

Newsletter

August September 2025

#Kids need Kiwanis#

Kids are curious, lovable and hilarious. They are also wild, impatient and vulnerable. Kiwanis is looking out for kids in every corner of the globe with more than 400,000 volunteers who serve their communities through local clubs.



"Be the change you wish to see in the world." - Mahatma Gandhi

Hope for Little Hearts



On Sunday 14th September we held a fundraiser lunch to raise monies for HeartKids NSW.

The day was a huge success thanks to Naz and the many people on the organising team.

The event raised a fantastic \$6,004 which will provide

- Hope to families in crisis
- Support to vulnerable children
- 器 Strength to our community

We thank the major donors who contributed large monetary donations to the day including Om Raut's company IT Together, Kiwanis Club of East Mailand and the donors directly to the HeartKids site. These monetary donations combined to over \$2,400.

On the day we raised significant funds from the lovely Indian meal, personal donations, a silent auction and a raffle. There were several donors to the day that made it such a success. We would like to thank Sony and Paul from Delhi Heights, Brett Lee for his personal endorsement video message, Nish Decors for the beautiful decorations, Prasida for her classical Indian dancing performance, Bunnings Artarmon, Macquarie Caravan Park Warren, ABS Conveyancing, Four Seasons Beauty, Hayden Orpheum Picture Palace, Tuli Jewellers, Nova Beauty and the Australian Zoo. Thanks to the members and friends who donated auction items, raffle prizes and the many items that made the day a success.

Also thanks to the many members, their families and friends who attended on the day to support HeartKids.

Kimberley, her husband and daughter attended from HeartKids NSW and were our guests of honour. Kimberley gave a heart wrenching personal story of their experiences with their baby having childhood onset heart disease and how HeartKids had helped them through their very traumatic period. She outlined how HeartKids helps children with CoHD and their families, and the research they fund to make better outcomes for the futures of these Heart kids.

We received great feedback from the many guests that they hadn't realised the work that Kiwanis does. A positive aspect of this was that Tara signed up to join Kiwanis on the day.

Thank you Naz for your organisation and to the many people who made the day a success.







Kimberley and Angelique



Prasida and Belinda

Terrific Kids at SEWS

Term 3 Terrific Kids awards were presented at SEWS by Cathy and Soujit on Thursday 25th September. Soujit works for Bloomberg and was keen to understand what we do.

Two children received the awards of a \$30 gift card, framed certificate, TK pencil and TK stickers.

Ryan from F2F Purple class:

Throughout this term Ryan has really been trying hard to control his compulsive behaviour and is showing understanding of when someone is available or unavailable to communicate with him, through the use of the red and green aprons. He is also showing beginning signs of having meaningful conversations with people that are relevant to the current situation, and not just his current interest. He is thriving in his 1:1 maths sessions with Sophie and has mastered adding on one more. He is now learning to count on rather than starting to count

from 1 each time. During these sessions, he is also demonstrating his capability to focus on tasks for longer periods of time. It is wonderful to see him starting to show us what immense potential he has to learn.

Nikki from DESU Bronze Class

Nikki is nominated for her outstanding enthusiasm and commitment to learning. Nikki consistently comes to the online lessons with a keen, curious mind and a contagious giggle that brightens the virtual classroom. Her positive energy truly lifts everyone's spirits.

Nikki's dedication extends beyond the lessons themselves — she completes a remarkable amount of SeeSaw work, often going above and beyond what is assigned. Her eagerness to engage with the learning materials and her consistent effort is truly commendable.

Nikki's enthusiasm sets a wonderful example for her peers and contributes greatly to the positive and vibrant learning environment we strive to create.

Caroline, the SEWS Principal took the time to show Soujit through other classrooms and discuss the work they do with the children.

Thank you Soujit and Cathy!

Father's Day at Caroline Chisholm

On 6th September Angelique and Anthony went to the Caroline Chisholm Nursing Home to give gifts and cards to all the men for Father's Day. They took along Angelique's 3-D cards, beanies, hankies and chocolates. From the smiles of the men in the photos, the presents and the fact that someone had made the effort to recognise them was well received. Well done to Angelique and Anthony!







Kiwanis Australia District Convention in Echuca Moama



Installation of New Board for 2025-26

On 28th to 31st August the Kiwanis Australia District Convention was held in Echuca Moama on the NSW/Victorian border just west of Shepparton. The theme was "Meeting on the River".

Kiwanis Sydney had 10 people attend including Angelique, Anthony, Mark, Naz, Vikki, Belinda, Jeff, Dave, Steve and Cathy. Out of 90 registrants we certainly punched above our weight. 23 out of 28 clubs in Australia were represented. We also had Shinichi Yoshikuno from Kiwanis Club of Tokyo, as the KI International Counsellor to

Australia for the coming year. "Yoshi" was recently elected to the Kiwanis International Board as one of the Trustees for Asia-Pacific in a three year term.

The House of Delegates voted in the following leaders for 2025-26.

District Governor - Steve Hughes, Sydney

Governor Elect – Peter Zander, Bus Service Operators

District Treasurer - Rose Hepple, Bus Service Operators

District Secretary - Kavitha Hapuarachchi, Athelstone

There was an amendment to the District ByLaws voted in to strengthen the definition of "conduct unbecoming a Kiwanian".

An onstage interview of a HeartKids young lady was enlightening on how Kiwanis funding supports them to lead a more fulfilling life. It was announced that Kiwanis Australia clubs through the KADCF had raised \$20,000 for the annual donation to HeartKids. These funds will help fund their new Primary Years and Teens Transition programs.

The Echuca Primary School Choir and Drum Band performed for us and their convenor talked about the important part the choir and band play in their inclusion programs.

A good initiative was a display where clubs showcased posters of their signature projects.

There were several informative workshops on Ways to Grow your Club, Technology to help your Club, The KCF Possibility Project, Club Leadership Education (CLE), The Facts about Kiwanis and Building a School and Toilet in Cameroon. The CLE workshop proved a lot of fun with teams trying to build (together) a tower from marshmallows and sticks of spaghetti. Longevity or transportability didn't prove to be their strong points.



Anthony and Mark presenting IT

The Friday night formal saw the retirement of the old Board and the Installation of the new Board for 2025-26. Kiwanis Sydney had Naz installed as Lieutenant Governor Division 2 and Steve as District Governor.

The entertainment was a magician who was very good in the art of slight of hand. He certainly had Jeff worried about his \$50 note when he appeared to shred it through a paper shredder.

Kiwanis Sydney won a Kooka Award for 2023-24 for the Mother's Day Cake Stall. We were recognised for our contributions to KADCF, Children First Foundation, HeartKids and Acute Lymphoblastic Leukaemia. Our Newsletter also won the Most Improved award. Our Signature Project Silver Award cheque was symbolically presented to the team onstage with the opportunity to tell convention attendees about our Comfort Care Cases in the Sydney Children's Hospital Randwick.

Saturday night was the usual fun night with the dress-up theme of "Op Shop Chic". I think the local shops did well from sales of outlandish hats, onesies, furs and other items. A great time was had by all.

Sunday saw a memorial of all the Kiwanians who have passed in the last year, brunch, farewells and then the long trek home.



A treat during the convention was a cruise of the "MV Kiwanis" on the Murray River. Kiwanis Echuca Moama owns the vessel and uses it to take local disadvantaged groups and some with mobility issues on cruises. They

< Vikki at helm MV Kiwanis

treated the Kiwanians in small groups to a cruise of about an hour and commentary about the local history. The twin town is home to many paddle wheel boats that once plied their trade on the river.



Tower Models



Belinda and Angelique

The convention allowed us all to make new friends and renew old acquaintances, have some fun while learning about how Kiwanians help those less fortunate in our communities.

Robert's Birthday!

While we don't see Robert and Val that often we value their long term service to Kiwanis Sydney. We commend Jeff for keeping in contact with Robert and Val. On 25th September, Robert celebrated his 77th birthday. It was great to see Jeff, Dave and Angelique take Robert and Val out to lunch to celebrate the occasion.



Bunnings Barbeque

Our September Bunnings barbeque was again successful with nearly \$2,500 being raised. We thank all our valuable helpers who made the day a success.

The donations "pot" at the September barbeque was for "Share the Dignity" project coming up in November. We will pack 100 ladies handbags with personal care products which are delivered to ladies and girls in refuges on Christmas Day. We raised \$62 that will go towards buying some of the bag contents.





Angelique and Dave

Sally, Jeff and Patricia

City to Surf

Kiwanis Sydney again manned the Drink Station #2 at Rose Bay on Sun 10th August. Thanks very much to Sree who single handedly organised the twenty three members, family members and friends to help on the day. It was truly commendable that our volunteers turned up at 6am in very rainy conditions.

As usual they satisfied the tens of thousands of runners and walkers with water. Lots of runners dress up for the day and the spectacle makes it a fun day. Overall, it was a very successful day, with over \$2,100 being raised to help our many causes.





Sid's Short Film Success

As we all know, Sid and his story featured in a short film in the 2025 Focus on Ability Short Film Festival called "An Unspoken Story". At a recent ceremony Sid won the Nova Employment Choice award for his film. Congratulations Sid!

Saroj Nepali

Saroj and his family are from Nepal and living and working in southern Sydney. They have been in Australia for over 4 years and are awaiting permanent visas even though both Saroj and his wife are employed in the nursing home industry. They

have a delightful daughter Ivy and are expecting their 2nd in the near future.

Saroj joined Kiwanis Sydney some months ago with a view to forming a new club, mainly of Nepalese in southern Sydney. He cannot attend our meetings because of the distance and the importance of his work to support his family, without access to any government assistance.

Cathy and I recently met Saroj and his daughter to officially welcome him to Kiwanis. Welcome Saroj!





Kiwanis New Year

The Kiwanis year ends on 30th September every year. That means the new leadership teams take over the running of Kiwanis around the world from 1st October. New teams will be in place in every club, in the ASPAC region and at Kiwanis International level. Congratulations to all the new leaders and may your year be successful in helping kids all around the world. Remember......

#Kids need Kiwanis!

#Kiwanis needs You!

Aktion Club - looking for members! www.aktionclub.org

Kiwanis Sydney would like to sponsor a new Aktion Club, and we are looking for potential members. Members with a disability will be part of their own club to fundraise and perform work in the community to help others in need. The Aktion Club will also organise their own social activities to get to know other members and have fun. Kiwanis Sydney members will support the club.

"WHERE DEVELOPMENT KNOWS NO DISABILITY "



If you know of someone with an intellectual disability who might like to be part of, or benefit from this club, then please contact us at sydney@kiwanis.org.au.

#Kids need Kiwanis!

Do <u>you</u> want to help kids? Kiwanis Sydney needs your help to continue our work in the local, Australian and world communities. Come along, obligation free, to one of our monthly meetings, or a Bunnings barbeque to meet the team, or simply meet with one of our members over a coffee and hear about what we do and how you can help. You will meet new friends and get that warm feeling from helping kids in Sydney Children's Hospital, HeartKids, Sir Eric Woodward School, Nepal or others. Contact us at sydney@kiwanis.org.au

Hope you enjoyed the newsletter. If you have an article to include in future newsletters, please forward to sydney@kiwanis.org.au

Joke Corner





Events Coming Up: 2025

Wed 1st Oct 2025 – The new 2025-26 Kiwanis Year starts. Our new Leadership Team takes over the reins.

Tue 14th Oct 2025 - Kiwanis Sydney Changeover Meeting 7pm – Pennant Hills Library

Sun 12th Oct 2025 – Two Feet and a HeartBeat Walk – 9am Kiwanis to help at Centennial Park Darley Gates.

Sat 18th Oct 2025 –Bunnings BBQ Artarmon - 8.30am to 4.00pm – Reserve Rd Artarmon

Sun 2nd Nov 2025– Two Feet and a Heartbeat Walk – 9am to 12pm Kiwanis Sydney do Barbeque at Wentworth Common Olympic Park

Tues 10th Nov 2025 - Kiwanis Sydney Meeting Share the Dignity Packing 7pm - Pennant Hills Library

Sat 15th Nov 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm - Reserve Rd Artarmon

Tue 25th Nov 2025 – SEWS DESU Presentation – 12 pm Online

Fri 28th Nov 2025 – SEWS End of Year Presentation Day –10am Ayres Rd. St Ives

Mon 1st Dec 2025 – BGS End of Year Presentation Day – 10am to 12pm

Tues 9th Dec 2025 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Sat 20th Dec 2025 - Bunnings BBQ Artarmon - 8.30am to 4.00pm - Reserve Rd Artarmon

Sun 11th Jan 2026 – Hawkesbury River Joint Club Lunch 12pm to 3pm King Tide Cafe

Tues 10th Feb 2026 - Kiwanis Sydney Meeting 7pm – Pennant Hills Library

Fri 13th to Sun 15th Feb – Division 2 Mini Convention at Tea Gardens

Deserving Causes Kiwanis Sydney has helped	2023-24	2024-25
Sydney Children's Hospital Randwick - Comfort Care Cases	✓	✓
Sir Eric Woodward School - Terrific Kids and vege pods for gardening	✓	✓
Broderick Gillawarna School – Terrific Kids, Fun Day and Formal	✓	✓
Warrah Specialist School - Terrific Kids, loom support and sensory equipment	✓	✓
Lidcombe Public School - Back to school packs & sensory toys. Vege Pods for growing vegetables	✓	~
Children First Foundation - life changing medical help for children (District Project thru'KADCF)	✓	✓
HeartKids Australia - research into children's heart disease (District Project thru' KADCF)	✓	✓
HeartKids Two Feet and a HeartBeat, Sweethearts Day, Super Heroes Day and local respite	✓	✓
Aussie Helpers – assisting farmers and their children in need	✓	✓
Acute Lymphoblastic Leukaemia in Children (District Project thru' KADCF)	✓	~
Share the Dignity Bags – for women and children in refuges or doing it tough at Christmas	✓	✓
Rainbow Children's Home Nepal - house and educate orphans	✓	✓
Harding Miller Foundation – part sponsorship of a Yr 9-11 girl for High School studies	✓	✓
Exodus Foundation Rev Bill Crews - helping the homeless	✓	✓
Father Chris Riley's Youth off the Street	✓	✓
Kiwanis Children's Fund - various worldwide projects – annual club gift	✓	✓
Kiwanis Australia District Charitable Foundation – annual club gift	✓	✓
Caroline Chisholm Nursing Home – Mother's day cards and flowers	✓	✓
Caroline Chisholm Nursing Home – Fathers day gifts	✓	✓
Street Care for Homeless Newcastle – provide clothing and food to homeless	✓	✓
Gunasekara Child Development Centre Sri Lanka	✓	✓
Hands Across the Water - helping 7 childrens homes in tsunami affected Thailand	✓	
Triple B Care Projects - caring for children with burns, cleft lip/palettes, parasites Philippines	✓	
Mission in Health Care and Development - school and hospital equipment in DR Congo		✓
Arunoday India Children with Blindness		✓
Kiwanis Pakistan - food for kids		✓
Operation Rainbow Cleft Palate operations by WA Drs in Cebu	✓	✓

The Objects of Kiwanis International

- 1. To give primacy to the human and spiritual rather than to the material values of life.
- 2. To encourage the daily living of the Golden Rule in all human relationships.
- 3. To promote the adoption and the application of higher social, business and professional standards.
- 4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.
- 5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.
- 6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and good will.

These Objects were adopted by the House of Delegates at 1924 KI Convention in Denver, Colorado



Kiwanis Club of Sydney Australia