

The Nugget

Golden K Kiwanis Club Decatur, Illinois

Club Officers 2025-2026

President: Tom McQuistion President Elect: Dick Virgin Vice President: None
 Secretary: Lynda Durnil Asst. Secretary: Roberta Williams
 Treasurer: John Baird Asst. Treasurer: Karen Sivils

Directors:

Cheryl Boss, Joel Hawkinson, Pat Riley, Cathy Sebok, Kathy Thompson, Sally Williams

Past President: Harold Wilkinson

Regular Meeting each Wednesday at 9:30 A.M. at Salvation Army Reception Hall

Nov. 12, 2025

God Bless America / Pledge of Allegiance / Kiwanis Pledge: Ron Black

Invocation: Ron Black **Piano:** Larry Wade

Mike Runners: Harold Dausman, Dan Sebok

Photographer: Joel Hawkinson

<u>Program</u>: Mark Avery introduced Dan Miller, Macon County Health Department, who spoke on Starting Point, an aging & disability resource center.

Comprehensive Community Services Presentation

- Aging & Disability Resource Center assists clients over 60 or under 60 on Social Security disability; uses referral system if needs can't be met.
- Community Care Program provides non-medical, in-home services (e.g., homemaker, emergency response, medication dispensers) based on income/assets, at no cost.
- Money Management Program expanded by 60 clients; assists with budgeting, bill payment, and stipends for those unable to manage finances.

- Caregiver Advisory Service supports caregivers and grandparents raising grandchildren with assessments, referrals, training, support groups, and respite care.
- Senior Information Specialists offer referrals to agencies (e.g., Meals on Wheels, Catholic Charities) and assist with access applications (e.g., reduced vehicle tax, free bus pass for 2 years for eligible seniors).
- Assistance provided for Medicaid, SNAP, Medicare, and public aid applications; open enrollment for Medicare Part D is Oct 15–Dec 7; three certified senior health insurance counselors available.
- Educational programs include 6-week diabetes self-management and stress-busting classes for caregivers and those with dementia.
- Reducing Social Isolation Program provides iPads to connect isolated individuals with family/friends; funded by grants, ongoing since COVID-19.
- Services primarily limited to Macon County due to grant requirements; some federal programs available to non-residents.
- Intake process collects basic info (name, DOB, address, service needs); eligibility based on income, assets, age, or disability; intake can be done by phone or in-person.

Contact Dan at dmiller@maconchd.org

Golden K honored 14 veteran members and recognized past members who served. The program was written by Bob Bischoff. Attached is the list of veterans.

Health Report: Cathy Sebok – Jim Higdon's wife, Barbara, passed away.

Attendance: Lynda Durnil

54 members 1 Speaker 3 Kiwanis guests 58 Total

Dick Virgin – word of the week –"Gruntled" – pleased, contented. Mike Carr & Harold Wilkinson received a prize for their guesses.

Announcements:

Bill Meyer, Herb Dreier, Doug Warren (Early Birds) – have cheese wheels to sell, \$17

Dan Sebok

- See St. Teresa Key Club info below, also Krispy Kreme order pick up will be Thursday, 20th, at St. T.
- Has Charity Mania tickets

Cheryl Boss – we will do bell ringing Dec 11 & Dec 13. Sign-up sheets now.

Charles Smith – Mt. Zion Key Club news (see below)

From Mary Jean Bauer – Christmas Social will be Wednesday, Dec 10, 2pm, The Wagon, \$20, \$10 gift exchange. Taking reservations now.

Susan Rayhill – thanked those who delivered meal to 12 adults & 3 children at Careage House.

- Sign up for Good Samaritan Inn, Nov 25, 11-1pm

Tom McQuistion – board meeting: explored fundraiser ideas & developing a questionnaire for the members in January.

Key Club Updates:

St. Teresa Key Club: Planning a Winter Formal on Feb. 7th, going to do some red kettle bell ringing, selling Krispy Kreme. You can order & bring a check or cash this week. Delivery is Nov. 20.

Mt. Zion Key Club: No meeting on Nov 30, but one on 12/3 during activity period at school. They are planning their Children's Christmas Project. They have 47 children in need on their list from 13 families. Each child will receive toys, clothing, & an Aldi's gift card. The club will shop at Target on 12/3 & Kohl's on 12/4. Wrapping party on 12/14. They've raised funds by selling peanuts, hosting a chili supper, & contacting local businesses & organizations. Any Golden K members who want to help wrap, let them know.

Dates to Remember:

11/25/25 Good Samaritan Inn, 11-1pm

11/26/25 No Golden K meeting

11/30/25 Mt. Zion Key Club – no meeting

12/3/25 Mt. Zion Key Club meeting, 2:15pm School Activity Period

12/10/25 Christmas Social – The Wagon, 2pm, \$20, Gift Exchange Game (\$10 limit), wrapped, no tag

12/11/25 Ring Salvation Army bell

12/13/25 Ring Salvation Army bell

Birthdays & Anniversaries: Kevin Cleary

Birthdays: Jack McCoy, Ron Ruecker, Marty Williams

Anniversaries: Kevin Cleary

** Due to a directive from International we are not to publish personal information.

<u>Bob Hope Quotes:</u> As we get older it gets even harder to lose weight. By then our bodies and our fat have become really good friends!

<u>50-50 Drawing:</u> Jacki Woodward was the winner but did not draw the Queen of Hearts. The \$163 rolls over. Get your tickets!

Up Coming Programs:

11/19/25 Abby Helm, Community Relations Executive Ameren Illinois, topic: Scams

11/26/25 No meeting

12/3/25 Pete Buckley, topic: My Career in the FBI

12/10/25 Michael Warner, Holly Newbon, Webster Cantrell Youth Advocacy

Ongoing Projects

- Collecting Food Coupons for the military Cheryl Boss
- Collecting clean plastic caps & lids for school benches & tables Paula Luckenbill
- Collecting pop tops for Ronald McDonald House, Springfield Paula Luckenbill
- Turn in hours to Karen Sivils itcpa96@gmail.com, estimate #children helped
- Kiwanis clothing Roberta Williams
- Golden K board meetings 2nd Monday each month, 1:00 pm, Central Christian Church
- Decatur Lakeside 9/11 Memorial Flagpole and Flowers

Wednesday Donations

1st - Food Bank

2nd – K.N.R.F.

3rd – School Support

4th - Trauma Dolls

5th – Scholarship Fund

Story for today: Bob Lewis

Editor: Linda Thomas, lthomasxq@aol.com, 217-454-2605 Substitute Editors: Lynda Durnil & Roberta Williams





Click to view meeting

https://www.youtube.com/@GoldenKKiwanisofDecatur

Facebook:

 $\underline{https://www.facebook.com/profile.php?id=} 100071723247020$