

PACIFIC NORTHWEST DISTRICT

Kiwanis **builder**

A quarterly resource to help build clubs and communities

Volunteering Has Benefits!

FRESH
RAIN
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EDITION

**“KI Dues Plan”
Inside this Issue!**



Spring 2023

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CONVENTION 2023
MINNEAPOLIS



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MINNEAPOLIS

JUNE 21-24

THE PLACE TO BE IN 2023



DISTRICT CONVENTION
August 17-20, 2023

The **KiwanisBuilder** magazine is produced quarterly by the Pacific Northwest District of Kiwanis International.

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Schedule - (Submission by...)

Winter	January 1	(by Dec 1)
Spring	April 1	(by Mar 1)
Summer	July	(by June 1)
Fall	October 1	(by Sept 1)

www.pnwkiwanis.org

KiwanisBuilder magazine

David Crozier

Governor

2022-2023

Pacific Northwest District
of Kiwanis International

Submissions to the Editor

mabozak@gmail.com

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We Need You!

FUNDRAISING OPPORTUNITY TO HELP THE DISTRICT!

We have been given the chance to raise \$13,000-\$15,000 for the District coffers by finding about 15 people that can work parking cars and taking money at the Josephine County Fair in Grants Pass, OR this summer the week before our District Convention in Portland.

Please contact Cindy Crowther, District Fundraising Chair, at 541-419-9890 or davecindy.crowther@gmail.com for further information.

There are RV sites, and of course hotels, available that you will need to reserve. I'm sure whoever is able to be there will have a blast getting to know each other after hours!

Cover photo from Adobe Stock #376943759.

I love Spring with all its new growth and warmth! Of course, Spring brings rain to water the flowers and grass, so our cover photo says it all -- and it's all about the kids!

Check out the review of the Mid-Winter Conference and all the great service projects included from around the district, and I hope you'll take the time to read about the wonderful Signature Project winners selected from our district on page 5. There's also a great article about the Benefits of Volunteering on page 9.

Once again, you'll find the club updates for the First Lady's Project & our other fun Find Paddy the Leprechaun -- the first person to send me the page number where the leprechaun was found wins a prize! Congrats to Lorena Pope from the Kiwanis Club of Kennewick for finding the January issue leprechaun.

Please continue to send me your service and fundraising project articles, kudos, and any other feedback -- it's very welcome. That's it for this quarter -- hope you find great ideas to implement in YOUR club!

Melanie Bozak, Builder Magazine Editor 2022-2023
mabozak@gmail.com

A message from 2022-2023 Governor David Crozier

Winter Was Wonderful. Spring Should Be Spectacular!



What a great time we had at Mid-Winter, with over 130 attendees, it was larger than pre-covid Mid-Winters. There's lots more detail below in this Builder about it, so I won't go into details here other than to say a massive thank-you to all the volunteers and staff that make these events happen.

We are now in planning mode for DCON in August and already have some great ideas. We have the Wine Cork contest that looks to be competitive as clubs are having a great time building them. We have leads on a great service project as well as some new topics for education. The Governor Ball will have an Irish theme and we are working on some excellent entertainment to go with that.

The PNW District has, for many years, offset its District Convention costs by assessing each club a \$50/club fee. The new membership system that is being introduced this year by KI will not support per club fees. As a result of this impending change, we are bringing an amendment to our convention floor to change this per club fee to a fee per member. No net increase, i.e., we took the number of clubs x \$50 and divided that by the number of members to determine how to convert this. The proposed amount is \$3 per member. Your club can send delegates to vote on this change at the delegate session at our District Convention, August 17-20, in Portland. If passed, this change will take effect October 1st, 2023.

The Kiwanis International Convention is coming up quickly, June 21-24, in Minneapolis. Each club can send delegates and participate in voting for our next VP and trustees. In addition, delegates vote on any amendments to our bylaws and this year Kiwanis International is proposing a membership dues increase of \$30/year. Accompanying this increase is a significant reduction in KI expenses. KI is cutting \$1m from their budget this year and cutting a further \$1m next year. But that \$2m annual expense reduction is not enough to stabilize our KI organization. We are still relying on our reserves to cover expenses and it's estimated that, without a membership dues increase, we will be out of funds in approximately 3.5 years. None of this is good news, and I'm sure, like me, everyone will be concerned; not just about their own finances, but what this may do to our membership in general. Again, each Kiwanis Club can send delegates to the international convention to vote on both the new KI officers and all proposed bylaws. If passed, this change will take effect October 1st, 2023.

Youth Protection - I want to give my heartfelt thanks to the many clubs that have been working with me to increase our participation in Youth Protection Training. Usually, our District runs at about 30% of clubs running this program. I am pleased to report that year to date we are currently at 73% of clubs that have run the program and an additional 15% of clubs that have plans to complete it. That should take us to 88%; but we are not done yet, my objective is to get this to 100%. Again, thank you to all of the clubs that have been working with me to achieve this target. It's a simple thing and it protects both our members and the kids we serve.

We should always be thinking of succession, i.e., who's our next club president, secretary, treasurer, board members and future Lt. Governors. As you know, clubs cannot run well without all of their leadership positions filled and the same goes for the district. Lt Governors are critical to our success, especially with communication. They are the right hand to the Governor. Please consider each of these positions; we need great leaders, we need you! If you are interested in becoming a club officer, either next year or a future year, then consider attending our Club Leadership Education, it will be offered twice virtually, and in person at District Convention. If you are considering becoming a Lt Gov, our Lt Governor training is being held June 2-4, 2023 – Camp Wa-Ri-Ki in Washougal, Washington. These are great opportunities to learn about our leadership positions.

Together We Can!

David Crozier
Governor
david_crozier28@msn.com
(360) 531-0557



Find Paddy the Leprechaun!

The first person to send the page number where the leprechaun was found wins a prize.

Send your answer to mabozak@gmail.com

Signature PROJECT

2023 Signature Project Contest PNW Winners

You've heard the saying, "Go Big or Go Home." That is exactly what the Club of Bainbridge Island and the Club of Canby, Oregon did...they went BIG when the 2022-2023 PNW District Signature Project winners were selected.



Tier I: 27 members or less
Kiwanis Club of Bainbridge Island (WA):
All Comers Track Meets

All Comers Track Meet is a series of track meets held every Monday for six weeks each summer. The meets are open and free to the public and open to all ages. Events are managed and staffed entirely by Club members and volunteers. The meets include running and field events attracting hundreds of competitors and their families. The success of this program can be clearly demonstrated by the ever-growing number of participants we see every year. We estimate the total number of individuals reached by ACTM in Summer 2022 was about 2000. We have regular participation by individuals and families from Bainbridge Island and from several surrounding communities.



Tier II: 28 members or more
Kiwanis Club of Canby (OR):
Dolly Parton's Imagination Library



Currently 806 children receive a book each month, but we have also "graduated" 1031 children in our nearly 6 years of providing this program. As of December 31, 2022, we have sent a total of 46,318 books since May 2017, when we started funding this program. Our club is known and loved in Canby for two signature projects -- the Kiwanis Canby Community Food & Toy Drive, and the Canby Kiwanis Imagination Library. These projects bring great visibility to our organization and foster deep feelings of good will in the community.

We feel strongly about the value of Canby Kiwanis Imagination Library, based on the feedback we get from parents and other organizations, and based on research showing the crucial importance of strong early literacy efforts. We know that several of our new members -- some who didn't even have children -- saw us tabling at community events and said "that's the kind of organization I want to be involved with!"

A message from 2022-2023 Kiwanis International President Bert West

It is up to you to discuss critical issues that affect the future of Kiwanis!



Dear fellow Kiwanians,

It doesn't take long to realize that Kiwanis is a very big part of my life.

I am proud to be a member of the Ute Pass-Woodland Park Kiwanis Club and a part of the Rocky Mountain District and Kiwanis International.

Children around the world are better off because of Kiwanis. I see it in the bright smiles of kids. I know you see that too. We accomplish remarkable things every day.

We don't stop at what our members can accomplish today. We are developing future generations of healthy children ready to learn, lead and make a difference for generations to come.

During the 2023 Kiwanis International Convention in Minneapolis, we will discuss two key matters so that Kiwanis can continue to thrive: bylaws and budget.

The organization's bylaws have not been adjusted in three decades. The updates we are proposing are not significant; substantive changes already were addressed individually at the 2022 Kiwanis International Convention. (You can find more information on the bylaws modernization by clicking the amendments tab at kiwanis.org/convention.)

At this year's convention, delegates will also determine how to solve a growing budget deficit.

We all see rising costs everywhere we turn. At the gas pump and the grocery store. Housing costs and heating costs. You are seeing it at home, but rising costs are also affecting Kiwanis International. Since 2013, Kiwanis has cut costs and reduced staff. And while a strong economy — along with solid investment returns — allowed us to delay bringing a dues adjustment to the membership, we are now forced to make changes.

Doing nothing is not an option.

As members of the organization, it is up to you to discuss critical issues that affect the future of Kiwanis. Please plan to send two delegates from your club to the 2023 International Convention in Minneapolis.

For more than 100 years, Kiwanis International has been a global force for good, actively working to address the health and education needs of children through our global network of volunteers and clubs. It is dependent on you and me to make sure that Kiwanis is here for at least 100 more years.

Respectfully,

Bert West

2022-2023 Kiwanis International President

DUES ADJUSTMENT KEY INFORMATION - KIWANIS INTERNATIONAL

- Delegates at the 2023 International Convention will have an urgent matter to vote on — how to solve a growing budget deficit.
- The organization has cut costs, reduced staff, and relied on a thriving economy and strong investment returns to cover deficits since 2013.
- The global slowdown and inflation crisis — along with the lingering effects of the pandemic — are impacting the financial health of the organization.
- Rising costs are affecting families around the world, but also affect Kiwanis International. Doing nothing is not an option.
- Delegates will vote in Minneapolis in June 2023. The Kiwanis International Bylaws stipulate that only in-person delegates may cast a vote.

FREQUENTLY ASKED QUESTIONS

Why is a dues adjustment needed?

Kiwanis International has been operating with a budget deficit since 2015, relying upon investment returns to cover operating costs. The investment and savings account will continue to be depleted if it continues to be used to cover deficits.

How much is the adjustment?

This proposed amendment to the 2023 House of Delegates would result in:

Tier A: Dues adjustment of US\$30, **Tier B:** Dues adjustment of US\$20, **Tier C:** Dues adjustment of US\$13

When were Kiwanis International dues last adjusted?

In 2015, the House of Delegates voted to raise dues:

Tier A: US\$10 increase to US\$52, **Tier B:** US\$7 increase to US\$34, **Tier C:** US\$5 increase to US\$23

Why did the board wait to propose an adjustment?

The board is always looking for ways to add value and control cost. The board considered adjustments prior to the pandemic, but priorities shifted with the challenges brought on by COVID.

How do Kiwanis International dues compare to other service organizations?

Rotary \$71 (moving up to \$82 in 2 years), **Lions** \$43 (proposing an increase this year), **Optimist** \$82 (developed nations) **Sertoma** \$105, **Civitan** \$72, **Cosmopolitan International** \$100, **Ruritan** \$48, **Soroptimist** \$74, **Zonta** \$88

What are dues used for?

Dues are used to support clubs, divisions and districts with leadership education, training events, printed and digital resources, translation and interpretation in eight core languages, technology and digital products, global marketing, public relations and legal services. Dues also support Kiwanis Youth Programs and Circle K International. A dues adjustment will also allow Kiwanis International to continue to invest in club openings and provide resources and education to members, clubs and districts.

What happens if the dues adjustment is not passed?

Kiwanis International conventions will be significantly diminished. Severe program cuts would be necessary. Support of Kiwanis Youth Programs and Circle K International would be drastically reduced. Training and leadership development programs would be negatively affected. Clubs would be charged for materials and education.

Who will decide whether dues will be adjusted?

The Kiwanis International Board is proposing an amendment to the Kiwanis International Bylaws to be voted upon at the 2023 Annual Meeting. The bylaws stipulate that only in-person delegates may vote.

Has Kiwanis taken steps to reduce expenses?

Yes. Operating budgets have been reduced, programs have been cut, staff reductions have taken place, vendor contracts have been reviewed and renegotiated. In fact, Kiwanis spends nearly \$4 million less each year than it did fifteen years ago.

Will this change my local club dues?

Each club sets its dues according to its budgetary needs, as does each district. Some clubs, for example, may set higher dues to account for meals provided during meetings or to cover meeting rental space. Other clubs may set lower dues and leave meals up to the individual member.

Why can't Kiwanis International find sponsors and sell advertising?

Kiwanis International partners with businesses and organizations to raise non-dues revenue but these revenue streams have not made a significant impact on the organization's bottom line. Kiwanis continues to explore sponsorship and advertising opportunities but historically, these have not moved the needle.

Why doesn't Kiwanis International reduce the number of employees and their compensation?

Compensation and benefits must be competitive for the marketplace to attract knowledgeable and competent talent needed to run the organization. Staff reductions have taken place at Kiwanis, and the amount spent on salaries and benefits continues to decrease.

Won't a dues adjustment mean a membership decrease?

We hope you value your membership in Kiwanis more than it costs to join. That has been the case historically. There have not been abnormal membership decreases after previous dues adjustments.

First Lady Mary's Kiwanis PNW District Foster Kids Support Project



Search out and help your local foster-kids support organizations and share your success with us!

Update

Port Townsend Kiwanis Club "Mystery Dinner" Fundraiser

The Port Townsend Club held it's annual Mystery Dinner in December and the proceeds went towards 2 Non-Profit Foster Support Organizations: Foster Supports of Jefferson County and Olympic Angels. Both organizations received \$2,000 each.



"Comfy" Drive Month of February - Port Townsend Kiwanis

Port Townsend Kiwanis ran a socks and underwear drive for the month of February 2023. All items collected were donated to the Foster Supports organization of Jefferson County. Foster Supports provides clean, used clothing to foster kids in need, but buys new socks and underwear.

Green River Division Held a Raffle for Foster Support Project

The Green River Division held a raffle and presented a check for \$140 to First Lady Mary at their January DCM held on January 30th in Auburn, WA. YAY! Thank you!



"Masquerade Ball" Fundraiser for Foster Kids Debbie Johnson - Grants Pass Kiwanis

On February 18th, Our Foster Kids Inc. dedicated to helping foster children in Josephine County Oregon, held its annual Masquerade Ball fundraiser. The event included a catered dinner, live band for dancing, silent and live auction items all donated by the community. We had volunteers from Grants Pass High School Key Club helping with setting tables, serving hors d'oeuvres and dinner, helping in the kitchen and busing tables. We had 180 guests, and raised over \$20,000. This will help fund projects, such as, the Birthday card program, back to school foster family picnic, and Christmas presents.

"Welcome Boxes" PNW Mid-Winter Conference Service Project

We had a great time filling 100 Foster Kids Welcome Boxes as our Service Project at the 2023 PNW Mid-Winter Conference. 100 boxes were filled in 30 minutes! They were delivered to the "Every Child" office in Portland on Sunday afternoon.



The Benefits of Volunteering

The world has many urgent issues — food insecurity, wars and conflicts, infectious disease, water shortages, extreme poverty. And in the age of COVID-19, the number of people who need a helping hand has only increased.

Clearly, volunteering matters. But the benefits go far beyond altruism. A growing body of research shows that it provides many benefits, some of which are surprising. Here are 11 of them:

1. **The power to change lives.** Whether you're collecting supplies for a food bank to feed malnourished children, building a home for a family or fostering or adopting an abandoned or abused pet, you're making a tangible change in a person's (or animal's) life. Even better, you're also giving them hope.
2. **The ability to involve more people.** When you volunteer, you're raising awareness for an organization and its cause. And you often mention your service to friends and family — perhaps even without noticing you're doing it. You might even post something about it on your social media platforms, which spreads the word. That can encourage more people to get involved.
3. **A physical feeling of satisfaction.** There's scientific evidence that volunteering positively affects your body. Studies show that when people donate to charity, either financially or through volunteering, they trigger the mesolimbic system — the portion of the brain responsible for feelings of reward. The brain releases feel-good chemicals, spurring you to perform more kind acts. Psychologists call it "helper's high."
4. **New friends and stronger friendships.** When you help others, you give off positive vibes, which can rub off on peers and improve your friendships, creating strong, lasting bonds. For instance, if you're volunteering to mentor children, chances are good you'll meet people who care about young children. Volunteering is an excellent way to find your "tribe."
5. **Connection and confidence.** Silence the inner voice that's saying you're not enough! People who volunteer have been found to have higher self-esteem and overall well-being. Experts explain that the more connection you feel, the higher your self-esteem.
6. **Social and networking skills.** Volunteering is a social activity — so it can build up your list of important contacts. For example, the people you volunteer with are great candidates for recommendation letters. After all, these are the people who have seen you interact with others and handle new challenges.
7. **A readiness to take on the world.** People who participate in volunteer work feel rewarded, more fulfilled. Volunteers report that helping others enriches their sense of purpose and empowers them.
8. **Value to schools and employers.** Volunteer experience can set you apart from other applicants for jobs and colleges. Your volunteer experience tells them that you are ambitious, care about your community and are willing to put in the work that brings change.
9. **A chance to pay it forward.** Kindness is contagious. Simply seeing someone help another person gives us a good feeling. And that inspires us to do something altruistic ourselves.
10. **A sense that you have more time.** Volunteering won't literally give you more than 24 hours in a day. But it makes those hours seem more fulfilling. In fact, research shows that those who volunteer their time feel like they have more time.
11. **Feelings of gratitude.** Helping others is a wonderful way to gain perspective on your own situation, and that can make you more appreciative of what you have.



CLUB SERVICE SHOWCASE

Kiwanis Club of Tillamook - A Century of Service Celebration

On March 4, 2023, the Kiwanis Club of Tillamook, Oregon celebrated 100 Years of service at the Tillamook Fairgrounds. The day was unique in that it included a Service Fair for



non-profit organizations that support children in Tillamook County. Most of the non-profits have benefited from the Kiwanis Club of Tillamook Foundation's Community Giving Grants.

The event was sponsored by the Tillamook PUD and the Tillamook County Creamery Association. Their generous support allowed the event to be free of cost to both Kiwanians and the public.



Club president Melody Ayers welcomed Kiwanians from across the PNW Division who attended the event even though the weather did not cooperate with snow on the coast range mountain passes. Kiwanis Past Governor Lonnie Johnson presented a proclamation from PNW Governor David Crozier, who was away in Ireland, and he also spoke about the importance of Kiwanis worldwide and in our own communities. Nicholas Hafez, PNW Governor-Elect, was recognized along with Lt. Governors from across the PNW District.

The keynote speaker, Betsy Johnson, was unable to attend due to road conditions, so State Representative Cyrus Javadi stood in and read her speech about the importance of Non-Profit agencies that serve families and children. Tillamook Kiwanis Past President and current Tillamook County Commissioner Erin Skaar gave a summary of the history of the Kiwanis Club of Tillamook from 1923 to the present along with some historical facts about Tillamook through the years.



Tillamook High School Key Club President Emily Skaar and nine members of the Key Club attended and talked about the activities they do and how the support of Kiwanis helps them with community service. They held a raffle to support their Out of Darkness Walk which supports Mental Health Awareness at their school.

The evening ended with singing happy birthday to the Kiwanis Club of Tillamook and a buffet of sandwiches, meats, cheeses and fruit and sweets. A big thank you to all who travelled through inclement weather to join the Century of Service Celebration and all who bought birthday candles to support the Kiwanis Club of Tillamook and their Foundation.

~Patsy Weber, Secretary, Kiwanis Club of Tillamook

CLUB SERVICE SHOWCASE

Puyallup Kiwanis Welcomes New Teachers

An annual tradition since 1944, the Kiwanis Club of Puyallup has hosted a “Welcome” luncheon for new certified faculty members in the Puyallup School District for 79 years. This mid-August event happened during professional learning week.



The new teachers, all 140 of them in 2022, sat at tables reserved by school name and were introduced to each other and to Kiwanis club members by the principal of each school. The table centerpieces were Washington-grown apples which the teachers took with them after the luncheon.

This year, a raffle was added to the luncheon and 12 lucky new teachers each received a \$50 gift card to purchase materials/supplies for their classrooms. During the Covid-19 pandemic years 2020 and 2021, the welcome event was modified to a drive-through/pick up format.

New teachers drove up to a series of booths to receive items for the coming school year. At the Kiwanis booth, each new teacher was handed a special “Kiwanis” bag filled with classroom goodies (markers, stickers, note pads, pens, pencils, etc.) plus a \$15 gift card to a local restaurant.

Over the years, it has been either a breakfast or a luncheon event. In the early years, there would be only a handful of new teachers and the event was held at a local restaurant. Now the club holds the luncheon in one of the junior high schools and the attendance hovers around 160 (new teachers, administrators, and club members).

~Pete Bristow, Puyallup Kiwanis



A message from 2022-2023 Governor Elect Nicholas Hafez

Building Relationships, Enjoying Fellowships, and Expanding Service



The Lieutenant Governor position is one of the most awesome positions one can hold in the PNW Kiwanis District. It is one of the best jobs in Kiwanis; it provides you with the most unique Kiwanis experience of a lifetime, visiting with the clubs within your Division and beyond.

It provides the unique opportunity to enjoy every step of the Kiwanis way: opportunities to meet and induct the Division's club Presidents and their boards, to meet and induct new members, and enjoy fellowship. You will be the scout who will help the District Membership Committee by getting to know the clubs that need to be strengthened and helping to build the new club in the Division.

Now, it is almost time to elect your Lt. Governor for your Division. Once elected, the new slate of Lt. Governors will meet for the first time at the Lt. Governor training, to be held in person at Kiwanis Camp WaRiKi, Washougal, WA June 2-4. This will be the time for all the Lt. Governors to meet and bond together and it will be a wonderful weekend full of education, fun, and fellowship. The cost will only be \$159 for the weekend, which includes two nights lodging and meals Friday night through Sunday breakfast.

My friend and Past Lt. Governor Mel Adams described his Lt. Governor experience:

"I believe that being a Lt. Governor is the most enjoyable position in Kiwanis. I have doubled down on that statement by doing it twice. Enjoyable? Would one enjoy a sport more if one learned how to play better? Here is an opportunity to learn how to Kiwanis - possibly better. For one year, the division becomes your division. You fall in love with your division. In your division, you add joy to your life by meeting more good people, discovering a wider world of volunteerism, seeing new club ideas and, yes, cheerleading for your clubs and Kiwanis. Cheerleading? It becomes quite the humbling experience to be chosen to tell others of the good that your local clubs do, and tell your clubs of initiatives of our PNW District, Governor and International. Kiwanis is always your local club. And for you, it can be so much more. Is being that person enjoyable? Absolutely. There is a need. Can you see yourself as that sort of person?"

Yours in Service,

Nicholas Hafez, Governor-Elect
njhafez.3@gmail.com

KEY CLUB DCON 2023 IN SEATTLE, WA.

I couldn't be prouder of the 2022-2023 District Board for executing another successful District Convention in Seattle, WA. With more than 1,100 students and advisors in attendance, I know attendees left motivated and inspired for another year of service.


Special thanks to Governor Kyle Hanson, Secretary Mia Shi, Treasurer Jessica Xiong, and Editor Jack Mou for their servant leadership throughout the year and during this event.

I also want to recognize the entire PNW Key Club Administrative team for their efforts to help make this event possible especially Mike Wallis, Crien Sekhon, Tyler Bosser, Kevin Ngo, Josh Kim who helped manage the registration process as well as Darren Page, Justin Englund, and Dan McCracken for coordinating our general sessions.

We look forward to seeing everyone next year in Portland, Oregon for the 74th Annual District Convention, March 8-10, 2024.





~Brian Egger, PNW Key Club Administrator





SLP Chaperones

Kiwanis Member/Non-members

 <p>Must have a cleared and current Kiwanis background check on file with Kiwanis when chaperoning single-day off school premises or overnight SLP event</p>	 <p>Review & follow all Kiwanis youth protection policies & procedures</p> <p>* Must be 21 years or older</p>	 <p>Complete 3 online Youth Protection Praesidium Training courses</p> <ol style="list-style-type: none">1. Abuse Risk Mgmt.2. Social Media Safety3. Preventing Sexual Activity Among Adolescents	 <p>Monitor and supervise students</p> <p>Report red-flag incidents to SLP event coordinators</p>
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SERVICE LEADERSHIP PROGRAMS

PNW K-KIDS UPDATE

The new year started off with the opening of 2 new K-Kids Clubs sponsored by the Kiwanis Club of Newberg, OR. Kevin Purcell from the Newberg club sent this report:

“SLP’s that were severely impacted by COVID the last few years got up and running again with the K-Kids Club at Mabel Rush Elementary under the direction of Advisor, Summer Neiss. Most recently, we have added and had approved two new K-Kids Clubs: Dundee Elementary with Advisors Counselor Margaret Lund, and PD Capasso, and St. Paul Elementary School, with Advisors Tiffany Wotjak and Kristi Stoltenberg. We are so grateful to these amazing Advisors and also thankful for the administrators in these schools who support our programs.”

UP-COMING EVENTS:

- Club officer elections – define roles and responsibilities, ask candidates to prepare a written or verbal statement as to why they are the best choice.
- Review of service – Discuss the projects your club completed. Strive for exemplary service instead of adding more projects.
- End of year celebration – Honor retiring officers, identify members moving on to middle school. Don’t forget to celebrate your service!

~Debbie Johnson, PNW K-Kids District Administrator



CELEBRATE GRADUATING SENIORS!

The **Kiwanis Family Store** can help you recognize and thank graduating seniors in Circle K International and Key Club.

Get **CKI** and **Key Club** branded graduation items to celebrate these exceptional students!

<https://store.kiwanis.org/home>

Membership Matters - Nicely Done & Congratulations!



We're number three, and numbers one and two are worried.

Huh?

As of the end of January, the PNW district is plus 215 members year-to-date. That's third in growth among 65 Kiwanis districts worldwide.

Nicely done! Congratulations – PNW clubs, members and new member sponsors.

And welcome to all our new members. Enjoy your Kiwanis journey as you make a difference in your community and in children whose lives will be forever transformed and improved by your efforts.

This is a great start that we need to continue until yearend in September. The last time the PNW had net positive growth was during Roger Bell's year in 2018. We have a fighting chance to do it again in David's year. His theme, appropriately, is Together, We Can. By a combination of opening new clubs and strengthening existing ones, it is definitively achievable.

How can clubs and members contribute? Identify local communities that don't have a Kiwanis club where there are unmet needs, in particular relating to children.

In addition to service leadership opportunities, consider whether our single focus programs would work. Kiwanis has templates for Literacy, Food Insecurity, English as a Second Language, LGBTQ Plus, Virtual Clubs, Area Clubs, and Retired Teachers and Educators.

In terms of strengthening your club:

- Do you have a Membership Committee and a Membership Chair?
- Does your club have a membership goal and strategies to meet the goal?
- Has your club considered additional or different meeting times and adding a club satellite?
- Is your club connecting to and engaging members to lessen the annual September drops?
- Is your club using social media to promote your club's activities and events and as a way to attract new members?

Consider Kiwanis' Two for Two program, successful membership growth program that spreads the workload among club members. More information is available at Kiwanis.org/twofortwo.

I look at membership as a process and not a project. By that I mean it is constant activity throughout the year and not a yearly or biannual event.

If your club needs help with membership, reach out to your Lieutenant Governor or the membership team.

Together, we can make this happen. Together our communities will be stronger, kids will be engaged and exercising their leadership skills, and our clubs will have new ideas for unmet needs.

Our communities are best served when our clubs grow so that more impactful service can be performed by dedicated servant leaders who are members of Kiwanis. It is the central essence of why we are all part of this great organization.

Greg Wegrich
PNW Membership Chair
Greg.wegrich@gmail.com
360-441-7082





Giving. That's the Kiwanis Children's Fund's 84th birthday, and we're celebrating by raising US\$45,000 — enough to reach up to 20,000 children.

Gather online with other Kiwanians the week of April 3-7 and share stories about impacting children's lives in your community. You'll also learn the reasons we all support the Kiwanis causes: health and nutrition, education and literacy, and youth leadership development.

<https://www.kiwanis.org/childrens-fund/give/dayofgiving>

KIWANIS AMPLIFY... LEARNING AND LIVING LEADERSHIP OUT LOUD

Build your leadership skills. Improve your career, your community and yourself.

Kiwanis Amplify is a leadership program for those who want to amplify their ability to lead a team.

Participants will:

- Explore the value of servant leadership.
- Discover their personal strengths so they can lead confidently and successfully.
- Strengthen the ability to lead others in a strategic manner.
- Build and manage a strategic plan that works.
- Learn from experts as well as from peers from across the globe.
- Earn a certification of completion.

Interactive modules will be released weekly. Participants can work through the material at their own pace and will have the chance to interact in online discussions with cohorts moving through the curriculum.

The participation fee is US\$200 for members of Kiwanis International. The fee is \$600 for non-members.



<https://www.kiwanis.org/clubs/member-resources/training/kiwanis-amplify>

CLUB SERVICE SHOWCASE

Yakima River Basin Division and their Red Kettle Bells Sounds of Service

The new Lt. Governor of the Yakima River Basin division, Dick Dean from the Kiwanis Club of West Valley in Yakima, didn't start off his new year with a bang, but rather with a tinkling of the Salvation Army Red Kettle bells.

Under his supervision, all the Red Kettles in the Yakima area on December 3rd were manned by members of the Kiwanis family. His vision was brought to a reality when 96 members, including many from Key Club, Builders Club and K-Kids with parents, came together to cover 88 shifts at 11 locations.



With temperatures ranging from 20 to 27 degrees during those 8 hours, it took dedicated Kiwanians whose continual focus is on community service to stick it out.

We all shared in a memorable experience and helped any number of kids through the many programs that the Salvation Army supports by raising just short of \$6000 that day.

What a great example of a new Lt. Governor bringing a new vision, and opportunity, to the members of the division!

~Michael McCay, Past LtG. 2011-12; 2021-22
Yakima River Basin

Kirkland Aktion Club in Action Collecting Food for Dogs & Cats

The Kirkland Kiwanis Aktion Club (What's Next Bowlers) collected at Tech City Bowl 12 grocery bags of dog and cat food for the Homeward Pet Adoption Center Food Bank in Woodinville.



CKI Clean Up Party at Camp Wa-Ri-Ki

CKI held their Summit meeting at camp Wa-Ri-Ki. March 30-April 2. Starting with DOTC (district officer training conference). Our service project this year was getting the camp ready for painting. 28 students from UW, WSU, UP, UFV, SU, and Linfield U washed walls and windows in preparation for the amazing camp hosts to paint some joyful colours.

~Ann Penner, District Administrator PNW CKI



CLUB SERVICE SHOWCASE

Port Townsend Kiwanis Club and the Stars of Tomorrow

After a short hiatus, the Kiwanis Club of Port Townsend presented its annual Stars of Tomorrow program for the 36th year and, as always, there was an amazing amount of youth talent and lots of fun involved. Although there were fewer participants, the talent from local children in grades K-12 was very entertaining and enjoyable. It takes a lot of courage to stand on a stage, all alone, and perform for an audience of over 200 people. The audience, however, was very supportive of all the performers and showed their appreciation with lots of jubilant accolades.



The variety of acts performed this year by soloists, duets and groups included instrumentalists, vocalists, a dancer, a gymnastic troupe, and a band. There are three categories of performers: Presentation Division, which is elementary school; Junior Division, which is middle school; and the Senior Division, which is high school.



Each performer received a certificate and a complimentary ice cream voucher with the Jr. and Sr. divisions' top 3 performances each receiving cash awards to help pay for their ongoing lessons. The five judges were all local performers

or teachers, some as professionals. There were other awards given that included a multi-talent award in each division and several opportunities for future performances to be featured at local events over the summer this year.



And let's not forget - the Kiwanis volunteers are the best in the business and this production could not have succeeded without the many hours of unselfish help provided. From fundraising to auditions to dress rehearsal to the final show – everyone supported this effort and it was much appreciated. We look forward to an even better and exciting year in 2024.

–Rita Hubbard, Stars of Tomorrow 2023 Chair

Pullman Kiwanis Club is Growing by Leaps and Bounds!

The Pullman Kiwanis Club inducted six new members into their club. The picture includes the new members, sponsors, and Past Lt. Governor Devon Felsted.



Welcome Back!

Kiwanis Day at Doernbecher 2023

KIWANIS DOERNBECHER CHILDREN'S CANCER PROGRAM



To Eventbrite

Those not able to attend the event in Portland can register with Eventbrite and attend via a Livestream webinar.

SATURDAY, APRIL 15, 2023

8:30 a.m. to Noon

(Call to order starts at 9:30 a.m.)

OHSU Robertson Life Sciences Building

2730 SW Moody Boulevard, Portland, Oregon

This Kiwanis Day will be an important opportunity for Kiwanis and KDCCP to reconnect and celebrate the ongoing success of the Pediatric Hematology/Oncology Fellowship Program at Doernbecher Children's Hospital.

It can also be a reason for Kiwanis Clubs to reconnect with their communities by generating funds to end children's cancer.

Every community in Oregon and SW Washington has a stake in the pediatric cancer program at Doernbecher. Said another way, if a child from Oregon or SW Washington is stricken with cancer, they and their family depend on Doernbecher for treatment. Doernbecher will take care of the patient and family and at some point in their treatment they will encounter a Pediatric Hematology /Oncology Fellow.

Patient care is one aspect of the Fellowship program along with learning all there is to know about children's cancer, how it is presently treated and then conducting a research project that aims to improve treatment and move the science a bit closer to its final goal of eliminating childhood cancer. After graduation, Fellows go on to treat patients, conduct research and clinical trials and teach other doctors. And most of them will have careers that span forty years. So, a donation to the Fellowship Program has enormous impact.

This year, we are inviting Kiwanians from all branches of the Kiwanis family to participate in Kiwanis Day either by attending on the OHSU campus in Portland or by joining in via a free webinar. Our challenge to you all is to see if we can make this the biggest fundraising Kiwanis Day ever.

Our goal is to raise \$85,000 at this event

You can donate at kiwanisdoernbecher.org, Text to Give at 503-241-2440, mail a check anytime to Bob Smith at 2870 NE Hogan Dr. Ste. E, PMB #155, Gresham, OR 97030 or present a check at the event.

We will accept donations right up until 9:30 a.m. on April 15th and everyone, whether individual, club or organization will be recognized on that day.

GLASS CEILING BREAKERS

March was Women's History Month. What better way to celebrate than to have a conversation with one of Pacific Northwest District's first women Kiwanians, Versie Meyer.



I had the pleasure of sitting down over lunch to talk to one of the first woman Kiwanis members in our district, Versie Meyer. In addition to being one of the first women members, she was also one of the first woman presidents of a club in our district. Versie didn't join Kiwanis to break the glass ceiling for women, she joined because she was asked to do so, and to make a difference in her community. Her first club was Downtown Portland. Now she is a member of Club of Tigard, OR.

Of her many accomplishments as a Kiwanian, what she is most proud of is her active involvement with the Eliminate Project, a project by Kiwanis International in partnership with UNICEF to eliminate maternal and neonatal tetanus through vaccinations. She recalls visiting many countries, talking to people in line waiting to get their tetanus shot.

Versie also expressed how fortunate and grateful she is for all the friends she has met through Kiwanis. "When you travel, you can always make new friends with people in the Kiwanis Club where you travel to."

We thank you Versie Meyer for opening the door to woman in Kiwanis.

~Delanie Delimont, District Secretary

WOMEN GOVERNORS OF THE PNW

**We honor their achievements, leadership, and service as
Governors of the Pacific Northwest District of Kiwanis.**



Bobbe Godwin, 1999-2000

Louise Regelin, 2003-2004

Lori Bryant, 2006-2007

Wendy Falkowski, 2008-2009

Pamela Smith, 2013-2014

Jackie Sue McFarlin, 2005-2016

Melanie Bozak, 2019-2020

MIDWINTER CONFERENCE 2023

If you missed the February 17th-19th Mid-Winter Conference this year, held at the Sheraton PDX Airport, you missed a good one. Conventions and conferences, due to COVID and life in general, have really gotten in our way but this Mid-Winter was an exception. This was a combined convention with CKI, and it was so fun to get to know them.

Where do we begin? First, we had the best problem in planning conventions we have experienced and that was that we budgeted for 60 attendees, and without hesitation and Kiwanis Pride, we had 130+ register. It was like a family reunion, where you haven't seen your family for years.

In addition to a strong registration, we had two VERY special guests this year: International President Bert West, and PNW Kiwanis Counselor/Trustee Michael Mulhaul; that is unheard of. They mingled amongst the guests and great connections were made.

Governor David Crozier, with his team of Governor-Elect Nicholas Hafez and Education Chair Vicki Frucci, put together a great panel of breakout sessions, so good that according to the survey, it was education attendees said they could take back to their clubs.

It doesn't stop there; Governor David and First Lady Mary put together an amazing hands-on service project, building over 100 boxes for foster care kids when they must enter the foster care system or must move from one foster care facility to another. What an amazing project Mary has put together! It is one we can all wrap our arms around. Contact First Lady Mary Crozier for more information at (360) 531-0200 or maryjcrozier@gmail.com



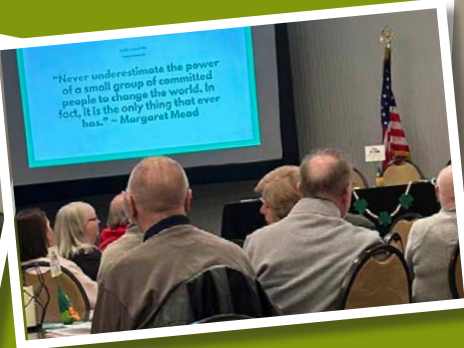
Governor David and Mary didn't stop there, we had a Friday night full of games, sort of like the TV game show "Minute to Win it." It was very entertaining & fun!

We would like to invite you to next year's Mid-Winter, tentatively President's Day Weekend in February 2024 at the Sheraton PDX Airport. Just an FYI, if you were not sure, Mid-Winter is not just for the leadership of Kiwanis, it's for all of us. This includes you! Kiwanis International, per by-laws, requires all districts to have two conventions in an administrative year to provide education to all.

Thank you to all who volunteered and all others who attended -- for the camaraderie and the sharing of ideas. This year's Mid-Winter was a super success.

-Cindy Crowther & Steve Emhoff, Convention Co-Chairs

2023 MID-WINTER IN PORTLAND



District Convention - August 17-20, 2023

Holiday Inn Portland-Columbia Riverfront



Game On... Which club will have the most amazing wine cork sculpture?

If you were at Mid-Winter Conference, you will know that Governor David likes to have fun. You saw it in the colored cup Olympics at Mid-Winter which had us all rooting for our team mates. Get ready to bring your game on with club members in the wine cork sculpture competition. Shhhh...I've heard the judges can be bribed.

In addition to fun, we will also be doing a service project on Saturday afternoon called Free Bikes for Kids. We will be fixing and turning dusty bikes into shiny smiles for children in need.

Education-You bet. All things Kiwanis and beyond. A little estate planning anyone? Our speakers will have you leaving the convention energized and ready to go back to your communities and help Kiwanis thrive!

Save the Date: August 17-20, 2023. Registration opens June 1, 2023 Check things out here:

<https://k22.site.kiwanis.org/district-convention/>

2023 PNW District Convention CORK SCULPTURE COMPETITION

IDEAS & EXAMPLES

- **Make it about anything (reasonable taste, please) and any size.**
- **Remember, 80% of the sculpture made of wine corks.**
- **There are 2 major categories, automated & not automated.**
- **Extra points for Kiwanis, PNW Kiwanis, Club, Division, theme.**
- **Extra points for creative presentation & explanation.**
- **Judged at 2023 DCON in Portland, August 18th-20th – bribes accepted.**
- **Modest prizes and massive bragging rights!**



Attend International Convention-We Need You as A Delegate!

Registration is now open for the 2023 Kiwanis International Convention in Minneapolis, MN June 21-24. Come for the education, friendship, and ability to impact the future of Kiwanis.

Come for the top notch speakers including Clink Pulver from School of Rock: Retention Expert and Undercover Millennial; Andrew Zimmerman of Bazaar Foods speaking of how it's possible to positively impact the lives of others one meal at a time and many more.

Come to celebrate Signature Projects around the globe. Get inspired for possible projects to bring home. And cheer on our two nominations submitted: Kiwanis Club of Canby and Kiwanis Club of Bainbridge Island.

Come for the fellowship. Join members from Pacific Northwest and Capital District on a 3 hour dinner cruise Friday night.

Come for the entertainment Saturday night: Oakridge Boys

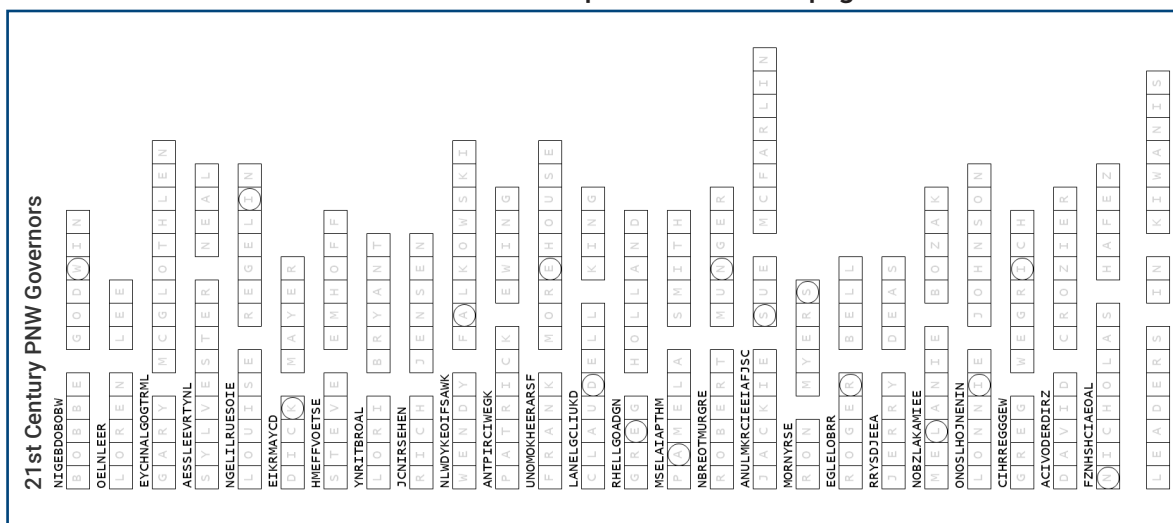
JUST COME

Certificate of Election of Club Delegates is due to Kiwanis International by April 30, 2023.

Use the message page on our event website to share a room/ride for convention.

<https://k22.site.kiwanis.org/international-convention/>

SKRAMBLE solution...don't peak. Puzzle is on page 24.



Solution on page 23.