



# Kiwaniis®

## GRAND RAPIDS



<http://www.kiwanisgrandrapids.org>

January 2021

### PROGRAMS YOU MAY HAVE MISSED

**Tim Breadon:** President  
**John Bigari:** Secretary  
**Treasurer:** Sarah Pastoor  
**Linda Paige:** Editor

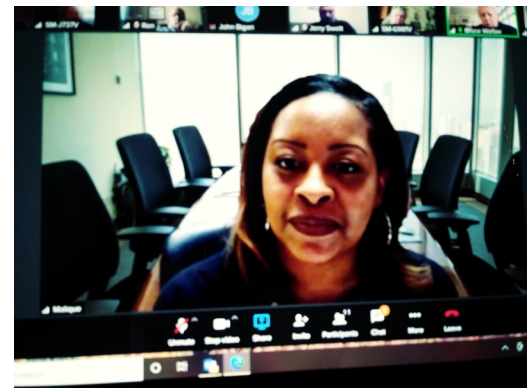
#### Future Programs/Events

<p><b>February 16</b> Maria Besta, Bikes for the Rest of Us</p>
<p><b>February</b> Marney Rich Keenan Author of the book "The Snow Killings"</p>



Linda Lawther joined our virtual meeting to discuss her candidacy for [Kiwaniis International Trustee](#). She talked about ways to bring more diversity to the organization. This includes giving the younger members of the Kiwanis family a voice in the decisions that impact them. She also discussed the persistent problem with making the clubs "look like" the people that they serve. We wish her all the best at the convention in Salt Lake City, hopefully in person and not virtual.

Malique Grear with [Positive Impact for Life](#) talked about the organization and their impact on the community. Their motto is "to transform lives by providing positive solutions for everyday living." They offer self-care workshops on a variety of mental health issues. They also have programs geared to tutoring and mentoring children.



**Until dining restrictions ease, the club will meet virtually every Tuesday at Noon.**

Contact the Secretary or President if you would like to join our meeting.

**Always remember—  
#KidsNeedKiwaniis**

### February



20 Ron Karelse

26 Cheryl and Bill Weitzel



#### Club Contact Information

**Tim Breadon** - President: [@kiwanisgrandrapids.org](mailto:@kiwanisgrandrapids.org)  
**John Bigari** - Secretary: [Secretary@kiwanisgrandrapids.org](mailto:Secretary@kiwanisgrandrapids.org)  
**Linda Paige** - Newsletters: [Newsletters@kiwanisgrandrapids.org](mailto:Newsletters@kiwanisgrandrapids.org)

## CLUB SERVICE RECAP

**Future project planning:** As we all know, projects do not happen without planning. While not completing any one project, members have engaged in planning for the next **few months projects.**

Hours Total — 20

Members Involved — 4



Shandy Longcore with [Embracing Imperfections](#) joined us for our meeting and discussed her story of attempted suicide at the age of 10. She now devotes her life to speaking to children and teens about her experience. She's more than a motivational speaker she wants to tell kids about other options and resources. These include texting 741741 or calling 1-800-273-talk (8255).

Kim Karn with the Land Conservancy of West Michigan <https://naturenearby.org/> spoke about their organization and the mission to help people protect, enjoy, and care for natural land in West Michigan. They have three new projects: [Flower Creek Dunes Nature Preserve](#), [The Highlands](#), and Dune Harbor Park.



## THANK YOU KIWANIS HEROS

From hospital emergency rooms to nursing homes and schools, Kiwanians around the globe are on the front lines in the fight against COVID-19. You can [read their full stories here.](#)



**ANNEGRET PACHNER**  
Operating room nurse  
Germany District Governor-elect 2020-21  
Kiwanis Club of Kulmbach

**"Sticking together and not working against each other, only that takes us somewhere."**

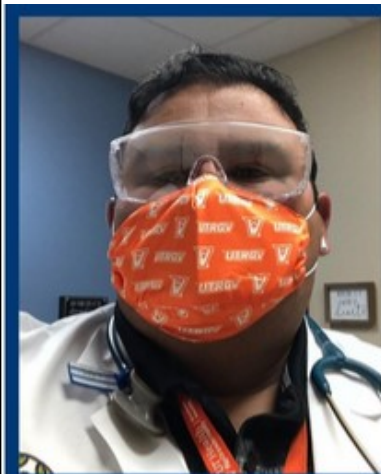
**Kiwanis HEROES**

We are on the web: [kiwanisgrandrapids.org](http://kiwanisgrandrapids.org)  
Facebook: [Kiwanis Grand Rapids](#)  
Twitter: [kiwanisgr](#)

## THANK YOU KIWANIS HEROS

The primary purpose of this club is to improve the quality of life for children and families worldwide by adhering to the Objects of Kiwanis International. The objectives were approved in 1924 and through the decades, they have remained unchanged.

- To give primacy to the human and spiritual, rather than to the material values of life.
- To encourage the daily living of the Golden Rule in all human relationships.
- To promote the adoption and application of higher social, business, and professional standards.
- To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.
- To provide, through this club, a practical means to form enduring friendships, to render altruistic service, and to build a better community.
- To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.



**AARON SALINAS**  
Nurse practitioner  
Kiwanis Club of Edinburg, Texas

“One of the things I have noticed since the pandemic has been the higher volume of patients experiencing issues with anxiety and depression.”

**Kiwanis HEROES**



**NICOLAS LIMANOV**  
Rescue technician and 911 dispatcher  
Kiwanis Club of Greater Parsippany, New Jersey  
Kiwanis Club of Tri-Town

“A handful of times I used a hotel shower before entering my home to be sure that I was fully clean and not bringing anything home to my loved ones.”

**Kiwanis HEROES**



**JESSICA GUILD**  
Mental health nurse  
Kiwanis Club of Anchorage, Alaska

“I am honored to be part of the global COVID response team — fighting this pandemic one day at a time, boosting the mental health of my clients as well as my own.”

**Kiwanis HEROES**

### Kiwanis Trivia

The first president of Kiwanis International was George F. Hixson of the Rochester, New York, Kiwanis Club. He was elected in 1916 at the first international convention in Cleveland and re-elected the next year. He is the only international president to serve two terms.