



The Sunriser



The Kiwanis Club of Delray Beach

"Where Ordinary People Provide Extraordinary Service" - Celebrating 47 Years of Service

Meets Wednesday's 8:00 a.m. , via ZOOM. Contact Ezra Krieg at ezrakrieg@yahoo.com for the link to join us.

2020-2021 Officers

President, January
Jay Alperin

Secretary: Jay Alperin
561-289-2387

Treasurer: Dale Morrison
561-278-1002

2020-2021 Bd. of Directors

Carlene Laseter, Susan Ruby,
Ben Ruby, Doug Martin,
Alberta G. Rickard, David Freeburn
Peggy Kelleher, Ezra Krieg

2020-2021 Committee Chairs

*Community Service:

AVDA - Dianie Alperin, Ben Ruby
Thanksgiving - Ezra Krieg
Police Appreciation - Ezra Krieg,
Peggy Kelleher

*Club Meetings: Jay Alperin

*Fund Raising:

General Events- Ezra Krieg, Rich Pollack
Delray Affair- Matthew Byrne
Golf Tourney- Scott Youngberg
Glo-Ball - Bob Barcinski

*Interclubs: Steve Rubin

*Membership: Carlene Laseter

*Newsletter/Website:

Scott Youngberg

*Programs: Ezra Krieg

*Social Activities:

President & President Elect

*Spiritual Aims: Doug Martin

*Youth Services:

Scholarship - Scott Youngberg,
Dale Morrison
Terrific Kids - Peggy Kelleher,
Lisa Lee

* Key Club/Builders Club -

American Heritage - Sally Schliefer
Atlantic High School- Stacy Brody
Unity School - Stacy Brookman

Volume 2021, Issue 2

February, 2021

Candidates Make Their Case For Delray Beach Mayor and City Commission

Over the course of six weeks, our club invited the various candidates for the Delray Beach City Commission and Mayor races to join us individually on our weekly Kiwanis Zoom meetings. Each candidate presented their credentials, their opinion on current city issues and answered questions from our membership. The election takes place on March 9th.

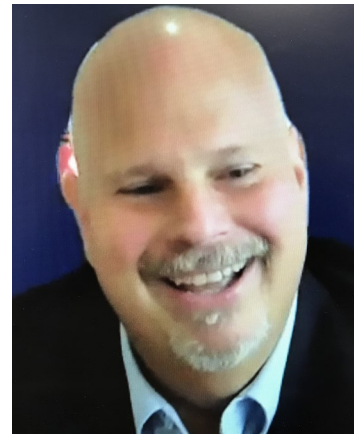
Here are the candidates that attended our February Meetings. Shelly Petrolia is running for Mayor. Price Patton is running for Seat 1 on the Delray Beach City Commission. Mitch Katz is running for Seat 3 on the Delray Beach City Commission. The other candidates will be featured in next month's "Sunriser".



Shelly Petrolia



Price Patton



Mitch Katz

NEVER BE AFRAID TO
TRY SOMETHING NEW.
REMEMBER, AMATEURS
BUILT THE ARK;
PROFESSIONALS BUILT
THE TITANIC.



If you eat well...
and get lots of
sleep... and do
exercise... and
drink lots of water...

... You'll die anyway!

Open the Wine.. ♥

Visit our Website:



Like us on
Facebook

www.delraybeachkiwanis.org

Other Doings.



Hail! President of the Month!

***** January *****



Peggy Kelleher

Here are the upcoming scheduled POTM's:

February - **Jay Alperin**

March - **Reeve Bright**

April - **Mark Scheinbaum**

May - **Bill Morse**

June - **Carlene Laseter**

July - **Bob Barcinski**

August - **Larry Schroeder**

September - **Steve Rubin**

Thank You!



Secretary **Jay Alperin** is getting rid of his storage unit. This means we need some place to store all the club's supplies including the tent and signs. Please contact Jay if you are able to help out.



We will be having a 50/50 Fund Raising Raffle benefitting the Arts Garage. Stay Tuned!



Our club donated \$120 each to the Florida Kiwanis Foundation and the Kiwanis Children's Fund.



\$\$\$ Happy Dollars \$\$\$



Upcoming Important Dates:

Birthdays:

February 2 - Carole Bassford

February 15 - Tom Carney

February 20 - Lisa Lee

Wedding Anniversaries:

February 27 - Steve Rubin & Patti Bloom

February 28 - Bill & Camilla Szymanski

Membership Anniversaries:

February 5 - Doug Martin, 29 years

February 14 - David Freeburn

February 22 - Ben Bassford, 24 years

Bill Szymanski, 24 years

February 25 - Dale Morrison, 34 years!!

February 27 - Bill Morse

Mark Scheinbaum, 32 years!!

January 6th "Zoom" Meeting: Everyone wished a very Happy New Year! In addition, **Scott Youngberg** is cheering on the Green Bay Packers to the Super Bowl. **Peggy Kelleher** is all about the Bills. **Rich Pollack** was happy Kiwanis had an article published 2 months in a row in Atlantic Magazine. **Ezra Krieg** put in for his membership anniversary - 41 years! **Mark Scheinbaum** went to Carrabelle, FL for 3 days - No Covid protocols - YIKES! **Carlene Laseter** had 8 great days with her grandkids and Kentucky/Georgia won their bowl games. **Gene Sapino** is happy his Presidential stint is over and **John Crane-Baker** had 3 wonderful weeks in Jamaica. **Jay Alperin** is celebrating another birthday and **Reeve Bright** put in for that and Lucie Carney's birthday. Everyone else was "Just Happy" or as **Larry Schroeder** put it..."In General".

January 13th "Zoom" Meeting: **Bill Morse** got his vaccine yesterday - Yahoo! **Larry Schroeder** put in for his wife's and Grandson's birthday, and for hearing the alarm. **Gina Sablo's** son and daughter-in-law are back working again. **Steve Rubin** is happy for YouTube which had a video on how to remove a faucet. **Mark Scheinbaum** is happy he doesn't live in Tuscaloosa, where they celebrated Alabama's championship without following Covid protocols. **Carlene Laseter** is happy Kentucky beat Florida, and **Peggy Kelleher** is happy Buffalo won their first playoff game in 25 years. **Ezra Krieg** admired the Heat's effort last night playing a game with only 8 players. **Scott Youngberg** is pulling for FSU tonight (1st game in 3 weeks). In a love fest, **Gene Sapino** and **John Crane-Baker** were happy to be working together. Everyone else was "JH".

January 20th "Zoom" Meeting: **Carlene Laseter** is celebrating her birthday today. She also finished her garden and has picked lettuce and kale. Everyone put in for her birthday. In addition, **Ezra Krieg** put in for the Chiefs and the Arts Garage raffle. **Peggy Kelleher** is rooting for the Bills (Big surprise!) to beat the Chiefs. She also put in for the Buffalo Bills fans who raised over \$75,000 dollars following Buffalo's postseason victory over Baltimore, to Lamar Jackson's favorite charity, in his honor after he had to leave the game with an injury. **Bill Morse, Jay Alperin** and **Steve Rubin** also put in for the Bills. **Scott Youngberg** is cheering for Green Bay in the battle of the Bays and FSU. **David Freeburn** likes Tampa Bay. **John Crane Baker** got in 15 miles on his Peloton and **Rich Pollack** walked 2 miles. Everyone else is "Just Happy".

January 27th "Zoom" Meeting: **Reeve Bright** stole the show with his pants down Home Depot story. **Gene Sapino** was glad he wasn't arrested and **John Crane-Baker** now knows who the "Flasher" was. A lot of folks put in for Reeve's story. **Ezra Krieg, Scott Youngberg** and **Jay Alperin** are half way done on their Covid shots. **Carlene Laseter** reported **Dale Morrison** is alive and well. **Gina Sablo's** grandkids finally made it into daycare and Montessori school. **Steve Rubin** thanked Ezra for setting up the Adopt-a-Precinct for the city election. **Dave Freeburn** said **Peggy Kelleher** was a great President and Peggy gave a last "Hurrah" for the Bills. **Rich Pollack** was happy Mitch Katz was our quest today. Everyone else was JH.





50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



January 6 - Reeve Bright

January 13 - Carlene Laseter

January 20 - Steve Rubin

January 27 - Dave Freeburn

The "Golden" Years ...



'OLD' IS WHEN.....

...Your sweetie says, 'Let's go upstairs and make love,' and you answer, 'Pick one; I can't do both!'

...Your friends compliment you on your new alligator shoes and you're barefoot.

...A sexy babe catches your fancy and your pacemaker opens the garage door.

... You don't care where your spouse goes, just as long as you don't have to go along.

... You are cautioned to slow down by the doctor instead of by the police.

... 'Getting a little action' means you don't need to take any fiber today.

... 'Getting lucky' means you find your car in the parking lot.

... An 'all nighter' means not getting up to use the bathroom.

AND

'OLD' IS WHEN.....

You are not sure these are jokes.....

I hate it when I see an old person and then realize that we went to high school together.

PUBLIC SERVICE ANNOUNCEMENT

What to Expect after Getting a COVID-19 Vaccine

COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days.

Common side effects

On the arm where you got the shot:

- Pain, Swelling

Throughout the rest of your body:

- Fever, Chills, Tiredness, Headache

Helpful tips

If you have pain or discomfort, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.

To reduce pain and discomfort where you got the shot:

- Apply a clean, cool, wet washcloth over the area. Use or exercise your arm.

To reduce discomfort from fever:

- Drink plenty of fluids. Dress lightly.

When to call the doctor

In most cases, discomfort from fever or pain is normal. Contact your doctor or healthcare provider:

- If the redness or tenderness where you got the shot increases after 24 hours
- If your side effects are worrying you or do not seem to be going away after a few days

If you get a COVID-19 vaccine and you think you might be having a severe allergic reaction after leaving the vaccination site, seek immediate medical care by calling 911

About your second shot

Both COVID-19 mRNA vaccines will need 2 shots to get the most protection. The timing between your first and second shot depends on which vaccine you received.

You should get your second shot:

for the [Pfizer-BioNTech](#) 3 weeks (or 21 days) after your first shot, for the [Moderna](#) 1 month (or 28 days) after your first shot.

You should **get your second shot as close to the recommended 3-week or 1-month interval as possible**. However, there is no maximum interval between the first and second doses for either vaccine.

You should not get the second dose earlier than the recommended interval.

Remember

- Side effects may feel like flu and even affect your ability to do daily activities, but they should go away in a few days.

It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until a week or two after your second shot.

It's important for everyone to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions. **Cover your mouth and nose with a mask when around others, stay at least 6 feet away from others, avoid crowds, and wash your hands often.**

DID YOU KNOW?



@KKNOWLEDGE

DID YOU KNOW?

THERE IS A ROAD IN FRANCE THAT CAN ONLY BE USED TWICE A DAY, FOR A FEW HOURS. THEN IT DISAPPEARS UNDER 13 FEET OF WATER.



@KKNOWLEDGE

DID YOU KNOW?

Beer reduces the Risk of developing Kidney Stones by 40% .

THE FORMULA

LOVE IT. SHARE IT. LIVE IT.

Membership

Carlene Laseter - Chairperson



Kiwanis Changes Lives

MAKE AN IMPACT

Ready to help children and families in your community? Ready to change the world? Kiwanis is ready for you! Altogether, more than 7,000 Kiwanis clubs make Kiwanians a powerful force for serving children and changing lives. Each club is an independent entity, with its own traditions and priorities.

WHO JOINS KIWANIS

Kiwanis club members believe in service. They care about children. They're interested in the community around them because the community matters to them.

They're people like you. Friends. Neighbors. Volunteers who want to make a difference. And they love to see the difference they make when they work together.

BENEFITS OF JOINING

Study after study shows that volunteering with an organization like Kiwanis does more than make people feel good. Volunteering enhances social networks, improves mental health and contributes to higher levels of happiness, self-esteem, self-worth and life satisfaction.

Volunteers develop life skills and leadership abilities that can lead to employment opportunities.

KIDS NEED KIWANIS

Kiwanis is the safety net that creates opportunities for children to be curious, safe and healthy regardless of the community in which they live.

Kiwanis is a positive influence in locations worldwide with a dream that all children will wake up in communities that believe in them, nurture them and provide the support they need to thrive.

***Remember, This is The Formula:
Love being a Kiwanian. Love your club.
Share it with others. Live it.***

Doing Good..... Feeling Good!

Calendar Of Events

March 9 **Poll Workers**
Delray Beach City Election

April 9-11..... 59th Annual
Delray Affair
(Club Fundraiser)



**Join our weekly ZOOM meetings,
every Wednesday at 8 am. It's easy-peasy!**



Feeding your body and mind as you age - Part 5 Overcome obstacles to eating well as you age

Let's face it, there's a reason why so many of us have trouble eating nutritiously every day. Sometimes it's just quicker or easier to eat unhealthy food. If you're having trouble getting started on a healthy eating plan, these tips can help:

Boost a low appetite

Check with your doctor to see if your loss of appetite could be due to medication, and whether the medication or dosage can be changed. Try natural flavor enhancers such as olive oil, butter, vinegar, garlic, onions, ginger, and spices to boost your appetite.

Cope with difficulty chewing

- Make chewing easier by drinking smoothies made with fresh fruit, yogurt, and protein powder.
- Eat steamed veggies and soft food such as couscous, rice, and yogurt.
- Consult your dentist to make sure your dentures are properly fitted.

Deal with a dry mouth

- Drink 8-10 glasses of water each day.
- Take a drink of water after each bite of food.
- Add sauces and salsas to moisten your food.
- Avoid commercial mouthwash.
- Ask your doctor about artificial saliva products.

But what if you just don't like healthy food?

None of us were born with a craving for French fries and donuts or an aversion to broccoli. This conditioning happens over time as we're exposed to more and more unhealthy food choices. However, it is possible to reprogram your brain's food cravings over time so that you crave healthier foods instead.

Commit to keeping an open mind. Just because a food is healthy, it doesn't mean it can't be tasty as well.

Don't change everything all at once. Add a side salad to your normal dinner, for example, or substitute unhealthy fries with baked sweet potato fries, or have a smaller portion of dessert and fill up with melon and pineapple slices.

Focus on how you feel after eating well—this will help foster new habits and tastes. The more healthy food you eat, the better you'll feel afterwards.

HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

*"Be grateful for what you have;
you'll end up having more. If you
concentrate on what you don't
have, you will never, ever have
enough."*



---- Oprah Winfrey



1. **Fact or Crap** - The Olympic flame was not introduced to the Games until 1928.

2. **Fact or Crap** - J.M. Barrie, author of Peter Pan was only five feet tall.

3. **Fact or Crap** - Tiger Woods Christian names are Eldrick Tont.

4. **Fact or Crap** - The panda bear does not hibernate.

5. **Fact or Crap** - An early term for a golf ball was featherie.

6. **Fact or Crap** - The emperor of Japan is the only emperor remaining on a throne in the world.

7. **Fact or Crap** - A group of ferrets is known as a business.

(Answers on Page 7)

Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on **"This Date in History"**. Here are a few interesting items from the past few weeks:



January 6:

1912, New Mexico became the 47th state.
 1941, President Franklin D. Roosevelt, in his State of the Union address, outlined a goal of "Four Freedoms": Freedom of speech and expression; the freedom of people to worship God in their own way; freedom from want; freedom from fear.
 1968, a surgical team at Stanford University School of Medicine in Palo Alto, California, led by Dr. Norman Shumway, performed the first U.S. adult heart transplant, placing the heart of a 43-year-old man in a 54-year-old patient (the recipient died 15 days later).
 1994, figure skater Nancy Kerrigan was clubbed on the leg by an assailant at Detroit's Cobo Arena; four men, including the ex-husband of Kerrigan's rival, Tonya Harding, went to prison for their roles in the attack.
 1998, in a new bid to expand health insurance, President Clinton unveiled a proposal to offer Medicare coverage to hundreds of thousands of uninsured Americans from ages 55 to 64.
 2017, Congress certified Donald Trump's presidential victory over the objections of a handful of House Democrats, with Vice President Joe Biden pronouncing, "It is over."

Birthdays:

Country musician Joey Miskulin (Riders in the Sky) is 72.
 World Golf Hall of Famer Nancy Lopez is 64.
 Rhythm-and-blues singer Kathy Sledge is 62.
 Actor Eddie Redmayne is 39.
 Retired NBA All-Star Gilbert Arenas is 39.
 Actor-comedian Kate McKinnon is 37.

January 13:

1733, James Oglethorpe and some 120 English colonists arrived at Charleston, South Carolina, while en route to settle in present-day Georgia.
 1794, President George Washington approved a measure adding two stars and two stripes to the American flag, following the admission of Vermont and Kentucky to the Union. (The number of stripes was later reduced to the original 13.)
 1941, a new law went into effect granting Puerto Ricans U.S. birthright citizenship. Novelist and poet James Joyce died in Zurich, Switzerland, less than a month before his 59th birthday.
 1982, an Air Florida 737 crashed into Washington, D.C.'s 14th Street Bridge and fell into the Potomac River while trying to take off during a snowstorm, killing a total of 78 people, including four motorists on the bridge; four passengers and a flight attendant survived.
 1992, Japan apologized for forcing tens of thousands of Korean women to serve as sex slaves for its soldiers during World War II, citing newly uncovered documents that showed the Japanese army had a role in abducting the so-called "comfort women."
 2005, Major League Baseball adopted a tougher steroid-testing program that would suspend first-time offenders for 10 days and randomly test players year-round.
 2010, Vice President Joe Biden became the first top U.S. official to visit Iraq since the country approved a new Cabinet; Biden emphasized to Iraqi leaders that the U.S. wanted nothing more than for Iraq to be free and democratic.
 2016, Three winning tickets split a world-record \$1.6 billion Powerball jackpot.

Birthdays:

Actor Frances Sternhagen is 91
 Actor Billy Gray is 83.
 Actor Kevin Anderson is 61.
 Actor Julia Louis-Dreyfus is 60.
 Country singer Trace Adkins is 59.
 Actor Patrick Dempsey is 55.

Actor Michael Pena is 45.
 Actor Orlando Bloom is 44.
 Actor Liam Hemsworth is 31.

January 20:

1265, England's first representative Parliament met for the first time.
 1887, the U.S. Senate approved an agreement to lease Pearl Harbor in Hawaii as a naval base.
 1937, President Franklin D. Roosevelt became the first chief executive to be inaugurated on Jan. 20 instead of March 4.
 1964, Capitol Records released the album "Meet the Beatles!"
 1981, Iran released 52 Americans it had held hostage for 444 days, minutes after the presidency had passed from Jimmy Carter to Ronald Reagan.
 1986, the United States observed the first federal holiday in honor of slain civil rights leader Martin Luther King Jr.
 2011, Federal authorities orchestrated one of the biggest Mafia takedowns in FBI history, charging 127 suspected mobsters and associates in the Northeast with murders, extortion and other crimes spanning decades.
 2015, Kathryn Smith was promoted by the Buffalo Bills to take over as special teams quality control coach, making her the NFL's first full-time female coach.
 2020, Chinese government experts confirmed human-to-human transmission of the new coronavirus, saying two people caught the virus from family members and that some health workers had tested positive.

Birthdays:

Former astronaut Buzz Aldrin is 91.
 Olympic gold medal figure skater Carol Heiss is 81.
 Rock musician Paul Stanley (KISS) is 69.
 Comedian Bill Maher (MAR) is 65.
 Actor Lorenzo Lamas is 63.
 Actor James Denton is 58.
 Actor Skeet Ulrich is 51.
 Country singer Brantley Gilbert is 36.

January 27:

1880, Thomas Edison received a patent for his electric incandescent lamp.
 1945, during World War II, Soviet troops liberated the Nazi concentration camps Auschwitz and Birkenau in Poland.
 1967, astronauts Virgil I. "Gus" Grissom, Edward H. White and Roger B. Chaffee died in a flash fire during a test aboard their Apollo spacecraft.
 1973, the Vietnam peace accords were signed in Paris.
 2006, Western Union delivered its last telegram.
 2010, Apple CEO Steve Jobs unveiled the iPad tablet computer during a presentation in San Francisco.
 2020, China confirmed more than 2,700 cases of the new coronavirus with more than 80 deaths in that country; authorities postponed the end of the Lunar New Year holiday to keep the public at home. U.S. health officials said they believed the risk to Americans remained low and that they had no evidence that the new virus was spreading in the United States; they advised Americans to avoid non-essential travel to any part of China.

Birthdays:

Actor James Cromwell is 81.
 Rock musician Nick Mason (Pink Floyd) is 77.
 R&B singer Nedra Talley (The Ronettes) is 75.
 Ballet star Mikhail Baryshnikov is 73.
 Chief U.S. Justice John Roberts is 66.
 Actor Mimi Rogers is 65.
 Political and sports commentator Keith Olbermann is 62.

AND...."If you're sitting in a bar this afternoon, like Jay and his friends will be doing....(Oh wait.....Bars aren't a good idea. Let's all join Jay at his house.... virtually....) and Actress Bridget Fonda joins us, we hope that you will buy her a drink, as she is 57 years old today.



Answering Machine Messages

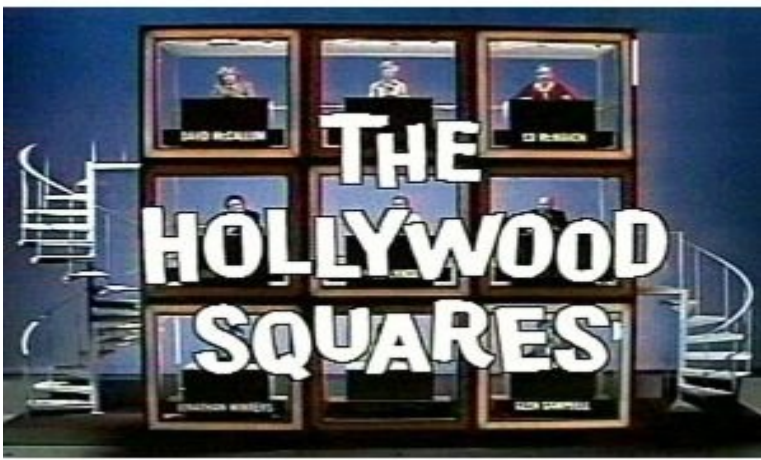
--- Don't you do it! Don't you dare! I don't want to hear it! Don't you beep! If you beep, I'll...don't even think about it!....Don't....!

--- This is the Metropolitan Opera Amateur Audition Hotline. After the tone, sing "Vesti la Giubba" and "La Donna e Mobile."

--- How do you leave a message on this thing? I can't understand the instructions. Hello. Testing 1 2 3. I wonder what happens if I touch this...YOW!!

#KIDSNEEDKIWANIS

KIDS NEED SUPPORT



Hollywood Squares is an American game show in which two contestants compete in a game of tic-tac-toe to win cash and prizes. The show piloted on NBC in 1965 and the regular series debuted in 1966 on the same network. The host asked a question to the stars and these answers are from the days when "Hollywood Squares" game show responses were spontaneous, not scripted, as they are now...

Q. Do female frogs croak?

A. Paul Lynde: If you hold their little heads under water long enough.

Q. If you're going to make a parachute jump, at least how high should you be?

A. Charley Weaver: Three days of steady drinking should do it.

Q. True or False, a pea can last as long as 5,000 years...

A. George Gobel: Boy, it sure seems that way sometimes.

Q. Paul, what is a good reason for pounding meat?

A. Paul Lynde: Loneliness!

(The audience laughed so long and so hard it took up almost 15 minutes of the show!)

Q. You've been having trouble going to sleep. Are you probably a man or a woman?

A. Don Knotts: That's what's been keeping me awake.

This Month's Sudoku Puzzle....



A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

Difficulty- Very Hard. Be sure to use a pencil!

		2					1	
4	7							
		6	7		2		3	
7			5	6		4		
			2		9			
		5		4	1			6
	9		8		4	1		
							6	8
	1					7		

(Answers on Page 8)

Answers.....

1. Fact. The modern convention of moving the Olympic flame.

2. Fact. He blamed his height for his inability to attract women although he did marry.

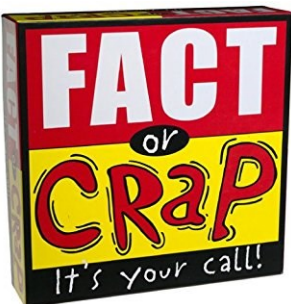
3. Fact. His nickname Tiger was given to him by a friend of his father.

4. Fact. The giant panda was unknown in the western world until 1869.

5. Fact. Its core was made of compressed feathers inside a leather outer.

6. Fact. Hirohito, known as Emperor Showna.

7. Fact. Its believed that ferrets have been domestic pets for at least 2500 years.



Visit our Website:

www.delraybeachkiwanis.org



If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@att.net

--- Thank you

The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.
 Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

2020-21 Kiwanis Int'l President:
 Arthur N. Riley
 Westminster, Maryland

2020-21 Florida Kiwanis Governor:
 Mary-Lynn Desjarlais
 Email: MLDesjarlais@gmail.com

2020-21 Division 21 Lt. Governor:
 Tom Ramiccio

Other Division 21 Clubs:

Boca Raton-1st & 3rd Thursdays, 4 p.m.
 Boca Raton Community Center Annex
 260 Crawford Blvd
 Boca Raton

Boynton Beach - Tuesdays, 12 Noon
 Bru's Room
 1333 N. Congress Ave
 Boynton Beach

Gold Coast Knights-1st & 3rd Wed., 7 p.m.
 Duffy's Sports Grill
 Linton Boulevard and Federal Highway
 Delray Beach

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
 Maddock Park
 1200 West Drew Street
 Lantana

Lake Worth - Tuesdays, 8 a.m.
 Too-Jays Restaurant
 419 Lake Avenue
 Lake Worth

Florida Kiwanis Foundation:

2020-21 President: Richard Leys
 Email:

Div. 21 Trustee: Tom Thayer
 E-mail: TomThayer@Earthlink.net



International President's Corner

Art Riley
President of Kiwanis International

Happy New Year! As we turn the page from a difficult 2020, we face a question: What will the Kiwanis footprint be in 2021? Clubs, districts and members have countless chances to make a positive impact on their communities. As you contemplate your New Year's resolutions, I encourage you to consider how you will leave a positive footprint.

It's essential that every member participate in Kiwanis' growth efforts. There are distinct ways to contribute. You can help open a new club. You can coach a club that wants to change its focus. You can ask a prospective member to join a service project.

Growth efforts also matter inside your own club. For example, encouraging members to become more active or assume new responsibilities. A club can also build a membership as diverse as the community it serves — and empower new members to contribute ideas and participate in leadership.

In fact, Kiwanis will put an emphasis on leadership in 2021. Kiwanis Amplify is an exciting new initiative that will elevate Kiwanis as a leadership-development organization. This will strengthen Kiwanis leadership and equip Kiwanians to assume community leadership roles. I hope you make it a point to join in on this initial year of Kiwanis Amplify or sponsor another Kiwanian to participate.

And remember: A positive footprint is not limited to growth and leadership. Your talents are needed in assisting Kiwanis Youth Programs, mentoring youth, building Kiwanis partnerships, promoting the image of Kiwanis, expanding service and helping Kiwanians navigate technology.

In the year ahead, Kiwanis must work to lessen the effects of the pandemic. Let's plant footprints that will transform our organization as we serve a new generation of children.

Sudoku Puzzle...Answers

3	8	2	4	9	5	6	1	7
4	7	9	1	3	6	2	8	5
1	5	6	7	8	2	9	3	4
7	3	1	5	6	8	4	9	2
8	6	4	2	7	9	3	5	1
9	2	5	3	4	1	8	7	6
6	9	7	8	5	4	1	2	3
2	4	3	9	1	7	5	6	8
5	1	8	6	2	3	7	4	9



**BE THE PERSON YOU
 NEEDED WHEN YOU
 WERE YOUNGER.**



From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!

