



# Kiwaniis®

MISSOURI-ARKANSAS DISTRICT

*News & Views from your Division 9 Lt. Governor*

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*June 2022*

## MO-ARK District Kiwanians at International Convention

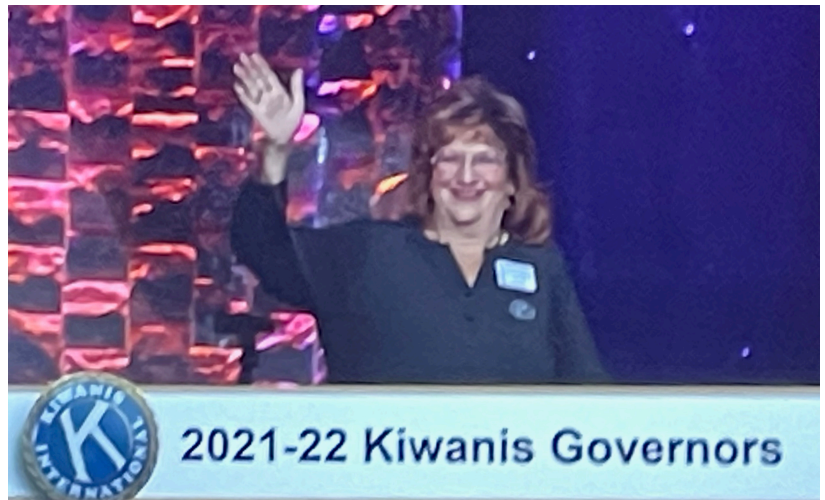
June 8 - 11, 2022 - Indianapolis, IN



Bonnie Paulsmeyer, Division 9 Lt. Governor



Bonnie Paulsmeyer  
Lt. Governor Division 9  
Teri Jacob  
Lt. Governor-Elect Division 9  
Evening at Victory Field



Carla O'Brien  
Governor MO-ARK District  
Introduced at the General Session



Mary Vaughn  
MO-ARK District Secretary



Children's Fund Luncheon  
Lt. Governor Bonnie Paulsmeyer, Governor Carla O'Brien and husband, David



Some of the MO-ARK District Attendees  
BBQ Dinner at Victory Field before the Ball Game

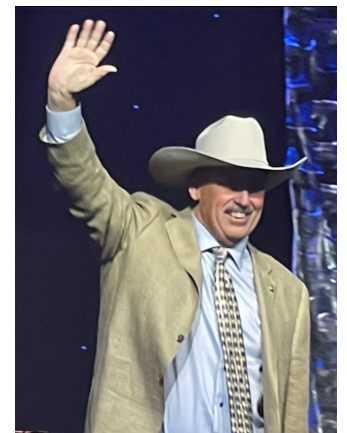


Lt. Governor Bonnie Paulsmeyer  
Kiwanis Gala  
Michael Cavanaugh - Piano Man  
in Broadway Musical - "Movin'Out"

Governor O'Brien & Governor-Elect  
Ockert and Spouses also attended.



Peter Mancuso  
International President  
2021-22



Bert West  
International President  
2022-23  
Rocky Mountain District  
Past Governor  
Elected International Trustee 2016

Twenty-six Kiwanians attended from MO-ARK. Five were from Division 9: Carla and David O'Brien, Gravois; Roger Jespersen, Meramec Valley Community; Teri Jacob, Crestwood-Sunset Hills; and Bonnie Paulsmeyer, Maplewood. I was unable to get pictures of all of the MO-ARK attendees.

Some of our people were able to visit the International headquarters. I had planned to go, but when I found out that I would miss the House of Delegates voting on the proposed amendments, I chose not to go.

The convention is pricey, but it was an enjoyable experience and also an educational one. Many of the speakers were outstanding, however, I was especially motivated and inspired by Jimmy Casas and Dr. Mae Jemison.

**Jimmy Casas'** high school was named one of the Best High Schools in the nation by Newsweek and U.S. News & World Report. Even though his thoughts and knowledge on leadership and how to effectively and passionately deal with students comes from the perspective of an educator in a school setting, what he has to say is applicable to every adult who has any interaction with children and students. Mr. Casas has written three books—all of which I have purchased. I would highly suggest that you learn more about these books and also suggest that you forward this information to the school leaders that you deal with in your SLPs. All educators can benefit from his teachings.

#### Jimmy Casas - Books

*Culturize: Every Student, Every Day, Whatever it Takes*

*Live Your Excellence - Bring Your Best Self to School Every Day*

*Handle With Care - Managing Difficult Situations In Schools with Dignity and Respect*



Mr. Casas had an amazing power-point. The quotes below are taken from the slides that were projected during his presentation:

Every time we bring a group of people together, it is an opportunity to build community;

Don't just talk about excellence...live your excellence;

Leadership is not about how you respond when you know what to do, rather how you respond when you don't know what to do;

GIFT OF SERVICE—mental health, self-esteem, mentorship, academic support, increased confidence, community, volunteerism, guidance, sense of belonging, capable, leadership skills, connection;

What is the biggest issue that we are currently facing that is causing us to not get the results we aspire for when it comes to taking care of our children, the elderly, the poor, those with mental and physical health issues and the underserved? INEFFECTIVE LEADERSHIP;

The most powerful leadership tool you have is your own example (John Wooden);

Who you are as a leader should be the same person you are as a person. Know your core, share your core, and then live your core;

CULTURIZE - Four Principles - Champion for Students, Expect Excellence, Carry the Banner, Merchant of Hope;

What challenges you face on a daily basis do not need to define you. But how you respond to them will determine your character;

Do not let anyone take away your excellence;

We cannot allow average to become our standard;

When you are feeling disappointed and find yourself falling to average, remember that your personal excellence starts over again tomorrow;

Don't fear FAILURE. Fear being in the exact same place next year as you are today;

You are responsible for your own morale;

Why some students and educators lose their passion for learning and teaching we may never know, but never stop believing that you can inspire them back to greatness;

Every student is one caring adult away from achieving greatness;

What if we placed a Handle With Care sticker on our most challenging students? Could we influence the trajectory of their life?;

CULTURIZE—In the end your legacy will not be about your success, rather it will be about your significance and the impact you made on others, every day, and whether you were willing to do whatever it took to inspire them to be more and do more than they ever thought possible;

and finally ...



Mr. Casas also said that we should all give the gift of time, and that we need to take care of each other. I hope some of these thoughts from Jimmy Casas were meaningful to you and that they will inspire you to go out and do even more for the children and students that you serve.

**Dr. Mae Jemison** was the other featured speaker that closed the session on Friday. Dr. Jemison has a degree in chemical engineering and medicine, and was a NASA astronaut for 6 years. She was onboard the Space Shuttle Endeavor in 1992. She believes that we should expect our children to learn and that to teach STEM there needs to be a hands on, hearts on, and minds on approach. Students need to discover solutions and shouldn't just be learning facts. Teachers need to be trained in experiential education. (I believe there are many good teachers who use group work and experiential learning in their classrooms.) Dr. Jemison has authored some books on space. Her book, Find Where Your Wind Goes is a good one for young teens. She even has her own Lego figurine.

As you are aware, **Kiwanis works to improve the world** one child and community at a time by improving the lives of children **in three broad areas: health and nutrition; literacy and education; and youth leadership skills.** The Kiwanis impact is from birth to adulthood. There were speakers that addressed all of these areas as well as break-out sessions on fundraising, service projects, literacy, nutrition, membership growth, understanding the different generations of potential/current Kiwanians, youth protection, building playgrounds, marketing, and diversity, equity and inclusion. Because of the lack of time, attendees were quite limited to the number of sessions

that one could attend. In one of the sessions that I attended, I learned about on-line courses that are available for free for all Key Club and Circle K members. These students can earn a **Global Leadership Certificate** by taking the 39 courses which are offered only on-line. Be sure your Key Club and Circle K clubs are aware of this opportunity.



The **Children's Fund** has a new fellowship that can be purchased for an unrestricted gift of \$2,500.

Dr. Blechman was the 2003-04 International President who started the Iodine Deficiency Program that was a successful international service project of Kiwanis International.

The goal was to get 100 donors during the convention. That goal was surpassed—117!

**Kiwanis has been on top of the world.** The Kiwanis flag was taken to the top of Mt. Everest which lies on the border of Nepal and Tibet. Nepal members brought that flag to the convention and presented it to our International President, Peter Mancuso.



I could go on and on, but I won't. On Tuesday, June 14, 2022, Kiwanis International sent members an email with a summary of the convention. If you want to know about the elections and amendments, please refer to that email. Unfortunately, our own, Ron Hill, did not win the Trustee election. There were five candidates and only three positions open. Thanks to Ron for running a good campaign.

In the future, I would encourage everyone, especially the club officers and leadership of the District, to try to attend an international convention. It was a wonderful experience. There were Kiwanians there from New Caledonia, Philippines, Malaysia, Panama, Nepal, Belgium, and other countries of which I am not even aware. There were

Kiwanians from all over the U.S.A. Attending the international convention made one realize that Kiwanis is truly international. We are truly impacting the world.

## Other News

**The MO-ARK District Convention will be August 25-27, and will be held in Springfield, MO. Bert West, KI President 2022-23,** is scheduled to be at our convention. What a wonderful opportunity for the MO-ARK District. The District Convention is a lot of fun. It is nice to meet Kiwanians from all over the District. **Club Leadership Education will be offered at the District Convention in case the other dates offered in Region IV do not work for your club.** I urge clubs to consider sending representatives to the convention. **MO-ARK has two candidates for Governor-Elect.** Paul Sherman is from the Springfield South Club in Missouri, and Elbert Bradley is from the Foreman Club in Arkansas. Soon, there will be more information coming out about these two candidates as well as the details regarding the convention. The convention will be held at the University Plaza Hotel in Springfield.

**Club Leadership Education (CLE)** will take place on **Saturday, July 9 and Saturday, July 16, 2022.** Please note the information that is attached to this newsletter – registration is requested. **There will be training for the President, Secretary, Treasurer, and Membership Chairperson.** These sessions are very worthwhile and will provide important information for your club. If you find it is impossible for you to attend either of the sessions, then there is a chance for you to get your training from KI. **Kiwanis International will be providing on-line training (which will not be specific to MO-ARK) in August.** The KI training will be held at 7:00 p.m. Central Time on the following dates: President, Monday, August 1; Secretary, Tuesday, August 2; Treasurer, Wednesday, August 3; and Membership, Thursday, August 4. **I have new CLE booklets which I will be getting to your clubs before the training dates.**

KI has provided clubs with the **Two Plus Two program materials** which is a new program to get clubs to think about **membership** each month. Also, remember that **Governor O'Brien** ([carla.obrien@outlook.com](mailto:carla.obrien@outlook.com)), **Ralph McCormick** ([flylow77@centurytel.net](mailto:flylow77@centurytel.net)), and **Barbara Thompson** ([barbarathompson4kiwanis@gmail.com](mailto:barbarathompson4kiwanis@gmail.com)) are available to set up some BOOST days with your club if you need or **want help with building your membership.** If your club secretary did not get these materials, please notify KI, and they will mail them to you.

**The Feed the Need STL** service project that was going to be held at Queeny Park in August has been changed. The event will now be held **September 8-11 at the St. Louis County Kennedy Recreation Complex** (6050 Wells Rd., St. Louis, MO 63128.) There is a need for up to 3,500 volunteers to pack a goal of 1 million meals. Canned goods will also be collected for Operation Food Search. Volunteers are asked to work

2-hour shifts. Please sign up at: [feedtheneedstl.org](http://feedtheneedstl.org) or contact Suzie Everingham for more information - 314.413.1230. Registration begins June 27, 2022.

**The Key Leader** experiences for students will be held in October and November this year. Please see the attached flyer for details.

**Kiwanis Club of St. Louis City Social for Division 9  
June 2, 2022  
Thank you, Kiwanis Club of St. Louis City!**



The Kiwanis Club of St. Louis City (Hampton-Midtown) hosted a BBQ Social for the Division 9 clubs and others interested in knowing more about Kiwanis. There were three other Division 9 clubs present for the event—Crestwood-Sunset Hills, Gravois, and Maplewood. Present were Carla O'Brien (MO-ARK District Governor), Bonnie Paulsmeyer (Lt. Governor Division 9), Teri Jacob (Lt. Governor-Elect Division 9 and Crestwood Sunset Hills President), William Humphrey (President Kiwanis Club of St. Louis City), Jim Crooks (President Gravois Kiwanis Club), and many other members from the St. Louis City and Gravois clubs. The evening was lovely, and those attending enjoyed a delicious BBQ dinner with terrific conversation and camaraderie. Our host, William Humphrey, President of the Kiwanis Club of St. Louis City, spoke to the group. Governor Carla O'Brien also addressed the group and lead us in her song, "We Are Family."

The **Kiwanis International website** has a place where prospective members can **Find a Club**. Paul Eckler, MO-ARK Webmaster, has alerted me that some of our Division 9 clubs, and other clubs in Region IV, are not listed. I have contacted International and am waiting to hear back from them in order to get this rectified as soon as possible.





**Kiwaniis**  
MISSOURI-ARKANSAS DISTRICT

## Club Leadership Education Training (CLE) for Presidents, Secretaries, Treasurers, Membership Chairs

### 2 Dates & 2 Locations for Your Convenience

(Note: Training for Presidents & Secretaries must be completed by September 30, 2022 to be eligible for Distinguished Club status.)

LIGHT SNACKS AND DRINKS WILL BE SERVED AT BOTH LOCATIONS.

### Saturday, July 9, 2022

**Kirkwood United Methodist Church**

201 W. Adams Ave., Kirkwood, MO 63122

(Look for signs for the proper door entrance. Lost: Call Kyle Butler at 314.605.1724)

President & District Information	9:00 - 10:25 a.m.	
Secretary	9:00 - 10:25 a.m.	(Bring Laptop)
Treasurer	10:35 - 11:30 a.m.	
Membership Chair	10:35 - 11:30 a.m.	

### Saturday, July 16, 2022

**Ready Train Go at Mid Rivers Mall**

2308 Mid Rivers Mall, St. Peters, MO 63376

**Parking instructions: Park in the lot behind Chili's and use mall entrance to the right of V-Stock.**

**Ready Train Go is on the second floor between V-Stock and Slackers.**

If you cannot get into the building or if you get lost, please call Tiffany Ermeling's cell at 314.581.4877 for directions.

President & District Information	8:30 - 9:55 a.m.	
Membership Chair	10:05 - 11:00 a.m.	
Secretary	11:05 - 12:00 p.m.	(Bring Laptop)
Treasurer	12:05 - 12:55 p.m.	

### RSVP to Dr. Bonnie Paulsmeyer, Lt. Governor Division 9

**[bonniegailp@gmail.com](mailto:bonniegailp@gmail.com)**

For July 9 training, RSVP by Wednesday, July 6, 2022.

For July 16 training, RSVP by Wednesday, July 13, 2022.

**Bring your Leadership Guide (back page is white & dated 2022).**

**Lt. Governors have these guides for your clubs and will be getting them to you soon.**

**If you do not have a copy, there will be a few guides at each of the training locations.**

**NEW SECRETARIES: Have your secretary add you as an assistant so you can get on the Secretary Dashboard.**

#### INCLUDE THE FOLLOWING INFORMATION WHEN YOU RSVP:

Name	Email	Cell
Club	Date Attending	Session/s Attending

## Division 9 Events

(If you have any events you want publicized in the Division 9 Newsletter, please let me know.)

- June 1 Annual Report of Club Election Due - Use Secretary Dashboard**
- June 2 Hampton-Midtown Kiwanis DBA Kiwanis Club of St. Louis City  
Social for Division 9 Clubs, 5:00-7:00 p.m. - RSVP Required  
See Flyer
- June 8-11 INTERNATIONAL KIWANIS CONVENTION, Indianapolis, IN**
- June 13 Maplewood - Golf Tournament
- June 18 Clean-up Day - Camp Wyman - Region IV Clubs which  
includes Division 9 - RSVP Required for Lunch**
- July 9 Club Leadership Training (CLE) - Kirkwood United Methodist Church  
Registration Requested - See Flyer**
- July 16 Club Leadership Training (CLE) - Ready Train Go - Mid Rivers Mall  
Registration Requested - See Flyer**
- August 25-27 MO-ARK CONVENTION, Springfield, MO**
- September 8-11 Feed My People STL - Volunteer Opportunity

### Lt. Governor and Lt. Governor-Elect Scheduled Visits

Tuesday, June 28	Kirkwood	Confirmed
Tuesday, July 5	Glendale-Kirkwood	Confirmed
Wednesday, July 6	South County, STL	Confirmed
Thursday, July 7	Crestwood-Sunset Hills	Confirmed
Tuesday, July 12	Kiwanis Club of STL City	Confirmed
Tuesday, July 19	Chesterfield	Confirmation Pending
Wednesday, July 20	Gravois, STL County	Confirmed
Wednesday, July 27	Maplewood	Confirmed
Tuesday, August 16	Meramec Valley Community	Confirmed



# KEY LEADER<sup>®</sup>

Key Leader is a weekend experiential leadership program for today's young leaders. This life-changing event focuses on service leadership as the first, most meaningful leadership-development experience. A Key Leader will learn the most important lesson of leadership—it comes from helping others to succeed.

## Camp Mihaska

Bourbon, MO

October 21-23, 2022

**\$195**

PARTICIPANT FEE  
PER STUDENT

## Camp Tanako

Hot Springs, AR

November 4-6, 2022

**\$150**

PARTICIPANT FEE PER  
CAMP COUNSELOR  
ADULT CHAPERONE  
OR VOLUNTEER

**register online at [key-leader.org](http://key-leader.org)**

HAVE QUESTIONS? CONTACT OUR DISTRICT CHAIRS.

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