christian HS Key Club** – schedule varies, with Lilit Vartanian
- **Rosemont Builders Club** – 1st Wed. @ 12:30 pm (multi-purpose room) with Jessica Cole
- **St. Bede Builders Club** – 3rd Thur. @ 12:15 pm (parish center) with Patrice Fontes & Therese Louk

Programs/Speakers:

07/15/26 – YMCA-Joanne Pingry

07/22/26 – CV Chamber of Commerce-Robin Goldsworthy

07/29/26 – Division 3 Lt. Gov. Mauricio Lopez

08/02/26 – Kiwanis Board Meeting, 7:30am, LCIF Conference Room

08/05/26 – LCF Sister City-Pres. Vicki Schwartz & Exchange Student Ria Mandal

08/12/26 – Altadena Order of the Phoenix-Michele Judd

Hospitality: Cindy Bradford & Barbie Eland-thanks for taking care of the coffee, tea, & pastries.

Newsletter: Zoom Operators: **Chris Ecker & Brian Hummel**, Editor: **Martha Burns**, Photos: **Martha Burns**, Web: **Cindy Bradford**



THIS PAST WEEK...

Members in Attendance: 12 members in person and 1 guest, and 6 members on Zoom & 0 guests.

Guests: Speaker, Joanne Pingry

Welcome Back: Tom Petersmeyer, Joy Gibson, Rosemary Hook, Chuck & Susan Johnson-all unable to get on Zoom last week

Birthdays: None

Anniversaries: None

Ribbon Cuttings: None

NEXT MEETING at Church Fellowship Hall & zoomed on July 22 at 7:30 am

Zoom meeting ID is 81544355138 and passcode is 505812

<https://us02web.zoom.us/j/81544355138?pwd=eDBvZmhMcng5NGV6dXBGQVN0NGhMZz09>



NEWSLETTER EDITORS/PHOTOGRAPHERS NEEDED Editors will no longer need to write about the program unless they wish to do so. Just include the info on HAMS & announcements. You will send the info to either Martha Burns or substitute editor Cindy Bradford to finish it up & convert to PDF and then they will load on to our website.

Kiwanis Officers and Directors: If you have a program/speaker, please give name/date to **Martha Burns or Cindy Bradford** as they will be the schedulers. Check out our website's calendar to schedule/view future programs. www.lcfkiwanisam.org Remember speakers can join us on Zoom, so anyone far or near might be good candidates.

President's Announcements:

- Today was very special to five of our newest members. We finally were able to get them their Kiwanis pins from International, which were presented by our president to them. They were **Insook Park, Salli Dokko, Rose Velasquez, Evie Barley and Lynne Thompson**. Congratulations ladies.
- Remember Sunday "Music in the Park" from 6-8pm if anyone is interested in joining Christie there.
- Our summer party/BBQ will be at **Martha Burns'** home/yard on Sunday, Sept 20 at 5:30pm. Bring guests too.

- Once a quarter, our **monthly board meetings** will be an evening dessert at a board member's home on the first Monday of the month. Otherwise at the small meeting room at the Church at 7:30 a.m.
- We need officers for Programs and Interclubs & a director for Community Service.

Kiwanis Announcements:

- **Cindy Bradford** passed around a sign-up sheet for a Kiwanis outing to Guide Dogs of America in Sylmar to attend the "Service Dog Graduation" on Sat. Aug 22, 10am-noon.
- **Cindy** also as updated the food run info sheet and tally sheet. Those who do food runs be sure to get a copy.
- **Martha Burns and Cindy Bradford** are still gathering info from the French Toast Breakfast as the Chamber is involved too in the finances. We should have a final amount next week.

Other Announcements:

- Please let **Martha or Cindy** know if there are any changes in your personal info we have on file-like phone#, email or address change etc.

Upcoming InterClubs: Always check our newsletter calendar and the calendar on the website lcfkiwanisam.org to see what is going on.

Health News: Contact **Insook Park** if you know of someone who needs a card or cheering up. Get well quick **Brian Hummel!** We need you.



H.A.M.S.:

- **Martha Burns** gave \$5, as she finally was credited back the \$5 for our club bank account. A teller (she thinks was brand new) back in April at WF in Montrose, gave her the correct deposit slip showing \$5 cash deposited, but no \$5 was ever actually credited to the club bank account. She also was happy to have lunch with former member Janice Croft, who hasn't aged a bit, and is doing well, but still not a morning riser, so unable to visit the club. Martha will invite her to join our summer party. Martha was also very happy to complete this "Twin Study" over two+ weeks that involved talking to a professional on the phone two days in a row - over 2 hours each time. She also had to submit saliva in a tiny bottle, that took some time to fill! And they sent her a tablet (she must return) to record everything she had to complete when answering lots of questions and doing "brain teasers" every morning and every evening at specific time periods for two weeks. She actually is going to be paid \$250 upon completion. Her twin in Denver just started her session a few days ago.
- **Evie Barley** gave \$1 as she got a refund check from the IRS for the grand total of one penny!! Talk about government waste!

- **Chuck Hughes** paid a very happy \$5 as his wife finally had knee surgery, after suffering for 2 years.
- **Joy Gibson** gave his usual \$1 joke, which always provides a chuckle
- **Insook Park** generously joined the "Century Club" with her \$100 donation. Her brother gave her \$1,000 and a wonderful dinner (she had her favorite-lobster) for her birthday with her grandson too. She has had a lot of ups and downs with him. He went to Berkely but developed depression and was gambling and she had little contact with him. He finally talked to a professional and seems to be much happier now.
- **Brian Hummel** pledged \$10 as he was not feeling well at the moment but was visiting his son and 2 granddaughter, who had returned from two years overseas.
- Our speaker, **Joanne Pingry** kindly gave us \$5 too, as she enjoyed coming today to talk to us about the Y.



Program/Speaker: YMCA-Joanne Pingry

Joanne is the Director of Mission Advancement at the Y and told us what a gem we have in the community. She shared with us about Senior programs and a their day camps.

The Senior programs in LCF are difficult unfortunately for seniors to attend due to the parking so far away so she often recommends trying La Crescenta and Glendale.

There are day camps at LCE, girl scout camps, arts & crafts, swimming and field trips are all part of the day. The Tujunga branch is wonderful & there are specialty camps as well. The Y serves about 800-1,000 kids during the year.

There is a camp at Big Bear on the lake and also Glendale has Camp Fox, which is very popular.

The Y provides financial assistance to about 10% of the campers. Recently 14 fire victims got financial help

There is a Parkinsons Fitness Program with cardio exercises, voice activation at the CV Y, which is easier for parking. There are programs too for caregivers and Alzheimer's and recently the Y started a music program. Chris Ecker's brother Brian has performed for them.

They provide a FREE safety program for kids 6-12 who fear water or who do not know how to swim.

Of course there is a fee for membership, but there are free add ons, like Silver Sneakers and membership is reciprocal and extends to a Y anywhere in the country.

What an amazing organization that is right in our own "backyard" so to speak. Thank you Joanne for giving us an insight into our local YMCA, which provides so many activities and functions.

We were able to give the Y a \$500 donation today.

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