



Newsletter



August 2024

#Kids need Kiwanis#

Kids are curious, lovable and hilarious. They are also wild, impatient and vulnerable. Kiwanis is looking out for kids in every corner of the globe with more than 440,000 volunteers who serve their communities through local clubs.

Remember – I can't do all the good the world needs, but the world needs all the good I can do!

Hands Across the Water www.handsacrossthewater.org.au

At our August meeting we had Justine as the guest speaker about her upcoming bicycle ride in Thailand for Hands Across the Water. *Extracts have been taken from the HAAtW website*

Hands started in 2005 after the Boxing Day Tsunami of December 2004 decimated parts of Thailand along with other countries in the area. Peter Baines and Gill Williams were working on the recovery efforts and teamed with a local to start the charity.



Hands started out supporting 34 children in the small community of Khao Lak and due to the increased demand of our services and through the generosity of our community and valued partners has expanded its reach to care for 350 children across 7 projects in Thailand. Hands has gone from employing one staff member to providing employment to over 60 people across Thailand.

The children come from:- no known family to support them; have a family member but unable to support them; and those living in an unsafe environment.



Hands provides food, money and outreach to set the children up for life. Kids are encouraged to garden at the homes so they learn self sufficiency.

In January 2025 to celebrate the 20th anniversary of formation, Justine and fifty other cyclists will ride 800 kilometres in 8 days to raise funds to support this worthwhile cause. On one rest day they visit one of the

homes and their ride takes them through some of the key tsunami sites. Each rider has a fundraising target of \$10,000 in addition to their costs.

Kiwanis Sydney appreciated hearing about this worthwhile cause and the Board subsequently voted to support Justine. Thank-you Justine and to Vicki for organising this talk.

City to Surf

For the third year Kiwanis Sydney volunteered to man the drink station at Rose Bay for a fun day and to raise some funds for the club.

This year there were 85,000 participants in the City to Surf with the first wave coming through Rose Bay at 7.45am and the last of the walkers coming through at 11am. The sheer bulk of people means that placing of cups, filling them with water and handing some to runners is fast and furious.

Kiwanis Sydney had 19 volunteers in their team and had fun interacting with the other teams and the runners. It is also great to see the outfits that runners wear. This varied from the minimum of a pair of budgie smugglers up to full gorilla suits and the like. A group of firefighters did the run in full uniform, complete with breathing apparatus.

Thanks to Sree for her organisation of the day and to all the volunteers who made the early start.





Father's Day at Caroline Chisholm

Following on from our Mother's Day flowers and cards for several years Kiwanis Sydney decided to give a Father's Day gift to all the men at the Caroline Chisholm Nursing Home.

Our team of Naz, Emily, Devan, Katherine and Graeme Jones (and his little dog) went along and handed out gift packs containing a hankie, chocolate and a biscuit. The men appreciated the thought and the chance to talk to visitors. Thanks Naz and Lynne from Caroline Chisholm for organising the day.



Emily with a resident



Lynne, Devan, Graeme, Naz, Emily, Katherine



Bunnings Barbeque

On Sunday 18th August we conducted our usual monthly barbeque at Bunnings Artarmon. Even though it was a Sunday it was a reasonable day with over 700 sausages cooked up. Now that the prices of sausage sandwiches and drinks have been increased to \$3.50 and \$2.00 respectively, the returns of Bunnings barbeques are good. This bbq gave us over \$1,850 profit to fund our many worthwhile causes.

The donations “pot” on the day was for Share the Dignity bags for women in refuges which is coming up in November. We raised \$48 directly for this cause.



Governor Elect 2024-25

At the Kiwanis Australia AGM held in place of the usual District Convention on 31st August, Steve Hughes was nominated and elected as Governor Elect for 2024-25.

From Steve’s nomination speech:-

I joined Kiwanis Club of East Maitland in 1985. Over the years I have been a member of 6 Kiwanis clubs – East Maitland, Canning River, Doncaster Templestowe, Melbourne, Sydney and Australia Online. I did have a short time out of Kiwanis while living in Wollongong. I have lived Object 5 in forming enduring friendships through all these clubs and through attending Mini Conventions, District Conventions, ASPAC Conventions and KI Conventions.

At club levels I have served as President, Secretary, Treasurer and Newsletter Editor.

At District level I have served as Lieutenant Governor Division 1 for 2 years, District Secretary for 4 years, Eliminate Coordinator for 11 years and as a Board Member of KADCF for the last 5 years.

I believe my experience on the Kiwanis Australia Board for 6 years stands me in good stead for the position of Governor-Elect.

We have clubs doing fantastic work for the community in their local areas, Australia and internationally. Our numbers of members and clubs have reduced to a critical point where we could see all this great work come to an end. We need to arrest the decline so that our good work continues.

I will work with David to develop and start a plan for the future of Kiwanis Australia. I have Cathy’s support for the role and Kiwanis Sydney is also backing me in.

Steve embarks on 3 years in the leadership team as Governor-Elect, Governor and then Immediate Past Governor.

Aktion Club – looking for members! www.aktionclub.org

Kiwanis Sydney wants to sponsor a new Aktion Club and we are looking for potential members. Members with a disability will be part of their own club to fundraise and perform work in the community to help others in need. The Aktion Club will also organise their own social activities to get to know other members and have fun.

"WHERE
DEVELOPMENT
KNOWS NO
DISABILITY "



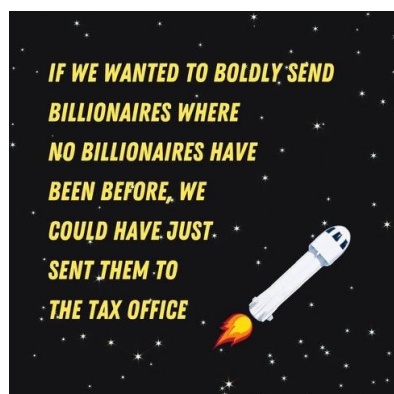
If you know of someone who might like to be part of, or benefit from this club, then please contact us at sydney@kiwanis.org.au.

#Kids need Kiwanis!

Do you want to help kids? Kiwanis Sydney needs your help to continue our work in the local, Australian and world communities. Come along, obligation free, to one of our monthly meetings, or a Bunnings barbeque to meet the team, or simply meet with one of our members over a coffee and hear about what we do and how you can help. You will meet new friends and get that warm feeling from helping kids in Sydney Children's Hospital, HeartKids, Sir Eric Woodward School, Nepal or others. Contact us at sydney@kiwanis.org.au

Hope you enjoyed the newsletter. If you have an article to include in future newsletters, please forward to sydney@kiwanis.org.au

Joke Corner



Events Coming Up: 2024

Sun 8th Sep 2024 – Kiwanis Sydney Social Event in lieu of meeting at 10.30am – Steve and Cathy's house – 30 Chifley Rd Morisset Park. Family and friends welcome.

Sat 14th Sep 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Fri 20th to Sun 22nd Sep 2024 – New Zealand South Pacific District Convention in Auckland

Tues 8th Oct 2024 – Kiwanis Sydney **Changeover** Meeting 7pm – Pennant Hills Community Centre

Sun 13th October – HeartKids Two Feet and a Heartbeat Walk– Kiwanis doing barbeque.

Sat 26th Oct 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Sat 23rd Nov 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Sat 28th Dec 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Deserving Causes Kiwanis Sydney has helped	2022-23	2023-24
Sydney Children's Hospital Randwick - Comfort Care Cases	✓	✓
Sir Eric Woodward School - Terrific Kids and gardening	✓	✓
Broderick Gillawarna School – Terrific Kids, Fun Day and Formal	✓	✓
Warrah Specialist School – Terrific Kids, loom support and sensory equipment	✓	✓
Lidcombe Public School - Back to school packs & sensory toys. Vege Pods for growing vegetables		✓
Children First Foundation - life changing medical help for children (District Project thru' KADCF)	✓	✓
HeartKids Australia - research into children's heart disease (District Project thru' KADCF)	✓	✓
HeartKids Two Feet and a HeartBeat, Sweethearts Day, Super Heroes Day and local respite	✓	✓
Aussie Helpers – assisting farmers and their children in need		✓
Acute Lymphoblastic Leukaemia in Children (District Project thru' KADCF)	✓	✓
Share the Dignity Bags – for women and children in refuges or doing it tough at Christmas	✓	✓
Rainbow Children's Home Nepal - house and educate orphans	✓	✓
Harding Miller Foundation – part sponsorship of a Yr 9-11 girl for High School studies	✓	✓
Exodus Foundation Rev Bill Crews - helping the homeless	✓	✓
Father Chris Riley's Youth off the Street		✓
Kiwanis Children's Fund - various worldwide projects – annual club gift	✓	✓
Kiwanis Australia District Charitable Foundation – annual club gift	✓	✓
Caroline Chisholm Nursing Home – Mother's day cards and flowers	✓	✓
Street Care for Homeless Newcastle – provide clothing and food to homeless	✓	✓
Gunasekara Child Development Centre Sri Lanka	✓	✓
Operation Rainbow Cleft Palate operations by WA Drs in Cebu		✓

The Objects of Kiwanis International

- 1. To give primacy to the human and spiritual rather than to the material values of life.**
- 2. To encourage the daily living of the Golden Rule in all human relationships.**
- 3. To promote the adoption and the application of higher social, business and professional standards.**
- 4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.**
- 5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.**
- 6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and good will.**



Kiwanis Club of Sydney