

Save the
DATE!

The

Sunriser



"Swing for Kids"
Charity Golf Classic
October 17, 2020

The Kiwanis Club of Delray Beach

"Where Ordinary People Provide Extraordinary Service" - Celebrating 46 Years of Service

Meets for Breakfast Wednesday's (except the 1st Week), 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl.
And the 1st Thursday, 6:00 pm, Tim Finnegan's Irish Pub, 2885 S. Federal Hwy (South of Linton), Delray Beach, Fl.

2019-2020 Officers

President, March:

Bob Barcinski

Secretary: Barbara Schooler
561-271-6649

Treasurer: Dale Morrison
561-278-1002

Immediate Past President:
Peggy Kelleher

2019-2020 Bd. of Directors

Carlene Laseter, Susan Ruby,
Ben Ruby, Doug Martin,
Alberta G. Rickard, David Freeburn
Jay Alperin

2019-2020 Committee Chairs

*Community Service:

AVDA - Dianie Alperin, Ben Ruby
Thanksgiving - Ezra Krieg
Police Appreciation - Ezra Krieg,
Peggy Kelleher

*Club Meetings: Jay Alperin

*Fund Raising:

Delray Affair - Matthew Byrne
Golf Tourney - Scott Youngberg
Glo-Ball - Bob Barcinski

*Interclubs: Steve Rubin

*Membership: Carlene Laseter

*Newsletter/Website:
Scott Youngberg

*Programs: Ezra Krieg

*Social Activities:

President & President Elect

*Spiritual Aims: Doug Martin

*Youth Services:

Scholarship - Scott Youngberg,
Dale Morrison
Terrific Kids - Peggy Kelleher,
Lisa Lee

*Key Club/Builders Club -

American Heritage - Sally Schliefer
Atlantic High School - Stacy Brody
Unity School - Stacy Brookman

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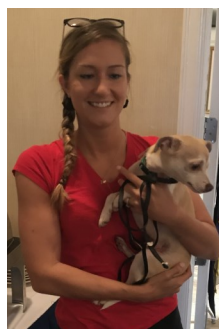
Spring 2020 Police Appreciation Awards

Twice a year, our club recognizes the outstanding performance of the Officers and Civilian Employees of the Delray Beach Police Department. On February 12th, we presented the Spring 2020 awards to H. Charles Lunsford and Christine Turner.

Christine Turner was recognized for her initiative and effort that played a pivotal role in locating a missing 70 year old man with Alzheimers and returning him safely to his family.

Charles Lunsford was credited for five arrests and filing of 14 felony charges associated with numerous schemes aimed at defrauding insurance companies and buying and selling addicts to drug treatment rehabs, clinical laboratories that test urine, and in this case a mail-in pharmacy.

We thanked them for their commitment and dedication, embracing the values of "One Delray, One Community and One Police Dept.



Our Club Is Going To The Dogs

Our program on February 19th was presented by Leslie Gladney, representing A Second Chance Puppies & Kittens Rescue.

The Rescue combines a no-nonsense goal of saving animals' lives with the blood, sweat, and tears of countless volunteers with financial support from various donors (individuals and corporations alike). Now in its twelfth year, the group has rescued over 13,000 animals and continues to grow rapidly thanks in large part due to established

relationships with various pet supply stores in Palm Beach County, including PETSMArt and PETCO.

Their animals are cared for in foster homes until they are vet checked, spayed or neutered, microchipped and current on all vaccines. Once a clean bill of health is given, then the adoption process begins. For more information or to volunteer, go to www.asecondchancerescue.org.



A SECOND CHANCE
PUPPIES AND KITTENS RESCUE, Inc.

Visit our Website:

www.delraybeachkiwanis-sunrise.org



Like us on
Facebook

Other Doings.....



Hail! President of the Month!

***** February *****



Carlene Laseter

Here are the upcoming scheduled POTM's:

- March - **Bob Barcinski**
- April - **Suzanne Fisher**
- May - **Larry Schroeder**
- June - **David Freeburn**
- July - **Jay Alperin**
- August - **Bill Morse**
- September - **Steve Rubin**

Thank You!



The 3rd Annual Great PUTT-PUTT Challenge..... Kiwanis V. Rotary Results!

It was close, but Kiwanis won for the 3rd straight time, claiming the prestigious Bright Trophy. The fun night raised over \$1,000 for Living Hungry, a local non-profit. Our own **Scott Youngberg** won the 50 -50 raffle for a cool \$63. Thanks to **Reeve Bright** for "Putting" this together.



I was out for a drink with the wife last night and I said, "I love you".

She asked me, "Is that you or the beer talking"

I said, "It's me.....I'm talking to the beer!"

I once meet a honest, caring, politician that listened when I spoke and tried to help the country.
Then I woke up.

\$\$\$ Happy Dollars \$\$\$



Upcoming Important Dates:

Upcoming Birthdays:

- March 5** - Alberta Rickard
- March 6** - Bill Morse
- March 7** - Mike Salem
- March 17** - Sophia Youngberg
- March 21** - Jean Antin
- Bob Barcinski
- March 23** - Sally Schleifer

Wedding Anniversaries:

- March 29** - Lisa Lee

Membership Anniversaries:

- March 11** - Regina Sablo, 17 years

February 6th Meeting "Finnegan's": Carlene Laseter was happy Kentucky won again and ranked in the top 20. Scott Youngberg was happy FSU is ranked higher. Steve Rubin was happy the Northwestern Women's Basketball team was ranked in the top 20. Carol Bassford was happy the impeachment trial is over and Ben Bassford put \$5 in for Trump "not guilty". Mark Scheinbaum wishing Rush Limbaugh well with his cancer diagnosis and Dale Morrison put in for his "buddy" Ezra Krieg. Ezra put in for Carol's happiness eating alone at Poppy's. Dave Freeburn is counting the days until he leaves for Bangkok and Bill Morse put in for another "Wonderful day in the neighborhood". Bonnie Morse was happy to join us. Everyone else was "Just Happy".

February 12th Meeting: Today was "Police Appreciation" Day with over 40 people in attendance. Everyone put in for our awesome police department. In addition to that, Carlene Laseter reminded us about Kentucky still winning. Scott Youngberg was happy for the Daytona 500 coming this weekend. Reeve Bright put in for Bob Barcinski's leadership of the Glo-ball tourney and for a police officer who was lost on the golf course. Ezra Krieg put in for Reeve's guest and reminded us that "a man is judged by the company he keeps". Gina Sablo is happy her family is here for a visit. Finally, Jay Alperin was happy for the police officer who didn't stop him for speeding.

February 19th Meeting: Reeve Bright started us off being glad that Tom Carney was here. Matt Byrne seconded that. Ezra Krieg was also happy that Tom was here, but wished Reeve wasn't. :) Mark Scheinbaum put in again for our Police Program last week and Peggy Kelleher welcomed our guests today. Jay Alperin was happy his wife, Diane was among those guests. Larry Schroeder was happy his wife wasn't here or he would be going home with a new puppy from our speaker this morning. John Crane Baker's son turned 23. Scott Youngberg touted the FSU basketball team, #8 in the nation. Everyone else was "Just Happy".

February 26th Meeting: We had an "Over-flow" crowd today having to go to a third table. How 'bout that!! Jay Alperin and Ezra Krieg put in for our speakers today. Doug Martin was happy his grand-daughter was accepted into college. Reeve Bright sent a text message to Tom Carney reminding him of our meeting this morning. Guess what? Tom showed up! Reeve was happy about that. Carlene Laseter was happy about Kentucky still winning. Bob Barcinski's grand-daughter took 2nd in jumping at a recent horse show and is headed for the State Tournament. Mark Scheinbaum was happy Dairy Queen was open late at night. Scott Youngberg put in for Mark's Kiwanis Cuff Links....Very snappy! John Crane-Baker was happy the firefighters injured in last night's fire at the old train station were OK. Matt Byrne was happy about the 3rd table today and Steve Rubin put in for his wedding anniversary. Everyone else was "Just Happy".



Census 2020 - Everyone Counts



Our program on February 26th was presented by Sanford Goodman, a Partnership Representative for the US Census Bureau.

The 2020 Census counts every person living in the 50 states, District of Columbia, and five U.S. territories. The count is mandated by the Constitution and conducted by the U.S. Census Bureau, a

nonpartisan government agency. The 2020 Census counts the population in all 50 states, the District of Columbia, and five U.S. territories (Puerto Rico, American Samoa, the Commonwealth of the Northern Mariana Islands, Guam, and the U.S. Virgin Islands). Each home will receive an invitation to respond to a short questionnaire—online, by phone, or by mail.

The census provides critical data that lawmakers, business owners, teachers, and many others use to

provide daily services, products, and support for you and your community. Every year, billions of dollars in federal funding go to hospitals, fire departments, schools, roads, and other resources based on census data.

The results of the census also determine the number of seats each state will have in the U.S. House of Representatives, and they are used to draw congressional and state legislative districts.

It's also in the Constitution: Article 1, Section 2, mandates that the country conduct a count of its population once every 10 years. The 2020 Census will mark the 24th time that the country has counted its population since 1790.

The 2020 Census is easy. You will answer a simple questionnaire about yourself and everyone who is living with you on April 1, 2020. Spread the Word - The 2020 Census is more than a population count. It's an opportunity to shape the future of your community. Through your social media channels, your voice can make a difference. For more information go to www.2020census.gov.



Earth Day 2020

[When is Earth Day 2020?](#)

Earth Day is April 22 of every year.
April 22, 2020 will mark **50 years** of Earth Day.



[What is the theme for Earth Day 2020?](#)

The theme for Earth Day 2020 is climate action. The enormous challenge — but also the vast opportunities — of action on climate change have distinguished the issue as the most pressing topic for the 50th anniversary.

Climate change represents the biggest challenge to the future of humanity and the life-support systems that make our world habitable.

[What is the history of Earth Day?](#)

Earth Day was a unified response to an environment in crisis — oil spills, smog, rivers so polluted they literally caught fire.

On April 22, 1970, 20 million Americans — 10% of the U.S. population at the time — took to the streets, college campuses and hundreds of cities to protest environmental ignorance and demand a new way forward for our planet.

The first Earth Day is credited with launching the modern environmental movement, and is now recognized as the planet's largest civic event.

[What was the result of the first Earth Day?](#)

The first Earth Day in 1970 launched a wave of action, including the passage of landmark environmental laws in the United States. The Clean Air, Clean Water and Endangered Species Acts were created in response to the first Earth Day in 1970, as well as the creation of the Environmental Protection Agency (EPA). Many countries soon adopted similar laws.

Earth Day continues to hold major international significance: In 2016, the United Nations chose Earth Day as the day when the historic Paris Agreement on climate change was signed into force.

[What can I do for Earth Day 2020?](#)

The world needs you — and your actions — for Earth Day 2020.

There's so much you can do to help protect and restore our planet, from joining a cleanup or climate strike, to taking part in the world's largest citizen science initiative, to hosting an event in your own community!



15th Annual Delray Kiwanis Night Golf Tournament

Benefitting Kiwanis Children's Charities

We had another successful tournament on Saturday, February 8th, raising \$1,608 for our charities. Below are pictures from the event. A great big **Thanks** to **Bob Barcinski** for organizing the event, and Thanks to **Carlene Laseter, Peggy Kelleher, Ben Ruby and Larry Schroeder** for helping out, and to all the players / sponsors for making this event possible. It was a fun time for all, with 57 golfers participating. Bob's team came in 3rd place.



KEY CLUB®



The American Heritage Key Club has been very active (a big understatement).

They recently had a Dance Marathon that

raised over \$50,000 with Key Club Members playing a huge role!!! They danced the night away from 4p.m. - 10p.m. with 2 patients from UF's Shands Hospital. They had members raise money independently but that night they also set up a hot cocoa booth that raised over \$200 and they had a hamster and cage raffle that raised over \$400.

They also sent over 75, hand made by the Key Club, blankets to pediatric patients at Shand's hospital.

Valentine's Cards were made by the club to send to MSD students.

They also collected over 100 bears to take to Regency



retirement home to help them celebrate Valentine's day.

Way to go Key Club!! We are very proud of you and your faculty advisor **Sally Schleifer**.



50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



February 6 - Dave Freeburn

February 12 - Amira Tendrich (11 year old Guest)

February 19 - Doug (Wanna' Trade) **Martin**

February 26 - Shelly (Reeve's Guest)



The "Golden" Years ...

.... Isn't it nice that wrinkles don't hurt?

.... I started out with nothing ...
I still have most of it.

.... I finally got my head together, now my body is falling apart.

.... It is easier to get older than it is to get wiser.

.... Nostalgia isn't what it used to be.

.... It's not the pace of life that concerns me, it's the sudden stop at the end.

.... Recently I went to the doctor for my annual physical. The nurse asked me how much I weighed. I told her 135 pounds. Then she weighed me and the scale said 160. She asked me how tall I was. I said, "5 feet, 5 inches." She measured me and I was only 5 feet, 3 inches. So she took my blood pressure and told me it was high. "Of course it's high," I said. "When I came in here I was tall and slender. Now I'm short and fat!"



A drunken man staggers in to a Catholic church and sits down in a confession box and says nothing. The bewildered priest coughs to attract his attention, but still the man says nothing.

The priest then knocks on the wall three times in a final attempt to get the man to speak.

Finally, the drunk replies: "No use knocking' mate, there's no paper in this one either."

PUBLIC SERVICE ANNOUNCEMENT

Managing Stress and Its Symptoms

Try these tips for managing stress:

Take a stand against over-scheduling. If you're feeling stretched, consider cutting out an activity or two. Opt for just those that are most important to you.

Be realistic. Don't try to be perfect, for no one is. Expecting others to be perfect can add to your stress level, too (not to mention put a lot of pressure on them!). If you need assistance with something, don't be afraid or too proud to ask for help.

Get a good night's sleep. Getting enough sleep helps to keep your body and mind in top shape, making you better equipped to deal with stressors. Getting a good night's sleep and learning to relax can go a long way toward helping you deal with stress.

Learn to relax. The body's natural antidote to stress is called the relaxation response, and it leads to a sense of calm and well being. A person can trigger the relaxation response by learning simple breathing exercises. Building time into your schedule for activities such as reading, a hobby, or just taking a walk can help you to relax.

Treat your body well. Experts agree that getting regular exercise helps people to manage stress. Eat well to help your body get the fuel it needs to function at its best. Under stressful conditions, the body needs its vitamins and minerals more than ever!

Watch what you're thinking. Your outlook, attitude, and thoughts influence the way you see things. Is your cup half-full or half-empty? A healthy dose of optimism can help you to make the best of stressful circumstances. Even if you're out of practice, or tend to be a bit of a pessimist, everyone can learn to think more optimistically and reap the benefits.

Solve the little problems. Learning to solve everyday problems can give you a sense of control. But avoiding them can leave you feeling like you have little control — and that just adds to stress. Develop skills to calmly look at a problem, figure out options, and take some action toward a solution. Feeling capable of solving little problems builds the confidence to move on to life's bigger challenges. Solve little problems as they occur. That way they don't build up and overwhelm you.

A guy is sitting at home when he hears a knock at the door. He opens the door and sees a snail on the porch. He picks up the snail and throws it as far as he can.



Three years later, there is a knock on the door. He opens it and sees the same snail. The snail says, "What the hell was that all about?"

Upcoming Meeting Programs

- 3/5 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, March 5th, at 6:00 pm.
 3/11 Deaf Services
 3/18 Community Foundation
 3/25 Big Brothers. Big Sisters
- 4/2 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, April 2nd, at 6:00 pm.
 4/8 Digital Vibez
 4/15 1909
 4/22 Boca West Foundation
 4/29 Children's Bereavement Center
- 5/7 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, May 7th, at 6:00 pm.
 5/13 Schoolhouse Museum
 5/20 Tentative: Open Hearts for Orphans
 5/27 Families First
- 6/4 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, June 4th, at 6:00 pm.
 6/10 North Tech
 6/17 Kids Safe Foundation
 6/24 Tentative: JAFCO
- 7/2 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, July 2nd, at 6:00 pm.
 7/8 Tentative: The Symphonia
 7/15 NEED SPEAKER
 7/22 Tentative: Pace Center for Girls
 7/29 YMCA
- 8/6 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, August 6th, at 6:00 pm.
 8/12 Delray Beach Childrens Garden
 8/19 Boys and Girls Club
 8/26 NEED SPEAKER
- 9/3 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, September 3rd, at 6:00 pm.
 9/9 NEED SPEAKER
 9/16 **POLICE APPRECIATION**
 9/23 In Jacob's Shoes
 9/30 NEED SPEAKER
- 10/8 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, October 8th, at 6:00 pm.
 10/14 Boca Ballet

**Please contact Ezra Krieg at
 954-260-8838 if you have
 a program idea for our meetings.**

Membership

Carlene Laseter - Chairperson

SHARING KIWANIS - COMMON OBJECTIONS A PERSON WILL BRING UP DURING YOUR CONVERSATION:

How will you answer these?



--- There is no one my age in your Kiwanis club. Will this be a problem?

--- I appreciate your club's fundraising, but I want to be active in hands-on service.

--- I have no money for dues and other costs associated with being a member.

--- I am afraid if I join your club I will overcommit myself. I have a real issue with that.

--- I'm very busy and very socially active. I don't know whether I have time for something like this.

--- I'm physically active. I'd like to do something physical to give back to my community since I deal with finances all day.

--- It looks like I would be the first person of color in your club. Plus, I'm younger than most of your members.

--- I just don't know if I have anything in common with the club.

--- I don't want to make any decisions until I get my father-in-law settled and know how much work it will be to have him live with us.

--- I've always sacrificed myself for my family. I am looking forward to some "me" time now that the kids are out of the house.

--- I'm only 50. Isn't Kiwanis for old people?

--- I help people every day, all day. Kiwanis sounds a lot like my job.

--- With my son at home, everything feels up in the air. I'm not sure what I want to do with my time, and I'm not sure I'll ever get a chance to find out.

--- I want to downsize, so who knows where I will be living a year or two from now.

--- Why should I pay dues to join Kiwanis when I can do service without paying for membership?

--- I get a lot of requests to donate store items and materials to the groups I'm in. I suspect you approached me because of that, but I can't keep giving things away.

--- I don't see the benefit of Kiwanis for me. I'm already volunteering and involved with my community.

--- I'm very busy and have very little free time.

Are You Ready? Think About How You Would Answer These Objections

***Love being a Kiwanian. Love your club.
 Share it with others. Live it.***



Feeding your body and mind as you age

Eating well as you age is about more than just the quality and variety of your food. It's also about the pleasure of eating, which increases when a meal is

shared. Eating with others can be as important as adding vitamins to your diet. A social atmosphere stimulates your mind, makes meals more enjoyable, and can help you stick to your healthy eating plan.

Even if you live alone, you can make healthy meals more pleasurable by:

Shopping with others. Shopping with a friend can give you a chance to catch up without falling behind on your chores. It's also a great way to share new meal ideas and save money on discount deals like "buy one, get the second half price".

Cooking with others. Invite a friend to share cooking responsibilities—one prepares the entrée, the other dessert, for example. Cooking with others can be a fun way to deepen your relationships, and splitting costs can make it cheaper for both of you.

Making mealtimes a social experience. The simple act of talking to a friend or loved over the dinner table can play a big role in relieving stress and boosting mood. Gather the family together regularly and stay up to date on everyone's lives. Invite a friend, coworker, or neighbor over. Visiting an adult day care center or enrolling in a senior meal program can also provide both companionship and nutritious meals for older adults.

HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

"Cheer for endings – whether goals have been met or not – whether the ending is tidy or ragged. Without endings, there would be neither the opportunity nor the incentive to think new thoughts, and to begin great new projects."

--- Jonathan Lockwood Huie



Calendar Of Events

April 3-5 58th Annual Delray Affair
Major Fundraiser for the club



June 17-20 105th Kiwanis International Convention
Indianapolis, Ind.

August 13-16 Florida District Convention
Buena Vista Palace Hotel & Spa
Orlando, Fl.

Answering Machine Messages

--- Hello, this is Ron. I'm not home right now, but I can take a message. Hang on a second while I get a pencil. [Open a drawer and shuffle stuff around.] OK, what would you like me to tell me?

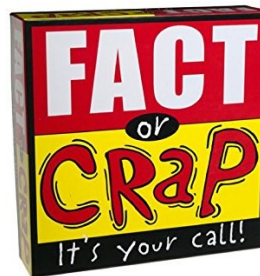
--- We're sorry. You have reached an imaginary number. Please rotate your phone 90 degrees and try again.

--- You're growing tired. Your eyelids are getting heavy. You feel very sleepy now. You are gradually losing your willpower and your ability to resist suggestions. When you hear the tone you will feel helplessly compelled to leave your name, number, and a message.

--- As the drugs take hold, you feel you are losing your grip on reality. You begin to hallucinate. You see a telephone... The telephone is next to an answering machine... You hear a faint click and a light flashes on the answering machine... You hear a beep...

--- I don't exist at the moment, but if you leave your message, name and number, I'll call you back when I am...

--- I'm only here in spirit at the moment, but if you'll leave your name and number, I will get back to you as soon as I'm here in person.



1. Fact or Crap -

Al Capone opened and ran the Flamingo, Vegas first operating casino.

2. Fact or Crap - We associate eggs with easter because bunnys lay eggs.

3. Fact or Crap - Each year witnesses the making of nearly 90 million chocolate bunnies.

4. Fact or Crap - The exclusive five-star Greenbrier Resort was once a secret presidential bunker.

5. Fact or Crap - Artist Christos high profile umbrella project killed a visitor in 1991.

6. Fact or Crap - The Nile is the only river whose current runs south to north.

7. Fact or Crap - Some bird breeds fly up to 22,000 miles a year.

(Answers on Page 10)

Krieg's Korner

As a regular feature of our weekly meetings,

Ezra Krieg brings us up to date with what happened on "This Date in History" Here are a few interesting items from the past few weeks:



February 6:

1778 during the American Revolutionary War, the United States won official recognition and military support from France with the signing of a Treaty of Alliance in Paris.
 1788 Massachusetts became the sixth state to ratify the U.S. Constitution.
 1862 during the Civil War, Fort Henry in Tennessee fell to Union forces.
 1995 the space shuttle Discovery flew to within 37 feet of the Russian space station Mir in the first rendezvous of its kind in two decades.
 1998 President Bill Clinton signed a bill changing the name of Washington National Airport to Ronald Reagan Washington National Airport.
 2005 The New England Patriots won their third NFL championship in four years, defeating the Philadelphia Eagles in Super Bowl XXXIX (39) by a score of 24-21.
 2008 the Bush White House defended the use of the interrogation technique known as waterboarding, saying it was legal [-] not torture as critics argued [-] and had saved American lives.
 2014 Jay Leno said goodbye to NBC's "The Tonight Show" for the second time, making way for Jimmy Fallon to take over as host.

Birthdays:

Actress Mamie Van Doren is 89
 Actor Mike Farrell is 81
 Former NBC News anchorman Tom Brokaw is 80
 Singer Fabian is 77
 Actor-director Robert Townsend is 63
 Rock singer Axl Rose (Guns N' Roses) is 58
 "Good Morning America" co-host Amy Robach is 47

February 12:

1795 the University of North Carolina became the first U.S. state university to admit students with the arrival of Hinton James.
 1914 groundbreaking took place for the Lincoln Memorial in Washington, D.C. (A year later on this date, the cornerstone was laid.)
 1924 George Gershwin's "Rhapsody in Blue" premiered in New York.
 1959 the redesigned Lincoln penny with an image of the Lincoln Memorial replacing two ears of wheat on the reverse side went into circulation.
 1980 the FBI announced that about \$5,800 of the \$200,000 ransom paid to hijacker "D.B. Cooper" before he parachuted from a Northwest Orient jetliner in 1971 had been found by an 8-year-old boy on a riverbank of the Columbia River in Washington state.
 1999 the Senate voted to acquit President Bill Clinton of perjury and obstruction of justice.
 2008 General Motors reported losing \$38.7 billion in 2007, a record annual loss in automotive history, and offered buyouts to 74,000 hourly workers. Uno became the first beagle named Westminster's best in show.
 2019 Mexico's most notorious drug lord, Joaquin "El Chapo" Guzman, was convicted in New York of running an industrial-scale smuggling operation; a jury whose members' identities were kept secret as a security measure had deliberated for six days. (Guzman is serving a life sentence at the federal supermax prison facility in Florence, Colorado.)

Birthdays:

Basketball Hall of Famer Bill Russell is 86
 Actor Joe Don Baker is 84
 Actress Maud Adams is 75
 Actor Cliff DeYoung is 74
 Actor Michael Ironside is 70
 Actor-talk show host Arsenio Hall is 64
 Actor Josh Brolin is 52
 Rock musician Jim Creegan (Barenaked Ladies) is 50
 Actress Christina Ricci is 40
 NFL quarterback Robert Griffin III is 30

February 19:

1803 Congress voted to accept Ohio's borders and constitution.
 1807 former Vice President Aaron Burr, accused of treason, was arrested in the Mississippi Territory, in present-day Alabama. (Burr was acquitted at trial.)
 1846 the Texas state government was formally installed in Austin, with J. Pinckney Henderson taking the oath of office as governor.
 1878 Thomas Edison received a U.S. patent for "an improvement in phonograph or speaking machines."
 1968 the children's program "Mister Rogers' Neighborhood," created by and starring Fred Rogers, made its network debut on National Educational Television, a forerunner of PBS, beginning a 31-season run.
 2008 an ailing Fidel Castro resigned the Cuban presidency after nearly a half-century in power; his brother Raul was later named to succeed him.
 2010 In a televised 13-minute statement, golfer Tiger Woods admitted infidelity and acknowledged receiving therapy.
 2019 President Donald Trump directed the Pentagon to develop plans for a new Space Force within the Air Force, accepting less than the full-fledged department he had wanted.

Birthdays:

Singer Smokey Robinson is 80
 Singer Lou Christie is 77
 Actor Jeff Daniels is 65
 NFL Commissioner Roger Goodell is 61
 Britain's Prince Andrew is 60
 Tennis Hall of Famer Hana Mandlikova is 58
 Pop singer-actress Haylie Duff is 35

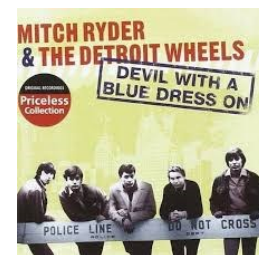
February 26:

1616 astronomer Galileo Galilei met with a Roman Inquisition official, Cardinal Robert Bellarmine, who ordered him to abandon the "heretical" concept of heliocentrism, which held that the earth revolved around the sun, instead of the other way around.
 1904 the United States and Panama proclaimed a treaty under which the U.S. agreed to undertake efforts to build a ship canal across the Panama isthmus.
 1917 President Woodrow Wilson signed a congressional act establishing Mount McKinley National Park (now Denali National Park) in the Alaska Territory.
 1919 President Woodrow Wilson signed a congressional act establishing Grand Canyon National Park in Arizona.
 1929 President Calvin Coolidge signed a measure establishing Grand Teton National Park in Wyoming.
 1940 the United States Air Defense Command was created.
 1952 Prime Minister Winston Churchill announced that Britain had developed its own atomic bomb.
 1966, South Korean troops sent to fight in the Vietnam War massacred at least 380 civilians in Go Dai hamlet.
 1993 a truck bomb built by Islamic extremists exploded in the parking garage of the North Tower of New York's World Trade Center, killing six people and injuring more than 1,000 others. (The bomb failed to topple the North Tower into the South Tower, as the terrorists had hoped; both structures were destroyed in the 9/11 attack eight years later.)
 1998 a jury in Amarillo, Texas, rejected an \$11 million lawsuit brought by Texas cattlemen who blamed Oprah Winfrey's talk show for a price fall after a segment on food safety that included a discussion about mad cow disease.

Birthdays:

Game show host Tom Kennedy is 93
 Actress Marta Kristen (TV: "Lost in Space") is 75
 Singer Michael Bolton is 67
 Olympic gold medal swimmer Jenny Thompson is 47
 Rhythm-and-blues singer Kyle Norman (Jagged Edge) is 45
 Country singer Rodney Hayden is 40
 Tennis player Li Na is 38

AND...."If you're sitting in a bar this afternoon, like Jay and his friends will be doing....." and Singer Mitch Ryder comes in, we hope that you will buy him a "CC Rider" drink, as he is 75 years old today.



THIS IS WHY WE VOLUNTEER





Here Comes "Little Johnny"

..... After Sunday school, the teacher released the kids to go to church and reminded them, "You all know to be very nice and quiet in the church. And why is that?"

Little Johnny offers, "Miss, it's so we wouldn't wake all those people sleeping."

..... Little Johnny's teacher said, "Johnny, your essay on My Dog is exactly the same as your sister's." Did you copy hers?, she asked. Johnny replied, "No, teacher, it's the same dog!"

..... Little Johnny's class were on an outing to their local police station where they saw pictures, of the ten most wanted men, tacked to a bulletin board.

On the way out of the police station Little Johnny said to the officer, "It was so nice of you to put my daddy's picture up there."

..... Teacher: How old is your father?
Johnny: As old as I am.
Teacher: How is it possible?
Little Johnny: He became father only after I was born.

..... Miss Taylor the English teacher writes an incorrect sentence on the board: "I didn't had no fun for months."

Then she faces the class and says, "OK class, how should this be corrected?"

Little Johnny says, "I think you should get yourself a better man!"



This Month's Sudoku Puzzle....

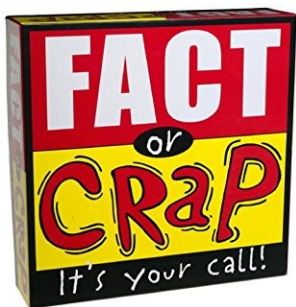
A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

Difficulty- Very Hard. Be sure to use a pencil!

4						6		
			8	9			4	
	1	6			5	3		
			7					3
9	8	2				5	1	7
5					8			
		7	9			4	3	
	6			1	3			
		4						2

(Answers on Page 10)



Answers.....

1. Crap. It was gangster Bugsy Siegel in 1946.
2. Crap. If you got this wrong...hmmm...
3. Fact. Next to Halloween, Easter holiday paves way for confectionary business to boom.
4. Fact. Project Greek Island, otherwise known as Hotel Armageddon.
5. Fact. The wind uprooted one of the giant umbrellas which, in turn, crushed an innocent bystander.
6. Crap. Dozens of rivers boast a northbound flow.
7. Fact. The Arctic Tern, a member of the gull family flies up to 22,000 miles annually.

THE   
FORMULA
 LOVE IT. SHARE IT. LIVE IT.

Visit our Website:

www.delraybeachkiwanis-sunrise.org



If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@att.net — Thank you

The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.
 Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

2019-20 Kiwanis Int'l President:
 Daniel Vigneron
 Howald, Luxembourg

2019-20 Florida Kiwanis Governor:
 Allen Yergovich
 Email: allengy@aol.com

2019-20 Division 21 Lt. Governor:
 Tom Thayer

Other Division 21 Clubs:

Boca Raton-1st & 3rd Thursdays, 4 p.m.
 Clive Daniels Furniture Store Upstairs
 1351 NW Boca Raton Blvd
 Boca Raton (NW Corner Glades Road & NW 2nd Ave)

Boynton Beach - Tuesdays, 12 Noon
 Bru's Room
 1333 N. Congress Ave
 Boynton Beach

Gold Coast Knights-1st & 3rd Wed., 7 p.m.
 Duffy's Sports Grill
 Linton Boulevard and Federal Highway
 Delray Beach

Green Acres - Wednesdays, 12 Noon
 New China Buffet
 5841 Lake Worth Road
 Greenacres

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
 Maddock Park
 1200 West Drew Street
 Lantana

Lake Worth - Tuesdays, 8 a.m.
 Too-Jays Restaurant
 419 Lake Avenue
 Lake Worth

Florida Kiwanis Foundation:

2019-20 President: F. James Wylie
 Email: fjameswylie@gmail.com

Div. 21 Trustee: Tom Thayer
 E-mail: TomThayer@Earthlink.net



International President's Corner

Daniel Vigneron
President of Kiwanis International

Club building through service

Opening new clubs and strengthening existing clubs is critical to our future. All of us at Kiwanis work together to increase awareness of our organization. By showing people our bonds of service and fellowship, we can attract potential new members and make them proud Kiwanians.

In lieu of a large advertising budget, we use more word-of-mouth storytelling about our positive impact on communities and have a talented communications team that gets our message to clubs.

I am more traditional in my thinking, but I also know that innovation will make us more vibrant and attractive to people of all ages and cultures. This is where our efforts to promote Kiwanis digitally, on social media, comes in. It is a far-reaching and cost-effective way to show off your club, or generate interest in starting a new one, to a larger audience.

Here's an example of efforts to start two new clubs in the eastern United States. Organizers of one club spent no money on digital advertising and had some difficulty confirming their first event. Four people showed up. In a neighboring town, there were also some challenges, but this club used digital advertising to raise awareness. Along with efforts on the ground, the club attracted 15 people to its first meeting and organized with 22 members.

In Kentucky, a nurse unfamiliar with Kiwanis came across our Facebook page. She learned that we help children and told us about grant money available to help kids with after-school activities. In addition to helping on the club-building front, social media can connect us with partners and expand our community engagement.

For me, nothing will replace a warm smile, a handshake and a face-to-face conversation. While I am not as comfortable using social media as some, I am learning about the reach of sharing our story digitally. We want to meet people where they are and where they look for things to do.

At this halfway point in the Kiwanis year, think of ways you can call attention to the good deeds of your club. If you're opening a new club, remember digital messaging can help you spread the word.

We set new member and club goals. Often, we come close, but fall short. The bottom line is results. Social media is one of the tools that can help us meet or exceed our expectations.

Sudoku Puzzle....Answers

4	2	9	3	7	1	6	5	8
7	3	5	8	9	6	2	4	1
8	1	6	2	4	5	3	7	9
6	4	1	7	5	9	8	2	3
9	8	2	6	3	4	5	1	7
5	7	3	1	2	8	9	6	4
1	5	7	9	8	2	4	3	6
2	6	8	4	1	3	7	9	5
3	9	4	5	6	7	1	8	2





From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!

