



BULLETIN

October 30th, 2025

Today's Meeting Summary

Led by Karen Bettencourt for President Brian Sanders

Meeting began at 7:05

Song: Charlie Cristensen

Pledge: Jim Felt

Prayer: Larry Hughes

Guests:

Jeremiah hosted Dennis who is a potential member

Jeremiah also hosted Eugene from the Flex-Rotary Modesto club.

Selena Little.

On Zoom:

Anna Kanbara, Doug Tripp, Gary Zimmerman

Announcements

Breakfast with Santa, December 6th. Everything is a go. Lori is handing out ticket envelopes. Get them sold or buy them and donate back. Ho, ho, ho!

Embrace grace, a group went to a baby shower for a mom.

Jeremiah Nov 11th. Veterans Day Parade on I street to Gallo Center, 10:30am. 80th anniversary of the end of World War II.

Eugene, our guest who is the founder of Flexrotary Modesto wants us to know that there is an event for us to help with. Next year in March.

Brent. Just remember, the only vacations you can have next June are at Graffiti Festival right here in Modesto!

Cindy Baur is opening Learning to Breathe Therapy. Saturday at 1pm. Coffee Road. Especially import in light of our program today.

Interclubs

New Interclub chair Adrian Crane says we will have a sign up sheet for our first interclub, next week.

Social -Randy Cook

Good Morning!

- Oak Farms Wine Day on October 25th went really well. Next year Rombar in Plymouth.
- November 21st. Friendsgiving, at Randy Cooks Man Cave. Signup sheet will be available soon. Hosted by Laura Maki.
- Dec 6th Breakfast with Santa
- Dec 10th gift wrapping at the man cave.
- Dec 13th basket distribution.
- Dec 18th Our Christmas meeting will also be joint with rotary.

Birthdays

10/24 Anna Kanbara, present on zoom, had dinner with family and turned 40.

10/25 Bob Gowan

10/27 Joeseph Cosgrove

10/29 Jim Perez,

10/29 Suzi Powers

Wedding Anniversaries

Abbie and Harrison Power 10/10.

Member Anniversaries

Aaron Kellums 10/?

John Erro 10/3

Happy/ Sad Bucks

Fantasy football; Brent is 6 and 2. Charlie is 7 and 1

Susan Walbridge. Sad to have missed meetings. Had a trip to Madrid for the CIEE conference. And she has a new grandchild.

Charlie. Wife and son in law were out of town so a Happy 10!!!! Charlie then explained he was happy because he go to go to a nice dinner with his daughter and also enjoy homecoming kids from Mod high.

Gary Goodman. Happy for the Celebration of Life for skippers sister Jennifer. Great turnout. Kids who she taught were there. Great memories of Jennifer. Then they lost skipper for a while!

Jim Felt. Trip to Tennessee. Bowling Green, Corvette museum. Skywalk at smoky mountains. Backstage Opry tour. Great trip.

Adrian. Sad for his getting run over by an Ebike and happy for a recovery hike on a Spanish Camino.

Dirk. Happy buck that he gets to go organic meat shopping. I think he means hunting.

Loren. Missed a couple meetings. But happy since perfect attendance can be made up by other meetings. Loren has 42 years of perfect attendance and does not want to break his streak.

Karen Bettencourt. She is turning 65. Did not state if that is happy or sad. Did say she is very happy for Cindy Felt's help with all that insurance stuff!

Program

Scott Kuykendall from Stanislaus County Office of Education presented.

Scott commended us on being a committed group to be up for sunrise meetings.

SCOE is emphasizing Student attendance.

Their campaign is. 'Every day counts'.

After Covid work is needed to increase attendance

A 1 percent improvement translates to \$17m additional dollars in school funds.

We have crisis of student mental health.

The book 'The anxious generation' describes the problem.

There was a surge of anxiety from 2010 to 2015 and it is continuing. It is worse for girls.

At issue is the use of screens and social media and the loss of human interaction.

Emergency visits for self harm among 10-14 year olds increased almost 100%

Suicide rates for 10-14 year old increased almost 100 %

Never have humans adopted changes so quickly.

Play based vs phone based childhoods.

We are over protected in the real world and under protecting in the digital world.

What can parents do.

No screens till 3 years old.

No smart phone till 14. 'Bricks' are available that allow talk and text only.

No social media till 16.

If already on social media, they need monitoring,

No phone use in the bedroom.

They should expect no privacy online.

Let kids out of sight in the real world. Let them walk a few blocks. Let them play. They will develop self reliance and interpersonal skills.

The Outdoors is great. Camping, foothill horizons.

Developing brains are very flexible and being brought up in a digital world is not good.

Ticket Draw.

For the Marble: Ken Darby; drew a white.

Lunch money: Skipper

Meeting adjourned: 8:02am

2025-2026 Officers, Board, Committee Heads, and Event Chairs			
OFFICERS		BOARD of DIRECTORS	
President	Brian Sanders	2024-2026	Gary Goodman, Kristina Hansen, Jennifer Mullen, Susan Powers
1st Vice President	Karen Bettencourt		
2nd Vice President	Doug Tripp	2025-2027	Jim Felt, Andrew Hendricks, Ana Kanbara, Harrison Power
Past President	Laura Weiss		
Secretary	Lori Rosman		
Treasurer	Ana Little		
COMMITTEES			
Community Services		Nan Jacobs	
Young Children Priority One		Karen Bettencourt, Ana Kanbara	
Youth Services		Aaron Kellums, Channa Kang	
Sponsored Youth		1. Enochs - Ana Kanbara 2. Vanguard Key Club/Builders Club - Ken Nolte 3. Beyer – Ken Nolte 4. Modesto - Channa Kang 5. Johansen – Andrew Cabrera 6. Downey - INACTIVE 7. Davis - Ana Kanbara 8. Gregori - Nan Jacobs	
Aktion Club of Stanislaus County		Channa Kang	
Interclub		Adrian Crane	
Spiritual Aims		Marty Villa	
Scholarship Committee		George Bairey, Judy Herrero, Brian Sanders	
Social Committee		Randy Cook	
Program Chairs		Harrison Power, Abby Power, Curtis Martin	
Webmaster		Adrian Crane	
Fiscal Oversight		Jim Graham, Loren Suelzle, Mark Dunker	
Sunshine/Cards		Judy Herrero	
Insurance Commissioner		Robert Husman	
Bulletin		Judy, Curtis, Channa, Kristina, Adrian	
FUNDRAISING AND EVENT CHAIRS			
Graffiti		Brent Burnside, Charlie Christensen	
Christmas Baskets		Marty Villa	
Breakfast with Santa		Jennifer Mullen	
Love Modesto		Jennifer Mullen, Robert West	