



# Changing Times

Changing the World Through Service, Friendship & Fun

Meetings at Alpha Charlies, 4<sup>th</sup> Tuesday, 6pm

October 5, 2021 Installation Dinner

## 2021-2022 Kiwanis Club of Southeast Metro Denver

Melissa Schupp	President
Gail Coombs	President Elect
Robert Medley	Treasurer
Lizzie Coombs	Secretary
Keith Schupp	Director
Kathy Medley	Director
Michael Cates	Director

Mary Forhan	Newsletter
Mary Forhan	Club History

### Committee Heads

Pints & Pinots – 2<sup>nd</sup> Wind Fundraiser

Gail & Lizzie Coombs -May 2022

Colorado Feeding Kids

Dave Rich

Sweet Dream in a Bag

Kathy & Robert Medley

Shiloh House

Keith and Melissa Schupp

Help and Hope

Keith and Melissa Schupp

Kiwanis One Day – Gail Coombs

Elephant Rock & Ride– Gail Coombs

Gun Training & Fun– Robert Medley

Summer Picnic

Lizzie Coombs & Kathy Medley

Mix and Mingle – Rosy Olivares

Website

Melissa Schupp & Robert Medley

Parker Days – Mel & Keith Schupp,

Robert & Kathy Medley, Deb

Sundquist

Centerplate -Keith & Mel Schupp

### Websites

KiwanisInternational <http://Kiwanis.org>

Kiwanis Rocky Mountain District

<https://www.rmdkiwanis.com/>

Kiwanis DTC and SEMD

[Kiwanissemd.org](http://Kiwanissemd.org)

[kiwanisdtcsem.org](http://kiwanisdtcsem.org) (Coming soon-

**NEXT MEETING DATE WILL BE TUESDAY, October 28, 6PM.**

Together we can change the world, one child and one community at a time.

### From the Desk of President Melissa Schupp

Hi All,

What an incredible night we had for our installation dinner! I hope you had as much fun as I did. For those of you that were not able to attend, the Lt. Governor Andrea Weule, installed the board for the 2021-2022 year. We also welcomed new members Suzanne Bell and Cindy Jamison. Hopefully, at our meeting on October 26<sup>th</sup>, we will be welcoming two more new members; Ron Jamison and Melissa Biok. I am grateful for having an amazing group of people in our club. We have so much to be proud of for what we have accomplished over the last year. I can't wait to see what the future holds for our club. We have some amazing opportunities for the coming year. We will be gearing up for the Pints and Pinots event on May 12, 2022. Let's get the buzz started by talking about it with your friends, family, and co-workers. I look forward to teaming up with the Aurora and South Denver Club to help each other with volunteering opportunities. The Elephant Race and Peaches were a hit and we plan to do them again in 2022.

One thing I forgot to mention, I will be sending out the marketing video that the Rocky Mountain District has put together to help increase membership. Thank you Lizzy Coombs for being the Champion for this project.

Also, thank you all for the Kiwanian of the Year award. I was so surprised and moved. I can think of a handful of members that also deserved this award.

I appreciate all of you!

**Best Regards,**

Mel

Like our page on Facebook.  
Students needed for Key Leader = see below.

## Installation Dinner - October 5



Past Board of Directors 2020-2021 Thanked and Recognized (Michael Cates, Keith Schupp, Melissa Schupp, Gail Coombs, Melissa Coombs, Kathy Medley, Robert Medley)  
New Board of Directors 2021-2022 Installed by Lt. Governor Andrea Weule (Dave Rich, Keith Schupp, Melissa Schupp, Gail Coombs, Lizzie Coombs, Kathy Medley, Robert Medley)  
President – Melissa Schupp, Vice President – Gail Coombs, Secretary – Lizzie Coombs, Treasurer – Robert Medley, Directors – Dave Rich, Keith Schupp, Kathy Medley (Outgoing Director - Michael Cates)



Dinner is served – Yummy Italian meals at Cranelli's Italian Restaurant, Lone Tree







Installing Officers and Directors = Congratulations!



Kiwanian of the Year – Melissa Schupp    New Members – Suzanne Bell, Cindy Jamison    President Gift to Club Members- Kiwanis Water Bottle

## August 24 Fun and Games Meeting with Guest of Honor Bert West.





## Service – Volunteers Needed

### Clothes to Kids of Denver

Volunteers needed Saturday, October 9, 10-Noon

**Kiwanis One Day** – Treat Street 10:30-1:30 or 1:30-4:15

Arapahoe County Fairgrounds, Aurora

Let Gail know if you can do this. Then sign up online.

### Shiloh House

#### **Help and Hope**

Food Packing – November 8, 6-7pm

December 6, 6-7pm

Let Melissa know if you can volunteer



### **Pints and Pinots**

Mark your calendar for May 12 – This is an all hands-on-deck event, so all members will be needed to make this exciting fundraiser for Second Wind suicide prevention a success.

### Volunteers Needed

Head up Adopt a Family for Christmas, Ronald McDonald House, Brent's House, Clothes to Kids, Key Leader chaperones, reading to kids at local libraries, and Beyond the Walls. Please let Melissa Schupp know if you wish to champion any of the volunteer activities.

Beyond the Walls at Shiloh House - Beyond the Walls joins the services provided by Shiloh House to complete the continuum of support for youth ages 16-26 as they become successful, productive young adult members of their local communities. Beyond the Walls creates a seamless tapestry of support for young people as they transition from out of home care to independence. Through a vibrant Community Resource Network young people link to resources and mentors which provide life skills, learning opportunities and tools to help every young person achieve their goals for the future.

## Mix & Mingle Monthly Event

The August event was Happy Hour at 5 on August 12 at the View House in Centennial. Rosy has taken on the role of Mix & Mingle Coordinator. Please respond to her if you are able to make any event or have suggestions on places to meet. [rosy\\_olivares@hotmail.com](mailto:rosy_olivares@hotmail.com)



## Volunteering and Service– Past Events

### Service

#### Second Wind

Volunteering at Second Wind 5k - September 25 - So far Second Wind has raised over \$72k at their 5k. Did you know that \$1000 can save a child's life from suicide? The need is great. At the end of the race they release doves in memory of loved ones lost to suicide.





### Clothes to Kids of Denver

Volunteers needed Saturday, October 9, 10-Noon



Our first time volunteering for Clothes to Kids of Denver was be on Saturday, June 12, 9am-noon. The next event is scheduled for October 9. Watch for more information. Volunteers for this event were: Rosy, Mel, Sarah, Bob, Deb & Shavon. Contact Mel Schupp if you would like to volunteer for the next event. We are limited to 6 volunteers. CTKD provides hundreds of free school wardrobes each month to students from low-income or in-crisis families and has built a strong reputation among schools, human service agencies, shelters, hospitals, clinics and faith communities across the Denver Metro Area, which have come to rely on CTKD to meet the clothing needs of students from low-income families.

### Shiloh House

Rosy and Mel made Mexican food for the kids on July, 7<sup>th</sup>. Rosy and Mel have also volunteered for August. Please contact Mel Schupp if you would like to volunteer to prepare a meal in October. Remember to give your receipts to Robert Medley, our Treasurer, so that he can reimburse you.

### Help and Hope

**September 23** – Packed over 150 food bags for kids



**October 4** – stocking food (having fun and getting silly)





## Fundraising Peach Sales



## Donations Needed

- Children's books K-7<sup>th</sup> Grade
- Clothes for Shiloh House Beyond the Walls – appropriate for 16-27 year old men and women to wear for interviewing (jeans, khaki pants, dress pants, skirts, nice tops, ties, dresses and shoes).

## Past Interview with Kathy Medley



### 1. When did you join Kiwanis? Why?

Robert and I joined Kiwanis in August, 2019 as part of the Southeast Metro group, a satellite of the DTC club. I looked for a local Kiwanis club to become part of because Kiwanis is pretty much in my blood. My parents have been Kiwanians for MANY years, holding several leadership positions along the way. I had the chance to volunteer with them for several years. So, it was just natural that I seek out a club to continue that family tradition. The decision to join this particular Kiwanis club is because we have FUN, no matter what we are doing.

### 2. What have you most enjoyed about being a member?

I enjoy contributing to the children in our community with all the volunteer opportunities that we participate in. I REALLY enjoy volunteering with this great group of people. We have fun every time we get together.

### 3. What have been your favorite events/projects in the past?

It would be hard to narrow the events and projects down to just a few favorites, because I have enjoyed them all: Help & Hope, Colorado Feeding Kids, Elephant Rock Race, Meals for Shiloh House, Ronald McDonald House, Palisade Peach Sale, Sweet Dreams in a Bag, Our Charter Party

### 4. What events/projects are you looking forward to?

I look forward to continuing with the above events as well as our event to support Second Wind.

### 5. What are you currently doing career-wise?

Currently, I am in my 27<sup>th</sup> year of teaching. I am the Gifted Learning Coordinator at a middle school (6<sup>th</sup>-8<sup>th</sup> graders).

### 6. What roles have you played in Kiwanis?

While I lived in Arkansas, I volunteered as a non-member for several years, and also served as a Builder's Club advisor for 2 years. In Colorado, I was a member-at-large before serving as a founding board member of the Kiwanis Club of Southeast Metro Denver.

### 7. You have lived and traveled in many countries. Talk about some of that? What travels are you looking forward to?

My desire to travel began at a young age. My grandmother hosted an exchange student from the Netherlands, and my family hosted two students from Germany while I was growing up. Learning about different cultures was cultivated from those experiences, as well as opportunities to travel when I was young. We were able to visit the exchange students and their families on a family trip to Europe. Additionally, I was selected by Purdue University to become a part of the American Musical Ambassadors, a concert band comprised of 100 high school students. We spent three weeks traveling and playing concerts all over Europe. Recently, Robert and I spent three years

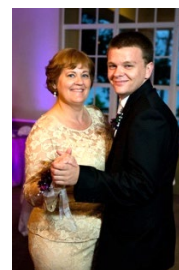
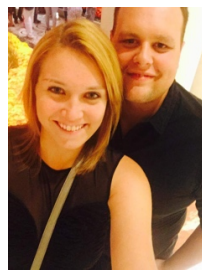
living in Daegu, South Korea, and one year in Yangon, Myanmar (Burma) while I taught at International Schools. We met so many wonderful people during our time in Asia, and look forward to visiting some of those teachers in their home countries or countries of their current teaching assignment. We also would love to get back to the Netherlands to visit my grandmother's exchange student, whose family continues to be part of ours.

**8. Tell us a little about your background, family, education, etc.**

I grew up on an island in Michigan, just south of Detroit where the Detroit River meets Lake Erie. I am the oldest of three children; my sister passed away, and my brother is a music teacher in Michigan. My parents are both living in Hot Springs, Arkansas. I worked as a Respiratory Therapist for 10 years before transitioning into teaching. I have three children (and two wonderful "in-law" children). My son, Kyle and his wife Maddie live in Florida. Daughter, Kelly and her husband, Seth live in Littleton, CO. My youngest son, Bradley is finishing his senior year at American University in Washington, D.C. Robert and I met in Arkansas, and have been married for 8 years. Who knew I would find someone willing to up and move to the other side of the world for adventure?

**9. What are your passions/hobbies? What gets you up and excited about the day?**

Some of the things that I enjoy are reading, cross-stitch, jigsaw puzzles, eating out, and taking drives just to see what we can see. I think the thing that I enjoy most is just getting out and doing things with others.



## Key Leader Helps Students Find Their Fit

**Chaperones needed for Key Leader Camp in October – Apply <https://rmdkeyleader.org/chaperone/>**

Key Leader by Kiwanis International is a weekend leadership program for high school students put on by the Rocky Mountain District Kiwanis organization. Our mission is to inspire young people to achieve their personal best through service leadership. Key Leader has served more than 33,000 students at over 660 Key Leader events around the world.

Key Leader teaches service leadership and social-emotional skills essential for students to become values-driven leaders in their communities. The program is based in part on Robert Greenleaf's "Servant Leadership" model and is delivered by a professional, program trained facilitator. Key Leader is an essential program, designed to break down the isolation many students face in an era of smartphones and social media while teaching critical leadership skills.



KEY LEADER CURRICULUM EMPHASIZES : Personal Integrity, Personal Growth, Respecy for Self and Others, Building Community, and Pursuit of Excellence.

## PROGRAM STRUCTURE

Each Key Leader Program is led by a qualified and certified lead facilitator, who oversees the implementation of the curriculum and leads all large group sessions. Older students, including previous Key Leader attendees, serve as small group facilitators for activities in small groups called “neighborhoods.”

The program flows through large- and small- group sessions, time for personal reflection, interactive activities, “challenge course” activities, and is anchored by several videos, including a collection from “The Collector of Bedford Street,” which follows the community leadership of Larry Selman, [known as the “Shepherd of Greenwich Village.”](#)

**October 22 – 24, 2021**  
YMCA of the Rockies  
Estes Park, Colorado  
**October 29- 31, 2021**  
100 Elks Ranch

Buena Vista, Colorado

### ***COLORADO FEEDING KIDS***



October 16 @ 1:00 pm – 4:00 pm MDT

**Third Saturday Open Pack October 16th**

*FERN Warehouse 2830 S Zuni StEnglewood,*

DISCLAIMER: Each volunteer MUST register with their name, individual email, and cell phone. We CANNOT register groups under one email. This is for COVID backtracing requirements. For more information please call 720-346-8607 NOTICE: COVID-19 Protocol The safety of our volunteers is our utmost concern. We have implemented a strict COVID 19 compliant protocol

[RSVP Now](#) Free 14 spots left



