

Save the **DATE!**

# The Sunriser



"Swing for Kids"  
Charity Golf Classic  
September 14th

## The Kiwanis Club of Delray Beach

*Where Ordinary People Provide Extraordinary Service" - Celebrating 45 Years of Service*

Meets for Breakfast Wednesday's (except the 1st Week), 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl.  
And the 1st Thursday, 6:00 pm, Tim Finnegan's Irish Pub, 2885 S. Federal Hwy (South of Linton), Delray Beach, Fl.

### 2018-2019 Officers

- President, July:**  
Alberta Rickard
- Secretary:** Barbara Schooler  
561-271-6649
- Treasurer:** Dale Morrison  
561-278-1002
- Immediate Past President:**  
Peggy Kelleher

### 2018-2019 Bd. of Directors

- Carlene Laseter, Susan Ruby,  
Ben Ruby, Doug Martin,  
Alberta G. Rickard, David Freeburn  
Jay Alperin

### 2018-2019 Committee Chairs

- \*Community Service:**  
**AVDA** - Dianie Alperin, Ben Ruby  
**Thanksgiving** - Ezra Krieg  
**Police Appreciation** - Ezra Krieg,  
Peggy Kelleher
- \*Club Meetings:** Jay Alperin
- \*Fund Raising:**  
**Delray Affair** - Carlene Laseter  
**Golf Tourney** - Scott Youngberg  
**Glo-Ball** - Bob Barcinski
- \*Interclubs:** Steve Rubin
- \*Membership:** Carlene Laseter
- \*Newsletter/Website:**  
Scott Youngberg
- \*Programs:** Ezra Krieg
- \*Social Activities:**  
President & President Elect
- \*Spiritual Aims:** Doug Martin
- \*Youth Services:**  
**Scholarship** - Jack Foley,  
Dale Morrison  
**Terrific Kids** - Peggy Kelleher,  
Lisa Lee

- Key Club/Builders Club -**  
American Heritage - Tony Marazita  
Atlantic High School - Stacy Brody  
Unity School - Stacy Brookman

### Volume 2019, Issue 7

### July, 2019

## Protecting Innocence Through Technology



Our program on June 12th was presented by Glenn Pounder, the Director of Programs for the Child Rescue Coalition.

"With the amplification of the internet and digital technologies, the

circulation of Child Pornography – a term used to describe the sexual exploitation of children – has exploded worldwide." And research shows that 85% of online offenders are hands-on abusers of children in real life.

Child Rescue Coalition is a nonprofit organization that rescues children from sexual abuse by building technology for law enforcement, free of charge, to track, arrest and prosecute child predators.

They collaborate with a global force of child exploitation investigators, police officers, digital forensic experts, child welfare agencies and donors to rescue children and apprehend abusers in real time.

More than 10,000 law enforcement officers in all 50 U.S. states and over 90 countries use their technology to target and apprehend predators who are most likely to sexually abuse children. And their efforts to protect children are working. Using their tool, police have rescued more than 2,500 children from sexual exploitation and abuse, and has led to the arrests of more than 10,700 dangerous predators across the globe.

For more information, go to [www.childrescuecoalition.org](http://www.childrescuecoalition.org).



## It's All Happening at the Library

Our speaker on June 26th was Kae Jonsons, Director of Development of the Delray Beach Public Library. It's amazing what the library has to offer. There's something for people of all ages.

The Library's mission is to enrich the lives of the individuals of Delray Beach's diverse communities and provide support to local businesses by creating and sustaining superior public library services through responsive staff, dynamic collections, effective programming, appropriate technology, and access to global information. They offer patrons extensive book and media collections including audio books, large print books, foreign language

materials, videos, book sale bargains, an extensive Florida collection, access to electronic information and access to the Internet, meeting rooms, art exhibits, concerts, volunteer opportunities, a wide range of programming for all ages, quiet study areas, a coffee shop and community outreach programming. If you have a Florida driver's license in good standing with a Florida address AND a clear account with other county libraries, you may get a library card free of charge. Why wait? There's a lot to do at the library. For more information and a schedule of activities, go to [www.delraylibrary.org](http://www.delraylibrary.org).



Visit our Website:  
[www.delraybeachkiwanis-](http://www.delraybeachkiwanis-)



## Other Doings. . . . .



### Hail! President of the Month!

\*\*\*\*\* June\*\*\*\*\*



**Steve Rubin**

Here are the upcoming scheduled POTM's:

July - **Alberta Rickard**

August - **Gene Sapino**

September - **Ezra Krieg**

*Thank You!*



Our club made a \$250 donation to the Delray Beach Police Department's 2019 National Night Out. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live.



We were glad to hear that all is well with **Connie Barcinski** after having double by-pass surgery. Get Well soon Connie!



### 50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



**June 6 - Carlene Laseter**

**June 12 - Bob Barcinski**

**June 19 - Dave Freeburn**

**June 26 - Larry Schroeder**

*A clear conscience is usually the sign of a bad memory.*

**\$\$\$ Happy Dollars \$\$\$**



### Upcoming Important Dates:

#### Birthdays:

July 2 - Steve Rubin

#### Wedding Anniversaries:

None

#### Membership Anniversaries:

July 13 - Bob Colvin (31 years!)

**June 6th Meeting "Finnegan's":** Jay Alperin announced that his wife Diane is "Officially" retired. Peggy Kelleher and Steve Rubin were happy for Diane. Bob Barcinski's grand daughter is competing in another horse show. Ben & Carol Bassford are happy their granddaughter Riley is with them taking classes at FAU. Alberta Rickard is happy she came to the meeting and she has a job. Carlene Laseter had her son, 3 grand kids, one dog and their cockatiel visiting for 6 days. Everyone else was "Just Happy".

**June 12th Meeting:** Jay Alperin is happy his grandson will be here next week doing the greeting at our meeting. Larry Schroeder put in for his anniversary and for being Just Happy. Scott Youngberg put in for his birthday and for FSU going to the College World Series. Dave Freeburn is pulling for the Boston Bruins in the Stanley Cup finals. Ezra Krieg put in for the US Women's Soccer Team in the World Cup. Matt Byrne is concerned about serving jury duty next week. Bill Morse's grandson is graduating high school and Steve Rubin is celebrating his monthly mid-term as club President. Everyone else was "JH".

**June 19th Meeting:** Today we had a special greeter, Jay Alperin's grandson Eli. Ezra Krieg introduced his dear friends, that being our speaker Carolyn Bell and her son Jake, and Ezra's wife Marsha (Who didn't really need an introduction). Scott Youngberg had a great b'day gift—a trip to Atlanta to see the new stadium and to watch the Braves win in walk-off fashion. Carlene Laseter finally got her shrubs planted and will be leaving on a trip up north for the next month. Peggy Kelleher put in for our guests and a great birthday weekend. Dave Freeburn is happy it stopped raining (where?...not at my house...). Matt Byrne has a new watch and told us that jury duty was not so bad after all. Marsha Eisenberg is thrilled her children are all doing well after school. Steve Rubin's son has a new room-mate. Everyone else was "Just Happy".

**June 26th Meeting:** Submitting his application to join the club, New member Mark Schienbaum is glad his wife is finishing her graduate school classes so they can finally remove all the text books from the house. Scott Youngberg put in for Mark joining the club and for his Kiwanis cuff links (Looks like President material to me). Jay Alperin survived his grandson's weeklong visit. Doug Martin had an excellent vacation with the grandkids and kudos to Steve Rubin for making sure we had the best Crispy Bacon ever. Dave Freeburn was happy the sun came out and Matt Byrne's friend Chris is doing better after an extended illness. He also welcomed Mark to the club. Peggy Kelleher and Ezra Krieg also welcomed Mark to the club. Ezra added he had his annual physical and the doctor told him he's the healthiest fat person he knows. Bill Morse's grandson is starting a new life after graduation and Reeve Bright announced FSU's new baseball coach, Mike Martin's son. Steve Rubin gave his "Farewell Address" as his illustrious term as President comes to an end. Finally, Larry Schroeder was happy to be here.





## Judge Carolyn Bell Speaks To Our Club

Our program on June 19th was presented by Carolyn Bell, 15th Circuit Court Judge- Juvenile Division.

Judge Bell talked about the children that come through her court and how many cases are heart breaking. Her #1 goal is to prevent one child ending in Federal court and going to prison. How? The Guardian Ad Litem program, foster parenting and mentoring. These are all ways to give these kids a chance at a normal life, with support from caring adults.

She would like to see a Centralized Mentorship Program that covers the county. She encourages our club to get involved with any of these programs.

### Upcoming Meeting Programs

7/4 **Finnegan's**-Happy 4th of July-**No Meeting tonight**

7/10 Delray Beach Office of Economic Opportunity

7/17 Chamber of Commerce

7/24 We Are Bound for College

7/31 Personal Ponies

8/8 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, August 8th, at 6:00 pm.

8/14 Wounded Veterans Relief Fund

8/21 HATT Foundation

8/28 Big Brother, Big Sisters

9/5 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, September 5th, at 6:00 pm.

9/11 Citizens Climate Lobby

9/18 Non Profit Entrepreneurship Institute

9/25 **POLICE APPRECIATION**

10/3 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, October 3rd, at 6:00 pm.

10/9 Paul's Place

10/16 Erica Whitfield

10/23 Janet Meeks

10/30 ACLU

11/7 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, November 7th, at 6:00 pm.

11/13 Tentative: Community Foundation

11/20 Shamrock Restoration

11/27 All Nets

12/5 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, December 5th, at 6:00 pm.

12/11 City Manager's Office

12/18 Annie Appleseed Project

12/25 --- No Meeting--- Merry Christmas

**Please contact Ezra Krieg at 954-260-8838 if you have a program idea for our meetings.**

## HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

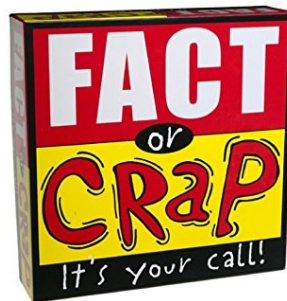
*Take the opportunity to learn from your mistakes: find the cause of your problem and eliminate it. Don't try to be perfect; just be an excellent example of being human.* — Anthony Robbins



### Answering Machine Messages . . . .

- - C'mon... you can do it... just a little one. That's the way... just a little beep, just a little one. C'mon... good boy... here we go... like this -- beeeeeep, just a little one, beeeeeeeeeeep, c'mon... There you go!

- - Hi! John's answering machine is broken. This is his refrigerator. Please speak very slowly, and I'll stick your message to myself with one of these magnets.



1) Fact or Crap - Nails are measured in Pennies.

2) Fact or Crap - Sherlock Holmes never said, "Elementary, my dear Watson"

3) Fact or Crap - Maggot therapy is used to treat bedsores.

4) Fact or Crap - Brad Pitt is an alumnus of the Boys and Girls Clubs of America.

5) Fact or Crap - Each king in a deck of playing cards represents a great king from history.

6) Fact or Crap - Apollo 12 brought back rock and soil samples from the moon.

7) Fact or Crap - The Nobel Prize is awarded in Zurich, Switzerland.

(Answers on Page 8)

## Calendar Of Events

**August 1 ...INTERCLUB @ Boca Club**  
4 PM Clive Daniel  
Corner of NW 2nd & Glades

**August 15-18...** Florida District  
Kiwanis Convention  
Omni Orlando Resort at  
ChampionsGate

**September 14 ...** 37th Annual  
"Swing For Kids"  
Golf Tournament  
7:30 am



## You might be a redneck if .....

- Momma taught you how to flip a cigarette.
- There is a wasp nest in your living room.
- The Home Shopping Channel operator recognizes your voice.
- You give your dad a gallon of Pepto-Bismol for his birthday.
- There has ever been crime-scene tape on your front door.
- You burn your front yard rather than mow it.
- You consider a six-pack and a bug-zapper high-quality entertainment.

## Visit our Website:

[www.delraybeachkiwanis-sunrise.org](http://www.delraybeachkiwanis-sunrise.org)



# KIWANIS MEMBERSHIP. NOW EVEN MORE REWARDING.

Thanks to our partnerships, Kiwanis Marketplace gives your membership more value.



## Membership



Carlene Laseter - Chairperson

**Avis Budget Group.** Up to 25% off a vehicle rental.

**Hilton.** Reach rewards four times faster with the Fast Pass to Gold program.

**HomeAdvisor.** Concierge service when selecting a home-improvement contractor.

**IdentityForce.** Greater protection for your credit, privacy and personal identity.

**Kiwanis Insurance & Travel Protection.** Exclusive insurance and travel assistance plans at group rates.

**Kiwanis Travel.** Premium global adventures from our partner, Collette.

**Kiwanis Visa® Rewards.** Earn 3% cash back while supporting the Kiwanis Children's Fund.

**Kiwanis Warehouse.** Discounts on products for service projects.

**LegalZoom.** Access help with legal forms and professional services.

**Office Depot OfficeMax.** Offers a Kiwanis Club savings program for club print and service project needs.

**ProtectAmerica.** Top-of-the-line home security.

[kiwanis.org/marketplace](http://kiwanis.org/marketplace)



**Kiwanis**  
Delray Beach AND



ACHIEVEMENT  
CENTERS FOR  
CHILDREN  
& FAMILIES  
FOUNDATION

Save the  
**DATE!**

Present the 37th Annual  
**"Swing for Kids" Charity Golf Classic**

Play in the Most Exciting Event in 2019!  
**\$50,000 SHOOTOUT**

4 Players will get a shot at \$50,000

- \* 18 Hole Scramble with 7 Par 3 Holes
- \* Two \$10,000 Hole In One Prizes + 5 Additional Hole in One Prizes
- \* "Sports Event VIP Ticket"
- \* Guaranteed Winner Putting Contest
- \* Guaranteed Winner "Adventure Cruise" for two - Closest to pin
- \* Other Fun On-Course Contests
- \* Awesome Raffle Prizes
- \* Hot Buffet Lunch

**September 14, 2019**

Delray Beach Golf Club, 2200 Highland Avenue, Delray Beach, FL 33445

**Please Note:** The tournament is now only 2 months away, it's important to sign up Sponsors and get Raffle Prizes. **We Need Everyone's Help** For That.

The sooner someone signs up as a sponsor, the more publicity they will get as we grow closer to the event. Platinum, Gold and Silver sponsors will receive the biggest splashes, but everyone will get mentioned in all our advertising.

For more information and If you are playing, sponsoring or both, You can register now on-line by going to:

<http://www.kiwanis-swingforkids.com/>

We can accept credit cards on our website, so please keep that in mind.

It will be a FUN event and will ultimately benefit the children and other projects in our area.



## **PUBLIC SERVICE ANNOUNCEMENT**

### **Excessive alcohol use**

has immediate effects that increase the risk of many harmful health conditions. These are most often the result of binge drinking. Over time, excessive alcohol use can lead to the development of chronic diseases and other serious problems.

### **Short-Term Health Risks**

Injuries - Motor vehicle crashes, Falls, Drownings, Burns

Violence - Homicide, Suicide

Sexual assault - Intimate partner violence

Alcohol poisoning

Reproductive health - Risky sexual behaviors,  
Unintended pregnancy, Sexually transmitted  
diseases, including HIV, Miscarriage, Stillbirth

Fetal alcohol spectrum disorders (FASDs)

### **Long-Term Health Risks**

Chronic diseases - High blood pressure, Heart disease,  
Stroke, Liver disease, Digestive problems

Cancers - Breast, Mouth and throat, Liver, Colon

Learning and memory problems - Dementia, Poor school  
performance

Mental health - Depression, Anxiety

Social problems - Lost productivity, Family problems,  
Unemployment

Alcohol dependence

The Pope met with the College of Cardinals to discuss a proposal from Shimon Peres, the former leader of Israel. "Your holiness," said one of the Cardinals, "Mr. Peres wants to determine whether Jews or Catholics are superior, by challenging you to a golf match." The Pope was greatly disturbed, as he had never held a golf club in his life.

"Not to worry," said the Cardinal, "we'll call America and talk to Jack Nicklaus. We'll make him a Cardinal, he can play Shimon Peres... We can't lose!" Everyone agreed it was a good idea. The call was made and, of course, Jack was honored and agreed to play.

The day after the match, Nicklaus reported to the Vatican to inform the Pope of his success in the match. "I came in second, your Holiness," said Nicklaus.

"Second?!!!" exclaimed the surprised Pope. "You came in second to Shimon Peres?!!!"

"No," said Nicklaus, "second to Rabbi Woods."

## **Keys to a heart-healthy diet (Part 2)**

### **Be smart about fats**



### **2. Don't replace fat with sugar or refined carbs**

When cutting back on heart-risky foods, such as unhealthy fats, it's important to replace them with healthy alternatives. Replacing processed meats with fish or chicken, for example, can make a positive difference to your health. But switching animal fats for refined carbohydrates, though—such as replacing your breakfast bacon with a donut or sugary cereal—won't do anything to lower your risk for cardiovascular disease.

Your body doesn't need any added sugar—it gets all it needs from the sugar that naturally occurs in food. Sugary food and refined carbs just add up to a lot of empty calories that are as bad for your heart as they are for your waistline.

Instead of sugary soft drinks, white bread, pasta and processed foods like pizza, opt for unrefined whole grains like whole wheat or multigrain bread, brown rice, barley, quinoa, bran cereal, oatmeal, and non-starchy vegetables.



## **The "Golden" Years ...**

A young man saw an elderly couple sitting down to lunch at McDonald's. He noticed that they had ordered one meal, and an extra drink cup. As he watched, the gentleman carefully divided the hamburger in half, then counted out the fries, one for him, one for her, until each had half of them. Then he poured half of the soft drink into the extra cup and set that in front of his wife. The old man then began to eat, and his wife sat watching, with her hands folded in her lap.

The young man decided to ask if they would allow him to purchase another meal for them so that they didn't have to split theirs.

The old gentleman said, "Oh no. We've been married 50 years, and everything has always been and will always be shared, 50/50."

The young man then asked the wife if she was going to eat, and she replied, "It's his turn with the teeth."

## Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on "This Date in History" Here are a few interesting items from the past few weeks:



### June 6:

- 1844 The Young Men's Christian Association was founded in London.
- 1925 Walter Percy Chrysler founded the Chrysler Corp.
- 1933 The first drive-in movie theater opened, in Camden County, N.J.
- 1934 The Securities and Exchange Commission was established.
- 1944 The D-Day invasion of Europe took place during World War II as Allied forces stormed the beaches of Normandy, France.
- 1982 Israeli forces invaded Lebanon to drive PLO fighters out of the country.
- 1985 Authorities in Brazil exhumed a body later identified as that of Dr. Josef Mengele, the Nazi doctor who conducted medical experiments on inmates at Auschwitz during World War II.
- 1990 The 2 Live Crew album "As Nasty As They Wanna Be" was ruled obscene by a federal judge in Fort Lauderdale, Fla.
- 2004 Phylicia Rashad became the first African-American actress to win a Tony for a leading dramatic role for her work in a revival of "A Raisin in the Sun."

#### Birthdays:

- Singer-songwriter Gary "U.S." Bonds is 80
- Actor Robert Englund (Freddie Krueger) is 72
- Mega star Scott Youngberg is 70
- Actress-comedian Sandra Bernhard is 64
- Actor Jason Isaacs ("Harry Potter" films) is 56
- Actor Paul Giamatti is 52
- Singer Uncle Kracker is 45

### June 12:

- 1776 Virginia's colonial legislature became the first to adopt a Bill of Rights.
- 1898 Philippine nationalists declared independence from Spain.
- 1937 The Soviet Union under Josef Stalin executed eight army leaders during a purge.
- 1939 The National Baseball Hall of Fame and Museum was dedicated in Cooperstown, N.Y.
- 1963 Civil rights activist Medgar Evers was fatally shot in front of his home in Jackson, Miss.
- 1978 David Berkowitz was sentenced to 25 years to life in prison for each of the six "Son of Sam" .44-caliber killings in New York City.
- 1987 During a visit to the divided German city of Berlin, President Ronald Reagan publicly challenged Soviet leader Mikhail S. Gorbachev to "tear down this wall."
- 1994 Nicole Brown Simpson and Ronald Goldman were slashed to death outside her Los Angeles home. (Her former husband, football Hall of Famer O.J. Simpson, was later acquitted of the killings in a criminal trial, but held liable in a civil action.)
- 2002 The Los Angeles Lakers won a third straight NBA title and Shaquille O'Neal was named MVP of the finals for the third straight year.

#### Birthdays:

- Jazz musician Chick Corea is 78
- Sports announcer Marv Albert is 78
- Actress Sonia Manzano ("Law and Order: Special Victims Unit") is 69
- Drummer Bun E. Carlos of Cheap Trick is 68
- Actor John Enos ("Days of Our Lives," "Young and the Restless") is 57
- Actor Jason Mewes ("Clerks") is 45
- Blues guitarist Kenny Wayne Shepherd is 42
- Country singer Chris Young is 34

### June 19:

- 1586 English colonists sailed from Roanoke Island, N.C., after failing to establish England's first permanent settlement in America.
- 1862 Slavery was outlawed in U.S. territories.
- 1910 Father's Day was celebrated for the first time, in Spokane, Wash.
- 1934 The Federal Communications Commission was created.
- 1964 The Civil Rights Act of 1964 was approved after an 83-day filibuster in the U.S. Senate.
- 2000 The Supreme Court, in a 6-3 ruling, barred officials from letting students lead stadium crowds in prayer before football games.

#### Birthdays:

- Singer Tommy DeVito of The Four Seasons is 91
- Singer Spanky McFarlane of Spanky and Our Gang is 77
- Actress Phylicia Rashad is 71
- Actress Kathleen Turner is 65
- Singer-dancer Paula Abdul is 57
- Actor Bumper Robinson ("Sabrina The Teenage Witch") is 45
- Singer-banjoist Scott Avett of The Avett Brothers is 43
- Actress Zoe Saldana is 41
- Actor Neil Brown Jr. ("SEAL Team") is 39
- Actress Lauren Lee Smith ("CSI") is 39

### June 26:

- 1917 The first troops of the American Expeditionary Force arrived in France during World War I.
- 1919 The New York Daily News was first published.
- 1925 Charlie Chaplin's comedy "The Gold Rush" premiered in Hollywood.
- 1945 The United Nations charter was signed by 50 countries in San Francisco.
- 1948 The Berlin Airlift began in earnest as the United States, Britain and France began ferrying supplies to the isolated western sector of Berlin after the Soviet Union cut off land and water routes.
- 1950 President Harry S. Truman authorized the Air Force and Navy to enter the Korean conflict.
- 1973 Former White House counsel John W. Dean told the Senate Watergate Committee about an "enemies list" kept by the Nixon White House.
- 1990 President George H.W. Bush, who had campaigned for office on a pledge of "no new taxes," conceded that tax increases would have to be included in any deficit-reduction package.
- 1996 The Supreme Court ordered the Virginia Military Institute to admit women or forgo state support.
- 2013 The Supreme Court ruled that married same-sex couples were entitled to federal benefits and that same-sex marriages were allowed in California in a pair of major victories for the gay rights movement.

#### Birthdays:

- Singer Billy Davis Jr. is 81
- Actor Clive Francis is 73
- Rhythm-and-blues singer Brenda Holloway is 73
- Singer-musician Mick Jones is 64
- Country musician Eddie Perez (The Mavericks) is 51
- Rock musician Colin Greenwood (Radiohead) is 50
- Actor Chris O'Donnell is 49
- Actor Nick Offerman is 49
- Actor-musician Jason Schwartzman is 39
- Actress-singer Ariana Grande is 26.

**AND.....**"If you're sitting in a bar this afternoon, like Jay and his friends will be doing.....and Actress Rebecca Budig of soap opera fame comes in, we hope that you will buy her a "Hubba-hubba" drink, as she is 46 years old today.



**You + Kiwanis =**  
**Improved**  
**Lives & communities.**



## Here Comes "Little Johnny"

On the last day of kindergarten, all the children brought presents for their teacher.

The florist's son handed the teacher a gift. She shook it, held it up and said, "I bet I know what it is - it's some flowers!" "That's right!" shouted the little boy.

Then the candy store owner's daughter handed the teacher a gift. She held it up, shook it and said. "I bet I know what it is - it's a box of candy!" "That's right!" shouted the little girl.

The next gift was from the liquor store owner's son, Little Johnny. The teacher held it up and saw that it was leaking. She touched a drop with her finger and tasted it.

"Is it wine?" she asked. "No," Little Johnny answered. The teacher touched another drop to her tongue. "Is it champagne?" she asked. "No," he answered.

Finally, the teacher said, "I give up. What is it?"

Little Johnny replied, "A puppy!"



## This Month's Sudoku Puzzle....

A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

**Difficulty- Very Hard. Be sure to use a pencil!**

				8				4
			5			7		3
7	6				9			
4	5							9
	7	1				2	4	
3							6	5
			4				5	7
5		3			7			
1				2				

**(Answers on Page 9)**

*If you have something for the newsletter, please send it to Scott Youngberg via E-mail: [esysy@att.net](mailto:esysy@att.net)*

*--- Thank you*

### Answers.....

1) Fact - The greater the # of pennies the longer the nail. This originated in England in the 15th Century. People paid a certain # of pennies for 100 nails of that size. For example 2 pennies would be traded for 100 two penny nails. The penny measurement is abbreviated by the letter "d", which comes from a Roman coin called a denarius.

2) Crap - In the adventure "The Crooked Man" the famous detective makes several deductions about his assistant Dr. Watson based on Watson's appearance. Watson exclaims, "Excellent", where to Holmes replies "Elementary".

3) Fact - Its been around since the early 19th century. It has fallen out of favor as advances in antibiotics and modern surgery took over, however some doctors still use the parasites to clean out dead tissues from bed sores, gangrene, leg ulcers and stubborn infections.

4) Fact - other famous alums: Bill Clinton, Michael Jordan, Martin Sheen, Denzel Washington, Alex Rodriquez, Derek Jeter and Bill Cosby.

5) Fact - The French, who were instrumental in introducing cards to Europe and the new world bestowed identities on picture cards. The king of hearts represents Charlemagne, the king of diamonds is Julius Caesar, clubs=Alexander the Great, spades is the biblical King David.

6) Crap - it was Apollo 17, the last mission to land men on the moon. The total surface travel distance on the moon during this mission was about 22 miles.

7) Crap- its awarded in Stockholm Sweden. Named after endower Alfred Nobel who was a Swedish industrialist and the inventor of dynamite. The awards for literature, economics, chemistry, physics, and physiology or medicine, along with the peace prize are presented on the anniversary of Nobel's death 12/10.





**The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.**

Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

**2018-19 Kiwanis Int’l President:**  
Poly Lat

**2018-19 Florida Kiwanis Governor:**  
Steve LeBlanc  
Email: stephenjohnleblanc@gmail.com

**2018-19 Division 21 Lt. Governor:**  
(open)

**Other Division 21 Clubs:**

**Boca Raton**-1st & 3rd Thursdays, 4 p.m.  
Clive Daniels Furniture Store Upstairs  
1351 NW Boca Raton Blvd  
Boca Raton (NW Corner Glades Road & NW 2nd Ave)

**Boynton Beach** - Tuesdays, 12 Noon  
Bru’s Room  
1333 N. Congress Ave  
Boynton Beach

**Gold Coast Knights**-1st & 3rd Wed., 7 p.m.  
Duffy’s Sports Grill  
Linton Boulevard and Federal Highway  
Delray Beach

**Green Acres** - Wednesdays, 12 Noon  
New China Buffet  
5841 Lake Worth Road  
Greenacres

**Hypoluxo-Lantana** - Tuesdays, 7:00 a.m.  
Maddock Park  
1200 West Drew Street  
Lantana

**Lake Worth** - Tuesdays, 8 a.m.  
Too-Jays Restaurant  
419 Lake Avenue  
Lake Worth

**Florida Kiwanis Foundation:**

**2018-19 President:** Winifred Holland  
Email: Winnieh1024@gmail.com

**Div. 21 Trustee:** Tom Thayer  
E-mail: TomThayer@Earthlink.net



# Executive Perspective

by Stan D. Soderstrom, *Executive Director of Kiwanis and the Kiwanis Children’s Fund.*

## Why I serve

I was 9 years old and life was pretty good. I had a great family, made good grades in school, played sports. But, as I was about to learn, that wouldn’t last.

My 7-year-old kid sister contracted cancer. In a matter of weeks, she was transferred to a hospital hundreds of miles away, quickly declined and died before I got a chance to ever see her again.

Looking back today, I realize how my family struggled with how to cope. Even as a child, I tried to figure how and why this had even happened, and finally coming to the realization that I could not change the past but I could do something about the future.

My father, a Kiwanian, must have also been working through a similar process of reasoning and search for rationale. He became active and involved in the American Cancer Society and ended up serving in various leadership positions locally and in the state.

I watched him and followed him. Once a year, an annual fundraiser needed volunteers to assemble thousands of kits so that every house in my city would receive an invitation to support the fight against cancer. This simple but important act became my first taste of volunteer service. By the time I was 10, I had discovered an outlet that allowed me to feel I could make a difference by donating my time. And it got better when I invited my friends to commit their Saturday to join me. Volunteering with others made the entire experience even better.

Fast forward to junior high school. My ninth-grade counselor asked to nominate me for membership in Key Club. I agreed, and that’s when my service world really opened. My first Key Club project was cleaning the trophy cases in the school — not particularly exciting, but I got to work with upperclassmen. That was impactful for me as a sophomore!

Over three years, my Key Club experiences included adopting a muscular dystrophy patient. Mike, who used a wheelchair, was a junior high school student whose family lacked the financial resources to provide much outside of his weekly therapy sessions. Mike didn’t have many male friends, but over the course of a year, we became his after-school buddies, picking him up at school, taking him to his therapy and then driving him home. Stopping for an ice cream or helping him as tutors became the natural extension to the relationship. Soon, we were going to movies or sports events together.

By the end of my senior year, I realized that while Mike benefited from our time together, we, too, were beneficiaries of our Key Club service. We were better people because of it. All of us — Mike, me, my Key Club peers — were impacted.

I continued my service in Circle K and later in Kiwanis. Both of my children were Key Club members, and one chose to help others by becoming a United States Marine.

For me, this has become an important life lesson. Community service is more than giving your time. It comes down to one word: impact. If you’re willing to make a difference in the lives of others, it makes sense to be a part something like the Kiwanis family and start impacting the world.

## Sudoku Puzzle...Answers

9	3	5	7	8	2	6	1	4
2	1	8	5	4	6	7	9	3
7	6	4	3	1	9	5	8	2
4	5	2	1	6	8	3	7	9
6	7	1	9	5	3	2	4	8
3	8	9	2	7	4	1	6	5
8	2	6	4	3	1	9	5	7
5	4	3	6	9	7	8	2	1
1	9	7	8	2	5	4	3	6



## From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!

