



# The Sunriseser

LET'S BUILD A BETTER WORLD



## The Kiwanis Club of Delray Beach

"Where Ordinary People Provide Extraordinary Service" - Celebrating 50 Years of Service

Meets for Breakfast Wednesday's, 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, FL.

### 2023-2024 Officers

**President Pro-Tem, April:**  
Rich Pollack

**President:** David Freeburn  
561-997-4897

**Secretary:** Jay Alperin  
561-289-2387

**Treasurer:** Dale Morrison  
561-278-1002

### 2023-2024 Bd. of Directors

Carlene Laseter, Peggy Kelleher,  
Doug Martin, Scott Youngberg,  
Ezra Krieg, Bob Barcinski,  
Alberta Rickard, Pam & Joel Davidson,  
Bill Morse, Regina Sablo, Rich Pollack

### 2023-2024 Committee Chairs

#### \*Community Service:

**AVDA** - Jay & Diane Alperin

**Thanksgiving** - Ezra Krieg

**Police Appreciation** - Ezra Krieg,  
Peggy Kelleher, Larry Schroeder

\***Club Meetings:** Jay Alperin

#### \*Fund Raising:

**General Events** - Ezra Krieg, Rich Pollack

**Delray Affair** - Rich Pollack, Reeve Bright

**Golf Tourney** - Scott Youngberg

**Glo-Ball** - Bob Barcinski

\***Interclubs:** Steve Rubin

\***Membership:** Carlene Laseter,  
Regina Sablo

#### \*Newsletter/Website:

Scott Youngberg

\* **Publicity/PR:** Rich Pollack,  
Patrick Glover

\***Programs:** Ezra Krieg

#### \*Social Activities:

President & President Elect

\***Spiritual Aims:** David Freeburn

#### \*Youth Services:

**Scholarship** - Scott Youngberg,  
Dale Morrison

**Terrific Kids** - Peggy Kelleher,  
Danielle Garcia

\* **Key Club/Builders Club** - Bob Hayes  
American Heritage - Sally Schliefer  
Atlantic High School - Bob Hayes  
Unity School - Stacy Brookman

## Volume 2024, Issue 5

May, 2024

### Scoops of Joy

Our program on April 3rd was presented by Robert & Helen Gottesman, Founders of Delicious Spoonfuls, a nonprofit dedicated to teaching work skills to young adults with developmental disabilities.

Delicious Spoonfuls is all about empowering, training, and employment for people with Amazing Abilities (also known as Special Needs or Disabilities). They are serving ice



cream, coffees and desserts that are the best (based on national testing) with their ice cream carts at events in South Florida.

At Delicious

Spoonfuls they want to focus on four key objectives:

Employing People with disabilities to have a delicious experience that is warm and inviting; Teaching the necessary skills with support and security that will develop confidence; Developing respect along with honor that reflects back to their fellow employees and customers; and Turning around how people with disabilities are viewed. Not focused on their disability but rather on their abilities.

For more information go to <https://deliciousspoonfuls.org>.



### Spring 2024 Police Appreciation

Our Spring 2024 Police Appreciation awards took place on April 10th at the Delray Beach Golf Club. We recognized Police Investigators CSI Karla Del Valle, CSI Tyler Corazzini, and CSS David Ackerman; and Detectives Teo Kyotikki and Tysen Sargent.

**Employee Awards:** Last July, at approximately 4 o'clock in the afternoon, the Delray Beach Police Department received a call that a piece of luggage was located on the shore of the Intracoastal Waterway, north of the George Bush Bridge, with what appeared to be a human foot hanging out of the side of the case. CSI Corazzini was on duty and responded to the scene. Due to the nature of the call, CSS Ackerman and CSI Del Valle were also called in to assist with the investigation.

The investigators eventually responded to multiple locations and assisted with the removal of more pieces of luggage from the water, collecting and preserving all the evidence. It was noted that on the



first piece of luggage that was collected, there were distinct labels that would later help identify the unknown victim. This was just the beginning of all the work that was to come. The next day, Ackerman and Corazzini responded to the Medical Examiner's Office to continue to process evidence. CSI Del Valle responded to the area where the first suitcase was discovered to collect another bag related to the homicide. This time it was a tote bag containing additional human remains.

► Continues—See **Police**, Page 4



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Visit our Website:

[delraybeachkiwanis.org](http://delraybeachkiwanis.org)

## Other Doings.....



### Hail! President, Pro-Tem of the Month!

\*\*\*\*\* April \*\*\*\*\*



**Regina Sablo**

Here are the upcoming scheduled PPOTM's:

May - **Rich Pollack**

June - **Bill Morse**

July - **Mykal Banta**

August - **Peggy Kelleher**

September - **Steve Rubin**

*Thank You!*



Division Council Meeting met via Zoom on April 10th. Congratulations to **Pam Davidson** for being elected Lt. Governor for 2024-25.

Our club also Had an **Interclub** for the meeting: Thanks to **Joel Davidson, Scott Youngberg, Dave Freeburn, Steve Rubin, Mark Scheinbaum, Gina Sablo, and Andie DeVoe.**



**Club Elections:** On April 17th, Our club validated the following elections for the 2024-25 Kiwanis year:

President: **Dave Freeburn**

2 Year Bd. Of Directors: **Joel Davidson, Doug Martin, Andie DeVoe, Regina Sablo**



**This past month, our Club made the following donations:**

\$500 for the EJS Block Party, May 4th.

\$550 for the Police ice cream truck into disadvantaged neighborhoods.

\$500 for the Library Trivia Night May 18th.



**Joel Davidson** reports we received \$4,500 from The Florida Foundation for the Story Trail Project. Stay Tuned for further progress reports.

## \$\$\$ Happy Dollars \$\$\$



### Upcoming Important Dates:

#### Upcoming Birthdays

None

#### Wedding Anniversaries:

**May 4** - Jill Arbetter & Edward Marion

**May 15** - Scott & Racquel McLean

**May 20** - Bob & Connie Barcinski

**May 20** - Danielle & Alex Garcia

**May 23** - Bob & Gail Colvin

#### Membership Anniversaries:

**May 8** - Carlene Laseter, 17 years

**May 10** - Jill Arbetter

**May 18** - Bob Hayes, 18 years

**May 16** - Steve Rubin, **40 years!!!**

**April 3rd Meeting :** **Peggy Kelleher** is excited for the Women's March Madness. **Bill Morse** echoed that. **Dave Freeburn** is enjoying the Men's March Madness. **Bob Barcinski** is happy Purdue is in the final four and **Jay Alperin** is rooting for NC State. **Bob Hayes** is happy for Baseball season and **Mykal Banta** thinks the Tigers are going to the World Series. **Scott Youngberg** said FSU baseball is kicking ass. **Jeff Rasor's** son is going to dental school. **Steve Rubin** put in for Jeff's son. **Andie DeVoe** is happy the Leatherback's are back. **Lynn Korp** is looking forward to vacation in 31 days. **Diane Colonna** is happy the new Mahjong card is out. **Gina Sablo** is celebrating her anniversary and the grandkids are here. **Russ Mager** lamented nothing works like it used to. Everyone else was Just Happy.

**April 10th Meeting :** Today was Police Appreciation day, and everyone put in for that. **Jay Alperin** is also celebrating his daughter's 50th birthday. **Peggy Kelleher** is still enjoying the Womens Basketball Tournament. **Bob Barcinski** is happy for Purdue. **Scott Youngberg** is happy FSU beat Florida in baseball. **Dave Freeburn's** daughter is getting married. **Terrence Moore** acknowledged this was **Tom Carney's** first meeting as Mayor. **Ezra Krieg** did a walk for the SWA and beat **Andie DeVoe**. **Joel Davidson** announced we received the Florida Kiwanis Foundation check for the Story Trail. **Gina Sablo** was happy she's half way through being PPOTM.

**April 17th Meeting :** This was the "After the Delray Affair" meeting. We also inducted new member **Scott McLean**. Everyone put in for both, and for **Rich Pollack** as chairman of the DA. Rich kept it short (hahaha) and touted the Panthers winning. **Bob Barcinski** and **Mike Moschette** also put in for the Panthers. **Scott McLean** thanked everyone and said "Go Bruins". Bob also put in for his grandson's birthday. **Bill Morse** is happy tax season is over. **Dave Freeburn** is going to Savannah for his daughter's wedding. **Scott Youngberg** put in for FSU sweeping Miami in baseball and is happy for another Scott in the club. **Tom Carney** put in for the eradication of red ants at a park. Finally, **Bob Hayes** put in \$20 and sang about his knee surgery tomorrow. **Mykal Banta** put in for the "last surviving member of the Kingston Trio", reference to Bob's singing.

**April 24th Meeting :** Many members wished a happy Passover to the club. **Bob Hayes** is not singing today, the knee surgery went well. **Rich Pollack, Diane Colonna, Steve Rubin** and **Scott Youngberg** are cheering on the Panthers in the playoffs. Steve went to the game and complained about the \$23 turkey sandwich they sold at the stadium. **Andie DeVoe** identified 3 Loggerhead nests and **Lynn Korp** found another one. Her vacation starts in 3 days. **Larry Schroeder** touted a recent Eagle Scouts event. **Pam & Joel Davidson's** 19 year old grandson is going to be a delegate to the Democratic National Convention. **Terrence Moore** put in for Administrative Assistant's Day. And never guess....**Reeve Bright** is still Vertical.





## Board Meeting Notes

Our club's recent Board Meeting took place via Zoom on April 16. Here are some notes:

Minutes from March Meeting Approved

Financial report: No official report.

We collected in March \$69 from 50/50 and \$212 from Happy Dollars.

### > Old Business

- Delray Affair Update – Rich Gross income of ~\$3,500 with net of \$3,000. Compliments to Rich. Bob Hayes is new chair and will arrange a follow up meeting to review and plan for next year.
- All Peoples Day Recap – Pam - No children so despite Dave and Rich becoming great Dream Catchers we should not plan on a booth next year and just give a donation.
- Boca Club Charter Update – Pam- 6 members so far, A date for a Zoom meeting will be set up.
- Christmas in July Update – Pam- Broward project this Saturday 2701 N. State Rd. 7, Margate, blue roof, N. Regional Hospital 9-12. Packing and sorting. Key Club service hours possible.
- Status of Story Trail MOU – Joel- We got Kiwanis Foundation check for \$4,500. Waiting for City MOU. Amy, asst Parks and Rec. Will need a committee to supervise books.
- New Member recruitment and retention committee - Carlene and Pam (Opportunities for new members to get involved, buddy system, notification of hands-on activities, Corporate memberships, 2 for 2, Invites to community leaders.) Dave and Joel volunteered to join committee. Need to review list of prospects. Or get present members more active. Rich volunteered to teach us how to bug the S---- out of new members.
- 5K Walks recap – Ezra- Thin Mint Run by Girl Scouts- Date? Mind of Body run May 4.
- Terrific Kids status moving forward-Peggy-No response, will try again.
- Other hands-on volunteer opportunities (ideas?) Food drive Lantana. Reeve delivers Meals on Wheels. Food Pantry Boynton Beach Boulevard and 441.
- Other? David will speak to Dale about reports and maybe assistant Treasurer, Bill volunteering.

### ◇ New Business

- Delray Citizens for Delray Police –Ezra- Fund raising gala. We usually do an ad for \$250. We would rather sponsor an ice cream truck into disadvantaged neighborhoods with police. \$550 Passed.
  - Mini Grant Status – Rich- (I have no notes on this?)
  - Back to School Bash – Rich- Christmas in July. Lindy Denato – Spirit of Giving - August- Village academy? ) Chaperones for kids shopping EJS \$500 for a table at Community Block Event, May 4 11-7 Only if we get volunteers tomorrow. No vote.
  - American Association of Care Givers - \$250 no response to send approved grant.
  - Hypoluxo/Lantana Club has a food truck they are willing to share with us for events and split the profits.
  - Library Trivia – Bill – We will have a team, Bill, Terrence, Rich,....) \$500 donation to include a table and six tickets. Fund raiser to feed children in library in summer??? Individual tickets are \$45. ( \$ Bill will investigate?) \$500 passed for food for the Library children.
  - Mini Golf Challenge – Rich – ask Reeve?
  - Other? Golf Tournament – Keep Achievement Center but EJS for a different group that will provide more teams.
- KI new by-laws -Pam\_ Jay will contact Steve to review. Inclusion of On-Line voting. Vote by board then membership. At large votes will be deleted.
- Tuesday is bad day for Board meetings so in future try the first Monday of each month for 7:30 AM zoom meeting. Passed.

## Helping To Protect Our Water

Our program on April 24th was presented by Ryan Rossi, the Director of the South Florida Water Coalition.

The SFWC is an advocate for environmental safety, where there's public concern for a number of important environmental issues including the threat of sea level rise along our coastal communities, and the protection of our water resources. The goal of the SFWC is not only to continue raising awareness to environmental matters, but to bring together a group of stakeholders that will work together to protect the water of future generations of South Floridians.

Over the last several years, how to manage Lake Okeechobee has been the center of much debate. The water levels, the discharge schedule, preventing toxic algae, and how to orient state and local water policies are all important conversations we need to have as a community – not turn communities against each other.

There is also general agreement with the science that our oceans will continue to rise as this century moves forward due to a changing climate; Florida will remain in a ground-zero scenario as this unfolds. Sea-level rise has created a water supply crisis: saltwater intrusion has infiltrated the porous Biscayne aquifer, corrupting many of South Florida's freshwater wells and threatening many more. Streets are often flooded by ordinary rain events, destroying property and creating dangerous conditions for residents. The SFWC supports protecting our freshwater aquifers, and implementing robust resiliency measures that will help prepare communities for the inevitable.

Recently, the Coalition has joined SEFLUC (Southeast Florida Utility Council) to partner with local utilities on maintaining healthy water supply for our area.



South Florida  Water Coalition

For more information go to  
[www.southfloridawatercoalition.org](http://www.southfloridawatercoalition.org).



From Police, Page 1

For those keeping score, Crime Scene Investigators had now collected a total of four bags all containing human remains, dismembered in some way, and decomposed to a degree. They were careful to note that each suitcase and the tote had unique identifiers attached.



A week later, a lawful search warrant was executed on the residence of the suspect. After working their regularly scheduled shifts all day long, the Terrific Trio remained at work until approximately 7:30 in the evening and responded to

the residence where the search warrant was executed, which was now determined to be the primary homicide scene. The Trio worked nonstop through the night for the next eight hours, combing through the entire apartment, documenting, performing presumptive field testing and collecting items of evidentiary value. The only break they took during this entire process was a brief two-hour nap. When it was discovered that the suspect had access to a second apartment, the Trio spent the next twelve hours processing and dissecting not one homicide scene, but two. However, their job was not quite done just yet. During the course of the investigation, it was discovered that the suspect also had a separate storage unit, so on August 2 another lawful search warrant was executed at this location. It was here that the suspected equipment used to dismember and mutilate the victim was located. Crime Scene Investigators had to process and collect many more items, including DNA evidence.

On August 2, William Lowe Jr was arrested for premeditated murder of his wife. This summary is just a snapshot of the hard work and dedication that the Investigators poured into this case. They worked diligently and methodically to collect a record breaking 400 pieces of evidence that had to be processed and packaged appropriately, some of which had to be submitted the same day to the laboratory to confirm the victim's identification. Their work and efforts played a vital role in the imminent arrest of the suspect.

**Officer Awards:** On October 2nd, Detective Masi, who is assigned to the Palm Beach County South Florida Task Force, received information that a day-time burglary crew known to target vehicles in high-end neighborhoods was active in northern Palm Beach County. Det. Masi had reason to believe that these known suspects were traveling south and may possibly target the City of Delray Beach based on current crime trends and known intelligence. Det. Masi shared this knowledge with Detectives Teo Kyotikki and Tysen Sargent. The Detectives went to the Tropic Isle community which had been victimized weeks earlier. Within minutes of being in the area Detective Kyotikki located the vehicle and began conducting surveillance. Detectives, from the cover of unmarked vehicles, watched the subjects as they cased

the neighborhood. Knowing that these subjects were likely to victimize someone in the area they requested additional assets and assistance from the Palm Beach County Sheriffs Office South Florida Task Force and other agencies. Detectives and officers from multiple jurisdictions began to converge in the area to assist with surveillance. The team then followed the suspects as they cased multiple communities between Delray Beach and Parkland. The suspects were seen following people into gated communities in Parkland where they ultimately committed criminal acts.

Detectives Sargent and Kyotikki continued surveillance and observed these subjects commit 4 separate vehicle burglaries and were even able to video one of the incidents. Once the burglaries were confirmed and victim prosecution was obtained, the Broward Sheriffs Office Burglary Apprehension Team conducted a takedown on the vehicle at the Pompano Beach Turnpike service plaza where the subjects were located and arrested inside with all the stolen property.



Many law enforcement professionals played an active role in capturing these subjects. However, due to Detective Kyotikki and Sargent's quick response to the area, locating the suspect vehicle, excellent communication skills, extensive surveillance and observing the crimes in progress, these suspects that were involved in countless vehicle burglaries and auto thefts in Broward and Palm Beach County were apprehended, ending their ongoing crime spree.

Again, we can't thank these officers and investigators enough for their commitment and dedication, and we were pleased to present them with our Spring Recognition Awards.



## All People's Day Diversity Festival

On March 30th, our Club participated in the city's All People's Day Diversity Festival at Pompey Park Recreation Center. Thanks to **Pam & Joel Davidson, Rich Pollack, Dave Freeburn, Diane Colonna** and **Gina Sablo** for their participation. Here are some pics from the event:



## DID YOU KNOW?

- .... Did you know Switzerland eats the most chocolate equating to 10 kilos per person per year
- .... Did you know money is the number one thing that couples argue about
- .... Did you know macadamia nuts are toxic to dogs
- .... Did you know when lightning strikes it can reach up to 30,000 degrees celsius (54,000 degrees fahrenheit)
- .... Did you know spiders are arachnids and not insects
- .... Did you know each time you see a full moon you always see the same side
- .... Did you know stewardesses is the longest word that is typed with only the left hand
- .... Did you know honey is the only natural food which never spoils
- .... Did you know M&M's chocolate stands for the initials for its inventors Mars and Murrie
- .... Did you know that you burn more calories eating celery than it contains (the more you eat the thinner you become)

## Delray Affair Fund-Raiser a Success!



Hello Every one -

Wanted to make sure we had an opportunity to thank everyone for their help over the Delray Affair weekend. As many of you know, this was a successful weekend as we collected over \$3,500 at the show.

And it couldn't have been done without the help of everyone of you who worked so hard. Thank you all for making this such a great year and for raising money that will support Children and Families in Delray Beach!  
- Chairman Rich Pollack.





**Think you know words?**

Build your vocabulary with these new words and learn the meaning:

**Quodlibet** (kwädlə-bet)

Noun, Latin, 15th century

1. (Literary) A lighthearted medley of well-known tunes.
2. (Archaic) A topic for or exercise in philosophical or theological discussion.

Example Sentences:

1. "I went to a jazz brunch last weekend that opened with a quodlibet of some of my favorite songs."
2. "Classic songwriters Irving Berlin and Gilbert & Sullivan were fond of including quodlibets in their tunes."



"Why did your nurse want to know my 'next-of-kin'?"



**Shop to Give - Givebacks**

When you shop through Givebacks, every eligible purchase powers a donation to **Delray Beach Kiwanis**. All at no extra cost to you!

To never miss a potential donation, get the online shopping extension. Don't miss an opportunity to give back!

From local eats to online purchases, you can give back with no extra cost to you at over 25,000 brands and restaurants.

Scan the QR Code



**Membership**

Carlene Laseter - Chairperson



**Meet Our Newest Member**

**Scott McLean**



Scott was born in Boston, MA. He graduated from Newbury College and entered the US Air Force in 1987, serving 10 years. He retired in 2019 as a Decorated Federal Law Enforcement Officer with U.S. Customs and Border Protection out of Miami and Ft. Lauderdale, completing a 22 year career with them. In all Scott served our country for 32 years. Scott served in the United States Air Force and served as Security Police Military Working Dog Handler including Secret Service, explosives and narcotics detection and anti-terrorism duties. He has received a Humanitarian Medal and an Award for Valor. Scott is currently serving as a Board Member/Veteran Ambassador with the Herd Foundation, and is pursuing his Natural Lifemanship certification as an Equine Specialist.

His wife, Racquel, is a nurse practitioner with a PHD in Nursing Philosophy. She also teaches nursing for Colorado Tech online. They currently have four children.

**Welcome Scott!**



**Remember, This is The Formula:**  
**Love being a Kiwanian. Love your club.**  
**Share it with others. Live it.**  
**Doing Good.... Feeling Good!**

I should probably see someone about my mental health, like a drug dealer or bartender or something.

### **PUBLIC SERVICE ANNOUNCEMENT**

## **Health-Related Social Needs Can Keep Women from Getting Lifesaving Mammograms**

### **1 in 4**

About 1 in 4 women ages 50 to 74 years had not received a mammogram in the past 2 years in 2022.

### **3 in 10**

About 3 in 10 women ages 50 to 74 years with 3 or more health-related social needs had not received a mammogram.

### **2x**

Women who reported cost as a barrier to access health care had about two times the odds of not getting a mammogram.

### **Screening mammograms can save lives**

Breast cancer causes more than 40,000 deaths in women each year in the United States. Deaths due to breast cancer have decreased over time, yet some groups experience more deaths than others. For example, Black women, women who are uninsured, and women with low incomes are more likely to die from breast cancer. Screening mammograms have been shown to reduce breast cancer death by 22%.

### **Women face challenges to getting mammograms**

The more health-related social needs a woman has in her life, the less likely she is to be up to date with mammograms that screen for breast cancer. Health-related social needs are adverse social conditions that can be barriers to a person's health or health care. Examples include social isolation, job loss, lack of reliable transportation, insecurity around food or housing, and cost to access health care. Cost to access health care is one of the biggest challenges.

### **Regular mammograms can find breast cancer early**

Getting screening mammograms regularly can help find breast cancer early when it is easier to treat. Women ages 50 to 74 years should get a screening mammogram every 2 years, as currently recommended by the U.S. Preventive Services Task Force. The task force is a group of doctors and disease experts who look at research on the best way to prevent diseases. This group makes recommendations on how doctors can help patients avoid diseases or find them early. Women ages 40 to 49 years should talk to their health care providers about when to start and how often to get a mammogram.

-- CDC VitalSigns April 9, 2024

## **Calendar Of Events**

- May 3** .... Delray Kiwanis Board Meeting via Zoom
- May 4** ..... EJS Block Party, 11 am - 7pm  
700 W. Atlantic Ave., Delray Beach
- May 18** ..... DB Trivia Night (Support Our Team)  
Delray Beach Library  
6 - 9 pm.
- July 3-6** ....Kiwanis Int'l Convention, Denver
- August 15-19**.....Kiwanis District  
Convention - Orlando, Fl
- October 11** ..... Kiwanis "Swing for Kids"  
Golf Tourney  
Westchester CC, 11:30 am - 5 pm.



I'd grow my own food if only  
I could find bacon seeds.

## **Upcoming Meeting Programs**



These are the scheduled Programs for our meetings at the Delray Golf Club (Subject to change):

- 5/1 Tentative: Jewish Federation of Palm Beach County
- 5/8 Azul Fashion Art Design (Deb Adelmy guest)
- 5/15 Little Smiles (John Fischer guest)
- 5/22 Palm Beach Sports Commission
- 5/29 Volta Music Foundation (Jill Arbetter host)
- 6/5 Palm Beach County Financially Supported Charities Program (Greg Lerman guest)
- 6/12 Delray Beach Chamber of Commerce
- 6/19 Sunflower Creative Arts
- 6/26 Hands and Feet (Ric Bradshaw guest)
- 7/3 AVDA
- 7/10 Palm Beach County Veterans Services
- 7/17 Take Stock in Children
- 7/24 Marci Woodward
- 7/31 NAMI (NEED HOST...I will miss meeting)
- 8/7 Tentative: CROS Ministries
- 8/14 Children's Home Society
- 8/21 Palm Beach Ethics Commission
- 8/28 Diaper Bank
- 9/4 NEED SPEAKER (need host: I will miss meeting)
- 9/11 Tentative: Champions Empowering Champions

**Please contact Ezra Krieg at  
954-260-8838 if you have  
a program idea for our meetings.**



## 50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



**April 3 - Diane Colonna**

**April 10 - Scott (The Man) Youngberg**

**April 17 - Tom Carney**

**April 24 - Scott (The Man 2 Times) Youngberg**

## HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

"The pessimist sees difficulty in every opportunity. The optimist sees opportunity in every difficulty"

.....Winston Churchill



*If you can't think of a word, say "I forgot the English word for it." That way people will think you're bilingual instead of an idiot.*



## HEALTHY LIVING TIP



### Channel Your Natural Beauty

What you put on your body is equally as important as what you put in your body; this is why more people are opting for natural skincare and beauty products. Natural ingredients are better for the environment and often gentler on your skin.

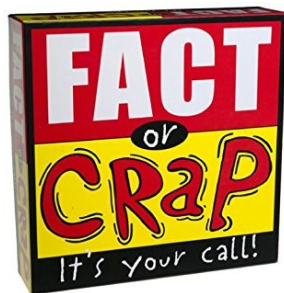
When seeking a natural beauty product, check its certifications. Most natural beauty products are certified organic or natural by outside organizations. As a bonus, they may also be vegan or cruelty-free. You should also consider shopping for products that are non-toxic, palm oil-free, and produced with ethical ingredient sourcing policies and environmentally friendly packaging.

Here are some of the most common natural ingredients to look for, depending on the product and your needs:

- Aloe vera
- Almond oil
- Shea butter
- Coconut oil
- Antioxidants such as pomegranate or orange extract
- Rosehip oil
- Sunflower seed oil

The list of powerful, effective, and safe natural beauty ingredients is constantly growing, and we are advancing toward a future of gentle, sustainable beauty products.

Tip adapted from Sustainable Jungle<sup>8</sup>



**1. Fact or Crap** - Sean Connery's first name is actually Joseph.

**2. Fact or Crap** - A zonkey is the result of crossbreeding a zebra and a donkey.

**3. Fact or Crap** - Public television broadcasts were first introduced to Australia in 1956.

**4. Fact or Crap** - Nadia Comaneci was the first gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

**5. Fact or Crap** - The second o in the Google logo is yellow.

**6. Fact or Crap** - A group of ferrets is known as a business.

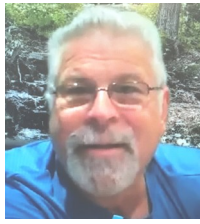
**7. Fact or Crap** - Leonardo da Vinci was the first Western artist whose biography was published while he was alive.

(Answers on Page 10)



## Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on **"This Date in History"**. Here are a few interesting items from the past month:



### April 3:

1865, Union forces occupied the Confederate capital of Richmond, Virginia.  
 1882, outlaw Jesse James was shot to death in St. Joseph, Missouri, by Robert Ford, a member of James' gang.  
 1936, Bruno Hauptmann was electrocuted in Trenton, New Jersey, for the kidnap-murder of 20-month-old Charles Lindbergh Jr.  
 1942, during World War II, Japanese forces began their final assault on Bataan against American and Filipino troops who surrendered six days later; the capitulation was followed by the notorious Bataan Death March.  
 1944, the U.S. Supreme Court, in *Smith v. Allwright*, struck down a Democratic Party of Texas rule that allowed only white voters to participate in Democratic primaries.  
 1948, President Harry S. Truman signed the Marshall Plan, designed to help European allies rebuild after World War II and resist communism.  
 1968, civil rights leader Martin Luther King Jr. delivered what turned out to be his final speech, telling a rally of striking sanitation workers in Memphis, Tennessee, that "I've been to the mountaintop" and "seen the Promised Land. I may not get there with you. But I want you to know tonight that we, as a people, will get to the Promised Land!" (About 20 hours later, King was felled by an assassin's bullet at the Lorraine Motel.)  
 1973, the first handheld portable telephone was demonstrated for reporters on a New York City street corner as Motorola executive Martin Cooper called Joel S. Engel of Bell Labs.  
 2014, David Letterman announced during a taping of the "Late Show" on CBS that he would retire as host in 2015. (Stephen Colbert (kohl-BEHR) was named as his replacement a week later.)

#### Birthdays:

Conservationist Jane Goodall is 90.  
 Actor Marsha Mason is 82.  
 Singer Wayne Newton is 82.  
 Singer Tony Orlando is 80.  
 Rock musician Mick Mars (Motley Crue) is 68.  
 Actor Alec Baldwin is 66.  
 Comedian-actor Eddie Murphy is 63.  
 Olympic gold medal ski racer Picabo Street is 53.

### April 10:

1866, the American Society for the Prevention of Cruelty to Animals was incorporated.  
 1912, the British liner RMS Titanic set sail from Southampton, England, bound for New York on its ill-fated maiden voyage.  
 1947, Team President Branch Rickey called Jackie Robinson up to the Brooklyn Dodgers from their minor league affiliate the Montreal Royals. (Less than a week later, Robinson would become the first Black player in Major League Baseball when he took the field for the Dodgers.)  
 1963, the fast-attack nuclear submarine USS Thresher (SSN-593) sank during deep-diving tests east of Cape Cod, Massachusetts, in a disaster that claimed 129 lives.  
 1971, a table tennis team from the United States arrived in China at the invitation of the communist government for a goodwill visit that came to be known as "ping-pong diplomacy."  
 1972, the United States and the Soviet Union joined some 70 nations in signing an agreement banning biological warfare.  
 1998, the Northern Ireland peace talks concluded as negotiators reached a landmark settlement to end 30 years of bitter rivalries and bloody attacks.  
 2005, Tiger Woods won his fourth Masters with a spectacular finish of birdies and bogeys.  
 2017, Justice Neil Gorsuch took his place as the newest addition on the bench of the Supreme Court, restoring a narrow conservative majority.  
 2019, scientists released the first image ever made of a black hole, revealing a fiery, doughnut-shaped object in a galaxy 53 million light-years from earth.

#### Birthdays:

Actor Steven Seagal is 72.  
 Folk-pop singer Terre Roche (The Roches) is 71.  
 Actor Peter MacNicol is 70.  
 Actor Olivia Brown is 67.  
 R&B singer Kenny Lattimore is 57.  
 Actor-comedian Orlando Jones is 56.  
 Singer Mandy Moore is 40.  
 Actor Daisy Ridley is 32.

### April 17:

1521, Martin Luther went before the Diet of Worms (vohrms) to face charges stemming from his religious writings. (Luther was later declared an outlaw by Holy Roman Emperor Charles V.)  
 1961, "The Apartment" won the Academy Award for best picture of 1960; Burt Lancaster was named best actor for "Elmer Gantry," while the best actress award went to Elizabeth Taylor for "Butterfield 8."  
 1961, some 1,500 CIA-trained Cuban exiles launched the disastrous Bay of Pigs invasion of Cuba in an attempt to topple Fidel Castro, whose forces crushed the incursion by the third day.  
 1964, Ford Motor Co. unveiled the Mustang at the New York World's Fair.  
 1969, a jury in Los Angeles convicted Sirhan Sirhan of assassinating Sen. Robert F. Kennedy.  
 1970, Apollo 13 astronauts James A. Lovell, Fred W. Haise and Jack Swigert splashed down safely in the Pacific, four days after a ruptured oxygen tank crippled their spacecraft while enroute to the moon.  
 1972, the Boston Marathon allowed women to compete for the first time; Nina Kuscsik was the first officially recognized women's champion, with a time of 3:10:26.  
 1973, Federal Express (later FedEx) began operations as 14 planes carrying 186 packages took off from Memphis International Airport, bound for 25 U.S. cities.  
 1991, the Dow Jones industrial average closed above 3,000 for the first time, ending the day at 3,004.46, up 17.58.  
 1993, a federal jury in Los Angeles convicted two former police officers of violating the civil rights of beaten motorist Rodney King; two other officers were acquitted.

#### Birthdays:

Actor David Bradley is 82.  
 Actor Olivia Hussey is 73.  
 Actor Sean Bean is 65.  
 Former NFL quarterback Boomer Esiason is 63.  
 Actor Jennifer Garner is 52.  
 Actor Nicholas D'Agosto is 44.

### April 24:

1877, federal troops were ordered out of New Orleans, ending the North's post-Civil War rule in the South.  
 1962, the Massachusetts Institute of Technology achieved the first satellite relay of a television signal, between Camp Parks, California, and Westford, Massachusetts.  
 1967, Soviet cosmonaut Vladimir Komarov was killed when his Soyuz ,1 spacecraft smashed into the Earth after his parachutes failed to deploy properly during re-entry; he was the first human spaceflight fatality.  
 1990, the space shuttle Discovery blasted off from Cape Canaveral, Florida, carrying the \$1.5 billion Hubble Space Telescope.  
 2018, former police officer Joseph DeAngelo was arrested at his home near Sacramento, California, after DNA linked him to crimes attributed to the so-called: Golden State Killer; authorities believed he committed 13 murders and more than 50 rapes in the 1970s and 1980s. (DeAngelo would plead guilty in 2020 to 13 counts of murder and be sentenced to life in prison without parole.)  
 2020, the Food and Drug Administration issued an alert about the dangers of using a malaria drug that President Donald Trump had repeatedly promoted for coronavirus patients. The parent company of Lysol and another disinfectant warned that its products should not be used as an internal treatment for the coronavirus, a day after Trump wondered aloud about that prospect during a White House briefing.

#### Birthdays:

Actor Shirley MacLaine is 90.  
 Actor-singer-director Barbra Streisand is 82.  
 Former Chicago Mayor Richard M. Daley is 82.  
 Country singer Richard Sterban (The Oak Ridge Boys) is 81.  
 Rock musician Doug Clifford (Creedence Clearwater Revival) is 79.  
 Actor Michael O'Keefe is 69.  
 Actor-comedian Cedric the Entertainer is 60.  
 Golfer Lydia Ko is 27.

**AND.....**"If you're sitting in a bar this afternoon, like Jay and his friends will be doing and Singer Kelly Clarkson joins us, we hope that you will buy her a "Since U Been Gone" drink, as she is 42 years old today.



# THANKS.

The world needs more of that.



## Funny Quotes about Marriage ...



--- "We have a couple of rules in our relationship. The first rule is that I make her feel like she's getting everything. The second rule is that I actually do let her have her way in everything. And, so far, it's working."  
—Justin Timberlake

--- "Marriage is an alliance entered into by a man who can't sleep with the window shut and a woman who can't sleep with the window open."  
—George Bernard Shaw

--- "After about 15 years I finally figured out that she's always right. So surprisingly we just stopped fighting after that."  
—Barack Obama

--- "Marriage is not just spiritual communion and passionate embraces; marriage is also three meals a day and remembering to carry the trash out."  
—Joyce Brothers

--- "My wife didn't take my name, which isn't weird, but what's weird is when people think it's weird, like we're on a first-name basis anyway."  
—Mark Agee

--- "Spend a few minutes a day really listening to your spouse. No matter how stupid his problems sound to you."  
—Megan Mullally

## This Month's Sudoku Puzzle....



A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

**Difficulty- Very Hard. Be sure to use a pencil!**

	7		1			9	
		3		7	4		6
8		6	5	2			
7		5					
1							9
						8	3
			1	6	7		4
4			3	5		9	
	6				7		3

(Answers on Page 11)

Retired: under new management.  
See spouse for details.



**Youth Protection Policies in Practice**  
<https://vimeo.com/863372175>

**Visit our Website:**  
[delraybeachkiwanis.org](http://delraybeachkiwanis.org)



If you have something for the newsletter,  
please send it to Scott Youngberg via E-mail:  
[esysy@att.net](mailto:esysy@att.net) — Thank you



### Answers.....

1. Crap. Connery was born Thomas Sean Connery.
2. Fact. A zorse is a cross between a horse and a zebra.
3. Fact. Malawi had to wait until 1999.
4. Fact. Over the course of the 1979 Montreal Olympics.
5. Fact. The g is blue.
6. Fact. Its believed that ferrets have been domestic pets for at least 2500 years.
7. Crap. It was Michelangelo who had his biography published while still alive.

**The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.**

Club Mailing Address: PO Box 7083, Delray Beach, Fl.33482

**2023-24 Kiwanis Int'l President:**

Katrina Baranko  
Albany, GA

**2023-24 Florida Kiwanis Governor:**

Prairy Riehl  
Email: Prairy.Riehl@gmail.com

**2023-24 Division 21 Lt. Governor:**

Pam Davidson  
Email: g8rmomof2@gmail.com

**Other Division 21 Clubs:**

**Boca Raton**-1st & 3rd Thursdays, 5 p.m.  
Boca Raton Community Center Annex  
260 Crawford Blvd  
Boca Raton

**Boynton Beach** - 1st & 3rd Tuesdays, 7 am  
Crackerbarrel, 1475 SW 8th St, Boynton Beach  
2nd & 4th Tuesdays, 12 Noon  
Bru's Room, 1333 N Congress Ave, Boynton Beach

**Hypoluxo-Lantana** - Tuesdays, 7:00 a.m.  
Maddock Park  
1200 West Drew Street  
Lantana

**Lake Worth** - Tuesdays, 8:30 a.m.  
Too-Jays Restaurant  
419 Lake Avenue  
Lake Worth

**Florida Kiwanis Foundation:**

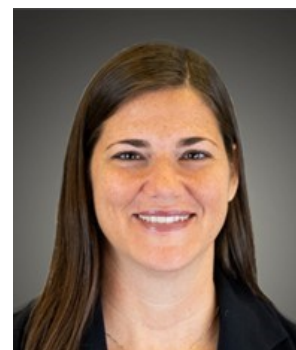
**2023-24 President:** Arlene Lewis-Marr  
Email:

**Div. 21 Trustee:** Joel Davidson  
E-mail: jid310@bellsouth.net

**You + Kiwanis =**  
Improved  
Lives & communities.

# Governor's Message

by Prairy Riehl  
*Florida Kiwanis Governor*



Can you believe half of the Kiwanis year is over? I certainly can't! We are making some great progress toward our goals but we still have work to do! Scroll below to see how we are measuring up and making an even greater impact on our communities!



Thank you to those of you who attended our North and South Regional Conferences! We had an amazing time connecting and learning. It was so wonderful to be able to recognize the members and clubs who are making a great impact in their communities and the Mighty Florida District. Keep up the great work!

Florida Kiwanis District Convention is coming up in Orlando from August 15th - 18th! The DCON committee has been working hard to make this convention AWESOME for you all. One of the many ways we would like to showcase how awesome you are, is to put you on stage for Kiwanians' Got Talent! Please sign up [HERE](#) to reserve your time on the stage! We also want to highlight how AWESOME your clubs are, so email us some pictures and videos to showcase your club's awesome work and start planning for your club's centerpiece to be displayed at DCON during the meal functions!

Florida Kiwanis is AWESOME!



## Sudoku Puzzle....Answers

2	7	4	1	6	3	5	9	8
5	9	3	8	7	4	1	2	6
8	1	6	5	2	9	3	4	7
7	3	5	6	9	8	4	1	2
1	4	8	2	3	5	6	7	9
6	2	9	7	4	1	8	5	3
3	5	2	9	1	6	7	8	4
4	8	7	3	5	2	9	6	1
9	6	1	4	8	7	2	3	5



## From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!

