

The Sunriser



The Kiwanis Club of Delray Beach - Sunrise

"Where Ordinary People Provide Extraordinary Service" - Celebrating 37 Years of Service

Meets for Breakfast Every Wednesday, 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, FL. 33445

2010-2011 Officers

President: Brian Shutt
561-243-7091

Pres. Elect: Jeff Goldman
561-441-0242

Vice-President: Ben Ruby

Secretary: Barbara Schooler
561-271-6649

Treasurer: Dale Morrison
561-278-1002

Immediate Past President:
Carlene Laseter

2010-2011 Bd. of Directors

Doug Martin, Ben Bassford, Susan Ruby,
Jean Antin, Terrill Pyburn, Ben Ruby,
Alberta G. Rickard

2010-2011 Committee Chairs

*Community Service:

AVDA - Jean Antin
Thanksgiving-Jay Alperin
Jeff Goldman

*Club Meetings: Jay Alperin

*Fund Raising:

Delray Affair- Brian Shutt
Golf Tourney-
Glo-Ball- Bob Barcinski
Cruise - Alberta Gaum Rickard

*Interclubs: Steve Rubin

*Membership: Terrill Pyburn

*Newsletter/Website:

Scott Youngberg

*Programs: Ezra Krieg

*Social Activities:

President & President Elect

*Spiritual Aims:

Scott Youngberg, Ray Osterlund

*Youth Services:

BUGS - Doug Martin, Carlene Laseter,
Ernie Galinis

Scholarship - Doug Martin, Neil Rosen
Key Club-Neil Rosen,
Jeff Goldman

Volume 2011, Issue 7

July, 2011

Employers Can Help Employees Financial Stress by Using CCMS



Bill Wood

It is estimated that 30 million American workers (or 1 in 4 working adults) are seriously financially distressed and dissatisfied with their personal finances, the #1 cause of stress in the workplace. Bill Wood, the development coordinator for Consumer Credit Management Services, Inc. presented this topic at our July 8th meeting. People at all income levels experience distress about financial matters. Employees who are stressed about their personal finances, who are not making good money and credit management decisions and who have not wisely selected among employer provided benefits cost their employers between \$450 and \$2,100 annually. This is wasted employer money.

Financially distressed workers spend time at work worrying about personal finances and dealing with financial issues instead of performing on the job. A Virginia Tech Study suggested some employees spend as much as 27 hours every month.

A large proportion of those who are financially distressed, 40% to 50%, report that their health is directly impacted-negatively-by their financial worries and problems. Health problems caused by financial distress cost employers big money. Examples of other direct costs are absenteeism, short-term disability, turnover, wage garnishments, and accidents. Employers have a large stake in employee financial literacy. Why? Because increasing employee financial literacy improves employer profits. It is that simple.

(Continued -
See **Counseling**, Page 2)

Jay & Ray's Excellent Adventure

Jay Alperin and Ray Osterlund recently took a trip with their wives to Egypt (right before the riots), and presented a terrific slide show of all the sights.



For the presentation, they both wore authentic galabias and a polo shirt with their name in hieroglyphics. More pictures can be seen on Page 10.



Visit our Website:

www.delraybeachkiwanis-sunrise.org

Healthy Mothers, Healthy Babies Get Help For High Risk Families



Brent Winans

Brent Winans gave us a great overview of this organization's mission at our June 22nd meeting. **Healthy Mothers, Healthy Babies (HMHB)** strive to improve birth outcomes, promote healthy families and build healthy communities by providing cooperative community-oriented programs to the residents of Palm Beach County.

term labor, postpartum conditions as well as breast-feeding.

HMHB Service Coordinators make fathers and mothers aware of how they can contribute to the health of their relationship as well as the pregnancy. They ingrain in both parents that they bear great responsibility for the health of the baby that will be born.

HMHB Prenatal Outreach staff target at-risk and hard-to-reach women and encourage them to obtain regularly scheduled prenatal care. The program provides referrals to appropriate social services where applicable and provides classes in childbirth for Palm Beach County residents.

The HMHB offices are strategically located across Palm Beach County, including a Mobile Outreach Van- that services as a mobile office - allowing for access into areas where there is little or no-transportation. Any individual or organization can refer a pregnant woman or teen residing in Palm Beach County to HMHB. All pregnant teens and women residing in Palm Beach County are eligible for free services. For more information, go to www.hmhbpbcc.org.

As the ENTRY AGENCY for The Healthy Beginnings Program, HMHB provides screening and assessment services for pregnant teens and women, who may need to be linked to prevention and early intervention programs.

To assure that babies are born healthy, HMHB assists expectant women in Palm Beach County in accessing early and consistent prenatal care. They also make certain that women of childbearing ages are educated about pre-conceptual health, pregnancy and post partum issues. These mothers learn about the development of the fetus, the importance of folic acid, normal discomforts of pregnancy, warning signs in pregnancy, toxemia, pre-

Counseling From Page 1

A national award-winning research study by Dr. So-hyun Joo concluded that employers increase profits by \$450 annually for each employee who slightly improves his or her financial behaviors. The return comes from reduced absenteeism and less work time used dealing with personal financial matters. Importantly, financially literate employees typically enjoy better health.

CCMS hopes this information will encourage employers to provide to their employees access to resources, education, counseling, and advice to decrease their stress about money matters and improve their financial lives. CCMS provides basic financial counseling and education at no cost to the employee or the employer. For more information, go to www.debt-mgt.org.



FACT: The average American consumes 40 tons of food in a life time.

Did You Know: There are more organs in your digestive system than in any other system. Two-thirds of all your body parts are found in the digestive system... In addition, 75% of your immunity is located in the digestive system.

A WOMEN'S PLACE

Barbara Walters, of 20/20, did a story on gender roles in Kabul , Afghanistan, several years before the Afghan conflict.

She noted that women customarily walked five paces behind their husbands. She recently returned to Kabul and observed that women still walk behind their husbands. Despite the overthrow of the oppressive Taliban regime, the women now seem happy to maintain the old custom. Ms Walters approached one of the Afghani women and asked, 'Why do you now seem happy with an old custom that you once tried so desperately to change?' The woman looked Ms Walters straight in the eyes, and without hesitation said, "Land mines."

Moral of the story is (no matter what language you speak or where you go):

BEHIND EVERY MAN, THERE'S A SMART WOMAN



Membership

Terrill Pyburn - Chairperson



**Please Welcome
Our Newest
Member.....**

Mary Minieka



Mary was born and raised in Chicago. She then went to study art in New York City, receiving a BFA in drawing. After graduating, she held various positions in creative fields that included shoe designing and several years at a Madison Avenue advertising agency.

She returned to school to get a degree in mortuary science. In 2006 she moved to Delray Beach where she is an active citizen and now a happy, yet somewhat clueless Kiwanis member!

(Ed. Note: Most of our members are clueless Mary, so you fit right in. **Welcome to the club! We are glad to have you as a member.**)

Just because someone doesn't love you the way you want them to, doesn't mean they don't love you with all they have.

Ralph and Edna were both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Ralph suddenly jumped into the deep end. He sank to the bottom of the pool and stayed there.

Edna promptly jumped in to save him. She swam to the bottom and pulled him out. When the Head Nurse Director became aware of Edna's heroic act she immediately ordered her to be discharged from the hospital, as she now considered her to be mentally stable.

When she went to tell Edna the news she said, 'Edna, I have good news and bad news. The good news is you're being discharged, since you were able to rationally respond to a crisis by jumping in and saving the life of the person you love... I have concluded that your act displays sound mindedness.

The bad news is, Ralph hung himself in the bathroom with his bathrobe belt right after you saved him. I am so sorry, but he's dead.'

Edna replied, 'He didn't hang himself, I put him there to dry. How soon can I go home?'

Happy Mental Health Day!

You can do your bit by remembering to send this to an unstable friend... I've done my part!!!

OTHER DOINGS.....



Our club received a Thank you letter from Hospice by the Sea for our donation in memory of Julian Woodall.

\$\$\$ Happy Dollars \$\$\$



Birthdays:

- July 2 - Steve Rubin
- July 9 - Patsy Jones
- July 11 - Maggie Woodall

Wedding Anniversaries:

- July 23 - Bob & Betty Hagel

Membership Anniversaries:

None

June 1st Meeting: We were happy to welcome **Mary Minieka** to our club. Her sponsor **Alberta Rickard** put in a dollar for that and **Priscilla Sabates** was happy that she is no longer the newest member. **Maggie Woodall** thanked everyone for their support during her husband's illness. **Carlene Laseter** was happy that school was over. **Jean Antin** is celebrating her Son and daughter's birthday. **Ray Osterlund's** grandson is visiting for the summer and **Ernie Galinis's** son was also visiting. **Neil Rosen** thanked the club for their support of the Key Club. **Jay Alperin** was going to visit his grand son's in North Carolina. Everyone else was just happy.

June 8th Meeting: **Jay Alperin** survived his three grand-sons. **Bob Barcinski's** daughter got a job and **Ben Ruby** was proud to announce that he and Bob B. won 1st place in golf. **Susan Ruby** is a new grandmother. **Terrill Pyburn** was happy we didn't scare off **Mary Minieka** and Mary is still not sure yet. (Can't blame her-we do get crazy at times). **Vince Canning & Sheldon Stern** from the Noontime club are always happy. **Ezra Krieg** gave a "non-happy" dollar for the Heat losing. **Ray Osterlund** put in his late dollar. **Doug Martin** is going on vacation with wife Jody & 22 of her relatives...He's hoarding Vodka for the trip.

June 15th Meeting: **Ray Osterlund** was happy he was not meeting at the Sunrise Kiwanis in Cairo. **Terrill Pyburn's** boyfriend met Dad the other day & all's well. **Jean Antin** is going to New York and will be back July 6th. **Carlene Laseter** announced it's 1 boy & 1 girl! (New grandkids coming). **Mary Minieka** was happy to be here. **Vince Canning** was happy there were no more basketball games to watch. **Ezra Krieg** gave 2 dollars for Carlene looking good for expecting 2 kids. Everyone else was "just" happy.

June 22nd Meeting: **Ezra Krieg** announced that he wouldn't be here next week, he is going to Buenos Aires. We all put a dollar in for Ezra not being here....Well almost everyone...(Just kidding!). **Mary Minieka** is happy to be a citizen of Delray Beach and with the police department because they found her cell phone. **Barbara Schooler** is going on a cruise and **Ray Osterlund** was celebrating the first day of summer. **Dale Morrison** got tickets for the final Space Shuttle launch. **Jay Alperin** was happy to be going to the Bahamas fishing. **Vince Canning** said he would be happy if we gave him change. Everyone else was "just" happy.

June 29th Meeting: Well, this was a Historic Meeting! The word must have gone out that **Ezra Krieg** wasn't going to be here, and we only had 10 people show up. We filled one table, and the two late comers who shall not be named (their initials are T.P. and S.R.) had to sit at the "naughty" table by themselves. President Brian, working off an agenda dated sometime a year ago, forgot to do happy dollars. Maybe he felt sorry for the small turnout. We were happy to have **Ray Osterlund** fill in for Ezra's "This Day in History" segment. He did an admirable job!



Interclubs

Steve Rubin, Chairman



Greetings and Happy Father's Day!

Just reporting on a successful Interclub at the Gold Coast Knights on June 16, 2011. Thanks to **Carlene Lassiter, Jean Antin,** and **Barb Schooler** for attending.

The Gold Coast Knights ("Club") meets every other Thursday evening at 7 PM at the Deerfield Executive Club ("DEC") which is next to the Deerfield Beach Hilton. Many of the Club's members are teachers and they find it very convenient to meet in the evening. Because one of the Club's members is also a member of the DEC, the Club is allowed to meet at the private DEC without charge, and meals are not a Club expense as each member orders a meal directly from the DEC. A drawback is that the Club meeting is conducted in a restaurant type atmosphere, and there is quite a bit of background noise during the meeting. In fact, there was so much noise that we could not hear one word of the presentation. Instead, we heard a middle aged male DEC member at the bar explain how he used to be able to drink a six pack of beer and then enjoy the evening, and now when he drinks a six pack, all he does is urinate all night. Very educational.

Thanks.
Respectfully, Steve

Should a Child Witness Birth?

Here's your answer.

Due to a power outage, only one paramedic responded to the call. The house was very dark so the paramedic asked Matthew, a 5-yr old boy to hold a flashlight high over his mommy so he could see while he helped deliver the baby. Very diligently, Matthew did as he was asked. Heidi pushed and pushed and After a little while, Connor was born. The paramedic lifted him by his little feet and spanked him on his bottom.

Connor began to cry.

The paramedic then thanked Matthew for his help and asked the wide-eyed 5-yr old Mathew what he thought about what he had just witnessed.

Matthew quickly responded, "He should'n't have crawled in there in the first place.....spank his ass again!"

Did You Know.....?

**Kiwanis International's
10-30 Year Planning Horizon
~ Core Ideology & Envisioned Future ~**

Core Ideology

Core Purpose: To improve lives through fellowship in service worldwide.

Core Values:

- Committed to KI Objects.
- Embraces diversity.
- Committed to clubs as primary outlet for service and fellowship.
- Dedicated to serving children, families, and communities worldwide.
- Open to the exchange of ideas.
- Responsive to member needs.
- Committed to developing youth and adult leaders.

Envisioned Future

Vision:

Kiwanis, a million members strong by our 100th Anniversary in 2015, will be the most effective adult and youth volunteer service organization worldwide.

A Vivid Description of the desired future:

- Kiwanis has one million members.
- KI is recognized as a powerful voice for children.
- Kiwanis reflects the diversity of the communities it serves.
- A worldwide service project has been successfully executed impacting every community worldwide.
- The KI Foundations are able to respond to emergency relief and charitable activities worldwide.
- A dynamic regional structure is established to support clubs and members worldwide.
- IDD is eliminated.
- Kiwanis is recognized as the foremost organization in developing youth leaders.
- KI's leadership is effective and trusted.
- All levels of Kiwanis are mission driven.
- Every community worldwide has a K Club and is recognized for service and fellowship.
- KI is actively working with governments, public authorities, and other entities in serving children worldwide.

Visit Our New Website

Our club's website has lots of useful information!
And it gets updated almost every week.

Any and all comments, suggestions are welcomed.

Check it out at:

www.delraybeachkiwanis-sunrise.org



KIWANIS CLUB OF DELRAY BEACH – SUNRISE PRESENTS THE 28th ANNUAL ED LONIE & HY SEIGEL MEMORIAL GOLF TOURNAMENT



******* UPDATE *******



KIWANIS CLUB OF DELRAY BEACH – SUNRISE

PRESENTS THE 28th ANNUAL ED LONIE AND HY
SEIGEL MEMORIAL GOLF TOURNAMENT

SATURDAY – SEPTEMBER 10th, 2011 – 8:00 AM
RAIN DATE SUNDAY – SEPTEMBER 11th, 2011 – 8:00 AM
SHOTGUN START – FOUR PERSON SCRAMBLE FORMAT
DELRAY BEACH GOLF CLUB
2200 HIGHLAND AVENUE

Entry Fee of \$75.00 Per Player
Includes Refreshments on the Course, Great Lunch and Cash Prizes.
Loads of Great Prizes, Closest to the Pin, Longest Drive, and a
\$ 10,000.00 Hole-in-One Cash Prize + 3 additional Hole-in-One Prizes

Although it is still quite awhile before our September 10th Golf Tournament, the following is a status report:

Hole Sponsorship:

Received = 3,
Most Probable = 8
Total = 11

Teams:

Received = 2,
Most Probable = 6
Total = 8

Prizes:

Received = 2,
Most Probable = 18
Total = 20

We need 20 Hole Sponsors, 20 Teams, and 30 Prizes!

Vince Canning announced at our June 22nd meeting that the Noon-Time club will be assisting.

List of volunteers so far:

- Doug Martin Goodie Bags
- Steve Rubin Out on the course
- Patsy Jones Menu & Goodie Bags
- Alberta Gaum Out on the course
- Ben Ruby Sign-in desk, Hole in one signs.
- Upgrade annual sign.
- List of hole sponsor names for Sponsor Board & Tables.
- List of Golfer names to B. Krews.
- Prizes to golf course.
- Money collected to Dale.

Name Phone #

Player #1 _____

Player #2 _____

Player #3 _____

Player #4 _____

The Fee to sponsor a hole is \$ 100.00. Please attach your Business Card with payment. All sponsors' business cards will be displayed on our Sponsor's Board at the Golfer's sign-in desk, and a list of sponsor names will be placed on each table at the luncheon denoting your support. Rather than sponsoring a hole, perhaps you could donate a prize to go to the golf participants, which would be greatly appreciated.

Sponsor's Name _____ Phone # _____

Prize Donation Name _____ Phone # _____

PROCEEDS FROM THIS EVENT ALLOW THE KIWANIS CLUB OF DELRAY BEACH SUNRISE TO DONATE MUCH NEEDED MONIES TO LOCAL SCHOOLS FOR SCHOLARSHIPS, SUPPLIES, ETC..

Please make checks payable to: "Delray Beach Kiwanis Sunrise," and they can be mailed to: P.O. Box 7083, Delray Beach, Fl 33482-7083.

For more information, please call **Ben Ruby at (561) 266-9509**, or Delray Beach Golf Club at 243-7381. Thank you for your support!

We still need 2 volunteers for out on the course, and we still need at least 3 volunteers for the sign-in desk.
Photos?
Relief Cart?

Sincerest Regards,
Ben Ruby



Krieg's Korner

As a regular feature of our weekly meetings, Ezra Krieg brings us up to date with what happened on "This Date in History".

Here are a few interesting items from the past few weeks:

June 1st:

- 1533** Anne Boleyn, the second wife of King Henry VIII, was crowned Queen Consort of England.
- 1792** Kentucky became the 15th state.
- 1796** Tennessee became the 16th state.
- 1801** Mormon leader Brigham Young was born in Whitingham, Vt.
- 1925** Baseball Hall of Famer Lou Gehrig's streak of playing in 2,130 consecutive games began when he entered a game as a pinch hitter for the New York Yankees.
- 1926** Actress Marilyn Monroe was born Norma Jeane Mortensen in Los Angeles.
- 1958** Charles de Gaulle became premier of France.
- 1980** CNN made its debut.

Birthdays:

- Andy Griffith, Actor, turns 85
- Pat Boone, Singer, turns 77
- Morgan Freeman, Actor, turns 74
- Jonathan Pryce, Actor, turns 64
- Ron Wood, Rock musician (Rolling Stones), turns 64
- Powers Boothe, Actor, turns 63
- Lisa Hartman Black, Actress, turns 55
- Alanis Morissette, Rock singer, turns 37

June 8th:

- 632** The Prophet Mohammed died in Medina.
- 1861** Tennessee seceded from the Union.
- 1864** Abraham Lincoln was nominated for a second term as president at the Republican Party convention in Baltimore.
- 1948** The "Texaco Star Theater" made its debut on NBC-TV with Milton Berle as guest host.
- 1968** Authorities announced the capture in London of James Earl Ray, the suspected assassin of civil rights leader Martin Luther King Jr.
- 1995** U.S. Marines rescued Capt. Scott O'Grady, whose F16-C fighter jet had been shot down by Bosnian Serbs on June 2.

Birthdays:

- Barbara Bush, Former first lady, turns 86
- Jerry Stiller, Actor, comedian ("Seinfeld"), turns 84
- Joan Rivers, Comedian, turns 78
- Nancy Sinatra, Singer, turns 71
- Boz Scaggs, Rock singer, turns 67
- Keenen Ivory Wayans, Actor, director, turns 53
- Julianna Margulies, Actress ("The Good Wife," "ER") turns 44
- Lindsay Davenport, Tennis player, turns 35

June 15th:

- 1775** George Washington was appointed head of the Continental Army.
- 1836** Arkansas became the 25th state.
- 1844** Charles Goodyear received a patent for a process to strengthen rubber.
- 1864** Secretary of War Edwin M. Stanton signed an order establishing a military burial ground, which became Arlington National Cemetery.
- 1904** More than 1,000 people died when fire erupted aboard the steamboat General Slocum in New York City's East River.
- 1923** Baseball Hall of Famer Lou Gehrig made his major league debut with the New York Yankees.
- 1969** The variety show "Hee Haw" premiered on CBS.
- 1992** Vice President Dan Quayle erroneously instructed a Trenton, N.J., elementary school student to spell potato as "potatoe" during a spelling bee.
- 1994** Israel and the Vatican established full diplomatic relations.



June 15th (Con't):

2007 Bob Barker ended his 35-year run as host of the CBS game show "The Price Is Right."

Birthdays:

- Mario Cuomo, Former governor of New York, turns 79
- Billy Williams, Baseball Hall of Famer, turns 73
- Mike Holmgren, Football coach, turns 63
- Jim Belushi, Actor, comedian ("According to Jim"), turns 57
- Robert McDonnell, Governor of Virginia, turns 57
- Julie Hagerty, Actress ("Airplane!"), turns 56
- Wade Boggs, Baseball Hall of Famer, turns 53
- Helen Hunt, Actress ("Mad About You"), turns 48
- Courtney Cox, Actress ("Friends," "Cougar Town") turns 47
- Ice Cube, Actor, rapper, turns 42
- Neil Patrick Harris, Actor ("Doogie Howser, M.D.") turns 38

June 22nd:

- 1815** Napoleon Bonaparte abdicated for the second time.
- 1868** Arkansas was re-admitted to the Union.
- 1870** Congress created the Department of Justice.
- 1938** Heavyweight boxing champion Joe Louis knocked out Max Schmeling of Germany in the first round of their rematch in New York City's Yankee Stadium.
- 1944** President Franklin D. Roosevelt signed the GI Bill of Rights, authorizing a broad package of benefits for World War II veterans.
- 1945** The World War II battle for Okinawa ended; 12,520 Americans and 110,000 Japanese were killed in the 83-day campaign.
- 1981** Mark David Chapman pleaded guilty to killing rock musician John Lennon.

Birthdays:

- Ralph Waite, Actor ("The Waltons"), turns 83
- Kris Kristofferson, Country singer-actor, turns 75 years
- Peter Asher, Singer (Peter and Gordon), turns 67
- Meryl Streep, Actress, turns 62
- Lindsay Wagner, Actress ("The Bionic Woman"), turns 62
- Cyndi Lauper, Singer, turns 58
- Dan Brown, Author ("The Da Vinci Code"), turns 47
- Kurt Warner, Football player, turns 40

June 29th:

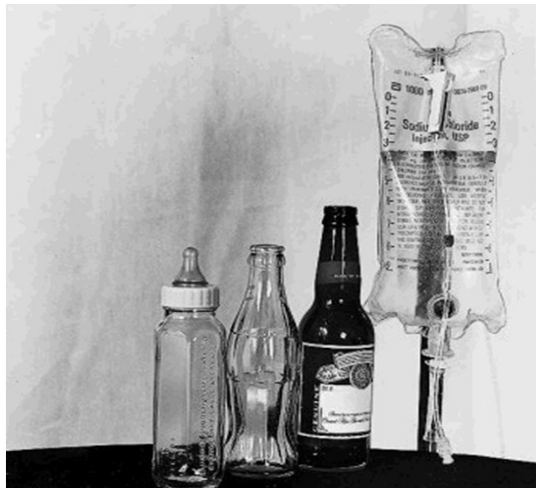
- 1967** Actress Jayne Mansfield, 34, and two male companions died when their car struck a trailer truck east of New Orleans.
- 1972** The Supreme Court ruled the death penalty could constitute "cruel and unusual punishment."
- 2002** President George W. Bush transferred presidential powers to Vice President Dick Cheney for more than two hours during a routine colon screening that ended in a clean bill of health.
- 2004** Randy Johnson of the Arizona Diamondbacks became the fourth pitcher in major league history to record 4,000 career strikeouts.
- 2006** The Supreme Court ruled 5-3 that President George W. Bush's plan to try Guantanamo Bay detainees in military tribunals violated U.S. and international law.
- 2007** The Apple iPhone went on sale.
- 2009** Financier Bernard Madoff received a 150-year sentence for his multibillion-dollar fraud.

Birthdays:

- Harmon Killebrew, Baseball Hall of Famer, turns 75 years
- Gary Busey, Actor, turns 67
- Richard Lewis, Comedian, turns 64
- Sharon Lawrence, Actress ("NYPD Blue") turns 50 years

AND....."If you're sitting in a bar this afternoon, like Jay and his friends will be doing...." and Dan Dierdorf, Football Hall of Famer comes in, We hope that you will buy him a "Hut-Hut-Hut Brewski" as he is 62 years old today.

The Four Stages of Life



50/50 Winners:
Here are the holders of the "Winning Tickets" for last month:



- June 1 - Carlene Laseter**
- June 8- Ben Ruby**
- June 15 - Brian (I had to leave early) Shutt**
We gave it to AVDA.
- June 22 - Barbara Schooler**
- June 29 - Carlene Laseter**

PUBLIC SERVICE ANNOUNCEMENT

Very Interesting Anecdotes / Trivia (Part 1)

If you are right handed, you will tend to chew your food on the right side of your mouth. If you are left handed, you will tend to chew your food on the left side of your mouth.

To make half a kilo of honey, bees must collect nectar from over 2 million individual flowers.

Heroin is the brand name of morphine once marketed by 'Bayer'.

Tourists visiting Iceland should know that tipping at a restaurant is considered an insult!

People in nudist colonies play volleyball more than any other sport.

Albert Einstein was offered the presidency of Israel in 1952, but he declined.

Astronauts can't belch - there is no gravity to separate liquid from gas in their stomachs.

Ancient Roman, Chinese and German societies often used urine as mouthwash.

The Mona Lisa has no eyebrows. In the Renaissance era, it was fashion to shave them off!

Because of the speed at which Earth moves around the Sun, it is impossible for a solar eclipse to last more than 7 minutes and 58 seconds.

The night of January 20 is "Saint Agnes's Eve ", which is regarded as a time when a young woman dreams of her future husband.

Google is actually the common name for a number with a million zeros.

Your tongue is the only muscle in your body that is attached at only one end.

If you stop getting thirsty, you need to drink more water. When a human body is dehydrated, its thirst mechanism shuts off.

Each year 2,000,000 smokers either quit smoking or die of tobacco-related diseases.

Zero is the only number that cannot be represented by Roman numerals.

Kites were used in the American Civil War to deliver letters and newspapers.

And last but not least

In 2011, July has 5 Fridays, 5 Saturdays, and 5 Sundays. This apparently happens once every 823 years! This is called 'money bags'.

Watch for Part 2 next month!

Calendar Of Events

July 21 - Inter Club - Delray Noon-Time Club
12:15 P.M., Duffy's Sports Grill
1750 S. Federal, Delray Bch.

August 18 - Inter Club - Boca Raton Club
7:30 a.m., Boca Train Depot
747 S. Dixie, Boca Raton

August 25-28 - District Convention
Marco Island Florida Resort & Spa
Marriott



September 10 - 28th ANNUAL ED LONIE & HY SEIGEL MEMORIAL GOLF TOURNAMENT
7:30 a.m., Delray Beach Golf Club
2200 Highland Ave, Delray Beach



Upcoming Meeting Programs

- July 6 Another Look at the Presidents
- July 13 Girl Scouts
- July 20 Hypnotherapy
- July 27 Credit Card Fraud
- August 3 Kiwanis Bored Meeting
- August 10 Literacy Coalition
- August 17 Tentative: Best Foot Forward Foundation
- August 24 Tentative: Spirit of Giving Volunteer Prg.
- August 31 Kiwanis Bored Meeting
- September 7 Horses and Handicapped
- September 14 Delray Beach Library
- September 21 Literacy Coalition
- September 28 Kiwanis Bored Meeting
- October 5 The Arc
- October 12 Tentative: Wayside House
- October 19 Tentative: Family Promise
- October 26 Kiwanis Bored Meeting
- November 2 Tentative: Collaborative Divorce Team

Please contact Ezra Krieg, 954-260-8838 if you have a program idea for our meetings.

The Delray Beach-Sunrise Kiwanis Club was Chartered in 1973 and is operating in Division 21 of the Florida District

2010-11 Kiwanis International President:
Sylvester Neal

2010-11 Florida Kiwanis Governor:
Thomas M. Ramiccio

2010-11 Division 21 Lt. Governor:
Chet Taras

Other Division 21 Clubs:

- Boca Raton**-Thursdays, 7:30 a.m.,
Boca Raton Train Depot
747 S. Dixie Hwy., Boca Raton
- Boynton Beach**-Tuesdays, 12 Noon,
Duffy's Sports Grill
4746 N. Congress Ave., Boynton Beach
- Delray Beach**- Thursdays, 12:15 p.m.,
Duffy's Sports Grill
1750 South Federal Highway
Delray Beach 33483
- Gold Coast Knights**-1st & 3rd Thurs., 7 p.m.,
Deerfield Country Club
50 Fairway Drive, Deerfield Beach
- Green Acres** - Wednesdays, 12 Noon,
Palm Beach National Golf & CC
Nassau Road
Lake Worth, 33467
- Hypoluxo-Lantana** - Tuesdays, 7:00 a.m.
Maddock Park
1200 West Drew Street
Lantana, Florida 33462
- Lake Worth** - Tuesdays, 8 a.m.,
TooJays Restaurant
419 Lake Avenue, Lake Worth
- Palm Springs** - Tuesdays, 7:15 a.m.
Perkins
2585 S. Military Trail
West Palm Beach, FL

Governor's Message

by Thomas M. Ramiccio, Florida Kiwanis Governor



The summer heat is here and our service hours and membership are increasing slightly. Let's take time over the summer months to increase our focus on the individual member. Ask yourself these questions: Are our meetings informative and interesting? Do our service projects meet the needs of our members and our communities? If members miss a meeting, do we call them and tell that they were missed?

Focusing on the members needs is important. Don't lose sight of the fact that every new member must have an orientation and proper induction. Make it an honor to be inducted into Kiwanis. Assign new members to a committee and stay focused on "SERVICE." Involved members are active and committed members. Meaningful service and fellowship is what defines Kiwanis.

CLE (Club Leadership Education) training will be completed by the end of this month. Club members should be asking the incoming President to educate the club about the goals and objectives for the 2011-2012 year. Governor-elect Eddie Lee has worked hard to formulate his plan of action.

Everyone should be making plans for our District Convention in Marco Island. This year's convention will be one of the best. We have planned exciting educational opportunities and lots of fun in store for you as well. Don't delay and register today.

105 Florida Kiwanians and I are looking forward to our International Convention in Geneva. I will keep everyone posted on what happened in Geneva.

Yours in service, Tom Ramiccio, Governor 2010-2011



Sheer Nightgowns Can Be Fatal

A husband walks into Victoria's Secret to purchase a sheer negligee for his wife. He is shown several possibilities that range from \$250 to \$500 in price -- the more sheer, the higher the price.

He opts for the sheerest item, pays the \$500, and takes it home. He presents it to his wife and asks her to go upstairs, put it on, and model it for him.

Upstairs, the wife thinks (she's no dummy), "I have an idea ... it's so sheer that it might as well be nothing. I won't put it on, I'll do the modeling naked, return it tomorrow, and keep the \$500 refund for myself." She appears naked on the balcony and strikes a pose.

The husband says, "Good Grief! You'd think for \$500, they'd at least iron it!"

He never heard the shot.

Funeral is on Thursday at Noon. The coffin will be closed.

If you have something for the newsletter, please send it to Scott Youngberg via E-mail:

esysy@comcast.net Thank you



From Ben Bassford's Camera.....

Trusty photographer Ben and a helper or two are giving us some great memories from recent meetings and events. ENJOY!



Ben Bassford



"Now, how do you do this?"



Jay Alperin & Alberta Rickards Inducing Mary



Vince Canning & Sheldon Stern from the Noontime club



Priscilla's saying "Where's my shirt?"



Bill Wood....."I wish I was back at Rotary"



"OK Ladies.....No Men allowed at our table.....Right?"



Ray doing his Ezra impression



"And people think I have clothes on under this"



Spotted this guy during breakfast. Terrill wanted to sign him up!

More Pics of Ray & Jay's Excellent Adventure.....

