



Changing Times

Changing the World Through Service, Friendship & Fun



Kiwanis
SOUTHEAST METRO DENVER

Meetings at Landmark Place, 4th Tuesday, 6:30pm

January 2024

2022-2023 Kiwanis Club of Southeast Metro Denver

| | |
|----------------|--------------------------|
| Gail Coombs | President |
| Melissa Schupp | Immediate Past President |
| Glen Wagner | Treasurer |
| Lizzie Coombs | Secretary |
| Dave Rich | Director |
| Rosy Olivares | Director |
| Jim Terpstra | Director |
| Mary Forhan | Newsletter |
| Mary Forhan | Club History |

Committee Heads

Pints & Pinots – 2nd Wind Fundraiser
Gail & Lizzie Coombs -May1, 2024
Colorado Feeding Kids
Dave Rich, Gail Coombs
Sweet Dream in a Bag
Shavon Forte
Kiwanis One Day – Gail Coombs
Mix and Mingle – Rosy Olivares
Website
Melissa Schupp
Parker Days – Mel & Keith Schupp,
Ronald McDonald House – Jim Terpstra,
Melissa Schupp
Clothes to Kids – Rosy Olivares

Websites

Kiwanis International <http://Kiwanis.org>

Kiwanis Rocky Mountain District
<https://www.rmdkiwanis.com/>

Kiwanis DTC and SEMD
Kiwanissemid.org

[kiwanissemid.org](http://Kiwanissemid.org)

NEXT MEETING DATE WILL BE TUESDAY, February 27, 2024, 6:30 PM
5455 Landmark Place, Community Room (Contact Jim Terpstra)
Note Change of Time to 6:30 instead of 6:00

Together we can change the world, one child and one community at a time.



From the Desk of President Gail Coombs

Hello SEMD Members!

We had a great meeting at the Club House on Jan 23; 3 prospective members came! We discussed our future volunteer events. On Feb 24 we will be sorting clothes at Clothes for Kids of Denver in the U Hills shopping center, from 10-noon. Maria gave us a great overview of her social media plan to advertise our "Pints & Pinot's" Fundraiser to Prevent Youth Suicide; held on May 1st. Save the Date!

Save the dates:

Ladies Happy Hour - Sunday, January 28, 4pm

Hello ladies, i would like to invite you all for a lady's happy hour. I recently went to Postino's Wine Cafe in Highlands Ranch and just enjoyed it so much that I have to go back and bring great friends. So please, let's get together and enjoy each other's company.

Here is the link to the restaurant

<https://www.postinowinecafe.com/locations/colorado/highlands-ranch/>

1497 Park Central Dr, Highlands Ranch, CO

Hope to see you all and if you'd like to invite other lady friends, that would be amazing.

Reach out with any question. **Rosy Olivares**<rosy_olivares@hotmail.com>

Happy Hour with South Denver Kiwanis Club – Thursday, February 8, InVINtions, A Creative Winery – 9608 E. Arapahoe Rd, Greenwood Village, CO 80112 - \$30 per person, includes wine tastings & a spaghetti bar
This is a fundraiser for South Denver Kiwanis Club scholarship program.

Sweet Dream in a Bag – Saturday, February 17 (3rd Saturday of each month) East Community Center, 5933 South Fairfield Street



Sweet Dream 2024

Sweet Dream is so excited to start the New Year with a new facility for Packing, Gifting and Storage!

Sweet Dream recently moved into the new East Community Center, formally Littleton Public Schools East Elementary School. The school was closed at the end of 2023 school year and has reopened as a Community Center funded with foundation dollars for residents in the Littleton Community. Sweet Dream has use of a large classroom for bedding storage, a gym for packing and the library area for gifting! What a wonderful opportunity for Sweet Dream to reach other children, living in poverty, with new bedding packages, while networking with other charities at the East Community Center.

The address is:

LPS East Community Center

5933 S. Fairfield Street

Littleton, CO 80120

Enter at the main office door on the south side of building. We will meet in the library and then moved into the gym for packing. – Mid-morning snack bars and water will be provided.

Clothes to Kids of Denver - Saturday, July 17 , University and Yale – Contact Rosy 720-666-8214 to sign up

Colorado Feeding Kids – Saturday, March 16, 11am-1pm

@FERN Warehouse (2830 S. Zuni St. , Englewood, 80110

Arranged by James Martin for our Kiwanis division (Denver area) – James will send out an invite/RSVP, as you will be unable to sign up on the CFK website.

Optimist Club Brain Bowl – Volunteers needed February 10 at Stanley Lake

Optimist Brain Bowl is a team quiz competition for middle school students in 6th, 7th, and 8th grades from schools in Colorado and Wyoming (created & run by Colorado Optimist Clubs since 1982!). The Optimist Brain Bowl teams compete by grade level. Optimist Brain Bowl rounds consist of general knowledge questions in math, science, technology, history, geography, literature and the arts. In addition to regional tournament awards for the top four teams in each level, the top **nine** teams in each grade level at each regional tournament are invited to participate in the Optimist Brain Bowl Championship Tournament.

The dates and locations for the remaining contests are below and the Optimist Brain Bowl Website:

(<https://optimistbrainbowl.org>)

Tournaments:

Saturday, January 27 – North Regional at Standley Lake High School, Westminster

Saturday February 10 – Championship at Hamilton Middle School, Denver

The tournaments are pretty much from around 7am (there is a brief training before the competition starts) to around 2pm. You can either be there for the whole day or pick either the morning shift or afternoon shift. If interested, you can sign up via the Optimist Brain Bowl Volunteer Portal at <https://optimistbrainbowl.org/brain-bowl-volunteer-registration/>

The site will walk you through the sign-in process. For the first time accessing the site, click the second button to create an account. There you'll be able to select which tournament you plan to volunteer for, what role you'd like (timekeeper, scorekeeper, or runner). Feel free to let me know if you have any trouble registering & I can make sure you're on the volunteer list.

This is a fun event, especially for those who love trivia 😊

Thanks! Shavon Forte

Pints & Pinots Fundraiser for youth suicide Prevention – Wednesday, May 1

Maria gave an amazing presentation for the new social media campaign – Thank you, Maria.

Photos from SEMD monthly meeting Tuesday, January 23



Michael Cates, Jim Terpstra, Dave Rich



Susan Dowling (guest), Lizzie Coombs (secretary), Glen Wagner (treasurer)



Maria Mamouzelos, Dino Alikakos, Shavon Forte



Back: Gail Coombs (President), Susan Dowling (guest)
Front: Randy Schutte (guest), Jack Forhan, Brenda Schutte (guest)



Mary Forhan (newsletter), Joyce Young

Michael Cates, Jim Terpstra, Dave Rich

Susan Dowling (guest), Lizzie Coombs (secretary), Glen Wagner (treasurer)

The information and photos below are from the November/December 2023 newsletter, for the benefit of our new members and guests to see more about what we do.

November 18, Colorado Feeding Kids



November 28 Meeting at Landmark



Salvation Army Bell Ringing Saturday, December 2, 4:00-6:00



Ronald McDonald House Volunteer Service Painting event at the Denver Ronald McDonald House 9-1, Saturday, December 2



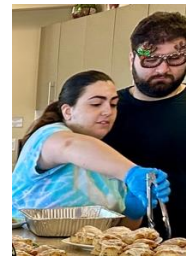
SEMD Christmas Party

Thank you to Keith and Melissa Schupp for hosting such a fun party!



Holiday at Ronald McDonald House Aurora location

SEMD's Kiwanis One Day Event – Saturday, December 9 - Christmas theme brunch with reindeer pancakes, crafts, books and gifts



The woman and child in the last photo are from Algeria. It is their first Christmas.



Coats, Hats, Mittens, and Socks Drive Benefitting the 850 needy families at the Littleton Life Center



Thanks to Keith, Joyce, Gail, Mary and others who generously donated to this drive. (not all donated items are pictured)

- Note change of date

Pints and Pinots – Wednesday, May 1, 2024 – At the Dome

The Dome returned a securing deposit of \$1000 to go into our Treasury.

Peach Sales raised \$1035 for our club to use on our kids and community service projects.

If you have a King Scoopers Card - select Kiwanis Southeast Metro Denver Club Community Rewards recipient

How to do this:

Go to the Kings Scoopers app on your phone.

Click on the three red lines on the upper right corner.

Select Rewards.

Select Community Rewards.

Search for Kiwanis Southeast Metro Denver Club

Save it.

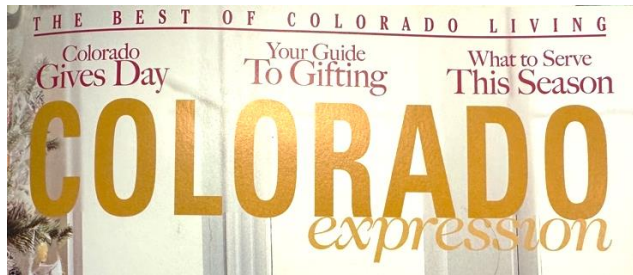
\$80 accrued in 4th quarter 2023 -More people involved means more earnings for the club!

PINTS & PINOTS –Another great event! Next Pints & Pinots, May 1, 2024



Kiwanis SEMD In the News

Colorado Expression will be featuring Kiwanis SEMD's 2024 Pints and Pinots in 2 issues



Kiwanis Club of Southeast Metro Denver

For over 100 years, Kiwanis International Clubs have been improving the world one child and one community at a time. The Kiwanis Club of Southeast Metro Denver's (SEMD) signature project is supporting the prevention of youth suicide in Colorado. Pediatric mental health was recently declared a crisis by Children's Hospital Colorado, and each year since 2017 around 100 children and teens have died by suicide in Colorado. Kiwanis SEMD hosted its second annual Pints & Pinots for Youth Suicide Prevention Fundraiser in May 2023. Over the past two years, SEMD has donated \$45,000 to Second Wind Fund, a local organization that provides no-cost mental health treatment to Colorado youth at risk of suicide. Other local nonprofit organizations supported by Kiwanis SEMD include Colorado Feeding Kids, Clothes to Kids of Denver and the Ronald McDonald House.

kiwanissemid.org
303-549-7044

Also featured in Colorado Expressions – Colorado Feeding Kids
President – Gail Coombs

Colorado Feeding Kids

For 15 years, Colorado Feeding Kids has been providing easy-to-prepare, vitamin-fortified meals and family meal boxes to local food pantries, school weekend backpack programs, churches and seniors in need. To date, we have produced and distributed more than 9 million meals to the hungry. All of our meals are packaged by volunteers at our Englewood warehouse; we are always looking for more volunteers to help us pack meals at our bimonthly packing events! We have also provided meals to those affected by natural disasters, including sending our meals to Houston after Hurricane Harvey, to Puerto Rico after Hurricane Maria and to Colorado firefighters battling wildfires. Every bag of food contains enough to feed a family of six. We are an all-volunteer 501(c)(3) organization that receives no government funding, relying solely on donations and volunteers. At a time of such need, your donation on Colorado Gives Day will help us continue to help children, families and seniors in our community.

coloradofeedingkids.org
720-560-2354



#Kids Need Kiwanis

