



# The Sunriser



## The Kiwanis Club of Delray Beach

"Where Ordinary People Provide Extraordinary Service" - Celebrating 48 Years of Service

Meets for Breakfast Wednesday's (except the 1st Week), 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl. And the 1st Thursday, 6:00 pm, Tim Finnegan's Irish Pub, 2885 S. Federal Hwy (South of Linton), Delray Beach, Fl.

### 2021-2022 Officers

#### President, November

Pam Davidson  
954-632-8043

#### Secretary: Jay Alperin

561-289-2387

#### Treasurer: Dale Morrison

561-278-1002

### 2021-2022 Bd. of Directors

Carlene Laseter, Susan Ruby,  
Doug Martin, Ezra Krieg  
Alberta Rickard, David Freeburn  
Peggy Kelleher, Pam & Joel Davidson

### 2021-2022 Committee Chairs

#### \*Community Service:

**AVDA** - Diane Alperin

**Thanksgiving** - Ezra Krieg

**Police Appreciation** - Ezra Krieg,  
Peggy Kelleher

#### \*Club Meetings: Jay Alperin

#### \*Fund Raising:

**General Events**- Ezra Krieg, Rich Pollack

**Delray Affair**- Reeve Bright

**Golf Tourney**- Scott Youngberg

**Glo-Ball** - Bob Barcinski

#### \*Interclubs: Steve Rubin

#### \*Membership: Carlene Laseter

#### \*Newsletter/Website:

Scott Youngberg

#### \*Programs: Ezra Krieg

#### \*Social Activities:

President & President Elect

#### \*Spiritual Aims: Doug Martin

#### \*Youth Services:

**Scholarship** - Scott Youngberg,  
Dale Morrison

**Terrific Kids** - Peggy Kelleher,  
Danielle Garcia

#### \*Key Club/Builders Club -

Pam & Joel Davidson

American Heritage - Sally Schliefer

Atlantic High School- Mary Fiaschetti

Unity School - Stacy Brookman

## Volume 2021, Issue 11

## November, 2021

### Delray Beach's Sister Cities

Our program on October 27th was presented by Todd L'Herrou, President of Sister Cities of Delray Beach. Their Mission : Promote greater respect, understanding and cooperation through cultural and educational exchanges and programs for children and adults: encourage individual and community knowledge and commitment to international peace and good will.

Sister City of Delray Beach was created by the city commission in April, 1977 for the purpose of establishing a Sister City affiliation with Miyazu, Japan. In 1999, Sister

Cities of Delray Beach added a partnership link with Moshi, Tanzania, East Africa. Subsequently, Sister Cities of Delray Beach has also added sister city relationships with Pesaro, Italy and Aquin, Haiti.

Sister Cities is currently raising money for the earthquake victims of Aquin, Haiti. For more information about the Sister Cities and their fundraiser, go to [www.sistercitiesofdelraybeach.org](http://www.sistercitiesofdelraybeach.org)



### The Status of Old School Square



On October 20th, our program was an update on the status of Old School Square by Jim Chard, OSS Board Member.

The City of Delray Beach is taking over events at Old School Square. The decision comes after the city voted to end the lease agreement with the nonprofit that runs the historic site. Last month, a city audit report showed the organization was not in compliance with certain records outlined in their lease agreement.

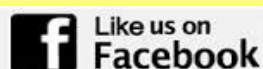
Over the years, the pavilion has been home to events and concerts, including recent sellout shows for musician Jimmy Buffett. After the decision, the Old School

Square leaders said they were forced to pause services, possibly canceling events this month.

Donor Patty Jones said the city's decision to end the lease with the nonprofit was shattering and left questions about where her donations would go if she continued to supply concerning Old School Square.

During Tuesday's commission meeting, the city's parks and recreation director said the city has the staff and experience to accommodate the upcoming events.

The non-profit owns everything except the building and grounds. So, we'll see what happens when they officially leave. In the meantime, the city will be searching for a new manager of the site. Stay Tuned!



Visit our Website:

[www.delraybeachkiwanis.org](http://www.delraybeachkiwanis.org)

## Other Doings.....



### Hail! President of the Month!

\*\*\*\*\* **October** \*\*\*\*\*



### Gina Sablo

Here are the upcoming scheduled POTM's:

November - **Pam Davidson**

December - **Joel Davidson**

January, 2022 - **Reeve Bright**

February - **Peggy Kelleher**

March - **Jay Alperin**

April - **Mark Scheinbaum**

May - **Dave Freeburn**

June - **Carlene Laseter**

July - **Rich Pollack**

August - **Bill Morse**

September - **Steve Rubin**

*Thank You!*



Our club donated \$250 to Delray Reads Day which took place on October 28th.



Our club is going back to in-person meetings starting with Finnegan's on the 4th and then the Delray Golf Club each Wednesday after that. Hope to see you all there!



Our Charter Night celebration had to be postponed. We planned to hold the event at **Reeve & Anne Bright's** home. Reeve was unable to be our host due to having a double knee replacement. We are looking at having a Holiday party in the near future. Stay Tuned!



Our club is planning on giving out Gift Cards to the needy for the Holidays. **Pam & Joel Davidson** are giving \$50 each. Pam is "challenging" the other members to do the same. Our club will also provide gift cards. Let's try to get as many cards as possible. More on this later.

## \$\$\$ Happy Dollars \$\$\$



### Upcoming Important Dates:

#### Upcoming Birthdays:

**November 4** - Gail Colvin  
- Cynthia Freeburn  
**November 12** - Pam Davidson  
**November 21** - Beverly Morrison

#### Wedding Anniversaries:

None

#### Membership Anniversaries:

**November 7** - Sally Schleifer  
**November 13** - Alberta Rickard, 15 Years  
**November 21** - Larry Schroeder  
**November 27** - Rich Pollack  
**November 29** - Jay Alperin, 48 Years!!!

**October 6th "Zoom" Meeting:** **Scott Youngberg** is cheering on the victories by FSU & FAU. **Peggy Kelleher** is happy for the Bills wining, and **Carlene Laseter** is happy for Kentucky's win. **Dave Freeburn** says "Go Red Sox". **Ezra Krieg** and **Rich Pollack** survived a 5k. We got dollars from **Mark Scheinbaum** for his birthday and **Reeve Bright** for his wife's birthday. **Pam & Joel Davidson** are happy to be "Official" members of our club. Joel also put in for his grandson's birthday. **Jay Alperin** is going to North Carolina to see his grandson's and is happy for our new members. **Bill Morse** also put in for Pam & Joel, and for his grandson's 21st birthday. He's also getting a new roof. **Steve Rubin** likes the great weather. Everyone else was "Just Happy".

**October 13th "Zoom" Meeting:** **Jay Alperin** survived his long weekend in NC. **Ezra Krieg** has a new addition to the family - "Bad Bunny", a 3 month old lab mix puppy. **John Crane-Baker** heard from **Gene Sapino**. He joined Rotary in NC. What??? I thought we trained him better than that. **Bill Morse** is happy tax season finally over on Friday. **Gina Sablo's** son is moving to Atlanta from NJ. Getting closer. **Peggy Kelleher** put in for the Bills, Gators and she had a great weekend in Buffalo. **Dave Freeburn** is happy for the Red Sox winning and **Scott Youngberg** put in for FSU. **Rich Pollack** is happy somebody finally beat Alabama. **Steve Rubin** is happy for 5 Big 10 teams in the top 10 rankings. **Pam Davidson** is happy to be healthy and everyone else was JH.

**October 20th "Zoom" Meeting:** **Ezra Krieg** is going to San Francisco to see his son and he's happy that Florida & Buffalo lost. He also celebrated his wedding anniversary. **Peggy Kelleher** likes keeping Ezra happy. **Scott Youngberg** is happy FSU didn't lose (they didn't play). **Bob Barcinski** is happy that Purdue's football & basketball teams are kicking butt. **Steve Rubin** has adopted Purdue as his new team. **Mark Scheinbaum's** daughter is back from overseas. **Gina Sablo's** birthday is Friday, her son is coming for a visit and her daughter is coming in 2 weeks. **Carlene Laseter** had a great trip to Texas visiting with family. **Dave Freeburn's** anniversary is today and he also put in for the Red Sox. **Matt Byrne** put in for all the birthdays and anniversaries. **Rich Pollack** survived speaking before the commission. **Pam & Joel Davidson** received a clock from their former Kiwanis Club in recognition of all the work they did for the club. Joel found a nice piece of jewelry for Pam's birthday. Pam is also happy they found a new primary doctor. Everyone else was "Just Happy".

**October 27th "Zoom" Meeting:** **Scott Youngberg** was doing the Chop for the Atlanta Braves in the World Series. **Ezra Krieg** had a great trip to SF and attended the final concert of the Eagles. He's also hoping **Peggy Kelleher** is not happy. Peggy is looking forward to playing golf in the Kiwanis Tournament. **Carlene Laseter** has a new computer. **Joel Davidson** hopes the Bills take it easy on the Dolphins. **Pam Davidson** is looking forward to being POTM next month. **Gina Sablo** appreciated everyone's support while serving as POTM. **John Crane-Baker** is supporting the Police Paralympics. **Mark Schienbaum** has friends visiting from Chile & Panama. **Steve Rubin** is happy Illinois beat Penn State in 9 overtimes, an NCAA record. Everyone else was JH.

## Forever With Our Community

Our program on October 13th was presented by Jason Hagensick, the President & CEO of YMCA of South Palm Beach County.

For nearly 50 years the Y has served as a leader in our community, helping provide the needed resources to strengthen families and children. Through their fundraising efforts including the Annual Giving Campaign, the Y is able to provide over \$1 million in Financial Assistance annually.

At the Y, they provide support and resources to all types of individuals in pursuit of a healthy lifestyle. With programs such as Parkinson's Cycle, Enhance Fitness, Diabetes Self-Management, Livestrong, their goal is to help improve our community's overall collective health.

The Y's NEW Teen Center, THE LAB, provides a variety of out-of-school opportunities for youth ages 12-17, as well as the chance to realize who they are and what they

are capable of achieving, while making new friends and memories along their journey!

A supportive community is a big part of wellness, and healthy lifestyles are achieved through nurturing the mind, body and spirit. At every age and every level of activity, you'll find individuals just like you at the Y looking to live a little bit healthier with their variety of health and wellness programs.



The YMCA of South Palm Beach County manages programs and services within the Southern Palm Beach County area and is comprised of the following facilities: The Peter Blum Family YMCA of Boca Raton, The DeVos-Blum Family YMCA of Boynton Beach, THE LAB: YMCA Leadership Academy and the YMCA@901 NCCI.

For more information, go to [www.ymcaspbc.org](http://www.ymcaspbc.org).



## my Social Security

### View your new benefit amount

Approximately 70 million Americans will see a 5.9% increase in their Social Security benefits and Supplemental Security Income (SSI) payments in 2022.

### Cost-of-Living Adjustment (COLA) notices



They will mail Cost-of-Living Adjustment (COLA) notices throughout the month of December to retirement, survivors, and disability beneficiaries, SSI recipients, and representative payees.

### Want to know your new benefit amount before your notice arrives?



Starting in early December, you will be able to securely view and save your Social Security COLA notice online via the Message Center inside my Social Security.

\*Benefit amounts will not be available before December.

<https://www.ssa.gov>

Wife: "Where did you take the dog yesterday when you went out with your drinking buddies?"

Husband: "The regular places.... why?"

Wife: "She's acting differently ..."





## 50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



- October 6 - Scott (The Man) Youngberg**  
**October 13 - John Crane-Baker**  
**October 20 - Scott (Mr. two times) Youngberg**  
**October 27 - Regina Sablo (It pays to be President)**

## PUBLIC SERVICE ANNOUNCEMENT

### HOW TO SURVIVE A HEART ATTACK WHEN ALONE?

This comes from Dr. Patrick Teefy, Cardiology Head at the Nuclear Medicine Institute University Hospital, London Ont.

1. Let's say it's 7:25 pm and you're going home (alone of course) after an unusually hard day on the job.
2. You're really tired, upset and frustrated.
3. Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up into your jaw. You are only about five km from the hospital nearest your home.
4. Unfortunately, you don't know if you'll be able to make it that far.
5. You have been trained in CPR, but the guy that taught the course did not tell you how to perform it on yourself.
6. Since many people are alone when they suffer a heart attack without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness.
7. However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart is felt to be beating normally again.
8. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it to regain a normal rhythm. In this way, heart attack victims can get help or to a hospital.

## Membership

Carlene Laseter - Chairperson



### Why Do We Belong to Kiwanis?

Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

Our members develop youth as leaders, build playgrounds and raise funds for pediatric research. We help shelter the homeless, feed the hungry, mentor the disadvantaged and care for the sick. Working together, members achieve what one person cannot accomplish alone. . . . And along the way, club members share friendship and laughter.

Kiwanis' Worldwide Service Project is a Kiwanis family initiative to make a positive difference in the world on behalf of children. In its first Worldwide Service Project, Kiwanis worked to virtually eliminate Iodine Deficiency Disorders (IDD), the leading preventable cause of mental retardation. Today, about 70 percent of the people in the developing world have access to iodized salt, and UNICEF has hailed this project as one of the greatest public health triumphs of the 20th century.

Kiwanis' current Worldwide Service Project is "The ELIMINATE Project". With The ELIMINATE Project, Kiwanis International and UNICEF have joined forces to eliminate maternal and neonatal tetanus (MNT). This deadly disease steals the lives of 60,000 innocent babies and 30,000 mothers each year. The effects of the disease are excruciating — tiny newborns suffer repeated, painful convulsions and extreme sensitivity to light and touch.

With the support of The Eliminate Project, there has been: An additional 24,000 babies born every year, unaffected by tetanus. Twenty-four more countries that have eliminated maternal and neonatal tetanus, and Millions of mothers vaccinated. US\$78 million raised.

That's why we belong to Kiwanis. Ask someone to Join Us today!

### Remember, This is The Formula:

**Love being a Kiwanian. Love your club. Share it with others. Live it.**

### Doing Good.....

**THE**     
**FORMULA**  
 LOVE IT. SHARE IT. LIVE IT.



## Calendar Of Events

**November 2 .....** Poll Worker  
Fund-Raiser - Fall Elections

**December ???....** Holiday Party

**April 8-10, 2022 .....**  
**60th Annual Delray Affair**

This is a major fund raiser -  
We need everyone's help



FOR THOSE THAT HAVE  
NEVER SEEN A  
CATFISH !!



## HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)



"Nothing will ever be attempted, if all possible objections must be first overcome."

---- SAMUEL JOHNSON



## Organic Foods: What You Need to Know

Is organic food really healthier? Is it worth the expense? Find out what the labels mean and which foods give you the most bang for your buck.

(Continued from last month)

Organic meat and milk can be richer in certain nutrients. Results of a 2016 European study show that levels of certain nutrients, including omega-3 fatty acids, were up to 50 percent higher in organic meat and milk than in conventionally raised versions.

Organic food is GMO-free. Genetically Modified Organisms (GMOs) or genetically engineered (GE) foods are plants whose DNA has been altered in ways that cannot occur in nature or in traditional crossbreeding, most commonly in order to be resistant to pesticides or produce an insecticide.

### Organic food vs. locally-grown food

Unlike organic standards, there is no specific definition for "local food". It could be grown in your local community, your state, your region, or your country. During large portions of the year it is usually possible to find food grown close to home at places such as a farmer's market.

### The benefits of locally grown food

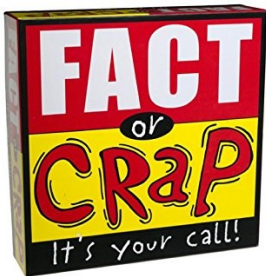
**Financial:** Money stays within the local economy. More money goes directly to the farmer, instead of to things like marketing and distribution.

**Transportation:** In the U.S., for example, the average distance a meal travels from the farm to the dinner plate is over 1,500 miles. Produce must be picked while still unripe and then gassed to "ripen" it after transport. Or the food is highly processed in factories using preservatives, irradiation, and other means to keep it stable for transport.

**Freshness:** Local food is harvested when ripe and thus fresher and full of flavor.

Some small local farmers use organic methods but may not be able to afford to become certified organic. Visit a farmer's market and talk with the farmers to find out what methods they use.

(Continues Next Month)



1. **Fact or Crap** - Ernest Hemingway was never awarded the Pulitzer Prize during his lifetime.

2. **Fact or Crap** - The word perfume comes from the greek word meaning close-up.

3. **Fact or Crap** - Australian Olympic swimming champion Stephanie Rice hosted her own TV series.

4. **Fact or Crap** - Clownfish can change color & sex.

5. **Fact or Crap** - The first generally recognized human flight took place in Paris in 1783.

6. **Fact or Crap** - Heath Ledger was originally considered for the role of Batman in The Dark Knight.

7. **Fact or Crap** - The genitals of the drone honey bee explode and snap off inside the queen bee during mating.

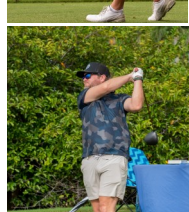
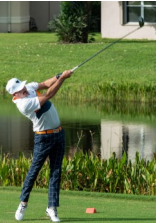
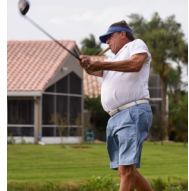
(Answers on Page 8)



# The Kiwanis Club of Delray Beach Where Ordinary People Provide Extraordinary Service" - Celebrating 47 Years of Service and the Achievement Centers For Children & Families "Swing For Kids" Charity Golf Classic

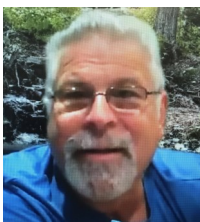


Our annual golf tournament took place on October 30th and was a Big Success, raising over \$11,600. Thanks to our sponsors and to **Carlene Laseter, Gina & Bob Sablo**, and Barbara from the Achievement Center for working the registration table; and **Jay Alperin** who helped run the Putting Contest. AND, a big thanks to all our members who participated, sponsored and donated their money and time and helped with the raffle prizes. **GREAT JOB EVERYONE!** Here are some pictures from the event courtesy of **Gina & Bob Sablo**:



## Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on "This Date in History". Here are a few interesting items from the past few weeks:



### October 6:

1683, thirteen families from Krefeld, Germany, arrived in Philadelphia to begin Germantown, one of America's oldest settlements.  
 1889, the Moulin Rouge in Paris first opened its doors to the public.  
 1927, the era of talking pictures arrived with the opening of "The Jazz Singer" starring Al Jolson, a feature containing both silent and sound-synchronized sequences.  
 1969, the New York Mets won the first-ever National League Championship Series, defeating the Atlanta Braves, 7-4, in Game 3; the Baltimore Orioles won the first-ever American League Championship Series, defeating the Minnesota Twins 11-2 in Game 3.  
 1973, war erupted in the Middle East as Egypt and Syria launched a surprise attack on Israel during the Yom Kippur holiday. (Israel, initially caught off guard, managed to push back the Arab forces before a cease-fire finally took hold in the nearly three-week conflict.)  
 1979, Pope John Paul II, on a week-long U.S. tour, became the first pontiff to visit the White House, where he was received by President Jimmy Carter.  
 1981, Egyptian President Anwar Sadat was shot to death by extremists while reviewing a military parade.  
 2010, social networking app Instagram was launched by Kevin Systrom and Mike Krieger.  
 2014, the Supreme Court unexpectedly cleared the way for a dramatic expansion of gay marriage in the United States as it rejected appeals from five states seeking to preserve their bans, effectively making such marriages legal in 30 states.  
 2020, The Food and Drug Administration released updated safety standards for makers of COVID-19 vaccines despite efforts by the White House to block them; the White House said the requirements could delay the availability of vaccines.

#### Birthdays:

Actor Britt Ekland is 79.  
 Pro Football Hall of Famer Tony Dungy is 66.  
 Actor Elisabeth Shue is 58.  
 Actor Jeremy Sisto is 47.  
 Actor Brett Gelman is 45.  
 R&B singer Melinda Doolittle is 44.

### October 13:

1792, the cornerstone of the executive mansion, later known as the White House, was laid by President George Washington during a ceremony in the District of Columbia.  
 1775, the United States Navy had its origins as the Continental Congress ordered the construction of a naval fleet.  
 1845, Texas voters ratified a state constitution.  
 1960, John F. Kennedy and Richard Nixon held the third televised debate of their presidential campaign (Nixon was in Los Angeles, Kennedy in New York).  
 1972, a Uruguayan chartered flight carrying 45 people crashed in the Andes; survivors resorted to feeding off the remains of some of the dead in order to stay alive until they were rescued more than two months later.  
 2006, Banker Muhammad Yunus of Bangladesh won the Nobel Peace Prize for using microcredit to lift people out of poverty.  
 2010, rescuers in Chile using a missile-like escape capsule pulled 33 men one by one to fresh air and freedom 69 days after they were trapped in a collapsed mine a half-mile underground.

#### Birthdays:

Gospel singer Shirley Caesar is 84.  
 Singer-musician Paul Simon is 80.  
 Country singer Lacy J. Dalton is 75.  
 Singer/TV personality Marie Osmond is 62.  
 NBA coach Doc Rivers is 60.  
 College and Pro Football Hall of Famer Jerry Rice is 59.  
 Actor Kate Walsh is 54.  
 Olympic silver medal figure skater Nancy Kerrigan is 52.  
 Actor Sacha Baron Cohen is 50.  
 Former NBA All-Star Paul Pierce is 44.  
 Rep. Alexandria Ocasio-Cortez, D-N.Y., is 32.

### October 20:

1714, the coronation of Britain's King George I took place in Westminster Abbey.  
 1803, the U.S. Senate ratified the Louisiana Purchase.  
 1968, former first lady Jacqueline Kennedy married Greek shipping magnate Aristotle Onassis.  
 1976, 78 people were killed when the Norwegian tanker Frosta rammed the commuter ferry George Prince on the Mississippi River near New Orleans.  
 1977, three members of the rock group Lynyrd Skynyrd, including lead singer Ronnie Van Zant, were killed along with three others in the crash of a chartered plane near McComb, Mississippi.  
 1990, three members of the rap group 2 Live Crew were acquitted by a jury in Fort Lauderdale, Fla., of violating obscenity laws with an adults-only concert in nearby Hollywood the previous June.  
 2011, Moammar Gadhafi, 69, Libya's dictator for 42 years, was killed as revolutionary fighters overwhelmed his hometown of Sirte (SURT) and captured the last major bastion of resistance two months after his regime fell.  
 2020, The Los Angeles Dodgers beat the Tampa Bay Rays 8-3 in the opening game of a World Series played before just 11,388 fans at a neutral site in Arlington, Texas because of the coronavirus pandemic.

#### Birthdays:

Rockabilly singer Wanda Jackson is 84.  
 Retired MLB All-Star Keith Hernandez is 68.  
 Movie director Danny Boyle is 65.  
 Actor Viggo Mortensen is 63.  
 Vice President Kamala Harris is 57.  
 Rock musician Jim Sonefeld (Hootie & The Blowfish) is 57.  
 Rapper Snoop Dogg is 50.  
 Singer Jimi Westbrook (Country group Little Big Town) is 50.

### October 27:

1787, the first of the Federalist Papers, a series of essays calling for ratification of the United States Constitution, was published.  
 1904, the first rapid transit subway, the IRT, was inaugurated in New York City.  
 1938, Du Pont announced a name for its new synthetic yarn: "nylon."  
 1941, the Chicago Daily Tribune dismissed the possibility of war with Japan, editorializing, "She cannot attack us. That is a military impossibility. Even our base at Hawaii is beyond the effective striking power of her fleet."  
 1954, U.S. Air Force Col. Benjamin O. Davis Jr. was promoted to brigadier general, the first Black officer to achieve that rank in the USAF.  
 1978, Egyptian President Anwar Sadat and Israeli Prime Minister Menachem Begin (men-AH'-kem BAY'-gihn) were named winners of the Nobel Peace Prize for their progress toward achieving a Middle East accord.  
 1986, the New York Mets won the World Series, coming from behind to defeat the Boston Red Sox, 8-5, in game 7 played at Shea Stadium.  
 2004, the Boston Red Sox won their first World Series since 1918, sweeping the St. Louis Cardinals in Game 4, 3-0.

#### Birthdays:

Country singer Lee Greenwood is 79.  
 Producer-director Ivan Reitman is 75.  
 Author Fran Lebowitz is 71.  
 TV personality Jayne Kennedy is 70.  
 Actor Peter Firth is 68.  
 Actor Robert Picardo is 68.  
 World Golf Hall of Famer Patty Sheehan is 65.  
 Actor-singer Kelly Osbourne is 37.

**AND.....**"If you're sitting in a bar this afternoon, like Jay and his friends will be doing and Actor-comedian John Cleese joins us, we hope that you will buy him a "Monty-Python" drink, as he is 82 years old today.



They say every  
piece of chocolate  
you eat shortens your  
life by two minutes.

I've done the maths.  
Seems I died in 1537.

### Upcoming Meeting Programs

All meetings will be at Finnegan's or the Delray Beach Golf Club. These are the scheduled Programs (Subject to change):

11/4 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, November 4th, at 6:00 pm.

11/10 **Police Appreciation**

11/17 Delray Beach Historical Society

11/24 Families First

12/2 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, December 2nd, at 6:00 pm.

12/8 Changes Wellness Center

12/15 YWCA

12/22 Salvation Army

12/29 **NEED SPEAKER**

1/6 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, January 6th, at 6:00 pm.

1/12 Guardian Adlitem

1/19 AVDA

1/26 City House

2/3 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, February 3rd, at 6:00 pm.

2/9 Spady Museum

2/16 Tentative: Families First

2/23 *Need Speaker*

3/3 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, March 3rd, at 6:00 pm.

3/9 Tentative: Terrance Moore

3/16 Tentative: Homeless Coalition

3/23 Arts Garage

3/30 *Need Speaker*

4/7 **Finnegan's**- See You at the "Happy Hour" meeting, Thursday, April 7th, at 6:00 pm.

4/13 Philanthropy Tank

**Please contact Ezra Krieg at  
954-260-8838 if you have  
a program idea for our meetings.**



## This Month's Sudoku Puzzle....

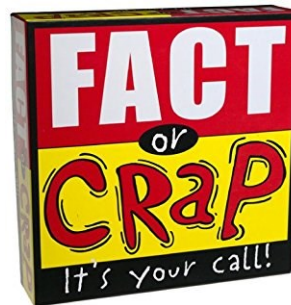
A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

**Difficulty- Hard. Be sure to use a pencil!**

		7	4			2		5
				8				
	3		5				9	
8	4		6		1			
	2						6	
			3		9		8	7
	6				2		5	
				5				
4		2			8	9		

**(Answers on Page 9)**



### Answers.....

1. Crap. Hemingway was awarded the Pulitzer Prize at age of 56.
2. Crap. It is a word that comes from Latin per fumum.
3. Crap. Steph was way too busy training.
4. Fact. If the female in a breeding pair of clownfish dies, the male will change sex.
5. Fact. Two Frenchman went five miles in a hot air balloon that was powered by wood.
6. Crap. Ledger agreed to play the Joke in the film.
7. Fact. The snapped-off penis acts as a genital plug to prevent other drones from fertilizing the queen.



**The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.**

Club Mailing Address: PO Box 7083, Delray Beach, FL 33482

**2021-22 Kiwanis Int'l President:**

Peter Mancuso  
East Meadow, New York

**2021-22 Florida Kiwanis Governor:**

Harvey A. White  
Email: twinroseinc@aol.com

**2021-22 Division 21 Lt. Governor:**

Tom Ramiccio  
Email: tramiccio@aol.com

**Other Division 21 Clubs:**

**Boca Raton**-1st & 3rd Thursdays, 4 p.m.  
Boca Raton Community Center Annex  
260 Crawford Blvd  
Boca Raton

**Boynton Beach** - Tuesdays, 12 Noon  
Bru's Room  
1333 N. Congress Ave  
Boynton Beach

**Gold Coast Knights**-1st & 3rd Wed., 7 p.m.  
Duffy's Sports Grill  
Linton Boulevard and Federal Highway  
Delray Beach

**Hypoluxo-Lantana** - Tuesdays, 7:00 a.m.  
Maddock Park  
1200 West Drew Street  
Lantana

**Lake Worth** - Tuesdays, 8 a.m.  
Too-Jays Restaurant  
419 Lake Avenue  
Lake Worth

**Florida Kiwanis Foundation:**

**2021-22 President:** Richard Leys  
Email: rjleys@bellsouth.net

**Div. 21 Trustee:** Tom Thayer  
E-mail: TomThayer@Earthlink.net



## Executive Perspective

by Stan D. Soderstrom, *Executive Director of Kiwanis and the Kiwanis Children's Fund.*

Healthy children are thriving children. They're the children who enter their school years ready to learn. With that in mind, Kiwanis begins 2021-22 with a new focus on specific causes as defined by the Kiwanis Children's Fund: health and nutrition; education and literacy; and youth leadership development.

In other words, we get kids ready to learn — and to lead. And we have an opportunity for global impact. It begins with a need that might sound familiar: iodine in kids' diets. In 1994, we launched a multiyear project to virtually eliminate iodine deficiency disorders, or IDD, the world's leading preventable cause of mental retardation. We helped increase worldwide access to iodized table salt from 18% to more than 90%. In many nations, average IQ in population groups increased — some by as much as 13 points.

Iodine is the essential ingredient in brain development, which is the launchpad for learning ability. That includes reading ability. When a child learns to read, that child can read to learn — for a lifetime. It's a key part of helping kids live healthy, happy lives.

And that's what Kiwanis does. Including our more recent fight against maternal and neonatal tetanus, Kiwanis has raised and leveraged more than US\$250 million for both health and brain development since 1994.

It's simple: Kids need Kiwanis. And Kiwanis needs more clubs and members. Thank you for serving and recruiting in your club. Here's to a new year of creating a world where healthy kids learn and lead.

### Sudoku Puzzle....Answers

6	8	7	4	9	3	2	1	5
1	9	5	2	8	7	3	4	6
2	3	4	5	1	6	7	9	8
8	4	9	6	7	1	5	3	2
7	2	3	8	4	5	1	6	9
5	1	6	3	2	9	4	8	7
9	6	1	7	3	2	8	5	4
3	7	8	9	5	4	6	2	1
4	5	2	1	6	8	9	7	3

*If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@att.net*

*— Thank you*

**Money talks, but all mine ever says is good-bye.**

**Visit our Website:**

[www.delraybeachkiwanis.org](http://www.delraybeachkiwanis.org)





# From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!



"I Pledge allegiance to the flag ...."  
(Suck it in guys)



## It's Polling Time!

Below are some pics of our members working Precinct 2134 at the WPB Science Center on November 2nd. Many Thanks to **Ezra Krieg, Marsha Eisenberg, Bill & Bonnie Morse, Dave Freeburn, Peggy Kelleher, Steve Rubin, Gina Sablo, Charles Tumazos and Scott Youngberg** for their dedication and efforts to raise funds for our Kiwanis Club. Next Election is in January. Let's do it again!

