



The Sunriser

The Kiwanis Club of Delray Beach

"Where Ordinary People Provide Extraordinary Service" - Celebrating 51 Years of Service



"Swing for Kids"
Charity Golf Classic
October 18, 2025

Meets for Breakfast Wednesday's, 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, FL.

2024-2025 Officers

President Pro-Tem, June:
Regina Sablo

President: David Freeburn
561-997-4897

Secretary: Jay Alperin
561-289-2387

Treasurer: Bill Morse
561-213-2965

2024-2025 Bd. of Directors

Carlene Laseter, Peggy Kelleher,
Doug Martin, Scott Youngberg,
Ezra Krieg, Bob Barcinski,
Pam & Joel Davidson, Regina Sablo,
Rich Pollack, Andie DeVoe,
Diane Colonna

2024-2025 Committee Chairs

*Community Service:

AVDA - Jay & Diane Alperin

Thanksgiving - Ezra Krieg

Police Appreciation - Ezra Krieg,

Peggy Kelleher, Larry Schroeder

*Club Meetings: Jay Alperin

*Fund Raising:

General Events - Ezra Krieg, Rich Pollack

Delray Affair - Rich Pollack, Reeve Bright

Golf Tourney - Scott Youngberg

Glo-Ball - Bob Barcinski

*Interclubs: Steve Rubin

***Membership:** Carlene Laseter,
Regina Sablo

*Newsletter/Website:

Scott Youngberg

*** Publicity/PR:** Rich Pollack,
Patrick Glover

*Programs: Ezra Krieg

*Social Activities:

President & President Elect

***Spiritual Aims:** David Freeburn

*Youth Services:

Scholarship - Scott Youngberg,
Bill Morse

Terrific Kids - Peggy Kelleher,
Danielle Garcia

*** Key Club/Builders Club** - Bob Hayes

American Heritage - Sally Schliefer

Atlantic High School - Bob Hayes

Volume 2025, Issue 6

June, 2025

SE FLORIDA HONOR FLIGHT

Our program on May 7th was presented by Debby Arasi, representing Southeast Florida Honor Flight.

The organization, is one of 130 hubs in 45 states that make up the National Honor Flight Network. All Honor Flight



hubs are dedicated to honoring local veterans with a trip to Washington, DC to visit their memorials at absolutely no cost to the veteran.

Every trip is escorted by a team of well-trained volunteers and guardians, who personally accompany this elite group of veterans throughout the Honor Flight day. The volunteers and guardians pay their own way ensuring that 100% of the proceeds go to the mission. To date, a total of 3,969 local veterans have been flown to Washington, DC. For more information go to honorflightsefl.org



CPSFL Creates Lasting Social Change



Our program on May 14th was presented by Kelly Powell, CEO of Community Partners of South Florida.

CPSFL changes the odds for children and families facing adversity and creates lasting social change by providing comprehensive services and solutions that target three primary areas: Behavioral & Mental Health, Housing, and Community. Using an evidence-based, targeted approach built on best practices and informed by 36 years of experience working with children and families, they are changing generations.

CPSFL brings behavioral/mental health services to children, adults, and families who are experiencing social and/or emotional difficulties. All services respect the values and desires of each individual or family. Most can be offered in one of several locations throughout Palm Beach County, in the home, in the school, or in other convenient locations.

The housing services program area partners with clients who are seeking to reach long term financial stability and self-sustainability. A home is more than just the concrete, stucco, and tile that go into it. A home is a place to raise a family, be part of a community, and to build wealth. CPSFL brings several important strengths including programs to enhance financial capabilities, a pathway to homeownership, and options for affordable rental and supportive housing.

CPSFL has expertise in providing client services in these key areas: Youth (School-Based) Programs, Parent Program, Mentees on the Move, Safety Program, BRIDGES, Healthier Together, and Digital Inclusion. To learn more about these and other programs, go to www.cpsfl.org



Visit our Website:
delraybeachkiwanis.org

Other Doings.....



Hail! President, Pro-Tem of the Month!

***** May *****



Bill Morse

Here are the upcoming scheduled PPOTM's:

June - **Regina Sablo**

July - **Doug Martin**

August - **Terrence Moore**

September - **Steve Rubin**

Thank You!



Ezra Krieg, Peggy Kelleher, Rich Pollack, Dupree Jackson, Rob Long and Steve Rubin participated in several 5k's in May, including the Walk Against Violence and Recovery through repetition events.



The Blood King, **Reeve Bright**, hit 104 Gallons donated to the Blood Bank.
Way to Go Reeve!



Our club held a food drive for Eat Better Live Better during May. Thanks to **Mike Salem** and **Rich Pollack** for organizing this event.



► Continues—See **Other Doings**, Page 3

\$\$\$ Happy Dollars \$\$\$



Upcoming Important Dates:

Birthdays:

June 1 - Bonnie Morse
June 2 - Danielle Garcia
June 6 - Scott Youngberg
June 10 - Bob Laseter
June 11 - Susan Ruby
June 14 - Peggy Kelleher
June 21 - Marsha Eisenberg

Wedding Anniversaries:

June 14 - Larry & Terri Schroeder-50 Years!
June 17 - Sally & Brian Schleifer

Membership Anniversaries:

None

May 7th Meeting: A lot of members wished a Happy Mother's Day to everyone. **Carlene Laseter** met her son's new girlfriend and is a happy mom. **Ronnie Dunayer** is happy to have a sunny day off. **Ezra Krieg, Peggy Kelleher, Rich Pollack & Dupree Jackson** participated in the Walk Against Violence event last weekend. Ezra even beat Rich. **Larry Schroeder's** Lady Wolverines won the championship. **Rodney Stevenson & Scott Youngberg** put in for FSU baseball being ranked #2. **Pam Davidson's** grandson was promoted to Junior Varsity in baseball. **Joel Davidson** noted he and Pam have now been in Delray for 4 years. **Barry Frette** is happy for the planned upgrade to the golf course. **Jay Alperin's** daughters got elusive tickets to a Yankee's game, but Jay had to pay for them. **Terrence Moore** is looking forward to Trivia Night. Everyone else was Just Happy.

May 14th Meeting: A lot of members put in for the successful Trivia Night, as we beat Rotary, Again. **Jay Alperin** lamented he has run out of singles (1st time ever), so expects not to give change while collecting happy dollars. **Bob Hayes** is celebrating another membership anniversary by putting in \$20. **Rich Pollack** put in for the Panthers, the food drive, and the fact he once again beat Ezra in another 5K. **Ezra Krieg** put in for Rich sitting at another table. **Dave Randolph** is happy to be classified as 100% disabled, getting added benefits. **Dave Freeburn** returned from a humanitarian trip to Guatemala. **Ronnie Dunayer** is happy for Coco Gauff in the quarter finals of the Italian Open. **Gina Sablo** has two grandchildren celebrating birthdays. **Larry Schroeder** was proud of the Lady Wolverines, even though they lost in the State finals by 1 point. **Scott Youngberg** acknowledged Larry's granddaughter Avery as one of the stars of that team. Finally, **Barry Frette** really enjoyed the bacon this morning.

May 21st Meeting: **Ezra Krieg** was recently named the Housing Impact Hero by the Homeless Leadership Council. Everyone congratulated Ezra for that. Ezra was happy that the homeless count dropped from 106 to 70 in the city. **Bill Morse's** granddaughter graduated from Kent State. **Carlene Laseter's** grand-twins are graduating middle school. **Gina Sablo** is going to Ft. Myers to see her grandchildren. **Larry Schroeder's** granddaughter made All-Team County in flag football. **Bob Barcinski** is celebrating his 53rd wedding anniversary and **Steve Rubin** put in for 41 years as a K-member. **Pam Davidson** enjoyed her trip to Connecticut. **Diane Colonna** was happy her neighbors helped with a flooded basement in Maine. **Mark Scheinbaum's** daughter is now the Executive Director at her local food bank. **Ronnie Dunayer** put in for Charlotte's birthday. **Bob Hayes, Rich Pollack, Joel Davidson** and **Scott Youngberg** were happy for the Panther's winning. **Rodney Stevenson** was happy for FSU having the ACC Baseball Player of the Year. **Mike Salem** was happy for Coco Gauff's successes. **Barry Frette** is happy for the city's online permitting process. "Times are Good" according to **Doug Martin**. Everyone else JH.

May 28th Meeting: Today we had Kathy Shore (nurse during Vietnam War) as our speaker and everyone put in for that, and for all the Veterans. It was great seeing our guests today as well. **Mike Salem** thanked everyone for their support for the food drive. **Peggy Kelleher** also put in for her trip to wine country in Sonoma. **Ronnie Dunayer** put in for Coco Gauff winning. **Scott McLean** has a new non-profit "Home & Ashes". **Ezra Krieg** had a great time in New York. **Barry Frette** is thankful for the recent rain. **Rich Pollack** put in for the Panther's to win tonight. **Reeve Bright** got to shoot a rifle for a Veterans Memorial Day program.



Little Smiles... Big Impact

Our program on May 21st was presented by Brittany Perdigon, Executive Director and Rosana Vargas, Outreach Coordinator for Little Smiles.

Right now, thousands of children in Southeast Florida are facing the most difficult time of their lives, serious illness, homelessness, and

other tragedies. They are spending their days alone in hospital rooms, shelters, or other temporary homes going through painful procedures and experiencing emotional strains they are not equipped to handle.

Little Smiles is proud to work alongside Child Life specialists, nurses, law enforcement, and other critical staff members at over 30 facilities to bring (big) little smiles. Their programs are created to provide experiences, toys, and essential items to children in need through the help and generosity of our community.

Little Smiles has expanded to work with over 30 pediatric facilities from St. Lucie to Miami-Dade County, as well as chapters in North Carolina, Western New York, and Philadelphia, that work to help children in those areas.

For more information, go to <https://littlesmilesfl.org>.



Sign at an Optometrist's Office:

"If you don't see what you're looking for, you've come to the right place."

ONE MINUTE YOU'RE 21, STAYING
UP ALL NIGHT DRINKING BEER,
EATING PIZZA AND DOING SKETCHY
STUFF JUST FOR FUN.

THEN...

IN A BLINK OF AN EYE YOU'RE 60,
DRINKING WATER, EATING KALE
AND YOU CAN'T DO ANY SKETCHY
STUFF, BECAUSE YOU PULLED A
MUSCLE PUTTING ON YOUR SOCKS.

Story of Courage, Compassion & Service

Our program on May 28th featured Vietnam War nurse Kathy Shore as our guest speaker. Kathy served in the Army Nurse Corps at a front-line hospital after joining the U.S. Army in 1968. She was stationed at the 3rd surgical hospital in the Mekong Delta, Vietnam. It was the first stop for the casualties from the battlefield.

Nurses serving in Vietnam during the war experienced a wide range of challenges, from treating severe wounds and mass casualties to dealing with the psychological impact of war. They often worked long shifts, 12 hours or more, and faced constant danger, including attacks on their hospitals and living quarters.

Despite the long hours and sometimes horrifying wounds these women had to face, many nurses found their service rewarding. They were able to serve their country and save and comfort the wounded men in their facilities. During the Vietnam War 98% of the men who were wounded and made it to the hospital survived.

Kathy's story is one of courage, compassion, and service.

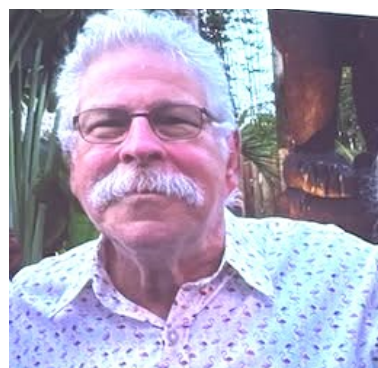


It's probably my age that tricks people into thinking I'm an adult

Other Doings (Continued from Page 2)...



Congratulations to our very own **Ezra M Krieg** for being named the Housing Impact Hero by the Homeless Leadership Council at their annual Lunch and Awards Celebration. We're so proud of you Ezra! Congratulations and MUCH deserved!



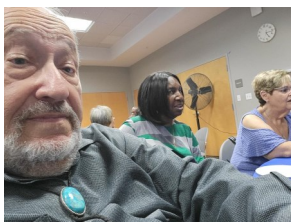
Did Someone Say Trivia?

THE DELRAY BEACH PUBLIC LIBRARY PRESENTS



Our club once again had not one, but two teams for this year's Trivia Night on May 10th, at the Delray Beach Library, taking 2nd and 4th place out of 20 teams. (BTW, Rotary had two teams, and neither one was in the top 5.)

Thanks to members **Bill Morse, Terrence Moore, Pam & Joel Davidson, Rich Pollack, Ezra Krieg, Peggy Kelleher, Mike Salem, Mark Scheinbaum, Gina Sablo, Barry Frette** and their spouses/friends for upholding Kiwanis greatness.

**Think you know words?**

Build your vocabulary with these words and learn the meaning:

Winkle-picker (wiNGkəl pikər)

Noun, British English, 1950s

1. A shoe with a long pointed toe, popular in the 1950s.

Example Sentences:

1. "My grandmother's old photo albums show her and her sisters all wearing winkle-pickers as teenagers."
2. "That vintage store downtown has a few original winkle-pickers in perfect condition."
3. "The stylist paired 1960s blazers with winkle-pickers for the band to wear for the album cover."

**Board Meeting Notes**

Our club's recent Board Meeting took place via Zoom on May 5th. Here are the notes:

I. Board Attendance: Secretary Jay Alperin, Treasurer Bill Morse. Directors: Kelleher, Davidson, Pam; Krieg, Davidson, Joel; Sablo, Devoe, Laseter

II. Foundation Attendance: Vice-President

Pollack; Secretary Alperin; Directors: Colonna, Youngberg, PDavidson.

III. Secretary's Report: Minutes of April 7, 2025 meeting: It was noted that there was a discrepancy in the reporting of the gross and net amounts of funds collected at the Delray Affair. After some discussion a motion was made to table the minutes until there was more information on the funds earned. Motion made by Ezra Krieg, Second by Bill Morse. Motion passed 9 -1 (Jay Alperin opposed)

IV. Financial Report: Bill Morse stated that the financial report was not yet ready. He has sent out invoices to members. There was a discussion about the ability to pay dues through the PayPal system. Bill said members can use PayPal but he is not very familiar with it, and they charge a fee for usage.

V. Old Business

A. Revised Story Trail Agreement with City. Joel Davidson reported that the Story Trail Committee had a meeting and the project was moving forward.

B. Hat Drive. Ezra said that more than 187 hats had been collected for this drive, and the recipients were thrilled with the results.

C. Library Trivia Night. Peggy Kelleher stated that 18 people had signed on so far - two more were needed to fill the second table.

D. Pancakes, Pints and Pigskins. This will be discussed further when the NFL schedule is released on May 14th.

E. Happy Hour. The next happy hour will be May 15th at Tim Finnegan's. Scott said that another reminder was going out to club members today.

F. Mistletoe Event. Peggy reported she still had not heard anything from Tom Carney regarding a possible reduction of the Guinness world record application fee. She said it would not be possible to obtain the necessary sponsorships to cover the fee. The event is canceled.

G. Fundraising Committee. The committee has not met yet.

H. Golf Tournament. Scott reported that so far they have a couple foursomes registered and some sponsors lined up.

I. Kiwanis Shirt Order. Scott is sending out another email for a final order of collared Kiwanis shirts. He has about 10 orders so far.

J. Delray Citizens for Delray Police. The date of the event is May 30th. Kiwanis received 2 tickets to the event as part of our sponsorship. Ezra asked for recommendations for disposing of the tickets. It was decided to offer the tickets for sale to members for \$100.00 or best offer.

VI. New Business

A. Budget. Bill is working on the budget - he has reconciled 2024's numbers.

B. Kiwanis Presidential Scholarship. Scott has received three names of students from American Heritage High School, and is waiting on one from Atlantic High School. The scholarship money is sent to the schools and put in the students' expense accounts to cover college expenses. Pam Davidson asked if Kiwanis has a scholarship committee—is there criteria for awarding scholarships or is the decision left solely to the advisors. She is concerned that advisors sometimes show favoritism to certain students. Scott responded that recipients have to be Key Club members. Awards are not need-based but the recipients tend to have high GPAs and put in many hours of volunteer work. Rich Pollack feels our club should do a better job of working with the Key Club. Scott noted that Bob Hayes is the Chair of the Key Club Committee, he has tried to improve communication with the schools. This is something that the Kiwanis president should get involved in.

C. Food Drive. Rich said that this initiative was brought forward by member Mike Salem to help the nonprofit organization Eat Better Live Better. Food donations can be brought to Kiwanis meetings. The project will start a week from Wednesday and will last three weeks. No club funds are involved. Mike will present more information at the meeting. Jay said that if this is to be established as a Kiwanis project the board should take a vote on it. Motion to establish a food drive to benefit the nonprofit organization Eat Better Live Better. Motion made by Rich Pollock. Second by Joel Davidson Motion passed unanimously.

D. Mini Grant. There were no grant applications to consider.

E. Alternate Meeting Location during golf course construction. Members discussed some possible alternate locations to hold club meetings if the City closes the golf club for renovations as expected.

F. Key Club Breakfast. Ezra suggested that Kiwanis hold a Key Club breakfast and bring advisors to a Kiwanis meeting. They could hopefully find ways to increase communication. Rich thought we should also invite the school principals or other upper-level administrators. Scott said that a big issue with Atlantic High is that the faculty advisors have not been participating. It was suggested that Scott, Pam, Rich and Ezra be on the committee to address this.

G. Vietnam Veteran Nurse. Rich reminded the board that at the May 28th meeting the speaker will be a nurse who served in the Vietnam War. Jay said we will need to get a head count ahead of time so that the golf club is prepared. Rich will send a sign-up sheet around.

H. Inter Club Meeting. Efforts are underway to have a joint meeting with the Boca Kiwanis Club. Rich suggested that we invite them to the May 15th Happy Hour. Ezra said he would follow up with Inter Club Chair Steve Rubin.

I. Kiwanis District Convention - August 8 - 10. Joel and Pam stated that our club could send 3 delegates to the District Convention. David Freeburn and Joel are going, as is Pam, but she could represent an At Large member of the district. David will be announced as the incoming Lt Governor at the Saturday night banquet.

Next meeting: June 2nd. Note: Ezra will not be available to set up the Zoom meeting

DID YOU KNOW?

Why Is the Dollar Symbol an "S"?

The dollar sign, or "\$," is one of the most recognizable currency symbols in the world, instantly understood across languages and cultures. It also transcends currency, having become a



widespread symbol in pop culture. Andy Warhol made a whole series of drawings and paintings of the dollar sign in the 1980s, while some modern artists have used the symbol in their own stylized names — think A\$AP Rocky, Travi\$ Scott, and Ke\$ha. It's also been used as a symbol of greed — critics of large companies might make their point by introducing the dollar sign into the name of a corporation.

Despite the ubiquity of the dollar sign, its origins are surprisingly complex, muddled by a lack of historical record and competing theories. Far from a simple design, the dollar symbol represents a fascinating journey through economic history, global trade, and linguistic evolution.

Origin Theories

A number of theories exist regarding the origins of the dollar sign. Some have little supporting evidence, but are interesting nonetheless. For example, one hypothesis traces the symbol's roots to an image of the Pillars of Hercules that appeared on the Spanish coat of arms and national currency. The image showed the two pillars wrapped in S-shaped banners, which, according to the theory, could have evolved in notation to become the dollar sign.

Another, similar theory argues that the symbol came from the Potosí mint in Bolivia, which operated from 1573 to 1825. (The mine at Potosí was once the main source of silver for the Spanish Empire.) The mint used a stamp that featured the letters PTSI (for Potosí) imposed on top of each other, which could have created a symbol similar to the modern dollar sign.

The most widely accepted theory traces the dollar symbol's origins to the Spanish peso, which all you pirates out there will know as "pieces of eight." The Spanish peso was a dominant currency in the Americas during the colonial era, and was accepted as the basic unit of value in colonial America during the late 1700s. (The Mexican peso remained an official legal tender in both the U.S. and Canada until the mid-1800s.)

We know from handwritten manuscripts that merchants and traders often abbreviated the peso as "PS." As time went on, and as the abbreviation became more widespread, the "S" was often written over the "P," producing an approximation of the "\$" symbol. This is now widely regarded as the most likely origin of the dollar sign.

Membership

Carlene Laseter - Chairperson

It Takes Teamwork To Strengthen Our Club



When you love your club, you'll want to share that experience and invite others to be part of it. After all, 74 percent of members joined a Kiwanis club because someone invited them—and for 48 percent of them, it was a friend or relative.

The best way to attract new people to our Kiwanis club is by grabbing their interest—and respecting their time. Kiwanis International developed an "[elevator speech](#)" to help you. [Create your own](#) "one-minute speech" by thinking of answers to a few simple questions.

Membership Benefits

There are lots of reasons to join of club, but here are some of the benefits you can remind your friends, family and acquaintances they'll enjoy as a member of Kiwanis.

As a member of Kiwanis, they will:

- * Change children's lives
- * Improve the community and the world
- * Build friendships
- * Enhance their leadership skills
- * Develop business contacts

Kiwanis also offers members access to [special products and services](#), [Kiwanis magazine](#) and other great tools.

Identifying New Members

Part of Kiwanis' appeal to potential new members is that it affords them the opportunity to be a part of meaningful, hands-on service experiences. But you should know they also want:

- * Service leadership programs
- * Reasonable dues
- * Few meetings
- * Social events
- * Their voices to be heard
- * Opportunities to be active
- * Value for their time and money

Think about friends, family, neighbors, colleagues — anyone who has expressed interest in our club or service activities in the past. Work as a club to identify prospective members on a regular basis. It will take teamwork to strengthen our club.



PUBLIC SERVICE ANNOUNCEMENT**Taxpayers and tax professionals:
Beware of these common tax
scams**

Scammers work hard to try to steal money and personal information during tax season and all year long. Taxpayers and tax professionals should remain alert and aware of these [common scams](#) to avoid losing money, personal information or client data.

Social media: Fraudulent form filing and bad advice

Social media can circulate inaccurate or misleading tax information, and the IRS has recently seen schemes that encourage people to submit false, inaccurate information in hopes of getting a refund or taking advantage of a credit, such as the Employee Retention Credit and the Fuel Tax Credit. Taxpayers should always remember that if something sounds too good to be true, it probably is.

Bogus self-employment tax credit

Social media advice continues to circulate about a non-existent "Self-Employment Tax Credit" that's misleading taxpayers into filing false claims. Promoters market it as a way for self-employed people and gig workers to get payments of up to \$32,000 for the COVID-19 pandemic period.

In reality, the underlying credit being referred to in social media is not called the "Self-Employment Tax Credit," it's a much more limited and technical credit called the Credits for Sick Leave and Family Leave. Many people simply do not qualify for these credits, and the IRS is closely reviewing claims coming in under this provision.

Online Account help from third-party scammers

Scammers pose as a "helpful" third party and offer to help create a taxpayer's IRS [Online Account](#) at IRS.gov, but their real goal is to steal personal information. Taxpayers should access their account directly through IRS.gov.

Phishing and spearphishing

Taxpayers and tax professionals should be alert to fake communications posing as legitimate organizations in the tax and financial community, including the IRS and the states. These messages arrive in the form of an unsolicited text or email to lure victims into providing valuable personal and financial information that can lead to identity theft.

Spearphishing is a tailored phishing attempt targeting a specific individual or group. Tax professionals need to be very careful about spearphishing because of the risk of a data breach. A successful spearphishing attack can ultimately steal client data and the tax preparer's identity, allowing the thief to file fraudulent returns.

Unscrupulous tax return preparers

Most tax preparers provide outstanding and professional service. However, people should be careful of shady tax professionals and watch for common warning signs, including charging a fee based on the size of the refund. A major red flag or warning sign is when the tax preparer is unwilling to sign on the dotted line. Avoid these "ghost" preparers, who will prepare a tax return but refuse to sign or include their IRS Preparer Tax Identification Number as required by law. Taxpayers should never sign a blank or incomplete return.

Offer in compromise mills

Offers in compromise are an important program to help people who can't pay to settle their federal tax debts. But "offer in compromise mills" can aggressively promote offers in compromise in misleading ways to people who clearly don't meet the qualifications, often costing taxpayers thousands of dollars. A taxpayer can check their eligibility for free using the IRS [Offer in Compromise Pre-Qualifier tool](#).

Calendar Of Events

June 25-28 Kiwanis Int'l
Convention
Pittsburg, PA.

August 8-10 Florida District
Convention, PGA Resort,
Palm Beach Gardens, FL.

October 18 Kiwanis "Swing for Kids"
Golf Tournament - Indian Spring CC
1pm-5pm

November 16 .. Pancakes, Pints & Pigskins
Tim Finnegan's Irish Pub, 9:30 am

**Medical Tip for the Month**

**If you can't afford a doctor, go to an
airport -**

**You'll get a free x-ray and a breast exam,
and, if you mention Al Qaeda, you'll get a
free colonoscopy.**

**Upcoming Meeting Programs**

These are the scheduled Programs for our meetings at the Delray Golf Club (Subject to change):

6/4 State Attorney Alexcia Cox
6/11 (Tentative) FAU President Adam Hasner
6/18 Miss South Florida Fair
6/25 DeSantis Foundation
7/2 Circles
7/9 Community Greening
7/16 Palm Beach Sports Commission
7/23 Children's Home Society
7/30 (Tentative) Key Club Breakfast
8/6 Legal Aid (will need host for this meeting)
8/13 NO SPEAKER (will need host for this meeting)
8/20 Bright Minds Processing
8/27 NO SPEAKER
9/3 NO SPEAKER
9/10 (Tentative) Erica Whitfield, School Board Member

Always looking for speakers if anyone has
suggestions....

**Please contact Ezra Krieg at
954-260-8838 if you have
a program idea for our meetings.**

I don't know much about birds but I can easily identify the husband in this picture



HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

"You can't destroy knowledge. You can stamp it under and burn it up and forbid it to be, but somewhere it will survive." – Leigh Brackett



50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



May 7 - Ronnie Dunayer

May 14 - Dave Freeburn

May 21 - Doug Martin

May 28 - Chuck Halberg (Friend of Kiwanis)

HEALTHY LIVING TIP



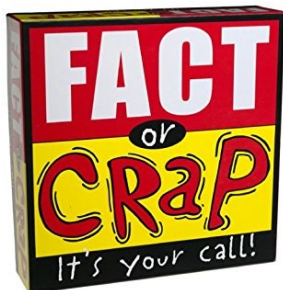
What is Sleep Hygiene?

We all want a better night's sleep, and your sleep hygiene routine might impact the amount and quality of shut-eye you get. Sleep hygiene refers to your habits to get a good night's sleep. The better your habits, the better your chances are of improving your sleep.

Here are some good sleep hygiene tips:

- Be consistent with your sleeping and waking times, even on weekends!
- Make sure your bedroom is dark, quiet, and of a comfortable temperature
- Invest in blackout curtains or a white noise machine to drown out light and sound
- Avoid electronic devices, including phones and TV, at least an hour before bed
- If your appliances have a "night" mode, switch this on a few hours before bed to reduce blue light
- Make sure to get enough exercise during the day, which may help you fall asleep faster

Tip adapted from Centers for Disease Control and Prevention¹⁰



1. Fact or Crap - Nails and hair do not continue to grow after we die?

2. Fact or Crap - The S.S. Mino was the first ship to use the SOS signal.

3. Fact or Crap - Your tongue is germ free only if it is pink.

4. Fact or Crap - Chewing gum while peeling onions will keep you from crying.

5. Fact or Crap - If you stop getting thirsty, your body is hydrated

6. Fact or Crap - Cockroaches can live for 9 days after their head has been cut off.

7. Fact or Crap - It is possible to tickle yourself.

(Answers on Page 10)



Kiwanis®
Delray Beach

2025

43rd Annual

"Swing For Kids" Charity Golf Classic

Benefiting Achievement Centers for Children & Families
and Delray Beach Kiwanis Foundation

Saturday, October 18, 2025
1:00 pm to 5:00 pm

Scramble, best ball format, Shotgun start

The day features 18 holes of golf,
complimentary food and
refreshments with Amazing silent
Auction, raffle prizes and contests.



INDIAN SPRING
COUNTRY CLUB

11501 El Clair Ranch Rd.
Boynton Beach, FL
561-737-5544



CALL US FOR MORE INFORMATION

954-288-7201

Online Registration at
KIWANIS-SWINGFORKIDS.COM

Please Note: Even though the event is 16 weeks away, we need to start signing up Sponsors, Golfers and get Raffle Prizes.

We Need Everyone's Help!

To date, We have 2 hole sponsors and 2 teams signed up. We need at least 18 sponsors & 14 teams. For more information and If you are playing, sponsoring or both, You can register now on-line by going to:

<http://www.kiwanis-swingforkids.com/>

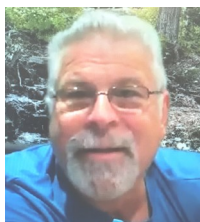
We can accept credit cards on our website, so please keep that in mind.

It will be a FUN event and will ultimately benefit the children and other projects in our area.



Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on "This Date in History" Here are a few interesting items from the past month:



May 7:

1915, a German U-boat torpedoed and sank the British liner RMS Lusitania off the southern coast of Ireland, killing 1,198 people, including 128 Americans, out of the nearly 2,000 on board.

1945, Nazi Germany signed an unconditional surrender at Allied headquarters in Rheims, France, ending its role in World War II.

1954, the 55-day Battle of Dien Bien Phu in Vietnam ended with Vietnamese insurgents overrunning French forces; it would be the last major battle of the First Indochina War.

1975, President Gerald R. Ford formally declared an end to the "Vietnam era." In Ho Chi Minh City — formerly Saigon — the Viet Cong celebrated its takeover.

1977, Seattle Slew won the Kentucky Derby, the first of his Triple Crown victories.

1984, Monsanto and six other chemical companies agreed to pay a \$180 million settlement to Vietnam veterans who were exposed to the chemical herbicide Agent Orange during the Vietnam War.

Birthdays:

Singer Thelma Houston is 82.

Rock musician Bill Kreutzmann (Grateful Dead) is 79.

Actor/former boxer Randall "Tex" Cobb is 75.

Actor Breckin Meyer is 51.

Reggaeton musician J Balvin is 40.

Actor-comedian Aidy Bryant is 38.

Actor-writer Maya Erskine is 38.

May 14:

1607, Jamestown, the first permanent English settlement in North America, was established by members of the Virginia Company.

1796, English physician Edward Jenner successfully inoculated 8-year-old James Phipps against smallpox by using cowpox matter. (Smallpox would be declared the first fully eradicated human disease in 1980.)

1804, the Lewis and Clark expedition, organized to explore the Louisiana Territory as well as the Pacific Northwest, began its journey near present-day Hartford, Illinois.

1948, the independent state of Israel was proclaimed in Tel Aviv by David Ben-Gurion, who became its first prime minister.

1955, representatives from eight Communist bloc countries, including the Soviet Union, signed the Warsaw Pact in Poland. (The pact was dissolved in 1991.)

1973, NASA launched Skylab, the first American space station, from Kennedy Space Center in Florida.

Birthdays:

Baseball Hall of Famer Tony Pérez is 83.

Filmmaker George Lucas is 81.

David Byrne is 73.

Actor Tim Roth is 64.

Actor Cate Blanchett is 56.

Former NFL running back Frank Gore is 42.

Meta CEO Mark Zuckerberg is 41.

Former NFL tight end Rob Gronkowski is 36.

May 21:

1881, the American Red Cross was founded by nurse and educator Clara Barton in Washington, D.C.

1927, Charles A. Lindbergh landed his Spirit of St. Louis monoplane near Paris, completing the first solo airplane flight across the Atlantic Ocean in 33 1/2 hours.

1932, Amelia Earhart became the first woman to fly solo across the Atlantic Ocean as she landed in Northern Ireland, about 15 hours after leaving Newfoundland.

1955, Chuck Berry recorded his first single, "Maybellene," for Chess Records in Chicago.

1979, former San Francisco City Supervisor Dan White was convicted of voluntary manslaughter in the slayings of Mayor George Moscone and openly gay Supervisor Harvey Milk. Outrage over White's lenient sentence sparked the White Night riots that evening.

Birthdays:

Baseball Hall of Fame manager Bobby Cox is 84.

Singer Ronald Isley (The Isley Brothers) is 84.

Actor Mr. T is 73.

Actor Judge Reinhold is 68.

Filmmaker Nick Cassavetes is 66.

NFL quarterback Josh Allen is 29.

May 28:

1863, the 54th Massachusetts Volunteer Infantry Regiment, made up of freed Black men, left Boston to fight for the Union in the Civil War.

1918, American troops fought their first major battle during World War I as they launched an offensive against the German-held French village of Cantigny; the Americans succeeded in capturing the village.

1959, the U.S. Army launched Able, a rhesus monkey, and Baker, a squirrel monkey, aboard a Jupiter missile for a suborbital flight which both primates survived.

1987, to the embarrassment of Soviet officials, Mathias Rust, a young West German pilot, landed a private plane in Moscow's Red Square without authorization. (Rust was freed by the Soviets the following year.)

2013, calling it perhaps the biggest money-laundering scheme in U.S. history, federal prosecutors charged seven people with running what amounted to an online, underworld bank, saying that Liberty Reserve handled \$6 billion for drug dealers, child pornographers, identity thieves and other criminals around the globe.

2020, people torched a Minneapolis police station that the department was forced to abandon amid spreading protests over the death of George Floyd.

Birthdays:

Actor Carroll Baker is 93.

Basketball Hall of Famer Jerry West is 86.

Singer John Fogerty (Creedence Clearwater Revival) is 79.

Country musician Jerry Douglas is 68.

Pop singer Colbie Caillat is 39.

Los Angeles Dodgers pitcher Craig Kimbrel is 36.

AND....."If you're sitting in a bar this afternoon, like Jay and his friends will be doing and Singer Gladys Knight joins us, we hope that you will buy her a "Heard it through the Grapevine" drink, as she is 80 years old today.



KINDNESS

comes in all sizes



HAPPINESS IS

a child's laugh.





Kids Say The Darndest Things | ...

-- One day a little girl was sitting and watching her mother do the dishes at the kitchen sink. She suddenly noticed that her mother had several strands of white hair sticking out in contrast on her brunette head.

She looked at her mother and inquisitively asked, 'Why are some of your hairs white, Mom?'

Her mother replied, 'Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white.'

The little girl thought about this revelation for a while and then said, 'Mommy, how come ALL of grandma's hairs are white?'

-- "I don't consider that I know everything, but with what I do know I am very clever."

If you have something for the newsletter, please send it to Scott Youngberg via E-mail: esysy@att.net — Thank you



YOUTH PROTECTION GUIDELINES

Youth Protection Policies in Practice

<https://vimeo.com/863372175>

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Answers.....

1. Fact: They do appear longer when we die, however.
2. Crap: The Titanic was the first ship to use the SOS.
3. Fact: If it is white there is a thin film of bacteria on it.
4. Fact: The gum content prevents the smell from the onions.
5. Crap: When the human body is dehydrated, its thirst mechanism shuts off.
6. Fact: There is just no kill'em them.
7. Crap: You can't laugh at what your brain can predict.

"My opinions may have changed, but not the fact that I'm right."



This Month's Sudoku Puzzle....

A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

Difficulty– Very Hard. Be sure to use a pencil!

9		8	4		5			
2	4		3					
	7	1		9				
		6	8				3	
	3						9	
	8				4	5		
				7		1	4	
					3		5	2
			1		8	9		3

(Answers on Page 11)

The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.

Club Mailing Address: PO Box 7083, Delray Beach, FL 33482

2024-2025 Kiwanis Int'l President:

Lee Kuan Yong
Kuala Lumpur, Malaysia

2024-2025 Florida Kiwanis Governor:

Jeremy Riehl
407-275-0747

2024-2025 Division 21 Lt. Governor:

Pam Davidson
Email: g8rmomof2@gmail.com

Other Division 21 Clubs:

Boca Raton-1st & 3rd Thursdays, 5 p.m.
Boca Raton Community Center Annex
260 Crawford Blvd, Boca Raton

West Boca Raton- 1st Friday, 1 pm.
Glades Road Branch Library
20701 95th Ave S, Boca Raton

Boynton Beach - 1st & 3rd Tuesdays, 8 am
2nd & 4th Tuesdays, 12 noon
Crackerbarrel, 1475 SW 8th St, Boynton Beach

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
Maddock Park, 1200 West Drew Street, Lantana

Lake Worth - Tuesdays, 8:30 a.m.
Too-Jays Restaurant
419 Lake Avenue, Lake Worth

Florida Kiwanis Foundation:

2024-2025 President: James Wylie
Email: fjameswylie@gmail.com

Div. 21 Trustee: Joel Davidson
E-mail: jid310@gmail.com

You + Kiwanis =

Improved
Lives & communities.

Sudoku Puzzle....Answers

9	6	8	4	1	5	3	2	7
2	4	5	3	8	7	6	1	9
3	7	1	2	9	6	4	8	5
7	9	6	8	5	1	2	3	4
5	3	4	7	6	2	8	9	1
1	8	2	9	3	4	5	7	6
6	2	3	5	7	9	1	4	8
8	1	9	6	4	3	7	5	2
4	5	7	1	2	8	9	6	3

A four-year fundraising campaign results in an annual major gift.

By Tony Knoderer

In Indiana, U.S., the Riley Children's Foundation received a US\$500,000 gift from the Kiwanis Indiana District during the district's midyear conference. In fact, it's just one donation in its four-year Kiwanis-Riley Campaign — part of an overall commitment to raise \$1 million through September 2027.

The campaign's purpose is to fight suicide, depression, anxiety and other mental health conditions among youth in Indiana by funding accessible mental health services for kids and teens. "The second biggest cause of death of Indiana youth is suicide. This is unacceptable," says Al Riggle, 2024-25 district governor.

For Riley Children's Foundation, one solution is to embed mental health services in pediatric and primary care offices throughout the state, putting those services close to home for up to 80,000 kids.

The million-dollar goal

When the Indiana District raised \$250,000, the gift instantly unlocked a match from the Family Social Services Administration (FSSA) — resulting in the half-million total. The ultimate goal is for the campaign's \$1 million to be matched with another million from FSSA.

This year's fundraising success led directly to progress toward next year's. "We asked those present if they had anything to donate toward our next \$250,000 check," Steve Ingram, a past governor and a Kiwanis International trustee, wrote on his Facebook page afterward. "Immediately people came forward with checks totaling \$102,295." This kind of generosity is keeping the campaign ahead of its goal in just its second year, Riggle says.

"We do a parade of checks at the midyear conference to allow clubs to donate money they've raised during that portion of the year to support the campaign," he says. "The remainder will come in at the district convention. The district governor after me will do the same thing next year for the third year of the campaign."

A history of support

The current campaign is just the latest four-year fundraising initiative through which the Indiana District has raised funds for causes supported by Riley Children's Foundation. "In the third year of each campaign, the Riley Children's Foundation comes up with potential themes for the next campaign," Riggle says. "These are presented to the (district's) KIDS Committee and a recommendation is submitted to the district board. Once approved, all the planning takes place to kick off the campaign the next year at the conclusion of the current campaign."

Past campaigns have addressed autism and early developmental delay, the infant mortality rate and the creation of a staffed play-therapy room at Riley Children's Hospital. In total, the Indiana District has provided over \$9 million in support for various Riley programs and initiatives.





From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!

