



Changing Times

Changing the World Through Service, Friendship & Fun

Meetings at Alpha Charlies, 4th Tuesday, 6pm

November/December, 2021

2021-2022 Kiwanis Club of Southeast Metro Denver

Melissa Schupp	President
Gail Coombs	President Elect
Robert Medley	Treasurer
Lizzie Coombs	Secretary
Keith Schupp	Director
Kathy Medley	Director
Dave Rich	Director

Mary Forhan	Newsletter
Mary Forhan	Club History

Committee Heads

Pints & Pinots – 2nd Wind Fundraiser

Gail & Lizzie Coombs -May 2022

Colorado Feeding Kids

Dave Rich

Sweet Dream in a Bag

Kathy & Robert Medley

Shiloh House

Keith and Melissa Schupp

Help and Hope

Keith and Melissa Schupp

Kiwanis One Day – Gail Coombs

Elephant Rock & Ride– Gail Coombs

Gun Training & Fun– Robert Medley

Summer Picnic

Lizzie Coombs & Kathy Medley

Mix and Mingle – Rosy Olivares

Website

Melissa Schupp & Robert Medley

Parker Days – Mel & Keith Schupp,

Robert & Kathy Medley, Deb

Sundquist

Centerplate -Keith & Mel Schupp

Websites

KiwanisInternational <http://Kiwanis.org>

Kiwanis Rocky Mountain District

<https://www.rmdkiwanis.com/>

Kiwanis DTC and SEMD

Kiwanissem.org

kiwanisdctsem.org (Coming soon-

**NEXT MEETING DATE WILL BE TUESDAY, January 25, 6PM.
BOD Meeting January 11**

Together we can change the world, one child and one community at a time.

From the Desk of President Melissa Schupp

MERRY CHRISTMAS AND A HAPPY NEW YEAR!

We made some amazing memories in 2021! I can't wait to see what we can do in 2022!

Our club is truly blessed to have all of you in it. We've been able to make an impact in our community; Help and Hope, Shiloh House, Colorado Feeding Kids, Denver Clothes To Kids and Elephant Rock Race to name a few. Thank you EVERYONE for your time, donations, and smiles.

With your help in 2022 we will be bringing on Thunder Ridge Key Club. The first five months of the year we will be focusing on our Signature Project, Pints and Pinots. I hope to have more fundraising opportunities for us in 2022 along with community projects.

I look forward to seeing everyone at our January Kick Off Meeting on Tuesday, January 25th.



November 30 Meeting at Alpha Charlies.



Social Events

Mix and Mingle - Happy Hour

December's social is the Christmas Party.

Rosy has taken on the role of Mix & Mingle Coordinator. Please respond to her if you are able to make any event or have suggestions on places to meet. rosy_olivares@hotmail.com

Christmas Party

Saturday, December 11th 5pm - At Keith and Melissa Home 4901 Huntwick Place, Highlands Ranch

Future Volunteering Events: Please reach out to Mel or any of the volunteers listed on the event, if you would like to join in on the fun. The more the merrier.

Shiloh House

Located in Centennial. Provide a meal to the children that temporarily staying here.

Drop off food around 5:15-5:30pm

Kathy McShane is the contact person (303-933-1393)

January 5 – Gail Coombs is making her famous turkey dinner.

November 6 – Rosie Olivares provided food

December 1 - Mary Forhan dropped off a meal of fried chicken and apple crisp with sides. She also dropped off collected items for holiday stockings for the kids.



Help and Hope - Located in Castle Rock. We either fill food bags for the children or help filling the food pantry shelves.

Remember to park in front of the building and walk around to the back by the garage doors. (Steve will let you in)

November 8, 6pm-7pm

Volunteers are Gail, Lizzie, Robert, Kathy and Pat

December 6 - Volunteers are Rosy, Frank, Robert, Kathy and Mel – December event canceled

Let Melissa know if you can volunteer for January.

Colorado Feeding Kids - Located at 2830 S Zuni St., Englewood, 80110

Saturday, January 15th we are volunteering at Colorado Feeding Kids. This is a great opportunity to invite your kids, grandkids or potential Kiwanians to join us. If you would like to attend, please let Dave or Gail know, that way they can get enough spots reserved.

Hands of Gratitude

<https://www.hands-of-gratitude.com> – Watch this heart-warming video.

January time frame.

Pat and Mel are in communications with the organization to lock down all the details.

Service – Volunteers Needed

Pints and Pinots

Mark your calendar for May 5 – This is an all hands-on-deck event, so all members will be needed to make this exciting fundraiser for Second Wind suicide prevention a success.

Volunteers Needed

Head up Adopt a Family for Christmas, Ronald McDonald House, Brent's House, Clothes to Kids, Key Leader chaperones, reading to kids at local libraries, and Beyond the Walls. Please let Melissa Schupp know if you wish to champion any of the volunteer activities. Beyond the Walls at Shiloh House - Beyond the Walls joins the services provided by Shiloh House to complete the continuum of support for youth ages 16-26 as they become successful, productive young adult members of their local communities. Beyond the Walls creates a seamless tapestry of support for young people as they transition from out of home care to independence. Through a vibrant Community Resource Network young people link to resources and mentors which provide life skills, learning opportunities and tools to help every young person achieve their goals for the future.

Volunteering and Service– Past Events



Volunteers – Jack and Mary Forhan, Keith and Melissa Schupp, Suzanne Bell

Clothes to Kids of Denver

Help and Hope

Donations Needed

- Children's books K-7th Grade
- Clothes for Shiloh House Beyond the Walls – appropriate for 16-27 year old men and women to wear for interviewing (jeans, khaki pants, dress pants, skirts, nice tops, ties, dresses and shoes).

Welcome to New Member – Jan Brown Reed



Christmas Party

SEMD Christmas Party

Saturday, December 11th 5pm - At Keith and Melissa Home 4901 Huntwick Place, Highlands Ranch

Thanks to hosts, Keith and Melissa Schupp for offering their home and preparing the delicious ham, cheesy potatoes, and rolls. The rest of the feast was provided by members. We played a game of "Dirty Santa". Buy a nice gift not to exceed \$15. It could be wine, a fun coffee mug, hat, candy etc. You get the idea. Have it wrapped. Let's just say the game consists of stealing someone else's gift.



Hosts – Keith and Melissa Schupp



Guest speaker on Second Wind – Lindsay



Picture worthy guests





Dirty Santa Gift Exchange – and crystal ornament mistletoe



Interview with Shavon Forte



1. When did you join Kiwanis? Why?

I joined Kiwanis when I joined the Circle K club at Howard University in 2008. I had been volunteering on my own around Denver since I was in high school, so I thought this volunteer service club would be a great way to keep doing what I enjoy while in Washington DC. It was also one of the biggest clubs on campus, so it was a great way to meet a lot of different people who I wouldn't have met otherwise.

2. What have you enjoyed most about being a member?

Volunteering with people you know makes it a lot more fun!

3. What have been your favorite events/projects in the past?

Sweet Dream in a Bag packing and gifting events
Rockies Tailgate & Summer Party

4. What events/projects are you looking forward to?

Everything! I'm so happy to be back outside and back to meeting/volunteering in person

5. What are you currently doing career-wise?

Senior Credit Analyst at CoBank, working with financing renewable energy projects (wind, solar, natural gas, battery storage, etc)

6. What roles have you played in Kiwanis?

Circle K at Howard University – Projects Coordinator & Vice President

DTC Kiwanis – Board Member & Secretary

DTC Kiwanis & SEMD Kiwanis – member

7. Tell us a little about your background, family, education etc

Born in Washington DC at Walter Reed Hospital (my dad is retired Air Force)

Moved to Denver when I was about 8 years old with my mom and 3 younger siblings (brother and sister (twins) are 26, youngest brother is 24)

Went to Howard University, majored in International Business – while I was there I kept up with my Spanish & I went on my first volunteer trip to the Dominican Republic for two weeks. I also volunteered for Alternative Spring Break in New Orleans & Detroit

Moved back to Denver after college in 2011 to take care of my grandmother and have been here ever since

8. What are your passions/hobbies? What gets you up and excited about the day?

Volunteering

Traveling

Going downtown to the theater (especially to see musicals)

I first learned Spanish in middle/high school (Kent Denver) so it's been fun trying to find ways to stay fluent

Hanging out with friends (most of you have met them ☺)

9. Tell us about the grant your company gives to honor a volunteer.

This is actually my 3rd time winning! I've won for the DTC Kiwanis Club, Sweet Dream in a Bag, and now Colorado Feeding Kids.

CoBank created the award to recognize the volunteer efforts of employees & commend those who go above and beyond to enhance the quality of life for others. Every year, associates are able to nominate someone (I've been nominating myself) and make recommendations to our top executives who ultimately determine the winners. Only 3 winners are chosen out of all of the employees across the US. Crazy enough, I was chosen again! So I'll be recognized and a check for \$5,000 was sent over to Joe Lavigne at Colorado Feeding Kids.



Interview with Keith Schupp



1. When did you join Kiwanis? Why?

I joined Kiwanis in October of 2013, because Mary Forhan convinced me to come to a meeting. I had a void in my life for service. Previously, I have been involved in mentoring with Big Brothers for 2 years and I missed that involvement in giving back. I was also involved with mentoring families in crisis in Kids 'n' Kinship, and ending up "adopting" a girl. Those were special experiences.

2. What have you most enjoyed about being a member?

I absolutely love being a part of seeing kids helped and responding so positively like at Terrific Readers and Writers, or gifting at Sweet Dream in a Bag. I find joy in the relationships with kids and seeing the recipient's pleasure at being gifted new bedding, books, or an ice cream social. The friendships I have made and continue to make will last a lifetime.

3. What have been your favorite events/projects in the past?

Feeding and interacting with the kids at Shiloh House, packing and gifting with Sweet Dream in a Bag, the Palisade Peach Fundraiser, and packing with Colorado Feeding Kids are among some of my favorite projects. I always enjoy events with other members in a casual setting like the Baseball Party, Happy Hours, the Christmas Party, etc.

4. What events/projects are you looking forward to?

I am looking forward to the Pints and Pinots Event with raising money for Second Wind and suicide prevention. This is such a great club with forward thinkers and hard workers.

5. What are you currently doing career-wise?

I love my job of 22 years in electronic lockers. I am the longest tenured leader in the industry, longer than anyone else in North America.

6. What roles have you played in Kiwanis?

I served on the DTC Board of Directors in 2014, 2016, 2017, as President in 2015, and as fundraising chair in 2017, 2018. I also planned and chaired the 30 year Kiwanis DTC celebration. I was one of the founding members of the SEMD club and am currently on the Board of Directors. Together with Jack Forhan, I acquired the 501c3 charitable contribution status for the SEMD club.

7. Tell us a little about your background, family, education, etc.

I grew up in Minnesota, and moved to Colorado in 1987 out of college. I attended the University of Minnesota Carlson School of Management, and have an MBA From Impac University out of Florida. I moved back to Minnesota to raise a family in 1990. I have two grown kids and one granddaughter. I married Melissa and moved back to Colorado in 2010, and have been here ever since, with no desire to move back to Minnesota.

9. What are your passions/hobbies? What gets you up and excited about the day?

I enjoy softball, hiking, biking, skiing, and hanging with friends. We have a place in Keystone and love spending time in the mountains. I also love Kiwanis, and traveling to Hawaii for work and play.



Interview with Michael Cates



1. When did you join Kiwanis? Why?

I joined Kiwanis when I was in high school. It was there that I learned to love volunteering with a group of like-minded folks.

2. What have you most enjoyed about being a member?

I have most enjoyed the community and friendships I have made while being a member. I feel I have made life-long friends, and I have been able to witness others develop similar relationships.

3. What have been your favorite events/projects in the past and what are you looking forward to?

I'm very excited for the Pints and Pinot fundraiser, but it's hard to pick just one project. Serving dinner and playing games at Shiloh house was always a favorite of mine though.

4. What are you currently doing career-wise?

I'm working as a financial advisor and business exit advisor for a UBS wealth management team.

6. What roles have you played in Kiwanis?

I have been a co-program director, board member and president in Kiwanis.

7. Tell us a little about your background, family, education, etc.

I was born and raised here in Colorado. I graduated from Regis High School and then studied biochemistry and business at CU Boulder. This September my wife and I celebrated our fifth wedding anniversary.

8. What are your passions/hobbies? What gets you up and excited about the day?

I love going on trail runs with my wife, Victoria, and I'm also very passionate about fishing and hunting. Growing up, I was also a competitive clay shooter. I was on the Junior Olympic team through high school, and was fortunate enough to train at the Olympic training center in CO Springs.

9. What are your upcoming plans for the next year?

Next year could look a bit different for me. My wife will be working in Salida for her medical school rotations, so I should be finding myself in the mountains more often than not (twist my arm). We are both very excited for the change, as we already have a number of good memories visiting this area, and it is where my mom grew up.

