

# Bulletin

# March 11<sup>th</sup>, 2021 Meeting

#### **Presiding:**

President Robert Husman, called the meeting to order at 7:06am.

Pledge: Key Club member Keziah

Prayer: Marty Villa

#### **Guests:**

Mrs. Prakash
Isabella Mendoza D-46 North Kiwanis outreach chair.
Keziah Enoch VP
Selena Little, Vanguard Secretary Elect
Eulalia Borba VP Vanguard (and Pres Elect)
Mariana Arella
Marie Cadz
Maria Rosroio

Dr. Jim Kooler, speaker

#### **Announcements:**

Longtime member Gary Vukich is currently in Memorial Hospital recovering from COVID and a Staff infection. Please keep Gary in your thoughts and prayers. Members noted he is taking calls and would like to hear from you. His number is (209) 495-9070.

PO Box 473, Modesto, CA 95353 website: NorthModestoKiwanis.org



The Modesto Kiwanis Club is holding their annual Crab & Cioppino Fundraiser Dinner on Saturday March 20th The drive-thru pick-up is from 4pm-7pm at the Graffiti Classic Car Museum, 610 9th street, Modesto. Tickets are \$50 each and include automatic entry into a 50/50 drawing. Please call Jeremiah Williams for tickets or more info. (209) 568-3096. Delicious!

Love Modesto is scheduled for April 24, 2021. They have a large variety of community service projects. At last week's meeting Jeremiah suggested that we could join with Modesto Kiwanis Club in their project to Beautify McHenry Ave. To review projects go to <a href="https://www.lovemodesto.com/communityservice">https://www.lovemodesto.com/communityservice</a>

Please let us know if you have any other ideas for a new or existing project. All projects are designed to be COVID restriction compliant.

Sierra Vista will be doing a Volunteer Mentoring Orientation March 16th at 6:00pm, via Zoom.

Modesto Gospel Mission is in need of travel size toiletries (shampoo, soap etc.). Please call Ken Darby (209) 606-7801 and he can arrange for a pick-up, or you can deliver directly to the Gospel Mission at 1400 Yosemite, Blvd, Modesto. Thank you.

Judy encouraged everyone to do a short (one minute or less) video on our great NMK club... and why someone should join. She will post them on our new facebook page. You just need a smart phone with a camera to record yourself...or call Jeremiah Williams, (209) 568-3096 who has volunteered to help arrange for a video shoot. Welcome to Hollywood! As a side note Judy thanked the few members who have already done a great job recording a video message, however she did mention that none of our women club members have submitted a video yet. Let's change that!

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President Husman announced that the June 2021 American Graffiti Car Show and Festival has temporarily been put on hold due to COVID. Ad hock committee members are looking at optional future dates.

The collectable covid addition NMK 2020 Graffiti Carshow T-Shirts are still available for sale, \$40, in Large, XLarge and 2X. The short sleeve shirts can be picked up at i2 Prints, 1408 N. Carpenter Ave, Modesto, (209) 529-8000. Get some for yourself, family and friends! The t-shirts sales serve as one of our important fundraising projects.

If you want a cool, stylish, washable facemask, be sure and get one from NMK. President Husman has a supply, please contact him for details.

Please be sure and pay your NMK dues ASAP, if you haven' already. The statements were sent out a few months ago, even including a return envelope.

Lori reported that the International Kiwanis Convention, that was scheduled for June in Salt Lake City, has been cancelled due to COVID. The next DCM will be March 25, 2021 and the Lt Governor candidates will be there.

#### **Volunteer Efforts:**

President Roberts weekly question: What has anybody done for the community?

Larry Hughes gathered 12 years' worth of toiletries, from traveling for work, and donated two huge bags to the Gospel Mission. These will be much appreciated.

Loren Suelzle did his video for the website, yea. Plus he warned the group of a scam. People going door to door wearing AT&T shirts, and are trying to convince people to switch to another

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service for a better deal. Beware and be sure to check credentials of anyone going door to door, before giving them any information.

Dirk Paintedman was driving down Carpenter, when he noticed a bag on the bumper of the truck in front of him. He convinced the truck to pull over and gave the driver the bag, which was full of saw blades and other work equipment. The driver was very happy.

Speaking of the road, Kevin Scott was really helpful when he noticed a woman in distress on the side of the road with a flat tire. He pulled over and put air in the tire with his portable air filler.

## **Birthdays:**

Today is actually Doug Van Den Enden's birthday. So sorry he wasn't on the call to hear the terrific birthday song, everyone was ready to sing.

# **Wedding Anniversaries:**

Phil Fugit celebrated his wedding anniversary on March 6th.

Sabine Saso's wedding anniversary was on March 8th.

#### Membership anniversaries.

This was a good week in NMK history: Larry Robinson March 7, 1968; Jim Perez, March 7, 1990 and Troy Wright, March 9, 2004.

#### Happy/Sad Bucks:

John Erro's daughter turned one year old today.

Key Club Members Isabella and Mariana have both been accepted to the University of San Francisco. Now they have several colleges to select from. Outstanding!

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## Program:



Ken Darby introduced his cousin, Dr. Jim Kooler asst. deputy director of behavioral health for the Calif. Dept of Health Services, of CalHOPE as our speaker.

CalHOPE delivers crisis support for communities impacted by a national disaster. This is a Crisis Counseling Assistance and Training Program funded by the Federal Emergency Management Agency, (FEMA) and run by the California Department of Health Care Services. FEMA provided \$70M to fund an eight month COVID specific program in California. The program ends August 8th and they hope to have the funds and date extended, to meet the growing needs.

CalHOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services. During this unprecedented time, it can become very stressful and isolating. Stress can be toxic.

They offer four steps to address people's needs and concerns. First, they are running TV ads to direct people to the CalHOPE website. They have also teamed up with the SF 49er's and Kings Hockey to include players and coaches in the advertisements with their health and wellness messages. Dr. Kooler showed a Public Service Announcement that is airing on TV, Hope Lives Here in California. Secondly, they have developed a website that lists all of their services, stress free tips, tools for self-help and updated information on COVID. Third, they offer a 'warm call line'. People can call in and talk with volunteers who are going through the same experiences. Forth, they offer a more in-depth program that provides certified counsels to put together individual plans for people to feel better. Each person gets seven sessions for free. They have over 550 counsels around the state.

Dr. Kooler reenforced that they give support in a caring and inclusive manner; connect with people, communities, volunteers, and partner organizations; provide opportunity to recover and improve; strengthen communities with knowledge, tools, and resources.

CalHopes contact information: <a href="www.CalHopes.com">www.CalHopes.com</a>; (833) 317-4673; <a href="calhopes@dhcs.ca.gov">calhopes@dhcs.ca.gov</a>

website: NorthModestoKiwanis.org



# Adjourn:

Remember: We are the people who make change in the community. President Husman adjourned the meeting at 8:04 am.

# **Upcoming Programs:**

March 18, League of Women Voters.

**President**: Robert Husman Vice President: Aaron Kellums 2<sup>nd</sup> Vice president: Jim Graham

**Secretary:** Lori Rosman Treasurer: Jim Felt

#### **Board Members:**

**2019-2021** – Laura Maki, Brian Sanders, Gary Wasmund, Bob Riedel **2020-2022** – Troy Wright, Loren Suelzle, AJ Figueroa, Ana Kanbara

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