



The Sunriseser



The Kiwanis Club of Delray Beach - Sunrise

Where Ordinary People Provide Extraordinary Service" - Celebrating 42 Years of Service

Meets for Breakfast Wednesday's (except the 1st Week), 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl. And the 1st Thursday, 6:00 pm, Tim Finnegan's Irish Pub, 2885 S. Federal Hwy (South of Linton), Delray Beach, Fl.

2015-2016 Officers

- President:** Scott Youngberg
561-386-5237
- Vice-President:** Peggy Kelleher
- Secretary:** Barbara Schooler
561-271-6649
- Treasurer:** Dale Morrison
561-278-1002
- Immediate Past President:**
Scott Youngberg

2015-2016 Bd. of Directors

- Carlene Laseter, Susan Ruby, Ben Ruby, Doug Martin, Alberta G. Rickard, Larry Kristiansen

2015-2016 Committee Chairs

- *Community Service:**
 - AVDA** - Jean Antin, Ben Ruby
 - Thanksgiving**- Alberta G. Rickard, Jeff Goldman
 - Police Appreciation** - Ezra Krieg, Peggy Kelleher
- *Club Meetings:** Jay Alperin
- *Fund Raising:**
 - Delray Affair**- Carlene Laseter
 - Golf Tourney**- Ben Ruby
 - Glo-Ball**- Bob Barcinski
 - Garlic Festival**- Jeff Goldman
- *Interclubs:** Steve Rubin
- *Membership:** Carlene Laseter, Kim Hale, Peggy Kelleher
- *Newsletter/Website:** Scott Youngberg
- *Programs:** Ezra Krieg
- *Social Activities:** President & President Elect
- *Spiritual Aims:** Doug Martin
- *Youth Services:**
 - Scholarship** - Doug Martin
 - Key Club/Builders Club** - American Heritage - Tony Marazita, Atlantic High School- Graciett Ramos, Unity School - Stacy Brookman
 - Atlantic PTSA** - Peggy Kelleher

Volume 2015, Issue 11

November, 2015



Jacks Running For Property Appraiser

Our program on October 28th was presented by Dorothy Jacks, who is running for Property Appraiser in the 2016 election. Dorothy currently serves as the Chief Deputy, and oversees the Property Appraiser's public service centers in West Palm Beach, Delray Beach, Royal Palm Beach, Palm Beach Gardens, and Belle Glade.

The Palm Beach County Property Appraiser is charged by the Florida Constitution with identifying, locating, and fairly evaluating all property within the county for property tax purposes. The resulting appraisal

values help determine operating budgets for Palm Beach County's constitutional offices. The Property Appraiser's office does NOT set tax rates or collect any tax money. The tax rolls have a direct impact upon the household budgets of taxpayers and their families. And Dorothy Jacks knows that a fair and equitable tax roll must remain the office's number one priority. She has the professional training, proven skills and a 25-year record of experience serving us in the Palm Beach County Property Appraiser's office. For more information, go to www.dorothyjacks.com.

Fall 2015 Delray Police Appreciation

On October 21st, we celebrated Police Appreciation by awarding Officer Charlie Lunsford and CS Abdul the Fall 2015 Kiwanis awards for excellence.

Officer Lunsford responded to a call involving a disturbance and a missing vehicle. However he was unable to locate either upon arrival. After a thorough investigation, Officer Lunsford was able to identify the participants leading to the arrest of a convicted felon.

C.S. Abdul, a communications specialist, answered a 9-1-1 call from a citizen who could not locate her father. Mr. Abdul stayed on the telephone with the caller for almost an hour while other agencies were called in, and required forms were filled out. The subject was found in Boynton Beach.

It is because of dedicated people like these that we can feel safe and protected. They have demonstrated



Ezra Krieg & Charlie Lunsford



exceptional achievement and shown a genuine commitment to their profession, and the public they serve. A public Thank you for a job well done.



Visit our Website:

www.delraybeachkiwanis-sunrise.org



Did You Know.....?

K Corps

K Corps is Kiwanis International's youth exchange program for Kiwanis-family teens, age 15-18. It's a great opportunity for youth connected with Kiwanis—and for families and Kiwanis clubs as well.

Over a 2-week period, clubs, families and youth will develop strong global relationships and intercultural communication skills by doing what Kiwanis members do—attending meetings, experiencing fellowship, raising funds for various causes and participating in service projects.

For Kiwanis-family teens, it's a chance to do all these things in host communities half a world away! The first set of participants will be taking flight in the summer of 2016. Program dates: North America to Europe: June 22-July 9, 2016; Europe to North America: July 14-July 30, 2016.

Make a difference as a club coordinator. Each participating Kiwanis club will be represented by a club coordinator. These international liaisons will create opportunities for clubs, families and teens to learn about other cultures. Guide teens through cultural adjustment. Design and execute group service projects. Strengthen your community and facilitate international fellowship. Make an impact in the lives of global-minded Kiwanis-family teens.

Of course Kiwanis families are up for it! The benefits of participation aren't just for the traveling teens. Your family can play a part too. As a host family, you would:

- Welcome an impressive international teen into your home for the 2-week summer program.
- Provide a bed and 3 meals a day.
- Encourage the visiting teen to engage in the everyday life of your country.
- Participate in the regular activities and fellowship of your Kiwanis club.

You could even opt to plan cultural and sightseeing activities—to offer valuable exposure to your community and its surroundings. In turn, your family might even learn some unique things about the culture of your visitor's country. Whatever you do, you'll never forget this unique Kiwanis service experience. Your family is sure to grow in ways never expected—and to see the ways in which people share far more similarities than differences.



Continued on Page 8— **K Corps**

\$ \$ \$ Happy Dollars \$ \$ \$



Upcoming Important Dates:

Upcoming Birthdays:

November 7 - Betty Galinis
November 27 - Jeff Goldman

Wedding Anniversaries:

November 20 - Ben & Susan Ruby

Membership Anniversaries:

November 10 - Ben Ruby, 11 Years
November 13 - Alberta Gaum Rickard, 9 Years
November 29 - Jay Alperin, **42 Years!!!**

October 8th Meeting "Finnegan's" : **Jean Antin** was named Volunteer of the Month at Boca Hospital for November. **Jay Alperin** had a great trip to Australia. **Ezra Krieg** announced his son's soccer team has won 6 straight and is on the verge of being nationally ranked. **Peggy Kelleher** enjoyed her trip to Gainesville....GA! She went there to watch her son compete in a cross country match. **Scott Youngberg** is cheering on FSU vs Miami this weekend. **Ernie Galinis** declined to make their annual \$1 bet for the game. **Bob Barcinski** is rooting for the Cubs in the MLB playoffs and reminded us that the Cubs made the World Series in 2015 in the movie "Back to the Future". **Dale Morrison** said things were going smoothly in what is usually a horrendous month for final tax returns. **Ben Bassford** made the prediction if UM doesn't win a game here soon they may find themselves in the same situation as the Miami Dolphins. Everyone else was "Just Happy".

October 14th Meeting : Today the club saw **Peggy Kelleher** fill in as President for vacationing **Scott Youngberg** and "Ace" reporter **Carlene Laster** recording the events. Mostly everybody was Just Happy. **Ernie Galinis** was happy for a win for the Steelers. **Bob Barcinski** was happy for the Cubs winning and his daughter's 40th birthday. **Ezra Krieg** announced 8 wins in a row for his son Max's soccer team. And finally, Peggy had a non-happy dollar due to UF's loss.

October 21st Meeting : It was Police Appreciation day and with a full house, **Peggy Kelleher** stepped in again as President for the sickly Scott Y. Several were Happy for our Police Force and happy to see **Jeff Goldman**. **Ernie Galinis** said "Go Steelers". Mr. Lunsford, retired Delray Police - Happy to see old friends in the club and for his son Charlie serving on the force. **Regina Sablo** was happy the force is with us. Peggy was happy for a successful day and **Carlene Laster** is heading off to see the grandchildren and to watch her son compete in the Great Floridian Ironman. Everyone else was Just Happy.

October 28th Meeting : Lt. Governor **Tom Thayer** visited today and **Ernie Galinis** was happy to see him, as we all. **Doug Martin** is looking forward to the holiday season. **Jack Foley** was happy his daughter is continuing to do well in Atlantic's IB program and for **Peggy Kelleher's** expert stint as President. Peggy announced her son's team is in the Cross Country regionals. **Ezra Krieg** was happy his son's soccer team beat the #1 team in the country and he is closing on his new house in Delray. **Larry Kristiansen** was happy to see **Scott Youngberg** back in action as President after a 2 week hiatus. **Scott & Jay Alperin** had sad dollars for FSU losing to Ga. Tech last weekend, but they will be back! Everyone else was "JH".



I ♥ MY CLUB

Calendar Of Events

- November 26.....** Thanksgiving Turkey Dinner deliveries to the needy.
- December ???** Christmas for the Cruz Family
- December ???** Holiday Party
- January 29-31.....**17th Annual Garlic Fest (Fund Raiser)
- February ???** Glo-Ball Golf Tourney
Delray Beach Golf Club, 6:00 PM



An elderly gentleman had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%.

The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

The gentleman replied, "Oh , I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"



Healthy eating as you age: Choosing healthy foods

Adults over 50 can feel better immediately and stay healthy for the future by choosing healthy foods. A balanced diet and physical activity contribute to a higher quality of life and enhanced independence as you age.

Food your body needs as you age

Fruit – Focus on whole fruits rather than juices for more fiber and vitamins and aim for 1½ to 2 servings or more each day. Break the apple and banana rut and go for color-rich pickings like berries or melons.

Veggies – Color is your credo in this category. Choose antioxidant-rich dark, leafy greens, such as kale, spinach, and broccoli as well as orange and yellow vegetables, such as carrots, squash, and yams. Try for 2 to 2½ cups of veggies every day.

Calcium – Maintaining bone health as you age depends on adequate calcium intake to prevent osteoporosis and bone fractures. Older adults need 1,200 mg of calcium a day through servings of milk, yogurt, or cheese. Non-dairy sources include tofu, broccoli, almonds, and kale.

Grains – Be smart with your carbs and choose whole grains over processed white flour for more nutrients and more fiber. If you're not sure, look for pasta, breads, and cereals that list "whole" in the ingredient list. Older adults need 6-7 ounces of grains each day (one ounce is

about 1 slice of whole grain bread).

Protein – Adults over 50 without kidney disease or diabetes need about 1 to 1.5 grams per kilogram (2.2lbs) of bodyweight. This translates to 68 to 102g of high-quality protein per day for a person weighing 150 lbs. (0.5 g of protein per lb. of body weight is close enough). Try to divide your protein intake equally among meals. It's important to vary your sources of protein instead of relying on red meat, including more fish, beans, peas, eggs, nuts, seeds, and low-fat milk and cheese in your diet.

Water – As we age, some of us are prone to dehydration because our bodies lose some of the ability to regulate fluid levels and our sense of thirst is may not be as sharp. Post a note in your kitchen reminding you to sip water every hour and with meals to avoid urinary tract infections, constipation, and even confusion.

Vitamin B – After 50, your stomach produces less gastric acid making it difficult to absorb vitamin B-12—needed to help keep blood and nerves vital. Get the recommended daily intake (2.4 mcg) of B12 from fortified foods or a vitamin supplement.

Vitamin D – We get most of our vitamin D intake—essential to absorbing calcium and boosting muscles—through sun exposure and certain foods (fatty fish, egg yolk, and fortified milk). With age, our skin is less efficient at synthesizing vitamin D, so consult your doctor about supplementing your diet with fortified foods or a multivitamin, especially if you're obese or have limited sun exposure.

HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

"I am ashamed to think how easily we capitulate to badges and names, to large societies and dead institutions."

— Ralph Waldo Emerson



Upcoming Meeting Programs

11/5 Finnegan's- See You at the "Happy Hour" meeting, Thursday, Nov. 5th, at 6:00 pm.

11/11 Memory Trees

11/18 Homeless Coalition

11/25 Building Better Readers

12/3 Finnegan's- See You at the "Happy Hour" meeting, Thursday, Dec. 3rd, at 6:00 pm.

12/9 Drug Task Force

12/16 Career Source

12/23 Tentative: Grandma's Place

12/30 New Year's Wishes

1/7 Finnegan's- See You at the "Happy Hour" meeting, Thursday, Jan. 7th, at 6:00 pm.

1/13 Educational coordinator of Delray Beach

1/20 Mary McCarty

1/27 Tentative: Jim Miller

2/4 Finnegan's- See You at the "Happy Hour" meeting, Thursday, Feb. 4th, at 6:00 pm.

2/10 Victim's Services of Palm Beach County

2/17 SAFE

2/24 Cool Clothes Closet

3/2 Verdinia Baker (Confuse the members week!)

3/10 Finnegan's- See You at the "Happy Hour" meeting, Thursday, March 10th, at 6:00 pm.

3/16 Bill Hager

3/23 Urban League

**Please contact Ezra Krieg,
954-260-8838 if you have a program
idea for our meetings.**

Membership

Carlene Laseter - Chairperson



WHAT'S IN IT FOR ME?

Much has been written and spoken in recent years about the value proposition of selling anything to anyone. And many a marketing strategist has suggested that any salesperson who desires to make a sale should be able to first answer the question, "What's in it for me?"

Of course, we all want new members, so logic follows that we must understand how someone joining a service club will personally benefit from being a member. Some even go so far to suggest it must include intrinsic value, and the ability to receive benefits that have a price tag.

It has been pointed out that in any organization dedicated to helping others and making a difference, this question should be reversed. What you are going to get out of Kiwanis really is not the point. What is important is what you will do as a member of Kiwanis that will make an impact in your community— especially for its youth and children.

Here's a quote attributed to Winston Churchill: "We make a living by what we get, but we make a life by what we give." Today, we spend much of our time thinking about ourselves. Going forward, let's make sure our focus is helping others. Next time someone asks you what he or she gets from Kiwanis membership, I urge you to redirect the question to, "What can I give as a part of Kiwanis?"

Thank you for giving.

THE 
FORMULA
LOVE IT. SHARE IT. LIVE IT.

Don't Forget: If you bring in 2 New Members, you'll receive a \$25 gas card. Bring in 2 more, you'll receive another \$35 gas card.



Blondes.... Gotta Love'Em

Q: How do you change a blonde's mind?

A1: Blow in her ear.

A2: Buy her another beer.

Q: What does a blonde say when you blow in their ear?

A: "Thanks for the refill!"

Q: How do you kill a Blonde?

A: Put a Scratch 'n Sniff at the bottom of a pool.



50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



October 8 - Ernie Galinis

October 14 - Jean Antin

October 21 - ("It's a Mystery!!!")

October 28 - Jay Alperin



In every face, a reason
to make history.

ELIMINATE
maternal/neonatal tetanus

Give now

Kiwanis | unicef

PUBLIC SERVICE ANNOUNCEMENT

Stop Spread of Antibiotic Resistance

We're at a tipping point: an increasing number of germs no longer respond to the drugs designed to kill them. Inappropriate prescribing of antibiotics and lack of infection control actions can contribute to drug resistance and put patients at risk for deadly diarrhea (caused by *C. difficile*). Even if one facility is following recommended infection controls, germs can be spread inside of and between health care facilities when patients are transferred from one health care facility to another without appropriate actions to stop spread. Lack of coordination between facilities can put patients at increased risk. Now more than ever is the time for public health authorities and health care facilities to work together, sharing experiences and connecting patient safety efforts happening across the state.

Antibiotic resistance is a threat.

- Nightmare germs called CRE (carbapenem-resistant Enterobacteriaceae) can cause deadly infections and have become resistant to all or nearly all antibiotics we have today. CRE spread between health care facilities like hospitals and nursing homes when appropriate actions are not taken.
- MRSA (methicillin-resistant *Staphylococcus aureus*) infections commonly cause pneumonia and sepsis that can be deadly.
- The germ *Pseudomonas aeruginosa* can cause HAIs,



including bloodstream infections. Strains resistant to almost all antibiotics have been found in hospitalized patients.

- These germs are some of the most deadly resistant germs identified as "urgent" and "serious" threats.

C. difficile infections are at historically high rates.

- *C. difficile* (*Clostridium difficile*), a germ commonly found in health care facilities, can be picked up from contaminated surfaces or spread from a healthcare provider's hands.
- Most *C. difficile* is not resistant to antibiotics, but when a person takes antibiotics, some good germs are destroyed. Antibiotic use allows *C. difficile* to take over, putting patients at high risk for deadly diarrhea.

Working together is vital.

- Infections and antibiotic use in one facility affect other facilities because of patient transfers.
- Public health leadership is critical so that facilities are alerted to data about resistant infections, *C. difficile*, or outbreaks in the area, and can target effective prevention strategies.
- When facilities are alerted to increased threat levels, they can improve antibiotic use and infection control actions so that patients are better protected.
- National efforts to prevent infections and improve antibiotic prescribing could prevent 619,000 antibiotic-resistant and *C. difficile* infections over 5 years.

Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on

"This Date in History"

Here are a few interesting items from the past few weeks:

October 8 "Finnegan's":

- 1765** The Stamp Act Congress convened in New York to draw up colonial grievances against England.
- 1868** Cornell University was inaugurated in Ithaca, N.Y.
- 1949** The Republic of East Germany was formed.
- 1954** Marian Anderson became the first black singer hired by New York's Metropolitan Opera.
- 1968** The Motion Picture Association of America adopted a film-rating system.
- 1982** The musical "Cats" opened on Broadway, beginning its record run of 7,485 performances.
- 1996** Fox News Channel made its debut.
- 2001** Barry Bonds of the San Francisco Giants wrapped up his record-breaking season with his 73rd home run.
- 2003** California voters recalled Gov. Gray Davis and elected actor Arnold Schwarzenegger to replace him.

Birthdays:

- Fred Stolle, Tennis Hall of Famer, 77
- Paul Hogan, Actor ("Crocodile Dundee" movies), 76
- Jesse Jackson, Civil rights leader, 74
- Chevy Chase, Actor, comedian 72
- Sigourney Weaver, Actress, 66
- Stephanie Zimbalist, Actress, 59
- Emily Procter, Actress ("CSI: Miami") 47
- Matt Damon, Actor, 45
- Bruno Mars, Singer, songwriter 30
- Nick Cannon, Actor-TV host ("America's Got Talent") 35

October 14:

- 1947** Air Force test pilot Charles E. Yeager became the first person to break the sound barrier when he flew the experimental Bell X-1 rocket plane over Edwards Air Force Base in California.
- 1960** Democratic presidential candidate John F. Kennedy suggested formation of a Peace Corps during a talk at the University of Michigan.
- 1964** Civil rights leader Martin Luther King Jr. was named winner of the Nobel Peace Prize.
- 1968** The first live telecast from a manned U.S. spacecraft was transmitted from Apollo 7.
- 1979** Hockey Hall-of-Famer Wayne Gretzky of the Edmonton Oilers scored the first of his record 894 goals in a home game against the Vancouver Canucks.

Birthdays:

- Roger Moore, Actor, 88.
- Cliff Richard, Singer, 75.
- Justin Hayward, Singer of the Moody Blues, 69.
- Harry Anderson, Actor ("Dave's World," "Night Court"), 63.
- Greg Evigan, Actor ("My Two Dads," "B.J. & the Bear"), 62.
- Jon Seda, Actor ("Homicide: Life on the Street"), 45.
- Natalie Maines, Country singer of the Dixie Chicks, 41.
- Usher, Singer, 37.
- Stacy Keibler, TV personality ("Dancing With the Stars"), 36.
- Jay Pharoah, Comedian ("Saturday Night Live"), 28.



October 21:

- 1797** The U.S. Navy frigate Constitution, also known as Old Ironsides, was launched in Boston Harbor.
- 1805** A British fleet commanded by Adm. Horatio Nelson defeated a French and Spanish fleet in the Battle of Trafalgar; Nelson was killed in the battle.
- 1879** Thomas Edison invented a workable electric light at his laboratory in Menlo Park, N.J.
- 1917** American soldiers first saw action in World War I on the front lines in France.
- 1975** Boston Red Sox catcher Carlton Fisk hit a ball that struck the left field foul pole in Boston's Fenway Park for a home run, giving the Red Sox a 7-6 victory in 12 innings over the Cincinnati Reds in Game 6 of the World Series.
- 1988** Former Philippine President Ferdinand Marcos and his wife, Imelda, were indicted in New York on charges of fraud and racketeering.

Birthdays:

- Joyce Randolph, Actress ("The Honeymooners"), 91.
- Manfred Mann, Keyboardist, 75.
- Steve Cropper, Guitarist of Booker T. and the MG's, 74.
- Judy Sheindlin, TV judge ("Judge Judy"), 73.
- Carrie Fisher, Actress, 59.
- Jeremy Miller, Actor ("Growing Pains"), 39.
- Will Estes, Actor ("American Dreams"), 37.
- Kim Kardashian, Reality TV star, 35.

October 28:

- 1636** Harvard College was founded.
- 1793** Eli Whitney applied for a patent for the cotton gin.
- 1858** Rowland Hussey Macy opened his first New York store at Sixth Avenue and 14th Street in Manhattan.
- 1886** The Statue of Liberty, a gift from the people of France, was dedicated in New York Harbor by President Grover Cleveland.
- 1919** Congress enacted the Volstead Act, which provided for enforcement of Prohibition, over President Woodrow Wilson's veto.
- 1962** Soviet leader Nikita Khrushchev informed the United States that he had ordered the dismantling of Soviet missile bases in Cuba.
- 1965** Pope Paul VI issued a decree absolving Jews of collective guilt for the crucifixion of Jesus Christ.
- 1980** Republican nominee Ronald Reagan asked voters during a debate with President Jimmy Carter in Cleveland "are you better off than you were four years ago?"
- 2005** Vice President Dick Cheney's top adviser, I. Lewis "Scooter" Libby, resigned after he was indicted on charges of obstruction of justice, perjury and making false statements in the CIA leak investigation. (Libby was convicted and sentenced to 30 months in prison. President George W. Bush commuted his sentence.)

Birthdays:

- Joan Plowright Actress 86
- Charlie Daniels Country musician 79
- Dennis Franz Actor ("NYPD Blue") 71
- Wayne Fontana Singer 70
- Bruce Jenner Olympic track and field gold medalist 66
- Bill Gates Microsoft Corp. Chairman 60
- Brad Paisley Country singer 43
- Joaquin Phoenix Actor ("Walk the Line") 41

AND....."If you're sitting in a bar this afternoon, like Jay and his friends will be doing.....and "Hubba-Hubba" Julia Roberts, Actress comes in, we hope that you will buy her a "Pretty Woman" drink, as she is 48 years old today.

Other Doings.....



The Application is in for a grant from the Kiwanis Florida Foundation to provide funds for the Reading Oasis at Orchard View Elementary. Stay Tuned!



Peggy Kelleher did a "Masterful" job filling in as President for two weeks. Everyone was very impressed. However, Gotta work on that bell ringing..... Thanks Peggy!



Our club will be providing Christmas to the Cruz family this year, a mother and 3 children with no means of support.



On October 14th, Jack Foley shared information on fund raiser, Caps of Love collection, for the Atlantic HS PTSA. No money requested, just collect plastic screw on bottle caps. Several schools are sorting the caps to earn community service hours. Caps are eventually taken to Kentucky where they are sold and the money is used to buy equipment for handicapped children. (Jack has pictures he will share with you.)

I'm the kind of guy who stops the microwave at 1 second just to feel like a bomb defuser.



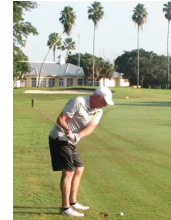
KIWANIS CLUB OF DELRAY BEACH – SUNRISE

PRESENTS THE 33rd ANNUAL ED LONIE & HY SEIGEL MEMORIAL GOLF TOURNAMENT



Our annual golf tournament was again a huge success! We raised \$2,350 for our programs. Thanks to everyone who participated and supported the event, and a **GREAT BIG Thanks** to **Ben Ruby** who did a magnificent job in bringing this event altogether. **Job Well Done!**

*** Pictures ***



2015 KIWANIS MEMBERSHIP	
DOUGHER 63	HALLBERGER 71
VAN LOECKE 63	HALLBERG 71
BOUMAN 63	KONINGSBERG 58
JONKER 69	DEWIT 61
DEWIT 69	DEWIT 61
SMIT 72	DEWIT 61
MARTIN 72	DEWIT 61
SHELDON 72	DEWIT 61
WIT 72	DEWIT 61
DOLEY 70	DEWIT 61
ROOSEN 70	DEWIT 61
SCHMIDT 70	DEWIT 61
ROEBECK 70	DEWIT 61
DEWIT 70	DEWIT 61
DEWIT 70	DEWIT 61
DEWIT 70	DEWIT 61

CLOSEST TO THE HOLE	
3	PAUL ZAKOS 68
6	PAUL PIZZONA 129
15	CRAIG HANDEG 177
17	JAN THORNTON 169



► **K Corps—Continued From page 2**

Homestay abroad: inspiration for a lifetime.

There's a world of difference between simply visiting a country and actually living there. K Corps provides Kiwanis teens the chance to live another culture as a member of a host family—all while remaining within the Kiwanis family. Be an exchange student! Your most powerful experiences could very well be the meals you share, the unassuming after dinner talks, and being shown what family and community mean in another culture. The best part is that during your stay you'll be able to do all of the things Kiwanis is known for worldwide ... from building relationships to community service.

Before settling in to 2 weeks of too much fun and learning, you'll have 3 days to explore an exciting "gateway" city as part of your arrival orientation (Washington, D.C. for the European participants and Amsterdam/Leiden for North Americans).

For more information, contact the organizers at youthexchange@kiwanis.org. Or call 1-800-721-7474.

Two old guys were chatting.....

One said to the other: "My 85th birthday was yesterday. The wife gave me an SUV".

Other guy responded: "Wow, that's amazing!!..... Imagine, an SUV!!.. What a great gift!"

First guy: "Yup !!.... Socks, Underwear and Viagra!"

If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@att.net Thank you



Visit our Website:

www.delraybeachkiwanis-sunrise.org



This Month's Sudoku Puzzle....

A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

Difficulty-Hard. Be sure to use a pencil! See next Month's Newsletter for the answers to this puzzle.

	3	9	6					
	6			7				
1	8			3			2	
	9		7					1
		1	3		5	2		
6					4		7	
	7			4			1	9
				8			3	
					6	7	5	

Last Month's Answers:

8	7	1	9	6	2	5	4	3
4	9	6	8	3	5	1	2	7
3	5	2	7	4	1	9	6	8
2	4	9	5	7	8	3	1	6
7	3	8	1	2	6	4	9	5
6	1	5	4	9	3	8	7	2
5	8	4	6	1	7	2	3	9
1	2	7	3	5	9	6	8	4
9	6	3	2	8	4	7	5	1

**The Delray Beach-Sunrise Kiwanis Club
was Chartered in 1973 and
is operating in Division 21 of the
Florida District**

2015-16 Kiwanis Int'l President:
Susan A. Petrisin

2015-16 Florida Kiwanis Governor:
Dr. Celia Earle
E-mail: cearle7@yahoo.com

2015-16 Division 21 Lt. Governor:
Tom Thayer
Email: tomthayer@earthlink.net

Other Division 21 Clubs:

Boca Raton-Thursdays, 7:30 a.m.,
Boca Raton Train Depot
747 S. Dixie Hwy.
Boca Raton

Boynton Beach-Tuesdays, 12 Noon,
Duffy's Sports Grill
4746 N. Congress Ave.
Boynton Beach

Gold Coast Knights-1st & 3rd Thurs., 7 p.m.,
Hooters Restaurant
2240 NW 19th St, #1101A
Boca Raton

Green Acres - Wednesdays, 12 Noon,
Tom Sawyers Restaurant
3208 Forest Hill Blvd.
West Palm Beach

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
Maddock Park
1200 West Drew Street
Lantana

Lake Worth - Tuesdays, 8 a.m.,
Too-Jays Restaurant
419 Lake Avenue
Lake Worth

Florida Kiwanis Foundation:

2015-16 President: Alan Paoli
Div. 21 Trustee: Tom Ramiccio
E-mail: Tramiccio@aol.com



Governor's Message

by Celia Earle, Florida Kiwanis Governor

My Dear Kiwanians,

Welcome to the 2015-2016 Kiwanis year!
Thanks to all of you from as far as the
Cayman Islands and Turks and Caicos to
the most northern part of our great District,
in the Panhandle, for an excellent 2014-
2015 year. Throughout this past year, you
provided outstanding service, nurtured and

developed the rest of the Kiwanis Family, and you were all true
Ambassadors for Kiwanis. The District is extremely blessed to
have each and every one of you. I would also like to thank
Governor Chuck Gugliuzza, First Lady Emilia, the Board of
Trustees, District Chairs, Executive Director Melanie
Winternheimer, Jose Josinvil, and Doreen Daluz for their
devotion this past year.

I am humbled to serve as your Governor for 2015-2016 and
will do my utmost best to continue to move the Florida District
well into the next Kiwanis century. I am looking forward to
working with a dynamic team consisting of the 2015-2016 Board
of Trustees, District Chairs, and the District office staff. We will
have a wonderful year.

As a District, we need to get back to basics by living the Six
Objects of Kiwanis, performing impactful service, and making a
positive difference. We need to embrace Young Children: Priority
One and our Service Leadership Programs and also "Love it!
Share it! Live it!" - The Formula. Kiwanis is still the best kept
secret - let us get the word out.

My Governor's Project, Christmas in July, is to provide
personalized necessities for homeless children who I refer to as
the "invisible homeless". These homeless children exist in just
about every city in our State. The number one need of a
homeless child is underwear (including diapers and socks); the
second greatest need is shoes, followed by clothing. Please find
it in your hearts to adopt a homeless family, a shelter, or
numerous shelters where these children reside on a very short
term basis. If you are able to capture those on the streets, in
cars, bushes, or under bridges, let us help them. These children
are not homeless due to any fault of their own. Plan a special
fun day for them where they can receive their personalized
necessities and forget their plight, if only for a few hours. This
can be done on a Club or Divisional level.

This year, I am introducing Passion Place, which is a location
on the Florida District website where you can go and post names
of those that you want to solicit prayers for; this can be for
yourself, fellow Kiwanians, your loved ones, or anyone that you
know that is in need of prayer. I know the tremendous power of
prayer on a daily basis and I know that the more people that
you have praying for you, especially during times of illness or
loss of loved ones, or whatever the case may be, the better. Let
us pray for one another.

Thanks again for all that you do. Let us continue to have a
"Passion for People! Passion for Service!"

Peace and Love,
Celia D. A. Earle, Ph.D.
Governor, 2015 - 2016





From Our Photographer's Camera.....

Our Trusty photographer Ben Bassford and a helper or two are giving us some great memories from recent meetings and events. ENJOY!



Ben Bassford



A way to serve. A place to connect.  **Kiwanis**

Do Good. Feel Good.

