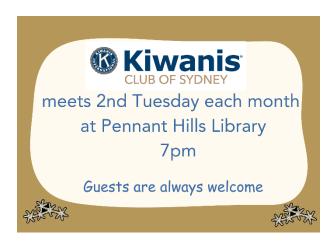


Newsletter

January 2025

#Kids need Kiwanis#

Kids are curious, lovable and hilarious. They are also wild, impatient and vulnerable. Kiwanis is looking out for kids in every corner of the globe with more than 400,000 volunteers who serve their communities through local clubs.



The smallest act of kindness is worth more than the greatest intention - Oscar Wilde

Lidcombe School Sensory Toys

Last year we donated back to school packs and sensory toys to Lidcombe Public School. The school has 900 students with 3 special education classes. This year the Assistant Principal Lindsay says the kids still have, and appreciate their backpacks and the sensory toys that we gave them last year.

However, they have several new students coming into their mainstream kindergarten classes who are flagged as having additional needs. There are no places for them in the school's special education classes.

They need some sensory products in the kindergarten area to help with these students so they can better regulate, and then continue to learn and access learning. With funding shortages they cannot access the sensory toys for these classes.

They sent through a modest list of requirements and Angelique set about doing the shopping and delivering these to the school.





The list included 4 balance boards, 8 rainbow twirler ribbons, 1 wooden tallest block tower, 2 hopscotch ring sets, 1 sensory colour block set, 1 wooden marble run set, 1 busy board learning activity set, 3 fidget tubs, 1 building block set, 1 sand and water play table and 2 packs of magic multicolour play-doh. The kids should get a lot of fun while learning with all these great toys.

A big thankyou to Angelique for leading this project and handling all the purchases and delivery.

Hawkesbury Social Lunch





As we have done for several years, Kiwanis Sydney organised a Sunday lunch at the King Tide Café at Hawkesbury in lieu of our January club meeting. It is a great venue with our tables on the covered wharf front, great food and a railway station within 200 metres.

We invited the other Kiwanis clubs nearby, and were pleased that four Kiwanians, Gladys, Derek, Col and Susie from East Maitland and Beachside-Newcastle could join us.

It was good to see Robert and Val join us on the day plus several family members for Sree, Naz and Rajni. Including Kiwanis Sydney 21 people enjoyed the day. Overall, it was a great catchup with people we had not seen for some time.

We even had some entertainment on the day when a man in a rented tinnie lost control between the finger wharves, hit the wharf and flipped the boat. Luckily he



wasn't hurt, except for his pride, with everyone in the restaurant having front row seats. We then saw all the salvage efforts to recover the boat.





Signature Project

Kiwanis International (KI) encourages every club to select a project that they would like to be known for. If all the members can talk to that project, their club will improve their public image. Each year KI calls for all clubs around the world to submit their signature project to be judged and awarded recognition at the Kiwanis Convention, which this year is in Pittsburgh in late June.

There are two categories - Category 1 for clubs with less than 28 members and Category 2 for clubs with 28 or more members with three awards in each category. Projects should be recurring, enhance the Kiwanis image, demonstrate significant impact on the community in terms of monies raised or children served and strengthen membership and partnership opportunities. Each District has to select the best two submissions being one from each category for entry to the KI competition.



Kiwanis Australia has had 4 clubs submit their signature projects to the competition this year.

They are:

Barossa – Cat 2 – The HeartKids Christmas Party

Reynella – Cat 1 – Kids Fun Day

Murray Bridge - Cat 1 – Terrific Kids Awards

Sydney - Cat 1 – Kiwanis Comfort Care Cases

Hopefully Kiwanis Australia Board will select Kiwanis Sydney's project to represent Australia in Category 1. Naz and Steve excluded themselves from the voting due to conflict of interest. Steve, Cathy, Jeff and Angelique will be in Pittsburgh and hopefully we can collect one of the awards.

Kiwanis Sydney has written up Comfort Care Cases a few years ago and our members can now all talk to the great work we do with kids in palliative care in Sydney Children's Hospital Randwick. It has helped us raise over \$4,000 in each of the last 2 years for this project.





Bunnings Barbeque

Our January Bunnings barbeque was again very successful. It was great to have extra help on the midday shift. Thank-you to Devan for bringing his two daughters plus their partners and to Anthony for helping out at short notice. Thanks also to all our regulars.

The donations "pot" again was for Back to School Packs for Lidcombe School taking our total donations for this cause to \$188. Our club has used these donations to fund our purchases for the school.



Amplify Leadership

In 2025, Kiwanis International will again offer Kiwanis Amplify — a leadership program for those who want to improve their ability to lead a team within Kiwanis and beyond. Registrations will close on 1st April. Kiwanis Amplify is an online course featuring interactive modules led by experts, with peer discussion that helps participants enhance each other's understanding. Participants will take a deep dive into eight topics:

- · Leadership.
- Communication.
- Event planning.
- Diversity, equity and inclusion.
- Working with others.
- Marketing.
- Strategic thinking.
- Self-care as a leader.

https://www.kiwanis.org/members/for-leaders/kiwanis-amplify-home-page/

They offer it at a cost to all Kiwanians at USD\$50 and to non Kiwanians for USD\$600.

Kiwanis Sydney members Naz, Vikki, Angelique, Sree, Monu and Belinda have all done the course and reports are that it is excellent.



Kiwanis Australia has offered that if any Australian Kiwanian registers, pays and completes the course to the satisfaction of KI then they can apply to KAD for reimbursement of their fees.

Government Volunteers Grants

The Federal Government recently sought expressions of interest from volunteer groups throughout Australia to vie for grants of between \$1,000 and \$5,000. The intent of the grants was to help volunteers perform their work through purchases of equipment, training and offsets of volunteer costs.

Kiwanis Sydney applied for a grant of \$2,900 through the Honourable Paul Fletcher – Federal Member for Bradfield. Each electorate was allocated \$66,225. Unfortunately, Kiwanis Sydney missed out on sharing in this year's grants.

Aktion Club - looking for members! www.aktionclub.org

Kiwanis Sydney wants to sponsor a new Aktion Club and we are looking for potential members. Members with a disability will be part of their own club to fundraise and perform work in the community to help others in need. The Aktion Club will also organise their own social activities to get to know other members and have fun.

"WHERE DEVELOPMENT KNOWS NO DISABILITY "



If you know of someone who might like to be part of, or benefit from this club, then please contact us at sydney@kiwanis.org.au.

#Kids need Kiwanis!

Do <u>you</u> want to help kids? Kiwanis Sydney needs your help to continue our work in the local, Australian and world communities. Come along, obligation free, to one of our monthly meetings, or a Bunnings barbeque to meet the team, or simply meet with one of our members over a coffee and hear about what we do and how you can help. You will meet new friends and get that warm feeling from helping kids in Sydney Children's Hospital, HeartKids, Sir Eric Woodward School, Nepal or others. Contact us at sydney@kiwanis.org.au

Hope you enjoyed the newsletter. If you have an article to include in future newsletters, please forward to sydney@kiwanis.org.au

Joke Corner







"I didn't want to waste the good stuff, so I used the oldest bottle in your wine collection for the spaghetti sauce."

High Rise Living

Events Coming Up: 2025

Sun 9th Feb 2025 - Kiwanis Sydney Bare Foot Bowling Fun Day 11am - Pennant Hills Bowling Club

Sat 15th Feb 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm - Reserve Rd Artarmon

Fri 21st to Sun 23rd Feb 2025 – Kiwanis Division 2 Mini Convention – Tea Gardens Country Club

Sat 8th Mar 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm - Reserve Rd Artarmon

Tues 11th Mar 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Thu 13th to Sat 15th Mar 2025 - Kiwanis ASPAC Convention - Kaohsiung Convention Centre, Taiwan

Tues 8th Apr 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Sat 12th Apr 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm - Reserve Rd Artarmon

Tues 13th May 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Sat 24th May 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm - Reserve Rd Artarmon

Tues 10th Jun 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Sat 14th Jun 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm - Reserve Rd Artarmon

Wed-Sat 25th – 28th Jun 2025 Kiwanis Convention 2025 Pittsburgh "Forge the Future"

Deserving Causes Kiwanis Sydney has helped	2023-24	2024-25
Sydney Children's Hospital Randwick - Comfort Care Cases	✓	
Sir Eric Woodward School - Terrific Kids and vege pods for gardening	✓	✓
Broderick Gillawarna School – Terrific Kids, Fun Day and Formal	✓	✓
Warrah Specialist School – Terrific Kids, loom support and sensory equipment	✓	✓
Lidcombe Public School - Back to school packs & sensory toys. Vege Pods for growing vegetables	✓	✓
Children First Foundation - life changing medical help for children (District Project thru'KADCF)	✓	✓
HeartKids Australia - research into children's heart disease (District Project thru' KADCF)	✓	✓
HeartKids Two Feet and a HeartBeat, Sweethearts Day, Super Heroes Day and local respite	✓	✓
Aussie Helpers – assisting farmers and their children in need	✓	
Acute Lymphoblastic Leukaemia in Children (District Project thru' KADCF)	✓	✓
Share the Dignity Bags – for women and children in refuges or doing it tough at Christmas	✓	✓
Rainbow Children's Home Nepal - house and educate orphans	✓	
Harding Miller Foundation – part sponsorship of a Yr 9-11 girl for High School studies	✓	✓
Exodus Foundation Rev Bill Crews - helping the homeless	✓	✓
Father Chris Riley's Youth off the Street	✓	✓
Kiwanis Children's Fund - various worldwide projects – annual club gift	✓	✓
Kiwanis Australia District Charitable Foundation – annual club gift	√	✓
Caroline Chisholm Nursing Home – Mother's day cards and flowers	✓	
Caroline Chisholm Nursing Home – Fathers day gifts	✓	
Street Care for Homeless Newcastle – provide clothing and food to homeless	✓	
Gunasekara Child Development Centre Sri Lanka	✓	
Hands Across the Water - helping 7 childrens homes in tsunami affected Thailand	✓	
Triple B Care Projects - caring for children with burns, cleft lip/palettes, parasites Philippines	✓	
Operation Rainbow Cleft Palate operations by WA Drs in Cebu	✓	

The Objects of Kiwanis International

- 1. To give primacy to the human and spiritual rather than to the material values of life.
- 2. To encourage the daily living of the Golden Rule in all human relationships.
- 3. To promote the adoption and the application of higher social, business and professional standards.
- 4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.
- 5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.
- 6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and good will.

These Objects were adopted by the House of Delegates at 1924 KI Convention in Denver, Colorado



Kiwanis Club of Sydney