



Newsletter

September 2024

#Kids need Kiwanis#

Kids are curious, lovable and hilarious. They are also wild, impatient and vulnerable. Kiwanis is looking out for kids in every corner of the globe with more than 440,000 volunteers who serve their communities through local clubs.

Remember – I can't do all the good the world needs, but the world needs all the good I can do!

Terrific Kids *some photos may be included in next issue*

Kiwaniis Sydney continued our support of Sir Eric Woodward School (SEWS) with our Terrific Kids presentation at the end of Term 3. We have continued this support for 10 years since 2014, every term except for a couple during COVID. Even during COVID we would prepare the certificates and prizes and deliver them to SEWS for presentation.

This term Cathy and Steve attended SEWS to present Terrific Kids awards to 2 children.

Recapping that Terrific Kids are those who have been **T**houghtful, **E**nthusiastic, **R**espectful, **R**esponsible, **I**nclusive, **F**riendly, **I**nquisitive or **C**apable. The teachers have the difficult job of selecting one child from the Face-to-Face classes plus one from the Distance Education classes. We are told it is quite competitive amongst the teachers to have their child selected.

This term the two children were:-



Blake Year 11 in DESU, has made excellent progress and achievements in communicating respectfully with his parent and sibling. He finishes and uploads all his TEAMS assignments and completes a reflection to indicate how he felt about the given assignment. Blake is also consistently working on his emotional regulation by adopting self-regulation strategies.

We made the presentation to Blake and his mother, who phoned in to us from home, and we were in the school's media room.

Alice Year 2 in F2F, is always an eager and enthusiastic learner. She has grown significantly in her learning in the recent months. In Maths,

Alice groups up to three different colours with minimal prompts and is working towards grouping objects. In English, she has gained symbolic means of communication to gain attention and request from a communication partner using signs. She will vocalise to gain attention and show signs including 'toilet', 'more', 'Alice', 'drink', 'thank you',

etc. During Ziggy (the school dog) time, Alice will show her readiness for Ziggy by sitting down without prompts and when Ziggy is ready, she will pat him gently. In personal care, she communicates to the teachers (in class or at the playground) if she needs to use the toilet. In PDHPE, she has been using the playground equipment, walking across the plank and climbing the obstacle course independently. Alice has come a long way in her learning outcomes.

Mark's 1st Project

Angelique's son Mark (an Honorary Member) approached us about doing a barbeque at his boxing gym for a family day on a Sunday morning, the day after our last Bunnings bbq. We thought it a good idea to cater for the kids.

Angelique, Cathy and Steve were there to cook up 100 sausages on a bitterly cold and windy day at Get Smart Boxing, North Rocks. The sausage sandwiches and drinks were enjoyed by all, and the owner Jeff agreed to pay for all the supplies and also make a donation to Kiwanis.



About 50 children and their families turned up for a bout of sparring with others or with the bags. Great to see kids of all ages out doing exercise and mixing with others.

Well done, and thanks Mark for organising!

Social Day at Morisset Park

In early September on the second Sunday, Kiwanis Sydney organised to travel to Steve and Cathy's house in Morisset Park for a social lunch and meeting instead of the usual Tuesday night meeting.

The weather gods were kind, and we had a great day taking the time to chat to each other in the social setting. Lunch was great with lots of different foods from the various contributors.

Cathy was very happy to show and share her garden with the ladies and many cuttings and some parsley, etc returned to Sydney. The beehive was a common point of interest with



people interested to learn how the bees operate and the trials of being a beekeeper.

Heidi had made the biggest cake we had ever seen as a birthday cake for Steve, which everybody enjoyed.

A big thankyou to Monu for organising the day and hopefully we make this type of social day a more frequent occurrence.



Board Meeting

At the recent Kiwanis Sydney Board Meeting several items were discussed, however of note is they approved to support 2 causes.

Hands Across the Waters – at our August meeting we heard from Justine who will ride 800 kms in Thailand in January to support 7 children’s homes across the tsunami affected coastline in Thailand. The Board approved to support this cause.

Jeff received a donation of 1,000 toothbrushes plus some other medical supplies. Kiwanis Sydney supported the transport of these items to Val Smith-Orr who runs **Triple B Care Projects, Inc.** They are a Non-Government Organization (NGO) to provide correct care and treatment for children and/or adults with burns, cleft lip/palate, and/or parasite infestation in Zambales, Subic Bay, Luzon Region, Philippines.

New Zealand South Pacific Kiwanis Convention



As the Kiwanis Australia District Convention was cancelled this year, several Kiwanians attended the NZSP Convention in Auckland. Australia cancelled its convention after hosting the Kiwanis ASPAC Convention in March 2024 which was a very successful gathering of over 500 Kiwanians.

The Aussies who made the pilgrimage to Auckland for the Kiwanis NZSP Convention were Steve and Cathy Hughes (Sydney), Tony and Pauline Gunn (Port Phillip), Sue Kimberley (Waverley) and Angelique, Mark and Anthony Mastoroudes (Sydney). The convention had about 60 registrations coming from New Zealand, New Caledonia, French Polynesia, Vanuatu and Taiwan. This was lower than usual due to a

clash with a major fundraiser in Taupo and civil unrest in New Caledonia.

The convention started on the Thursday night with a welcome drinks and canapes. On Friday we started at 1:00pm with the Opening Ceremony and then to business. It was appreciated that they played and sung the Australian anthem to recognise our presence. That night was the dinner with presentation of awards. On Saturday we started at 9am with the usual reports, elections and approval of resolutions plus workshops. Saturday night saw the fun “Beach theme” dinner and dancing. Sunday morning was brunch, saying goodbye to friends before heading home. It showed that the Convention can be pared to one and a half days and still get through all the business, ceremony and fellowship with a reduced time and costs to attendees.

Tony at business session >>



Guest speakers included:-

Life Education Trust or Healthy Harold.

They have 5 mobile classrooms that visit schools and use giraffe puppets to teach kids how to avoid obesity, bullying, mental health issues and substance abuse. Kiwanis NZSP donated \$4,975 from their Trust to help them replace 10 of their puppets. They educate about 30,000 kids each year.

Kiwanis Threads across the Pacific - a Signature Project. A NZ Kiwanian, Caroline Salisbury leads this project to obtain Bernina sewing machines plus rolls of material. They send these in containers to Vanuatu for the local ladies to learn sewing and make clothing for their families, and to sell. They also teach the ladies how to maintain their machines. Caroline travels to Vanuatu to teach the ladies a couple of times a year. They have setup sewing groups in schools, Vanuatu Women’s Prison and other groups. They have seen the ladies grow in confidence and self esteem.



ASPAC Trustee Chang-Ching (Susan) Hsu showed a video about the ASPAC Convention 2025 to be held in Kaohsiung, Taiwan in March 2025. They are expecting about 3,000 to attend.

Papatoetoe High School Key Club – past member Joyeeta Bhakta talked about how the Key Club, with 63 members, had helped her to navigate life after school. She currently lives and works for a legal firm in Melbourne.

Kiwanis Australia – Steve got to show a video of some of the club projects and events from various clubs. He then gave a snapshot of where the Australia District is currently and some of the projects done by the clubs.

Kiwanis Objects. Bernard Desarmagnac talked about the 6 Objects and how they were adopted at the KI 1924 Convention by the House of Delegates, 100 years ago. Recently KI has used AI and also a panel of non-Kiwanians to assess if they should be changed. Both these agreed there is no good reason to change them.

KI Secretary Dashboard – KI is changing from Kiwanis Connect to Kiwanis Engage as of 2025. KI is also offering a free club website on basis the club pays the annual hosting fee of \$35.

The NZSP Kiwanis District Foundation has an accumulated capital reserve of \$432,000 and they use the interest earned each year to make grants to club projects. This year they earned \$18,700 and made 4 grants between \$2,800 and \$7,000.

The elected new District Governor is Mike Boyd.

Kiwanis NZSP covers New Zealand, New Caledonia, French Polynesia (incl Tahiti) and Vanuatu. This means their Convention is written in English and French with all proceedings interpreted for some of the registrants. It does make for a vibrant and colourful celebration of the different cultures.

The Australian contingent found the convention to be informative and fun, and we were made to feel very welcome.



Nell from Sydney (ex Taiwan)



Governor Danielle, Nell, KI Trustee Susan and Aussie group at "Beach" fun night



Angelique with South Pacific members



French Polynesians showing their dance moves



Joyeeta ex Key Clubber

Aussie group at Beach theme Fun night

Bunnings Barbeque – *Record!*

On Saturday 14th September we conducted our usual monthly barbeque at Bunnings Artarmon and it was a record day!

We cooked 870 sausages and made over \$2,400 from the sales. Needless to say our volunteers were kept busy cooking, selling and running to shops for more supplies.

The donations “pot” on the day was for Share the Dignity bags for women in refuges which is coming up in November. We raised another \$152 directly for this cause.



Share the Dignity – It’s in the Bag

Our Share the Dignity – It’s in the Bag project is progressing well with over 100 bags collected. At our 12th November meeting we will be packing the bags with personal items for ladies in refuges. This year we will also include a personal note.

If you have any items to donate or want to come along to help us pack the bags then you are most welcome.

New Kiwanis Year



The Kiwanis year starts on 1st October each year and runs through to 30th September.

Sydney member Naz Hameed will assume the role of Lieutenant Governor Division 2 from this date. Naz is the representative on the Kiwanis Australia District Board for the clubs of Sydney, Newcastle, East Maitland, Beachside Newcastle and Brisbane. Any suggestions on how to improve Kiwanis Australia should be fed back to Naz so we improve the experience of members and better serve the children in our communities.

Steve Hughes steps into the role of Governor-Elect for Kiwanis Australia. This role is the training year for Steve before he takes over as Governor in October 2025.



Unfortunately, with the increased Kiwanis International dues and an aging membership Kiwanis Australia has seen 6 clubs close and our membership is down to 622 in 29 clubs. To leave a legacy of the valuable work we do in our communities we need to attract new members. If you have any suggestions, then please talk to Steve or Naz.

Invite a friend, neighbour or associate to come along to a Kiwanis fund-raiser, meeting or event, with no obligation, to learn about what we do. I am confident when people see what we do they will want to be part of it.

Aktion Club – looking for members! www.aktionclub.org

Kiwanis Sydney wants to sponsor a new Aktion Club and we are looking for potential members. Members with a disability will be part of their own club to fundraise and perform work in the community to help others in need. The Aktion Club will also organise their own social activities to get to know other members and have fun.



If you know of someone who might like to be part of, or benefit from this club, then please contact us at sydney@kiwanis.org.au.

#Kids need Kiwanis!

Do you want to help kids? Kiwanis Sydney needs your help to continue our work in the local, Australian and world communities. Come along, obligation free, to one of our monthly meetings, or a Bunnings barbeque to meet the team, or simply meet with one of our members over a coffee and hear about what we do and how you can help. You will meet new friends and get that warm feeling from helping kids in Sydney Children's Hospital, HeartKids, Sir Eric Woodward School, Nepal or others. Contact us at sydney@kiwanis.org.au

Hope you enjoyed the newsletter. If you have an article to include in future newsletters, please forward to sydney@kiwanis.org.au

Joke Corner



Sign says "Loose Gravel"!!

Events Coming Up: 2024

Tues 8th Oct 2024 – Kiwanis Sydney **Changeover** Meeting 7pm – Pennant Hills Community Centre

Sun 13th October – HeartKids Two Feet and a Heartbeat Walk– Kiwanis doing barbeque.

Sat 26th Oct 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Tues 12th Nov 2024 – Kiwanis Sydney Meeting 7pm – Packing Share the Dignity Bags - Pennant Hills Community Ctr

Sat 23rd Nov 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Fri 29th Nov 2024 – SEWS Presentation Day – Terrific Kids

- Warrah Presentation Day – Terrific Kids - TBA

Tues 3rd Dec 2024 – BGS Presentation Day – Terrific Kids

Tues 17th Dec 2024 – BGS Fun Day and barbeque

Tues 10th Dec 2024 – Kiwanis Sydney Meeting 7pm – Christmas Meeting - Pennant Hills Community Centre

Sat 28th Dec 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Sat 18th Jan 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Sat 15th Feb 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

| Deserving Causes Kiwanis Sydney has helped | 2022-23 | 2023-24 |
|--|---------|---------|
| Sydney Children's Hospital Randwick - Comfort Care Cases | ✓ | ✓ |
| Sir Eric Woodward School - Terrific Kids and vege pods for gardening | ✓ | ✓ |
| Broderick Gillawarna School – Terrific Kids, Fun Day and Formal | ✓ | ✓ |
| Warrah Specialist School – Terrific Kids, loom support and sensory equipment | ✓ | ✓ |
| Lidcombe Public School - Back to school packs & sensory toys. Vege Pods for growing vegetables | | ✓ |
| Children First Foundation - life changing medical help for children (District Project thru' KADCF) | ✓ | ✓ |
| HeartKids Australia - research into children's heart disease (District Project thru' KADCF) | ✓ | ✓ |
| HeartKids Two Feet and a HeartBeat, Sweethearts Day, Super Heroes Day and local respite | ✓ | ✓ |
| Aussie Helpers – assisting farmers and their children in need | | ✓ |
| Acute Lymphoblastic Leukaemia in Children (District Project thru' KADCF) | ✓ | ✓ |
| Share the Dignity Bags – for women and children in refuges or doing it tough at Christmas | ✓ | ✓ |
| Rainbow Children's Home Nepal - house and educate orphans | ✓ | ✓ |
| Harding Miller Foundation – part sponsorship of a Yr 9-11 girl for High School studies | ✓ | ✓ |
| Exodus Foundation Rev Bill Crews - helping the homeless | ✓ | ✓ |
| Father Chris Riley's Youth off the Street | | ✓ |
| Kiwanis Children's Fund - various worldwide projects – annual club gift | ✓ | ✓ |
| Kiwanis Australia District Charitable Foundation – annual club gift | ✓ | ✓ |
| Caroline Chisholm Nursing Home – Mother's day cards and flowers | ✓ | ✓ |
| Caroline Chisholm Nursing Home – Fathers day gifts | | ✓ |
| Street Care for Homeless Newcastle – provide clothing and food to homeless | ✓ | ✓ |
| Gunasekara Child Development Centre Sri Lanka | ✓ | ✓ |
| Hands Across the Water - helping 7 childrens homes in tsunami affected Thailand | | ✓ |
| Triple B Care Projects - caring for children with burns, cleft lip/palettes, parasites Philippines | | ✓ |
| Operation Rainbow Cleft Palate operations by WA Drs in Cebu | | ✓ |

The Objects of Kiwanis International

1. To give primacy to the human and spiritual rather than to the material values of life.
2. To encourage the daily living of the Golden Rule in all human relationships.
3. To promote the adoption and the application of higher social, business and professional standards.
4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.
5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.
6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and good will.

These Objects were adopted by the House of Delegates at 2024 KI Convention in Denver, Colorado



Kiwanis Club of Sydney