



# The Sunriser



## The Kiwanis Club of Delray Beach

*Where Ordinary People Provide Extraordinary Service" - Celebrating 45 Years of Service*

Meets for Breakfast Wednesday's (except the 1st Week), 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, Fl.  
And the 1st Thursday, 6:00 pm, Tim Finnegan's Irish Pub, 2885 S. Federal Hwy (South of Linton), Delray Beach, Fl.

### 2018-2019 Officers

**President, October:** Jay Alperin  
561-289-2387

**Secretary:** Barbara Schooler  
561-271-6649

**Treasurer:** Dale Morrison  
561-278-1002

**Immediate Past President:**  
Peggy Kelleher

### 2018-2019 Bd. of Directors

Carlene Laseter, Susan Ruby,  
Ben Ruby, Doug Martin,  
Alberta G. Rickard, David Freeburn

### 2018-2019 Committee Chairs

#### \*Community Service:

**AVDA** - Dianie Alperin, Ben Ruby  
**Thanksgiving**- Alberta G. Rickard  
Jeff Goldman

**Police Appreciation** - Ezra Krieg,  
Peggy Kelleher

\*Club Meetings: Jay Alperin

#### \*Fund Raising:

**Delray Affair**- Carlene Laseter  
**Golf Tourney**- Scott Youngberg  
**Glo-Ball**- Bob Barcinski

\*Interclubs: Steve Rubin

\*Membership: Carlene Laseter

\*Newsletter/Website:  
Scott Youngberg

\*Programs: Ezra Krieg

\*Social Activities:  
President & President Elect

\*Spiritual Aims: Doug Martin

\*Youth Services:  
**Scholarship** -Jack Foley,  
Dale Morrison

#### **Key Club/Builders Club -**

American Heritage - Tony Marazita  
Atlantic High School- Erica McFarlane  
Unity School - Stacy Brookman

### Volume 2018, Issue 10

### October, 2018

## It's President Of The Month (POTM) Time!

We had a terrific time at our Annual Charter Night celebration. And, for the first time, we installed 12 different Presidents for each month of the coming year.

First up is **Jay Alperin**, who received the gavel signifying his step into greatness.

Jay also received the Arthur & Jean Antin "Heart of the Club" Award for his dedication to the club setting up the meetings, spearheading the Strategic Planning committee and stepping up when needed.

**Congratulations Jay!**



**More pictures of Charter Night on page 11.**

## Caruso Speaks To Our Club



Representative in District 89.

After years of experience as a CPA in accounting firms such as KPMG and Grant Thornton International, Mike opened his own CPA firm, Caruso & Caruso, in Delray Beach. Over the next three decades, Mike has used his skills to benefit the community, serving on many community organization boards, and serving as an expert witness in many local and

national court cases as a forensic accountant. Speaking to our club on September 12th was Mike Caruso, who is running for State

national court cases as a forensic accountant.

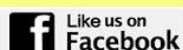
Mike is deeply entrenched in the community both personally and professionally. In addition to his professional work as a CPA, He wants to work with the community to make real change. He understands that lasting change can only come from increased communication and a willingness to get things done. If we work together, we can see real change in Palm Beach County.

The issues that are important to him include Funding Public Education, The Opioid Crisis, Getting Tough on Crime, Economic Growth and Illegal Immigration.

For more information, go to [www.electmikecaruso.com](http://www.electmikecaruso.com)

### Visit our Website:

[www.delraybeachkiwanis-sunrise.org](http://www.delraybeachkiwanis-sunrise.org)



## Other Doings.....



### Hail! President of the Month!

Since no-one stood up to take over the Presidency, Our Club has voted to have a President of the month. The POTM will have the responsibility of running our weekly meetings, that's it. Easy-Peesy..... **Jay Alperin** is our first POTM in October when the new Kiwanis Year starts. All other club business will be handled by the Board of Directors.

Want to help? Sign-Up. Easy-Peasay.....

- October - **Jay Alperin**
- November - **Dave Freeburn**
- December - **Ernie Galinis**
- January - **Bob Barcinski**
- February - **Carlene Laseter**
- March - **Ben & Carol Bassford**
- April - **Reeve Bright**
- May - **Doug Martin**
- June - **Steve Rubin**
- July - **Alberta Rickard**
- August - open
- September - **Ezra Krieg**

*Thank You!*

**We have one more spot to fill ....  
PLEASE help support  
the club and Sign Up!**



On September 6th, Fla Foundation Trustee **Tom Thayer** presented our club with a \$500 Mini-Grant for our Kiwanis One Day Project. Yahoo!



The "Winning Ticket" saga continues. At our September 6th meeting, **Scott Youngberg** tried swapping tickets again to win an unprecedented 3 times in a row. This time he swapped with **Ezra Krieg**. Yep.....Ezra won!

## \$\$\$ Happy Dollars \$\$\$



### Upcoming Important Dates:

#### Upcoming Birthdays:

- October 2** - Ben Bassford
- October 7** - Anne Bright
- October 22** - Regina Sablo  
- Camilla Szymanski
- October 26** - Randy Alves
- October 30** - Reeve Bright

#### Wedding Anniversaries:

- October 8** - Carlene & Robert Laseter (53 years)
- October 18** - Ezra Krieg & Marsha Eisenberg (21 years)
- October 20** - David & Cynthia Freeburn

#### Membership Anniversaries:

- October 1** - Jeffrey Goldman - 9 years
- October 15** - Carole Bassford

**September 6th Meeting "Finnegan's":** It was a football theme tonight. **Ben Bassford** cheered on Navy, **Carlene Laseter** was happy Kentucky won a football game, **Bob Barcinski's** grandson is playing football and **Peggy Kelleher** said "Go Gators". **Ezra Krieg** was excited about all the "other" Florida Football teams doing well (Those except FSU, Miami & FAU who all lost). **Scott Youngberg** cheered on Tiger Woods who is in contention to win this weeks tourney. Finally, **Tom Thayer** was happy to be here.

**September 12th Meeting:** We continued the happy dollars for football....It is the season you know. **Jay Alperin** cheered on FAU. **Carlene Laseter** was happy that Kentucky won and her son took 3rd place overall in the Clermont Triathlon. **Bob Barcinski** also cheered on Carlene's team (funny, nothing said about Purdue). **Scott Youngberg** said FSU scratched out a win against a Div 2 team...Ugh. **Ezra Krieg** was happy for the Dolphins winning and for the Buffalo Bills losing (That's Peggy's team). **Steve Rubin** had \$5 for being late and his Daughter is going to Rutgers in the Big 10. **Dave Freeburn** and **Doug Martin** ADIP and wishing good luck to those in the Carolinas with the hurricane approaching fast.

**September 19th Meeting:** **Jay Alperin** is happy FAU keeps winning and his wife Diane visiting today. **Scott Youngberg** is celebrating 40 years with the club. **Doug Martin** and **Peggy Kelleher** put in for that. Scott is also learning to be humble with FSU's poor football team. **Reeve Bright**, as a Miami fan who's been there "I feel your FSU pain". **Carlene Laseter** is happy that Kentucky won for the third time in a row. **Peggy Kelleher** said the Gators let Kentucky win to break a multi year losing streak. Everyone else was "Just Happy".

**September 26th Meeting:** This was the meeting after the fall golf tournament. Everyone put in for the successful tourney and for **Scott Youngberg** organizing the event. Scott is also celebrating his 46th wedding anniversary on Sunday. **Dave Freeburn's** son is here for his birthday. **Ezra Krieg** is happy for the Miami Dolphins winning and his son Max has a job in a bank in California when he graduates in June. Finally, **Peggy Kelleher** is happy her year as President is coming to an end. **Jay Alperin** was also happy for all the great years of leadership we've had for our club.



# HAVE YOU SEEN THE INTERNET LATELY?



## KIDS NEED KIWANIS

## Calendar Of Events

- October 20**..... Kiwanis One Day  
Family Activities at Barwick Park  
"We need full club participation"
- October 27** ..... Key Club Breakfast, 8-10:30 am,  
Clive Daniels, 1351 NW Boca Raton Blvd , Boca
- November 2** ...Terrific Kids, OrchardView Elementary
- November 7** ..... Delray Reads Day at  
Orchard View Elementary
- November 13** ..... Putt-Putt Challenge, 6 pm at  
Putt'n Around, Delray Beach
- January 16**..... Jeff Goldman Roast Breakfast
- February 23** (Tentative) ..... Night Time "Glo-Ball"  
Golf Tournament

## Upcoming Meeting Programs

- 10/4 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, October 4th, at 6:00 pm.
- 10/10 Tentative: Bike Florida
- 10/17 Wild Dolphin Project
- 10/24 **POLICE APPRECIATION**
- 10/31 *Need Speaker*
- 11/8 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, November 8th, at 6:00 pm.
- 11/14 Mark Lauzier, City Manager
- 11/21 47Reasons
- 11/28 *Tentative*: Starz Foundation
- 12/6 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, December 6th, at 6:00 pm.
- 12/12 Comedy for Unity
- 12/19 Health
- 12/26 *Need Speaker*
- 1/3 **Finnegan's**- See You at the "Happy Hour"  
meeting, Thursday, January 3rd, at 6:00 pm.
- 1/9 Fishing for Families in Need
- 1/16 Jeffrey Goldman Who?
- 1/23 Memory for Memory
- 1/30 Tentative: HATT Foundation

**Please contact Ezra Krieg at  
954-260-8838 if you have  
a program idea for our meetings.**



## HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

*"Part of being a hero is  
knowing when you don't need  
to be one anymore."*

---ALAN MOORE



## Membership

Carlene Laseter - Chairperson

## WHY DID YOU JOIN KIWANIS?



At the beginning of this new Kiwanis year, remember why you joined Kiwanis and why you remain a member today.

For me, it happened on my daughter's 7th birthday. To celebrate, my family had a party for children from underprivileged families. During the meal, many of the children were not eating despite being hungry. When I asked why, many responded by saying they were saving food for their parents and siblings at home. My heart was broken. I told them to eat now because we would prepare more meals for them to take home. That was my Kiwanis moment — the moment I went from being a Kiwanis member to being a Kiwanian.

Remember your Kiwanis moment throughout the year. Remember the smiles of the kids you are helping. Kiwanis clubs all around the world give children opportunities for success. We do this because every child deserves the right to thrive, prosper and grow.

We must do whatever we can to help children succeed. Invite family, friends and colleagues to your service projects and club meetings to help. Invite them to join Kiwanis. Invite them to make a difference for children. We cannot wait. Too many kids are waiting for opportunity.

Florencio "Poly" Lat  
2018-19 president  
Kiwanis International

***Remember, This is The Formula:***

***Love being a Kiwanian. Love your club.***

***Share it with others.***

***Live it.***

***Doing Good....***

***Feeling Good!***





## 50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



September 6 - Ezra (Swapped Ticket) Krieg

September 12 - Scott (The Man) Youngberg

September 19 - Bob Barcinski

September 26 - Dave Freeburn

I got in a fight one time with a really big guy, and he said, "I'm going to mop the floor with your face." I said, "You'll be sorry." He said, "Oh, yeah? Why?" I said, "Well, you won't be able to get into the corners very well."

## ***PUBLIC SERVICE ANNOUNCEMENT***

### **6 surprising headache triggers (and cures)**

What do these items have in common? They could be making your head hurt. Do you suffer from frequent headaches? Your day-to-day routine might be to blame. From the breakfast table to the office, our everyday lives are littered with objects and bad habits that can set our temples pounding. Fortunately, most of these hidden headache triggers can be easily fixed. Here, we break down six of the most common and offer expert advice for addressing them.

**Your phone** - Cradling it between your ear and your shoulder for calls lasting longer than a couple of minutes can strain your neck and lead to tension headaches. Use your hands-free headset, or the speaker option, whenever possible.

**Your chair** - Most are made for the average 5-foot-8 man; if your chair is too big, it might not support your back, causing strain and headaches, says New York City physical therapist Karen Litzy. Try a back support, like the Original McKenzie Lumbar Roll.

**Your coffee** - Down more than two 8-ounce cups a day and you risk getting a withdrawal headache if you skip the java one morning. The solution: Gradually cut back to one cup a day, subbing in decaf if that helps.

**Your computer** - A flickering screen can create eye strain, which may lead to a headache. Buy an antiglare screen protector and every once in a while, look away from the computer to focus on an object about 20 feet from you.

**Your lazy Sunday** - Snooze even a couple of hours past your usual wake-up time and the changes in your circadian rhythms can throw off levels of brain chemicals, bringing on migraines. On weekends, get up at your normal weekday time.

**Your bag** - Plop it on the scale; if it's heavier than 10 pounds, it could be causing neck strain—and head pain. Lighten your load or divvy it up between a purse and a tote, carried on opposite shoulders.

# Kiwanis Aktion Club

Service  
in Action



Our club sponsored the Aktion Club breakfast on Friday, September 28th. Thanks to **Carlene Laseter** for buying the goodies and to **Scott Youngberg** for helping out.

As a reminder, the Aktion Club is sponsored by our district and is located in the Palm Beach Habilitation Center in Lake Worth. The meeting today had 20 members in attendance and they discussed their upcoming Halloween Party and several fund-raisers.

Aktion Club is the only service club for adults with disabilities, with more than 12,000 members worldwide.





# Kiwanis<sup>®</sup> Delray Beach

## 36th Annual "Swing for Kids" Charity Golf Classic

Benefiting



**ACHIEVEMENT  
CENTERS FOR  
CHILDREN  
& FAMILIES  
FOUNDATION**

It was a grand time for all. We raised \$4,743 for our club and the Achievement Centers. Thanks to everyone who helped out, sponsored and played. Attached are pictures from this very successful event.



TITLELIST		TOURNAMENT	
LEHEUET 58	WILBER 60	LEHEUET 58	WILBER 60
ROBERTSON 67	BLIGHT 61	ROBERTSON 67	BLIGHT 61
MORANO 56	WILSON 59	MORANO 56	WILSON 59
... 61	... 68	... 61	... 68
... 64	... 68	... 64	... 68
... 56	... 55	... 56	... 55
... 51		... 51	



## The "Golden" Years ...

### Signs You Have Grown Up

- - - Eating a basket of chicken wings at 3 AM would severely upset, rather than settle, your stomach.
- - - You go to the drug store for ibuprofen and antacid, not condoms and pregnancy tests.
- - - A \$4.00 bottle of wine is no longer "pretty good sh\*t."
- - - You actually eat breakfast food at breakfast time.
- - - "I just can't drink the way I used to" replaces "I'm never going to drink that much again."
- - - 90% of the time you spend in front of a computer is for real work.
- - - You drink at home to save money before going to a bar.
- - - When you find out your friend is pregnant you congratulate them instead of asking "Oh sh\*t what the hell happened?"



## Break the late-night eating habit

Does the refrigerator call your name after dark? Chances are, you satisfied your hunger at dinner, so these late-night munchies are not about being hungry. Instead, they're a result of habit, boredom, stress, or fatigue after a long, hard day. No matter what the cause, eating at night usually leads to overeating, and can wreak havoc on your weight-loss diet.

For many people, late-night eating is just a habit -- it's quiet at night, no one is around to see you eat, and it's a peaceful time to enjoy your favorite foods. Unfortunately, this habit has got to go if you are going to lose weight permanently. If you eat more calories at times of day when you're not expending much energy, you're likely to gain weight.

But keep in mind that it's not necessarily the time you eat that leads to weight gain, but the type of foods you tend to eat late at night. Favorite foods for after-dark munching include ice cream, potato chips, chocolate, desserts -- you get the picture. Your body does not process food differently after dark, but nighttime tends to be the most sedentary time of the day, when your calorie needs are minimal. The bottom line: Eating after dinner tends to pack on the pounds.

So what's a dieter to do? The ideal solution is to eat three square meals a day and avoid all between-meal eating. Because that is not so easy to do, here are 10 tips to help you get over midnight munching:

Resolve not to eat late in the day or after dinner.

Distract yourself -- take the dog for a walk, curl up with a good book, or relax in a hot bath.

Satisfy your cravings with a low calorie alternative like herbal tea, a handful of veggies, or a piece of fruit.

Increase the fiber in your diet, especially at dinner. Try adding beans or whole grains to keep you feeling full.

Increase the protein in your dinner. Recent research suggests that protein has the greatest staying power to keep hunger at bay.

Limit all eating to the kitchen or dining room, and always eat while sitting down at the table. This helps curb "eating amnesia," that mindless munching in front of the television.

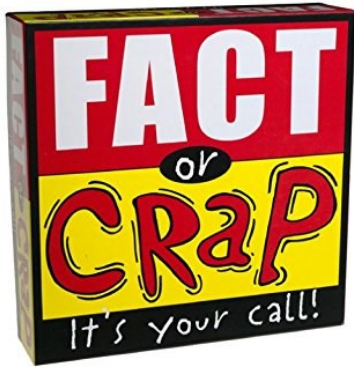
Eat slowly and savor the taste of your food. Give yourself 15 to 20 minutes for your brain to get the signal that you have had enough.

Start your day with breakfast. People who skip breakfast are more likely to snack impulsively on calorie-laden foods.

Let your journal be your friend. Use your diet journal to help you track your meals and keep you on target with your eating plan.

Drink plenty of water. Not only will it help you stay hydrated, it will give you something to do with your hands and mouth.

So if you're plagued by midnight munchies, do your best to get yourself into a regular meal routine. Keep it simple, and remember that your main goal is to get into the habit of not eating after dinner.



1) Fact or Crap - The roadrunner is the fastest bird on land.

2) Fact or Crap - Classmates Gene Hackman and Dustin Hoffman were voted most likely to succeed

3) Fact or Crap - The official taste tester at Dreyer's Grand Ice Cream has his taste buds insured for \$1 Million.

4) Fact or Crap - Toto earned more money per week than Judy Garland in making "The Wizard of Oz"

5) Fact or Crap - Silly Putty was used to fasten down tolls on Apollo 8.

6) Fact or Crap - Leonardo da Vinci wrote his notebook in mirror images.

(Answers on Page 7)

## Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on **"This Date in History"**. Here are a few interesting items from the past few weeks:

### September 6:

- 1916 - The first self-service grocery store, Piggly Wiggly, was opened in Memphis, Tenn., by Clarence Saunders.
- 1975 - Czechoslovakian tennis player Martina Navratilova, in New York for the U.S. Open, requested political asylum.
- 1996 - Eddie Murray of the Baltimore Orioles hit his 500th career home run during a game against the Detroit Tigers.
- 2001 - Barry Bonds of the San Francisco Giants became the fifth player in baseball history to hit 60 home runs in a season. (He finished the year with a record 73 homers.)
- 2005 - The California Legislature became the first legislative body in the nation to approve same-sex marriages. (Gov. Arnold Schwarzenegger later vetoed the bill.)

### Birthdays:

- Comedian JoAnne Worley is 83.
- Country singer David Allan Coe is 79.
- Singer-bassist Roger Waters (Pink Floyd) is 75.
- Actor James Martin Kelly ("Mob City," "Magic Mike") is 64.
- Actor-comedian Jeff Foxworthy is 60.
- Actor-comedian Michael Winslow ("Police Academy") is 60.
- Actress Rosie Perez is 54.
- Actress Naomie Harris ("Pirates of the Caribbean" movies) is 42.

### September 12:

- 1609 - English explorer Henry Hudson sailed into the river that now bears his name.
- 1943 - German paratroopers rescued former Italian dictator Benito Mussolini from the hotel where he was being held prisoner by his own government.
- 1944 - U.S. Army troops entered Germany for the first time during World War II, near Trier.
- 1954 - "Lassie" made its TV debut on CBS.
- 1959 - "Bonanza" premiered on NBC.
- 2000 - Dutch lawmakers gave same-sex couples the right to marry and adopt children.
- 2005 - Federal Emergency Management Agency director Michael Brown resigned, three days after losing his onsite command of the Hurricane Katrina relief effort.
- 2008 - A commuter train engineer ran a red light while text messaging on his cell phone and struck a freight train head-on in Los Angeles, killing himself and 24 other people.

### Birthdays:

- Actor Freddie Jones ("The Elephant Man") is 91.
- Actor Ian Holm ("Lord of the Rings," "Chariots of Fire") is 87.
- Actress Linda Gray ("Dallas") is 78.
- Actor Joe Pantoliano ("The Sopranos") is 67.
- Actress Rachel Ward is 61.
- Actor Darren E. Burrows ("Northern Exposure") is 52.
- Country singer Jennifer Nettles of Sugarland is 44.
- Singer-actress Jennifer Hudson is 37.
- Actress Alfie Allen ("Game of Thrones") is 32.
- Actress Emmy Rossum ("Phantom of the Opera") is 32.



### September 19:

- 1777 - American soldiers won the first Battle of Saratoga during the Revolutionary War.
- 1934 - Bruno Hauptmann was arrested in New York and charged with the kidnap-murder of the Lindbergh baby.
- 1957 - The United States conducted its first underground nuclear test, in the Nevada desert.
- 1970 - "The Mary Tyler Moore Show" debuted on CBS.
- 2004 - Hu Jintao became the undisputed leader of China with the departure of former President Jiang Zemin from his top military post.
- 2008 - Struggling to stave off financial catastrophe, the Bush administration asked Congress for \$700 billion to buy up troubled mortgage-related assets from U.S. financial institutions.
- 2008 - AMC's "Mad Men" became the first basic-cable show to win a top series Emmy award.
- 2010 - The BP oil well that had spilled hundreds of millions of gallons of oil into the Gulf of Mexico was sealed with a permanent cement plug.

### Birthdays:

- "Inside the Actor's Studio" host James Lipton is 92.
- Actor David McCallum ("The Man From U.N.C.L.E.") is 85.
- Singer Bill Medley of the Righteous Brothers is 78.
- Singer-songwriter Paul Williams is 78.
- Actor Jeremy Irons is 70.
- Actress-model Twiggy Lawson is 69.
- TV personality Joan Lunden is 68.
- Actress Carolyn McCormick ("Law and Order: SVU") is 59.
- Actor Victor Williams ("The Affair," "King of Queens") is 48.
- Comedian-talk-show host Jimmy Fallon is 44.
- Actress-TV host Alison Sweeney ("Days of Our Lives") is 42.

### September 26:

- 1789 - Thomas Jefferson was appointed America's first secretary of state and John Jay the first chief justice.
- 1914 - The Federal Trade Commission was established.
- 1957 - The musical "West Side Story" opened on Broadway.
- 1960 - The first televised debate between presidential candidates took place in Chicago as Republican Richard Nixon & Democrat John F. Kennedy squared off.
- 1969 - The album "Abbey Road" by the Beatles was released.
- 2005 - International weapons inspectors announced the Irish Republican Army's full disarmament.

### Birthdays:

- Actor Philip Bosco is 88.
- "The Weakest Link" host Anne Robinson is 74.
- Singer Olivia Newton-John is 70.
- Actor James Keane ("Bulworth," TV's "The Paper Chase") is 66.
- Actress Linda Hamilton is 62.
- Actress Melissa Sue Anderson ("Little House on the Prairie") is 56.
- Actor Jim Caviezel ("The Passion of the Christ") is 50.
- Singer Shawn Stockman of Boyz II Men is 46.
- Actress Zoe Perry ("Young Sheldon") is 35.

**AND.....**"If you're sitting in a bar this afternoon, like Jay and his friends will be doing.....and Actor Kent McCord ("Adam 12") comes in, we hope that you will buy him a drink, as he is 76 years old today.

## Answers.....

- 1) Crap - The roadrunner reaches only 12mph whereas the ostrich has been known to run 45-50 mph.
- 2) Crap - They were classmates at Pasadena Playhouse acting school, but both earned the distinction of being voted LEAST likely to succeed.

Ironically, in high school fellow actor and comedian Robin Williams was also dubbed least likely to succeed, but he also earned the distinction of being voted most humorous.

- 3) Fact - John Harrison has tasted more than 180 million gallons of ice cream. He prefers tasting his ice cream at 10 to 12 Fahrenheit to max the flavors and numbing the

tongue.

- 4) Crap - Toto earned a good salary for a dog of \$125 per week, a hefty sum compared to that of the munchkins who made only \$50.00 per week, but was less than Judy's weekly take home pay of \$500. Nonetheless, Judy made far less than any of the other lead actors on the set. Ray Bolger, who played Scarecrow made 10 times Judy's salary

- 5) Fact - It was used to fasten down tools and alleviate boredom. 300 Million eggs of the stuff have been sold since its launch in 1950.

- 6) Fact - Noted for his astonishing talents in art, architecture, engineering, and various other subject, da Vinci wrote his notebook entries backward so that only those "in the know" could decipher his writings.



## Here Comes "Little Johnny"

.... Little Johnny walks into his dad's bedroom and sees him sliding on a condom.

His father tries to hide it by bending over, as if to look under the bed.



Little Johnny asks curiously, "What are you doing, Dad?"

His father quickly replies, "I thought I saw a mouse go underneath the bed."

Little Johnny replies, "What are you gonna do -- screw him?"

.... Teacher asks Little Johnny to use the word 'definitely' in a sentence .

Little Johnny replies, "Teacher, do farts have lumps in them?"

The Teacher says, "Of course not Johnny,"

To which Johnny replies, "Then I have definitely sh\*t my pants then..."

*A bank is a place that will lend you money, if you can prove that you don't need it.*

**Visit our Website:**

[www.delraybeachkiwanis-sunrise.org](http://www.delraybeachkiwanis-sunrise.org)



*If you have something for the newsletter, please send it to Scott Youngberg via E-mail: [esysy@att.net](mailto:esysy@att.net)*

*--- Thank you*

"Be decisive. Right or wrong, make a decision. The road of life is paved with flat squirrels who couldn't make a decision."

~Unknown~



## This Month's Sudoku Puzzle....

A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

**Difficulty- Hard. Be sure to use a pencil!**

6		5			9			
					8	6		7
7			5	1				
1	7						2	
9								8
	2						3	9
			1	5				6
8		9	4					
			8			3		4

(Answers on Page 9)



**The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.**  
 Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

**2018-19 Kiwanis Int'l President:**  
 Poly Lat

**2018-19 Florida Kiwanis Governor:**  
 Steve LeBlanc  
 Email: stephenjohnleblanc@gmail.com

**2018-19 Division 21 Lt. Governor:**  
 John Sullivan  
 Email: dnite10@bellsouth.net

**Other Division 21 Clubs:**

**Boca Raton**-1st & 3rd Thursdays, 4 p.m.  
 Clive Daniels Furniture Store Upstairs  
 1351 NW Boca Raton Blvd  
 Boca Raton (NW Corner Glades Road & NW 2nd Ave)

**Boynton Beach**-Tuesdays, 12 Noon  
 Bru's Room  
 1333 N. Congress Ave  
 Boynton Beach

**Gold Coast Knights**-1st & 3rd Wed., 7 p.m.  
 Duffy's Sports Grill  
 Linton Boulevard and Federal Highway  
 Delray Beach

**Green Acres** - Wednesdays, 12 Noon  
 New China Buffet  
 5841 Lake Worth Road  
 Greenacres

**Hypoluxo-Lantana** - Tuesdays, 7:00 a.m.  
 Maddock Park  
 1200 West Drew Street  
 Lantana

**Lake Worth** - Tuesdays, 8 a.m.  
 Too-Jays Restaurant  
 419 Lake Avenue  
 Lake Worth

**Florida Kiwanis Foundation:**

**2018-19 President:** Winifred Holland  
 Email: Winnieh1024@gmail.com  
**Div. 21 Trustee:** Tom Thayer  
 E-mail: TomThayer@Earthlink.net

## International President's Corner

Poly Lat

*President of Kiwanis International*



### The purpose of life

During my long idle moments of treatment for Stage 4 cancer, I realized that the purpose of life is to praise God and serve others, founded on faith, compassion and love.

Now more than ever, we're called to serve, because kids need Kiwanis. From a helping hand to one child, to signature projects that affect many, we are at our best when we create opportunities for children and their communities. We are all challenged to become change agents, to think innovatively and expand the impact we have.

The mission of Kiwanis leaves a positive touch around the world. We do good work, and now we need to take it to the next level. We must position ourselves to invite new members, open new clubs and create more opportunities for improving our communities and the children of the world.

I am a fan of Jim Collins and his best-seller "Good to Great," so, I've summarized our 2018-19 strategies under the acronym G.R.E.A.T. • Grow Membership & Bridge the Gap.

- Revitalize Kiwanis Image.
- Enhance Kiwanis Education with Focus on Membership Retention.
- Address relevant issues of the organization, such as the high cost of the international convention, online voting and financial viability.
- Terminate dependence on traditional membership dues and generate more nondues initiatives.

We have ambitious plans and goals for the 2018-19 Kiwanis year. For most of us, it will require change. Most things do. Change comes from within, and choosing the way you approach it can make a great deal of difference.

Kiwanis brings out the best in people. Our global achievements to our clubs' service projects give us a sense of pride. Use that pride to keep Kiwanis growing and prospering by inviting others to join our efforts. As we expand our reach, we can serve more children in more communities.

Do you know the difference between a rich child and a poor child? It is described in one word: opportunity. Poor children do not have opportunity for healthy food, good education, adequate health care and strong family support. Kiwanis bridges that gap and provides opportunity to all children.

Together, let's continue to make a difference! God bless us all and God bless Kiwanis!

### Sudoku Puzzle...Answers

6	3	5	7	2	9	8	4	1
2	9	1	3	4	8	6	5	7
7	8	4	5	6	1	2	9	3
1	7	6	9	8	3	4	2	5
9	5	3	2	1	4	7	6	8
4	2	8	6	5	7	1	3	9
3	4	2	1	7	5	9	8	6
8	1	9	4	3	6	5	7	2
5	6	7	8	9	2	3	1	4





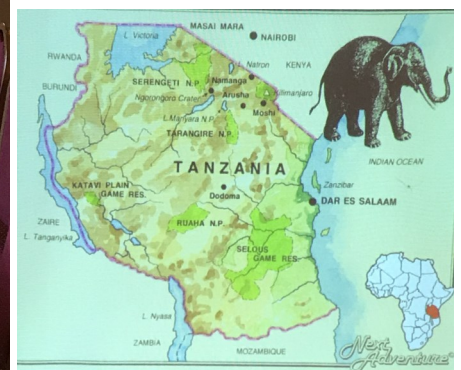
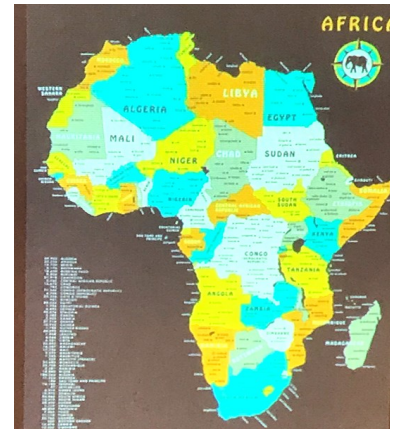
# From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!



## Jay Bird Productions presents.... Tanzanika

Our program on September 19th was presented by **Jay Alperin**. Jay shared with us slides from his recent trip to Tanzanika, Africa. It was a terrific program showing us all the highlights as only Jay can. Thanks Jay!



# Charter Night 2018

Our club had a grand time at Finnigan's Irish Pub, with Irish food, drinks and Limericks. We inducted all the officers for the coming year and congratulated Jay Alperin for being our first "POTM" and for winning the "Heart of The Club" Award.

Here are some pics :

