

# Kiwanis de Amigos 20th Annual Rattlesnake Run

## Online Entry Instructions

<b>Date</b>	09/14/24	<b>Host</b>	Kiwanis de Amigos
<b>Location</b>	Columbus Park 4600 N. Silverbell Rd., Tucson, AZ 85745	<b>Director</b>	George Mitcham
<b>First Race</b>	8:00 AM	<b>Email</b>	<a href="mailto:bullet45@macace.net">bullet45@macace.net</a>
		<b>Phone</b>	
		<b>Website</b>	<a href="http://www.kiwanisdeamigos.org">www.kiwanisdeamigos.org</a>

Follow the 4 steps below to get started:

### 1. Sign up for a free coach account

(if you already have an account go on to #2)

- Go to the website: [www.athletic.net](http://www.athletic.net)
- Click on 'Create your free Coach account now' on the homepage
- Click on 'Request a Coach Account' in center of page
- Select your sport "Cross Country" from the drop down menu in center of page
- Select your level "Middle School" from the drop down menu in center of page
- Select your region "Arizona" from the drop down menu in center of page
- Type in your schools name in the "Search for your team" box and select from drop down list
- Complete the sign-up wizard by filling in the required information
- After receiving the confirmation email, go on to #2

### 2. Add meets to your season calendar

- Log in to [Athletic.net](http://Athletic.net) using your email address and password
- Click on your team's name in the box on the left side of the page
- Click "+Add Meet" which is above the right corner of the Calendar
- A new box opens in the bottom half, select "Arizona" as the state and click "Next"
- Click "Search for Meet" and enter the "Kiwanis de Amigos 20<sup>th</sup> Annual Rattlesnake Run". (Alternatively you can search by month and week and select the Meet from those displayed.)
- Click your team name to add to the calendar.
- Review the information and click "Save and Continue "
- Verify that your calendar is correct. Use the Edit button next to meets to make corrections

### 3. Enter team roster

- After you have added the meet to your team calendar, then you can click "**Register Athletes**" to add athletes to the event.
- Each school may field up to two (2) boy's teams (Boy's "A" and Boy's "B") and two (2) girl's teams (Girls "A" and Girls "B"). For the Boys "A" and Girls "A" races, a team consists of up to seven (7) runners with the top five (5) runners on each team scoring points for their team. A "team" must have a minimum of five (5) runners "finish" to win a race.
- Any school who has more than seven (7) runners competing in a Girls "A" or Boys "A" race will be disqualified from "Team Awards" for that specific race.
- For the Boys "B" and Girls "B" races, there is NO limit on the number of participants entered from any one school.
- If a school does not have sufficient runners to form a team (5 athletes), individual athletes may run and be eligible for individual awards.
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option