

The Sunriser



The Kiwanis Club of Delray Beach - Sunrise

"Where Ordinary People Provide Extraordinary Service" - Celebrating 37 Years of Service

Meets for Breakfast Every Wednesday, 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl. 33445

2010-2011 Officers

President: Brian Shutt
561-243-7091

Pres. Elect: Jose Herrera
561-644-7573

Vice-President: Jeff Goldman

Secretary: Alberta Gaum Rickard
561-251-1896

Treasurer: Ben Ruby
561-251-1912

Immediate Past President:
Carlene Laseter

2010-2011 Bd. of Directors

Doug Martin, Ben Bassford, Susan Ruby, Jean Antin, Terrill Pyburn.

2010-2011 Committee Chairs

***Community Service:**

AVDA - Jean Antin
Thanksgiving-Jay Alperin
Jeff Goldman

***Club Meetings:** Jay Alperin

***Fund Raising:**

Delray Affair-Jose Herrera
Golf Tourney-Mike Friedman
Glo-Ball- Tim Weldon,
Bob Barcinski
Cruise - Alberta Gaum Rickard

***Interclubs:** Steve Rubin

***Membership:** Terrill Pyburn

***Newsletter/Website:**
Scott Youngberg

***Programs:** Ezra Krieg

***Social Activities:**

President & President Elect

***Spiritual Aims:**

Scott Youngberg, Ray Osterlund

***Youth Services:**

BUGS - Doug Martin, Carlene Laseter,
Ernie Galinis
Scholarship - Doug Martin, Neil Rosen
Key Club-Neil Rosen,
Jeff Goldman

Visit our Website:

www.delraybeachkiwanis.org

Volume 2010, Issue 12

December, 2010

What is Your Personal Brand?



Mary Harris

That's what we learned at our November 10th meeting, where Mary Harris of Mary Harris, Inc. presented the topic of Business Etiquette. Simply stated, knowing how to manage your personal brand allows you to distinguish yourself from the competition. In today's competitive business arena buyers are becoming more savvy to subtle differences – courtesy, image, trust and reliability – the elements provided by business etiquette and personal branding, when making purchasing decisions. Mary Harris, Inc. provides interactive seminars, workshops and private coaching designed to help executives and

corporations master the most valuable business tools in today's competitive marketplace - professional presence and relationship building. We all have competition, and the products and services available in the marketplace today are similar. Therefore, the way we represent ourselves and the way we treat others, make a difference. By applying the principals of business etiquette, you will become a more effective business communicator, be able to market yourself more effectively, and develop and foster stronger relationships in the workplace. Go to www.etiquettesavvy.com for more information.

Support the Homeless Coalition

Our speakers on November 17th were Amanda St.Jean and Bud Backharms representing the Homeless Coalition of Palm Beach County. Homelessness is one of our nation's most serious problems. While there are many causes of homelessness, the primary cause is the growing gap between housing costs and income. With Florida's jobless rate at its highest in 15 years, Palm Beach County is in the midst of a crisis in its inability to provide adequate shelter and affordable housing for homeless people. Although it is difficult to estimate the number of homeless people locally, 1600 homeless children were identified in the Palm Beach County school system last year. Therefore it is estimated that thousands of needy people are homeless in Palm Beach County on any given night.

The Homeless Coalition serves as a catalyst for community collaboration to prevent and end homelessness. You can find more information at www.homelesscoalitionpbc.org/index.htm



Amanda St.Jean & Bud Backharms

Building a Future One Branch at a Time

Our program on December 1st was presented by Dr. Voncia Haywood, Principal and Mrs. Alma C. Horne, Graduation/Career Coach for the Palm Beach County Schools Department of Dropout Prevention/Alternative Education. They provide oversight, assistance and educational to Five Juvenile Justice Programs and Four Youth Services Programs - DJJ/YS. The primary goal of DJJ Programs is to provide a high quality education to students, while providing a safe, secure and nurturing environment. Youth Services (YS) programs are designed to serve students who are attending a rehabilitation program funded by a county commission, private corporation or Sheriff's office.

The programs are coordinated to help these children to not only graduate high school, but to become productive citizen's after graduation. The Graduation/Career Coach creates a career and post secondary resource guide for students and parents/guardians with Palm Beach County Career Centers, post secondary schools, business partners, community resources and local mentoring programs. Contact The School District of Palm Beach County to learn more about these important programs.



Dr. Voncia Haywood & Mrs. Alma C. Horne

A young ventriloquist is touring the clubs and one night he's doing a show in a small town in Arkansas.

With his dummy on his knee, he starts going through his usual dumb blonde jokes when a blonde woman in the 4th row stands on her chair and starts shouting: "I've heard enough of your stupid blonde jokes. What makes you think you can stereotype women that way? What does the color of a person's hair have to do with her worth as a human being? It's guys like you who keep women like me from being respected at work and in the community, because you and your kind continue to perpetuate discrimination against not only blondes, but women in general and all in the name of humor!"

The embarrassed ventriloquist begins to apologize, and the blonde yells, "You stay out of this, mister! I'm talking to that little f***er on your knee."

\$\$\$ Happy Dollars \$\$\$



Birthdays:

December 10 - Neil Rosen
December 16 - Ben Ruby
December 21 - Karen Banasiak
December 26 - Bob Sablo

Wedding Anniversaries:

December 17 - Sandra & Stephen Byrne

Membership Anniversaries:

December 22 - Brian Shutt
January 1 - Ezra Krieg, **28 Years!**

November 3rd Meeting: WoW! President **Brian Shutt** collected the Happy Dollars. **Jay Alperin**, **Doug Martin** and **Dale Morrison** were all glad to see that. **Carlene Laseter** was happy to be with the grandbaby and **Terrill Pyburn** was happy that her boyfriend was back after 2 months! Boy, was she happy. **Ezra Krieg** was back from "Daddie-Cab". **Regina Sablo** put in for Crosspoint Elem. 11th year. **Scott Youngberg** was happy the political ads & solicitations were over and **Ray Osterlund** and **Ben Ruby** were late (but still happy).

November 10th Meeting: Everyone today was just basically "Happy". **Jean Antin** was happy because she sold her house in Vermont and her daughter was coming to visit. **Jay Alperin** reported that **Ray Osterlund** was stuck on I-95. **Ezra Krieg** was happy his son broke up with his girlfriend...(Ezra didn't like the girl friend). And **Steve Rubin** came "out of the shadows" doing his Interclub thing.

November 17th Meeting: Interesting meeting. Happy dollars were collected at the end of the meeting this time. Did Brian forget? No way! **Neil Rosen** put in for the AHS Key Club, **Jean Antin's** daughter is visiting and **Maggie Woodall** is grateful for her husband Jay. **Ray Osterlund** wanted a dollar back for being on time. **Ezra Krieg** got to spend the last weekend in Pittsburgh and watched the football game from the owners box (Well, excusssssse Me!) **Scott Youngberg** was happy he won the 50/50. Yep....Happy dollars even came after that. Everyone else was just happy.

November 24th Meeting: This day we had festive yellow napkins and President Brian in shorts. Only having 1 dollar, **Brian Shutt** graciously gave it to the club. **Dale Morrison** was happy learning something new everyday. **Ezra Krieg** put in for the city's "Dress Code", and **Carlene Laseter** was happy to see her family. Of course, everyone else said "Happy Thanksgiving".

December 1st Meeting: **Doug Martin** was the main subject of today's happy dollars, he has a new job and showed up wearing a tie. Everyone put in for him. It was suggested he quit and get another job so we could again rake in more happy dollars. **Ezra Krieg** put in for **Terrill** (the dessert hijacker) getting busted and for all the help delivering the turkey dinners.



One year at Thanksgiving, my mom went to my sister's house for the traditional feast. Knowing how gullible my sister is, my mom decided to play a trick. She told my sister that she needed something from the store.

When my sister left, my mom took the turkey out of the oven, removed the stuffing, stuffed a Cornish hen, and inserted it into the turkey, and re-stuffed the turkey. She then placed the bird(s) back in the oven.

When it was time for dinner, my sister pulled the turkey out of the oven and proceeded to remove the stuffing. When her serving spoon hit something, she reached in and pulled out the little bird.

With a look of total shock on her face, my mother exclaimed, "Patricia, you've cooked a pregnant bird!" At the reality of this horrifying news, my sister started to cry.

It took the family two hours to convince her that Turkeys lay eggs!

Yep.....SHE'S BLONDE!

Did You Know?.....

Aktion club is the only community-service club for adults living with disabilities. Aktion Club allows members to develop initiative and leadership skills in serving their communities while enabling their integration into society.



Here are some facts:

- * More than 400 clubs in seven nations. Locally, there is a club in Lake Worth.
- * The fastest-growing program within Kiwanis International
- * Aktion Club originated in Florida in 1987 and was adopted as an official sponsored program of Kiwanis International in 2000.

Delivering Turkey Dinners for Thanksgiving

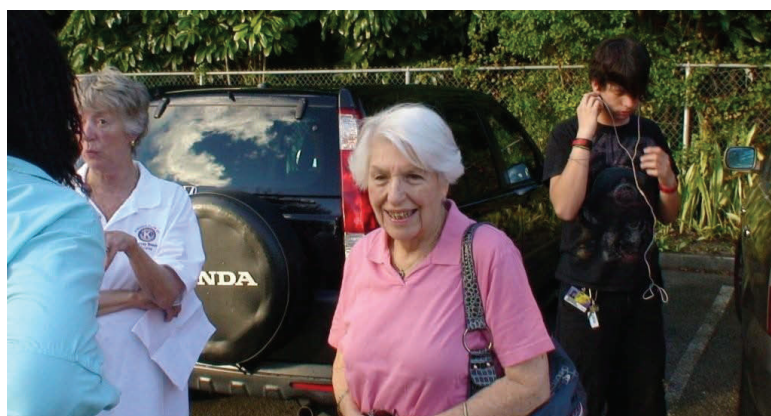
Our club did a GREAT job on Thanksgiving morning delivering 20 turkey dinners to the needy.

Member's in attendance were: Jeff Goldman, Steve Rubin, Ernie Galinis, Terrill Pyburn, Jenifer Buce, Regina Sablo, Alberta Rickard, Jose Herrera, Jean Antin, Ezra Krieg and Ben Bassford.



We appreciate even the family members and friends coming out. **THANKS TO ALL!**

(P.S. Terrill was "busted" for taking a few extra desserts. Her response....."What Desserts?")



Interclubs

Steve Rubin, Chairman



Dear Delray Beach Sunrise Kiwanis Member:

One of your sacred responsibilities as a Delray Beach Kiwanis Sunrise Club Member is to attend other Division 21 Kiwanis Club meetings to share ideas, socialize, network, learn about their programs, sometimes eat bad food, and help our Club earn points for the annual "Best in the Division" Award.

You can also attend another Kiwanis Club meeting to make up a missed meeting of our Club to avoid losing your "perfect attendance" status and the rights and privileges that accompany that distinction. I am describing, of course, the obligation of attending an "Interclub."

I have scheduled Interclubs for December and January. When I buy a 2011 calendar, I will also schedule Interclubs for the remainder of the 2010-11 year. Here is the schedule so far:

Delray Beach- Thursday, 12:15 p.m.,
DECEMBER 16, 2010
Duffy's Sports Grill
1750 South Federal Highway, Delray Beach

Boynton Beach-Tuesday, 12 Noon,
JANUARY 11, 2011
Duffy's Sports Grill
4746 N. Congress Ave., Boynton Beach

IMPORTANT: Unless our Club has at least four of our members attend the other Club's meeting, it will not be deemed by Kiwanis Headquarters in Indianapolis to be an official Interclub. In such a case, our Club will not receive any points.

Please send me an RSVP a few days before the meeting so I know who will attend. Thank you!

Respectfully,

Steve Rubin
Interclub Chair

Steve Rubin
3617 NW 23rd Terrace
Boca Raton, Florida 33431
RubinSDR@aol.com
561-866-2559 (cell)

Our Club Visits the Boca Club

We had a very successful Interclub meeting at the Boca Raton Sunrise club on November 18th. In attendance were: His Interclubness Steve Rubin, Jean Antin, Barbara Schooler, Regina Sablo and Scott Youngberg.

We were all thrilled (Not) when they started their meeting with the singing of "God Bless America". I know, it's a tradition for the clubs to sing at their meetings. They only had 5 members in attendance, along with 4 key clubbers and a guest speaker, so the singing needed a lot of work. After that, we spent a few minutes doing warm-up exercises. (Steve in particular loved that part, he said he thought he pulled a muscle.) Then we all shook hands with everyone else.

After the program, we had a terrific exchange of ideas and open conversation. And of course, we closed the meeting with.....you guessed it....."God Bless America".

It was a good time for all. It's always fun to see how the other clubs do it.

KEY CLUB®



Neil Rosen,
Chairman

The American Heritage Key Club has been extremely busy over the past month. They recently delivered 95 cartons of food to the "Children's Home Society of Palm Beach" who sorts and distributes the food to several agencies in Palm Beach County.

Other upcoming activities include:

- December 1-13 Holiday Toy Drive
- December 9-10 Holiday Parties -
United Way - Florence Fuller
- January 1-14 Book Drive for sister schools
- January 7 Melanoma Foundation -
Student Faculty Volleyball Game

Krieg's Korner

As a regular feature of our weekly meetings, Ezra Krieg brings us up to date with what happened on "This Date in History".

Here are a few interesting items from the past few weeks:

November 3:

1868 Republican Ulysses S. Grant won the presidential election over Democrat Horatio Seymour.

1957 The Soviet Union launched into orbit Sputnik 2, the second manmade satellite; a dog on board named Laika was sacrificed in the experiment.

1992 Democrat Bill Clinton was elected the 42nd president of the United States, defeating President George H.W. Bush.

1992 Illinois Democrat Carol Moseley-Braun became the first African-American woman elected to the U.S. Senate.

Birthdays:

- 92** Bob Feller, Baseball Hall of Famer
- 77** Ken Berry, Actor, dancer
- 77** Michael Dukakis, Former governor of Massachusetts
- 57** Dennis Miller, Comedian ("Saturday Night Live")
- 53** Dolph Lundgren, Actor

November 10:

1775 The U.S. Marines were organized under authority of the Continental Congress.

1871 Journalist-explorer Henry M. Stanley found missing Scottish missionary David Livingstone in central Africa and delivered his famous greeting: "Dr. Livingstone, I presume?"

1928 Hirohito was enthroned as Emperor of Japan.

1938 Kate Smith first sang Irving Berlin's "God Bless America" on network radio.

1969 "Sesame Street" debuted on PBS.

1982 The newly finished Vietnam Veterans Memorial was opened to its first visitors in Washington, D.C.

Birthdays:

- 86** Russell Johnson, Actor (The Professor, "Gilligan's Island")
- 54** Sinbad, Actor, comedian
- 51** Mackenzie Phillips, Actress ("One Day at a Time")
- 46** Kenny Rogers, Baseball player

November 17:

1558 Elizabeth I ascended to the English throne upon the death of Queen Mary.

1800 Congress held its first session in Washington, D.C., in the partially completed Capitol building.

1869 The Suez Canal opened in Egypt, linking the Mediterranean and the Red seas.

1968 NBC outraged football fans by cutting away from the final minutes of a game to air a TV special, "Heidi," on schedule.

1973 President Nixon told an AP managing editors meeting in Orlando, Fla., that people have got to know whether or not their president is a crook. Well, I'm not a crook."

Birthdays:

- 72** Gordon Lightfoot, Singer
- 67** Lauren Hutton, Actress
- 66** Danny DeVito, Actor
- 66** Tom Seaver, Baseball Hall of Famer
- 52** Mary Elizabeth Mastrantonio, Actress

November 24:

1859 British naturalist Charles Darwin published "On the Origin of Species," which explained his theory of evolution.

1871 The National Rifle Association was incorporated.

1950 The musical "Guys and Dolls" opened on Broadway.

1963 Jack Ruby shot and mortally wounded Lee Harvey Oswald, the accused assassin of President Kennedy.

1971 Hijacker D.B. Cooper parachuted from a Northwest Airlines 727 over Washington state with \$200,000 in ransom. His fate remains unknown.

Birthdays:

- 72** Oscar Robertson, Basketball Hall of Famer
- 60** Stanley Livingston, Actor ("My Three Sons")
- 32** Katherine Heigl, Actress ("Grey's Anatomy")

December 1:

1824 The House of Representatives decided the presidential election because no candidate had received a majority in the Electoral College. (John Quincy Adams was eventually chosen the winner over Andrew Jackson and Henry Clay.)

1913 The first drive-in automobile service station opened, in Pittsburgh.

1959 Representatives of 12 countries, including the United States, signed a treaty in Washington setting aside Antarctica as a scientific preserve, free from military activity.

1963 The Beatles' first single, "I Want to Hold Your Hand," was released in the U.S.

Birthdays:

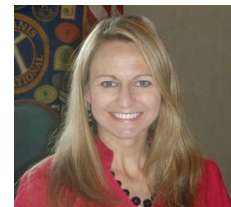
- 71** Lee Trevino, Golfer
- 65** Bette Midler, Actress-singer
- 52** Charlene Tilton, Actress ("Dallas")

AND....."If you're sitting in a bar this afternoon, like Jay and his friends will be doing....." and Woody Allen, Writer, director comes in, We hope that you will buy him a drink as he is 75 years old today.



Membership

Terrill Pyburn - Chairperson



Alumni join for free

Thousands of young adults have learned about service and citizenship as CKI and Key Club members. Now they can reconnect with the Kiwanis family by joining alumni groups.

Every year, Kiwanians say goodbye to graduating Key Club and CKI members after helping the students grow into service-minded adults.

But Kiwanians don't have to say goodbye. CKI and Key Club alumni associations are welcoming former Circle K and Key Club members to stay connected to the Kiwanis family until they're ready to join a Kiwanis club. Already, alumni from India, South Korea, the United Kingdom, the Caribbean and all over North America have registered.

Encourage graduates of sponsored Key Club and Circle K clubs to visit www.keyclub.org/alumni and www.circlek.org/alumni to share in the discussion about Kiwanis-family memories and alumni functions.

Alumni can join the associations at no cost until June 2011.

Will was trying to to teach his son the evils of alcohol. He put a worm in a glass of water & another in a glass of whiskey.

The worm in the water lived while the one in the whiskey curled up & died. "All right, son," Said Will, "what does that show you?"

"Well dad, it shows that if you drink alcohol you will not have worms."



50/50 Winners:

Here are the holders of the "Winning Tickets":



November 3 - Doug Martin (Lucky#888)

November 10 - Alberta G. Rickard (Gave to AVDA)

November 17 - Scott Youngberg

November 24 - Jean Antin (Gave to AVDA)

December 1 - Jay Alperin

PUBLIC SERVICE ANNOUNCEMENT

The "Epi-King" Speaks

Our very own **Jose Herrera**, *Proudly* explains how he can "Almost" use the EpiPen. First, a little background.....

Anaphylaxis is a severe allergic reaction marked by swelling of the throat or tongue, hives, and trouble breathing. When it strikes, life is at risk. And time is critical.

EpiPen® Auto-Injector is the #1 doctor prescribed epinephrine Auto-Injector for those with a history of anaphylaxis. EpiPen® helps stop allergic reactions fast - giving you time to get the emergency medical help you need. Be prepared with EpiPen® Auto-Injector.



Jose went to the aid of a student in need at Pope John Paul High School. With undue flash and daring, he administered the EpiPen given to him by the student.

Here are the instructions: Remove Auto-Injector from carrier tube before use. **Never put thumb, fingers or hand over the orange tip.** The needle comes out of the orange tip. As you can see, they even have pictures on the pen.

Well, you guessed it.....Our Hero punched the EpiPen into the student's thigh with his Thumb over the orange tip. Surprise! Surprise! Surprise!

The EMT's showed up in time....to treat Jose. The student??? Well she was just fine.

Other Doings.



It's with great sadness that long-time member Herb Levine passed away on October 21st. Our club has made a donation in his name to the Gulfstream Boy Scouts.

We are also saddened with the loss of Milena Walinski's Mother. Milena has had a very tough year. Our prayers are with you.



ATTENTION ALL MEMBERS! Please pay your dues. We need everyone to stay current with their quarterly payments to ensure the continued operation of our club. Please contact Ben Ruby at 561-251-1912 if you are having trouble paying your dues.

Calendar Of Events

December 16 -Interclub—Delray Beach
Noon Time– 12:15 p.m., Duffy's Sports Grill
1750 South Federal Highway, Delray Beach

December 17 - Holiday Party, 6:00 P.M. at
Doug & Jody Martin's House
"Pot-Luck"

January 11 - Interclub - Boynton Beach-
12 Noon, Duffy's Sports Grill
4746 N. Congress Ave., Boynton Beach

February 19 (Tentative) Glo-ball Tourney,
Delray Beach Golf Club.

Upcoming Meeting Programs

- December 8 Maggi Woodall speaking about Waste water Treatment (I will be absent that morning)
- December 15 Public Relations for the non-Professional
- December 22 BUGS
- December 29 Kiwanis Bored Meeting
- January 5 Old School Square
- January 12 Alliance for Fair Food
- January 19 Financial Planning
- January 26 Kiwanis Board Meeting
- February 2 Hospice by the Sea
- February 9 PBC Extension Service
- February 16 PBC State Attorney's office
- February 23 Kiwanis Board Meeting
- March 2 Delray Beach PD Crime Analysis Unit
- March 9 WXEL
- March 16 Urban League
- March 23 Board Meeting
- March 30 Let's Grow Together
- April 6 Horses Healing Hearts
- April 13 Drowning Prevention Coalition
- April 20 NAMI Palm Beach County
- April 27 Kiwanis Bored Meeting
- May 4 Tentative: Love Guru
- May 11 Tentative: Kijana Educational Empowerment Institute
- May 18 **Need Speaker**
(I will be absent that morning)
- May 25 VSA Florida
- June 1 Kiwanis Bored Meeting

**Please contact Ezra Krieg,
954-260-8838 if you have a program
idea for our meetings.**

The Delray Beach-Sunrise Kiwanis Club was Chartered in 1973 and is operating in Division 21 of the Florida District

2010-11 Kiwanis International President:
Sylvester Neal

2010-11 Florida Kiwanis Governor:
Thomas M. Ramiccio

2010-11 Division 21 Lt. Governor:
Chet Taras

Other Division 21 Clubs:

Boca Raton-Thursdays, 7:30 a.m.,
Boca Raton Train Depot
747 S. Dixie Hwy., Boca Raton

Boynton Beach-Tuesdays, 12 Noon,
Duffy's Sports Grill
4746 N. Congress Ave., Boynton Beach

Delray Beach- Thursdays, 12:15 p.m.,
Duffy's Sports Grill
1750 South Federal Highway
Delray Beach 33483

Gold Coast Knights-1st & 3rd Thurs., 7 p.m.,
Deerfield Country Club
50 Fairway Drive, Deerfield Beach

Green Acres - Wednesdays, 12 Noon,
Palm Beach National Golf & CC
Nassau Road
Lake Worth, 33467

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
Maddock Park
1200 West Drew Street
Lantana, Florida 33462

Lake Worth - Tuesdays, 8 a.m.,
TooJays Restaurant
419 Lake Avenue, Lake Worth

Palm Springs - Tuesdays, 7:15 a.m.
Perkins
2585 S. Military Trail
West Palm Beach, FL

Governor's Message

by Thomas M. Ramiccio, Florida Kiwanis Governor



It has been a very busy October with the first new club in the world being built here in Florida, hundreds of new service projects completed and thousands of dollars raised for ELIMINATE (MNT). We are on fire for service!

Congratulations to Gary Frachette who has led the world in building the first new club in 2010-2011.

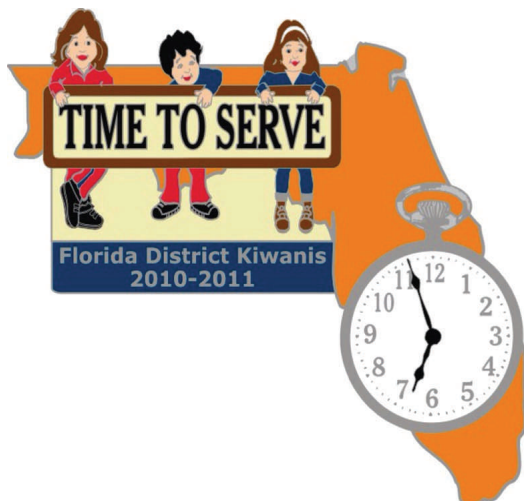
At 12:01 on October 1st Gary & I held a conference call with our International President Sylvester Neil and one dozen new Kiwanians for their organizational meeting. They will be a 3-2-1 club. These clubs primarily focus on service. The City of North Palm Beach will be better off because there is now a Kiwanis club to serve the underprivileged children. Gary is a loyal soldier for Kiwanis which is focused on increasing service through growth. The more Kiwanians we have, the more service we can perform. Do you know of a neighboring community that does not have a Kiwanis Club? Please send me or your Lt. Governor the location and we will begin to serve those children.

Wow!- That's all I can say about the New service & YCPO projects that are being planned. Celia Earl is our Young Children: Priority One Chairwomen. Celia is full of energy and excitement and is encouraging every club this year to do at least one new YC:PO project during 2010-2011. Errol Hanson is our Community Service Chairman. He and I are truly focused on service, that's our mantra and call to action. Is your club performing service? Is your club reporting all of the great service that your members do?

Kiwanis International's new world wide service project is just what the doctor ordered. Every 9 minutes a child dies because of MNT (Maternal Neonatal Tetanus). A simple shot can be given to the expectant mother or a child and prevent a needless death. Kiwanis can make a difference in the lives of children around the world if we focus on MNT. I have appointed Chuck & Emilia Gugliuzza to head up this very important project. They share the passion and commitment to improve the lives of children around the world. They have raised over \$10,000 already and we are just getting started. Thank You Chuck & Amelia.

Yours in service

Tom Ramiccio
Governor 2010-2011



If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@comcast.net Thank you



From Ben Bassford's Camera.....

Trusty photographer Ben and a helper or two are giving us some great memories from recent meetings and events. ENJOY!



Ben Bassford



Hi Bob!



Mr. Late Dollar getting his breakfast



Doug "Bugs" Martin



Alberta Rickard & Jeff Goldman having Fun



Mary Harris sharing a laugh



OK Ladies.....How's the bar holding up?



Ezra Krieg demonstrating how to set-up the projector screen