

### April 2024 Newsletter

#### Our Board for 2023-2024

President: Frederica Joseph Past-President: Muriel Alvares Treasurer: Joan-Mary Spencer Secretary: Mary McDermott Directors: Mary Ellen Trimble Mitzie Hunter Sashoy Simpson Andrea Hazell

### **MESSAGE FROM OUR PRESIDENT**

I am very thankful that we are growing and blossoming with new members and new energy this spring. We are improving Scarborough one community and I dare say that I sincerely believe our club can give the Kiwanis brand the boost that it needs locally.

I am very grateful to our members for our progress and thank Sashoy for leading our first fundraiser which is selling out quickly! Grab vour tickets soon if vou would like to be there!!



Our website: <u>https://scarboroughkiwanisclub.ca/</u> Contact us: <u>scarboroughkiwanisclub@gmail.com</u> Follow us: <u>https://www.facebook.com/kiwanisscarborough/</u> https://www.instagram.com/scarboroughkiwanisclub/

# OUR FIRST FUNDRAISER IS CONFIRMED FOR SATURDAY MAY 11<sup>TH</sup> AT 11AM

Join us for a lovely brunch to celebrate Mothers in the Centennial Events Centre <u>Centennial's School or Hospitality</u> <u>Tourism and Culinary Arts</u>! In addition to a delicious brunch, we will have interesting speakers and performers.

One performer is Rea Samples, a female lyricist and entrepreneur. She is also an R&B soul singer specializing in business and event promotion. Rea's new single - Step It Up is out on all platforms and you can follow her on social media @rea.samples

We will also have a poet! A vibrant and creative writer and poet who is in tune with her community's changes and the needs it has. She will be performing poems for mothers and women at our inaugural event. Rare is a Toronto-born and raised creative focusing on photography, poetry, and storytelling. She is striving for a better life every day while teaching others how to love themselves, sharing her artwork, and developing creative programming in marginalized communities across the GTA. Follow our poet @rares.world

Tickets can be purchased for \$75 each by etransfer to: scarboroughkiwanisclub@gmail.com **or** <u>https://www.eventbrite.ca/e/861114305067</u>

For more information on how service leadership programs can help in one of our Scarborough click <u>here</u>.

### April 03: :SBA Annual Mayor's Luncheon at University of Toronto Scarborough Campus



It was our largest Mayor's Lunch ever! Scarborough's business community came in droves to hear Mayor Olivia Chow at UTSC's Highland Hall. Good food. Good friendship. Good business.' SBA's website proudly reported. (Source: https://thesba.ca/)

Our Mitzie Hunter attended the Mayor's luncheon, which was the first for our Mayor Olivia Chow



April 06 Our Andrea Hazell's Fundraiser by Joan-Mary Spencer, Treasurer





MPP Andrea Hazell had a fundraiser at Centennial College on Saturday, April 06, 2024. Eight members of our Kiwanis Club of Scarborough attended the event. Even though this was a fundraiser. MPP Hazell took the opportunity to share her experiences at Queens Park and her encounter with Premier Ford. She did not hesitate to state her intentions for her riding and the need for volunteers and funds to aid with her campaign. MPP Hazell noting the importance of volunteering and the youth, acknowledged and awarded the high schoolers for their contribution to the community.

In true style, MPP Hazell introduced our club, stated the importance of Kiwanis, and introduced us to her guests. She acknowledged MPP Alvin Curling and praised him for his advice and contributions to Scarborough-Rouge Valley

MPP Hazell also recognized Mitzie Hunter for her advice and support.

### April 07 Outreach to The Church of the Holy Trinity Guildwood by Mary McDermott, Secretary

Two Kiwanis Club of Scarborough members visited Father Stephen Kirkegaard to ask for support to our upcoming Pink Brunch fundraiser and posted flyers for our Pink Brunch. We spoke to some members of the administration about our club and our community needs. The Church of the Holy Trinity Guildwood is holding their <u>May the Forth Be With You Time & Talent Night</u> fundraiser on May 4<sup>th</sup>.

# April 12: Building Community Connections: Establishing a Key Club at Woburn Collegiate Institute by Mitzie Hunter, SLP, Chair

At the core of Kiwanis Club of Scarborough's noble mission lies an unwavering commitment to uplift the community, one child's life at a time, illuminating the path towards a brighter tomorrow.

In line with this mission, Kiwanis Club of Scarborough is thrilled to announce that as a new club, we have started our journey towards establishing a Key Club at one of our local high schools. With the support of the Board and our Members, we are now in conversations with Woburn Collegiate Institute about launching a Key Club in Fall 2024!

As the first local Scarborough high school to be part our Service Leadership Program, we believe that Woburn CI is a perfect fit for Kiwanis Club of Scarborough. As our former LG, Mary Ellen Trimble said, "The Woburn community was where we held the October 2022 Kiwanis One Day, so it is fitting that we are now back there to establish a Key Club!"

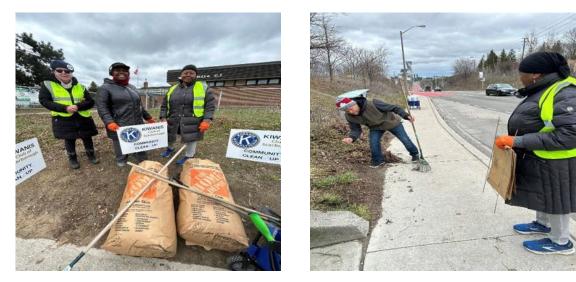
According to the Toronto District School Board Learning Opportunities Index, Woburn CI is a school in need of more community support, however it has enormous potential to do well with the right level of support and investment from the community.

This past month, President Federica Joseph and Mitzie Hunter, chair of SLP Committee, attended a meeting with Woburn Cl's Principal Neil Dyal and Vice-Principal Daniel Lee, and were excited to see that there are many active clubs at the school. These clubs included their Environment Club, Prefect, numerous sports and even an award winning First Robotics Team – Team 188. Students at Woburn Cl are evidently active and are engaged in their community.

Both Ms. Joseph and Ms. Hunter believe that a Key Club would be well suited for Woburn CI and our next step is to provide answers to the questions raised in the meeting, as well as to provide information for the principal to present to the School Parent Council in May.

We are excited about the positive steps being taken to establish a Key Club in a Scarborough high school and can't wait to see the amazing community service work that Woburn Cl students will be doing for the Scarborough community in the future. Working together, we are building a better community, one student at a time!

April 13 West Hill Collegiate Clean up by Mary McDermott, Secretary



On Saturday, April 13, three Kiwanis Club of Scarborough members cleaned up a section of Morningside in front of West Hill Collegiate.

Spring is here and now that the snow has melted, there is a lot of garbage everywhere to be picked up, sorted, recycled and composted. Our president Frederica recruited her grand-daughter to help, and a kind passerby stopped and helped us! Thank you Enrico DeGuzman!

We hope to make regular Saturday morning forays to clean up spaces in our local neighbourhoods. If you would like to join us, connect with us: <u>scarboroughkiwanisclub@gmail.com</u>

#### **April 15 Our first AGM**

We met to elect our board of directors for our next fiscal year beginning October 1, 2024.

Slate of Directors:

- Frederica Joseph, President
- Joan-Mary Spencer, Treasurer
- Mary McDermott, Secretary
- Mary Ellen Trimble, Director
- Mitzie Hunter, Director

**Open positions:** 

- President Elect
- 2 Directors at large

Our club/board monthly meetings are held on the 3<sup>rd</sup> Monday of every month, with a few exceptions. If the 3<sup>rd</sup> Monday of the month falls on a legal holiday in Ontario, the meeting will be held on Tuesday.

### April 20: A Spring Cleanup for The Meadoway by Michelle Nguyen

The warm spring air brought a sense of renewal, inspiring members of the **Kiwanis Club of** Scarborough to roll up our sleeves and contribute to a local environmental initiative. On Saturday, April 20th, just in time to celebrate Earth Day, six of our dedicated Kiwanis members joined forces with staff and volunteers from the Toronto and Region **Conservation Authority** (TRCA) to help clean up The Meadoway.



. The location of our clean up was in Scarborough at 139 Marcos Boulevard (Southwest of Brimley Road & Lawrence Avenue East).

Our efforts paid off as our team of volunteers successfully removed an impressive 94 pounds of lightweight plastic and other litter from the area, helping to restore the natural beauty of this urban greenspace. The cleanup was not only productive but also provided an opportunity to build connections with fellow community members passionate about improving the city, including TRCA placement students and Meadoway Ambassadors.

This event was part of TRCA's broader plan to transform The Meadoway into a 16-kilometer stretch of urban greenspace and meadowland that will become one of Canada's largest linear urban parks. In the near future, it will include multi-use trails, parks, walking and cycling paths, as well as public spaces within the hydro corridor. The Meadoway will provide a connection between downtown Toronto and Rouge National Urban Park, linking 7 river systems, 15 parks, 13 neighbourhoods, 200 hectares of meadow, and over 1000 species of flora and fauna (https://themeadoway.ca/). By expanding access to green spaces, the project aims to promote exercise, enjoyment, and community connectivity for residents of neighbouring Scarborough communities.

The area that our team cleaned up for Earth Day began restoration initiatives last spring, while construction on the trail connection for the area is still in the process of being confirmed. Updates about the work being done throughout the corridor to transform The Meadoway into an oasis in the heart of Scarborough can be found at <u>https://themeadoway.ca/</u>.

To participate in various public events hosted by TRCA across the Greater Toronto Area,

explore the various ways to get involved at https://trca.ca/get-involved/. Lastly, applications are still open for anyone interested in becoming a Meadoway Ambassador! To learn more about the opportunity, you can visit https://themeadoway.ca/ambassador-program/.

The Kiwanis Club of Scarborough's participation in this cleanup event at The Meadoway exemplifies our commitment to improving the local community and contributing to a more sustainable urban environment. Let's continue our momentum and do all we can to enhance the lives of people in Scarborough.





I have been blessed with the opportunity to travel to Grenada for the 3<sup>rd</sup> time, to volunteer with Smiles Grenada, Carriacou, and Petit Martinique (GCP) on their 4th annual dental mission.

Smiles GCP was founded in 2017, with its first mission in 2018. Smiles, provides the highest quality dental service possible to hundreds of Grenadians every year. Teeth cleaning, fillings and extractions are the dental services provided. Blood pressure and blood sugar monitoring as well as diabetic and hypertensive teaching are nursing services provided. Registered message therapists, who provide massages, are also part of the team that provide free services.

The organization does its own fund raising. Dental chairs, portable chair side dental delivery systems, sterilization equipment and dental X-ray machine are some of the equipment bought and shipped to Grenada in order to provide the top quality care.

All of the volunteers, dental hygienists, dental assistants, dentists, nurses, massage therapists and administrators are very hard working individuals. They are also very passionate about their work and community service. This year a lot of very hard work was done from Sunday April 21 to Friday April 26 in order to serve over 400 very happy, grateful and satisfied Grenadians.

The pristine Grand Anse beach on which my room opened up to was to beautiful to resist. To make full use of one the Caribbean's greatest beaches many of us walked, ran and/or swam at 5:30 am. Breakfast was always at 6:30, and off to work at 7:00.

There was always about 25 people waiting at the clinic when we arrived, some had been waiting since 6:00 am. Smiles was unable to treat all who showed up. Chances are that if you showed up at clinic at 1:00 were told they would not be seen today. This service was a first come first serve service. In all over 400 Grenadians received and were very grateful for this service. We were well supported by the Grenadian Ministry of Health who provided us with our accommodations, and transportation on this mission.

A special shout-out to Vanessa Felix, a dental hygienist, who is the president and founder of Smiles GCP, and Dr. Sheridan Cyrus, dentist, who built this great team of dedicated volunteers. The volunteers of this mission were and are so greatly appreciated, its impossible for us to forget the difference we made.

April 21 - Dental Clinic in Grenada by Frederica Joseph, President



### April 26 Retired Teachers of Ontario (RTO) by Mary McDermott

On a lovely sunny spring morning, Retired Teachers of Ontario Scarborough & East York district hosted a Connect and Learn with MPP Andrea Hazell at the Clark Centre for the Arts.

Andrea is alarmed that the Ford government is pushing forward with privatizing health services in Ontario. Due to a personal experience, she knows all too well how troubling privatized healthcare can be and how it can have a negative toll on a family's circumstance, changing things for them in an instant.

Ontario's budget for fiscal year 2024-2025 is 214.5 billion.

- Bill 124 did a lot of damage, the Ontario government has to pay out 8 billion in retroactive salaries.
- There was nothing to help to reduce administration work that doctors have to do.
- There was nothing to reduce hospitals' reliance on private nursing.
- 2.3 million Ontarians do not have a family doctor.
- Vital services have been closing, the Ontario Health Coalition reported that there were 1,199 closures in emergency rooms, obstetrics, clinics and more.
- Cataract surgery costs \$ 400 in a hospital, \$ 600+ in private clinics.
- Hip and knee replacements cost \$ 10,000 in public hospitals, and cost \$ 20,000 \$ 28,000 in for profit centres.
- We have public operating rooms that are shuttered because they lack staff, yet we have foreign trained doctors driving cabs

Liberals and NDP were hoping for more money to go into healthcare and education. The Ford government is defunding public healthcare and supporting private, for profit healthcare.

Andrea is planning to hold more meetings and would like to include all seniors in future discussions.





https://www.eccdcon2024.com/



https://www.kiwanis.org/members/kiwanis-convention/

### **Our Committees:**

- Executive Committee
- Governance and Nomination Committee
- Budget Committee
- Membership Committee
- Public Relations, Marketing and Programming Committee
- Service Committee
- S.L.P. Committee

If you would like to join a committee, please let us know.

If you have ideas on how we can make a difference in Scarborough, please let us know. If you have family or friends who would like to help make a difference in Scarborough, please invite them to join us.