

Save the **DATE!**

# The Sunriser



"Swing for Kids"  
Charity Golf Classic  
September 14th

## The Kiwanis Club of Delray Beach

*"Where Ordinary People Provide Extraordinary Service" - Celebrating 45 Years of Service*

Meets for Breakfast Wednesday's (except the 1st Week), 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, FL.  
And the 1st Thursday, 6:00 pm, Tim Finnegan's Irish Pub, 2885 S. Federal Hwy (South of Linton), Delray Beach, FL.

### 2018-2019 Officers

- President, May:**  
Doug Martin
- Secretary:** Barbara Schooler  
561-271-6649
- Treasurer:** Dale Morrison  
561-278-1002
- Immediate Past President:**  
Peggy Kelleher

### 2018-2019 Bd. of Directors

- Carlene Laseter, Susan Ruby,  
Ben Ruby, Doug Martin,  
Alberta G. Rickard, David Freeburn  
Jay Alperin

### 2018-2019 Committee Chairs

- \*Community Service:**  
**AVDA** - Dianie Alperin, Ben Ruby  
**Thanksgiving** - Ezra Krieg  
**Police Appreciation** - Ezra Krieg,  
Peggy Kelleher
- \*Club Meetings:** Jay Alperin
- \*Fund Raising:**  
**Delray Affair** - Carlene Laseter  
**Golf Tourney** - Scott Youngberg  
**Glo-Ball** - Bob Barcinski
- \*Interclubs:** Steve Ruben
- \*Membership:** Carlene Laseter
- \*Newsletter/Website:**  
Scott Youngberg
- \*Programs:** Ezra Krieg
- \*Social Activities:**  
President & President Elect
- \*Spiritual Aims:** Doug Martin
- \*Youth Services:**  
**Scholarship** - Jack Foley,  
Dale Morrison  
**Terrific Kids** - Peggy Kelleher,  
Lisa Lee

- Key Club/Builders Club -**  
American Heritage - Tony Marazita  
Atlantic High School - Stacy Brody  
Unity School - Stacy Brookman

### Volume 2019, Issue 6

### June, 2019

## Loving, Caring Foster Parents Needed



Our program on May 15th was presented by Diana Reese, PBC's Centralized Foster Home Recruiter. Did you know that 76 children were placed in out-of-home care in April alone bringing the total of young lives displaced by abuse or neglect in Palm Beach County to 1,143. Currently, there are almost 180 CHILDREN who Need a HOME.

Their greatest need is for caring foster parents. Foster Parents act as substitute parents caring for all of a child's needs, educational, medical, & developmental, while working with agencies for therapy and other required services. They help transition a child for reunification with parents. In addition to fostering, there is a

great need for people who can provide a voice for the children through the Guardian ad Litem program. These Advocates represent the best interests of foster children in court making sure they don't get lost in an overburdened legal system. Time Commitment=10-15 hours per month.

They also have programs for Adoption and Mentoring. For more information and how you can help, go to [www.fosterpalmbeach.org](http://www.fosterpalmbeach.org)

### #Foster Palm Beach



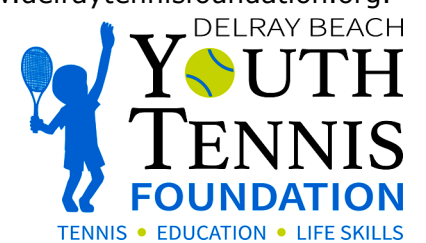
A program of Speak Up For Kids of PBC

## Empower Youth with the Game of Tennis



Our program on May 22nd was presented by Dr. Scott Hoar talking about the Delray Youth Tennis Foundation. Every day their children learn life skills in their programs: perseverance, self-control, cooperation, and respect. Their volunteer coaches and teachers witness profound transformations throughout the year as students bring these lessons to their classrooms and their personal lives. Since their beginning in 2015, they have impacted over 463 children in Delray

Beach. The program grows exponentially every year, allowing them to reach more children and make a bigger impact. Currently, they are operating at 6 sites, adding more each year, so they can reach kids in the communities that need them the most. For more information and to donate or volunteer, go to [www.delraytennisfoundation.org](http://www.delraytennisfoundation.org).



Visit our Website:  
[www.delraybeachkiwanis-](http://www.delraybeachkiwanis-)

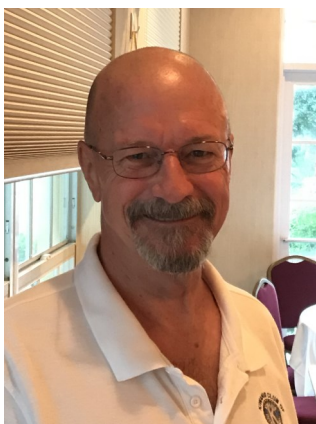


## Other Doings. . . . .



### Hail! President of the Month!

\*\*\*\*\* May\*\*\*\*\*



### Doug Martin

Here are the scheduled POTM's. Still need someone for August. Want to help? Sign-Up. Easy-Peasy Job .....

June - **Steve Rubin**

July - **Alberta Rickard**

August - open

September - **Ezra Krieg**

*Thank You!*



In May, our club donated \$200 showing support for the Annual Police Awards Dinner sponsored by Delray Citizens for Delray Police.



Our club donated \$100 for the Spell-A-Bration project at the Delray Beach Library.



Our club awarded 4 - \$500 scholarships this year to Key club students at American Heritage and Atlantic High Schools.



### 50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



**May 2 - Jay (I'm Back!) Alperin**

**May 8 - Doug (I like being President) Martin**

**May 15 - Scott (The man) Youngberg**

**May 22 - Carlene Laseter**

**May 29 - Doug (It's good to be President) Martin**

## \$\$\$ Happy Dollars \$\$\$



### Upcoming Important Dates:

#### Birthdays:

**June 6** - Scott Youngberg **June 19** - Tony Marazita  
**June 10** - Dale Morrison **June 21** - Marsha Eisenberg  
 Bob Laseter **June 26** - Barbara Schooler  
**June 11** - Susan Ruby  
**June 14** - Peggy Kelleher

#### Wedding Anniversaries:

None

#### Membership Anniversaries:

**June 10** - Jack Foley

**May 2nd Meeting "Finnegan's":** Suzanne Fisher is happy Alberta Rickard is returning to the City on a part-time basis. Peggy Kelleher is looking forward to the weekend. Carlene Laseter is going to Lady Lake to visit her grand-babys. Dale Morrison finally hacked around the golf course and says he needs to get his act together. Everyone else was "Just Happy".

**May 8th Meeting:** Jay Alperin put in \$2 for his 2nd Hole-In-One. Larry Schroeder and Steve Rubin congratulated Jay. Scott Youngberg put in for Carlene Laseter for her "Ace" reporting skills for the newsletter and for the Milwaukee Bucks in the NBA playoffs. Ezra Krieg mentioned Chris Paul of the Houston Rockets his contract next year that will pay him \$500,000 per game (He has one heck of an agent!). Carlene is celebrating her 12th anniversary as a member of our club and was happy to visit her 4 grandchildren for the twins 1st communion. Doug Martin congratulated Carlene for her 12 years. Peggy Kelleher had a great flight on Jet Blue arriving 1/2 hour earlier than scheduled. Bill Morse is looking forward to Trivia Night and Matt Byrne wished all the Kiwanis Mother's a happy Mothers Day and was happy to see his name 5x in the last newsletter. Finally, Dave Freeburn is happy his oldest child is now an official Florida Resident. Everyone else was JH.

**May 15th Meeting:** Steve Rubin is celebrating 35 years with the club, and he put a dollar in for each year. How 'bout THAT! Everyone congratulated Steve. Larry Schroeder's son is coaching a flag football team that competes for the National Championship in PA. Bob Barcinski's grandson's baseball season is over for the time being, and Peggy Kelleher survived her son's 21st birthday celebration. Carlene Laseter's step grand-daughter is becoming a Doctor on Saturday. Reeve Bright also has a doctor coming into the family. Dave Freeburn is doing a bucket list item—he's going to the French Open next week. Matt Byrne has new glasses that "make me almost as good looking as Reeve". Finally, Ezra Krieg put a dollar in for Reeve's team cheating at the Trivia contest last weekend.

**May 22nd Meeting:** Jay Alperin started things off with "I can't remember why I'm Happy". ...it happens. Steve Rubin reported his Credit Card stolen and then found it under the dining room table. Scott Youngberg congratulated Peggy Kelleher for her 3rd place finish in the PGA Golf Pool (Jay & Bob Barcinski didn't play because they didn't know the players—yeah, right!). Peggy is going to Buffalo this weekend, hoping for good weather. Carlene Laseter's family has a new doctor and the painting at her house is done. Ezra Krieg's son Max is a college graduate and has a job. Matt Byrne's nephew graduated High school and Reeve Bright went to Massachusetts to see his grand-son graduate. Bill Morse and Doug Martin celebrated "ADIP".

**May 29th Meeting:** Jay Alperin put in for his wife Diane attending the meeting and for his grandson's visit. Scott Youngberg touted the FSU v. FAU baseball game this Friday. Lt. Gov. Tom Thayer encouraged everyone to attend the Leadership Training and Mark Schienbaum was happy he and Tom don't look any older than 20 years ago. Reeve Bright's Dr. Grand-daughter is getting married and Bill Morse put in for his son's graduation and he's going on vacation next week. Ezra Krieg was happy to see Diane Alperin and had a great time at Delray's Memorial Day Event. Matt Byrne loves the crossing guard who waves and smiles to everyone who goes by. Peggy Kelleher had a great trip to Buffalo and her mother is celebrating another birthday. Everyone else was "Just Happy".



## Weinroth & Boylston Address Our Club



Our speaker on May 8th was County Commissioner Robert Weinroth. He provided us with a state of the county presentation on numerous subjects such as economic incentives, county finances and sales tax road projects. He also discussed the meetings he's had regarding the water height of Lake Okeechobee and our western county agriculture. Very informative.

Our speaker on May 29th was City Commissioner Ryan Boylston. Ryan brought us up to date on the recent activities of the commission and was especially proud of the way the commission is able to communicate with a friendly "feel better attitude".



Ryan worked tirelessly with the NW/SW community of Delray Beach to re-create the campus at Delray Full Service Center in order to educate for the future while honoring the past. The commission recently signed off on his compromise idea to build the new 20,000 square-foot tech building, restore and repurpose the historic gymnasium and not to demolish buildings 1,2 and 12. Ryan also does a weekly facebook show called "Delray Morning Live".



### You might be a redneck if .....

- You hammer bottle caps into the frame of your front door to make it look nice.
- You've ever shot anyone for looking at you.
- You own a homemade fur coat.

- Your wife can climb a tree faster than your cat.
- Your momma has "ammo" on her Christmas list.
- You've totaled every car you've ever owned.
- There are more than five McDonald's bags currently on the floorboard of your car.

## HUMAN AND SPIRITUAL VALUES

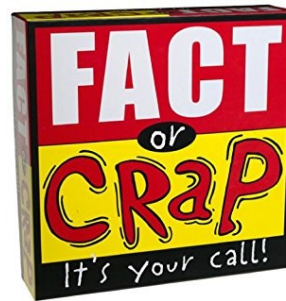
(One of the six Objects of Kiwanis)

*"You are the conductor of your own attitude! Nobody else can compose your thoughts for you"*

—Lee J. Colan



Why does someone believe you when you say there are four billion stars, but check when you say the paint is wet?



1) Fact or Crap - Flooding is the leading cause of weather related deaths in the United States

2) Fact or Crap - A pig can get sunburn.

3) Fact or Crap - Cows have no upper teeth.

4) Fact or Crap - the singular form of the word graffiti is graffito

5) Fact or Crap - There are more than 2.5 Million possible poker hands in a 52 card deck

6) Fact or Crap - Lobster was part of the first Thanksgiving.

7) Fact or Crap - In bullfighting, the matador's cape is red to make the bull charge.

(Answers on Page 8)

# You + Kiwanis =

Improved  
Lives & communities.

## Calendar Of Events

**June 27-30 ...** Kiwanis Int'l  
Convention  
Walt Disney World

**August 15-18...** Florida District  
Kiwanis Convention  
Omni Orlando Resort at  
ChampionsGate

**September 14 ...** 37th Annual  
"Swing For Kids"  
Golf Tournament  
7:30 am



## Upcoming Meeting Programs

- 6/6 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, June 6th, at 6:00 pm.
- 6/12 Annie Appleseed Project
- 6/19 Judge Carolyn Bell
- 6/26 Delray Beach Library
- 7/4 **Finnegan's**-Happy 4th of July-**No Meeting tonight**
- 7/10 Delray Beach Office of Economic Opportunity
- 7/17 Chamber of Commerce
- 7/24 We Are Bound for College
- 7/31 Personal Ponies
- 8/8 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, August 8th, at 6:00 pm.
- 8/14 Wounded Veterans Relief Fund
- 8/21 HATT Foundation
- 8/28 Big Brother, Big Sisters
- 9/5 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, September 5th, at 6:00 pm.
- 9/11 Citizens Climate Lobby
- 9/18 Non Profit Entrepreneurship Institute
- 9/25 **POLICE APPRECIATION**
- 10/3 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, October 3rd, at 6:00 pm.
- 10/9 Paul's Place
- 10/16 Erica Whitfield
- 10/23 Janet Meeks
- 10/30 ACLU
- 11/7 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, November 7th, at 6:00 pm.
- 11/13 Tentative: Community Foundation
- 11/20 Tentative: Shamrock Restoration

**Please contact Ezra Krieg at  
954-260-8838 if you have  
a program idea for our meetings.**

## Membership

Carlene Laseter - Chairperson



### Invite a friend.

You love your community. So you give back to it as a Kiwanian. And you love your Kiwanis club. So why not give the gift of Kiwanis to someone else? Introduce them to the friendships, smiles and pride that come from making your community better.

Extend a special welcome. Show your friends, family or colleagues what Kiwanis means to you.

Pass out our business cards. We have plenty available, just ask!

### Doing Good....Feeling Good!



### Kiwanis Club of Delray Beach

Meets for Breakfast 7:30 am  
Wednesdays (Except for the 1st Week)  
Delray Beach Golf Club, 2200 Highland Ave., Delray Beach

**Join Us!**  
**Do Good -**  
**Feel Good**

And for  
"Happy Hour" 5:30pm  
1st Thursday of every Month  
( Call the number on back for location )

*Kiwanis is a global organization of volunteers dedicated  
to improving the world one child, one community at a time.*

Visit us at: [www.delraybeachkiwanis-sunrise.org](http://www.delraybeachkiwanis-sunrise.org)

### Benefits You Receive from Membership in Kiwanis:

- \* **Friends.** You are going to make new friends.
- \* **Fun.** Kiwanians make a huge difference in our communities, and we have fun doing it.
- \* **Fellowship.** Kiwanians care about each other.
- \* **Information.** You're going to be better informed due to the speakers we have each week.
- \* **Networking.** Kiwanians like to do business with fellow Kiwanians.
- \* **Smiles.** The most important thing is the smile on the face of a child and without you and your Kiwanis club, that smile would not be there.

### You are Invited to be our Guest at our next meeting

Contact: \_\_\_\_\_

**Or Call:** 271-7602

Phone #: \_\_\_\_\_

251-5509



**Remember, This is  
The Formula:**

**Love being a  
Kiwanian.**

**Love your club.**

**Share it with others. Live it.**



**Kiwanis**  
Delray Beach AND



ACHIEVEMENT  
CENTERS FOR  
CHILDREN  
& FAMILIES  
FOUNDATION

Present the 37th Annual  
**"Swing for Kids" Charity Golf Classic**

Play in the Most Exciting Event in 2019!  
**\$50,000 SHOOTOUT**

4 Players will get a shot at \$50,000

- \* 18 Hole Scramble with 7 Par 3 Holes
- \* Two \$10,000 Hole In One Prizes + 5 Additional Hole in One Prizes
- \* "Sports Event VIP Ticket"
- \* Guaranteed Winner Putting Contest
- \* Guaranteed Winner "Adventure Cruise" for two - Closest to pin
- \* Other Fun On-Course Contests
- \* Hot Buffet Lunch
- \* Awesome Raffle Prizes

**September 14, 2019**

Delray Beach Golf Club, 2200 Highland Avenue, Delray Beach, FL 33445

**Please Note:** Even though the tournament is 3 months away, it's important to start signing up Sponsors and getting Raffle Prizes. **We Need Everyone's Help** For That.

The sooner someone signs up as a sponsor, the more publicity they will get as we grow closer to the event. Platinum, Gold and Silver sponsors will receive the biggest splashes, but everyone will get mentioned in all our advertising.

For more information and If you are playing, sponsoring or both, You can register now on-line by going to:

<http://www.kiwanis-swingforkids.com/>

We can accept credit cards on our website, so please keep that in mind.

It will be a FUN event and will ultimately benefit the children and other projects in our area.



## The "Golden" Years ...



Three ladies were discussing the travails of getting older. One said, "Sometimes I catch myself with a jar of mayonnaise in my hand, while standing in front of the refrigerator, and I can't remember whether I need to put it away, or start making a sandwich."

The second lady chimed in with, "Yes, sometimes I find myself on the landing of the stairs and can't remember whether I was on my way up or on my way down."

The third one responded, " Well, ladies, I'm glad I don't have that problem. Knock on wood," as she rapped her knuckles on the table, and then said, "That must be the door, I'll get it!"



## Keys to a heart-healthy diet

### Be smart about fats

If you are concerned about your heart health, rather than avoiding fat in your diet, try replacing unhealthy fats with good fats. Some of the most important improvements you can make to your diet are to:

**Cut out trans fats.** As well as raising your LDL, or "bad" cholesterol level, which can increase your risk for heart attack and stroke, trans fat also lowers your levels of HDL or "good" cholesterol, which can put you at increased cardiovascular risk. Trans fats are found in foods such as commercially-baked goods, fried food, and anything with "partially hydrogenated" oil in the ingredients, even if it claims to be "trans fat-free."

**Limit saturated fats.** Saturated fats are mainly found in tropical oils, dairy, and red meat and should be limited to no more than 10% of your daily calorie intake. Enjoy dairy in moderation and vary the protein sources in your diet, opting for fish, skinless chicken, eggs, and vegetarian sources of protein where you can.

**Eat more healthy fats.** Eating foods rich in monounsaturated and polyunsaturated fat can improve blood cholesterol levels and lower your risk of heart disease. Eat omega 3 fatty acids every day, from fatty fish such as salmon, trout, or herring, or from flaxseed, kale, spinach, or walnuts. Other sources of healthy fats include olive oil, avocados, nuts, and nut butters.

## **PUBLIC SERVICE ANNOUNCEMENT**

### **11 ways to reduce premature skin aging**

The sun plays a major role in prematurely aging our skin. Other things that we do also can age our skin more quickly than it naturally would. To help their patients prevent premature skin aging, dermatologists offer their patients the following tips.

**Protect your skin from the sun every day.** Whether spending a day at the beach or running errands, sun protection is essential. You can protect your skin by seeking shade, covering up with clothing, and using sunscreen that is broad-spectrum, SPF 30 (or higher), and water-resistant. You should apply sunscreen every day to all skin that is not covered by clothing.

**Apply self-tanner rather than get a tan.** Every time you get a tan, you prematurely age your skin. This holds true if you get a tan from the sun, a tanning bed, or other indoor tanning equipment. All emit harmful UV rays that accelerate how quickly your skin ages.

**If you smoke, stop.** Smoking greatly speeds up how quickly skin ages. It causes wrinkles and a dull, sallow complexion.

**Avoid repetitive facial expressions.** When you make a facial expression, you contract the underlying muscles. If you repeatedly contract the same muscles for many years, these lines become permanent. Wearing sunglasses can help reduce lines caused by squinting.

**Eat a healthy, well-balanced diet.** Findings from a few

studies suggest that eating plenty of fresh fruits and vegetables may help prevent damage that leads to premature skin aging. Findings from research studies also suggest that a diet containing lots of sugar or other refined carbohydrates can accelerate aging.

**Drink less alcohol.** Alcohol is rough on the skin. It dehydrates the skin, and in time, damages the skin. This can make us look older.

**Exercise most days of the week.** Findings from a few studies suggest that moderate exercise can improve circulation and boost the immune system. This, in turn, may give the skin a more-youthful appearance.

**Cleanse your skin gently.** Scrubbing your skin clean can irritate your skin. Irritating your skin accelerates skin aging. Gentle washing helps to remove pollution, makeup, and other substances without irritating your skin.

**Wash your face twice a day and after sweating heavily.** Perspiration, especially when wearing a hat or helmet, irritates the skin, so you want to wash your skin as soon as possible after sweating.

**Apply a facial moisturizer every day.** Moisturizer traps water in our skin, giving it a more youthful appearance.

**Stop using skin care products that sting or burn.** When your skin burns or stings, it means your skin is irritated. Irritating your skin can make it look older.

**Note:** Some anti-aging products prescribed by a dermatologist may burn or sting. When using a prescription anti-aging product, this can be okay. Just be sure to let your dermatologist know.

## Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on "**This Date in History**". Here are a few interesting items from the past few weeks:



### May 2:

- 1670 The Hudson Bay Co. was chartered by England's King Charles II.
- 1863 Confederate Gen. Thomas "Stonewall" Jackson was accidentally wounded by his own men at Chancellorsville, Va. He died eight days later.
- 1890 The Oklahoma Territory was organized.
- 1932 Jack Benny's first radio show debuted on the NBC Blue Network.
- 1939 New York Yankees first baseman Lou Gehrig's streak of 2,130 consecutive games played came to an end when the ailing slugger removed himself from the lineup.
- 1941 General Mills began shipping a new cereal called "Cheerioats" to six test markets. (The cereal was later renamed "Cheerios.")
- 1945 The Soviet Union announced the fall of Berlin and the Allies announced the surrender of Nazi troops in Italy and parts of Austria.
- 1982 The Weather Channel debuted.
- 1997 Tony Blair became, at age 44, Britain's youngest prime minister in 185 years.
- 2011 Osama bin Laden was killed by elite American forces at his Pakistan compound, then quickly buried at sea after a decade on the run.
- 2018 The Boy Scouts of America announced that the group's flagship program would undergo a name change; after being known simply as the Boy Scouts for 108 years, the program would now be called Scouts BSA. (The change came as girls were about to enter the ranks.)

### Birthdays:

- Singer Englebert Humperdinck is 83
- Country singer Larry Gatlin is 71
- Actor Brian Tochi ("Revenge of the Nerds," "Police Academy") is 60
- Wrestler-actor Dwayne Johnson (The Rock) is 47
- Actress Ellie Kemper ("The Office") is 39
- Actor Gaius Charles ("Grey's Anatomy") is 36

### May 8:

- 1541 Spanish explorer Hernando de Soto reached the Mississippi River.
- 1794 Antoine Lavoisier, the father of modern chemistry, was executed on the guillotine during France's Reign of Terror.
- 1846 The first major battle of the Mexican War was fought at Palo Alto, Texas, resulting in victory for Gen. Zachary Taylor's forces.
- 1886 Atlanta pharmacist John Styth Pemberton invented the flavor syrup for Coca-Cola.
- 1944 The first "eye bank" was established, in New York City.
- 1968 Jim "Catfish" Hunter of the Oakland Athletics pitched a perfect game against the Minnesota Twins in Oakland.
- 1970 The album "Let It Be" by the Beatles was released.
- 1978 David Berkowitz pleaded guilty in Brooklyn to the "Son of Sam" killings.
- 1987 Gary Hart, dogged by questions about his personal life, withdrew from the race for the Democratic presidential nomination.
- 1999 The Citadel, South Carolina's formerly all-male military school, graduated its first female cadet.
- 2012 Josh Hamilton of the Texas Rangers became the 16th major league baseball player to hit four home runs in a game.

### Birthdays:

- Singer Toni Tennille is 79
- Actor Mark Blankfield ("Robin Hood: Men in Tights,") is 71
- Singer Philip Bailey (solo and with Earth, Wind and Fire) is 68
- Drummer Alex Van Halen of Van Halen is 66
- Actor David Keith is 65
- Actor Raoul Max Trujillo ("Mayans M.C.") is 64
- Actress Melissa Gilbert is 55
- Singer Enrique Iglesias is 44

### May 15:

- 1930 Ellen Church, the first airline stewardess, went on duty aboard a United Airlines flight from San Francisco and Cheyenne, Wyo.
- 1972 Alabama Gov. George Wallace was shot while campaigning for the Democratic presidential nomination in Laurel, Md., and left permanently paralyzed below the waist.
- 1988 The Soviet Union began withdrawing its troops from Afghanistan.
- 2001 A runaway freight train rolled about 70 miles through Ohio with no one aboard before a railroad employee jumped onto the locomotive and brought it to a stop.

- 2006 The United States removed Libya from its list of terrorist states.
- 2008 California's Supreme Court declared gay couples in the state could marry - a victory for the gay rights movement that was overturned by the passage of Proposition 8 the following November.

### Birthdays:

- Actress-singer Anna Maria Alberghetti is 83
- Singer Trini Lopez is 82
- Actress-singer Lainie Kazan is 77
- Actress Gunilla Hutton ("Petticoat Junction," "Hee Haw") is 77
- Actor Nicholas Hammond ("The Sound of Music") is 69
- Actor Russell Hornsby ("Grimm") is 45
- Actress Jamie-Lynn Sigler ("The Sopranos") is 38
- Actress Alexandra Breckenridge ("The Walking Dead,") is 37

### May 22:

- 1868 The Great Train Robbery took place near Marshfield, Ind., as seven members of the Reno gang made off with \$96,000 in cash, gold and bonds.
- 1947 The Truman Doctrine was enacted as Congress appropriated military and economic aid for Greece and Turkey.
- 1960 A magnitude 9.5 earthquake, the strongest ever recorded, struck southern Chile, claiming 1,655 lives.
- 1981 "Yorkshire Ripper" Peter Sutcliffe was convicted in London of murdering 13 women and was sentenced to life in prison.
- 1990 North Yemen and South Yemen merged to form the Republic of Yemen.
- 1992 Johnny Carson hosted NBC's "Tonight Show" for the last time after nearly 30 years in the job.
- 1998 Voters in Northern Ireland and the Republic of Ireland cast ballots giving resounding approval to a Northern Ireland peace accord.

### Birthdays:

- Actor Michael Constantine ("My Big Fat Greek Wedding") is 92
- Pianist Peter Nero is 85
- Actor-director Richard Benjamin is 81
- Actor Frank Converse is 81.
- Actress Brooke Smith ("Grey's Anatomy") is 52
- Actor Sean Gunn ("Guardians of the Galaxy") is 45

### May 29:

- 1953 Mount Everest was conquered as Edmund Hillary of New Zealand and sherpa Tenzing Norgay of Nepal became the first climbers to reach the summit.
- 1660 England's King Charles II was restored to the monarchy after an interregnum of 11 years.
- 1765 Patrick Henry denounced the Stamp Act before Virginia's House of Burgesses, saying, "If this be treason, make the most of it!"
- 1790 Rhode Island became the last of the original 13 colonies to ratify the United States Constitution.
- 1848 Wisconsin became the 30th state of the union.
- 1942 Bing Crosby recorded Irving Berlin's "White Christmas" in Los Angeles for Decca Records.
- 1999 Space shuttle Discovery completed the first docking with the International Space Station.
- 2001 Four followers of Osama bin Laden were convicted in New York of a global conspiracy to murder Americans, including the 1998 bombings of two U.S. embassies in Africa that killed 224 people. (All were sentenced to life in prison.)
- 2004 A memorial to America's World War II veterans was dedicated on the National Mall in Washington, D.C.
- 2010 Philadelphia Phillies pitcher Roy Halladay threw the 20th perfect game in major league history, beating the Florida Marlins 1-0.

### Birthdays:

- Actor Kevin Conway ("Gods and Generals") is 77
- Actor Anthony Geary ("General Hospital") is 72
- Singer LaToya Jackson is 63
- Actor Ted Levine ("Monk," "The Silence of the Lambs") is 62
- Actor Rupert Everett is 60
- Singer Melissa Etheridge is 58
- Cartoonist Aaron McGruder ("Boondocks") is 45
- Singer Melanie Brown ("Scary Spice") of the Spice Girls is 44
- Actor Billy Flynn ("Days of Our Lives") is 34



**AND.....**"If you're sitting in a bar this afternoon, like Jay and his friends will be doing.....and Actress Annette Bening comes in, we hope that you will buy her a drink, as she is 61 years old today.



## Here Comes "Little Johnny"

A teacher asks the children to discuss what their fathers do for a living.

Little Mary says: "My Dad is a lawyer.

He puts the bad guys in jail."

Little Jack says: "My Dad is a doctor.

He makes all the sick people better."

All the kids in the class had their turn except Little Johnny.

Teacher says: "Johnny, what does your Dad do?"

Johnny says: "My Dad is dead."

"I'm sorry to hear that, but what did he do before he died?"

"He turned blue and sh..t on the carpet."



### Answers.....

1) Fact - Flood causing hurricanes, tropical storms and torrential rains kill more people in the USA than any other weather occurrence. Most deaths are caused when people walk or drive in flooded areas.

2) Fact - They roll in mud to cool down but it also causes a durable layer of mud to form to their skin. Cows and sheep can sunburn as well.

3) Fact - instead of teeth in the upper front of their mouth cows have a tough pad used for chewing their food.

4) Fact - by definition the word graffiti can refer to one symbol or to several elaborate sentences written on a public wall.

5) Fact - there are 2,598,960 to be exact.

6) Fact - in addition to turkey they ate eel, swan and dried berries.

7) Crap - the truth is that color of the matador's cape doesn't upset the bull at all. Like most mammals, bulls are color blind. Its the flapping and waving of the cape that irritates the bull



## This Month's Sudoku Puzzle....

A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

**Difficulty- Very Hard. Be sure to use a pencil!**

		5		7		4		
8		2	1					
9			8					
2		9				7	1	
	1						3	
	5	8				2		6
					6			8
					5	6		1
		7		8		9		

(Answers on Page 9)

*Artificial intelligence is no match for natural stupidity.*

**Visit our Website:**

[www.delraybeachkiwanis-sunrise.org](http://www.delraybeachkiwanis-sunrise.org)



*If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@att.net*

*-- Thank you*



**The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.**

Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

**2018-19 Kiwanis Int'l President:**  
Poly Lat

**2018-19 Florida Kiwanis Governor:**  
Steve LeBlanc  
Email: stephenjohnleblanc@gmail.com

**2018-19 Division 21 Lt. Governor:**  
(open)

**Other Division 21 Clubs:**

**Boca Raton**-1st & 3rd Thursdays, 4 p.m.  
Clive Daniels Furniture Store Upstairs  
1351 NW Boca Raton Blvd  
Boca Raton (NW Corner Glades Road & NW 2nd Ave)

**Boynton Beach** - Tuesdays, 12 Noon  
Bru's Room  
1333 N. Congress Ave  
Boynton Beach

**Gold Coast Knights**-1st & 3rd Wed., 7 p.m.  
Duffy's Sports Grill  
Linton Boulevard and Federal Highway  
Delray Beach

**Green Acres** - Wednesdays, 12 Noon  
New China Buffet  
5841 Lake Worth Road  
Greenacres

**Hypoluxo-Lantana** - Tuesdays, 7:00 a.m.  
Maddock Park  
1200 West Drew Street  
Lantana

**Lake Worth** - Tuesdays, 8 a.m.  
Too-Jays Restaurant  
419 Lake Avenue  
Lake Worth

**Florida Kiwanis Foundation:**

**2018-19 President:** Winifred Holland  
Email: Winnieh1024@gmail.com

**Div. 21 Trustee:** Tom Thayer  
E-mail: TomThayer@Earthlink.net



# Governor's Message

by Steve LeBlanc, Florida Kiwanis Governor

Today is Monday, May 13, 2019. Yesterday was Mother's Day. A day set aside to thank those wonderful women who gave all of us the opportunity to enter this world. It is appropriate that this day is celebrated in the midst of Spring. Springtime is the season of new birth and new life. All mothers have an intuitive connection to this portion of the circle of life since it is they who make it happen. We all cherish our mothers, as we should, and if you are among the fortunate to still have your mother to talk to, don't just save it for Mother's Day. Tell them every day how important they are to you and your family. It's easy to do, it means a lot and it makes a tremendous difference in their life and yours.

The last installment of this message was delivered just before St. Patrick's Day. Since that time, many wonderful events have taken place in the Florida District and I want to give you a short synopsis of activities. The adventure began with a quick visit to Grand Cayman Island to participate in the last Key Club Spring Zone Rally of the year, a charter celebration for a new CKI club and break bread with the Kiwanis Club of Grand Cayman at their evening meeting. A wonderful time spent with dedicated Kiwanians in a beautiful setting. Then it was on to Tallahassee for Children's Week and all the activities that make the long drive to the state capitol worthwhile. The hospitality of the Div. 3 Kiwanis clubs was second to none and the United Way fundraising dinner was special with a great speech given by Gov. DeSantis' wife. The opportunity to interact with the children during the festival while successfully lobbying our elected officials on behalf of Healthy Families Florida made for a very successful and fulfilling trip. The Eye of the Tiger club building team paid a visit to our district at the beginning of April and facilitated a very successful club opening blitz in Punta Gorda and the Sarasota area. (I will comment more on that effort in the next paragraph) Next up was the annual Key Club District Education & Leadership Conference (better known as DCON) in Orlando. Two thousand high school students and 200 adult volunteers/chaperones in a 5-star hotel for 3 days...what could go wrong, you ask? NOTHING, not a thing! It went off flawlessly and the students, as always, were the stars. Wonderful energy, talent and dedication to the core values of Key Club were on display and a great time was had by all. After a break to celebrate Easter season, we attended the Lieutenant Governor training session in Lake Mary during the first week of May. Gov-Elect Allen and his education chair, Prairy Riehl did an outstanding job of preparing the incoming class of LTGs for the journey ahead. It was a weekend filled with positive energy, bonding and a true Kiwanis family moment.

With regard to the growth of the Florida Kiwanis family, it gives me great joy to provide the following statistics: the FL District of Kiwanis is currently (as of April 30, 2019) showing a net gain of 310 members. This increase does not include the three (3) new Kiwanis clubs recently formed during the aforementioned club blitz in the Punta Gorda and Sarasota areas. A dedicated team of local Kiwanians in concert with the Eye of the Tiger team successfully formed these new clubs that will come online soon once their paperwork is submitted to Kiwanis International. The local effort was spearheaded by Larry Taylor of the Punta Gorda Kiwanis club. Unfortunately, our Kiwanis family lost Larry a few weeks later to a very premature passing and our hearts go out to Marian and her family in this difficult time. Larry was larger than life and had a burning passion to open new clubs so he could welcome new members to the world of Kiwanis and serving the needs of children. He leaves a void that will never be completely filled. Other new club openings are on the horizon and new member inquiries continue to come nearly every day which lead to new family members.

As we turn our focus toward the summer months, it is time to help welcome the Kiwanis world to Orlando at the Kiwanis International Convention being held at the Coronado Springs Resort at Walt Disney World. We serve as host to the world for four days, so please come out and help show the world what being a Florida Kiwanian is all about! And...if you simply can't make it to ICON, please remember our DCON is not far off in August at the beautiful Omni International Resort in Orlando. This is our annual family reunion and we hope to see as many of you there as possible. Its going to be a great time for all and a wonderful opportunity for new members and first-time convention goers to experience what this great District has to offer. We look forward to seeing all of you at these great events!

Steve & Chris LeBlanc

## Sudoku Puzzle...Answers

1	6	5	2	7	9	4	8	3
8	3	2	1	6	4	5	9	7
9	7	4	8	5	3	1	6	2
2	4	9	6	3	8	7	1	5
7	1	6	5	4	2	8	3	9
3	5	8	9	1	7	2	4	6
5	9	1	4	2	6	3	7	8
4	8	3	7	9	5	6	2	1
6	2	7	3	8	1	9	5	4



## From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!



**BE THE DIFFERENCE  
KIDS NEED**