



The Sunriseser

LET'S BUILD A BETTER WORLD



The Kiwanis Club of Delray Beach

"Where Ordinary People Provide Extraordinary Service" - Celebrating 50 Years of Service

Meets for Breakfast Wednesday's (except the 1st Week), 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl. And the 1st Thursday, 5:30 pm, Tim Finnegan's Irish Pub, 2885 S. Federal Hwy (South of Linton), Delray Beach, Fl.

2023-2024 Officers

President Pro-Tem, November:
Pam Davidson

President: David Freeburn

Secretary: Jay Alperin
561-289-2387

Treasurer: Dale Morrison
561-278-1002

2023-2024 Bd. of Directors

Carlene Laseter, Peggy Kelleher,
Doug Martin, Scott Youngberg,
Ezra Krieg, Bob Barcinski,
Alberta Rickard, Pam & Joel Davidson,
Bill Morse, Regina Sablo, Rich Pollock

2023-2024 Committee Chairs

*Community Service:

AVDA - Jay & Diane Alperin

Thanksgiving - Ezra Krieg

Police Appreciation - Ezra Krieg,

Peggy Kelleher, Larry Schroeder

*Club Meetings: Jay Alperin

*Fund Raising:

General Events- Ezra Krieg, Rich Pollack

Delray Affair- Rich Pollack, Reeve Bright

Golf Tourney- Scott Youngberg

Glo-Ball - Bob Barcinski

*Interclubs: Steve Rubin

*Membership: Carlene Laseter,
Regina Sablo

*Newsletter/Website:
Scott Youngberg

*Publicity/PR: Rich Pollack,
Patrick Glover

*Programs: Ezra Krieg

*Social Activities:
President & President Elect

*Spiritual Aims: David Freeburn

*Youth Services:

Scholarship - Scott Youngberg,
Dale Morrison

Terrific Kids - Peggy Kelleher,
Danielle Garcia

*Key Club/Builders Club - Bob Hayes
American Heritage - Sally Schliefer
Atlantic High School- Bob Hayes
Unity School - Stacy Brookman

Volume 2023, Issue 11

November, 2023

50th Anniversary Celebration David Freeburn Takes Over as President

We celebrated the 50th Anniversary of our club on October 21st. It was a grand affair where we also saw the official induction of **Dave Freeburn** as President for 2023-24, and all the other officers and Directors. Dignitaries attending included Florida Governor **Prairy Riehl**, Past Florida Governors **Chuck Gugliuzza**, **Celia Earle** and **Harvey White**. Also attending were **David Roth**, VP of the Florida Foundation, and **Wayne Linton** from the Tamarac Club. Here are some pics:



► Continues—See 50th Anniversary, Page 13

Donations to ACCF & EJS

Proud to support Achievement Centers for Children & Families and The EJS Project. We awarded each with \$3,000 donations as beneficiaries of our annual "Swing For Kids" Charity Golf Classic. Thank you to all our sponsors and players.



Like us on Facebook



Visit our Website:
www.delraybeachkiwanis.org

Other Doings.....



Hail! President, Pro-Tem of the Month!

***** **October** *****



Dave Freeburn

Here are the upcoming scheduled PPOTM's:

- November - **Pam Davidson**
- December - **Bob Barcinski**
- January, 2024 - **Reeve Bright**
- February - **Joel Davidson**
- March - **Gina Sablo**
- April - **Jay Alperin**
- May - **Rich Pollack**
- June - **Bill Morse**
- July - **Mykal Banta**
- August - **Peggy Kelleher**
- September - **Steve Rubin**

Thank You!



Our club had an Interclub with the Lake Worth Beach Club on October 17th. Attending were Interclub Chairman **Steve Rubin, Lt. Governor Pam Davidson, Joel Davidson, Jay Alperin** and **Gina Sablo**.



Our club made a \$250 sponsorship to the Delray Reads Day Breakfast.

I ♥ MY CLUB

\$\$\$ Happy Dollars \$\$\$



Upcoming Important Dates:

Upcoming Birthdays:

November 4 - Gail Colvin
November 12 - Pam Davidson
November 19 - Patrick Glover
November 21 - Beverly Morrison
November 27 - Bob Hayes

Wedding Anniversaries:

November 15 - Bob & Suzi Hayes, **54 years!**

Membership Anniversaries:

November 7 - Sally Schleifer
November 13 - Alberta Rickard, 17 Years
November 21 - Larry Schroeder, 23 years
November 23 - Andie DeVoe
November 27 - Rich Pollack
November 29 - Jay Alperin, **50 Years!!!**

October 5th Meeting "Finnegans": Jay Alperin thanked **Bob Barcinski** for filling in as greeter while he was on vacation. And Bob thanked **Bob Hayes** for filling in as greeter when he was sick. Bob Hayes chirped "Albion College still undefeated!" **Joel Davidson** was happy for the start of Pam's Lt. Governorship. **Pam Davidson** was thankful for the club's support and **David Freeburn's** help with National Night Out. **Ezra Krieg** put in for National Night Out and **Rich Pollack** was happy the Marlins made the playoffs. **Steve Rubin** likes the Dolphins. **Scott Youngberg** was happy FSU beat Miami in Volleyball. Everyone else was "Just Happy".

October 11th Meeting: Everyone thanked **Scott Youngberg** for the successful golf tournament. **Jay Alperin's** team took 2nd place. Everyone also thanked **Terrence Moore** for the 50 year proclamation by the City. **Jeff Rasor** returned from Univ. of Kentucky where his son interviewed. **Joel & Pam Davidson** are going to NY for their grandson's 13th birthday. Pam is happy for everything the club does. **Bob Barcinski** put in for his daughter's birthday and **Carlene Laseter** celebrated her 58th wedding anniversary. **Peggy Kelleher** survived a big party over the weekend and was happy the Bills "squished the fish" last week. **Ezra Krieg** was happy Jacksonville beat the Bills THIS week. **Rich Pollack** added the Dolphins are in 1st place over the Bills. **Bill Morse** had guilty dollars for missing a few meetings. **Dave Freeburn** was happy for the Phillies, Eagles and had a great balloon ride. Everyone else was JH.

October 18th Meeting: A lot of members put in for the birthdays and anniversaries being celebrated this week. **Scott Youngberg** is enjoying the Cool Weather and saluted the Dolphins having the only undefeated season in NFL history. **Andie DeVoe** also put in for the great weather. **Mike Salem** liked the candy cigarettes Andie brought in. **Bob Hayes** was happy to have survived the golf tournament. **Jill Arbetter's** son is visiting from Germany. **Mykal Banta** likes the Detroit Lions winning. **Ezra Krieg** beat **Peggy Kelleher** in the latest 5K walk. Peggy is happy for the Gators and Bills. **Steve Rubin** was happy for the successful Interclub with Lake Worth. **Pam Davidson** hopes Joel gets better from his cold. Everyone else was "Just Happy."

October 25th Meeting: Everyone had a great time at the 50th Anniversary Party. **Mark Scheinbaum** congratulated the golf club for an excellent meal & service. **Jay Alperin** is going on another trip, this time to Portugal & Spain. Big applause! **Ezra Krieg** put in for "No Jay" for 3 weeks. **Carlene Laseter** noted **Rich Pollack's** article in the newspaper. **Bob Barcinski** added to that and Rich thanked everyone for that. **Pam & Joel Davidson** thanked everyone for the "Heart of the Club" award. **Larry Schroeder** confirmed the leaves are changing in North Carolina. **Peggy Kelleher** is happy the Bills redeemed themselves. **Andie DeVoe** had a successful Witches Brew and looks forward to the Witches Ride this weekend. **Lynn Korp** added tp that. **Jeff Rasor** put in for the Motorcycle officers working the Witches Ride. **Dave Freeburn** continues to put in for the Phillies and Eagles. **Scott Youngberg** and **Russ Mager** put in for #4 FSU. **Reeve Bright** put in for his birthday and for still being vertical. **Mykal Banta** liked the Pop-Rock candy that Andie brought in today. Everyone else was JH.



Other Doings (con't)



Delray Reads Day, October 26th

Our club participated in Delray Reads at Orchard View Elementary. The following members had a great time: Pam Davidson, Andie DeVoe, Rich Pollack, Danielle Garcia (Orchard View Principal), Dave Freeburn, Ezra Krieg, Gina Sablo and Steve Rubin.



National Night Out took place October 3rd

at Old School Square. A police sponsored event, this event aimed to build on and create new relationships between police officers and the community they serve. This free community event provided the Delray Beach community with access to crime prevention and other services, as well as free food, giveaways, police demonstrations, and activities for kids.

Our club had a table there, attended by Rich Pollack, Dave Freeburn, Pam Davidson, Danielle Garcia and Peggy Kelleher.



It's More Than A Meal

Our program on October 11th was presented by Pamela Calzadilla, the President & CEO of Meals on Wheels-Palm Beaches.



The Meals on Wheels program prepares meals for people who are homebound due to age, infirmity, chronic disease, disability, or who are suffering from a debilitating illness, and are unable or find it difficult to food shop and prepare nutritious meals for themselves. Many are just people who are outliving their retirement savings.

Their meals are delivered 5 days a week, and are providing nourishment for the soul as well as the body. The three part program ensures that, in addition to a warm smile, their clients receive a nutritious meal, a well-being check and follow-up with emergency contacts if needed. This provides an essential human connection which is too often lost when seniors or disabled adults live alone.

One of their fundraisers is "Pie It Forward". We all need two things at Thanksgiving time; a delicious pie, and to give thanks by paying it forward. More than a fundraiser, "Pie It Forward" fosters community spirit and supports the mission of Meals on Wheels of the Palm Beaches.

Here's the deal. Hotels, country clubs, and restaurants sign up to bake the pies. YOU buy the pies for \$25. YOU get the pie. The proceeds fund a week's worth of meals for a local senior. "Pie It Forward" starting November 1st. For more information, go to <https://mowpb.org/>.



Sister Cities of Delray Beach

Our program on October 25th was presented by Daphne Antoine, President of Sister Cities of Delray Beach.

Sister Cities of Delray Beach promotes friendship and understanding between the citizens of Delray Beach, Florida and our Sister Cities in Miyazu (Japan), Moshi (Tanzania), Pesaro (Italy), and Aquin (Haiti) by encouraging cultural, youth, athletic and economic exchanges.

In 1999, Sister Cities of Delray Beach sent its first group of high school students to Miyazu, Japan to act as youth ambassadors between our cities. Since then, a group of student ambassadors from Delray Beach has visited Miyazu every two years to continue the exchange of cultural understanding and friendship. Miyazu sends a group of their own student ambassadors to Delray Beach every few years as well.

Sister Cities has kicked-off their BRAVO BUCKS FUNDRAISER, in support of their next Student Ambassadors' trip to Miyazu, Japan in June, 2024. Bravo Bucks are an amazing, and proven effective tool for teaching and managing chores and daily tasks. This is a fun game-like system that, while aimed at families, can also be used in the classroom. It's a must-have for teachers, day care, and babysitters, too! For more information go to <http://www.sistercitiesofdelraybeach.org>



**When Talent Meets Inspiration,
The Results Are Extraordinary**

Our speaker on October 18th was Dr. Jon Robertson, Dean of the Lynn Conservatory of Music. Established over 25 years ago, the Lynn Conservatory is one of the leading conservatories within a university environment today. It admits a highly select group of gifted musicians from around the world to pursue a Bachelor of Music, Master of Music or Professional Performance Certificate.



Their small class sizes and extensive performance opportunities are complemented by practical career preparation. All Lynn Conservatory students receive a full-tuition scholarship.

When you study at the Conservatory of Music, you learn from the best. The conservatory faculty comprises world-renowned performers and dedicated scholars, providing exceptional individual instruction and mentoring to students, who hail from around the world.

With the Keith C. and Elaine Johnson World Performing Arts Center, Amarnick-Goldstein Concert Hall and Snyder Sanctuary, students and the community enjoy concerts by the Lynn Philharmonia, master classes, recitals, competitions and community outreach programs.

For more information and tickets to their performances, go to lynn.edu/music.



Membership

Carlene Laseter - Chairperson

WHAT'S IN IT FOR ME?

Much has been written and spoken in recent years about the value proposition of selling anything to anyone. And many a marketing strategist has suggested that any salesperson who desires to make a sale should be able to first answer the question, "What's in it for me?"



Of course, we all want new members, so logic follows that we must understand how someone joining a service club will personally benefit from being a member. Some even go so far to suggest it must include intrinsic value, and the ability to receive benefits that have a price tag.

It has been pointed out that in any organization dedicated to helping others and making a difference, this question should be reversed. What you are going to get out of Kiwanis really is not the point. What is important is what you will do as a member of Kiwanis that will make an impact in your community— especially for its youth and children.

Here's a quote attributed to Winston Churchill: "We make a living by what we get, but we make a life by what we give."

Today, we spend much of our time thinking about ourselves. Going forward, let's make sure our focus is helping others. Next time someone asks you what he or she gets from Kiwanis membership, I urge you to redirect the question to, "What can I give as a part of Kiwanis?"

Thank you for giving.



***Remember, This is The Formula:
Love being a Kiwanian. Love your club.
Share it with others. Live it.***

***Doing Good....
Feeling Good!***

DID YOU KNOW?

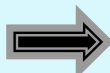
Shop to Give - Givebacks

What is Givebacks?

Did you know US nonprofits that added an online/digital component to their existing fundraisers in 2020 grew their net revenue by 36.4%? Givebacks, provides world-class digital communications and fundraising software for tens of thousands of schools and nonprofit organizations across the US. Givebacks offers its complete software suite to Florida Kiwanis District Clubs with no annual subscription. Like it or not, the US is moving towards a paperless, cashless economy. With over half of our clubs utilizing no technology in their current fundraisers, this will help our club leverage current and future trends in in-person, virtual, and hybrid fundraising.

Earn free donations for our club when you shop at the brands and restaurants you know and love.

Scan the QR Code



PUBLIC SERVICE ANNOUNCEMENT**Preventing Stroke Deaths**

After decades of decline, progress has slowed in preventing stroke deaths. Almost 800,000 people have a stroke each year, more than 140,000 die and many survivors face disability. This is disturbing because about 80% of strokes are preventable.

High blood pressure is the single most important treatable risk factor for stroke. Preventing, diagnosing and controlling it through lifestyle changes and medicine is critical to reducing strokes.

Health systems (hospitals, doctors, rehabilitation specialists, emergency medical technicians [EMTs], pharmacists) can help address stroke risk factors and improve patient outcomes if a stroke occurs.

When stroke happens, minutes count. Call 911 right away. Health systems can treat strokes fast if patients get to the hospital in time. Reducing stroke risk factors and improving the quality of stroke care are needed to continue the decline in stroke deaths.

What Can Be Done? Everyone can

- Recognize the signs and symptoms of stroke and call 911 if someone is having a stroke.
- Control blood pressure and cholesterol by taking medicines as prescribed.
- Manage other medical conditions, such as obesity and diabetes.
- Avoid smoking and secondhand smoke, which increase your risk for stroke.
- Eat a healthy diet low in salt and sugar with lots of fresh fruits and vegetables, increase physical activity, and maintain a healthy weight.

**IF YOU REMEMBER PUMPING GAS
BEHIND YOUR LICENSE PLATE....
YOU MUST BE REALLY OLD!** 🙌😊

**Calendar Of Events**

November 5 Pancakes, Pints & Football
Finnegan's Irish Pub. 9 am.

November 1-15 Pie it Forward
Meals on Wheels

November 23 Thanksgiving

December ???..... Holiday Party

**Upcoming Meeting Programs**

These are the scheduled Programs for our meetings at the Delray Golf Club (Subject to change):

11/2 **Finnegan's**- See You at the "Happy Hour"
meeting, Thursday, November 2nd, at 5:30 pm.

11/8 Wayside House

11/15 Horizon Nursing Services

11/22 Daughters of the American Revolution

11/29 Boca Raton Bowl

12/7 **Finnegan's**- See You at the "Happy Hour"
meeting, Thursday, December 7th, at 5:30 pm.

12/13 Gumbo Limbo/Palm Beach Cultural Council

12/20 Kiwanis Youth Protection Program

12/27 New Years Wishes

1/4 **Finnegan's**- See You at the "Happy Hour"
meeting, Thursday, January 4th, at 5:30 pm.

1/10 Care Giving Youth

1/17 Quilts of Valor (Jim Chard guest)

1/24 Project 22

1/31 Seaturtles Adventures

2/8 **Finnegan's**- See You at the "Happy Hour"
meeting, Thursday, February 8th, at 5:30 pm.

2/14 NEED SPEAKER

2/21 Lighthouse for the Blind (Christina Morrison guest)

2/28 Crisis of Education

3/7 **Finnegan's**- See You at the "Happy Hour"
meeting, Thursday, March 7th, at 5:30 pm.

3/13 Tentative: South Florida Water Coalition

3/20 Tentative: Anne Gannon

3/27 Sandoway House

4/4 **Finnegan's**- See You at the "Happy Hour"
meeting, Thursday, April 4th, at 5:30 pm.

4/10 NEED SPEAKER

4/17 NEED SPEAKER

4/24 NEED SPEAKER

5/2 **Finnegan's**- See You at the "Happy Hour"
meeting, Thursday, May 2nd, at 5:30 pm.

5/8 NEED SPEAKER

5/15 Palm Beach Sports Commission

**Please contact Ezra Krieg at
954-260-8838 if you have
a program idea for our meetings.**



50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



October 5 - Regina Sablo

October 11 - Bill Morse

October 18 - Tom Carney

October 25 - Carlene Laseter

HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

"Everyone thinks of changing the world, but no one thinks of changing himself."

-Leo Tolstoy



Think you know words?

Build your vocabulary with these new words and learn the meaning, history, and fun facts:

Apotheosis (ə pəTHĒ ōsəs)

Noun, Greek, late 16th century

1. The highest point in the development of something; culmination or climax.
2. The elevation of someone to divine status; deification.

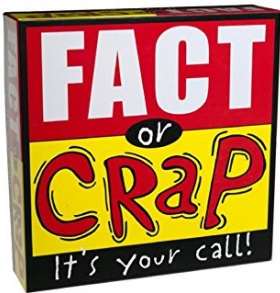
Example Sentences:

"Receiving the foundation's award for cancer research was the apotheosis of her career."

"After reaching the apotheosis of my field, I'm ready for a new challenge."



"You've got to start sometime. Why don't you operate on this one?"



1. Fact or Crap - Marilyn Monroe's famous white dress from, *The Seven Year Itch*, sold for \$807,000 at an auction.

2. Fact or Crap - A person who studies ants is called a myrmecologist.

3. Fact or Crap - Pop-Tarts were declared illegal in Missouri, after an some burned their mouth on the topping.

4. Fact or Crap - Mount Rushmore features the stern mugs of Presidents Washington, Jefferson, Grant and Lincoln.

5. Fact or Crap - Canada is an Indian work meaning, Cold Hearth.

6. Fact or Crap - Avocados have 60% more potassium than bananas.

7. Fact or Crap - Studies show that 12.5% of people drop thier New Years resolutions by week three.

(Answers on Page 10)

HEALTHY LIVING TIP



Health Benefits of Garlic

Not only is garlic delicious, but it also has many potential health benefits.

One of the most powerful benefits of garlic is that it may help your immune system and may help you combat sickness, including the common cold. One large, 12-week study found that a daily garlic supplement reduced the number of colds by 63% compared to a placebo. The average length of cold symptoms was also reduced by 70%, from 5 days in the placebo group to just 1.5 days in the garlic group.

Garlic may also improve cholesterol levels, which may lower the risk of heart disease. Garlic may lower both total and LDL cholesterol (otherwise known as the "bad" cholesterol).

So next time you're making your favorite dish, you may want to consider adding a few cloves of garlic to your recipe.

Tip adapted from Healthline.com⁷



The Kiwanis Club of Delray Beach

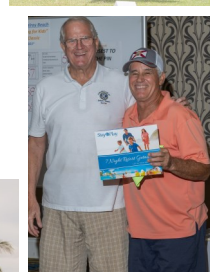
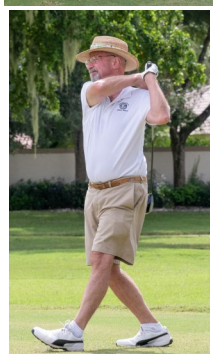
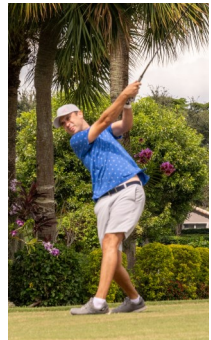
Where Ordinary People Provide Extraordinary Service" - Celebrating 50 Years of Service
the Achievement Centers For Children & Families
and the EJS Project



2023 "Swing For Kids" Charity Golf Sponsors ---Thank You!

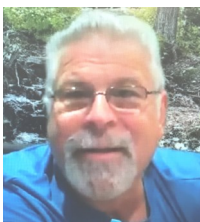
Our annual golf tournament took place on October 6th and was a Big Success, raising \$14,240. Thanks to our sponsors and to **Gina & Bob Sablo** for working the registration table. AND, a big thanks to all our members who participated, sponsored and donated their money and time and helped with the raffle prizes. **Congratulations to Jay Alperin's Team for taking 2nd place.**

GREAT JOB EVERYONE! Here are some pictures from the event courtesy of **Gina & Bob Sablo**:



Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on **"This Date in History"**. Here are a few interesting items from the past month:



October 5:

1892, the Dalton Gang, notorious for its train robberies, was practically wiped out while attempting to rob a pair of banks in Coffeyville, Kansas.
 1947, President Harry S. Truman delivered the first televised White House address as he spoke on the world food crisis.
 1989, a jury in Charlotte, North Carolina, convicted former P-T-L evangelist Jim Bakker of using his television show to defraud followers. (Sentenced to 45 years in prison, Bakker was freed in December 1994 after serving 4 1/2 years.)
 2001, tabloid photo editor Robert Stevens died from inhaled anthrax, the first of a series of anthrax cases in Florida, New York, New Jersey and Washington.
 2005, defying the White House, senators voted 90-9 to approve an amendment sponsored by Republican Sen. John McCain that would prohibit the use of "cruel, inhuman or degrading treatment or punishment" against anyone in U.S. government custody.
 2015, the United States, Japan and 10 other nations in Asia and the Americas reached agreement on the landmark Trans-Pacific Partnership trade deal.
 2017, Hollywood executive Harvey Weinstein announced that he was taking a leave of absence from his company after a New York Times article detailed decades of alleged sexual harassment against women.
 2021, a former Facebook employee, data scientist Frances Haugen, told a Senate panel that the company knew that its platform spread misinformation and content that harmed children, but that it refused to make changes that could hurt its profits.

Birthdays:

Actor Glynis Johns is 100.
 College Football Hall of Fame coach Barry Switzer is 86
 R&B singer Arlene Smith (The Chantels) is 82.
 Rock singer Brian Johnson (AC/DC) is 76.
 Actor Karen Allen is 72.
 Writer-producer-director Clive Barker is 71.
 Actor Daniel Baldwin is 63.
 Hockey Hall of Famer Mario Lemieux is 58.
 Actor Kate Winslet is 48.

October 11:

1614, the New Netherland Co. was formed by a group of merchants from Amsterdam and Hoorn to set up fur trading in North America.
 1809, just over three years after the famous Lewis and Clark expedition ended, Meriwether Lewis was found dead in a Tennessee inn, an apparent suicide; he was 35.
 1968, Apollo 7, the first manned Apollo mission, was launched with astronauts Wally Schirra (shih-RAH'), Donn Fulton Eisele and R. Walter Cunningham aboard.
 1984, Challenger astronaut Kathryn D. Sullivan became the first American woman to walk in space as she and fellow Mission Specialist David C. Leestma spent 3 1/2 hours outside the shuttle.
 2002, former President Jimmy Carter was named the recipient of the Nobel Peace Prize.
 2005, the U.S. Army Corps of Engineers said it had finished pumping out the New Orleans metropolitan area, which was flooded by Hurricane Katrina six weeks earlier and then was swamped again by Hurricane Rita.
 2014, customs and health officials began taking the temperatures of passengers arriving at New York's Kennedy International Airport from three West African countries in a stepped-up screening effort meant to prevent the spread of the Ebola virus.
 2017, the Boy Scouts of America announced that it would admit girls into the Cub Scouts starting in 2018 and establish a new program for older girls based on the Boy Scout curriculum, allowing them to aspire to the Eagle Scout rank.
 2020, LeBron James and the Los Angeles Lakers beat the Miami Heat to win the NBA finals in six games as the NBA wrapped up a season that sent players to a "bubble" at Walt Disney World in Florida for three months because of the pandemic.

Birthdays:

Singer Daryl Hall (Hall and Oates) is 77.
 Actor-director Catlin Adams is 73.
 Original MTV VJ Mark Goodman is 71.
 Actor-writer-comedian Dawn French is 66.
 Pro and College Football Hall of Famer Steve Young is 62.
 Actor Joan Cusack is 61.
 Bluegrass musician Leigh Gibson (The Gibson Brothers) is 52.
 Golfer Michelle Wie is 34.
 Rapper Cardi B is 31.

October 18:

1648, Boston shoemakers were authorized to form a guild to protect their interests, becoming the first American labor organization on record.
 1867, the United States took formal possession of Alaska from Russia.
 1892, the first long-distance telephone line between New York and Chicago was officially opened.
 1898, the American flag was raised in Puerto Rico shortly before Spain formally relinquished control of the island to the U.S.
 1954, Texas Instruments unveiled the Regency TR-1, the first commercially produced transistor radio.
 1962, James D. Watson, Francis Crick and Maurice Wilkins were honored with the Nobel Prize for Medicine and Physiology for determining the double-helix molecular structure of DNA.
 1968, the U.S. Olympic Committee suspended Tommie Smith and John Carlos for giving a "Black power" salute as a protest during a victory ceremony in Mexico City.
 1972, Congress passed the Clean Water Act, overriding President Richard Nixon's veto.
 1977, West German commandos stormed a hijacked Lufthansa jetliner on the ground in Mogadishu, Somalia, freeing all 86 hostages and killing three of the four hijackers.

Birthdays:

Actor Pam Dawber is 73.
 Writer-producer Chuck Lorre is 71.
 Gospel singer Vickie Winans is 70.
 Tennis Hall of Famer Martina Navratilova is 67.
 Hall of Fame boxer Thomas Hearns is 65.
 Actor Jean-Claude Van Damme is 63.
 Jazz musician Wynton Marsalis is 62.
 Olympic gold medal skier Lindsey Vonn is 39.
 Actor Zac Efron is 36.

October 25:

1859, radical abolitionist John Brown went on trial in Charles Town, Virginia, for his failed raid at Harpers Ferry. (He was convicted and hanged.)
 1910, "America the Beautiful," with words by Katharine Lee Bates and music by Samuel A. Ward, was first published.
 1945, Taiwan became independent of Japanese colonial rule.
 1960, the Bulova Watch Co. introduced its electronic "Accutron" model.
 1962, during a meeting of the U.N. Security Council, U.S. Ambassador Adlai E. Stevenson II demanded that Soviet Ambassador Valerian Zorin confirm or deny the existence of Soviet-built missile bases in Cuba; Stevenson then presented photographic evidence of the bases to the Council.
 1971, the U.N. General Assembly voted to admit mainland China and expel Taiwan.
 1983, a U.S.-led force invaded Grenada at the order of President Ronald Reagan, who said the action was needed to protect U.S. citizens there.
 1986, in Game 6 of the World Series, the New York Mets rallied for three runs with two outs in the 10th inning, defeating the Boston Red Sox 6-5 and forcing a seventh game; the tie-breaking run scored on Boston first baseman Bill Buckner's error on Mookie Wilson's slow grounder. (The Mets went on to win the Series.)
 1999, golfer Payne Stewart and five others were killed when their Learjet flew uncontrolled for four hours before crashing in South Dakota; Stewart was 42.
 2022, Rishi Sunak became Britain's first prime minister of color after being chosen to lead a governing Conservative Party.

Birthdays:

Actor Marion Ross is 95.
 Basketball Hall of Famer Bob Knight is 83.
 Singer Taffy Nivert (Starland Vocal Band) is 79.
 Actor Brian Kerwin is 74.
 Actor Nancy Cartwright (TV: "The Simpsons") is 66.
 Rock musician Ed Robertson (Barenaked Ladies) is 53.
 Actor Persia White is 53.

AND.... "If you're sitting in a bar this afternoon, like Jay and his friends will be doing and Pop singer Katy Perry joins us, we hope that you will buy her a "California Gurls" drink, as she is 39 years old today.



IF YOU DON'T LIKE WHAT
 YOU SEE IN THE WORLD,
 CHANGE IT



Get Your Tickets Today!



The Kiwanis Club of Delray Beach &



SHEARSON FINANCIAL SERVICES LLC

Member FINRA, SIPC

7000 W. Palmetto Pk Rd, Ste 501, Boca Raton, FL 33434
Mark Scheinbaum, Managing Director 561-371-9066

Presents

"Pancakes, Pints & Pigskins"



November 5th

9:00 am

(9:30 am Kickoff)

Remember to "Fall-Back"- DST Ends

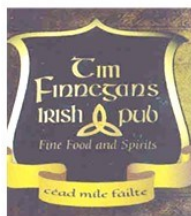


\$30 ticket

(\$35 after 11/3/23, 5pm)

Breakfast Buffet, and a Pint, Mimosa or Bloody Mary included

Get Your Tickets at Eventbrite.com or at the door.



Tim Finnigan's Irish Pub
2885 S Federal Hwy, Delray Beach



Benefiting the Delray Beach Kiwanis Foundation & its Charities, a 501(c)3 organization

Funny Quotes about Marriage ...



-- "The man who says his wife can't take a joke, forgets that she took him."

— Oscar Wilde

-- "Marriage is like a walk in the park. Jurassic Park."

— Unknown

-- "Husbands and wives are irritating. But without them, who would we blame for misplacing our socks?"

— Janet Periat

-- "I am a very committed wife. And I should be committed, too—for being married so many times."

— Elizabeth Taylor

-- "I love you no matter what you do, but do you have to do so much of it?"

— Jean Illsley Clarke

-- "Whatever you may look like, marry a man your own age—as your beauty fades, so will his eyesight."

— Phyllis Diller

-- "Spend a few minutes a day really listening to your spouse. No matter how stupid his problems sound to you."

— Megan Mullally

"Be decisive. Right or wrong, make a decision. The road of life is paved with flat squirrels who couldn't make a decision."

~Unknown~

This Month's Sudoku Puzzle...



A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

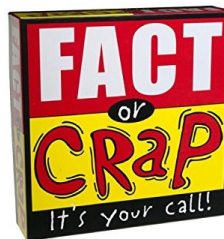
- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

Difficulty- Very Hard. Be sure to use a pencil!

	8				2	5	6	
9				4				
			3				4	7
	4			2		6		
		7				3		
		3		8			5	
5	2				4			
				3				4
	3	1	8				9	

(Answers on Page 11)

Answers.....



1. Crap. It was Audrey Hepburn's famous black dress from, Breakfast at Tiffanys.
2. Fact. This branch of entomology focuses directly on the habits and social behaviors of the worlds tiniest picnic.
3. Crap. Some one did sue when the tasty breakfast treats burst into flames in their toaster.
4. Crap. They may be crumbling a bit, but that third one should definitely be Teddy R., not Grant.
5. Crap. Its an Indian word meaning Big Village.
6. Fact. The rich-flavored, pebble-skinned treat also has the most protein of all fruits.
7. Crap. The figure is completely made up. :)

Visit our Website:

www.delraybeachkiwanis.org



If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@att.net — Thank you

The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.

Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

2023-24 Kiwanis Int'l President:

Katrina Baranko
Albany, GA

2023-24 Florida Kiwanis Governor:

Prairy Riehl
Email: Prairy.Riehl@gmail.com

2023-24 Division 21 Lt. Governor:

Pam Davidson
Email: g8rmomof2@gmail.com

Other Division 21 Clubs:

Boca Raton - 1st & 3rd Thursdays, 4 p.m.
Boca Raton Community Center Annex
260 Crawford Blvd
Boca Raton

Boynton Beach - Tuesdays, 8 am
IHOP
1797 N. Congress Ave
Boynton Beach

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
Maddock Park
1200 West Drew Street
Lantana

Lake Worth - Tuesdays, 8:30 a.m.
Too-Jays Restaurant
419 Lake Avenue
Lake Worth

Florida Kiwanis Foundation:

2023-24 President: Arlene Lewis-Marr
Email:

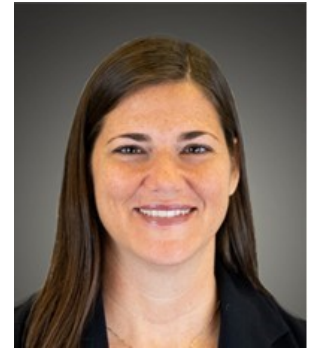
Div. 21 Trustee: Joel Davidson
E-mail: jid310@bellsouth.net

You + Kiwanis =

Improved
Lives & communities.

Governor's Message

by Prairy Riehl
Florida Kiwanis Governor



Happy Kiwanis New Year!

I cannot contain my excitement for this Kiwanis Year! So many amazing Kiwanians have stepped up to the plate to lead in your clubs, divisions, and at the district level. We have a strong plan in place to help strengthen existing clubs while also opening new Kiwanis Clubs to meet the needs of underserved communities.

We are focusing on increasing our reach through sponsoring new Service Leadership Programs - all the way from K-Kids to Aktion Club. We are improving our relationships with other Kiwanis Clubs and our Service Leadership Programs through joint projects and socials. And finally, we are helping the most vulnerable children by supporting families before kids enter foster care, while they are in foster care, and after they have aged out of care.

All of the goals set forth for the coming year cannot be achieved without us working together as a team. Let's keep our focus on what really matters - serving children - as we work together to

Build a Better World!

Sudoku Puzzle....Answers

3	8	4	7	9	2	5	6	1
9	7	5	6	4	1	8	2	3
6	1	2	3	5	8	9	4	7
1	4	9	5	2	3	6	7	8
8	5	7	4	6	9	3	1	2
2	6	3	1	8	7	4	5	9
5	2	8	9	1	4	7	3	6
7	9	6	2	3	5	1	8	4
4	3	1	8	7	6	2	9	5





From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!



This Year's Winner of the Annual Arthur & Jean Antin "Heart Of The Club" Award

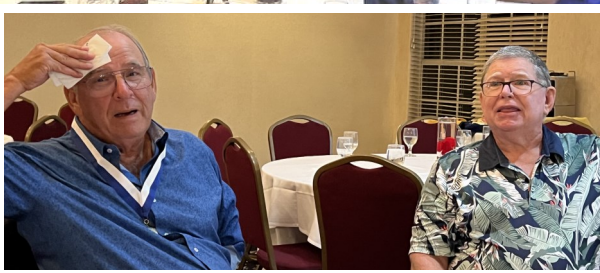
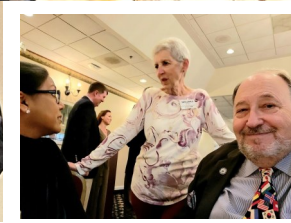


Pam & Joel Davidson

This award goes to the member(s) that best exemplify their dedication and commitment to the club. Thank you for your efforts.

Congratulations Pam & Joel!

From 50th Anniversary, Page 1



KIWANIS CLUB OF DELRAY BEACH