



Newsletter

October 2024

#Kids need Kiwanis#

Kids are curious, lovable and hilarious. They are also wild, impatient and vulnerable. Kiwanis is looking out for kids in every corner of the globe with more than 440,000 volunteers who serve their communities through local clubs.

Always be willing to lend a helping hand to others. You may be the only person who cares enough to help.

Share the Dignity – It’s in the Bag

Help us make Christmas brighter for someone in need by filling a bag with the essentials.

Our Share the Dignity – It’s in the Bag project is progressing well with over 100 bags collected and many of the items already purchased or collected by the members.

At our 12th November meeting we will be packing the bags with the personal items for ladies in refuges. The bags are given to the ladies on Christmas Day trying to let them know somebody cares about them. This year we will also include a personal note. **If anybody would like to come along to help us pack the bags you are most welcome.** We will meet at Pennant Hills Library downstairs in the Large Meeting Room at 7pm and be finished by 9pm. This is a great opportunity to meet our members while doing a great service to ladies in need. If you want to know more then give Cathy a call on 0411 250 722. If you have any items to donate, then bring them along.



Picture from Share the Dignity website

The filled bags are taken to any Bunnings collection point between 15th November and 1st December.

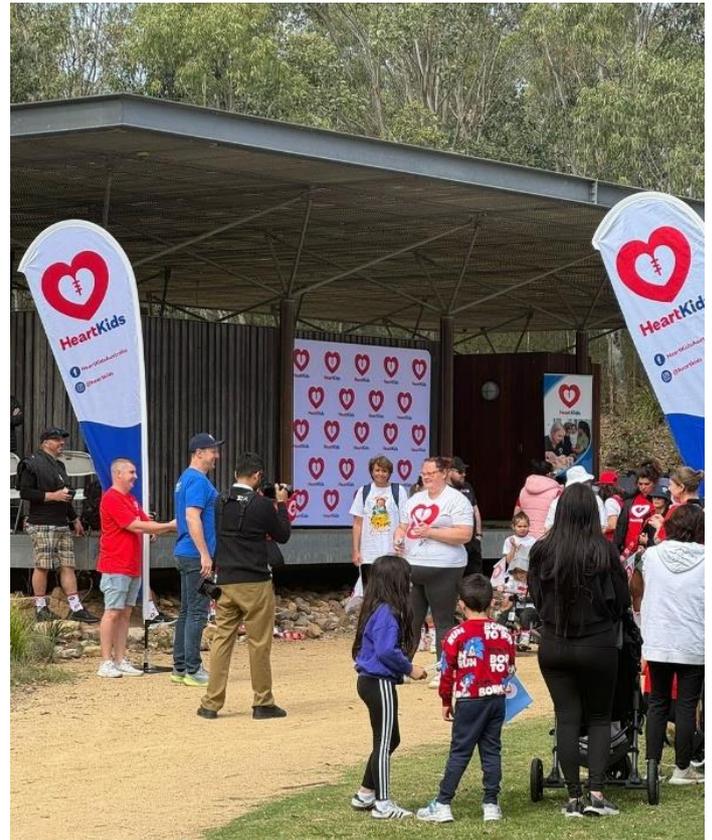


Two Feet and a Heartbeat

HeartKids hold this event once a year mainly as a social event for the many HeartKids and their families. However, they also use the event to remember “Heart Angels” who are the kids who have passed away. This year’s event was on Sunday 13th October in Western Sydney and is also held in other cities and regional centres around Australia. This year over \$453,000 was raised for HeartKids to support the children and their families as they traverse the anxiety-filled family lives of hospitalisation and other treatments.

There are two walks on the day. One is 4kms remembering that 4 HeartKids die each week in Australia from their childhood onset heart disease (CoHD). The other is 8kms remembering that 8 kids are born in Australia each day suffering from heart disease.

Kiwanis Sydney donated the barbeque sausage sandwiches, bottled water. We cooked and served it all up to the walkers as they finished their respective walks. The HeartKids, their siblings, family and friends all had a good time on the day and we received over \$190 in donations that will also go to HeartKids.



Thanks to Belinda, Jeff, Vikki and Aiden for their considerable work on the day providing the barbeque.

Kiwanis Sydney Changeover

Our Kiwanis year started on 1st October which meant that our new leadership team was installed at our Changeover Meeting held on Tuesday 8th October. Our Lieutenant Governor Division 2, Naz also started her role at the same time and had the pleasure of installing the leaders of Kiwanis Sydney.

The meeting opened with the recognition of Naz to the position of Lieutenant Governor Division 2 for 2024-25 and Steve to the position of Kiwanis Australia Governor Elect for 2024-25.

Induction of Heidi to Kiwanis Sydney. On the night we inducted and welcomed Heidi to Kiwanis Sydney. Heidi had signalled her interest in Kiwanis at our Mother’s Day Cake Stall and since then has attended meetings and helped at barbeques. Outside of Kiwanis, Heidi is an artist and some of our members are now learning painting under Heidi’s tuition. **Welcome to Kiwanis Sydney Heidi!**

While most of our previous leadership team from 2023-24 carried over to 2024-25, Kiwanis Sydney has been fortunate to install new leaders in most of the key positions every 2 years.

Our new leadership team is:-

President – Belinda Hughes

President-Elect – Angelique Mastoroudes

Immediate Past President – Vikki Stiles

Treasurer – Sree Niranjana Secretary – Cathy Hughes

Board Directors – Jeff Hudson, Monu Vij, Rajni Chandran



Belinda presented her report of achievements and also aims for next year. Of particular note, was that Kiwanis Sydney has raised and donated over \$101,000 to various community causes over the last 5 years. A tremendous effort! In the last year 53% of \$24,500 funds went to local causes, 18% went to wider afield Australian causes and 29% went to international causes. This is fairly in-line with our arbitrary targets of 40/30/30. Our success depends on our Bunnings barbeques which is our major fundraiser. Major projects that we have supported over many years

are Comfort Care Cases at Sydney Children’s Hospital Randwick, Harding Miller Foundation Scholarships for disadvantaged girls, Terrific Kids at the three schools, Children First Foundation, HeartKids and the Rainbow Children’s Home in Nepal for orphaned children. We also support many other causes.

Belinda talked to the Strengths, Weaknesses, Opportunities and Threats (SWOT) of our club. She highlighted that we should be cognitive of lack of brand awareness, geographic spread of members, attracting new members, willingness to build an Aktion Club and more hands-on projects. Following the success of our social events in the last year we should plan for more frequent opportunities.

Cathy also showed a video of a lot of the memorable events we held during the year. This included the work at fundraisers, fun, fellowship and some of the causes we have helped.

Reach for the Sky Award (RFTS) – Each year the President awards the RFTS to one person who has excelled at helping Kiwanis Sydney. This year the award went to Sree for her work in planning the City to Surf fundraiser/social event, as Treasurer and for helping to plan the Mother’s Day Cake Stall.

Congratulations Sree!

Certificates and Votes of Appreciation Kiwanis Sydney awarded Certificates of Appreciation to Patricia, Jeff, Naz, Monu and Mark for their help with particular events. We also expressed Votes of Appreciation to Belinda, Angelique, Devan and all the members for their work to make our club so successful.

Week of Changeovers

As with Kiwanis Sydney most clubs hold their changeovers at the start of October.

Kiwanis Newcastle held theirs on 9th October and Governor-Elect Steve and Cathy attended to install their new leadership team and speak of happenings in the other clubs of Kiwanis Australia. We welcome Bryen Smith, Vivienne Mondy and Ken Archer as their leaders for 2024-25. Their major fundraisers are selling Christmas trees, Bunnings barbeques and bottle recycling raising over \$23,000. They give to many causes with some of the major ones being Soul Hub helping people suffering brokenness, homelessness and mental challenges, and a home for disadvantaged children in Bali.

Kiwanis East Maitland held their changeover on Friday 11th October. Naz, Deen, Steve and Cathy attended where Naz performed the installation of the new leadership. We welcome James Burch, Celia Parkinson and Jenny Swanson as the leaders of East Maitland for 2024-25. They have raised over \$25,000 in 2023-24 and funded many worthy causes. One of the major causes they assist are “We Care Connect” that helps kids living in poverty, by rehoming quality preloved children’s essentials with families who need them most. They also assist the “Salvation Army kids in the kitchen” which introduces school-aged children (from 8–12 years of age) to cooking through hands-on demonstrations and making them feel comfortable in the kitchen while developing valuable life skills.

Naz talked to her vision for Division 2 of:

- enhancing collaboration between clubs
- expanding service initiatives through Terrific Kids and the like
- growing membership and engagement through providing value and feedback
- leadership development through training
- promoting a Kiwanis legacy through social and live media.



Kiwanis Australia District held its first Board meeting for 2024-25 on 19th October and Kiwanis ASPAC held its first Executive Board meeting on 20th October. Needless to say, it has been a busy time for the start of the 2024-25 Kiwanis year.

Kiwanis Australia helps in Nepal

Recently there were widespread floods and landslides in Nepal, with 148 people reported dead and more than 3,000 rescued. The capital, Kathmandu, took the brunt, becoming isolated from the rest of the country after its key connecting highways were blocked off and most of the city was inundated. Nepal is a major Kiwanis District within the ASPAC region with over 1,800 Kiwanis members.

Kiwanis Australia at its Board Meeting in October approved a donation of \$1,000 to Kiwanis Nepal to assist where needed.



Bunnings Barbeque – *Record!*

Last month we reported a Record taking at our Bunnings BBQ. On Saturday 26th October we beat our record takings and made over \$2,500 for the first time. While we cooked slightly less sausages at 852 we had less costs.

The donations “pot” on the day was again for Share the Dignity bags for women in refuges which is coming up in November. We raised another \$35 directly for this cause.

Aktion Club – looking for members! www.aktionclub.org

Kiwanis Sydney wants to sponsor a new Aktion Club and we are looking for potential members. Members with a disability will be part of their own club to fundraise and perform work in the community to help others in need. The Aktion Club will also organise their own social activities to get to know other members and have fun.

"WHERE
DEVELOPMENT
KNOWS NO
DISABILITY "

Kiwanis
**AKTION
CLUB**

If you know of someone who might like to be part of, or benefit from this club, then please contact us at sydney@kiwanis.org.au.

#Kids need Kiwanis!

Do you want to help kids? Kiwanis Sydney needs your help to continue our work in the local, Australian and world communities. Come along, obligation free, to one of our monthly meetings, or a Bunnings barbeque to meet the team, or simply meet with one of our members over a coffee and hear about what we do and how you can help. You will meet new friends and get that warm feeling from helping kids in Sydney Children's Hospital, HeartKids, Sir Eric Woodward School, Nepal or others. Contact us at sydney@kiwanis.org.au

Hope you enjoyed the newsletter. If you have an article to include in future newsletters, please forward to sydney@kiwanis.org.au

Joke Corner

Coming soon to a street near you!



Events Coming Up: 2024

Tues 12th Nov 2024 – Kiwanis Sydney Meeting 7pm – Packing Share the Dignity Bags - Pennant Hills Library

Sat 23rd Nov 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Fri 29th Nov 2024 – SEWS Presentation Day – Terrific Kids

- Warrah Presentation Day – Terrific Kids - TBA

Tues 3rd Dec 2024 – BGS Presentation Day – Terrific Kids

Tues 17th Dec 2024 – BGS Fun Day and barbeque

Tues 10th Dec 2024 – Kiwanis Sydney Meeting 7pm – Christmas Meeting - Pennant Hills Library

Sat 28th Dec 2024 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Sun 12th Jan 2025 – Kiwanis interclub lunch at Hawkesbury King Tide Café – 12pm – all welcome

Sat 18th Jan 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Tues 11th Feb 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Sat 15th Feb 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Fri 21st to Sun 23rd Feb 2025 – Kiwanis Division 2 Mini Convention – Tea Gardens Country Club

Tues 11th Mar 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Thu 13th to Sat 15th Mar 2025 – Kiwanis ASPAC Convention – Kaohsiung Convention Centre, Taiwan

Deserving Causes Kiwanis Sydney has helped	2022-23	2023-24
Sydney Children's Hospital Randwick - Comfort Care Cases	✓	✓
Sir Eric Woodward School - Terrific Kids and vege pods for gardening	✓	✓
Broderick Gillawarna School – Terrific Kids, Fun Day and Formal	✓	✓
Warrah Specialist School – Terrific Kids, loom support and sensory equipment	✓	✓
Lidcombe Public School - Back to school packs & sensory toys. Vege Pods for growing vegetables		✓
Children First Foundation - life changing medical help for children (District Project thru' KADCF)	✓	✓
HeartKids Australia - research into children's heart disease (District Project thru' KADCF)	✓	✓
HeartKids Two Feet and a HeartBeat, Sweethearts Day, Super Heroes Day and local respite	✓	✓
Aussie Helpers – assisting farmers and their children in need		✓
Acute Lymphoblastic Leukaemia in Children (District Project thru' KADCF)	✓	✓
Share the Dignity Bags – for women and children in refuges or doing it tough at Christmas	✓	✓
Rainbow Children's Home Nepal - house and educate orphans	✓	✓
Harding Miller Foundation – part sponsorship of a Yr 9-11 girl for High School studies	✓	✓
Exodus Foundation Rev Bill Crews - helping the homeless	✓	✓
Father Chris Riley's Youth off the Street		✓
Kiwanis Children's Fund - various worldwide projects – annual club gift	✓	✓
Kiwanis Australia District Charitable Foundation – annual club gift	✓	✓
Caroline Chisholm Nursing Home – Mother's day cards and flowers	✓	✓
Caroline Chisholm Nursing Home – Fathers day gifts		✓
Street Care for Homeless Newcastle – provide clothing and food to homeless	✓	✓
Gunasekara Child Development Centre Sri Lanka	✓	✓
Hands Across the Water - helping 7 childrens homes in tsunami affected Thailand		✓
Triple B Care Projects - caring for children with burns, cleft lip/palates, parasites Philippines		✓
Operation Rainbow Cleft Palate operations by WA Drs in Cebu		✓

The Objects of Kiwanis International

- 1. To give primacy to the human and spiritual rather than to the material values of life.**
- 2. To encourage the daily living of the Golden Rule in all human relationships.**
- 3. To promote the adoption and the application of higher social, business and professional standards.**
- 4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.**
- 5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.**
- 6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and good will.**

These Objects were adopted by the House of Delegates at 1924 KI Convention in Denver, Colorado



Kiwanis Club of Sydney