



Kiwanis Club of Brantford Newsletter July 13, 2023

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Kiwanis Office <kiwanisbrantford@gmail.com>

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A WEEKLY NEWSLETTER from and about
THE KIWANIS CLUB OF BRANTFORD

Meeting at the Best Western Brantford Hotel & Conference Centre:
Every Thursday at 12:00 noon

Current Membership – 55



E.C. & C. District

Governor

Anthony Haile
KC of Curaçao

Governor Elect

John Chave
KC of Barrie

Vice Governor

Pamela Rodney White
KC of Constant Spring

Immediate Past Governor

Jim Scott

PROGRAM FOR JULY 13

Mayor David Bailey, Mayor of Brant County, will go over the recently approved plans for land development in the County of Brant.

HEAD TABLE

President Dave Lewis, Funmaster Bob Lefebvre, Guest Speaker Mayor David Bailey, Introducer Bob Saunders, Thanker Leo Vos

UPCOMING MEETINGS

Thursday, July 20: Faye Prince – The Basics of Chess

KC of Forest City, London

Secretary/Treasurer

Jim Steele

KC of Brantford

Division Lt. Governor

Nelson McClinchey

KC of Brantford

Club Officers

President

David Lewis

Past President

Randy MacKenzie

President-Elect

Alfred Hauk

Treasurer

Jim Steele

Secretary

Joanne Murray

Club Directors

2 Year Term

Maureen Henry

Stuart Parkinson

Nancy Sherritt

1 Year Term

Phil Hoekstra

Graham Schram

Thursday, July 27: Kelly Bryant – Supporting Youth with Mental Health Struggles

Thursday, August 3: New Member Induction

Thursday, August 10: Anthony Horwath – Medicinal & Recreational Uses of Cannabis

BIRTHDAYS

Nothing to report this week!

ANNIVERSARIES

Roxanne & Jim Bond will celebrate their wedding anniversary on July 15 Congratulations!

ANNIVERSARIES OF DATE JOINED

Andy Gould will mark 24 years as a member of this club on July 15!

EDUCATIONAL SPOT

The minimum number of members required to attend another club's meeting to constitute an inter-club is 4 members if your club membership is 31 or greater.

THOUGHT FOR THE WEEK

Tact is the art of convincing people that they know more than you do. ~ Raymond Mortimer ~

**To view what happened at last week's
meeting, see pages below**

Last Week's Meeting Highlights



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Highlights of the Thursday, 06 July, 2023 Weekly Meeting

President David Lewis was seen with a big smile as he began the meeting at 12:30PM, welcoming those in attendance including our Guest Speaker Rick Mannen.



Suspense was high today as our 50/50 pot was overflowing, so Phil Hoekstra decided to insert the Joker into the pack and allow four draws. Three tries were made and disappointed Kiwanians returned to their seats.

The fourth try was a SUCCESS for JOANNE MURRAY, as she joyfully waved the winning card in our faces.

Even Phil joyfully displayed the Joker to us as he now gets ready for a new game next week.



PP Randy was our Funmaster today and gave some examples of American's perception of Canadians. Randy then countered with the fact that we appear more cosmopolitan than most Americans. He gave several examples of the many Canadian comedians that have made it big in the US, listing greats such as: Dan Aykroyd, Mike Myers, John Candy, Catherine O'Hara, Leslie Nielsen, Phil Hartman, Norm Macdonald, Martin Short, Tom Green, etc.

PP Randy announced and congratulated all members with Birthday, Wedding Anniversaries and Anniversaries of joining our Club and called for Happy Stories and Happy Dollars, from the members.

Kiwanian Maureen was up next to introduce our Guest Speaker, Rick Mannen.

Rick was born, raised and has always lived in Brantford and Brant County, married to Josie for 45 years and his main interests are: family, distance running & coaching, pet Labrador retrievers, outdoors, helping make Brantford and Brant County the best place to live and visit.





For over 50 years Rick has been acknowledged for his community volunteerism, including Brantford and Area Sports Hall of Recognition, Frank Tomlin Memorial Sportsperson of the Year Award, Brantford Canada Day Celebrations, Brantford Sports Council, Brantford Track & Field Club, Vancouver 2010 Olympic Torch Relay across Canada and Run Director for numerous local charities running/walking.

Rick began his presentation by telling us that as a young student his first running competition was to Mount Vernon. We all know that it is not a Mountain at all, but when he completed the run, he told himself, "I will never do that again". Fortunately, Rick did run again and throughout his youth in the 1970s, Mannen ran shorter distances, including the 100, 400 and 800-metre events. The longtime Brantford Track and Field Club member and Pauline Johnson Collegiate graduate began training for longer distances in 1978.

In 1979 Rick ran in the Boston Marathon among 5,667 other males. It was cold, wet, physically and mentally exhausting. When Rick crossed the finish line he said, "I will never do that again".



However, Rick kept on trying and in 1986, he won the Toronto International Marathon, from that point on he was hooked on running.

In 1987, Rick Mannen was the Winner of the Hong Kong International Marathon. Rick ran the race in: 2 hours 20 minutes 51 seconds, 42.195 kilometers (25.317 miles)



Rick's wife Josie was there to celebrate with him.



Rick said, “shortly after the Hong Kong Race a serious health issue shortened my work career earlier than anticipated, I realized I still had a great amount of energy, time and passion for the sport I loved.

My transition from an elite marathoner to a coach was not a difficult one for me as I took a 12-year hiatus from the running scene after realizing I could not compete at a high level any longer. I vowed at that time, I would take whatever time I needed to return to the running scene with a renewed sense of drive. I had enjoyed success and now it was time to give back to the running community.

I can honestly say I get the same amount of gratification as a coach as I did as a runner when Krista DuChene or another athlete performs their best. I have been fortunate to have the opportunity to feel the joy and pride of running well as an athlete. Now I feel honoured that I can share my experience and my passion to help another athlete achieve their goals.”

Rick's Record time set at Pauline Johnson CVS, 400 metre and 800 metre record in 1975, still stands today. (48 years later)

Rick Mannen the Coach pictured below



Below are the Top two runners at the Debbie Miller Classic Track and Field Meet at Pauline Johnson CVS in Brantford, Ontario (Kiwanis Field) Friday 05-May-2023



Kiwanian Phil, formally thanked Rick Mannen for his inspiring and heart-felt presentation and was warmly and enthusiastically shown appreciation by all members.

Announcements:

- Reminder, the International Villages Festival is on Wednesday July 5th to Saturday July 8th, 2023.

If there is nothing else for the good of Kiwanis, we will adjourn this meeting with the ringing of the bell. Have a great weekend.

Meeting Adjourned: 1:09PM