



# Kiwanis®

POUDRE GOLDEN K, FT. COLLINS

[KiwanisFortCollins.org](http://KiwanisFortCollins.org)

**July 16, 2024**

We meet every Tuesday of the month from 9 to 10 a.m. at the Fort Collins, CO Senior Center on Raintree Drive.

Coffee & Donuts at 8:30 a.m

### Our mission

Kiwanis is a global organization of volunteers dedicated to changing the world, one child, one community at a time.

Send newsletter info, stories, jokes, etc. to:

[goldenk.newsletter@gmail.com](mailto:goldenk.newsletter@gmail.com)

DEADLINE is Friday for next week's issue.

### OFFICERS

#### PRESIDENT

Kevin O'Connell

#### PRESIDENT-ELECT

Jeannie Craft

#### PAST PRESIDENT

Mark Tobin

#### SECRETARY

Stu Hirai

#### TREASURER

Mark Tobin

#### DIRECTORS:

(2<sup>nd</sup> of 2 yr. term)

Sam Kornfeld

Tom Trebon

Lloyd Wilson

(1<sup>st</sup> of 2 yr. term)

Stephen Andersen

Burr Bridge

#### COMMITTEES AND PROJECTS

##### GROCERY CARDS

Bob Main

##### FOOD BANK

Bill Robertson

##### FUNDRAISING

Kevin O'Connell

##### REPORT

##### VOLUNTEER HRS: FOR

COMMUNITY SVCS TO:  
[memusafa69@gmail.com](mailto:memusafa69@gmail.com)

##### CHILDREN/YOUTH SERVICES TO:

Stu Hirai

[stuhirai@icloud.com](mailto:stuhirai@icloud.com)

### PROGRAMS

**Today: Amelia Weber** – La Familia

#### UPCOMING PROGRAMS

**Jul 23: Mary Lenahan** – Dance Express

**Jul 30: Jenny Langness** – Elderhaus

#### INVOCATION

Jolynn Hirai  
or  
Don Edminster

#### BIRTHDAYS:

None that we know of

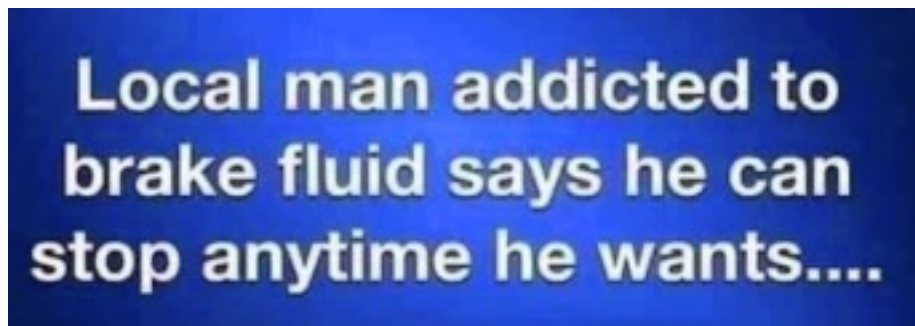
#### ANNIVERSARIES:

Jul 22: Jolynn & Stuart Hirai

### NEWS AND NOTICES

The monthly **3<sup>rd</sup> Tuesday Luncheon** is today, at Oregano's, 4235 S. College Ave.

Our next **Food Bank** adventure will be **Monday, August 6, 2024. Note:** Because the first Monday of September is a holiday, the Food Bank will be closed. They did not have any other openings for us to switch to, so we will not be doing a group event for September. Schedule resumes in October.



### COMMITTEES AND PROJECTS

#### HOUSE

Perry Irons  
Don Edminster

#### COMMUNITY SERVICE

Mike Martin  
Stu Hirai

#### SPIRITUAL AIMS &

WELFARE  
Dick Toledano  
Allen Green

#### PROGRAMS

Tom Trebon

#### SOCIAL

Ron Smith

#### CHILDREN & YOUTH SERVICES

Jeannie Craft

#### INTERCLUBS

Bill See

#### KEY CLUBS

Kevin O'Connell

#### CHARITABLE FUNDS

Stephen Andersen

#### MEMBERSHIP & PUBLIC RELATIONS

Mark Tobin

#### FaceBook Page

Jeannie Craft

#### Web Page

Burr Bridge

#### NEWSLETTER

Bill Robertson

Read or print our newsletters online: <http://www.poudregoldenk-newsletters.blogspot.com>

Visit us at <https://www.facebook.com/PGKiwanis> and <https://Kiwanisfortcollins.org>

## July 9, 2024 PGK Kiwanis Meeting – Proceedings

23 - members present, one guest, and one speaker

**Acting-President Mark Tobin** rang the bell at 9:00 AM and opened the PGK's person-to-person meeting. **Tobin** reminded members to turn off their cell phones led the Pledge of Allegiance and **Jolynn Hirai** gave the invocation. **Tom Trebon** encouraged the membership to sing "In the Good Old Summertime."

**Tobin** thanked **Bill See** as door monitors and **Bill Woody** volunteered to be the door monitor for the July 16 meeting.

**Tobin** asked if there were any guests present: **Jay Tharp**, **Ken Tharp's** son, visited the club again and received an accolade from the members.

**Welfare of Members and Family:** **Fred Schrekinger** mentioned **Don Edminister** is recovering from a bout with COVID and annoying arthritis in his hand. **Mary Rezetka** gave the membership an update on **Janet Brubaker** through her daughter, Erin, and *Caring Bridge*. **Janet** is on the road to recovery but is not ready to receive visitors during her recovery from surgery. Cards, thoughts, and prayers are welcome, though.

**Good News/Bad News:** No news is still good news!

**Secretary's report:** **Stu Hirai** advised members of birthdays this week and home from the Minidoka Pilgrimage that took place in Twin Falls, Idaho from July 4 to July 7. Over two hundred pilgrims from across the United States and British Columbia attended this pilgrimage.

**Treasurer's report:** **Mark Tobin** reported club finances are doing well with over \$4,000 in the service account and over \$5,000 in the administrative account. Tobin reminded members about dues to be collected. **Stephen Andersen** informed the membership about serving on the Finance Committee and to let him know by August 20 if you have an interest in serving on this committee. **Tobin** informed the membership that most of the funds donated comes from the spendable service account and the Jack Nielsen account.

**Special Events/Announcements:** **Tom Trebon** shared a story about the PGK with his former Kiwanis group in Helena, Montana about the way we finance service projects and ALL the good things the PGK does for the community. Thank you, Tom, for sharing the good news with club members.

**Committee reports:** **Ron Smith** reported the monthly luncheon will be at "Oregano's" located 4235 S. College Avenue. The sign-up sheet is in the back of the room.

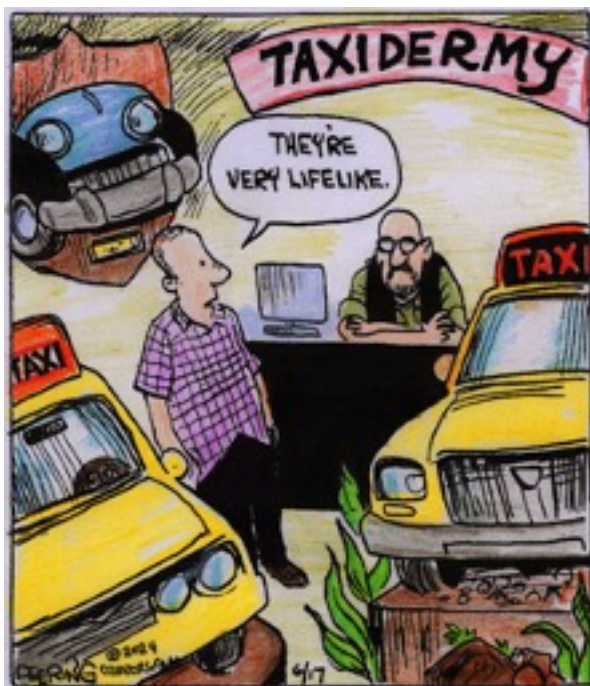
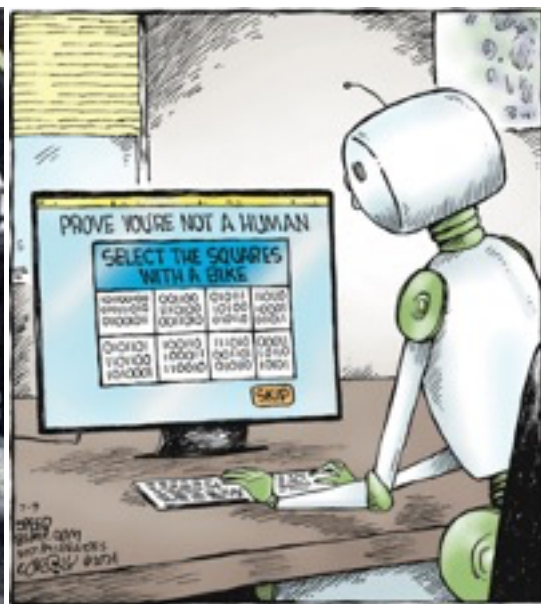
**This week's speaker:** *Cindy Brown – "Mobile Toe Clipping Service."* Cindy is an LPN who specializes in foot care since 2019 and has clients who are primarily "senior citizens." Cindy caters to seniors who are home bound, have "reach" issues making it difficult to clip/trim their own nails. She also serves clients who have special needs. Her LLC is a "mobile service," and she comes to you. Refer to the "Foot Care" packet she provided to each member.

**Tobin** adjourned the meeting at 09:50 AM

**Submitted by:** **Stu Hirai**, Secretary, PGK Kiwanis

# The Funnies Page

"I'm just gonna open this kitchen drawer"



## Twelve Commandments for Seniors

(A tip o' the hat to Lloyd Wilson)

- #1 Talk to yourself. There are times you need expert advice.
- #2 "In Style" are the clothes that still fit.
- #3 You don't need anger management. IYou need people to stop pissing you off.
- #4 Your people skills are just fine. It's your tolerance for idiots that needs work.
- #5 The biggest lie you tell yourself is "I don't need to write that down. I'll remember it."
- #6 "On time" is when I get there.
- #7 Even duct tape can't fix stupid, but it sure does muffle the sound.
- #8 It would be wonderful if we could put ourselves in the dryer for 10 minutes, then come out wrinkle free and 3 sizes smaller.
- #9 Lately, you've noticed people your age are so much older than you.
- #10 Growing old should have taken longer.
- #11 Aging has slowed you down but hasn't shut you up.
- #12 One more for the road means peeing before you leave the house.

**In High School I  
was so excited to  
become a Senior.**

**I'm not too  
excited now.**