

Save the **DATE!**

# The Sunriseser



**"Swing for Kids"**  
Charity Golf Classic  
Nov. 7, 2020

**The Kiwanis Club of Delray Beach**

*"Where Ordinary People Provide Extraordinary Service" - Celebrating 47 Years of Service*

Meets Wednesday's 8:00 a.m. , via ZOOM. Contact Ezra Krieg at ezrakrieg@yahoo.com for the link to join us.

**2020-2021 Officers**

**President, October**  
Dave Freeburn

**Secretary:** Jay Alperin  
561-289-2387

**Treasurer:** Dale Morrison  
561-278-1002

**Immediate Past President:**  
Peggy Kelleher

**2020-2021 Bd. of Directors**

Carlene Laseter, Susan Ruby,  
Ben Ruby, Doug Martin,  
Alberta G. Rickard, David Freeburn  
Jay Alperin

**2020-2021 Committee Chairs**

**\*Community Service:**  
**AVDA** - Dianie Alperin, Ben Ruby  
**Thanksgiving**- Ezra Krieg  
**Police Appreciation** - Ezra Krieg,  
Peggy Kelleher

**\*Club Meetings:** Jay Alperin

**\*Fund Raising:**  
**Delray Affair**- Matthew Byrne  
**Golf Tourney**- Scott Youngberg  
**Glo-Ball** - Bob Barcinski

**\*Interclubs:** Steve Rubin

**\*Membership:** Carlene Laseter

**\*Newsletter/Website:**  
Scott Youngberg

**\*Programs:** Ezra Krieg

**\*Social Activities:**  
President & President Elect

**\*Spiritual Aims:** Doug Martin

**\*Youth Services:**  
**Scholarship** - Scott Youngberg,  
Dale Morrison  
**Terrific Kids** - Peggy Kelleher,  
Lisa Lee

**\* Key Club/Builders Club -**  
American Heritage - Sally Schliefer  
Atlantic High School- Stacy Brody  
Unity School - Stacy Brookman

**Volume 2020, Issue 10**

**October, 2020**

**Police Appreciation - Fall 2020**

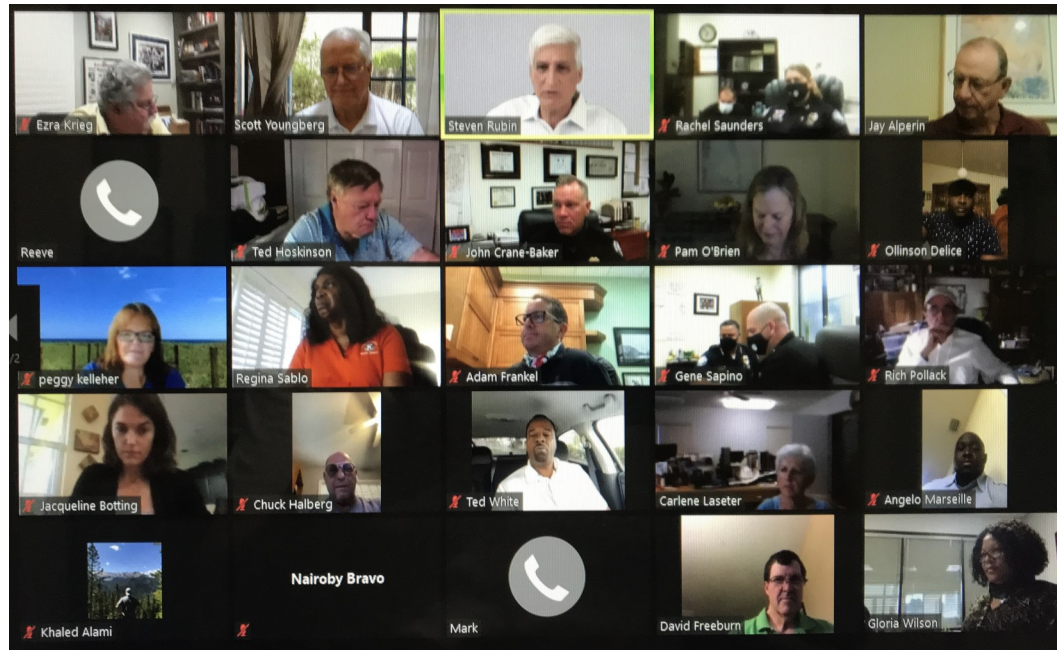
Our Fall 2020 Police Appreciation awards took place on September 16th via Zoom. We acknowledged 3 officers, Khaled, Ollinson Delice and Angelo Marseille and one civilian employee,

PIO Ted White.

Officers Khaled, Delice and Marseille responding to a domestic battery call, confronted and detained a knife wielding suspect, who was charged with aggravated assault and battery on numerous counts.

Public Information Officer Ted White was very active during the Covid-19 pandemic providing updates to citizens and holding numerous events for the community to stay informed.

Our honorees all received Certificates of Appreciation, a gift card and their names added to the Kiwanis Plaque hanging on the Police Department walls. CONGRATULATIONS!



Visit our Website:



[www.delraybeachkiwanis.org](http://www.delraybeachkiwanis.org)

## Other Doings. . . . .



### Hail! President of the Month!

\*\*\*\*\* September \*\*\*\*\*



### Steve Rubin

Here are the upcoming scheduled POTM's:

October - **Dave Freeburn**

November - **Gina Sablo**

December - **Gene Sapino**

January, 2021 - **Peggy Kelleher**

February - **Jay Alperin**

March - **Reeve Bright**

April - **Mark Scheinbaum**

May - **Bill Morse**

June - **Carlene Laseter**

July - **Bob Barcinski**

August - **Larry Schroeder**

September - **Steve Rubin**

*Thank You!*



### Meet Our New Secretary .....

#### Jay Alperin

It was a unanimous vote. Jay was overcome with emotion from all the support and humbly accepted the position .

Thanks Jay!



Our club has once again contributed \$250 to the Delray Reads Program, a Campaign for Grade-Level Reading. While we will not be doing in-person reading to the kids, there will be virtual activities taking place online, Thursday, October 29th.

## \$\$\$ Happy Dollars \$\$\$



### Upcoming Important Dates:

#### Upcoming Birthdays:

**October 2** - Ben Bassford

**October 6** - Mark Scheinbaum

**October 7** - Anne Bright

**October 22** - Regina Sablo

- Camilla Szymanski

**October 24** - Brian Schleifer

**October 30** - Reeve Bright

#### Wedding Anniversaries:

**October 8** - Carlene & Robert Laseter (55 years)

**October 18** - Ezra Krieg & Marsha Eisenberg (23 years)

**October 20** - David & Cynthia Freeburn

#### Membership Anniversaries:

**October 1** - Reeve Bright (47 Years !!)

**October 14** - John Crane-Baker

**October 15** - Carole Bassford

**September 2nd "Zoom" Meeting:** **Steve Rubin** is happy to be President again (How about President for Life?). **Scott Youngberg** is loving the Tour de France and the Miami Heat. **Larry Schroeder** put in for his daughter, granddaughter and daughter-in-law birthdays. **Peggy Kelleher** is happy college football is back. **Jay Alperin** was able to talk to his daughters and found out his grandson's are now playing golf. **Gina Sablo** is happy for her oldest granddaughter's birthday. **Reeve Bright** put in for his wedding anniversary last week. **Rich Pollack** put in for **Ezra Krieg's** wife who is having a medical procedure. Everyone else was "Just Happy".

**September 9th "Zoom" Meeting:** **Scott Youngberg** is happy for the return of football and for the winning Miami Heat. **Ezra Krieg** put in for the Heat and for the 1st Thursday Sports Equinox (All sports playing). **Matt Byrne** is also on the Heat bandwagon. **Jay Alperin** is missing FAU playing due to Covid. **Steve Rubin's** daughter has a job (Yippee!). **Peggy Kelleher** is loving college football and **Dave Freeburn** put in for the US Open Tennis championship. **Reeve Bright** was happy **Tom Carney** had a letter to the Editor published. **Rich Pollack** got a mask from the Community Foundation and **Gina Sablo's** grandchildren are getting better. Finally, **Bill Morse** is celebrating his 52nd wedding anniversary.

**September 16th "Zoom" Meeting:** Today was Police Appreciation Day and everybody put in for that. In addition, **Ezra Krieg** got his trees trimmed which means no hurricanes this year. (Yeahhhh!) **Jay Alperin** liked seeing all the happy faces and likes shopping for AVDA. **Rich Pollack** was happy the NY Giants didn't lose Sunday...They played on Monday. **Dave Freeburn's** oldest son turned 38 and **Reeve Bright** was happy UM won their football game. **John Crane-Baker** was glad to see everybody safe, and **Peggy Kelleher** celebrated her 6 year member anniversary. **Steve Rubin** is happy to be a Mid-Term POM.

**September 23rd "Zoom" Meeting:** **Bob Barcinski** and **Mike Salem** are having medical issues. Lots of big bucks were collected wishing them well. **Bill Morse** put in for the NY Giants playing down to what they normally do and **Rich Pollack** isn't a fan of a professional team - he's a Giants Fan. **Peggy Kelleher** is happy the Gators are playing Saturday and the Buffalo Bills win over the Dolphins. **Reeve Bright** is happy there are 3 Florida teams in the top 20. **Scott Youngberg** isn't happy FSU is not one of them.

**September 30th "Zoom" Meeting:** **Gina Sablo** told a story about her son who was stopped by police while jogging. He wasn't the guy they were looking for - Duh! **Gloria Wilson**, **Rich Polack** and **Ezra Krieg** put in for that. Ezra's son also celebrated a birthday. **Bill Morse's** grandson is having a birthday and is happy UF is playing Saturday. **Peggy Kelleher** is also happy for UF, Buffalo and **John Crane-Baker** earning his Master's degree. **Jay Alperin** is happy FAU hasn't lost a game yet and **Mark Scheinbaum** enjoys Helen Reddy. **Dave Freeburn** is cheering on Coco Gauff in the French Open. **Steve Rubin** survived his POTM duties.



## 50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



September 2 - Reeve Bright

September 9 - Ezra Krieg

September 16 - Jay Alperin

September 23 - Gina Sablo

September 30 - Bill Morse

# ELIMINATE

maternal/neonatal tetanus



## The "Golden" Years ...

--- A 90 year old women goes to the doctor.

Dr i can't stop farting, sure they don't smell and make no noise but still i can't take it any more.

Well take these pills every day and come back in a week.

Dr what did you do to me, not only am i still farting now they smell as well!

Oh very well , now about your hearing...

--- An older couple, who were both widowed, had been going out with each other for a long time. Urged on by their friends, they decided it was finally time to get married.

Before the wedding, they went out to dinner and had a long conversation regarding how their marriage might work. They discussed finances, living arrangements, and so on.

Finally, the old gentleman decided it was time to broach the subject of their physical relationship.

"How do you feel about sex?" he asked, rather tentatively.

"I would like it infrequently ", she replied. The old gentleman sat quietly for a moment, adjusted his glasses, then leaned over towards her and whispered, "Is that one word or two?"

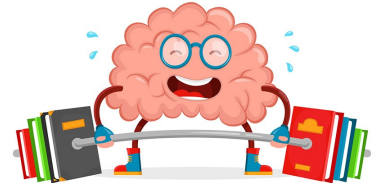
## PUBLIC SERVICE ANNOUNCEMENT

### Keep your mind active

Staying active typically means keeping physically fit with exercise or some kind of athletic endeavor. But there's an important component to staying active that most people neglect: keeping your mind active.

In fact, exercising your brain may be one of the most important exercises a person can do.

"Our brains continually change and build new connections throughout our lifetime," explains Lori Desautels, assistant professor in the College of Education at Butler University in Indianapolis, Indiana. "You're never too old to do this, because brains are built from experiences. And if there are no new experiences, brains will atrophy."



For Kiwanis club members who are devoted to service, Desautels says it's important to remember to take time for yourself. Adults in the workforce with busy social and volunteer lives often put their needs last. "Compassion for yourself, self-care, is anything but selfish," she says, noting it's important to keep you fresh. "If you're too tired, you will have little to give."

Desautels suggests these methods to initiate self-care for your mind and soul:

**Bring novelty to your life.** When you step outside your comfort zone, you invite activities that stimulate thinking. That includes doing things that at first might feel uncomfortable. Activities could include art, needlework, crochet or music. These activities help to calm stress-response systems.

**Read, study and learn.** Read books of interest, study different places and try new technology. Curiosity and anticipation are important to keeping minds active, and because our brains are wired for survival, we are motivated for the next new experience.

**Take a breath.** Breathing is one tool that can regulate your nervous system. We often take shallow breaths and don't pay attention to our breathing. Take three deep breaths with an extended exhale and lower your heart rate and blood pressure. Desautels suggests this exercise twice a day.

**Try mindfulness.** Use focused attention practices as mindful exercises and incorporate your breathing. Sit or lie quietly and focus on a stimulus such as music or even the sound of birds for 90 seconds. This exercise will cleanse your body of negative emotions. Don't have a sound you like? Try it with the tastebuds, and put a grape, raisin or gum in your mouth. Focus on the taste and achieve the same results.

**Have fun!** Fun comes from two things: interests and passion. Tap into what interests you and what you're passionate about, something you love but don't take the time to do. Try cooking or baking.

**Get out of your rut.** Change up your routine. Humans are such habitual beings, doing the same things the same way, over and over.

# DID YOU KNOW?

## HONORING THE BLECHMANS

A LIFETIME OF SERVICE

Florida Kiwanis Foundation's largest living benefactors are Dr. Wil and Rachel Blechman. The Blechmans truly need no introduction. They have served our great state of Florida, our nation, and our international community

for over thirty years. Their service has expanded over three decades with countless acts of leadership from President of Kiwanis International in 1990-1991, introducing the program Young Children Priority One, and chairing the International Young Children Priority One Committee.



The Blechmans lifelong passion for education, advocacy, and research of childhood development has revolutionized the way we view these critical early years.

In honor of these amazing leaders, Kiwanis proudly launched the Wil & Rachel Blechman Fund. This fund was launched earlier this year as a means of supporting programs that promote positive physical, social-emotional, and cognitive development in early childhood.



### Upcoming Meeting Programs

**"Scheduled when we Start Meeting at the Club Again...."**

10/8 **Finnegan's**- Not Yet!

10/14 Boca Ballet

**Please contact Ezra Krieg at 954-260-8838 if you have a program idea for our meetings.**

## Membership

Carlene Laseter - Chairperson



### The Driving Force for Kiwanis Service

The pandemic has greatly affected us all - Kiwanis International, Kiwanis Districts, Divisions, Clubs and Service Leadership Programs. However, this is not the time to discontinue our service to the children in our communities. Our inability to meet in person, share ideas, raise funds, perform our regular service projects and enjoy the comradery of each other has not diminished our Kiwanis mission. Our children, schools, and the community need us now, more than ever. I implore all Kiwanians to stay connected with their respective clubs.

Each year, several clubs fold or disband for one reason or another. This creates a void for the children the club served and takes away opportunities for the remaining members to give back to their community. Those members are valuable resources and should be recruited to merge as a group with another club or be invited to individually join other clubs in the Division. By doing so, we continue to meet our mission to serve the most vulnerable in our communities and we get the added benefit of keeping members with a passion for service.

The Florida Kiwanis District staff are available to help employs many strategies, technologies and tools to promote club and division sustainability and growth. The staff in the District and at International are willing to share their expertise, strategies, technologies and tools and are available to provide to offer assistance, advice and training to ensure our clubs succeed. Do not hesitate to reach out to them and take advantage of their expertise so our clubs can remain strong and vibrant in our service to the children of our great District.

Let's remain passionate about serving the children of this State, but let us be just as passionate about bringing in new members and starting new clubs to ensure the future success of our clubs, divisions and the District. For many years, Kiwanis has been known as one of the greatest service organizations in the world and we have weathered many challenges. The challenges we have faced this year have created opportunities to "think outside the box" so we can become better servants. So, even in this pandemic, let us be determined to go through it and come out of it stronger, more focused and greater servants. Remember, membership is the driving force for Kiwanis Service.

**Remember,**  
**This is The Formula:**

**Love being a Kiwanian.  
Love your club. Share it with others. Live it.**



**Doing Good.....Feeling Good!**



## Feeding your body and mind as you age

### How to create a | healthy diet

The key to healthy eating is to focus on the whole, minimally processed food that your body needs as you age—food that is as close to its natural form as possible. Our bodies respond differently to different foods, depending on genetics and other health factors, so finding the healthy diet that works best for you may take some experimentation. These tips are a good place to start:

**Eat plenty of fruit and vegetables.** Break the apple and banana rut and go for color-rich pickings like berries or melons. Aim for 2-3 servings a day. When it comes to veggies, choose antioxidant-rich dark, leafy greens, such as kale, spinach, and broccoli as well as colorful vegetables such as carrots and squash. Make veggies more appetizing by drizzling them with olive oil, sprinkling with goat cheese, or frying with garlic or chili flakes. Try for 2-3 cups every day.

**Choose calcium for bone health.** Maintaining bone health as you age depends on adequate calcium intake to prevent osteoporosis and bone fractures. Good sources include milk, yogurt, cheese or non-dairy sources such as tofu, broccoli, almonds, and kale.

**Go "good fat" not "no fat".** Rather than trying to cut out fat from your diet, focus on enjoying healthy fats—such as omega-3s—that can protect your body against disease and support your mood and brain function.

## Answering Machine Messages . . . .

--- Bullwinkle Hey, Rocky, somebody called while we weren't home. Watch me pull their message out of this machine! Rocky: Again?

Bullwinkle: Nuthin' up my sleeve... PRESTO! [Sound of vicious dog barking, stops abruptly.] Bullwinkle: Must have been a wrong number. Rocky: Here's a chance for you to REALLY leave your message.

--- Now I lay me down to sleep; Leave a message at the beep. If I die before I wake, Remember to erase the tape.

--- Thank you for calling Santa's workshop. Santa can't come to the phone right now, and the elves are out back barbecuing Blitzen. After the tone, please leave your Christmas list, and maybe we'll get back to you!

--- C'mon...you can do it...just a little one. That's the way...just a little beep, just a little one. C'mon...good boy...here we go...like this—beeeeeeep, just a little one, beeeeeeeeeep, c'mon...There you go!

--- Kemosabe no in teepee now. You leave'um message after little smoke signal, and Kemosabe get back for pow-wow real fast.

## HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

*Wisdom is oftentimes nearer when we stoop than when we soar. "*

*---- William Wordsworth*

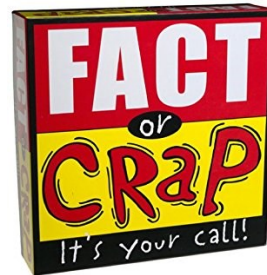


## Calendar Of Events

**October 29** .... Delray Reads Day  
Virtual presentation

**November 3** .... Election Day  
Get out and vote!

**November 7** .... Kiwanis "Swing For Kids"  
Golf Tournament  
8 am, Westchester CC



**1. Fact or Crap** - The S.S. Mino was the first ship to use the SOS signal.

**2. Fact or Crap** - Valentine's day is named after one or more early Christian martyrs, Saint Valentine.

**3. Fact or Crap** - Richard Simmons produced the first box of chocolates for Valentine's Day in the late 1980s.

**4. Fact or Crap** - Girls of medieval times ate bizarre foods on St. Valentine's.

**5. Fact or Crap** - Some years before becoming the seventh president of the United States, Andrew Jackson killed a man in a duel.

**6. Fact or Crap** - Known as the archetypal ghost ship, the Marie Celeste is often incorrectly spelled, Mary Celeste.

**7. Fact or Crap** - Aplomb, brise, and dessous are all terms used in bullfighting.

**(Answers on Page 9)**



benefiting  
ACHIEVEMENT  
CENTERS FOR  
CHILDREN  
& FAMILIES

# 2020

## GOLF TOURNAMENT

### Delray Beach Kiwanis "Swing For Kids" Charity Golf Classic benefiting Achievement Centers for Children & Families

38<sup>th</sup> Annual Kiwanis Golf Outing - 4 Man Scramble

Due to COVID-19, Tee Times will be scheduled every 10 minutes from  
8am to 11 am

Enjoy a complete program of special events, 18 holes of golf (including cart), BBQ lunch, goody bag, range balls and a Virtual awards Presentation via Zoom... All for just \$100/player, \$360/foursome

**SATURDAY, November 7, 2020**

**Westchester Country Club – 12250 Westchester Club Dr, Boynton Beach FL 33437 - TEL: (561) 369-1000**

#### CONTESTS

- Sports Event VIP Ticket Putting challenge
- Two \$10,000 Hole In One Prizes
- Closest to the pin "Cruise for 2" challenge
- \$50,000 Hole-in-One Shootout for 4 players
- Other Fun On-Course Contests
- Awesome Raffle Prizes

Cost: \$100 per player, \$360 per foursome  
Registration 7:00 AM  
72 Golfers - 18 Teams

To help us properly plan for this event, please pre-register by going to: [Kiwanis-Swingforkids.com](http://www.kiwanis-swingforkids.com)  
or call 561-386-5237

***Safety Procedures will be followed - Enjoy a round of golf – and stay safe***

**Please Note:** The tournament is now only 5 weeks away, it's important to sign up Sponsors and get Raffle Prizes. **We Need Everyone's Help!**

To date, We have 15 sponsors and 12 teams signed up. Included is Platinum Sponsor Valve Research & Mfg. Co, and Gold sponsors Stuart & Shelby and Lebenthal Global Advisors.  
We still need more.

The sooner someone signs up as a sponsor, the more publicity they will get as we grow closer to the event. Platinum, Gold and Silver sponsors will receive the

biggest splashes, but everyone will get mentioned in all our advertising.

For more information and If you are playing, sponsoring or both, You can register on-line by going to: <http://www.kiwanis-swingforkids.com/>

We can accept credit cards on our website, so please keep that in mind.

It will be a FUN event and will ultimately benefit the children and other projects in our area.



## Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on **"This Date in History"**. Here are a few interesting items from the past few weeks:



### September 2:

1901, Vice President Theodore Roosevelt offered the advice, "Speak softly and carry a big stick" in a speech at the Minnesota State Fair.  
 1930, the first nonstop airplane flight from Europe to the U.S. was completed in 37 hours as Capt. Dieudonne Costes and Maurice Bellonte of France arrived in Valley Stream, New York, aboard their Breguet 19 biplane, which bore the symbol of a large question mark.  
 1944, during World War II, Navy pilot Lt. (jg) George Herbert Walker Bush was shot down by Japanese forces as he completed a bombing run over the Bonin Islands. (Bush was rescued by the crew of the submarine USS Finback)  
 1945, Japan formally surrendered in ceremonies aboard the USS Missouri in Tokyo Bay, ending World War II.  
 1960, Wilma Rudolph of the United States won the first of her three gold medals at the Rome Summer Olympics as she finished the 100-meter dash in 11 seconds.  
 1963, "The CBS Evening News" with Walter Cronkite was lengthened from 15 to 30 minutes, becoming network television's first half-hour nightly newscast.  
 1969, in what some regard as the birth of the Internet, two connected computers at the University of California, Los Angeles, passed test data through a 15-foot cable.  
 1969, The first automatic teller machine (ATM) to utilize magnetic-stripped cards was opened to the public at Chemical Bank in New York. (Called a "Docuteller," it was developed by Donald C. Wetzel.)  
 2019, Hurricane Dorian unleashed massive flooding across the Bahamas as the fearsome Category 4 storm slowed almost to a standstill; the storm would leave at least 70 people dead and cause more than \$3 billion in damage.

#### Birthdays:

Rhythm-and-blues singer Sam Gooden (The Impressions) is 81  
 Singer Rosalind Ashford (Martha & the Vandellas) is 77  
 Pro and College Football Hall of Famer Terry Bradshaw is 72  
 Actor Mark Harmon is 69  
 Tennis Hall of Famer Jimmy Connors is 68  
 Actor Keanu Reeves is 56  
 Boxing Hall of Famer Lennox Lewis is 55  
 Actor Salma Hayek is 54

### September 9:

1776, the second Continental Congress made the term "United States" official, replacing "United Colonies."  
 1850, California became the 31st state of the union.  
 1942, during World War II, a Japanese plane launched from a submarine off the Oregon coast dropped a pair of incendiary bombs in a failed attempt at igniting a massive forest fire; it was the first aerial bombing of the U.S. mainland by a foreign power.  
 1948, the People's Democratic Republic of Korea (North Korea) was declared.  
 1956, Elvis Presley made the first of three appearances on "The Ed Sullivan Show."  
 2014, Apple unveiled its long-anticipated smartwatch as well as the next generation of its iPhone.  
 2015, Queen Elizabeth II became the longest reigning monarch in British history, serving as sovereign for 23,226 days (about 63 years and 7 months), according to Buckingham Palace, surpassing Queen Victoria, her great-great-grandmother.

#### Birthdays:

Actor Topol (Fiddler on the roof) is 85  
 Former NFL player Joe Theismann is 71  
 Rock musician John McFee (The Doobie Brothers) is 70  
 Actor Tom Wopat is 69  
 Actor Angela Cartwright is 68  
 Actor Hugh Grant is 60  
 Actor Adam Sandler is 54  
 Model Rachel Hunter is 51  
 Pop-jazz singer Michael Buble' (boo-BLAY') is 45

### September 16:

1630, the Massachusetts village of Shawmut changed its name to Boston.  
 1810, Mexico began its revolt against Spanish rule.  
 1966, the Metropolitan Opera officially opened its new opera house at New York's Lincoln Center for the Performing Arts with the world premiere of Samuel Barber's "Antony and Cleopatra."  
 1987, two dozen countries signed the Montreal Protocol, a treaty designed to save the Earth's ozone layer by calling on nations to reduce emissions of harmful chemicals by the year 2000.  
 1994, a federal jury in Anchorage, Alaska, ordered Exxon Corp. to pay \$5 billion in punitive damages for the 1989 Exxon Valdez (val-DEEZ') oil spill (the U.S.

Supreme Court later reduced that amount to \$507.5 million).  
 2007, O.J. Simpson was arrested in the alleged armed robbery of sports memorabilia collectors in Las Vegas. (Simpson was later convicted of kidnapping and armed robbery and sentenced to nine to 33 years in prison; he was released in 2017.)

#### Birthdays:

Actor Janis Paige is 98  
 Actor George Chakiris is 88  
 Rhythm-and-blues singer Betty Kelley (Martha & the Vandellas) is 76  
 Actor Ed Begley Jr. is 71  
 Actor Mickey Rourke is 68  
 Magician David Copperfield is 64  
 Retired MLB All-Star pitcher Orel Hershiser is 62  
 Singer Marc Anthony is 52  
 Comedian-actor Amy Poehler is 49  
 Rapper Flo Rida is 41

### September 23:

1952, Sen. Richard M. Nixon, R-Calif., salvaged his vice-presidential nomination by appearing on television from Los Angeles to refute allegations of improper campaign fundraising in what became known as the "Checkers" speech.  
 1806, the Lewis and Clark expedition returned to St. Louis more than two years after setting out for the Pacific Northwest.  
 1846, Neptune was identified as a planet by German astronomer Johann Gottfried Galle  
 1932, the Kingdom of Saudi Arabia was founded.  
 1987, Sen. Joseph Biden, D-Del., withdrew from the Democratic presidential race following questions about his use of borrowed quotations and the portrayal of his academic record.  
 2002, Gov. Gray Davis signed a law making California the first state to offer workers paid family leave.  
 2015, In the first canonization on U.S. soil, Pope Francis elevated to sainthood Junipero Serra, an 18th-century missionary who'd brought Catholicism to the American West Coast.  
 2019, Hundreds of thousands of travelers were left stranded across the world after the British tour operator Thomas Cook collapsed, immediately halting almost all of its flights and hotel services and laying off employees; the 178-year-old company had helped create the package tour industry.

#### Birthdays:

Singer Julio Iglesias is 77  
 Actor Paul Petersen (TV: "The Donna Reed Show") is 75  
 Rock star Bruce Springsteen is 71  
 Director/playwright George C. Wolfe is 66  
 Rock musician Leon Taylor (The Ventures) is 65  
 Actor Skylar Astin is 33

### September 30:

1777, the Continental Congress forced to flee in the face of advancing British forces moved to York, Pennsylvania.  
 1912, the Columbia Journalism School in New York held its first classes.  
 1939, the first college football game to be televised was shown on experimental station W2XBS in New York as Fordham University defeated Waynesburg College, 34-7.  
 1949, the Berlin Airlift came to an end.  
 1955, actor James Dean, 24, was killed in a two-car collision near Cholame, California.  
 1984, the mystery series "Murder, She Wrote," starring Angela Lansbury, premiered on CBS.  
 2014, the first case of Ebola diagnosed in the U.S. was confirmed in a patient who had recently traveled from Liberia to Dallas.  
 2018, U.S. and Canadian officials announced an agreement for Canada to take part in a revamped North American free trade deal with the U.S. and Mexico; the new agreement would be called the United States-Mexico-Canada Agreement, or USMCA, and would take effect on July 1, 2020.  
 2019, Oakland Raiders linebacker Vontaze Burfict was suspended for the rest of the season for a helmet-to-helmet hit on Indianapolis Colts tight end Jack Doyle; it was the league's most severe punishment ever for an on-field infraction.

#### Birthdays:

Actor Angie Dickinson is 89  
 Singer Johnny Mathis is 85  
 Pop singer Sylvia Peterson (The Chiffons) is 74  
 Actor Debrah Farentino is 61  
 Actor Eric Stoltz is 59  
 Former tennis player Martina Hingis is 40

**AND.....**"If you're sitting in a bar this afternoon, like Jay and his friends will be doing.....(Oh wait.....Bars aren't open. Let's all join Jay at his house.... virtually....) and Singer Marilyn McCoo joins us, we hope that you will buy her a "The Age of Aquarius / Let the Sunshine In" drink, as she is 77 years old today.

## Fondling In Bed

After 20 years of marriage, a couple was lying in bed one evening, when the wife felt her husband begin to fondle her in ways he hadn't in quite some time.

It almost tickled as his fingers started at her neck, and then began moving down past the small of her back.

He then caressed her shoulders and neck, slowly worked his hand down over her breasts, stopping just over her lower stomach.

He then proceeded to place his hand on her left inner arm, caressed past the side of her breast again, working down her side, passed gently over her buttock and down her leg to her calf. Then, he proceeded up her inner thigh, stopping just at the uppermost portion of her leg. He continued in the same manner on her right side, then suddenly stopped, rolled over and started to watch the tv.

As she had become quite aroused by this caressing, she asked in a loving voice, "That was wonderful. Why did you stop?"

He said, "I found the remote".

## I NEVER USE TURN SIGNALS



## IT'S NOBODY ELSE'S BUSINESS WHERE I'M GOING



### The Wisdom Of George Burns



I honestly think it is better to be a failure at something you love than to be a success at something you hate.



And God said 'Let there be Satan, so people don't blame everything on me. And let there be lawyers, so people don't blame everything on Satan.'



I love to sing, and I love to drink scotch. Most people would rather hear me drink scotch.



You can't help getting older, but you don't have to get old.



The secret of a good sermon is to have a good beginning and a good ending, then having the two as close together as possible.



I was brought up to respect my elders, so now I don't have to respect anybody.

## YOUTH PROTECTION WEEK

LISTEN. LEARN. PROTECT.  
OCT 5-9, 2020



**You + Kiwanis =**  
Improved  
Lives & communities.





## Here Comes "Little Johnny"

--- Mother, "Johnny, if you keep being this naughty, you'll get kids who will be very naughty to you!"

Johnny, "Oh mom, you just betrayed yourself there, haven't you?"

--- Little Johnny was heard by his mother reciting his homework: "Two plus two, the son of a bitch is four; four plus four, the son of a bitch is eight; eight plus eight, the son of a bitch!"

Johnny shouted his mother "Watch your language! You're not allowed to use the swearwords."

But, Mom, replied the boy, "That's what the teacher taught us, and she said to recite it out loud till we learned it."

Next day Johnny's mother went right into the classroom to complain.

"Oh, heavens" said the teacher. "That's not what I taught them. They're supposed to say, 'Two plus two, the sum of which is four.'"

--- Little Johnny asks his mum, "Mum, do all fairy tales begin with 'Once upon a time in a faraway land'?"

"No darling," says his mother, somewhat distressed, "Sometimes, they can begin with 'I've got too much work in the office tonight, I'll come home later.'"



## This Month's Sudoku Puzzle....

A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

**Difficulty- Very Hard. Be sure to use a pencil!**

		1		4				
			3					6
	4		5			9	8	2
	5	8	1					9
	7			3			2	
1					2	7	5	
3	8	4			9		7	
7					3			
				5		8		

(Answers on Page 10)

### Answers.....

1. Crap: The Titanic was the first ship to use the SOS.
2. Fact. Valentines day was established by Pope Gelasius I in 496 AD.
3. Crap. It was Richard Cadbury in the late 1800s.

4. Fact. They would eat the bizarre foods to make them dream of their future spouse.

5. Fact. Charles Dickinson insulted Jacksons wife, and Jackson demanded a duel of honor.

6. Crap. The ship's name was Mary Celeste.

7. Crap. They are ballet terms.

**THE**     
**FORMULA**  
 LOVE IT. SHARE IT. LIVE IT.

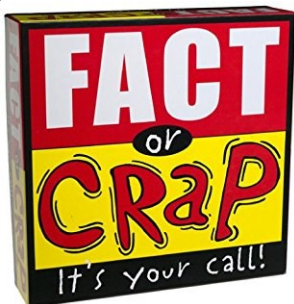
**Visit our Website:**

[www.delraybeachkiwanis.org](http://www.delraybeachkiwanis.org)



If you have something for the newsletter, please send it to Scott Youngberg via E-mail: [esysy@att.net](mailto:esysy@att.net)

--- Thank you



**The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.**  
 Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

**2020-21 Kiwanis Int'l President:**  
 Arthur N. Riley  
 Westminster, Maryland

**2020-21 Florida Kiwanis Governor:**  
 Mary-Lynn Desjarlais  
 Email: MLDesjarlais@gmail.com

**2020-21 Division 21 Lt. Governor:**  
 Tom Ramiccio

**Other Division 21 Clubs:**

**Boca Raton**-1st & 3rd Thursdays, 4 p.m.  
 Boca Raton Community Center Annex  
 260 Crawford Blvd  
 Boca Raton

**Boynton Beach** - Tuesdays, 12 Noon  
 Bru's Room  
 1333 N. Congress Ave  
 Boynton Beach

**Gold Coast Knights**-1st & 3rd Wed., 7 p.m.  
 Duffy's Sports Grill  
 Linton Boulevard and Federal Highway  
 Delray Beach

**Hypoluxo-Lantana** - Tuesdays, 7:00 a.m.  
 Maddock Park  
 1200 West Drew Street  
 Lantana

**Lake Worth** - Tuesdays, 8 a.m.  
 Too-Jays Restaurant  
 419 Lake Avenue  
 Lake Worth

**Florida Kiwanis Foundation:**

**2020-21 President:** Richard Leys  
 Email:

**Div. 21 Trustee:** Tom Thayer  
 E-mail: TomThayer@Earthlink.net

# Governor's Message

by Mary-Lynn Desjarlais , Florida Kiwanis Governor



Hello my friends,

As I look forward to being your District Governor, I look back at my years as a Kiwanian. I would like for all of us to be Kiwanians and not just members of Kiwanis. I believe in our friendship and mission. I have been reminiscing about all of the meaningful service, good friends and great times I have had as a Kiwanian, which led me to pick this great name for my year's District Newsletter, THE KIWANIAN. The Kiwanian will be sent to every Kiwanian on a bimonthly basis. Make sure that your club secretary has entered everyone's email correctly in order to receive all of our news.

Here are some thoughts for the beginning of the new Kiwanis year: I highly recommend that you "like" the Florida Kiwanis Facebook page and the Kiwanis International Facebook page. I get the best Kiwanis information from those two social media pages. Our social media committee is doing a great job spreading the word.

KIWANIS ONE DAY IS OCTOBER 24! Now is a great time to set up a service project for your club and division. The Key Clubs in your area would love to work on a project with you. Kiwanis International has a great One Day Toolkit to inspire your club. This is a great opportunity for an outside project with social distancing, to reconnect with your club members and meet your awesome Key Club and CKI members. Have I mentioned membership yet? A service project is a great way to introduce your club to a potential new member.

Please think about meeting with a Title I elementary school this month to discuss a new BUG (Bring Up Grades) program at that school. This is a program that can reenergize your club where you can feel the tangible results to improve the life of many elementary school children. This program is one of my "Kiwanis Moments" and I know that it will become one of your favorites as well.

I am available to attend many Division Council Meetings (DCM) through the magic of Zoom. The LTG liaison is Terri Davis; she is phenomenal and schedules my calendar. We are evaluating with our LTGs setting up the Governor visits in person, which we hope can start in January.

KI just sent out a newsletter talking about the orientation for incoming officers and board members, referring to their three official duties. I took the liberty of amending some of the language (I call it Florida style) as follows:

The duty of care: The leader should always act in the best interest of the organization, acting as a steward of the organization's members, finances and programs.

The duty of loyalty: The leader should always demonstrate putting our mission ahead of personal wants or benefits.

The duty of integrity: The leader's faithfulness to the mission should always lead to act ethically and with integrity under all circumstances.

These duties seem instinctive and natural, but are helpful to remember. When a club is struggling with a void in leadership or personality conflicts, it is good to remind ourselves of our duties. It helps us to find our center core beliefs.

I am looking forward to serving as your Governor and following those duties to Kiwanis every single day.

Go Kiwanis!



## Sudoku Puzzle....Answers

8	2	1	9	4	6	5	3	7
5	9	7	3	2	8	4	1	6
6	4	3	5	7	1	9	8	2
2	5	8	1	6	7	3	4	9
4	7	9	8	3	5	6	2	1
1	3	6	4	9	2	7	5	8
3	8	4	6	1	9	2	7	5
7	6	5	2	8	3	1	9	4
9	1	2	7	5	4	8	6	3



# From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!

