



WILD ROSE K-NEWS



Wild Rose Kiwanis - PO Box 138 - Wild Rose, WI 54984

Save the Date - What's On Tap for Our Club

- Tue, Sep 2 TODAY - Family Business Meeting - A Discussion about upcoming projects
- Sat, Sep 13 10:30 AM - Highway Cleanup (meet at Dopp Park)
- Tue, Sep 16 7:30 AM - Installation of New Officers & Guest Speaker Jim Button
- Sat, Sep 20 7:30 to 10:30 AM Wild Rose Classic Car Show Breakfast
- Tue, Sep 23 8:00 AM - Board Meeting



Who's On-Deck for Morning Snacks?

Sep 2 **Joe & Susan Herman**

Sep 16 Karen Reynolds

Oct 7 Polly Bigler

Oct 21 Jane Erickson

Nov 4 Julie Friedl



School Days (1907)

by Will Cobb and Gus Edwards

School days, School days, dear old gold-en rule-days

Read-in' and 'rit-in' and 'rith-me-tic,

Taught to the tune of a hick-'ry stick,

You were my queen in cal-i-co,

I was your bash-ful bare-foot beau,

And you wrote on my slate, I love you Joe,

When we were a coup-le of kids.

KIWANIS NOTES

If you'd like to support TreeHouse, here's a great way to do so. St John's Lutheran Church of Saxeville is presenting a Murder Mystery Dinner on Sat, Oct 25.

Tickets are \$15.00 and includes a dinner. 100% of the proceeds will go to the Treehouse Christmas Party. Tickets are going fast, so let Pete Duesterbeck know if you're interested.



SOME OF THE UNUSUAL ROAD SIGNS FOUND AROUND THE WORLD



Do five simple things a day to stay sane, say scientists

Simple activities like gardening or mending a bike can boost mental health and make life more fulfilling, according to a government think-tank report involving 400 scientists. The study proposes a "five-a-day" programme—connecting with others, being active, taking notice, learning, and giving—similar to eating fruit and vegetables for physical health. These actions are backed by evidence and should be done daily, said project leader Prof Felicia Huppert. Critics argue it's not government's role to prescribe personal behaviour, calling happiness subjective. The report, led by chief scientist Prof John Beddington, compares mental wellbeing to a "bank account," strengthened by positive habits but eroded by stressors such as debt. Research shows half of people in debt have a mental disorder versus 16% of the general population. The report also promotes flexible working, which Prof Cary Cooper says improves health, satisfaction, and productivity.

Steps to happiness

Connect: Developing relationships with family, friends, colleagues and neighbours will enrich your life and bring you support

Be active: Sports, hobbies such as gardening or dancing, or just a daily stroll will make you feel good and maintain mobility and fitness

Be curious: Noting the beauty of everyday moments as well as the unusual and reflecting on them helps you to appreciate what matters to you

Learn: Fixing a bike, learning an instrument, cooking - the challenge and satisfaction brings fun and confidence

Give: Helping friends and strangers links your happiness to a wider community and is very rewarding

Did you know that Kiwanis clubs globally dedicate more than 18 million volunteer hours per year, and invest over \$107 million annually in community-strengthening and child-focused projects. In a typical year, Kiwanis clubs worldwide organize more than 150,000 service projects locally and globally that include college sponsorships, Read Around the World, and community clean-ups, and involve partners such as Boy Scouts and Girl Scouts, Special Olympics, and Children's Miracle Network. According to the official Kiwanis 'Our Impact' overview: Worldwide Kiwanis Clubs execute over 1.3 million service projects each year. In addition they raise nearly \$390 million annually to support children, families, and communities worldwide. Not to forget, Kiwanis offers a family of service leadership programs for children and young adults.

Maybe you've never really stopped to look at the Mission Statement word for word. These six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 Convention in Denver, Colorado. Through the succeeding decades, they have remained unchanged. It speaks volumes about who we are and what we choose to do as an organization.

The Objects of Kiwanis International

To give primacy to the human and spiritual rather than to the material values of life.

To encourage the daily living of the Golden Rule in all human relationships.

To promote the adoption and the application of higher social, business, and professional standards.

To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.

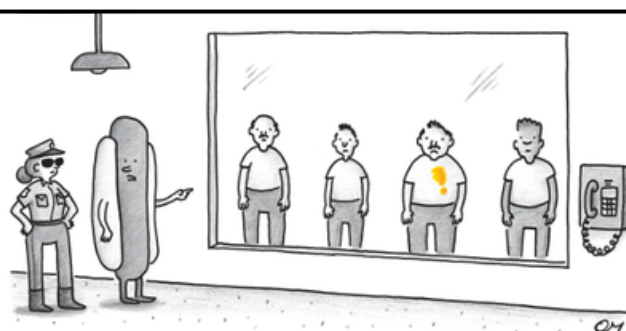
To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.

To cooperate in creating and maintaining that sound public opinion and high idealism, which make possible the increase of righteousness, justice, patriotism, and good will.



"There is no power for change greater than a community discovering what it cares about."

MARGARET J. WHEATLEY



"That's him—that's the guy who tried to eat me."

