



January Newsletter - Kiwanis

From:Stephanie (sschiszik@gmail.com)

To:jaywojcik@ymail.com

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Kiwanis
CLUB OF LOMBARD

Welcome to 2023!

There's lots of news to share so please check it out! Be sure to RSVP for bowling, and donate to the Key Club service project or to the diaper (and other supplies) drive by the dates specified!



2023 BOWL-A-THON

Benefiting Kiwanis Neuroscience Research Foundation

Stardust Bowl

37 E. Lorraine Avenue, Addison

SATURDAY, FEBRUARY 4TH

1:00 p.m.



Cost per person = \$25.00

*This includes: 3 games of bowling, shoe rental, & pizza
Bumper Bowling Available for amateurs
(The fee covers the cost of each bowler and is NOT a contribution)

All Kiwanians, Key Club, Aktion Clubs, Builder's Clubs and their friends & family are invited to attend!

You don't need a team; we'll mix you in with the crowds!
Just get some sponsors and come to bowl -
And have fun raising money for the

Kiwanis Neuroscience Research Foundation!

TO RESERVE YOUR SPOT CONTACT CONNIE BARRERAS OR
SEND A MESSAGE TO: kiwanisclubofglendaleheights@gmail.com
Any questions
Contact Connie Barreras, Division 9 Lt. Gov.: (630) 281-0066

This is a fun even and it supports a great Kiwanis cause! Bring your friends, family, neighbors, anyone who like to have fun! RSVP soon!

If you, or someone you know, wants to make a donation to the event, you can send a check to our club at PO Box 321, Lombard, 60148-0321 or go to our website (k13789.site.kiwanis.org), go to the donate page and select Bowl-A-Thon.

Key Club Needs Your Plastic Grocery Bags!

Key Club members will be making yarn out of plastic bags. The yarn is sent to a company that makes sleeping mats for the unhoused. If anyone at Kiwanis would like to donate their Jewel/WalMart/Target bags, let Beth McNett or

Brigitte know where she can pick them up! Produce bags cannot be used. Key Club will be cutting the bags this Monday, the 23rd.

Thank You, Healthy Lombard!

Dear Supporters of Healthy Lombard,

It seems like only yesterday that the first small group of individuals from eight local organizations and businesses met to develop a plan to address the epidemic of childhood obesity. Working together, they created the 501(c)3 known as Healthy Lombard. This organization was designed to be open to all kids, from preschool to high school, regardless of location, race, religion, or financial restrictions.

Healthy Lombard developed a Triple-A Mission of Awareness, Activities, and (the celebration of) Achievements and enacted these through:

- providing free-of-charge activities for youth.
- promoting a healthier lifestyle for everyone through the items on our website; and
- providing a platform for community networking and collaboration through our daily calendar, monthly newsletters, social media, and quarterly partners' meetings.

Now, 12 years later, Healthy Lombard is proud that it can claim:

- an expanded recognition of the epidemic of childhood obesity.
- a website that has had over 7.3 million hits.
- an annual increase in participation in our activities.
- the ability to provide several FREE of charge activities each year.
- an increase in support for Farm to Table through Apple Crunch Day.
- assisting in the distribution of hundreds of Hospital Dolls.
- support from former student participants through contributions to our blog; and
- creating a network for collaboration among local partner organizations.

Healthy Lombard has been very fortunate and is extremely grateful for the dedication of wonderful individuals who volunteered to serve on committees,

our Board of Directors, and as officers of the Organization. It could not have existed for this length of time if not for their generous gifts of time and talent.

In addition, the sharing of resources and financial support from our many partners over the years has made it possible to collaborate on projects, host events, and fund the prizes we distributed to our young participants.

Healthy Lombard is pleased that, although it will end on December 31, 2022, it has inspired many other groups to take up the mission of addressing and providing ways to combat childhood obesity.

Therefore, we can close with the statement to all that have contributed to Healthy Lombard, "Job well done!"

Thank you,

Jay Wojcik, Healthy Lombard

Founder, Board President, & Webmaster



Serving the Children of the World at its Best!

After consultation with the President of Kiwanis International, the President-Elect, and the Governor of Romania, the Kiwanis Children's Fund in Europe launched a campaign to help the refugees from Ukraine. In response, the District of Austria provided support to the Ukrainian people by transporting food, clothing, medical supplies, etc. valued at more than \$350,000. to the Ukraine border.

In addition, many generous Kiwanis members and private donors have made numerous donations to the Kiwanis Charity Fund, so it could make purchases of urgently needed relief supplies.

As of December 2022, four shipments were made to Romania and one to Slovakia. With the enthusiastic support of the clubs located there, the donations were sorted, repackaged, and delivered precisely where they were needed to official refugee camps, registration centers, and aid facilities. In addition, despite the enormous risk, there were transports to Ukraine and also to crisis centers in Moldova.

The range of donated goods was broad, as the refugees' belongings were completely destroyed by the brutal warfare of the Russian forces or had to be left behind. For example, the Austria District has also delivered hygiene items (such as shower gels, shampoos, toothbrushes and toothpaste, feminine hygiene items), baby and toddler food, mineral water, clothing, shelf-stable food, power banks, batteries, emergency generators, diapers, washing powder and detergents, blankets, bedding, towels, furniture (such as beds, chairs, or tables) and much more.

Helping with the distribution in Ukraine is the Kiwanis Club of Kyiv, that was chartered on October 1, 2007. One of their activities has been to actively assist crisis centers working with the street children in Kyiv. They also took care of two orphanages located in the Kyiv region. In addition, the Club partnered with the only Ukraine private school for children with autism. And they raised funds for charity projects to help children need despite their race, religion, or social status.

In October, 2022 they posted on their Facebook Page:
A few months ago, we started a project to support refugees in Kyiv. Now we help 200 families. This is 600 - 700 people. Each family left the zone of active combat. Families lost their homes. Everything they had in life was destroyed. All families arrived without clothes, shoes, or food. We help them, talk about hope, distribute food packages, and do everything so that these people in our city feel supported and cared for.

We meet with families, we feed them, we talk, we find out what they especially need now. Your support and prayers are very important to us. We want to support even more people. Every person should know that he is not alone with his pain. Ukraine will win and the enemy will be expelled from our country

In December 2022 their Facebook editor posted:

I sincerely thank everyone who takes part in the collection and distribution of humanitarian aid, for your kind hearts, for sensitivity and responsiveness. Thank you for supporting and serving people every day.

I believe that the seeds of love that you planted in people's hearts will sprout and bear beautiful fruit. I pray for every officer, every volunteer. You help not when asked, but when you see what a person or another person needs and help him. Thank you for feeding the hungry, clothing the one who has no clothes, and only then is it good. We really need warm, kind hugs and soulfulness in relationships nowadays, whether it's close to you or a complete stranger. I know you show Heavenly Father's love every day.

What a beautiful example of Kiwanis in Action!



How Have You Been Giving Service?

We have another ambitious goal for our members' service hours! Please let Brigitte know how many hours you are volunteering in the community, at

church, on a board or committee, or however you are helping!

Thanks!!!

Diapers and Other Supplies Needed!

Please consider purchasing diapers and other items through our sponsorship of a diaper drive for The Outreach House in Lombard. This drive, which continues through January 31, 2023, will provide diapers for families in need in the Lombard area. Please help families and children by providing items like diapers, baby wash, and wipes. Donations of new items will be collected between 9 a.m. and 5 p.m. weekdays through January 31 at the Sunset Knoll Recreation Center registration office, 820 Finley Road in Lombard. You may also use the following link or QR code to order items that will be shipped directly to the collection site:

www.amazon.com/hz/wishlist/ls/3LUT7MMCLAAPW?ref=wl_share

One of Our Own Could Use Your Encouragement!

One of our Kiwanis members, Fran Carroll, has had several substantial health problems and is in the hospital for an unknown amount of time. She could really use some support and encouragement from Club members! You can send cards to her home. Thanks!

Hospital Dolls Need Homes!

Kiwanis Hospital Dolls are made by some wonderful women at Lexington and are a great help to first responders and health care providers in communicating with young children. We have distributed them locally and around the world. We are looking for places that would appreciate them and use them for the intended purpose. Do you know anyone, i.e., doctor/pediatrician, hospital employee, etc. who would like us to give them some? Please let Jay know! Thank you!

Happy Belated Birthday!

Marilyn Seagraves - January 8th



Can You Spare a Minute?

We are looking for people to sign up for our "Member Minute". We want to get to know more about you in just a minute or two. Dave Brown will present in February. Who's next? Let Dave Gorman know.



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Our mailing address is:

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P.O. Box 321
Lombard, IL 60148

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