



The

Sunriser

The Kiwanis Club of Delray Beach

"Where Ordinary People Provide Extraordinary Service" - Celebrating 52 Years of Service



"Swing for Kids"
Charity Golf Classic
October 18, 2025

Meets for Breakfast Wednesday's, 7:30 a.m., Delray Beach Golf Club, 2200 Highland Ave, Delray Beach, FL.

2024-2025 Officers

President Pro-Tem, September:
Diane Colonna

President: Diane Colonna
561-997-4897

Secretary: Jay Alperin
561-289-2387

Treasurer: Bill Morse
561-213-2965

2024-2025 Bd. of Directors

Carlene Laseter, Peggy Kelleher,
Doug Martin, Scott Youngberg,
Ezra Krieg, Bob Barcinski,
Pam & Joel Davidson, Regina Sablo,
Rich Pollack, Andie DeVoe,
David Freeburn

2025-2026 Committee Chairs

***Community Service:**

AVDA - Jay & Diane Alperin

Thanksgiving - Ezra Krieg

Police Appreciation - Ezra Krieg,
Peggy Kelleher, Larry Schroeder

***Club Meetings:** Jay Alperin

***Fund Raising:**

General Events - Ezra Krieg, Rich Pollack

Delray Affair - Bob Hayes, Rich Pollack

Golf Tourney - Scott Youngberg,
Bob Barcinski

***Interclubs:** Steve Rubin

***Membership:** Carlene Laseter,
Regina Sablo

***Newsletter/Website:**

Scott Youngberg

***Publicity/PR:** Rich Pollack,
Patrick Glover, Andie DeVoe

***Programs:** Ezra Krieg

***Social Activities:**

President, Ronnie Dunayer

***Spiritual Aims:** David Freeburn
Mike Salem

***Youth Services:**

Scholarship - Scott Youngberg,
Bill Morse

Terrific Kids - Peggy Kelleher,
Danielle Garcia

***Key Club/Builders Club**

- David Freeburn

American Heritage - Sally Schliefer

Atlantic High School - David Freeburn

Volume 2025, Issue 10

October, 2025

Feeding The Community With Dignity



Our program on September 3rd was presented by Debra Tendrich, the founder "Head Apple" of Eat Better Live Better.

Eat Better Live Better is on a mission to provide access to fresh

produce, healthy groceries, and nutrition education to the communities they serve to help prevent, reverse, and reduce childhood obesity and other diet-related health conditions. Their vision is that all children, families, and individuals have access to nutrition education and healthy foods regardless of background or life experiences.

In recent years, the face of hunger has changed. The rising costs of living have created severe financial



distress for working families and senior citizens on fixed income. Once a family or individual goes into economic collapse, hard decisions must be made. Many families will ration or skip meals in order to keep a roof over their heads; and seniors have been found surviving on cat food.

Their impact: Distributed over 1.5 million pounds of healthy groceries and fresh produce; Fed approximately 50,000 families, touching over 200,000 individuals; Provided healthy groceries to individuals with medical conditions; Delivered over 10,000 hot meals; Connected families to additionally needed resources; Delivered to over 5,000 families without transportation and those with disabilities and Provided groceries to nearly 60,000 senior citizens For more information go to eblb.org

Making Delray Residents Safer and Valued

Our program on September 10th was presented by Darrell Hunter, Delray Beach Police Chief.

As the newly appointed police chief, Darrell is proud to lead a team of dedicated law enforcement professionals committed to ensuring the safety, well-being, and quality of life for all who live, work, and visit our beautiful city.

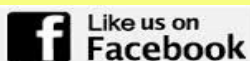
At the heart of their mission is a deep commitment to community policing, transparency, accountability, and service. They recognize that public safety is a shared responsibility, and they strive to build strong partnerships with residents, businesses, and community stakeholders. Through proactive policing strategies, open communication, and mutual respect, they aim to create a safer and more

inclusive Delray Beach for everyone.

The department is comprised of highly trained and compassionate individuals who uphold the highest standards of integrity and professionalism.

Whether responding to emergencies, investigating crimes, or engaging with youth and seniors, they are here to serve with honor and empathy.

Everyone is encouraged to explore their website to learn more about their initiatives, programs, and services. Together, we can continue to make Delray Beach a city where people feel safe, valued, and proud to call home. Go to www.delraybeachfl.gov to learn more.



Visit our Website:

delraybeachkiwanis.org

Other Doings.....



Hail! President, Pro-Tem of the Month!

***** September *****



Steven Rubin

Here are the upcoming scheduled PPOTM's:

October - **Diane Colonna**

November - **Barry Frette**

December - Open

January, 2026 - **Larry Schroeder**

February - **Joel Davidson**

March - **Bill Morse**

April - **Carlene Laseter**

May - **Andie DeVoe**

June - **Gina Sablo**

July - **Pam Davidson**

August - **Terrence Moore**

September - **Steven Rubin**

Thank You!

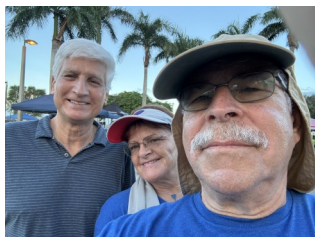


Our club's walking group has been busy.

Here's a pic from walking a 5k at Lake Ida Park:



Here are other pics from the devil dog 5k benefitting the Wounded Veterans Relief Fund:



► Continues—See **Other Doings**, Page 3

\$ \$ \$ Happy Dollars \$ \$ \$



Upcoming Important Dates:

Birthdays:

October 4 - Ronnie Dunayer

October 6 - Mark Scheinbaum

October 7 - Anne Bright

October 15 - Michael Moschette

October 17 - Beth Schultz

October 22 - Regina Sablo

October 24 - Brian Schleifer

October 29 - Dupree Jackson, Jr

October 30 - Reeve Bright

Wedding Anniversaries:

October 8 - Carlene & Robert Laseter (60 years)

October 19 - Ezra Krieg & Marsha Eisenberg (28 years)

Membership Anniversaries:

October 1 - Reeve Bright (52 Years !!)

September 3rd Meeting: Pam Davidson is happy to be back from hip surgery. Everyone put in for that as well. Also great weekend of sports! Peggy Kelleher was happy for all the college football. Scott Youngberg and Barry Frette were happy for FSU beating Alabama. Joel Davidson was happy for UM and Bob Barcinski was happy for Purdue, 1st win since August of last year. Mike Salem cheered on Coco Gauff and Rich Pollack announced 31 days until hockey. Dave Randolph put in for his wife's birthday. Larry Schroeder's granddaughter is here and he put in for his daughter's and daughter-in-law's birthdays. Andie DeVoe announced it's officially fall, she put up her decorations. Bill Morse announced he won't be here next week and Bob Hayes put in for that! Everyone else was Just Happy.

September 10th Meeting: We were all happy to see the Delray Police visiting today. Dave Randolph said he was the safest, unlicensed driver - oops! Bob Hayes put in for the Tigers beating the Yankees and for all the rain. Carlene Laseter now has a "Full" pool. Peggy Kelleher's Bills are rolling, and Joel Davidson announced UM is #5 in the country. He also put in for remembrance of 9/11. Bob Barcinski was happy Purdue won a 2nd game. Scott Youngberg put in for FSU since the Dolphins stink. Rich Pollack let us know there are 24 days until hockey. Gina Sablo's granddaughter has a birthday tomorrow. Mike Salem likes Ezra Krieg's fancy Kiwanis shirt. Everyone else put in for birthdays and anniversaries.

September 17th Meeting: A lot of members put in for Peggy Kelleher's and Scott Youngberg's membership anniversaries. Everyone also wished Pam Davidson a speedy recovery after injuring herself from a fall. Joel Davidson had to deal with a flood in his house and is happy UM is #4. Doug Martin was happy he's not Joel having to deal with that. Peggy is excited for the weekend football-her teams playing Miami teams. Ezra Krieg said "Go Canes" over UF. Terrence Moore is happy Illinois is ranked #9. Scott Youngberg is happy FSU in the top ten. Carlene Laseter is happy Kentucky won and that her husband is going to Michigan for a week. Rich Pollack told us hockey in 16 days. Ronnie Dunayer is happy for the break in weather and Dave Freeburn was happy to be back from a long trip.

September 24th Meeting: Jay Alperin is back! He's looking for a new knee. Scott Youngberg and Doug Martin are also celebrating wedding anniversaries. Everyone contributed for that. Bob Hayes likes the way the Marlins are playing. Peggy Kelleher wants the Gators to get a new head coach. The ever optimist Ezra Krieg hopes the Dolphins can win a game. Terrence Moore is hoping Illinois can beat USC. Rich Pollack said "less than 2 weeks until hockey." Joel Davidson wished all our Jewish friends a Happy New Year. Dave Randolph will be putting on his dress blues to escort a young lady down the aisle at her wedding. Gina Sablo is going on a cruise next week and Carlene Laseter is going to Ocala this weekend. Barry Frette was happy for the interest rate cut. Andie DeVoe warned us that "Spooky Season" is coming and she plans on getting annoying about it. Larry Schroeder was happy he heard the alarm this morning and yes, Reeve Bright is still vertical.



Whitfield Speaks To Our Club

Our program on September 17th featured Erica Whitfield, member of the Palm Beach County School Board.

Erica has served on the Palm Beach County School Board since 2014, representing District 4. During her tenure, she developed a reputation as a vocal advocate for student health and safety, fiscal transparency and long-term planning, earning praise for her role in helping the district earn and maintain an "A" rating from the Florida Department of Education.

The biggest challenge the Board is dealing with is a projected \$25 million shortfall due to a notable decline in student enrollment by approximately 5,500 students compared to the previous year. This decline is expected to result in a \$45 million loss in revenue, partially offset by \$20 million in anticipated savings from reduced staffing.

Erica also delved into recent student performance data, revealing growth across several subjects, including English Language Arts, math, science, and social studies. Notably, the Glades area exhibited significant improvement, attributed to schools' adaptation to the new FAST testing system. The district's focus is on expanding access to accelerated math courses, especially for seventh graders, which is important for their success in eighth-grade algebra.

The Board recently was forced to repeal the Diversity, Equity, and Inclusion (DEI) policies in place, to avoid a potential \$300 million in federal funding loss threatened by the Trump administration. Some community members and organizations, such as the Coalition of Black Student Achievement, advocated for continuing intentional efforts toward a just and equitable school system.

Erica is running for the County Commission District 2 seat in 2026.



Dedicated To Finding A Cure

Our program on September 24th was presented by Tequesta Alston, Outreach Coordinator for Brain Matters Research.

BMR is an industry leading outpatient research center specializing in Alzheimer's disease and other neurological disorders. Clinical trials offer hope to many and provide a vital opportunity to advance research and improve future treatments. They view participation in a clinical trial as a partnership-working closely with individuals and their families to explore new, more effective therapies. In addition to their core focus on Alzheimer's research, they are also conducting trials for obesity, a significant and modifiable risk factor for Alzheimer's disease, allowing them to take a more comprehensive approach to brain health and prevention.

Their Center of Excellence is open to anyone affected by Alzheimer's, other dementias and related memory disorders. No referral is needed, although many patients are sent to them from local primary care providers, specialists, Cleveland Clinic, University of Miami, FAU, Alzheimer's Association, and others who recognize the role that a Center of Excellence plays in the fight against this disease. They schedule evaluations for those who have been given a diagnosis, those who feel they are at risk for the disease, those concerned they might be experiencing symptoms, as well as those who wish to learn more about the clinical research process. They aim to be a center where patients and families can form partnerships and be supported with innovative approaches to medical treatment, engagement with community resources and services and access to cutting-edge clinical trials.

Alzheimer's is a monumental disease that leaves lives shattered in its path. It's not enough to "hope for a cure". Brain Matters Research brings substance to that hope. For more information, go to www.brainmattersresearch.com



WHAT DO WE LEARN FROM COWS, HIPPOS AND ELEPHANTS?



It's impossible to reduce weight by eating green grass, salads, and walking.



► Other Doings (Continued from Page 2)...



Jay Alperin took this picture while on vacation in Canada.

It's a mini-library.





Board Meeting Notes

Our club's recent Board Meeting took place via Zoom on September 8th. Here are the notes:

I. Board Attendance: President-Elect Diane Colonna, Treasurer Bill Morse. Directors: Kelleher, Davidson, Pam; Krieg, Davidson, Joel; Sablo.

II. Foundation Attendance : Vice-President Treasurer Morse, Directors: Youngberg, PDavidson, Colonna.

III. Secretary's Report: Motion to approve Minutes of August 4, 2025 meeting: Motion made by Joel Davidson, seconded by Bill Morse. Motion approved unanimously.

IV. Financial Report: Account balances are as follows: -- Administration (Club) Account \$ 25,804 (includes funds received for Golf Tournament), --Foundation Account \$ 8,577. Bill stated that after this fiscal year the reports will on the same calendar (FY Oct 1 - Sept 30). Motion to accept the Financial Report: Motion made by Rich Pollack, seconded by Peggy Kelleher. Motion approved unanimously.

V. Old Business:

A. Story Trail . Joel Davidson reported that he met on August 15th with City Parks & Rec staff regarding the layout of the project. The books that were originally proposed are being changed to ones that are appropriate for 1st & 2nd graders. He also met with the printer and learned of a less expensive method of protecting the pages than lamination.

B. Education Breakfast. Ezra Krieg reported that the event was a success, and Kiwanis was well represented.

C. High Fives (first day of school). Rich Pollack stated that the event was fun, several Kiwanis members participated.

D. Pancakes, Pints, and Pigskins, November 16. 2025 at Finnegan's. Peggy Kelleher - Event preparations are coming along. Ezra explained an idea he had for board members to sell squares to friends and family, even if they don't plan on attending the event. They are continuing to seek additional sponsors.

E. Happy Hour. The last happy hour of the year will be September 18th.

F. Alternate Meeting Location. Ezra noted that the golf club will be available until December. We are pretty close to working out a deal with the Fairfield Inn on West Atlantic Avenue.

G. Key Club. Rich got in touch with the Key Club advisor for Atlantic High School. Their club is working on bringing their dues up to date.

H. Golf Tournament. Scott reported that there are 12 foursomes registered so far, and 15 sponsors. A total of 60 golfers is needed. They also need some additional raffle prizes.

I. Thanksgiving. Ezra said there will be a brief meeting after Wednesday's breakfast with members who want to participate in the Thanksgiving meal distribution. There are some logistical details to discuss.

J. Civic Education Program. This proposed program was brought to Ezra by a friend who is a Federal judge. It would be geared to high school students, giving them exposure to the court system. Ezra will follow up with the judge regarding our club's possible involvement.

K. Election Polling. Delray Kiwanis is on the list to participate in next year's elections. Ezra will find out what our club's role will be.

L. Delray Beach celebration of U.S. 250th birthday. Peggy investigated ways that Delray Kiwanis could participate in the City's celebration of the USA's 250th birthday. One idea is a sand sculpture contest similar to the one that used to be held on the beach as part of the City's July 4th event. This could be a joint activity with the Rotary Club.

M. Budget/Calendar of Events. Bill noted that the budget increased approximately \$5,000 over last year. Pam stated that the budget needs a separate line for dues, to clarify that the dues being paid by the club are being collected from members. Also, at this time of the year we need to verify which members are continuing into next year.

Otherwise we will be responsible for their dues to Kiwanis even if they stop attending and paying their club dues. Scott and Bill will get together and write an email asking all members if they are going to continue with their membership. Joel noted some discrepancies in the Calendar of Events, regarding Police Appreciation dates.

VI. New Business:

A. Food Drive . Ezra stated that Mike Salem wanted to organize another food drive, most likely to benefit Eat Better/Live Better again.

B. School Supply Drive. Peggy noted that schools sometimes have an urgent need for supplies, and bringing the request to the board is not always practical since we only meet once a month. In response to the latest request from Orchard View a purchase was made of paper towels and baby wipes from Costco. This purchase needs to be approved by the board. Motion by Peggy Kelleher to approve previous purchase of school supplies from Costco in the amount of \$200 for school supplies for Orchard View school. Seconded by Rich Pollack, approved unanimously.

There was additional discussion regarding the need to establish a process for funding of emergency items. Board members suggested that emergency purchases be allowed up to 5 times a year, for a maximum \$1,000 total for all purchases. Motion made by Ezra Krieg and seconded by Regina Sablo to allow up to 5 emergency purchases for schools per year, each no more than \$200 per purchase, for a maximum expenditure of \$1,000 per year. Motion passed unanimously. Rich said he would look into organizing a paper towel drive, perhaps in January.

C. Mini Grant Requests. Rich informed the board that club member Mike Salem had donated \$1,000 to our Kiwanis Foundation. A mini grant request had been submitted by the Angel Tree organization, which is seeking funds to purchase holiday gifts for children whose parents are incarcerated. Motion made by Ezra Krieg to approve a \$250 mini grant to Angel Tree, seconded by Regina Sablo, and passed unanimously. A second grant request was submitted by Hilltoppers, an organization that supports sports programs at Atlantic High School. Ezra suggested \$100, and Pam thought \$250 would be more appropriate. A list of the things the money is used for would be helpful. Ezra said he could provide that to the board. Motion made by Pam Davidson to approve a mini grant in the amount of \$250 for the Hilltoppers program, seconded by Joel Davidson, passed unanimously.

D. Delray in White event. This event is scheduled for December 3rd. They are asking Kiwanis to buy a table for \$400, and they will make us a recipient of the funds they raise (minimum of \$1,000). Participants decorate their tables and bring their own food. They would also like us to volunteer to assist with their other events, such as the annual car show. Motion made by Ezra Krieg to purchase a table for the Delray in White event; seconded by Peggy Kelleher, passed unanimously.

VII. Other.

A. Scott stated that board member Andrea (Andie) DeVoe has been nominated by Non Profits First for a Volunteer of the Year Award. They are having an awards event on October 9th. Board members will get together and discuss how Kiwanis can best acknowledge this honor.

B. Joel Davidson asked the board to approve Delray Kiwanis's application to Kiwanis International for a \$750 mini grant, to be used to purchase groceries for AVDA (Aid to Victims of Domestic Violence). Motion made by Ezra Krieg to approve the grant application, seconded by Scott Youngberg. Motion passed unanimously.

C. Joel Davidson again brought up the idea of having every member of the club pay additional dues in order to become Sustaining Members. Ezra was opposed to the idea because of the mandatory increase in fees. He thought it was working fine now with individuals deciding on their own whether or not to become Sustaining Members. There were no other opinions expressed regarding this issue.

Next Meeting: Monday, October 6, via Zoom.

KIWANIS CLUBS CHANGE LIVES
EVERY DAY

REMEMBER

DID YOU KNOW?

The First Rockets Date Back to 1232.

In the Middle Ages, China was a technology leader in explosives. Gunpowder was invented in China as early as the ninth century CE, and the Chinese were also the first to use it to propel weapons — the [earliest](#) known rockets.

During the Battle of Kai-Keng (also called the Siege of Kaifeng) in 1232, Jin dynasty soldiers [deployed simple, early rockets](#) — fire arrows propelled with gunpowder — to defend themselves against Mongol invaders. To launch the arrows, soldiers used a tube capped on one end and filled with gunpowder, then attached to a stick for stability — basically a large bottle rocket. Once the tube was ignited, the fire, smoke, and gas that escaped out the open end propelled the tube and the stick toward a target.



Soon after finding themselves on the receiving end of fire arrows, the Mongols started developing rockets of their own. The idea soon spread to Europe, and with a growing number of inventors experimenting with rocketry, the technology continued to develop.

Though the Chinese fire arrows are often cited as the first example of rocketry, some earlier inventions used the same basic principle. In ancient Greece, one inventor launched a wooden pigeon using steam as a propellant. Throughout the next several centuries, similar experiments followed, including in China, where chemists developed firecrackers and other fireworks.

.....Historyfacts.com

Membership

Carlene Laseter - Chairperson

Kiwanis Changes Lives



MAKE AN IMPACT

Ready to help children and families in your community? Ready to change the world? Kiwanis is ready for you! Altogether, more than 7,000 Kiwanis clubs make Kiwanians a powerful force for serving children and changing lives. Each club is an independent entity, with its own traditions and priorities.

WHO JOINS KIWANIS

Kiwanis club members believe in service. They care about children. They're interested in the community around them because the community matters to them.

They're people like you. Friends. Neighbors. Volunteers who want to make a difference. And they love to see the difference they make when they work together.

BENEFITS OF JOINING

Study after study shows that volunteering with an organization like Kiwanis does more than make people feel good. Volunteering enhances social networks, improves mental health and contributes to higher levels of happiness, self-esteem, self-worth and life satisfaction.

Volunteers develop life skills and leadership abilities that can lead to employment opportunities.

KIDS NEED KIWANIS

Kiwanis is the safety net that creates opportunities for children to be curious, safe and healthy regardless of the community in which they live.

Kiwanis is a positive influence in locations worldwide with a dream that all children will wake up in communities that believe in them, nurture them and provide the support they need to thrive.



Remember, This is The Formula:
Love being a Kiwanian. Love your club.
Share it with others. Live it.
Doing GoodFeeling Good!



©Paws, Inc. Jim Davis

PUBLIC SERVICE ANNOUNCEMENT

Ways to help and what to look out for when donating after a disaster

Disasters can happen anytime, anywhere and everyone should take steps to be prepared for the next potential disaster. Frequently, in the aftermath of a disaster, there is an uptick in scams directed at both survivors and people wanting to help.

There are many ways to help, but the easiest way is to make a monetary donation to a reputable charity of choice. Unfortunately, scammers solicit donations to fake charities and can pose as employees of legitimate charities or federal agencies to take advantage of disaster survivors and those trying to help.

Taxpayers donating money should keep a few things in mind:

- * Use the IRS [Tax Exempt Organization Search](#) tool to find or verify qualified charities. Donations to these real charities may be tax deductible.
- * Legitimate charities do not ask for gift cards, cash, or wire transfers.
- * Always get a receipt and keep a record of the donation.
- * Review bank and credit card statements closely to make sure donation amounts are accurate.

Things scammers may do:

- * Claim to work for the IRS or another government agency.
- * Pose as a representative of a legitimate charity to ask for money or private information from well-intentioned taxpayers.
- * May change their caller ID to make it appear they are a legitimate organization calling from a legitimate phone number.
- * Make vague and sentimental claims but give no specifics about how your donation will be used.
- * Set up bogus websites using names that sound like real charities.
- * Bogus organizations often claim a donation is tax deductible when it's not.

Disaster survivors should know:

Disaster survivors can call the IRS disaster assistance line at [866-562-5227](tel:866-562-5227). IRS representatives will answer questions about tax relief or disaster-related tax issues.

Donating to a charity is a great way to help others after a disaster or emergency. If taxpayers suspect a scam or fraud, they can report it to the [Federal Trade Commission](#).

Calendar Of Events

October 1-30 Food Drive for Eat Better Live Better - Bring Donations to our meetings

October 18 **Kiwanis "Swing for Kids"**
Golf Tournament - Indian Spring CC
1pm-5pm

November 16 .. **Pancakes, Pints & Pigskins**
Tim Finnegan's Irish Pub, 9:00 am
Miami Dolphins vs Wash Commanders

November 27 Thanksgiving Day Dinner deliveries.
Time & Place TBD

The closest I ever got
to a 4.0 in High School
was my blood alcohol content



Upcoming Meeting Programs

These are the scheduled Programs for our meetings at the Delray Golf Club (Subject to change):

10/1 Green Cars for Kids
10/8 DeVine's Big Sister Foundation (will need host)
10/15 Riptide Lacrosse
10/22 **POLICE APPRECIATION**
10/29 Rhonda Rodgers Foundation

11/5 Community Greening
11/12 Delray Beach Public Library
11/19 Swinton Community Garden Project
11/26 *Need Speaker*

12/3 *Need Speaker*
12/10 Osher Lifelong Learning
12/17 *Need speaker*
12/24 *Need Speaker*
12/31 New Year's Wishes

1/7 Child Rescue Coalition

Always looking for speakers if anyone has suggestions....

**Please contact Ezra Krieg at
954-260-8838 if you have
a program idea for our meetings.**



50/50 Winners:

Here are the holders of the "Winning Tickets" for last month:



September 3 - Doug Martin

September 10 - Peggy Kelleher

September 17 - Dave Randolph

September 24 - Steve Rubin

A Sad Story - Reflecting The Realities of Today's World

Brad lives in California. He was sick of the world, of Covid-19, of Trump, Russian belligerence, China, global warming, racial tensions, and the rest of the disturbing stories that occupy media headlines. In short, he was despondent.

Brad drove his car into his garage and then sealed every doorway and window as best he could. He got back into his car and wound down all the windows, selected his favorite radio station, started the car, and revved it to a slow idle. He simply couldn't take it anymore.

Two days later, a worried neighbor peered through his garage window and saw him in the car. She notified the emergency services and they broke in, pulling Brad from the car.

A little sip of water and, surprisingly, he was in perfect condition, but his Tesla had a dead battery.



1) Fact or Crap - The oldest team sport in history is Polo.

2) Fact or Crap - Butterflies have ears.

3) Fact or Crap - Ancient Egyptians made dice from bone.

4) Fact or Crap - When it was first launched the Walkman was called the Soundabout

5) Fact or Crap - The World record for most worms eaten in 30 seconds is 75.

6) Fact or Crap - Botts Dots is the condition a horse has when infected by a botfly

7) Fact or Crap - The name of the paint used on the Golden Gate Bridge is called "Sun Kissed"

(Answers on Page 10)

HUMAN AND SPIRITUAL VALUES

(One of the six Objects of Kiwanis)

"In times of rapid change, experience could be your worst enemy."

- J. Paul Getty



A physician, an engineer, and an attorney were discussing who among them belonged to the oldest of the three professions represented.

The physician said, "Remember, on the sixth day God took a rib from Adam and fashioned Eve, making him the first surgeon. Therefore, medicine is the oldest profession."

The engineer replied, "But, before that, God created the heavens and earth from chaos and confusion, and thus he was the first engineer. Therefore, engineering is an older profession than medicine."

Then, the lawyer spoke up. "Yes," he said, "But who do you think created all of the chaos and confusion?"

HEALTHY LIVING TIP



Easy Houseplants That Anyone Can Grow

Houseplants can bring joy and nature to every corner of your home. Even if you don't consider yourself someone with a green thumb, this list of easy houseplants can help get you started. They are low-maintenance. Perfect for those of us who have killed a few too many plants in the past! Here are some of the easiest houseplants that anyone can grow:

- Monstera
- Sansevieria a.k.a. snake plant
- ZZ plant
- Spider plant
- Heart-leafed philodendron
- Dracaena
- Ponytail palm
- Pothos

Most of these plants are easy to care for because they tolerate watering and light conditions. Some are fine in indirect or low-light situations, while some prefer a sunny corner. Research each one to see which ones will fit into your home.



Kiwanis
Delray Beach

2025

43rd Annual

"Swing For Kids" Charity Golf Classic

Benefiting Achievement Centers for Children & Families
and Delray Beach Kiwanis Foundation

Saturday, October 18, 2025
1:00 pm to 5:00 pm

Scramble, best ball format, Shotgun start

The day features 18 holes of golf,
complimentary food and
refreshments with Amazing silent
Auction, raffle prizes and contests.



INDIAN SPRING
COUNTRY CLUB

11501 El Clair Ranch Rd.
Boynton Beach, FL
561-737-5544



CALL US FOR MORE INFORMATION
954-288-7201

Online Registration at
KIWANIS-SWINGFORKIDS.COM

Please Note: Even though the event is just 18 days away, we need to continue signing up Sponsors, Golfers and get Raffle Prizes.

We Need Everyone's Help!

To date, We have 15 hole sponsors and 14 teams signed up. We need at least 18 sponsors & 18 teams. For more information and If you are playing, sponsoring or both, You can register now on-line by going to:

<http://www.kiwanis-swingforkids.com/>

We can accept credit cards on our website, so please keep that in mind.

It will be a FUN event and will ultimately benefit the children and other projects in our area.



Krieg's Korner

As a regular feature of our weekly meetings, **Ezra Krieg** brings us up to date with what happened on **"This Date in History"**. Here are a few interesting items from the past month:



September 3:

1783, representatives of the United States and Britain signed the Treaty of Paris, which officially ended the Revolutionary War and recognized U.S. sovereignty.
1894, the United States celebrated the first federal Labor Day holiday.
1935, Sir Malcolm Campbell became the first person to drive an automobile more than 300 mph (480 kph), speeding across the Bonneville Salt Flats in Utah.
1939, Britain, France, Australia and New Zealand declared war on Germany, two days after the Nazi invasion of Poland; in a radio address, Britain's King George VI said, "With God's help, we shall prevail."
1976, America's Viking 2 lander touched down on Mars to take the first close-up, color photographs of the red planet's surface.
2019, Walmart said it would stop selling ammunition for handguns and short-barrel rifles, and the store chain requested that customers not openly carry firearms in its stores; the announcement followed a shooting at a Walmart store in Texas that left 22 people dead.

Birthdays:

Singer-musician Al Jardine (The Beach Boys) is 82.
Actor Valerie Perrine is 82.
Actor Charlie Sheen is 60.
Olympic gold medal snowboarder Shaun White is 39.

September 10:

1608, John Smith was elected president of the Jamestown colony council in Virginia.
1846, Elias Howe received a patent for his sewing machine.
1960, running barefoot, Abebe Bikila of Ethiopia won the Olympic marathon in Rome, becoming the first Black African to win Olympic gold.
1960, Hurricane Donna, a dangerous Category 4 storm blamed for 364 deaths, struck the Florida Keys.
1987, Pope John Paul II arrived in Miami, where he was welcomed by President Ronald Reagan and first lady Nancy Reagan as he began a 10-day tour of the United States.
1991, the Senate Judiciary Committee opened hearings on the nomination of Clarence Thomas to the U.S. Supreme Court. The proceedings would become a watershed moment in the discussion of sexual harassment when Anita Hill, a law professor who had previously worked under Thomas, came forward with allegations against him.
2008, the Large Hadron Collider at the European Organization for Nuclear Research (CERN) was powered up for the first time, successfully firing the first beam of protons through its 17-mile (27-kilometer) underground ring tunnel.
2022, King Charles III was officially proclaimed Britain's monarch in a pomp-filled ceremony two days after the death of his mother, Queen Elizabeth II.

Birthdays:

Singer José Feliciano is 80.
Political commentator Bill O'Reilly is 76.
Rock musician Joe Perry (Aerosmith) is 75.
Actor Amy Irving is 72.
Actor Colin Firth is 65.
Film director Guy Ritchie is 57.

September 17:

1787, the Constitution of the United States was completed and signed by a majority of delegates attending the Constitutional Convention in Philadelphia.
1908, Lt. Thomas E. Selfridge of the U.S. Army Signal Corps became the first person to die in the crash of a powered aircraft, the Wright Flyer, at Fort Myer, Virginia, just outside Washington, D.C. The pilot, Orville Wright, was seriously injured but survived.
1944, during World War II, Allied paratroopers launched Operation Market Garden, landing behind German lines in the Netherlands.
1978, after 12 days of meetings at the U.S. presidential retreat of Camp David, Egyptian President Anwar Sadat and Israeli Prime Minister Menachem Begin (men-AH'-kem BAY'-gihn) signed the Camp David Accords, a framework for a peace treaty.
2001, six days after 9/11, stock prices nosedived but stopped short of collapse in an emotional, flag-waving reopening of Wall Street.
2011, a demonstration calling itself Occupy Wall Street began in New York, prompting similar protests around the U.S. and the world.

Birthdays:

Sen. Chuck Grassley, R-Iowa, is 92.
Basketball Hall of Fame coach Phil Jackson is 80.
Cassandra Peterson ("Elvira, Mistress of the Dark") is 74.
NASCAR driver Jimmie Johnson is 50.
NHL forward Alexander Ovechkin (oh-VECH'-kin) is 40.
NFL quarterback Patrick Mahomes is 30.

September 24:

1789, President George Washington signed a Judiciary Act establishing America's federal court system and creating the post of attorney general.
1869, thousands of businessmen were ruined in a Wall Street panic known as "Black Friday" after financiers Jay Gould and James Fisk attempted to corner the gold market.
1906, President Theodore Roosevelt established Devil's Tower in Wyoming as the first U.S. national monument.
1960, the USS Enterprise, the first nuclear-powered aircraft carrier, was launched at Newport News, Virginia.
1968, the TV news magazine "60 Minutes" premiered on CBS.
1988, Jackie Joyner-Kersey won gold and set a world record in the women's heptathlon at the Summer Olympics in Seoul.
2017, more than 200 NFL players kneeled or sat during the national anthem after President Donald Trump criticized the players' protests in a speech and a series of tweets.
2022, Russian forces launched new strikes on Ukrainian cities as Kremlin-orchestrated votes took place in occupied regions of Ukraine to create a pretext for their annexation by Moscow.

Birthdays:

Actor Gordon Clapp is 77.
Actor Kevin Sorbo is 67.
TV personality Ross Matthews is 46.
Olympic gold medal gymnast Paul Hamm is 43.

AND....."If you're sitting in a bar this afternoon, like Jay and his friends will be doing and Football Hall of Famer Joe Greene joins us, we hope that you will buy him a "Mean Joe" drink, as he is 79 years old today.

Ever Wonder ?



... Why can't women put on mascara with their mouth closed?

... Why don't you ever see the headline 'Psychic Wins Lottery'?

... Why isn't there mouse-flavored cat food?

... How do you know when you're out of invisible ink?

... If your car could travel at the speed of light, would the headlights still work?

... If women do the same job for less money, why do companies hire men to do the same job for more money?

... If you are cross-eyed and have dyslexia, can you read all right?

... If your legs bent the other way, what would a chair look like?

My Kid: I feel like you're always making up rules and stuff.

Me: Like what?

My Kid: Like if I don't clean my room a portal will open and take me to another dimension.

Me: Well that's what happened to your older brother.

My Kid: What older brother?

Me: Exactly.

Back By Popular Demand.....

Here Comes "Little Johnny"

Teacher: "If I gave you 2 cats and another 2 cats and another 2, how many would you have?"

Johnny: "Seven."

Teacher: "No, listen carefully... If I gave you two cats, and another two cats

and another two, how many would you have?"

Johnny: "Seven."

Teacher: "Let me put it to you differently. If I gave you two apples, and another two apples and another two, how many would you have?"

Johnny: "Six."

Teacher: "Good. Now if I gave you two cats, and another two cats and another two, how many would you have?"

Johnny: "Seven!"

Teacher: "Johnny, where in the heck do you get seven from?!"

Johnny: "Because I've already got a freaking cat!"

If you have something for the newsletter,
please send it to Scott Youngberg via E-mail:
esysy@att.net — Thank you

Kids' safety is
in your hands.

YOUTH
PROTECTION
GUIDELINES

Youth Protection Policies in Practice

<https://vimeo.com/863372175>

Visit our Website:
delraybeachkiwanis.org



Instagram



Like us on
Facebook



Follow us
on Twitter
@clubdelray



Answers.....

- 1) Fact - although an actual date can not be pinpointed it is believed to have originated in Persia and then spread to Tibet, China and Japan. Warriors played polo as a form of war training.
- 2) Fact - night butterflies (and moths) have ears on their wings. They are used to help elude bats.
- 3) Fact - Dice was also made from ivory and stone.
- 4) Fact - it was introduced in the USA as such and the English market as the Stowaway.
- 5) Crap - its 94. In October of 2000 Mark Hogg ate that many on Regis Philbin's show.
- 6) Crap - Botts dots are actually those raised markers you see on the highway to help keep you in your lane at night.
- 7) Crap - its called International Orange

This Month's Sudoku Puzzle....



A sudoku puzzle is a grid of 9 by 9 squares that has been divided into 9 smaller regions of 3 by 3 squares. The goal is to write the numbers 1 through 9 in the squares so:

- Each horizontal row has every number only once.
- Each vertical column has every number only once.
- Each 3 by 3 region has every number only once.

Difficulty– Very Hard. Be sure to use a pencil!

			7					
					1		5	3
3	6		9				8	4
	2	5		7		3		8
		6				1		
1		8		2		5	4	
6	9				5		1	7
2	8		4					
					7			

(Answers on Page 11)

The Delray Beach Kiwanis Club was Chartered in 1973 as the Kiwanis Club of Delray Beach-Sunrise and is operating in Division 21 of the Florida District.

Club Mailing Address: PO Box 7083, Delray Beach, FL 33482

2025-2026 Kiwanis Int'l President:

Michael Mulhau
Interlaken, NJ

2025-2026 Florida Kiwanis Governor:

Tommy Mills
850-320-5582

2025-2026 Division 21 Lt. Governor:

David Freeburn
Email: freeburnd@gmail.com

Other Division 21 Clubs:

Boca Raton-1st & 3rd Thursdays, 5 p.m.
Boca Raton Community Center Annex
260 Crawford Blvd, Boca Raton

West Boca Raton- 1st Friday, 1 pm.
Glades Road Branch Library
20701 95th Ave S, Boca Raton

Boynton Beach - 1st & 3rd Tuesdays, 8 am
2nd & 4th Tuesdays, 12 noon
Crackerbarrel, 1475 SW 8th St, Boynton Beach

Hypoluxo-Lantana - Tuesdays, 7:00 a.m.
Maddock Park, 1200 West Drew Street, Lantana

Florida Kiwanis Foundation:

2025-2026 President: David Roth
Email: DavidRoth@keyes.com

Div. 21 Trustee: Joel Davidson
E-mail: jid310@gmail.com

You + Kiwanis =
Improved
Lives & communities.

Sudoku Puzzle....Answers

8	5	2	7	3	4	6	9	1
7	4	9	8	6	1	2	5	3
3	6	1	9	5	2	7	8	4
4	2	5	1	7	9	3	6	8
9	3	6	5	4	8	1	7	2
1	7	8	6	2	3	5	4	9
6	9	3	2	8	5	4	1	7
2	8	7	4	1	6	9	3	5
5	1	4	3	9	7	8	2	6

Grants have global impact

Clubs on three continents got help with ambitious community projects.

By Erin Chandler



Kiwanis Children's Fund grants are helping clubs all over the world achieve big things for their communities. Below, read about Kiwanis clubs in Asia, Africa and South America that have taken on ambitious projects to support the Kiwanis causes of health and nutrition, education and literacy, and youth leadership development.

Tampa Springs Water Project

Kiwanis Club of Mombasa, Kenya

The Kiwanis Club of Mombasa serves an area where 41,720 households had no reliable source of water. In partnership with the [Asali Project](#), the club already has overseen the installation of a submersible pump and a building to house it, but club members still undertake most of the distribution efforts themselves. They carry water either in small carts or 20-liter jerricans to area schools and hospitals. A Children's Fund grant will help purchase and maintain a water truck with a pump that will deliver water to eight hospitals, one clinic, four dispensaries, four secondary schools and 18 primary schools. Reliable access to clean water for drinking and sanitation will improve the health, school performance and self-esteem of over 60,000 children and spur economic growth in the area.

Strengthening Kiwanis Doña Julia Kindergarten

Kiwanis Sultana del Valle Club Foundation, Colombia

In cooperation with local universities and the community action board, the Kiwanis Club of La Sultana del Valle has increased the capacity of Doña Julia Kindergarten from 40 to 80 students by reconstructing classrooms, a kitchen and other facilities. A Kiwanis Children's Fund grant will help with the next phase of the project: purchasing furniture, kitchen equipment and technology. The school will focus on providing education, nutrition and recreation to vulnerable children in the rural area of Cali. In partnership with universities, it will also offer programs on topics like mental health and healthy habits.

Green Generation Adventure Camp 2025

Kiwanis Club of Klang, Malaysia

In 2024, the popularity of the Kiwanis Club of Klang's first Green Generation Adventure Camp took club members by surprise — and they want to keep it going. The three-day camp guides 150 young people on the path to becoming the next generation of leaders in environmental stewardship, climate action and sustainable agriculture. Campers participate in interactive, educational workshops and activities on a farm in Malaysia's tropical forest. In 2025, a Kiwanis Children's Fund grant will help cover participation and transportation costs for kids from low-income families, especially those in urban areas who might not otherwise have the opportunity to take part in farming or forest hikes. Grant funds also will help cover the camp's supplies, food and lodging, activity costs and program facilitators.

How you can help

The Kiwanis Children's Fund makes grants that improve the lives of children around the world by identifying projects that create a continuum of impact in a child's life — one that spans their entire childhood and sets them up for a bright future. Through The Possibility Project, the Children's Fund ensures that its grantmaking has the greatest possible impact, supporting projects that target the Kiwanis causes — health and nutrition, education and literacy, and youth leadership development — whether through a Kiwanis club's local service project or a club's partner.



From Our Photographer's Camera.....

Our Trusty photographer and a helper or two giving us some great memories from recent meetings and events. ENJOY!

