



The Sunriser



The Kiwanis Club of Delray Beach - Sunrise

"Where Ordinary People Provide Extraordinary Service" - Celebrating 39 Years of Service

Meets for Breakfast Every Wednesday, 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl. 33445

2012-2013 Officers

- President:** Doug Martin
561-900-9390
- Pres. Elect:** Position Open
(Please Volunteer)
- Vice-President:** Susan Ruby
- Secretary:** Barbara Schooler
561-271-6649
- Treasurer:** Dale Morrison
561-278-1002
- Immediate Past President:**
Jeff Goldman

2012-2013 Bd. of Directors

Ben Bassford, Susan Ruby,
Terrill Pyburn, Ben Ruby,
Alberta G. Rickard, Jeff Goldman

2012-2013 Committee Chairs

- *Community Service:**
 - AVDA** - Jean Antin
 - Thanksgiving**-Jay Alperin,
Jeff Goldman, Ernie Galinis
- *Club Meetings:** Jay Alperin
- *Fund Raising:**
 - Delray Affair**- Brian Shutt,
Barbara Schooler, Ernie Galinis
 - Golf Tourney**- Ben Ruby
 - Glo-Ball**- Bob Barcinski
 - Cruise** - Alberta Gaum Rickard,
AHS Key Club
 - Garlic Festival**- Jeff Goldman,
Ernie Galinis
- *Interclubs:** Steve Rubin
- *Membership:** Terrill Pyburn,
Alberta Gaum-Rickard
- *Newsletter/Website:**
Scott Youngberg
- *Programs:** Ezra Krieg, Ray Osterlund
- *Social Activities:**
President & President Elect
- *Spiritual Aims:**
Scott Youngberg, Ray Osterlund
- *Youth Services:**
 - BUGS** - Doug Martin, Carlene Laseter,
Ernie Galinis
 - Scholarship** - Doug Martin
 - Key Club/Builders Club** - Steve Rubin

Volume 2013, Issue 3

March, 2013

Live United and Volunteer Today

On February 6th, our club listened to Donna Pulda, the Manager of Volunteer Services for the United Way. United Way of Palm Beach County is a volunteer-driven organization. United Way's mission is to improve measurably the lives of individuals and families in Palm Beach County by uniting the resources of donors, volunteers, agencies and the community. Giving to United Way of Palm Beach County is the best way for you to make a difference in our community. Every gift made to United Way of Palm Beach County is considered an investment in our community, one whose impact will be multiplied when combined with others. The Volunteer Center plays an integral role in United Way of Palm Beach County's

mission to change lives and shape our community. Their volunteer program is aimed at making volunteering easy and flexible to fit everyone's busy schedule. Volunteer opportunities are available for individuals, families, organizations and corporations. One of their current programs is VITA (Volunteer Income Tax Assistance). Here they provide Free Tax Preparation for incomes less than \$51,000. Go to their website at www.unitedwaypbc.org to find more information.



Donna Pulda

Horses & Handicapped Becomes "EATS"



Molly Murphy

Our program on February 27th was presented by Molly Murphy, the Outreach Manager for Equine-Assisted Therapies of South Florida

(formerly known as Horses and the Handicapped of South Florida). Our club may be the first to refer to them with the new acronym of "EATS". Equine-Assisted Activities (EAA) are widely recognized as one of the most beneficial forms of recreational therapy that people with special needs can receive. EATS has been providing this therapy for almost 30 years, helping hundreds of riders improve their self-esteem and interaction with the world around them. Using

all five senses as they ride, students process visual, auditory, and tactile information which leads to significantly improved muscle tone, strength, speech, balance, and coordination. The benefits of horseback riding are as numerous as the types of disabilities and conditions served. This therapy strengthens muscles and increases mobility while building self-confidence, self-awareness and a feeling of freedom and joy for the rider. Their facility offers the most effective equine assisted programs including therapeutic riding and hippotherapy. Patients in the Hippotherapy program perform physical therapy on a horse where the horse's movement works in tandem with the physical therapist to deliver stretching and strengthening exercises not easily replicated in a clinical setting. For more information, go to www.hhsfl.org.

Visit our Website:

www.delraybeachkiwanis-sunrise.org

Carney & Glickstein Vie For Delray Beach Mayor

The election is Tuesday, March 12th. Both candidates presented their cases at consecutive meetings of our club in February. Below are highlights of their credentials:

Tom Carney



Tom Carney is looking to be re-elected as Delray Beach Mayor.

Mr. Carney has a plan to move Delray Beach Forward. Tom has the experience to continue making a positive difference for Delray Beach and our residents. Tom brings business experience to deal with fiscal and budget

issues, community experience to preserve the character of Delray Beach and commission experience to ensure there is a vision for our future.

The issues he plans on addressing include heading up Visions 2020 which will help layout a plan for

our City's future including a renewed focus on Congress Avenue, West Atlantic and Federal Highway; to ensure our tax dollars are spent wisely and the City is delivering services in an efficient and effective manner; working with our police to see that they are more visible in our neighborhoods and downtown to help deter crime and focusing on ways to regulate sober houses. In addition, Tom Carney insisted the Community Redevelopment Agency, Downtown Development Authority and Housing Authority come under the Palm Beach County Ethics Commission to ensure transparency of the millions of taxpayer dollars they spend every year. Tom is committed to reinstating town hall meetings for resident input and has recommended they occur twice a year. For more information, go to www.thomascarney.com.

Cary Glickstein



Cary Glickstein's slogan is

"The Mayor We Need Now".

Mr. Glickstein's lifetime of experience makes him qualified to be our next mayor. A successful businessman and attorney, Cary knows how to responsibly balance budgets, create jobs, and protect our city's character. As a past Chairman of the City's Planning & Zoning Board, Cary

earned a reputation for innovative solutions and tangible results. In both his professional and civic involvement, Cary has consistently earned positions of trust and leadership because of his sound judgment and innovative approach.

The issues he plans on addressing include: To responsibly balance budgets – without band aid solutions – and make city hall work for us; to create jobs, and get our local economy moving again; stop no-bid city contracts that waste millions and bring new openness to city hall so we can invest in things that matter; stop the kind of development that threatens our way of life; fight against transient housing; be a voice for new school programs currently offered only in neighboring towns, and will proactively address boundary and neighborhood issues for our children and families. This is the first and last political office Cary will seek. He is running because he feels we need an independent voice willing to fight for what's right – and get the job done. Cary is a Florida native and has lived in Delray Beach for over 25 years. For more information go to www.caryfordelray.com.

Disclaimer: The Kiwanis Club of Delray Beach - Sunrise does not endorse nor recommend candidates for public office. Our club just provided a forum for the candidates to express their views.

Remember To Vote On Tuesday, March 12th



Red wine and meat: a winning combination in the fight against heart disease.

Clinical research conducted at the Hebrew University revealed

that drinking a glass of red wine while having a meal with meat can prevent accumulation of oxidized cholesterol in the blood. While concerns have long been fo-

cused on total and "bad" cholesterol (low-density lipoproteins, or LDL), a major culprit is actually cholesterol/LDL that has become oxidized – a source of damaging free radicals.

According to the researchers, natural components in red wine – known as polyphenols, particularly "resveratrol," found in red grape skins – prevent the oxidation of cholesterol released into the bloodstream after eating meat. Because there is a known link between LDL cholesterol and heart attacks, the combination between red wine and meat, according to the researchers, can be very effective in preventing heart attacks.

Interclubs

Steve Rubin, Chairman



Greetings:

We had a successful Interclub on February 26, visiting the Lantana/Hypoluxo club at 7 a.m....Yikes!

Thanks to myself and **Carlene Laseter** for showing up. But, where was the elusive **Scott Youngberg** who said he would be there? No worries.....**James Banaeian**, our Florida Foundation Trustee and former Lt. Governor filled in for our club to qualify as an Interclub. Thanks James!



James Banaeian

Stay tuned for our next "exciting" Interclub coming soon to a location near you.

Best regards,

Steve Rubin,
Interclub Chair

Why we miss Rodney Dangerfield. Because he said

"My wife and I were happy for twenty years. Then we met.

"I'll tell ya, my wife and I, we don't think alike. She donates money to the homeless, and I donate money to the topless!"

"I asked my old man if I could go ice-skating on the lake. He told me, "Wait til it gets warmer."

"My doctor told me to watch my drinking. Now I drink in front of a mirror. I drink too much. Way too much. My doctor drew blood. He ran a tab."

"My wife isn't very bright. The other day she was at the store, and just as she was heading for our car, someone stole it! I said, "Did you see the guy that did it?" She said, "No, but I got the license plate."

"Last night my wife met me at the front door. She was wearing a sexy negligee. The only trouble was, she was coming home."

\$\$\$ Happy Dollars \$\$\$



Upcoming Birthdays:

- March 5** - Alberta Gaum
- March 17** - Sophia Youngberg
- March 21** - Jean Antin
- Bob Barcinski

Wedding Anniversaries:

- None -

Membership Anniversaries:

- March 9** - Ray Osterlund, 35 Years!
- March 11** - Regina Sablo, 10 years

February 6th Meeting: **Ben Bassford** put in \$5 to make up for missed meetings. **Bob Hagel** is excited to work the Garlic Festival...."He loves all the women that hit on him". **Terrill Pyburn** is happy that **Kim Hale** (prospective member) came back for another visit. **Carlene Laseter** had another great weekend visiting her grandchildren. **Ezra Krieg** is going to Maine (Burr!!!). Everyone else was.....drum roll please "Just Happy!"

February 13th Meeting: **Barbara Schooler** did the honors today. She put in \$2 for her new grand-daughter. She showed everyone the baby's picture as she collected the Happy Dollars. **Jean Antin** said "Everything's good". **Scott Youngberg** wished everyone a Happy Valentine's Day and **Jeff Goldman** thanked everyone for their help at the Garlic Festival. **Ezra Krieg** had the fun of 31" of snow in Maine and his son has been accepted into UCF. Everyone else was happy to be here.

February 20th Meeting: **Jay Alperin** put in for FAU's new stadium sponsor. He said the kids are already calling the stadium "Owl-catriz" because the sponsor is a prison operating firm. **Jean Antin's** daughter is coming to town and **Jim Van Patten** is celebrating 50 years in Kiwanis. How about that? (Jay, you still have 12 years to make that milestone). **Ezra Krieg** announced "The world is not coming to an end after all"He beat Terrill to the meeting today. Everyone else "Just Happy".

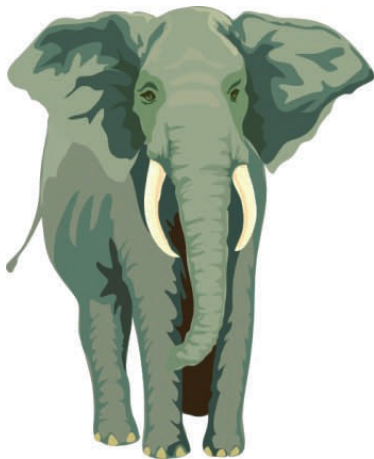
February 27th Meeting: **Dale Morrison** was the "Happy" collector today. Everyone gave **Bob Barcinski** kudos for the great job in running the Glo-Ball Golf tournament. Bob thanked everyone for their help and participation. **Bob Hagel** also wanted everyone to know he did a "Fantastic" job keeping the sponsor board from blowing over. (Someone finally got the bright idea to move the board to another location). **Jay Alperin** put a dollar in for **Steve Rubin**, who was getting short on cash after putting in for his 25th anniversary and buying \$10 of 50/50 tickets. **Carlene Laseter** was happy she and Bob didn't kill each other at the golf tournament check-in table. Finally, **Ezra Krieg** warned us his younger son got his Drivers learner's permit. Uh Oh.....



"Without question, the greatest invention in the history of mankind is beer. Oh, I grant you that the wheel was also a fine invention, but the wheel does not go nearly as well with pizza."Dave Barry

This is an Incredible story!

In 1986, Peter Davies was on holiday in Kenya after graduating from Northwestern UniversityOn a hike through the bush, he came across a young bull elephant standing with one leg raised in the air.



The elephant seemed distressed, so Peter approached it very carefully. He got down on one knee, inspected the elephants foot, and found a large piece of wood deeply embedded in it. As carefully and as gently as he could, Peter worked the

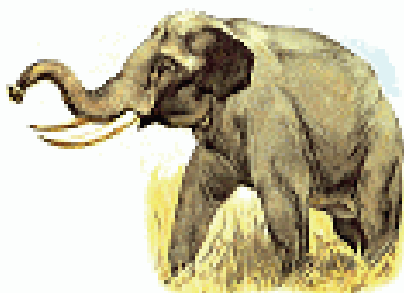
wood out with his knife, after which the elephant gingerly put down its foot.

The elephant turned to face the man, and with a rather curious look on its face, stared at him for several tense moments. Peter stood frozen, thinking of nothing else but being trampled. Eventually the elephant trumpeted loudly, turned, and walked away. Peter never forgot that elephant or the events of that day.

Twenty years later, Peter was walking through the Chicago Zoo with his teenage son. As they approached the elephant enclosure, one of the creatures turned and walked over to near where Peter and his son Cameron were standing. The large bull elephant stared at Peter, lifted its front foot off the ground, then put it down. The elephant did that several times then trumpeted loudly, all the while staring at the man.

Remembering the encounter in 1986, Peter could not help wondering if this was the same elephant. Peter summoned up his courage, climbed over the railing, and made his way into the enclosure. He walked right up to the elephant and stared back in wonder.

The elephant trumpeted again, wrapped its trunk around one of Peter legs and slammed him against the railing, killing him instantly.



Probably wasn't the same elephant.

Calendar Of Events

March 11.....DCM Meeting.

Duffy's, Boynton Beach, 6:30 p.m. Elections for Division Lt. Governor, Lt. Governor elect and Foundation Trustee. Nominations are open to any Kiwanis member. Let us know if you are interested.

March 16 Florida Kiwanis Governor's visit Boynton Beach BBQ Lunch 10-2 pm.

TBA.....Interclubs, Bugs, Easter Egg Hunt, and a visit by the Easter Bunny to the Children's ward at Bethesda Hospital. (Word has it that Ezra is going to be the Easter Bunny)



Other Doings.



Here we go again.....On February 6th, **Brian Shutt** had to leave early. His 50/50 ticket won. Well, at the 13th meeting, Brian was ready to win again, but **Scott Youngberg** jumped ahead of Brian and got what would have been his ticket. Guess who won..... Scott did!



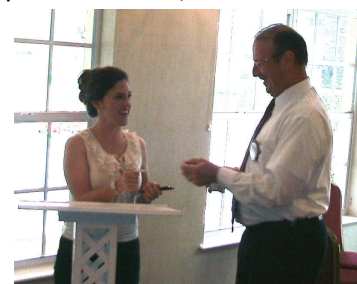
"It's the Apocolypse!!!" exclaimed **Ezra Krieg** at our February 13th meeting. **Terrill Pyburn** arrived at the meeting before Ezra! Terrill is now living in Pompano and is getting here earlier than when she lived just around the corner. How 'bout that!



Our club has adopted Equine-Assisted Therapies of South Florida (formerly known as Horses and the Handicapped of South Florida) as a project this year. At our meeting on February 27th, we presented a \$200 check to

Molly Murphy, the Outreach Manager for EATS (See page 1).

Here's President **Doug Martin** making the presentation.....>



Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on "This Date in History"

Here are a few interesting items from the past few weeks:

February 6:

1788 Massachusetts became the sixth state to ratify the U.S. Constitution.

1922 Cardinal Archille Ratti was elected pope; he took the name Pius XI.

1933 The 20th Amendment to the Constitution was declared in effect. It moved the start of presidential, vice-presidential and congressional terms from March to January.

1952 Britain's King George VI died; he was succeeded by his daughter, Elizabeth II.

1999 Excerpts of former White House intern Monica Lewinsky's videotaped testimony were shown at Pres. Bill Clinton's impeachment trial in the Senate.

2001 Ariel Sharon was elected Israeli prime minister.

2003 ABC's "20/20" aired a British documentary on Michael Jackson in which the singer revealed he sometimes let children sleep in his bed.

Birthdays:

1917 Zsa Zsa Gabor, Actress, turns 96

1931 Rip Torn, Actor ("The Larry Sanders Show"), turns 82

1939 Mike Farrell, Actor ("M*A*S*H"), turns 74

1940 Tom Brokaw, Broadcast journalist, author, turns 73

1943 Fabian, Singer, turns 70

1950 Natalie Cole, Singer, turns 63

1957 Robert Townsend, Actor, director, turns 56

February 13:

1542 The fifth wife of England's King Henry VIII, Catherine Howard, was executed for adultery.

1635 The Boston Public Latin School, the first public school in what is now the United States, was founded.

1960 France exploded its first atomic bomb.

1997 The Dow Jones industrial average broke through the 7,000 barrier for the first time, closing at 7,022.44.

2000 Charles Schulz's final "Peanuts" comic strip ran in Sunday newspapers, the day after the cartoonist died at age 77.

2005 Ray Charles won eight posthumous Grammy awards for his final album, "Genius Loves Company."

Birthdays:

1923 Chuck Yeager, Test pilot, turns 90

1933 Kim Novak, Actress, turns 80

1934 George Segal, Actor, turns 79

1942 Peter Tork, Singer, musician (The Monkees), turns 71

1944 Stockard Channing, Actress, turns 69

1944 Jerry Springer, Talk show host, turns 69

February 20:

1792 President George Washington signed an act creating the U.S. Post Office.

1809 The Supreme Court ruled that the power of the federal government is greater than that of any individual state.

1839 Congress prohibited dueling in the District of Columbia.

1962 Astronaut John Glenn became the first American to orbit Earth as he flew aboard the Friendship 7 Mercury capsule.

1998 Tara Lipinski became at 15, the youngest gold medalist in Winter Olympics history, she won the ladies' figure skating title at Nagano, Japan.

Birthdays:

1924 Gloria Vanderbilt, Fashion designer, turns 89

1927 Sidney Poitier, Actor, turns 86

1941 Buffy Sainte-Marie, Folk singer, turns 72

1946 Sandy Duncan, Actress, turns 67

1963 Charles Barkley, Basketball Hall of Famer, turns 50

1966 Cindy Crawford, Model, turns 47

February 27:

1801 The District of Columbia was placed under the jurisdiction of Congress.

1951 The 22nd Amendment to the Constitution, limiting a president to two terms of office, was ratified.

1991 President George H.W. Bush announced the end of the Persian Gulf War.

1997 Divorce became legal in Ireland.

1997 Legislation banning most handguns in Britain went into effect.

Birthdays:

1930 Joanne Woodward, Actress, turns 83

1934 Ralph Nader, Consumer advocate, turns 79

1961 James Worthy, Basketball Hall of Famer, turns 52

1962 Adam Baldwin, Actor, turns 51

1981 Josh Groban, Singer, turns 32

AND....."If you're sitting in a bar this afternoon, like Jay and his friends will be doing....." and Chelsea Clinton, Daughter of Bill and Hillary Rodham Clinton, comes in, we hope that you will buy her a drink, as she is 33 years old today.



8th Annual Sunrise Kiwanis Night Golf Tournament

Congratulations to **Bob Barcinski** for another outstanding golf tournament. Our club raised over \$2,000. Many thanks to our sponsors shown below.

(Also pictured is Bob Hagel demonstrating how to keep the sponsor board from blowing over)



From the File

**"Stuff you didn't know.....
you didn't know!"**

Q. What do bulletproof vests, fire escapes, windshield wipers and laser printers have in common?

A. All were invented by women.

Q. What is the only food that doesn't spoil?

A. Honey

In Shakespeare's time, mattresses were secured on bed frames by ropes. you would pull the ropes tight making the bed firmer to sleep on. Hence the phrase :sleep tight"

In English pubs, ale is ordered by pints and quarts... So in old England , when customers got unruly, the bartender would yell at them 'Mind your pints and quarts, and settle down.' . . .

It's where we get the phrase 'mind your P's and Q's'

Disorder In The Court

These are from a book called *Disorder in the American Courts*, and are things people actually said in in court , word for word , taken down and now published by court reporters that had the torment of staying calm while these exchanges were actually taking place.



ATTORNEY: What was the first thing your husband said to you that morning?

WITNESS: He said , 'Where am I , Cathy?'

ATTORNEY: And why did that upset you?

WITNESS: My name is Susan!

ATTORNEY: What gear were you in at the moment of the impact?

WITNESS: Gucci sweats and Reeboks.

ATTORNEY: This myasthenia gravis , does it affect your memory at all?

WITNESS: Yes.

ATTORNEY: And in what ways does it affect your memory?

WITNESS: I forget..

ATTORNEY: You forget? Can you give us an example of something you forgot?

ATTORNEY: Do you know if your daughter has ever been involved in voodoo?

WITNESS: We both do.

ATTORNEY: Voodoo?

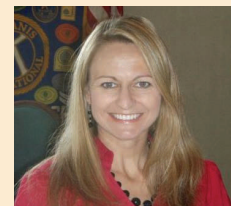
WITNESS: We do..

ATTORNEY: You do?

WITNESS: Yes , voodoo.

Membership

Terrill Pyburn - Chairperson



There's plenty of time to qualify as a 2012-13 distinguished Kiwanian.

Here's a tip: The distinguished member form is online at www.KiwanisOne.org/distinguishedmember.

The award will be granted to a member in good standing who, during this Kiwanis year, completes these three steps:

1. Recruits two new active members.
2. Participates in one Kiwanis-branded Service Leadership project or activity.
3. Participates in one service project involving the health, education or safety of young children in their developing years.

Recipients will receive a letter and gift from Kiwanis International President Tom DeJulio, as well as a lapel pin and certificate.

Help our club be the best there is by doing these 3 things.

50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



February 6 - Brian Shutt (Gave to AVDA)

February 13 - Scott Youngberg

February 20 - Alberta Guam (Gave to AVDA)

February 27 - Steve Rubin (He bought \$10 of tickets. Big surprise he won, right? He gave the winnings to EATS)

PUBLIC SERVICE ANNOUNCEMENT

Why Donate Blood?

A blood donation truly is a "gift of life" that a healthy individual can give to others in their community who are sick or injured. In one hour's time, a person can donate one unit of blood that can be separated into four individual components that could help save multiple lives.

From one unit of blood, red blood cells can be extracted for use in trauma or surgical patients. Plasma, the liquid part of blood, is administered to patients with clotting problems. The third component of blood, platelets, clot the blood when cuts or other open wounds occur, and are often used in cancer and transplant patients. Cryoprecipitated anti-hemophilic factor (AHF) is also used for clotting factors.

In a recent study supported by the National Blood Foundation (*TRANSFUSION 2002;42:122S*), more than 5,000 individuals who were current blood donors at the time or who had given blood in the past were asked why they donate blood. Nearly three-quarters of the respondents said that they give blood to help others. Respondents also said that giving blood makes them feel good about themselves; supports their local communities and hospitals; supports their community culture; and "pays back" society for the times when they or their families have needed blood transfusions in the past.

Blood Donation FAQs Answered

Generally, you must be at least 16 years of age, a minimum of 110 pounds, and in basic good health. Blood donors are not paid. Blood supplies can vary depending on the region and time of year. As donor qualifications continue to become stricter and as the donor population ages, our nation is at risk of a low blood supply. If you are eligible, your blood donations are needed. Most blood centers strive to maintain an optimum inventory level of a three-day supply. Due to unpredictable demands from trauma incidents the inventory fluctuates hourly. When the blood supply drops below a three-day level, blood centers begin alerting local donors to increase the inventory to a safe operating level. There is no risk of contracting AIDS or any other disease through the donation process. Each collection kit is sterile, pre-packaged and used only once.

The body contains 10 to 12 pints of blood. Your whole blood donation is approximately one pint and doesn't take long to be replaced. The volume of fluids will adjust within a few hours of your donation. The red blood cells will be replaced within a few weeks.

You may donate whole blood once every 56 days, which allows plenty of time for your red cells to be replenished.

For all of these reasons and more, donating blood is a good idea. There are plenty of Blood Bank locations throughout Palm Beach County or just look for the donation buses as you drive around town.

Upcoming Meeting Programs

March 6	Open ????
March 13	Human Trafficking
March 20	"Ezra's Keeping it a secret"
March 27	"Also a secret"

**Please contact Ezra Krieg,
954-260-8838 if you have a program
idea for our meetings.**

Did You Know.....?

The Florida Kiwanis Foundation focuses on children and communities within the Florida District of Kiwanis.



James Banaeian

The function and goal of the Florida Kiwanis Foundation is to establish permanency, through contributions and donations, that will assure our youth leadership and development programs will continue without interruption. Promoting high moral, ethical and spiritual leadership examples to our youth is the key to this country's overall success.

James Banaeian, our District Trustee for the Foundation, visited our club on February 20th. His message was the Foundation currently has a Mini-Grant program offering non-matching grants for Kiwanis projects. There is a simple one page application form for the Mini-Grant and the maximum request is \$500. The amount does not need to be matched by the club nor does the request need to cover capital expenses. Money is available for more on a matching basis.



Visit our Website:

www.delraybeachkiwanis-sunrise.org



If you have something for the newsletter, please send it to Scott Youngberg via E-mail:

esysy@att.net

Thank you

The Delray Beach-Sunrise Kiwanis Club was Chartered in 1973 and is operating in Division 21 of the Florida District

2012-13 Kiwanis International President:

Thomas DeJulio

2012-13 Florida Kiwanis Governor:

Allen Whetsell

2012-13 Division 21 Lt. Governor:

John Sullivan

Other Division 21 Clubs:

Boca Raton-Thursdays, 7:30 a.m.,
Boca Raton Train Depot
747 S. Dixie Hwy., Boca Raton

Boynton Beach-Tuesdays, 12 Noon,
Duffy's Sports Grill
4746 N. Congress Ave., Boynton Beach

Delray Beach- 1st & 3rd Thursdays, 12:15 p.m.,
Duffy's Sports Grill
1750 South Federal Highway
Delray Beach 33483

Gold Coast Knights-1st & 3rd Thurs., 7 p.m.,
Deerfield Country Club
50 Fairway Drive, Deerfield Beach

Green Acres - Wednesdays, 12 Noon,
Palm Beach National Golf & CC
Nassau Road
Lake Worth, 33467

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
Maddock Park
1200 West Drew Street
Lantana, Florida 33462

Lake Worth - Tuesdays, 8 a.m.,
TooJays Restaurant
419 Lake Avenue, Lake Worth

Palm Springs - Tuesdays, 7:15 a.m.
Newport Café
2677 Forest Hill Blvd., #123
West Palm Beach, FL

Florida Kiwanis Foundation:

President: Don Fineout

Div. 21 Trustee: James Banaeian



International President's Message

by Tom DeJulio, *President of Kiwanis International*

KIWANIS OBJECT 4

To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.

I recall my earliest understanding of the difference between contribution and commitment. It is called the "bacon and eggs" theory. The chicken makes a contribution while the pig makes the commitment. The fourth Object of Kiwanis requires our members to go beyond contributing to a cause or project. We are called upon to make a commitment to develop, by precept and example, a "more intelligent, aggressive and serviceable citizenship." This year, you will hear the word "growth" used less often than the words "membership development." Why? Numerical growth goals have not been successful in recent years because they place too much focus on numbers. Membership development, on the other hand, focuses on "impact"—the impact Kiwanians make in their communities and the impact on their own lives when making a difference whenever and wherever they serve. By active involvement with a Service Leadership club, Kiwanians impact young leaders through mentoring and by creating opportunities for them to become the next generation of serviceable citizens.

The fourth Object drives Kiwanis to be an "activist" organization, one whose members are quite vocal and aggressive in displaying their passion for the causes they serve. Kiwanians also display the fourth Object by educating themselves about the needs in their local and global communities. When was the last time your club leaders conducted a "community analysis," a critical directive that has been reinforced recently by mandatory Kiwanis training? Kiwanis International spends a considerable amount of time and dollars aggressively inviting new members to join our network. When we do, we are not just looking for more numbers on our rosters or more contributions to our cash accounts. Rather, we seek a personal "commitment" to impact more lives that will create a more serviceable citizenship.

Do a Google search on the words "serviceable citizenship," and you may be surprised to find that nearly all the initial entries are Kiwanis-related. Kiwanians have owned that description since the fourth Object was adopted in 1924, because they continue to channel their caring energies to perform transformational service in their communities. Service impact cannot always be easily measured. It is measured better by a qualitative commitment to the defining values described in the fourth Object.

"Beer is proof that God loves us and wants us to be happy."

.....Benjamin Franklin





From Ben Bassford's Camera.....

Trusty photographer Ben and a helper or two are giving us some great memories from recent meetings and events. ENJOY!



Ben Bassford



Dale Morrison said "Happy Valentine's Day" with Roses for the ladies.



Jay Alperin with Margie Walden



"The Winning Ticket"

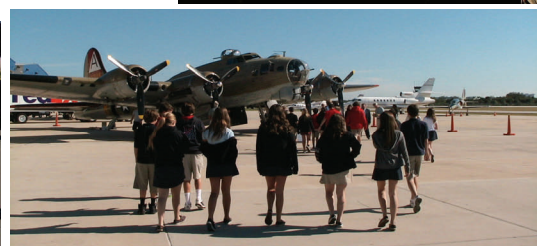


Go Bob, Go!



It's **BOMBS AWAY** baby!

Our club helped sponsor Banyan Creek Elementary kids visit to the "Wings of Freedom" display of WW II bombers in Boca Raton.



Delray Beach GARLIC FEST Feb. 8, 9, 10, 2013

Here's some pics from our recent fund-raiser at the Garlic Fest. Congratulations to **Jeff Goldman** for coordinating this for the club and for doing a GREAT Job!

