



Kiwanis®
Monument Hill Club

K-News

September 19, 2026

Monument Hill Club - Service Since 1974

Today's Program



Money Smarts for Older Adults

Kelly Reifel, Community Resource Officer for Monument PD





President Jim Wolf called the meeting to order at 8:00 a.m.

Zoomers included Rich Rima, Barrie Town, Donald Johnson, Marlene Bizub and Jim Head.

Steve Sutherland was Sergeant at Arms.

Kelly Reifel led the Pledge of Allegiance.

Terry McMullen was the scribe.

Member Concerns

Rich Hicks led member concerns.

Rich led a morning prayer:

Heavenly Father, Thank you for the opportunity to serve our community and empower the next generation. Inspire us to teach the youth about the importance of giving back, cultivating a spirit of generosity in their hearts. Amen



Guests and Visiting Kiwanians

Jim Wolf introduced our guest speaker, Kelly Reifel from Monument PD. Welcome!

Mike McGrath introduced his good friend, Erik Lessing, retired executive for Hewlett Packard. Thanks for joining us!

Upcoming Programs

- September 26 - District 38 Safety, Dennis Coates, Chief of Safety
- October 3 - LPHS Musical Hadestown Teen Edition, Kris Lilley, Director
- October 10 - Encore - Annie Andrews, and Changing of the Guard (Moved from September 26)
- October 17 - El Paso Sheriff update - El Paso Sheriff

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 	2	3	4	5 Af 7am Coffee 8am Club Mtg
6	7 LASEE DAY	8 4pm Happy Hour Goat Patch	9 	10 Konnectors Mtg 5:30 GPBC Barrel Rm	11	12 7am Coffee 8am Club Mtg
13	14	15 	16	17	18	19 7am Coffee 8am Club Mtg BOD Mtg
20 Jaguars vs Broncos	21	22 6:05pm Autumn Equinox 	23	24	25	26 8:49 am MT 7am Coffee 8am Club Mtg
27 Rams vs Broncos	28	29 	30	1	2	

© BlankCalendarPages.com

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3 N vs Af 7am Coffee 8am Club Mtg
4	5	6 	7	8 Konnectors Mtg 5:30 GPBC Barrel Rm	9	10 Change of Command 7am Coffee 8am Club Mtg
11	12 HAPPY COLUMBUS DAY 	13 4pm Happy Hour Goat Patch	14 DUFFY BOWLS BANNER & SILVER ANNIVERSARY 	15 Seahawks vs Broncos	16	17 7am Coffee 8am Club Mtg BOD Mtg
18	19	20 	21	22	23	24 7am Coffee 8am Club Mtg
25 12:12am 	26 	27	28	29	30	31 7am Coffee 8am Club Mtg

Membership Minute

Jim Wolf gave us an update on upcoming events.

- Oct 10 - Changing of the Guard (band members prepare your instruments - Ted Bauman will be in touch)
- Oct 14 - Empty Bowls
- Oct 17 - MHKC Board meeting

Club Updates, Leadership Positions

Jim Wolf updated us on leadership opportunities for the coming Kiwanis year.

Planning continues for the transition to the next club year with the Change of Command ceremony to be held October 10. He strongly encourages your attendance.

Several leadership and volunteer opportunities remain open. Jim Wolf again pointed out that we still need Vice President of Youth Outreach (SLP). The position oversees one of Monument Hill Kiwanis' most important areas of service. There are strong supporters in Mike, Chuck, Mark, and Sue, but we still need someone to be the ringmaster of that group.

Our new Director of Communications, Mark Anderson, could use some help in his new position. Additional help is needed with the club's communications activities, including media relations, Facebook and other club communications.

The future of the Stars of Tomorrow program also remains under discussion. Members would like to continue the program, but it will require both a program leader and someone willing to take responsibility for fundraising. Fall is the prime planning phase for this effort so it will need to be filled soon.

The incoming leadership is also looking for someone to coordinate club social activities.



Member Recognition

Jim Wolf recognized Terry McMullen with the Distinguished Member Award. The citation announces that Terry has been recognized by the Monument Hill Kiwanis Club for outstanding support and service leading the Kiwanis annual peach sales to a new record, the 4th of July parade, and for enduring Happy Bucks speeches. Congratulations!



Bookkeeping

Kathy Strom pointed out that the end of the fiscal year is just days away and she needs to close out the books for this year. If you have any outstanding receipts you need to be reimbursed for, get them to Kathy immediately. Submission forms are available on our website.



Heart of Monument Play Park

Scott Ross reminded us that we have an opportunity to work with the Tri-Lakes Women's Club on a project to clean up the Monument Xerciscape garden on Friday, September 25th from 8:00 to 11:00 a.m. The Tri-Lakes Women's Club has a gardening group, and they would like our help to clean up the garden. This work will be in preparation for the Heart of Monument Play Park ribbon cutting which Scott expects will happen at the end of October or the first week of November. No sign up, just show up on September 25th.

HOME REGISTER DONATE CONTACT

KEY LEADER®

WELCOME TO THE RMD KEY LEADER
REGISTRATION SITE

YMCA of the Rockies

Estes Park

Oct 16 - 18

Start: **October 16, 2026**
3:00 PM

End: **October 18, 2026**
11:00 AM

Location: YMCA of The
Rockies, Estes Park,
Colorado

Registration

Chaperone
Use this registration
type only if you are
above 21 years of
age and intend to be
a chaperone during
the Key Leader
weekend. Please be
aware, all
chaperones are
required to
complete a Kiwanis
International
background check

Five Core Values

- ✓ Leadership
- ✓ Growth Mindset
- ✓ Effective communication
- ✓ Meaningful Connection
- ✓ Global Citizenship

Rocky Mountain Key Leader

Coming up shortly, October 16 - 18, is the KI Rocky Mountain District Key Leader program at Estes Park. Kiwanis Key Leader is a weekend leadership program for high school students. The mission is to inspire young people to achieve their personal best through service leadership. Consider taking a role in that project and contact Jim Wolf. See the flyer above.

D38 Update

Lewis Palmer Middle School teacher, Raquel Vasquez is asking for help with her leadership classes. Last week, Mike Luginbuhl passed around a signup sheet for September 25th, 28th and 29th and welcomes additional support. Mike asked us to sign up where we can - he is putting together a schedule and will coordinate with Raquel. Please contact Mike (719-313-8532) for more information and to volunteer.



Also, Kim Bryden is the principal at Palmer Lake Elementary School (PLES). They've been very, very happy the classroom support we have provided over the last several years. She is asking if we might have some volunteers that would be willing to step up and do that again this year. So, Mike had another signup sheet - there is no schedule yet, he is just asking if you would be interested. Mostly this has been reading and math.

Kim Bryden particularly needs homework help at Palmer Lake Elementary for kids enrolled in Multi-Language Learners (English as a Second Language) on Tuesdays and Thursdays from 4-5 p.m. These kids need extra help with their reading and everything - helping kids learn in multi-language households. Several members have already signed up and Kim is excited about getting this started.

Mike has been working for several years to have the Key Club students at Palmer Ridge come up with their own volunteer community project. They are now planning to build little libraries at all the elementary school, like the one pictured below. Construction of these will be done at Palmer Ridge. Mike invited us to help the kids design, build and install the little libraries. Contact Mike if you are interested in helping.

Palmer Lake Elementary Book Nook



Kiwanian of the Year

Nominations for Kiwanian of the Year are due to Sue Reinecke on September 30th. This is the top recognition of a club member that the Monument Hill Kiwanis Club can give. The honoree is a member who participates in service projects, fund raising events, attends the club meeting on a regular basis, and who supports the mission of the Monument Hill Kiwanis Club as it supports the community and its youth. This is a onetime only award. Sue said to remember there are a lot of deserving people in our Club that do a lot for our community. Here is a link to the MHKC [KoY nomination form](#).

NFL Football Pools

Glenn Scott Memorial for week one. Larry Young said we had 18 players and there were 17 games - it was a bit of a rough start. If 70 percent was a passing grade, that would have amounted to 12 correct picks, and we had a total of five players who had passing grades. Bottom line, Rich Rima had a pretty strong card with 14 correct picks. But in the end, he was edged out by RF with 15 correct picks. So, RF collects \$18, but he is out of town now, so Larry said he would will try to remember to give RF his winnings, but his memory isn't all that great.

Our own Red Baron was shot down again, Greg Bielanski. Greg had 5 correct picks out of 17 so he wins another Sacagawea dollar.

Larry pointed out that for Sally's Challenge and the Loser pool, each player gets one Mulligan for the season. This week, eight players in Sally's challenge used their Mulligans and eleven from the Loser pool, so no one was eliminated from the competition. However, another mistake makes these players candidates for the Loser Loser pool.

Below are the rules.





2026 NFL SEASON Sally's Challenge, Loser Pool & Glenn Scott Memorial Pool



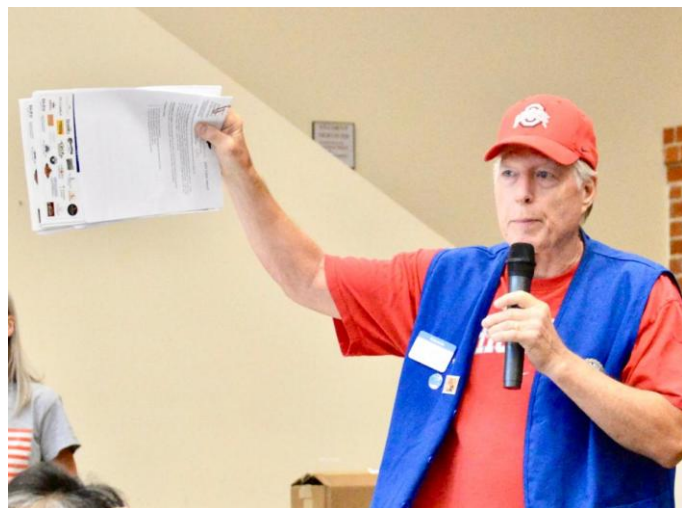
- Kickoff Week – Starts on 09/05/2026
- Playing Cards & Sheets out on 09/05/26; Selections due no later than 11:59 pm MST on 09/08/26
- Emails to identified remote players have been already sent
- If no selections provided for Sally's Challenge and/or Loser Pool – default team (Denver) will be utilized

Please if unable to utilize playing sheets/cards, please contact Dan Lopez via email at danglopez@msn.com

Please note – we are unable to acquire Sacagawea Dollar. You will receive a "gold \$1 dollar coin" in its place



Good Luck and may your selections be winners!!!



Empty Bowls Updates

Dave Bailey had information packets for those soliciting for and picking up soup from donating restaurants. Dave strongly encouraged us to volunteer for Empty Bowls, scheduled for Wednesday, October 14 from 5:00 - 7:30 pm at Lewis-Palmer High School. A lot of help is still needed. Dave has restaurant information for Bob Nissen, Larry Young and Mike Huss.

**** Don't Miss This—LAST EVER MHKC Empty Bowls Dinner ****

This is expected to be the Club's final year participating in the event in its current role, and members were encouraged to help make the final effort especially successful. Volunteer signup sheets were circulated during the meeting.

Golf

There are two weeks left of the regular golf league, then weather permitting in October.

Ed Tomlinson announced that for the second week in a row, the most senior general officer to ever get the closest to the pin did it again on number 8 hole. Tony remarked, "The best way to get closest to the hole is to walk up there and drop the ball." Once again, congratulations!



News & Notes



Sharon Williams **SEP 22nd**

Joined 1994
Sponsor Max Williams

On SEPT 22nd in HISTORY



- **1950:** Omar Bradley promoted to the rank of 5-star general in the United States Army last of 5 to date.
- **1955:** Commercial television begins in the UK with the launch of ITV, which soon airs the first advert on UK TV for Gibbs SR toothpaste
- **1957:** Western comedy series "Maverick" premieres on ABC television starring James Garner

DO YOU HAVE A SENSE OF HUMOUR...

HUMOR



Humor

Courtesy of Jim Wolf

A talking parrot teaches a man a lesson in manners.

A man goes to a pet shop and buys a talking parrot. He tries to teach it a few words, but the parrot only swears at him. Frustrated, the man throws the parrot into the freezer to teach it a lesson.

After a few minutes, the parrot goes quiet. When the man opens the freezer, the parrot calmly steps out and says, "I believe I might have offended you with my rude language and actions. I'll endeavor to correct my behavior."

Astonished, the man asked what caused the change, and the parrot replies, "May I ask what the turkey did?"

Happy Bucks



Mike Luginbuhl had a happy buck for Ed Tomlinson who pointed out that the little

Last Saturday, Ben Bellis's daughter, Aubry, soloed for the first time while pursuing her private pilot's license in Guam. Ben and her instructor watched her do four circuits of the pattern. He is really proud of her and she plans to finish up her license in November.



Terry McMullen said he was broke, so Scott Ross decided to invest in his happy buck business. Yesterday, Terry McMullen was able to play softball after a year of replacing body parts and recovery. He got a hit and made it to second base for the first time in a year. He would say more, but he only got one buck from Scott Ross so he'll have to stop.

library station in Mike's presentation had snow on it while it is summer right now. Mike said it is just a model of all the ones to be built. They get a lot of great use.



Dean Snow had a happy buck for his friend Jim Wolf. Jim's North Dakota State Bisons, a former FCS school whipped up on Air Force Falcons, a former FBS school. Dean also had a happy buck for himself because his Montana State Bobcats, who were an FCS school, beat the Nevada Wolfpack which was an FBS school.



Steve Sutherland had happy bucks for: 1) Larry and Dick for starting up the meeting preparations which he picked up later on Saturday. 2) He also mentioned an accident on Walker Road within overturned truck involving cattle. Luckily no one was hurt. 3) He also met with the D38 transition student director about the Kiwanis Aktion club and they are looking into it. The transition students also provide our Saturday treats and he gave them \$100 from our coffee fund for their supplies.



Mike McGrath reminded us that the Air Force - Navy game is coming up on 10/3/26. If anybody wants to bet on the Air Force team, he will take the bet, and all proceeds go to the Foundation.





Weekly 50-50 Drawing

Just in from Guam, Ben Bellis had the lucky touch, drawing a blue chip and winning \$52!

Program



Money Smarts for Older Adults

Kelly Reifel, Community Resource Officer for Monument PD

Officer Kelly Reifel serves as the Community Resource Officer for the Monument Police department. A former firefighter, Officer Reifel brings a well-rounded public safety background to her role, working closely with local residents, businesses, and community organizations to build strong partnerships, implement safety initiatives, and enhance quality of life across Monument. Officer Reifel has been serving with the Monument Police Department for 4 years and worked at the Denver Police department prior to that. A native of Kansas City, Officer Reifel and her family have lived in Colorado for 10 years.

Financial Exploitation of Older Adults

Officer Reifel presented on financial exploitation targeting older adults, explaining that 25% of their department's calls last year were fraud or identity theft cases. She discussed why older populations are particularly at risk, including their tendency to trust others, financial independence, and reluctance to report exploitation due to not wanting to appear vulnerable. While Adult Protective Services and law enforcement can help, it's crucial to report suspicious activities before any money is transferred, as retrieving funds once stolen is nearly impossible, especially for smaller amounts that don't meet FBI involvement thresholds of \$1,000,000 or more.

Senior Financial Safety Tips

Officer Reifel discussed financial safety tips for seniors, focusing on protecting private documents and financial information from those who do not need access, such as family, caregivers or friends. It is important to recognize and avoid romance scams, emphasizing red flags like requests for money and unusual interest in finances early in relationships. She also covered investment fraud prevention and updated information about the grandfather scam, noting how AI voice technology has made it easier for scammers to impersonate family members.

Scam Prevention Strategies Discussion

Officer Reifel discussed strategies for protecting against scams, such as leveraging GPS services to verify locations during potential abductions, while avoiding use of family passwords. She provided specific advice on identifying and avoiding IRS scams, lottery/sweepstakes frauds, and debt collection scams, noting that legitimate IRS communication always comes via mail and never requests payment over the phone. She warned about common scam tactics, particularly the "play to pay" scheme where victims are asked to provide money upfront for promised winnings or to resolve fictional debts.

Identity Theft and Scam Prevention

Officer Reifel provided guidance on protecting against scams and identity theft, advising people not to purchase gift cards for debt collectors and to request written verification of debts. She emphasized strong password practices, regular security software updates, and the importance of not leaving sensitive information visible on unattended computers. She also advised calling the non-emergency police line (719-481-3253) for help with suspicious emails or to report identity theft, noting that while money may not be recoverable, local crimes can often be investigated and addressed through police reports.

Pension Scam Prevention Guidance

Officer Reifel provided guidance on avoiding pension filing scams, emphasizing that veterans should not pay fees for filing claims and should be cautious about investment advice related to their benefits. She highlighted that VA benefits cannot be garnished by creditors and recommended seeking advice from financial experts. The discussion also covered password management and identity protection services like LifeLock, advising caution about subscription-based identity protection services. It is also important to protect loved ones in care facilities through proper power of attorney arrangements and fiduciary setups.

Community Safety and Regulations Update

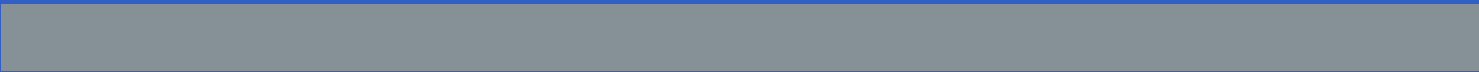
The discussion period emphasized contacting local law enforcement if suspicious financial activities occur and highlighted the importance of Adult Protective Services for elderly individuals over 70 (contact information eldercare.acl.gov or call 1-800-677-1116). Regarding e-bikes and scooters, the police department is dealing with unauthorized e-moto usage by implementing education efforts, creating a task force, and potentially citing parents of violators, though specific enforcement tactics are still being developed.

The video for today's meeting is at this link: <https://youtu.be/XT0zp63nc6Y>

Quick Links

[Monument Hill Kiwanis Website](#).....[Monument Hill Foundation Website](#)

[Facebook](#).....[Instagram](#).....[Twitter](#)



Special Thanks

Senior Meals Drivers & Scheduler - Jim Murphy

Deliveries: Tues, Wed, Thurs; Senior Center; Grace Best Education Center

Photographer: Warren Gerig

Media Support: Frank DeLalla and Liam Wynne



Virtual Meeting Reminder

We need YOU to help with the K-News weekly.

It's FUN and a great way to support the club's communications efforts. Contact one of us to learn more!

[Rich Hicks](#) * [Mark Anderson](#) * [RF Smith](#)

K-News Crew

(click on a name to email us directly)

Members receive a link to each week's meeting via email.

In-person attendance is encouraged. Zoom is available.

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THANK YOU!

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