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Submissions Guide and the Consent & Release Form can be found online at: https://kiwanispnw.org/builder_ magazine.html

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www.kiwanispnw.org

Kiwanis Builder magazine

Greg Wegrich
Governor
2021-2022
Pacific Northwest District
of Kiwanis International

Submissions to the Editor mabozak@gmail.com

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Kiwanis Club 100th Anniversaries

CONGRATULATIONS to the following
PNW District clubs who are celebrating their
Centennial anniversaries over the next three
months. Future issues will keep the list going.

Information about celebrations is available by contacting the clubs directly.

Walla Walla, WA - 4/25/22 Coeur d'Alene, ID - 6/16/22 Ellensburg, WA - 6/23/22

Cover photo courtesy of Unsplash.com Saeed Karimi - Photographer

Hooray, it's Spring! Along with beautiful flowers and warmer temperatures, Spring means the Kiwanis year is half over. And that means it's time to elect new officers in our clubs and attend conventions, which also means it's time for Lt. Governor Training and Club Leadership Education. Whew, it's getting busier! Good thing that's the focus of this issue of the PNW District Builder magazine to help you stay up to date and ready. Training dates and information are located on page 6. I hope you pay special attention to the district auction this month and register to participate — the proceeds will be used to support the administration and educational functions of the district office to the local clubs. See the facing page for the auction information. You'll also find great information on the International Convention in June in Indianapolis this year. See page 5. And last, please look for our new Kiwanis Moments on page 23 for some nice messages from our members. Send in YOUR Kiwanis Moment along with your Kudos to give members recognition for doing great things for their clubs and communities. Of course, your feedback is very welcome, so send me your thoughts. That's it for this quarter — hope to see you along the Kiwanis road!

Melanie Bozak, Builder Magazine Editor 2021-2022 mabozak@gmail.com

A message from 2021-2022 Governor Greg Wegrich

Steve Jobs of Apple Computer and Dents



Steve Wozniak and Steve Jobs founded Apple Computers on April 1, 1976 building the original Apple 1 in Jobs' garage. The company has grown substantially since that time 46 years ago and today is a world class business. How is that relevant? Only because of something Steve Jobs said many years later.

We're here to put a dent in the universe. Otherwise why else even be here?

- Steve Jobs

Thank you, every Kiwanian in the PNW district for the innumerable dents you have made in your community, the world at large and the universe. Over the years, I am certain that thousands, if not millions of dents have been intentionally made by Kiwanians. Because we are here and we care. Thanx!

As of mid-March, most COVID-related restrictions have been lifted. It's spring, a time of reawakening and renewal and now an opportunity to do what we do best – deliver impactful service to our communities. The needs have changed in the past two years and are greater than they have ever been. To succeed in making the difference demanded of us, we need to attract new members to become servant leaders who revel with us in the euphoria of serving others. There is a pent-up demand from local citizens who want to give back – they just need to be asked.

We are asking all PNW clubs to set a goal of finishing the year with a minimum net of two new members by September 30. Every one of our clubs has an inspiring story to tell. Now is the time for us to share it.



KI has developed a program, Two for Two, that aligns perfectly with our goal. All clubs should have received a materials package in March with the details. If you haven't already, develop an action plan to roll this program out, all the steps in the process are laid out for you.

Get involved. Grow your club. Experience the excitement of new members and being unburdened in delivering service to your community.

The lifting of restrictions gives us more unparalleled opportunities to open new clubs in the district. Our goal is to open 9 new clubs this year. If you recognize a community not served by Kiwanis that would benefit from all we do, please let me know. It will be a gift to that community.

The combination of strengthening existing clubs and opening new ones is the key to overall district growth and vitality.

By the way, before I leave this topic, our PNW statistics demonstrate that clubs that have a membership chair deliver nine times the growth of clubs without one – a very significant difference. If you do not have a membership chair, please designate one. Your PNW district membership team would be thrilled to help you make this happen.

Leadership and Education

Soon clubs will be electing new leaders and lieutenant governors to lead your divisions. That also means education is coming soon as well. Attending the education workshops is essential for new leaders to understand roles and responsibilities and to take advantage of the many tools and processes designed to make your job easier.

You will find dates for Club Leadership Education and Lieutenant Governor training, on page 6 in this magazine.

This year's Mid-winter Conference was a resounding success. The technology worked perfectly and the education workshops assembled by governor-elect David Crozier were the best. All of the 15 plus workshops were recorded and available to attendees to watch again and use as programs with your club.

If your club did not have a member attend, you can still access every video recording, including an inspiring keynote by Patrick Galvin, by paying the same registration fee that everyone did. We do want all of our clubs to benefit from the great ideas, techniques and processes that were presented and now you can.

For those of you who registered for Kiwanis Amplify Leadership Training, I believe you are going to learn so much and grow as a leader, improving every aspect of your life. I'd love to talk to each of you when you finish the course. Good luck!

We offer a lot of training/education to members of the PNW throughout the year:

- Mid-Winter Conference
- Kiwanis Amplify Leadership Development
- Club Leadership Education (CLE)
- Lieutenant Governor Training
- District Convention

In addition, each month, we have:

- Lieutenant governor forums
- Master classes for club membership chairs
- Training for our certified coaches who help our clubs grow



And let's make many more dents in our communities – the bigger and more impactful the better!

Greg Wegrich Governor 2021-2022 greg.wegrich@gmail.com







JUNE 8-11, 2022 INDIANAPOLIS, INDIANA, USA



Attend International Convention – We Need You As A Delegate!

Here's why the PNW needs a large delegation to attend International Convention (ICON) in Indianapolis this June 8th thru 11th:

We need to elect our candidate for International Trustee, Jackie Sue McFarlin.

And, we need to pass the proposed amendment to Kiwanis International Bylaws allowing Family Membership status.

Besides those two excellent reasons we need to experience the excitement and educational opportunities that are being planned for everyone; meet new friends, renew relationships with old friends; be entertained and challenged in addition to getting a tour of the International office. As Past Governor Lonnie says start your engines Varooooooooom.

The committee working to pass the family plan amendment is comprised of representatives from New England-Bermuda, Ohio, Texas-Oklahoma, Florida and the Pacific Northwest Districts. We are working hard to get this information out. We know that the International Board and KI senior staff are once again opposed to this amendment primarily due to a revenue loss basis and feel that the pilots did not grow membership. The committee believes that the revenue analysis from KI senior staff is simply flawed and does not reflect the true picture that data from membership services reveals. We will have a booth at ICON with material in support of our position. Visit our web page for more information. (http://www.kiwanisfamilymembership.org/contact-us/)

If you are able to work a shift in Jackie Sue's booth or the Family Plan booth at ICON please let me know:

Roger Bell, PNW ICON Chair - rogerrdarat@gmail.com or phone (509) 726-2467

A message from 2021-2022 Governor-Elect David Crozier

Lt. Governors, Conventions, and More!



Thanks to everyone who attended our Mid-Winter Conference. We had a great turn out and I am pleased to report the Training/Education sessions went off without a hitch. The new format of Zoom Events seemed to work very well. All the sessions were recorded and are available free to attendees and for a small fee to non-attendees.

It's been a busy couple of weeks. I first attended the CKI DCON where I was happy to meet the outgoing leadership and meet, and install, this year's incoming leadership. We also spent a morning in service cleaning up the yard at the district office. Then on to the Key Club 'Springboard' where I got to meet the outgoing leadership and the incoming leadership. That was followed by the PNW Mid-Winter Conference. Lastly there was Key Club DCON, where I installed the new Key Club leadership for this year. What a great time it has been to meet these new and young leaders. Our SLPs are in great hands!

It's that time of the year for our Clubs and Divisions to elect a Lt. Governor to serve next year. If your division has not elected a LTG for next year, please reach out to this year's Lt. Governor and request a Division Council Meeting (DCM) to get someone identified and elected.

Right now, we are in the middle of planning our 22/23 Lt. Governor Training. This year's training will be held virtually the weekend of May 13th so its important to identify who in your division will be next year's Lt. Governor in time for that training.

We are also starting to plan for Club Leadership Education(CLE). This is important training for the incoming officers of your clubs. We plan on holding this training in June and July virtually. Dates will be announced shortly. We will also offer this training in person at our District Conference (DCON), the weekend of Aug 26th in Kennewick, WA.

Lastly, coming up quickly is the International Conference in Indianapolis, June 8-11. The International conference is a great experience where you get to meet Kiwanians from all over the US and the World; as well as experience some top-notch education, keynote speakers and entertainment. This year is particularly important as we have proposed the Family Plan for a vote by the delegates and our very own Jackie Sue McFarlin is running for International Trustee. Every club gets two delegates so with our over-250 clubs, we are hoping for the Indy 500 from the PNW. That's 500 PNW'ers at ICON and with that kind of support from our clubs, we can easily pass the family plan and ensure Jackie Sue gets elected to the Kiwanis International Board.

So...what a great spring and summer we have ahead! Lt. Governor Training, Club Leadership Education, International Convention and District Convention, not to mention all the great service projects at our clubs. With Masks coming off and cases going down, we are very excited to get back to normal and step up our service to our communities.

Yours in Service,

David Crozier Governor-Elect, david_crozier28@msn.com (360) 531-0557

Important Upcoming PNW Training Dates

Club Leadership Education (CLE)

Saturday - June 4, 2022 Sunday - July 16, 2022 Thursday - August 25, 2022 (Live at DCON)

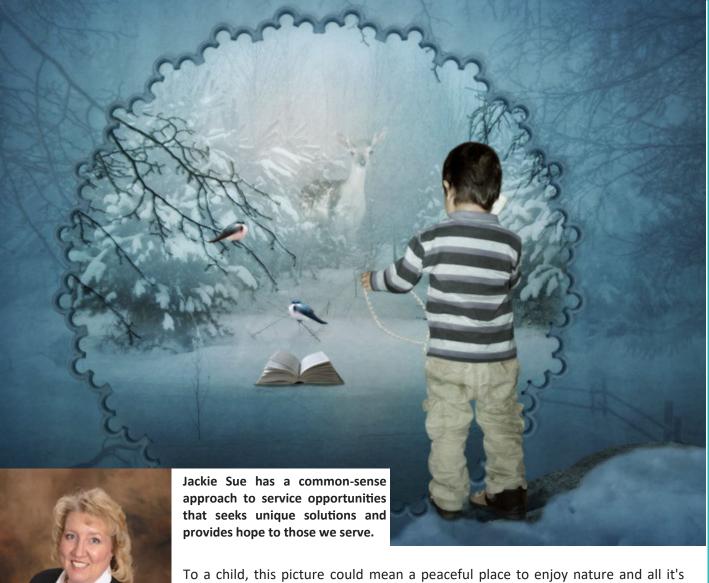
> Lt. Governor Training May 13-15, 2022



You're a Kiwanian so we know that you have a heart for service. The PNW Kiwanis Foundations mission is to make club and student dreams come true by providing grants to clubs and scholarships to students. We are looking for Kiwanians interested is serving on our board. If you are interested in serving, please download an expression of interest form that can be found on the website at:

www.pnwkiwanisfoundation.org





To a child, this picture could mean a peaceful place to enjoy nature and all it's beauty. But to some children, the trees are the challenges life has handed them, the birds are the obstacles that stand in their way to the future they dream of, and the deer represents the adults in their life that may have failed them.

Kiwanians turn these obstacles and challenges back into opportunities for children through our meaningful, impactful and relevant service projects such as the donation of school supplies, the Friday backpack program, our scholarships to

summer camps or advanced learning. Or maybe it's that chapter book that a Kiwanis member handed them one day that was their very own to read over and over.

Jackie Sue McFarlin

For Kiwanis International Trustee

#KidsNeedKiwanis; but Kiwanis needs Kids also. Imagine how many lives you have already touched.

Opportunity

Picture how many opportunities have been provided and how many lives have been positively affected by all that we do in our communities. As a Kiwanis International Trustee, I will strive to make sure our clubs remain strong and are able to continue their endless service to each child looking through the forest.

From your PNW Education Chair Vicki Frucci

Since our theme this month is "Leadership Education Secrets"...

Did you know when most people hear the word "secrets", they think of things being hidden? When I hear the word "secrets", I think of treasures.



Here are my thoughts on "secrets/treasures" as it applies to making good decisions, especially if you want to be a great club leader:

- Are you setting your team up for success?
- Do you know the impact you are making?
- Are you adding value to others?

Bottom Line: You **CAN** make a difference in the lives of others. Here's how you can put all this into action – Be Curious and Confident before making decisions.

If you want to discover the *secrets of volunteer leaders* that others want to follow, and be a great club leader, then check out our new Leadership Guide – 2022 and attend one of the club leadership training sessions coming soon. There are a lot of secrets and treasures coming your way in club leadership roles and education. We look forward to seeing you there.

Vicki Frucci - PNW Leadership Development Coordinator, Education Chair, and Youth Protection Manager mvm101@comcast.net



NICHOLAS HAFEZ for GOVERNOR ELECT!

Candidate for Pacific Northwest District GOVERNOR ELECT 2022-2023 - Endorsed by: NW Oregon, Greater Portland Area, and Mount Hood Area divisions

"Pharmacy has been my life work, but every hour with the Kiwanian family remains the best part of my life. The compassionate actions of Kiwanians continue to inspire."



Nicholas has been honored and entrusted to serve:

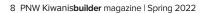
- District Administrator Builders Club
- Distinguished Lt Governor Pacific NW District and Kiwanis International
- Associate District Administrator CKI; District Convention co-chair; Area Administrator
- Helped found 2 clubs as team member

Currently Nicholas is:

- Chair of the Past Lt Governor's Bigfoot Brigade
- Club Coach for 3 years
- Director of NW Foundation Board focused on grants and relief

Please support my candidacy for Governor Elect

Invite me to your Division Council and club meetings. Let me speak about what I love Nicholas Hafez njhafez.3@gmail.com 503-267-1081



The Secret is...Leadership Development and Education

During the 2019-2020 Kiwanis year the Kiwanis International Board put a new emphasis on leadership development and education. They created a committee of the international board to focus specifically on these topics. The board committee developed three separate subcommittees of volunteers to help the organization strengthen the leadership pipeline from within. These subcommittees concentrated on three different areas of leadership development – reviewing the roles and responsibilities of positional leaders, evaluating the training currently provided to positional leaders and the creation of a new global leadership development program for all members.

The volunteers serving on the subcommittees conducted a large-scale survey and focus groups with members from across the globe to assess our current leadership and training practices. Many helpful insights were gained, but two primary themes stood out when the evaluation was complete: the need for collaboration among leaders and the need to embrace technology.

According to Kiwanis leaders worldwide, they often feel alone in their role. Many leaders feel forced to complete all club or division level tasks on their own rather than being able to rely on others for assistance. When stepping into a new role it often feels like starting over rather than a continuation from previous leadership. Leadership done in this way is not sustainable. Collaboration is imperative. Based on this feedback, the subcommittees made some recommendations to the Kiwanis International Board. These recommendations have led to several changes that will be seen as early as the 2022 Kiwanis International Convention and several more that will come over the next few years.

A change that Kiwanians can expect to see immediately is a shift in club leadership job descriptions. These modifications are highlighted in the new Leadership Guide and will also be reflected in this year's Club Leadership Education. Job descriptions have been simplified and opportunities for leaders to delegate tasks and collaborate with others have been clearly outlined. Also, Kiwanis International will be offering several sessions on collaborative leadership at the Kiwanis International Convention in June. One session will focus on club level leaders and the other session will focus on district level leaders.



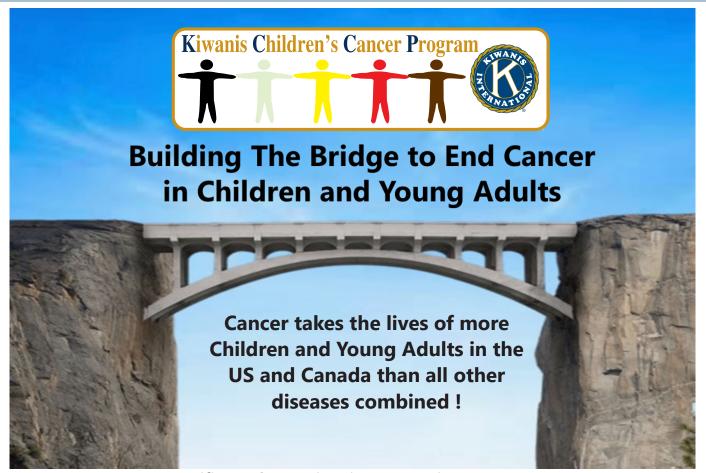
The need to embrace technology was another theme that emerged from the work the subcommittees completed. The global pandemic that continues to impact the population worldwide has altered the way many communicate, gather, learn and operate. While there have been numerous challenges that have come with this shift, it has also shown Kiwanians the possibilities that exist – possibilities to do things in a different, more innovative way. Kiwanis has learned that while there is still value in conducting business in-person, virtual and hybrid options make events more accessible to all members.

Kiwanis International is embracing technology in a variety of ways. The first significant advancement in this area was the launching of the Kiwanis Amplify and Global Leadership Certificate programs. Kiwanis Amplify provided asynchronous, online leadership development training for nearly 800 Kiwanians worldwide in its first year. The Global Leadership Certificate released a three-part pilot series for 1500 Key Club and CKI members in year one as well. Both programs are continuing into year two.

Virtual and hybrid options have also been utilized for conferences, conventions and positional leader trainings across the Kiwanis world over the last few years. Kiwanis districts have turned to Zoom and other platforms to host mid-year conferences, district conventions and education days. Kiwanis International has implemented virtual training for governors-elect, lt. governors and Club Leadership Education. It is anticipated that core Club Leadership Education will continue to be provided by Kiwanis International online annually in addition to options provided by the districts. Portions of the Kiwanis International Convention are also now being streamed online so that more members can participate from afar. Kiwanis International has even hired an Online Education Specialist who will focus their efforts on improving the virtual education offerings provided by the organization.

As one can see, leadership development and education within Kiwanis has seen significant growth over the last two years. It is anticipated that further shifts and improvements will continue as it is a top priority of the Kiwanis International Board. Kiwanis International looks forward to continuing to find new ways to serve, train and educate its members across the globe.

- Linsy Karrick-Wykel, Development Director, Kiwanis International



Pacific Northwest Kiwanians are Having an Impact

Vision - We Envision a World Without Childhood Cancer

Mission - To fund the Kiwanis Children's Cancer Fellowship Program at OHSU/Doernbecher Children's, Seattle Children's and BC Children's Hospitals to educate and transform Pediatric Doctors into Physician Scientists to end cancer in children and young adults forever.

History -In 1983 Kiwanians in the PNW became involved with local hospitals through the Children's Miracle Network. PNW District Governor Gene O'Brien asked Kiwanian Huby Newton to chair this district relationship. Because of the success of several Kiwanis projects that helped Doernbecher in the 80's and 90's, Physician in Chief Dr. Leonard Johnson at Doernbecher Children's Hospital made a direct appeal in 1997 to Kiwanis to fund a much-needed Fellowship in pediatric hematology/ oncology. Such a program would develop leading edge physician scientists who would spend their careers treating patients, conducting research and training other doctors. This was a program that would have real impact on children's cancer and blood disorders. Governor Gene accepted Dr. Johnson's challenge to tie Kiwanis with the end of cancer in children at Doernbecher Children's Hospital and with that Kiwanis Doernbecher Children's Cancer Program was born. Governor Frank Morehouse in 2010 thought to expand the success at Doernbecher Children's to the only other nationally and internationally acclaimed teaching and research hospitals in the Pacific Northwest. BC Children's in Vancouver BC Canada and Seattle Children's in Seattle Washington. The reception to Governor Frank's idea at these hospitals was overwhelmingly supportive and appreciative. Today 56 Kiwanis Fellows have graduated from the 3-4-year training that transforms them from pediatric doctors into the leading-edge hematology/oncology physician scientists of the future.

Why Do We Support The Fellowship Programs?

The Hospitals and their Success - Our three hospitals are the only research and training hospitals in the Pacific Northwest that offer pediatricians the advanced training and facilities to become experts in the detection, treatment, cure and prevention of cancer and blood disorders in children and young adults. Remember, the victims of this dreadful disease are our children and grandchildren, our K-Kids, Builders, Key Club and CKI future Kiwanians. 50 years ago, almost no child survived cancer. Today, due to the research of physician scientists, like those who graduate from our Fellowship Programs, over 80% survive some types of leukemia. Many other types of cancer and blood disorders do not have this level of success which is the reason why the vision and mission of KCCP remains important. Cancer does not discriminate according to the way we look, our nationality, our income or neighborhood. Every community in the US, Canada and Internationally is affected by cancer in children and young adults. Our KCCP program produces physician scientists that have a direct impact on ending cancer in children locally and globally. Our three hospitals are members of The Children's Oncology Group which is an elite group of children's hospitals around the globe that share patient diagnosis, treatment, and outcomes freely so that children around the world benefit from our contribution to ending cancer in children.

The Quality of the Fellows and Their Success—Kiwanis Fellows are involved daily with the most advanced and novel treatments through pilot and confirmational clinical trials. New discoveries in the PNW have been heralded by the FDA and the Pediatric Hematology/Oncology field as some of the most significant advancements in the treatment of children's cancer:

Gleevec, a personalized targeted medicine that treats the cancer at its source rather than affecting the entire body.

Kymirah, an immunotherapy drug that accommodates the retraining of a child's own immune system to recognize and attack cancer.

Prevention research to identify markers at birth then through immunotherapy retrain the immune system to attack when the markers become cancer.

These accomplishments and dedication attract and draw only the most serious and gifted applicants to these Fellowship programs we support. Building the Bridge to End Cancer in Children and Young Adults is a personal legacy program for us in the Pacific Northwest District of Kiwanis,

For more information to volunteer, contribute or schedule a presentation to your club or any service group, or business organization contact your local KCCP organization at Doernbecher Childrens, (KDCCP), Seattle Childrens (KCCP-S), and BC Childrens (PNWCCS). More information and direct Links can be found on the Kiwanis PNW website https://kiwanispnw.org/kccp.html

Thank you for your support—John Brookens, PNW KCCP District Chair, johnbrookens@msn.com









Membership Matters



Nurturing your existing club members and attracting new ones



Past Governor Roger Bell suggests that if your club has the "EEEEEK" effect, you are likely to be successful in both retention and growth. He asks if your club has five attributes that all begin with the letter "E" and then defines the letter "K".

The first of these is are they **Enlightened?** This includes knowing the impact they are having in the local community; the number of lives they are impacting; and the knowledge that worldwide every Kiwanian on average impacts the lives of 206 kids each year.

Are they **Engaged?** Is the second one. The meaning here encompasses having a role and actively serving on at least one committee. Are they participating in service projects, fundraisers and/or meetings?

The third "E" suggests being **Entertained**". Meaning that your programs/projects are interesting, relevant and informative. Above all are your members having fun when they come together and enjoying the fellowship?

PNW Membership Team

Greg Wegrich, Governor jgregw@aol.com David Crozier, Governor Elect david crozier28@msn.com Kathleen Moylan, PNW District Membership Chair kathleenmoylan@bellsouth.net Jackie Sue McFarlin, Club Coaching jacsuemac@icloud.com Roger Bell, Club Revitalization rogerrdarat@gmail.com Bob Munger, Administrative Logistics robtmunger@gmail.com Mary Crozier, PR & Social Media maryjcrozier@gmail.com Patrick Ewing, British Columbia Liaison patrick.ewing@shaw.ca Lonnie Johnson, Oregon Liaison pnwdgov20202021@gmail.com

Open: Washington/Alaska/Idaho Liaison

Excited is next on the list. This equates to having an urgency for the next thing the club is doing and looking forward to seeing the lives that will be changed because of their personal and group involvement.

The fifth "E" is are they **Educated?** Do they know that besides being a service organization, Kiwanis is also a leadership development organization? Are they actively participating in DCMs? CLEs? DCONs? ICONs? And/or Kiwanis Amplify?

The last element of the "EEEEK" effect is the "K". Are they **Kiwanians** or just members? Real Kiwanians seek out the opinions of all members, of community leaders, of partners and of local school leadership by really listening to them. Remember we all have one mouth that closes and two ears that don't; so practice up on your listening skills.

If your club members embrace the "EEEEEK" effect, and

set smart club goals, then you will improve member retention and be more attractive to potential new members. Oh yes, and you will have more fun along the way. For more information on this or other membership questions please contact any member of the district membership team.

KiwanisSIGN Update from Chairs Ralph Curran and Ann Penner



Strong support for the project has continued through 2022 with a total of \$2,065,963 donated to date. 25,031 implants were shipped to KiwanisSIGN surgery centers between August 2019 and this month. Estimating that each surgery affects a family of four, this means that more than 100,000 patients and family members in developing countries had their lives restored this year. Confirmed surgical reports since the project started total 110,077 through January this year. This means over 440,000 patients and their family members have had their lives restored because of your efforts!

KiwanisSIGN Awards: The PNW District has now sponsored a total of 72 SIGN surgical centers. Our main focus now is on sustaining these KiwanisSIGN centers. To this end 117 Kiwanians have now donated in excess of \$1000 and received the "Milt Lewis Medal" in recognition. In addition, 21 Kiwanians have individually donated in excess of \$15,000 to sponsor one of the 72 Kiwanis SIGN centers.

Trauma Healers

"CTTS" and "Write field Features" produced an hour-long PBS program on the epidemic of trauma in the developing world. Over the last year this program has been broadcast throughout the USA on 185 PBS stations over 2000 times. Division 79 Kiwanians donated \$24,000 towards the PBS production costs and the PNW District received credit as a major sponsor. While the main thrust of the program is about the epidemic levels of trauma that are occurring in the developing world, about 30% of the program is devoted to the positive results SIGN and Kiwanis are achieving. Anyone wishing to view this program on demand can do so through the SIGN Fracture Care International web site. While it is difficult to determine the effect this program is having on donations to SIGN, we believe it is significant.

While the COVID pandemic has had a significant effect on the day-to-day operations at SIGN it has not slowed its expansion. While on site conventions could not be held, Zoom courses were provided around the world. Production of implants, operating room instruments and the development of new surgical implants continued.

2021 BY THE NUMBERS SHOWS:

36 New SIGN Programs, 34,283 Patients healed, 369,219 Patients healed since 1999

In addition, SIGN added two new CNC screw machines, created an engineering development cell to work on new implants without disrupting production, added a new packaging machine to accelerate preparing implants for shipment, and added a bio-lab where cadavers can be used for training and implant development.

The top reporting programs in 2021 are:

- Tanzania Dodoma Regional Hospital 652
- Muhimbili Orthopaedic Institute 576
- Nkoaranga Lutheran Hospital 297 Cambodia Kossamak Hospital 631
- Malawi -Kamuzu Central Hospital 372
- Kenya- St. Orsola Hospital Matin 358
- Ethiopia- Soddo Christian Hospital 337
- Black Lion Hospital 298
- Burundia- Kibuye Hope Hospital 287
- Afghanistan- Central ANA Hospital 291



Six of these hospitals are Kiwanis sponsored. Please note that despite the disaster that has descended on Afghanistan SIGN has managed to arrange supply of implants and instruments to the surgeons continuing to perform there.



PNW KEY CLUB UPDATES

Connecting With Your Key Clubs

Now is the perfect time to connect with your sponsored Key Clubs! During January, February and March, clubs throughout your divisions elected new officers for the next school year. Consider reaching out to these incoming officers to offer support and begin building relationships. Make sure they understand the importance of Kiwanis and the many ways Kiwanians can help support their clubs. Additionally, consider inviting the new officers to a Kiwanis meeting to familiarize them with the connection between the Kiwanis-family branches. If your club is looking for other ways to connect with your sponsored Key Clubs, consider involving high schoolers in a fundraiser or service event. At this point in the service year, many clubs are struggling to think of innovative ways to get their members engaged in the community. If your club is planning an event, don't hesitate to contact your Key Clubbers. Chances are they are more than willing to help!

Over the Covid-19 pandemic, Pacific Northwest Key Club has been able to take a look at how events and activities can be made more accessible to high schoolers throughout the district. This past service year, Key Clubbers in rural and far areas have been able to better engage with the PNW District through a variety of virtual events such as virtual Key Club Days, committee webinars, and an online option for DCON. These online alternatives have allowed PNW Key Clubbers to engage with each other and build wider connections. Key Club has also worked to better connect the district by updating the Joint K-family Directory to make it easier for clubs to reach out to their Kiwanis-family counterparts. In turn, many Key Clubs have been able to build better relationships with the Builder, K-Kids, Circle K, Aktion, and Kiwanis clubs in their area. Be on the lookout for the 2022 Joint K-family Directory, which will be published very soon. Here are some resources PNW Key Club's committees have created this term:

- 2021 Joint K-family Directory This is where you can find all of the Key Clubs and other branches of the Kiwanis Family in your area. https://bit.ly/3yeV0gD
- *Kiwanis Family Resource Webinar* This webinar will give you more information on Kiwanis One Day, the different branches of the Kiwanis Family, and joint projects. **https://bit.ly/3DMbNZS**
- *District Project Webinar* This webinar will give you information on the Help End Hunger initiative and great ways that you and your club can get involved. https://bit.ly/3ycSgjK
- *District Project Website Page* This is where you can learn more about the Help End Hunger Initiative and how it impacts the world around us. https://pnwkeyclub.org/help-end-hunger/
- *Help End Hunger Fundraising Guide* This is where you can find the guide to raising funds for the district project, which you can use to take part in a joint project with other branches of the Kiwanis-Family. https://pnwkeyclub.org/help-end-hunger-fundraising-guide/

PNW CKI UPDATES

Another year of service has passed for our PNW CKI members. February 11th the board was able to meet in person at the Portland Airport hotel for its 60th DCON - a hybrid event with members joining the board virtually.

Governor Greg Wegrich and incoming Governor David Crozier were able to join the board for the event. The old board was thanked by Governor Greg and the new board was inducted by incoming Governor David. Thank you to Austin Bicknell Past Governor. Incoming Governor for the PNW CKI is Gurleen Kaler from the University of the Fraser Valley located in Abbotsford, BC.

This year's board saw a lot of changes over the year as it moved from totally virtual board meetings back to in person meetings. Although their year is over, the board will meet one more time at Camp Wa-Ri-Ki April 1-3 for its summit session of leadership, service, and fellowship.

COVID caused several clubs to shut down for the past two years but with the perseverance of its members and the board we are happy to say the PNW leads all other districts with growth this year at 49%.

COVID may have slowed things down but did not stop CKI members from contributing hundreds of service hours to their schools and communities. Park cleanups, food bank packing, trauma dolls, sensory toys and meals served are just a few of this year's events.

The members of CKI would like to thank their sponsoring clubs for their continued support over the past year. CKI clubs would not exist without the continued support of faculty, and Kiwanis advisors. Also, a huge thank you to the PNW Kiwanis Foundation for their scholarship contribution as students continue their studies. ~Ann Penner, PNW CKI District Administrator

From your PNW Save Old Spectacles (SOS) Chair John Flaherty

The PNW District Program "Save Old Spectacles" now includes Hearing Aids!

Our PNW District Program, Save Old Spectacles (SOS), began in 1993 and has been an ongoing project since that time. The first Program Director was Bob Collison. Bob turned it over in the early 2000's to Steve Maxwell who did a fantastic job until he turned it over to me in 2017.

For the first nine years, we worked directly with the Lions Hearing and Sight Foundation to get tens of thousands of glasses to the Lions' missions around the world. In 2002 we hooked up with an organization called the EyeCare WeCare Foundation, based out of Montesano, Washington. Dr. Jim Weyrich, (a Lion) was Founder and CEO of this organization and his exclusive 'mission field' was the Philippines. Dr. Jim passed away in January of 2022.

Starting in January 2022, we are back dealing directly with the Lions' Hearing and Sight Foundation of Oregon. We look forward to working with their liaison, Tracy Brown, and their CEO, Doug Thompson.

Their current 'mission field' is in South America. They will be accepting only working glasses, glass lenses, and hearing aids. We still would appreciate it if you would not send glasses cases.

I want to take this time to thank all Kiwanians, Kiwanis Clubs and Lt. Governors for your support of this project over the years. You have contributed well over 100,000 pair of glasses to needy and deserving children and adults all over the world! Thank You, Thank You!

-John W Flaherty, District Chair, Save Old Spectacles

CLUB SERVICE SHOWCASE

KCCP-S Club Receives Award

KCCP-S (Seattle) was recently honored to receive the CURE award from Children's Miracle Network for the fundraising we do to help our fellows end childhood cancer for Seattle Children's Hospital. We want to share this amazing honor with our fellow members in the PNW.





From CMN / Seattle Children's Hospital: "Each year, in addition to recognizing the top three corporate fundraising partners, we recognize three partners who have gone beyond with new fundraising ideas, out-of-the-box thinking, and increased commitment to CMN Hospitals fundraising for Seattle Children's – with our Hope, Care, and Cure awards."

This is really a huge blessing that validates all that we have done and will continue to do. Thanks to our team for all the challenging work you do and the amazing relationship we have built with our Fellows and the team from Seattle Children's Hospital. We are the little train that can!!!

-Chaplain Ray Redick President, Kiwanis Club of KCCP-S

CLUB SERVICE SHOWCASE

Auburn Kiwanis Celebrates 100 Years

The Centennial celebration of the Kiwanis Club of Auburn, Washington was held on a beautiful Spring day and attended by a large contingent of Kiwanians from around the Division and the PNW District.



The Keynote speaker was Past International President Sylvester Neal who himself is a member of the Auburn club. Governor Greg Wegrich welcomed all who were there and offered congratulations to the club members for continuing their 100 years of service to the community.



He was joined at the event by First Lady Bev Wegrich, Immediate Past Governor Lonnie Johnson and Debbie, Governor-elect David Crozier and Mary, Lt. Governor Char Grinolds and many other Past District and Division leaders.

PNW Foundation Grants Awarded

The PNW Kiwanis Foundation approved 4 grant proposals for a total of \$17,500. The next round of grants will be approved at the DCON 2022 meeting in Kennewick, Wa. Clubs are urged to apply by July 15th to be considered for an award. Awards are in the range of \$500 - \$5000.

GRANTS AWARDED:

\$5000 - Kiwanis Club of Snohomish for an ADA compliant outdoor fitness and activity area for youth aged 13 or over. The club worked with City, youth programs and other civic organizations to raise more funds.

\$5000 - Kiwanis Club of Liberty Lake and Division 46 Clubs for adaptive outdoor playground equipment for young children with disabilities.

\$2500 - Kiwanis Club of Olympia for help to rebuild the club's Food Bank Garden greenhouse that was destroyed in the 2021 winter storms. The 1.5 acres of gardens annually provides 20,000 – 25,000 pounds of organic vegetables to the Thurston County network of food banks.

\$5000 – Kiwanis Club of Gig Harbor to help fund its signature project which provides clothing, shoes and school supplies to elementary and middle school students living on the Key Peninsula – an impoverished area of Thurston County. The club has partnered with Children's Home Society since 2018 when it began by helping 66 students; it has grown to serving 346 students in 2021 and is projected to exceed 300 children/families in 2022.



The PNW submissions for the Kiwanis International Signature Project Contest are:

Tier 1 (27 members or less)

Caveman Kiwanis Club of Grants Pass See's Holiday Candies Annual Fundraiser

Tier 2 (28 members or more)

Olympia Kiwanis Club Olympia Food Bank Gardens' Greenhouse

CLUB SERVICE SHOWCASE

SW Washington Kiwanians continue to Support Babies In Need

The pandemic has definitely changed the way we perform service, even with long-standing community partners like Babies in Need. Founded in 1999, the non-profit provides layettes and car seats to low-income mothers who don't have the basic items to care for their new-born infants. Director Kitty Ash recently shared that they have provided over 5,400 layettes and 2,800 car seats to new mothers in three local hospitals since their inception. Our local Southwest Washington Kiwanis Clubs have supported these efforts for many years.

In a Builder article published about our partnership with Babies in Need in early 2014, our five local clubs simply decorated holiday trees with gift tags featuring individual layette items. Shoppers were encouraged to take a tag and bring back the designated item. The trees were put up right after Thanksgiving in all of the local McDonald's restaurants and taken down on December 26th. In a January event held at Battle Ground Kiwanis, all of our local clubs would deliver items collected and enjoy a presentation by Director Kitty Ash. Eventually, we began to deliver items directly to the Babies in Need facility at All Saints Episcopal Church where we enjoyed a tour and a pleasant social evening. This system worked well until the pandemic forced all of us to make changes in 2020.

The lobbies of all of our local McDonald's were closed. The IHOP where my club met usually allowed us to put up a tree there, but they went out of business. However, Kiwanians are resourceful, and babies continued to be born. Fort Vancouver Kiwanian Tammie Coelho facilitated an



Kiwanis members from the SW Washington Division present donations collected for the "Babies In Need" program to the program director.

ongoing partnership with five local Perfect Look Salons, where donations are now collected throughout the year. Cascade Park and Salmon Creek reached out to local senior care facilities, which allowed us to distribute tags to their residents. We wrote hundreds of holiday cards to express our gratitude.

In December of 2021, we once again were allowed to put up trees in the eleven McDonald's restaurants. Throughout the month of December, our local clubs collected thousands of items for needy newborns in our community. Fortunately, all of our new partners from the pandemic like Perfect Look Salons and Touchmark Senior Living continued to be involved in this rewarding project, serving the infants of Southwest Washington.

~ Patty Downey, Cascade Park Kiwanis

Kiwanis Family Braves the Polar Plunge

The Corvallis Family of Clubs were active supporters of the 2022 Polar Plunge, which was held to support the Benton County Special Olympics on Saturday, February 19, 2022. The Family of Clubs included Kiwanis Club of Corvallis Sunrisers, Kiwanis Club of Corvallis and the Corvallis High School KeyClub. Many members of the clubs all actively participated in the plunge with the Special Olympians. The Polar Plunge is an annual, statewide, winter tradition of plunging into frigid waters to raise money and awareness of Special Olympics Oregon. Last year there were Virtual Polar Plunges across the state. So, it was a pleasure that our local

2022 Benton County Polar Plunge event returned to having volunteers actually jump into the Willamette River. Corvallis Kiwanis Clubs, local Key Clubs and OSU Circle K members have participated for many years in the Plunge Event held in Corvallis - this year there were 43 community area groups, combining for over 500 folks who actually jumped into the Willamette River. The total raised is not known, however the Sunrisers Kiwanis club was able to raise over \$1,500 in donations for their 2 brave Plungers!

~ Milt Donelson, Treasurer Kiwanis Club of Corvallis Sunrisers

PNW KIWANIS KUDOS

From Governor Greg Wegrich to:

- Governor Austin Bicknell and PNW CKI team, plus CKI Administrator Ann Penner and team, for being the number one district with 49.7% membership growth this past year.
- Governor Alice Lee, Key Club team, plus Brian Egger and admin team, for an outstanding Key Club DCON.
- · Tawnya McLavey and Kiwanis Club of Auburn for a fabulous celebration of 100 years as Kiwanis club.
- PNW membership team for outstanding forums and education sessions for our clubs.
- "Coop" Cooper for hosting monthly forums with club presidents and Lieutenant Governors.
- Brad Boyd for being an excellent KI Interim Area Director and sharing his many talents in membership
 presentations.
- Gary Beller for a Midwinter Conference using new technologies that worked so well.
- David Crozier for assembling an excellent team of presenters delivering poignant education at Midwinter Conference.

From Immediate Past Governor Lonnie to:

- The Auburn Kiwanis Club for celebrating 100 years to their community, and to the children.
- Past Int'l President Sylvester Neal for always speaking up in support of others. He is an articulate, well-spoken gentleman (in every sense of the word) that leads by example.
- PNW Key Club for their membership rebuilding efforts. They set the example for the rest of us.
- PNW Membership Team. They are moving out smartly, looking to rebuild as the District reopens for business.
- Gary Beller, our tech guru. Despite his recent physical setbacks, he continues to serve us in the Pacific Northwest District.



(Left to Right) Governor Greg Wegrich, Past Governors Melanie Bozak, Bobbe Godwin, and Jerry Deas helping celebrate Past Governor A. Elliot Johnson's (Seated) very special 100th birthday. Elliot was pleased and excited to see so many Past Governors, fellow Kiwanians, family, and friends.

100th Birthday Celebration

Governor Greg Wegrich, along with several Past PNW Governors, celebrated the 100th birthday of our oldest living Past PNW Governor, A. Elliott Johnson. Governor Greg spoke to the attendees, asked Elliott about his years of service, offered birthday wishes and also our congratulations for Elliot's 75 years in Kiwanis as well as 73 years of perfect attendance. Elliott served as Governor in 1976-77. It was a very fun and touching luncheon to honor him and meet all of his children who were there to honor him. The Kiwanis Club of Mt. Vernon hosted the celebration at their regular club meeting on March 21st.





NEED FUNDING? APPLY FOR A CLUB GRANT.

LET US HELP YOU SERVE KIDS.



For the Kiwanis Children's Fund, a grant is a form of collaboration. When a Kiwanis club has a gap in its funding for a service project, a club grant can help fill it.



The Children's Fund provides funding both for established programs and for new endeavors. The types of projects vary, but they are all Kiwanis-led and meet a need in the club's community. When a club invests time and money in a project it has initiated, the club will see greater member engagement and have a more meaningful impact on its community.

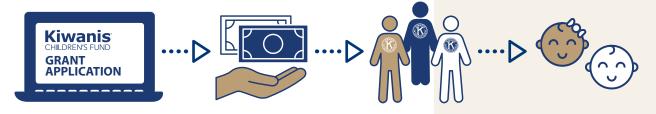
The complete set of eligibility requirements is available in our Guide to Club Grants at kiwanischildrensfund.org/clubgrants. Below is an overview of those requirements.

YOUR PROJECT MUST

- **Be Kiwanis-led,** with at least 50 percent of the work performed by Kiwanis family members.
- **Fill a need** that is determined by the club's completion of a community needs assessment.
- Include programming that recurs at least once per year.
- Support activities within at least one Children's Fund cause area: health and nutrition, education and literacy or youth leadership development.
- Get at least 25 percent of its total funding from your club.
- Require no more than 40 percent of funding from the Children's Fund.
- Have at least one non-Kiwanis monetary funding partner, such as a local business, church, school, non-profit or other community organization.
- **Spend the grant money within 12 months** of when the funds are granted.

APPLYING FOR A GRANT IS EASIER THAN YOU THINK

- Read the Guide to Club Grants. Go through each step of the grant process at kiwanischildrensfund.org/ clubgrants.
- 2. Conduct a community needs assessment. Ensure that your club's work is relevant and necessary.
- 3. Submit a Letter of Inquiry. Your club will provide an outline of the project, a timeline, a budget and an overview of the community needs assessment.
- 4. Receive feedback. If your project meets eligibility requirements, your club will be invited to complete the grant application. Children's Fund staff members work with you along the way.
- 5. Apply for the grant. Funding decisions are made on January 1, June 1 and October 1.
- **Get started!** If you receive a grant, you will have 12 months to spend the money on your project.



Questions? Email grants@kiwanis.org or call 1-800-KIWANIS, ext. 225.

Join Our Virtual Wine Tasting Event! It's a Fundraiser for Kiwanis Doernbecher Children's Cancer Program

Sponsored by: Slabtown Area Kiwanis Club and Brooks Winery









Kiwanis Doernbecher Children's Cancer Program funds the Pediatric Hematology/Oncology Fellowship Program at OHSU Doernbecher Children's Hospital. The net proceeds from this event will go to the Fellowship Program. The Fellowship is preparing the next generation of physician scientists who will treat patients, conduct research and train other doctors with the goal of ending children's cancer.



Gather with friends and family in your own environment. Experience the wines from award- winning Brooks Wines under the guidance of an expert sommelier, and learn the stories about the wines, the vines, and the people that make them.

Our sommelier will provide "how to prepare "guidance via e-mail one week prior to the event to ensure the experience is fun and enjoyable for you and your guests.

Go to: brookswine.com/?s=kiwanis to purchase your wine bundle. Use the codes below in the websites search bar to add the bundle of your choice to your shopping cart.

Final Date for Registration and Orders is April 27th

Code: KIWANISBUNDLE1 (\$104) 2018 Janus Pinot Noir 2018 Rastaban Pinot Noir Code: KIWANISBUNDLE2 (\$170) 2018 Janus Pinot Noir. 2018 Rastaban Pinot Noir. 2018 Brooks Estate Riesling (dry). Code: KIWANISBUNDLE3 (\$200) 2018 Janus Pinot Noir 2018 Rastaban Pinot Noir 2018 Brooks Estate Riesling (dry) 2021 Rose

Shipping is Extra

Remember - ,go to: https://www.brookswine.com/?s=kiwanis to purchase your wine bundle.

Use the codes above in the websites search bar to add the bundle of your choice to your shopping cart.

Kiwanis Moments

Don't underestimate the power of your story.

You could be changing someone's whole world by being a Kiwanian.

"The Central Washington State Fair in Yakima, Washington is a 10 day event in the fall. In 2012, my Kamiakin club joined with the Apple Valley club to rent space for a Kiwanis information booth to "share the brand" with our community. One afternoon, a young lady stopped by to check us out, wearing a "2012 Graduate" t-shirt. In the course of our conversation, one of the programs I shared was Eliminate; where a series of three \$.60 inoculations could prevent neonatal tetanus in the children of underprivileged countries. After our 10 minute conversation ended, she walked away...and then my most memorable Kiwanis moment happened. I saw her turn back, reach in her back pocket and bring out two \$1.00 bills. She handed them to me saying; and I will never forget her words, "these are my last 2 dollars at the fair...I want to save some lives".

~ Michael McCay, Lt. Governor, Yakima River Basin

"My Kiwanis moment came early in my Kiwanis journey when I was a member of the South Kitsap Breakfast Kiwanis Club in Port Orchard, WA many years ago. About 20 years ago, I attended a Kiwanis CLE training session at a Kiwanis camp located just off the Egg and I Road near Chimacum, WA which is on the way to Port Townsend on the Olympic Peninsula. When I arrived, I found out that there were some kids with special needs who also were there since they were at camp that week. Soon some local ranchers pulled in with their horse trailers containing some of their really gentle horses for these kids to ride. A lot of the kids had never ridden a horse before. We Kiwanians were asked to hold on to the ropes on one side of a horse and help lead these horses with their special needs kids riding them along the trail into the woods. I grabbed a rope on one side of a horse and walked with the horse and its rider into the woods. I will never forget the expressions on these kids' faces when they were riding their horse. It was one of pure joy and pride! This Kiwanis moment resonates in me to his day and still brings tears to my eyes. This Kiwanis moment is what keeps me motivated to be the best Kiwanian I can be."

~ Carol Mahoney, Past Lt. Governor & Kiwanis Co-Advisor to the Aktion Club of Salmon Country; President Mercer Island Kiwanis Club

"So many Kiwanis moments to recall but my most recent favorite occurred at the 2018 District Convention in Spokane. The local Aktion Club was holding their DCON at the same time with us and were all gathered outside the room before the Governor's Banquet, laughing and having a good time. I walked over to chat with them while we were waiting to march in. (I had just been elected Governor-elect that day and I was probably a bit nervous!) Anyway, a young man saw me coming and exclaimed, 'You are so beautiful and came to see me!' or some such thing. I laughed and he went down on one knee, taking my hand and kissing it. We had a very nice talk and I've never forgotten his joyous personality and openness with his peers and also with all the Kiwanis folks! My years volunteering with all our campers with special abilities at my home club's local camp is so inspiring and fun, bringing me constant Kiwanis Moments."

~ Melanie Bozak, 2019-2020 PNW Governor, Port Townsend, WA















Benefiting





Join us to Eliminate Childhood Cancer

YOU have the power to make an impact on pediatric cancer by donating to the Kiwanis Shoot for the Cure Childhood Cancer.

YOUR support is vital to making research advancements possible at Seattle Children's Pediatric Fellowship Program. Everyone can participate in our quest to have a world free of childhood cancer.

REGISTER FOR SHOOT FOR THE CURE:

www.kiwanisshootforthecure.org