

Newsletter

April May 2025

#Kids need Kiwanis#

Kids are curious, lovable and hilarious. They are also wild, impatient and vulnerable. Kiwanis is looking out for kids in every corner of the globe with more than 400,000 volunteers who serve their communities through local clubs.

The smallest act of charity can ignite a fire of hope. – Leo Evans

Terrific Kids at SEWS

Meets 2nd Tuesday each month at Pennant Hills Library 7pm Guests are always welcome

On Tuesday 8th April, Cathy and Steve attended Sir Eric Woodward School to present 2 children with Terrific Kids Awards for the end of Term 1.

Kiwanis Sydney has been presenting Terrific Kids awards at SEWS for 12 years every term. We have also been able to do projects with the school in improving their gardens, painting the gazebo, sausage sizzle at their Fun Day and buying 2 Vege Pods to help with their sensory plants and in their cooking classes.

The two children were presented with a framed certificate, \$30 cash card, pencil case, pencil and TK stickers.

Liadan from the Distance Education Unit Year 9 has displayed her positive attitude during online lessons through her consistent attendance and cheerful demeanour. She has shown tremendous commitment to her learning program, attending to extension activities, expanding the content of an online lesson, then uploading her achievements to her teacher daily. Liadan has been making ongoing efforts regarding her physical health. She has been exercising regularly under the direction of her OT and has demonstrated physical signs her strength is improving.

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Daniel from Face to Face has worked hard on his independence skills and sharing skills this term. He

continually shows that he is a kind friend by offering up some of his toys (bubbles, magnet tiles) to a friend when he notices that they have less than him. When writing, he is trying his hardest to write the sounds that he hears, and he is acknowledging when he is trying his best instead of becoming upset when he realises that he has made a mistake by saying 'I am learning from my mistakes'. He is continuing to try his best and is focusing more on his own work, rather than looking at the work his friends are completing.

These awards are a great "Kiwanis moment". Any member that wants to come to one in the future should let us know.

Anthony Mastoroudes inducted as new member!

At the April meeting Kiwanis Sydney was pleased to induct our newest member, Anthony Mastoroudes. Angelique sponsored Anthony and we thank her for asking him to become a member. Anthony has helped Kiwanis Sydney with IT matters and manned our Bunnings barbeques over the years.

Anthony has already helped to open a new Facebook site and administers our website. We welcome Anthony and know that his new ideas will help us better serve the community.

Kiwanis Club of Sydney Facebook



Our old site was shut down in April by Facebook and we were forced to open a new site of *Kiwanis Club of Sydney Australia*. Please help us get our follower numbers on Facebook back to where we were. Go to <u>https://www.facebook.com/KiwanisClubOfSydneyAustralia</u> and click on Follow. You will then receive notifications of any new posts.

Rishi visits from Kiwanis Nepal

At our Bunnings barbeque in April we were pleased to welcome Rishi Ram Pandey from Kathmandu in Nepal and his friend from Rockdale. Rishi is a visiting Kiwanian and is keen to introduce Nepalese living in Sydney to our club.

Rishi presented Steve with a traditional Dhaka Topi and scarf plus scarves to Jeff, Cathy, Grace and Ros. We thank Rishi for visiting us at the barbeque and for the generous gifts. We wish him a great stay in Australia and look forward to welcoming his friends to Kiwanis.



Caroline Chisholm Nursing Home



We again visited Caroline Chisholm Nursing Home on the Friday preceding Mother's Day to honour the



ladies in the home. Thank-you Angelique, Mark and Nicky Myers from YFD through the BNI network.

Each lady received a beautifully hand knitted beanie, an exquisite pop-up handmade card and a YFD gift bag thoughtfully filled with a hankie, bookmark and chocolates. The smiles and grateful tears said it all.

But the real magic happened during our shared afternoon tea. Stories were swapped, laughter echoed, and meaningful conversations were had. It was a reminder that the greatest gift of all is time spent together.

Thanks again to Angelique, Mark and to Nicky Myers for your support and sponsorship. We have been supporting Caroline Chisholm for 14 years.

Mother's Day Cake Stall

Our Mother's Day cake stall was held this year at Bunnings Dural in support of the Comfort Care Cases (our signature project) at Sydney Children's Hospital Randwick. It was held on Saturday 10th May.

We had many friends and businesses who made generous donations of money, cakes, prizes for the raffle and the major silent auction prize. Again, Dr Serena generously donated two nights at their 9 bedroom Bowral holiday house. We thank Dr Serena for her continued support.



Some of the many generous donors included Delhi Heights Indian Restaurant, Bobby Bakehouse Dural, Bunnings Dural, Dolcettini Patisserie and Bakers Delight Cherrybrook. We thank them all for their continued support.

Personal donations of cakes and prizes were made Neha, Maya, Nitika, Pushpinder, Adna, Sheetal, Deb and Sarika plus others. Thank you all!

Thanks to our members Naz, Monu, Vikki, Sree, Angelique, Anthony, Devan, Amri, Katherine and Heidi all for their considerable work in organising, advertising, asking for donations and working on the stall on the day.

We again raised an admirable \$3,600 on the day that will all go to the Sydney Children's Hospital Randwick to support the ongoing supply of the Comfort Care Cases. These cases help comfort children with end of life illnesses, and their families during their stay in hospital or through their treatment by the hospital.

This is our 12th year of being the sole sponsor of the Comfort Care Cases. We have submitted this project to the Kiwanis International Signature Projects Competition for all clubs in the world. We have made the top 10 finalists in the under 28 member club category. We will learn on Thursday 26th June in Pittsburgh at the Kiwanis International Convention whether we are one of the three prize winners. Here's hoping!



Bunnings Barbeque





Our April and May Bunnings barbeques were again very successful. It was great to have extra help on the midday shift.

The donations "pot" at the April barbeque was for MHCD and raised \$190. MHCD is the Mission in Health Care and Development in Luvungi in Democratic Republic of Congo and Kenya. Dr Luc Mulimbalimba of Adelaide is the founder of MHCD.

They send containers full of items such as clothes, books, solar panels, hospital equipment and school furniture to support the school and hospital in the community.

Fundraiser Lunch for HeartKids

On Sunday 14th September Kiwanis Sydney will be holding a fundraiser lunch at Delhi Heights Restaurant Dural. Enjoy a three-course lunch while hearing about the great work that HeartKids NSW does in supporting children with Childhood onset Heart Disease (CoHD), and their families. Four children's lives are lost each week to CoHD. All the proceeds from the lunch will go to HeartKids NSW.



To register your interest please email us at sydney@kiwanis.org.au.

Aktion Club – looking for members! <u>www.aktionclub.org</u>

Kiwanis Sydney wants to sponsor a new Aktion Club and we are looking for potential members. Members with a disability will be part of their own club to fundraise and perform work in the community to help others in need. The Aktion Club will also organise their own social activities to get to know other members and have fun. Kiwanis Sydney members will support the club.





If you know of someone who might like to be part of, or benefit from this club, then please contact us at sydney@kiwanis.org.au.

#Kids need Kiwanis!

Do <u>you</u> want to help kids? Kiwanis Sydney needs your help to continue our work in the local, Australian and world communities. Come along, obligation free, to one of our monthly meetings, or a Bunnings barbeque to meet the team, or simply meet with one of our members over a coffee and hear about what we do and how you can help. You will meet new friends and get that warm feeling from helping kids in Sydney Children's Hospital, HeartKids, Sir Eric Woodward School, Nepal or others. Contact us at <u>sydney@kiwanis.org.au</u>

Hope you enjoyed the newsletter. If you have an article to include in future newsletters, please forward to sydney@kiwanis.org.au

Joke Corner



"Did you win?"

Events Coming Up: 2025

Tues 10th Jun 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library
Sat 14th Jun 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon
Wed-Sat 25th – 28th Jun 2025 Kiwanis Convention 2025 Pittsburgh "Forge the Future"
Tues 8th Jul 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library
Sat 12th Jul 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon
Sun 10th Aug 2025 - City to Surf Drink Station #2 Rose Bay at 6am
Tues 12th Aug 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library
Thu-Sun 28-31st August – Kiwanis Australia Convention in Echuca-Moama
Fri 5th Sep 2025 - Father's Day at Caroline Chisholm Nursing Home
Tues 9th Sep 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon
Sun 13th Sep 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon
Tues 9th Sep 2025 - Father's Day at Caroline Chisholm Nursing Home
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Sun 14th Sep 2025 - Fundraiser Lunch at Delhi Heights Restaurant Dural for HeartKids
Wed 1st Oct 2025 - The new 2025-26 Kiwanis Year starts. Our new Leadership Team takes over the reins.
Tue 14th Oct 2025 - Kiwanis Sydney Changeover Meeting 7pm – Pennant Hills Library
Sun Oct 2025 - Two Feet and a Heartbeat Walk – Kiwanis Sydney do Barbeque at Western Sydney Parklands

Deserving Causes Kiwanis Sydney has helped	2023-24	2024-25
Sydney Children's Hospital Randwick - Comfort Care Cases	✓	✓
Sir Eric Woodward School - Terrific Kids and vege pods for gardening	✓	~
Broderick Gillawarna School – Terrific Kids, Fun Day and Formal	~	~
Warrah Specialist School – Terrific Kids, loom support and sensory equipment	✓	~
Lidcombe Public School - Back to school packs & sensory toys. Vege Pods for growing vegetables	✓	~
Children First Foundation - life changing medical help for children (District Project thru'KADCF)	✓	~
HeartKids Australia - research into children's heart disease (District Project thru' KADCF)	~	~
HeartKids Two Feet and a HeartBeat, Sweethearts Day, Super Heroes Day and local respite	~	✓
Aussie Helpers – assisting farmers and their children in need	~	✓
Acute Lymphoblastic Leukaemia in Children (District Project thru' KADCF)	~	~
Share the Dignity Bags – for women and children in refuges or doing it tough at Christmas	✓	~
Rainbow Children's Home Nepal - house and educate orphans	~	✓
Harding Miller Foundation – part sponsorship of a Yr 9-11 girl for High School studies	 ✓ 	~
Exodus Foundation Rev Bill Crews - helping the homeless	~	~
Father Chris Riley's Youth off the Street	✓	 ✓
Kiwanis Children's Fund - various worldwide projects – annual club gift	✓	~
Kiwanis Australia District Charitable Foundation – annual club gift	 ✓ 	~
Caroline Chisholm Nursing Home – Mother's day cards and flowers	✓	~
Caroline Chisholm Nursing Home – Fathers day gifts	✓	
Street Care for Homeless Newcastle – provide clothing and food to homeless	✓	~
Gunasekara Child Development Centre Sri Lanka	~	~
Hands Across the Water - helping 7 childrens homes in tsunami affected Thailand	~	
Triple B Care Projects - caring for children with burns, cleft lip/palettes, parasites Philippines	✓	
Mission in Health Care and Development - school and hospital equipment in DR Congo		~
Operation Rainbow Cleft Palate operations by WA Drs in Cebu	✓	✓

The Objects of Kiwanis International

- 1. To give primacy to the human and spiritual rather than to the material values of life.
- 2. To encourage the daily living of the Golden Rule in all human relationships.
- 3. To promote the adoption and the application of higher social, business and professional standards.
- 4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.
- 5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.
- 6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and good will.

These Objects were adopted by the House of Delegates at 1924 KI Convention in Denver, Colorado



Kiwanis Club of Sydney Australia

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