

PACIFIC NORTHWEST DISTRICT

Kiwanis **builder**

A quarterly resource to help build clubs and communities

District Convention in Portland!

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EDITION

“Is CLE for me?”
Inside this Issue!



Summer 2023

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The **Kiwanis**Builder magazine is produced quarterly by the Pacific Northwest District of Kiwanis International.

Submissions Guide and the Consent & Release Form can be found online at:
<https://k22.site.kiwanis.org/builder-magazine/>

Schedule - (Submission by...)

Winter	January 1	(by Dec 1)
Spring	April 1	(by Mar 1)
Summer	July	(by June 1)
Fall	October 1	(by Sept 1)

www.pnwkiwanis.org

KiwanisBuilder magazine

David Crozier
Governor
2022-2023

Pacific Northwest District
of Kiwanis International

Submissions to the Editor
mabozak@gmail.com

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We Need Your Help!

FUNDRAISING OPPORTUNITY TO HELP THE DISTRICT!

We have been given the chance to raise \$13,000-\$15,000 for the District coffers by finding about 15 people that can work parking cars and taking money at the Josephine County Fair in Grants Pass, OR this summer the week before our District Convention in Portland.

Please contact Cindy Crowther, District Fundraising Chair, at 541-419-9890 or davecindy.crowther@gmail.com for further information.

There are RV sites, and of course hotels, available that you will need to reserve. I'm sure whoever is able to be there will have a blast getting to know each other after hours!

Cover photo from Adobe Stock #108118121

Summertime! The sun is shining, and our backyard is full of color in the gardens – a great way to work on the Builder Magazine. My mind and heart are full of everything going on in my life and throughout the district to help and support our kids. ICON (International Convention) was jam-packed full of amazing experiences! I dearly loved seeing so many friends from around the world. Check out the review.

Be sure to read through all the District Convention pages to get what you need for registration, credentials, and hotel info, as well as the Schedule of Events and education sessions list; I always learn so much. Can't wait to see you there in August!

You'll find the club updates for the First Lady's Project, the Skramble Puzzle on the last page & our other fun Find Paddy the Leprechaun – the first person to send me the page number where the leprechaun was found wins a prize! Congrats to Lorrie Pope from the Kiwanis Club of Kennewick for finding the April issue leprechaun within a few hours.

Please continue to send me your service and fundraising project articles and any other feedback – it's very welcome. I hope you find great ideas to implement in YOUR club!

Melanie Bozak, Builder Magazine Editor 2022-2023
mabozak@gmail.com

A message from 2022-2023 Governor David Crozier

A Summer Sizzling with Service!



I hope you are enjoying your summer with Service. It's a great time for those summer projects, getting out and helping our youth. Time has flown by this year and with only 3 months remaining as your governor, this will be my final Builder Article. I just got back from the great Kiwanis International Convention, which is covered in detail in this Builder, but I would like to highlight a few points here. I'm glad to report that our KI Trustee, Michael Mulhaul, was elected to serve as Kiwanis International Vice President for 2023/24. Also, the proposed dues increase of \$30/year did not pass. The two amendments that were for lower amounts also did not pass, so there will be no increase in dues for the 2023/24 year. I want to thank all the PNW Kiwanians who joined me at the convention. With 65 delegates present, our district's voice was heard.

Our District Convention (DCON) is approaching - Aug 17-20th in Portland. We have a great lineup of speakers, entertainment, education, a service project, and of course, opportunities for fellowship. First Lady Mary is asking you to consider bringing either PJs, Hats, Gloves or Scarves for ages 2-17. These will be donated Sunday morning to the Boys & Girls Aid Organization of Portland to support foster kids. More info [here](#).

We have our Cork Sculpture contest and it's not too late to enter. You can find more info [here](#) and an entry form [here](#). Registration is open now (<https://k22.site.kiwanis.org/district-convention/>). We have rooms blocked off at the hotel at great rates, but a limited number, so register and book your hotel early. Early registration is \$305 and will increase to \$405 July 16th. Registration will close Aug 4th. Every club can send three delegates to the delegate session to have your club's voice heard in elections and amendments. We are also organizing a spouse city tour Friday noon-4pm. Friday night, I am encouraging clubs/divisions to hold host rooms as we have in the past. These have always been great opportunities to drop by and socialize. I will be holding one and hope you will consider throwing something together.

Communications are so necessary for the work that we do. As soon as your club has elected its officers, please have your secretary record them on the secretary dashboard. This is very important, as this contact information is used frequently by your district and KI to communicate with the clubs, especially the officers and membership chair. It's also not a bad idea to have your secretary periodically review members' contact information. There are several members with email addresses that don't work or email addresses missing. We communicate frequently with our members electronically, so if members have emails, please ensure they are up to date.

We have completed Lt Governor Training for next year's class of Lt Governors and one of 3 opportunities for Club Leadership Training. The next opportunity for Club Leadership Training is July 15, 2023 – 9 am to 4 pm and is virtual (Zoom). You can register for that virtual session [here](#). The final opportunity for Club Leadership Training will be held in person at the District Convention Thursday Aug 17th. You can register for that during the convention registration process, or if you are not attending DCON at the previous link.

The year is far from over and I look forward to seeing you all at DCON in Portland. Thank you all for your service to your communities and the Kids.

Together We Can!

David Crozier
Governor
david_crozier28@msn.com
(360) 531-0557



Find Paddy the Leprechaun!
The first person to send the page number where the leprechaun was found wins a prize.
Send your answer to mabozak@gmail.com

Club Leadership Education – Equipping our Leaders!!

From your Education Chair – Vicki Frucci

The shift in club leadership job descriptions was addressed last year. These modifications were highlighted in the 2022 Leadership Guide, which continues to be the Guide for this year.

<https://dwyq4sa1lz55y.cloudfront.net/uploads/sites/611/2022/10/Club-Leadership-Guide.pdf>

The need to embrace technology continues to grow. All Kiwanians are welcome to attend these sessions for incoming leaders and those interested to be leaders in the future.

We have 2 District sessions remaining and several Kiwanis International sessions for this year's required Club Leadership Training. Below is the schedule for 1 Virtual session - July 15th (no cost, registration is open **now** (<https://k22.site.kiwanis.org/club-leadership-education/>), and 1 In-Person session in Portland, OR, August 17th (\$50 per person registration, which includes lunch, will be open through the same link thru Aug 16th). Please look at these options and see which one fits your interest, need, and schedule best. This training is very important for every new leader and is a great review and reinforcement of the roles for returning leaders, as well as providing a good introduction to how the club really operates for those that may consider being a leader in the future. You will also learn what is being planned for the next fiscal year.

2023 Club Leadership Education Schedules					
Agenda		Saturday - July 15, 2023	9:00am-4:00pm		
Time	Training Modules			Time	Training Modules
8:30am	Logon for "Virtual"			8:30am	DCON "In-person"
9:00am	Intro	David Crozier (Governor) and Vicki Frucci (PNW Educ. Chair)		9:00am	Intro
9:15am	President	Jackie Sue McFarlin		9:15am	President
10:15am	Break			10:15am	Break
10:30am	Youth Protection	Vicki Frucci		10:30am	Youth Protection
11:00am	Secretary	Bob Munger		11:00am	Secretary
12:30pm	Lunch			12:30pm	Lunch
1:00pm	Treasurer	Melanie Bozak		1:00pm	Treasurer
1:45pm	Break			1:45pm	Break
2:00pm	Membership Committee	Melanie Bozak and Lonnie Johnson		2:00pm	Membership Committee
3:30pm	Wrap-up	David Crozier and Vicki Frucci		3:30pm	Wrap-up
4:00pm	Adjourn			4:00pm	Adjourn

Be sure to get registered as quickly as possible to ensure you get the information for your desired event. If you are not sure how to get registered, please don't hesitate to contact Vicki Frucci - mvm101@comcast.net Thank you.

SAVE OLD SPECTACLES

I would thank all those clubs that have participated in the SOS Program in our 2022 - 2023 year. All the information about the program (signage, address to send glasses, program history, current collection options) are on the district website.

Currently, we have accumulated in excess of 7,000 pair of glasses to donate to the Lion's Foundation and I anticipate getting another 5,000 by or at DCON. Did you know the club actually gets hours credit for the glasses sent in?

Note: Clubs can also participate in the program by donating directly to your local Lions Club. Just notify me and document it in your club's 'Monthly Report.'

-John Flaherty, District Chair, SOS Program

District Convention Is Almost Here

I cannot believe how fast this year is going! Convention is right around the corner: August 17th to the 20th, 2023 at the Holiday Inn Portland Columbia Riverfront.

Thursday, August 17th is a day of business for the PNW leadership and makeup Club Leadership Education training. There is also a Team Dinner, and just because it says “Team” doesn’t mean you can’t attend.

Friday it all begins with Exhibits and the Cork Sculptures all being set up. We have Sharon Juenemann from the Shadow Project bright and early in the morning for the opening session/breakfast. For the past few years, we have really celebrated the First Timers coming to convention; the session gives an overview of what’s to come for the weekend and explains to our first-time attendees who is who, what’s happening and why do certain people wear that Red Jacket.

Lunch time is my favorite, the program K-Kids, Builders Club, Key Club, Club. Something nice on Friday travel with you is that they can via the registration.

We will end the evening with back at 7pm, as we will have David Crozier presenting the Contest, and SUPER FUN

Saturday morning, Past Governor gavel while presenting Awards Right after breakfast, we move next we will look at some amendments, Kiwanis International Trustee.

For lunch, we have invited speaker Anthony Poponi, who identifies himself as a Humorist. Right after lunch, we head outside for our Service Project “Free Bikes for Kidz”.

For the evening events, our Canadian Foundation, Pacific Northwest Foundation and the Outreach Fund invite you to a reception which includes small bites and a no-host bar. It is a great time to mingle and listen to the fabulous ways to celebrate a Kiwanian or a local Hero with awards.

After the reception is Governor David Crozier’s Banquet, and this year’s theme is “Black & White with a Touch of Green.” It’s formal this year if you want to dress up following the theme and you will hear Bagpipers and watch Irish Dancers. Also, Saturday night the auction for Outreach will close at the end of dinner.

Sunday, at breakfast, with a focus on First Lady Mary Crozier’s project this year for Foster Kids, she has the Boys and Girls Aid Foster Kids coming in to wind up the convention, and there is also the passing of the Governor’s gavel from David Crozier to Nicholas Hafez.

Registration is open, visit the Pacific Northwest website at <https://k22.site.kiwanis.org>, then click on the EVENTS tab and look for District Convention. **[Everything you will need is here.](#)**

Remember that See’s Candy is our convention sponsor, and they will have a table set up to share ways to use See’s Candy to fund raise for your club and they may even be giving out a sample of their product. Stop by their table during the convention.

Looking forward to seeing you for the 106th District Convention!

~ Cindy Crowther and Steve Emhoff, PNW District Convention Co-Chair



is our Service Leadership Programs from Circle K International and Aktion for those significant others that sign up for a Portland City Tour

dinner on our own but hurry a no-host bar, and Governor first ever Wine Cork Sculpture Trivia games.

Greg Wegrich will take the door for the Delegate session where elect a Governor Elect and listen to our

106th Annual Convention in Portland, Oregon

Schedule-At-A-Glance

“Lucky People Know Kiwanis”

Thursday, August 17

7:00 am - 9:00 am	Credentials & Registration/Help Desks Open	Lobby Level Hallway
9:00 am - 11:00 am	Past Lt. Governors Association Board Meeting	Clark
9:00 am - 11:00 am	Past Governors Meeting	White Stag
9:00 am - 4:00 pm	CLE Training	Multnomah
9:00 am - 4:00 pm	PNW Foundation Board Meeting	Crown Zellerbach
10:00 am - Noon	Outreach Auction Set up	Pre-function Area
11:00 am - Noon	Finance Committee Meeting	Clackamas
Noon - 1:15 pm	Executive Committee Meeting	White Stag
1:30 pm - 4:30 pm	Board Meeting (22-23 & 23-24 Teams)	Salon 2&3
4:00 pm - 5:30 pm	Credentials & Registration/Help Desks Open	Lobby Level Hallway
4:30 pm - 5:15 pm	2023-2024 District Chairs & Program Directors	Salon 2&3
5:30 pm - 7:00 pm	Team Dinner (Outreach Auction Opens in Lobby)	Salon 1&4

Friday, August 18

7:00 am - 8:00 am	Exhibit Set Up & Cork Sculpture Display Set Up	Washington & Pre-function Area
7:00 am - 8:00 am	Credentials & Registration/Help Desks Open	Lobby Level Hallway
8:00 am - 9:30 am	Breakfast-Opening Session (Doors open 7:45 am) Speaker Sharon Juenemann, The Shadow Project	Salon 1&4
9:30 am - 5:00 pm	Exhibits & Cork Sculptures Open	Washington & Pre-function Area
9:30 am - 10:00 am	First Timers	Salon 2&3
10:00 am - 11:45 am	Morning Workshops (see description sheet)	Downstairs Meeting Rooms
10:00 am - Noon	Credentials & Registration/Help Desks Open	Lobby Level Hallway
Noon - 1:30 pm	SLP Lunch (Doors open at 11:45 am)	Salon 1&4
Noon - 4:00 pm	Portland City Tour (Pre-Registered)	Portland Area
1:30 pm - 4:00 pm	Credentials & Registration/Help Desks Open	Lobby Level Hallway
2:00 pm - 3:45 pm	Afternoon Workshops (see description sheet)	Downstairs Meeting Rooms
4:00 pm - 4:45 pm	Meet the Candidate Forum	Salon 2&3
5:00 pm - 6:30 pm	Dinner Break (On your own)	
6:30 pm	No Host Social	Pre-function Area
7:00 pm - 9:00 pm	Cork Sculpture Competition & Trivia Game	Salon 2&3

Saturday, August 19

8:00 am - 9:00 am	Registration & Credentials Desks Open (Last Chance)	Lobby Level Hallway
8:00 am - 9:30 am	Awards Breakfast (Doors open at 7:40 am)	Salon 1&4
8:00 am - 3:00 pm	CKI Board Meeting	Clackamas
8:00 am - 5:00 pm	Exhibits & Cork Sculptures Open	Lobby & Pre-function Area
10:00 am - 12:30 pm	Delegate Session - Kiwanis Memorial Play	Salon 2&3
1:00 pm - 2:00 pm	Lunch – Speaker Anthony Poponi, Humorist (Doors open 12:45 pm)	Salon 1&4
2:15 pm - 3:15 pm	Mega Forum – Speaker Anthony Poponi, Humorist	Salon 2&3
3:30 pm - 4:30 pm	Service Project – “Free Bikes For Kidz”	Parking Area
5:00 pm - 6:30 pm	Outreach & Foundations Reception	Pre-function Area
6:30 pm - 9:00 pm	Governors Banquet (Doors open 6:30 pm) Formal Dress Suggested Irish Dancers & Bagpipers	Salon 1&4
9:00 pm	Outreach Silent Auction Closes	Pre-function Area

Sunday, August 20

8:00 am - 9:30 am	Breakfast – Boys & Girls Aid-Foster Kids (Doors open at 7:45 am) (No Sunday Delegate Session)	Salon 1&4
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Revised 7/3/23

ALERT ON ONE IMPACT OF THE NEW KIWANIS INTERNATIONAL COMPUTER SYSTEM

Kiwanis International has advised all districts that currently have a per club charge included in their dues billing that the new computer system will no longer support per club charges but only per member charges. This impacts the PNW's convention assessment charge of \$50.00 per club. It will necessitate a conversion to a per member charge. This will require a vote at the House of Delegates at District Convention (DCON). At the Mid-Winter Board meeting the Executive Committee asked the Board to approve sending this to the House for a vote this year because it is a bylaw change. The recommendation was for a \$3.00 per member charge.

The current "convention assessment" was approved in 2006 to offset the cost of putting on DCON each year. It was designed to raise about \$18,000.00 per year. As time has gone on and the number of clubs has continued to drop, we only raise about \$11,800.00 under the current assessment. And there is no consideration of the impact of inflation on convention costs. With our projected membership to be around 5000 this coming year; at \$3.00 per member, we would still only raise about \$15,000.00. This would still not put us back in the range of the originally designed intent of the assessment.

Yes, the total dollars coming from larger clubs would be a lot more than the current amount; however, the smaller clubs would pay less than they currently do. From a fairness view, the per member charge would be a more equitable overall method of assessment. Please weigh the merits of this change since we must move to a per member assessment. Prepare your delegates to cast an informed vote at the House in August.

~ Roger Bell, Laws & Regulations Chair

WE NEED YOUR HELP!

I'm here to ask you to think about volunteering during the 2023 PNW District Convention. There are many days and times available. Here's a link to the schedule so you can pick the volunteer opportunities that work for you.

Please check out the volunteer sign-up schedule at <https://volunteersignup.org/4XAHF>

Thanks for considering helping this year. I look forward to seeing you in Portland!

~ Donna Kelso, District Convention Volunteer Coordinator

DISTRICT CONVENTION IN YOUR AREA?

It could happen. We are exploring new venues for our district convention in 2025. Perhaps you have the perfect place. Our past locations for our district conventions have gotten expensive to use, with food and beverage minimums over \$50,000. Let our District Secretary, Delanie Delimont (dsec@pnwkiwanis.org) know if you have a recommendation that fits the following criteria:

- Ballroom to accommodate 250 people for banquet seating
- 4 breakout rooms with space for 50 people classroom seating
- Office room for storing equipment
- Board room for smaller meetings up to 25 people
- Large hallway or foyer for our vendors to have information tables
- Low rental fee of venue space of under \$7,000
- No minimum of Food and Beverage spending or not to exceed \$30,000
- Hotel rooms to accommodate up to 150 rooms Thursday through Saturday night
- Availability in August or first two weeks of September 2025

If you love to plan and are detail oriented, consider working with the District Secretary as our future Convention Chair. Call District Secretary, Delanie Delimont, to learn more about this opportunity. (503) 305-7369.

Candidates for Governor-Elect 23-24



rita Schwarting

Why an octopus and doesn't she know how to capitalize her name?

I haven't capitalized my name since about 4th grade and I've loved octopuses for a long time. Octopuses have three hearts, however to prevent having to explain that, I've chosen "A Heart for Service" as my theme.

My Dad was a Kiwanian a long time ago, so when I was asked to join, my first question was "do they let women join?". Father– Daughter night was a big deal all those years ago, and I had no idea what Kiwanis was about back then.

Since I have a strong belief in giving back to my community, I was happy to join a service organization with the mission of improving the lives of children and communities around the world.

I joined the Kent Club in 2001 and four years later served as the Charter President of the Kent-AM club. I was a distinguished Lt. Governor in 2009-2010 and I'm currently an advisor for Kentridge Key Club and the Green River Valley Aktion Club, as well as District Chairperson for KCCP.

I decided to run for Governor Elect because I believe that we need to focus on Service, and If we do so we'll attract new members.

Muhammad Ali said: "Service to others is the rent we pay for our room here on earth." I believe this!

If you have any questions please contact me at: 1splendid.day@comcast.net or (206) 718-0693



Vicki Frucci

Equipping and Developing Kiwanians For An Impactful and Sustainable Organization

I've been a lifelong resident of Spokane, Washington. In 1989, I married a young man I met playing softball for the Washington State Department of Transportation (WSDOT). Mike is also a Kiwanian. We've been married for 34 years and have raised 3 daughters who have given us 4 grandchildren, 2 great grandchildren and another on the way. Our youngest daughter is also a Kiwanian with a huge Kiwanis heart.

As a member of the Kiwanis Clubs of Spokane Valley and Cascadia, I've been a dedicated Kiwanian for 22 years and have held the positions of Club President, Membership Chair, Director, Club Foundation Board Member and served as Lt. Governor. I've been the District Education Chair for the past 10 years. I've also had the pleasure of training Lt. Governors from around the world at the International Convention in 2012, and to lead a Global Task Force championed by International President Art Riley to review and recommend changes for the Club Leadership Roles in 2019-20.

Through my professional career as a trainer, a member of the John Maxwell Leadership Team, and a Kolbe TEAMS Consultant I have developed the skills, confidence, and passion to equip our Kiwanians, building an impactful and sustainable organization. I look forward to the continued success and support of our District into the future.

We may not know what the next great idea will be, but as a leader with experience and skills in facilitation, collaboration, and change, coupled with my in-depth Kiwanis experience, I am uniquely qualified to join our organization's executive team as your next Governor-Elect.

I ask for your support and pledge to help our District build strong TEAMS... Because we know...

Together Everyone Accomplishes More Service!

FRIDAY EDUCATION SESSIONS AT DCON

10:00 am – 10:45 am

What Else Can Presidents Do?

Multnomah Room with Tom Moak

Presidents don't 'just run meetings' The President's role has a lot of opportunities to add value and raise awareness of their Club and Kiwanis in their community. What could you do if you were President? How about riding or marching in a local parade? Community service and involvement can be very important and FUN to connect with our communities.

Supporting Youth Thriving Through the Power of Mentorship

Clackamas Room with Michael Garringer, MENTOR

Let Michael show you WHY mentoring is being widely sought-after by youth and parents. He'll share How mentoring can support youth (the impact); Where and How youth find mentors; The Keys to being a good mentor to a young person; and How your clubs can get involved in your local communities. Great new service opportunity. More Mentors are needed, and Kiwanians are just the ones that can do it!

Estate Planning

(Please note: this session runs from 10:00 am to 11:45 am)

Clark Room with Tim Nay, Law Office of Nay & Friedenberg

This is an in-depth, dynamic workshop that will give people the tools to look at their estate plans and determine what needs to be added, updated, etc. Their resource titled "Legal & Financial Planning Guide" is the definitive resource for understanding the intricacies of today's Estate Planning and Elder Law issues and will be available to everyone who attends the workshop.

How Can Your Club Best Use Your Lt. Governor?

Weyerhaeuser Room with Bill Glenn and Ken Brutzman

A few real-world situations where Lt. Governors have assisted Clubs, followed by an open forum where participants can present situations, and the presenters will explain how a Lt. Governor can bring a positive influence on the situation.

11:00 am – 11:45 am

More New Ways to Make Your Meetings Memorable and FUN!!

Multnomah Room with Vicki Frucci

Vicki's got some new things up her sleeve to share with you. It's always an adventure and fun to make your club meetings something members and guests will enjoy and remember. Come see for yourself.

Supporting Youth Thriving Through the Power of Mentorship

Clackamas Room with Michael Garringer, MENTOR

Let Michael show you WHY mentoring is being widely sought-after by youth and parents. He'll share How mentoring can support youth (the impact); Where and How youth find mentors; The Keys to being a good mentor to a young person; and How your clubs can get involved in your local communities. Great new service opportunity. More Mentors are needed, and Kiwanians are just the ones that can do it!!

How Can Your Club Best Use Your Lt. Governor?

Weyerhaeuser Room with Bill Glenn and Ken Brutzman, Past Lt. Governors

A few real-world situations where Lt. Governors have assisted Clubs, followed by an open forum where participants can present situations, and the presenters will explain how a Lt. Governor can bring a positive influence on the situation.

2:00 pm – 2:45 pm

Attract Younger Volunteers - 12 Points to Help You!!

Multnomah Room with Vicki Frucci

One of the most common questions Vicki gets asked at the Club Level is “How Can We Attract and Recruit Younger Volunteers?” She’s been working on this topic quite a bit. If your club is also focusing on this topic, you do not want to miss this session.

You and Your Family History – Genealogy

Clackamas Room with Laurel Smith

Whether you have embarked on a journey to explore your family’s history or not, you are likely to learn something new by attending this session. Laurel Smith, director of the region’s largest genealogical research library will provide information to get you going down the right path. You’ll also hear about the resources provided by the Genealogical Forum of Oregon.

What Else Can Secretaries Do?

Clark Room with Bob Munger

Club Secretaries do much more than “just take minutes at meetings”. Club Secretaries can make or break your club. Come see what else Secretaries can do to make their clubs successful. Oftentimes, the Secretaries are the Club’s “Superheroes”.

Club Coaching

Weyerhaeuser Room with Dennis Baugh – Our New “PNW” Club Counselor

To be determined.

3:00 pm – 3:45 pm

Social Media 101

Multnomah Room with Nola Stenstrom

What do they mean when they say that? And what’s keeping them focused on their phones for so long? Check out some of the biggest trends in social media – and ways you can engage younger members of the Kiwanis family.

The Secrets of Clubs with Consistent Growth and Tools for Club Growth

Clackamas Room with Greg Wegrich

Come see what 3 clubs do, that enables their growth year after year that your club can adopt as well. Also, see how to research prospects and establish a plan for your club to grow and accomplish more impactful service in our community.

PNW Programs

Clark Room with KCCP – rita Schwarting; SIGN – Ann Penner; SOS – John Flaherty; Outreach – Darlene Smith

Each of these presenters will be sharing updates related to their specific PNW District Program.

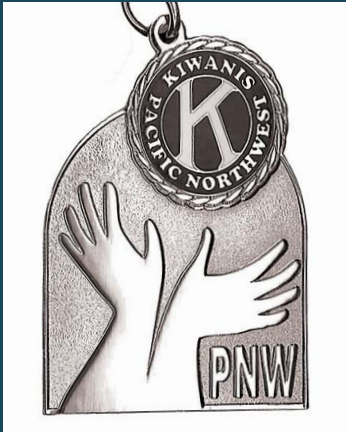
Treasurer’s Role

Weyerhaeuser Room with Steve Embhoff and Cindy Crowther

From planning an event to the main event, and now accounting for the event.

This information is subject to change. Updates will be posted to the District webpage.

If you have any questions, please contact Education Chair Vicki Frucci at mvm101@comcast.net



OUTREACH FUND FOR PNW DISTRICT SERVICE LEADERSHIP PARTNERS

WHAT DOES OUTREACH DO?

YOUR CONTRIBUTION WILL BE USED TO SUPPORT OUR SERVICE LEADERSHIP PARTNER OFFICERS AND DIRECTORS FOR EVENTS SUCH AS DISTRICT CONFERENCES, CONVENTIONS AND OTHER SELECTED EXPENSES.

DONATIONS TO THE FUND ARE IN \$100 INCREMENTS WHICH CAN BE MADE BY AN INDIVIDUAL OR BY A CLUB TO RECOGNIZE A MEMBER.

For purchase of Medallions and Pins throughout the year contact:

Steve Emhoff: steve@emhoffgroup.com

or

Cindy Krusel-Tribes: ceekay@shaw.ca



15TH ANNUAL ~ CASCADIA KIWANIS

SILENT AUCTION

to benefit the PNW District Outreach Fund

For the fifteenth year in a row, the Cascadia Internet Club will be administering the PNW Outreach Silent Auction for the 106th PNW District Convention in Portland, Oregon.



Proceeds from the Silent Auction go to the PNW District Outreach Fund to support critical Service Leadership Program activities such as:

CKI Officer Travel to the Governors and Administrators Training Conference in Indianapolis

CKI Board Member Travel to CKI Leaderscape Training in Indianapolis

Key Club and CKI Officer Expenses to the Kiwanis District Conventions

Making the expense of the CKI District Convention affordable for College Students

And many more...

**The auction is administered by the Cascadia Kiwanis Club.
Proceeds go to the PNW District Outreach Fund.**

YOU CAN HELP OUR YOUTH BY DONATING A GIFT BASKET FOR THE AUCTION
(And, of course, by bidding!)

Items from your corner of the District are always appreciated and donated items may also include gift certificates for products and travel.

The Gift Basket minimum value should be at least \$30.00. Donated items or baskets that are valued at less than \$30.00 may be bundled together to make a larger basket.

Please turn in your basket to the Cascadia Kiwanis Auction Receiving Table and include a list of what is included in your basket.



For more information contact:

Cindy Krusel-Tribes
Kiwanis Club of Cascadia
Phone: (250) 545-8650
or E-mail: ceekay@shaw.ca



Attention Delegates For 2023 District Convention in Portland, Oregon

Each chartered club in good standing shall be entitled to three (3) delegates to the convention. These delegates shall be elected not less than thirty (30) days prior to the convention. An alternate should be chosen for each delegate. Each delegate will be entitled to cast one vote and in his/her absence an alternate may cast one vote. There will be no voting by proxy. If your club will be represented by a Delegate at Large, please indicate the name of your Delegate at Large in the meeting minutes you upload.

Each club delinquent in the payment of International or District obligations shall not be considered in good standing, and therefore not permitted to vote until payment is made.

You will receive an email confirmation when the online delegate form is successfully submitted and processed.

<https://k22.site.kiwanis.org/district-convention-2023-delegate-form/>

2023 PNW District Convention CORK SCULPTURE COMPETITION

IDEAS & EXAMPLES

- **Make it about anything (reasonable taste, please) and any size.**
- **Remember, 80% of the sculpture made of wine corks.**
- **There are 2 major categories, automated & not automated.**
- **Extra points for Kiwanis, PNW Kiwanis, Club, Division, theme.**
- **Extra points for creative presentation & explanation.**
- **Judged at 2023 DCON in Portland, August 18th-20th... bribes accepted.**
- **Modest prizes and massive bragging rights!**

<https://k22.site.kiwanis.org/district-convention/>

CLUB SERVICE SHOWCASE



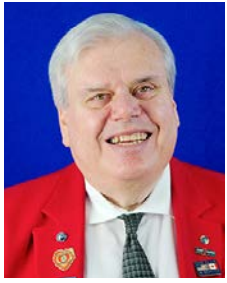
Pullman Kiwanis New Member Inductions. We inducted four new members; their sponsors are also in the picture. Pictured left to right are Alicia Merwin, Shannon Focht, Kanale Rhoden, Justin Fitzpatrick, Dave Harder, Lore Eide, and Nicole O'Donnell.



The Pullman club's participation in the city's Stream Clean Up on Earth Day. We had several club members show up early on Saturday, April 22nd and clean up a section of the legendary Paradise Creek that runs through downtown Pullman. As you can see, the Pullman Kiwanians made short work of the trash ruining the beautiful view of one of Pullman's "Three Forks." Those pictured are Mary, Larry, Justin, Suzy, Jim, Ginger, Scott, and Francis.

A message from 2022-2023 Governor Elect Nicholas Hafez

Desire, Passion, and Motivation



Wow, a new beginning is on the horizon already because, for the next 15 months, your 2023-2024 District and Club boards will be busy. You will be busy!

Your new Presidents and boards should by now be elected and getting ready for a smooth transition. Membership committees are in place with everyone ready to attract new members and Service committees are setting service projects for the 23-24 year.

Your current Lt. Governor, along with your newly elected Lt. Governor, are here to help so reach out to them at any time. Shadowing is very important, and cooperation between both of them will lead to a successful journey. They will visit your clubs and see to what you require, and what you need from them for your Club's Success.

We always share with each other how not to lose our Passion and our desire for Service and how we can keep our Motivation. Here are the highlights of a discussion we had not too long ago at a Kiwanis International meeting which related to Service and Motivation

- Change your attitude.
- Crush what is negative because this will sabotage you.
- Connect with positive feedback.
- Create friendships.
- Change what you observe, or your club can't grow.
- Raise leaders and challenge them to higher expectations by attending educational events such as Club Leadership Education (CLE) and run for office.
- Change and challenge your perspective and view it right. Capture the value in having the right perspective.
- What are your opportunities? Problems and challenges are opportunities and setbacks are blessings.
- There are many challenges to your opportunities, so you might do things differently.
- Dare to make a difference; you will have success. Chase and choose what's important to you and chose to make a difference.
- What are your deepest values towards your Club? Your daily schedule reflects your deepest values.
- Change your focus and envision your finish line.

We are blessed beyond belief as an organization who serves the community. By acting, we will increase our desire and passion and motivation. Yes, it will require us a change in our attitude. So, chase what's important; chase your dreams; and reach out for the stars. Memories, friendships, and service will prevail at the end. And that's what Kiwanis is all about!

Yours in Service,

Nicholas Hafez, Governor-Elect
njhafez.3@gmail.com



SERVICE LEADERSHIP PROGRAMS

PNW KEY CLUB UPDATE

As the school year comes to a close, the Key Club year has just begun, and our district can look back on the great progress the members of PNW Key Club have made this past year. Our district's membership has been rising and with nearly 11,500 dues-paid members and 280 clubs, we are nearing pre-pandemic membership levels. The 2022-2023 District Project, Help End Hunger, has also been a great success, donating thousands of meals to people in need.

For the 2023-2024 year, the PNW Key Club District Board has chosen to begin a new District Project, Unlocking Brighter Futures, which targets the issue of youth homelessness. This new district project will tackle youth homelessness using a multi-pronged approach through education, service, and fundraising.

Throughout the past year, our District has been involved in many meaningful service projects, including creating and donating 240 blanket kits for an abuse center and making and donating 60 hygiene kits to Facing Homelessness, a non-profit organization in the Seattle area. Many of these projects were partially funded by the Pacific Northwest Opportunities Fund (PNWOF). This grant program helps clubs implement large scale service projects by providing up to two-thirds of the cost of executing a project.

The 2023-2024 Kiwanis-family Relations Committee has been working hard to create connections with their different Kiwanis-family counterparts, and recognizing graduating seniors so that each of them knows how much they are appreciated and the benefits of continuing their membership with CKI. Looking forward to the new year, the 2023-2024 Kiwanis-family Relations Committee is planning on hosting a joint webinar with another branch of the Kiwanis-family in early November, where we will be talking about strengthening relations between the Kiwanis-family, Kiwanis-family Resources, and much more!

On a related note, we highly encourage you to reach out to your sponsored Key Club. Key Clubbers have always appreciated the help and support given to them by their sponsoring Kiwanis Clubs and now is the perfect time to begin forming bonds with these newly elected officers and members. Additionally, if you would like to receive regular updates from our PNW Key Club Governor, Nola Stenstrom, please consider subscribing to our Biweekly Updates by going to www.pnwkeyclub.org, scrolling down to the bottom of the home page, entering your information, and clicking subscribe. If you have any questions or would like to chat more, feel free to email me at treasurer@pnwkeyclub.org!

-Eric Li, PNW Key Club District Treasurer, and PNWOF Committee Chair



On May 23, division 18 Key club students held their annual KCCP ride to conquer childhood cancer. The Key-clubbers, along with Builders Club members, raised close to \$6,000.00 dollars. 12 teams of 6 members each rode for an hour while cheering and dancing. Students received pledges and had a tulip sale with their sponsoring Kiwanis Club. The event was held at Robert Bateman school. Earlier in the year, both Sardis secondary and NorKam Secondary Key clubs held the same event, raising \$24,000 for KCCP BC Children's Hospital.

Membership Matters - Thinking About Tomorrow

Don't stop thinking about tomorrow...Fleetwood Mac



This song always makes me think about Kiwanians who are planning new projects and looking for ways to grow their membership to be more impactful.

In the last Builder, I told you the PNW district was number three in year to-date membership growth among 65 Kiwanis districts. As of the end of May with a net growth of 363 members, we are now the second highest in all of Kiwanis and numero uno among all North America districts. Congratulations all!

Keep up the good work and let's finish the year with continued growth. Governor David will be ecstatic, which is how we want our governors to be.

We still have work to do!

If your club needs help with membership, your lieutenant governor is your first line of assistance. They are here for exactly this reason. Their expertise and experiences will prove invaluable to your club. They also have access to the district membership team when additional support is needed.

So, if your club has been actively growing, continue what you're doing. If you're looking for new ideas, consider the Two for Two program which is generating great results.

Two for Two

Take a look at the Two for Two program. It's a great way to spread the effort and engage club members. You can find more information by going to this link <https://www.kiwanis.org/clubs/membership/two-for-two-membership-strengthening>

Jackie Sue McFarlin, jacsuemac@icloud.com, is available to walk clubs through the Two for Two presentation materials and get you started – it's best done as a part of a Division Council Meeting so that more clubs benefit.

Since we're talking about Jackie Sue, she is more than willing to help any club on how to use the Achieving Club Excellence tools. This would include member satisfaction surveys, roster analysis and community assessments.



We are proud of our newest club – Colfax, WA sponsored by the Pullman club.

And if Don't Stop Thinking About Tomorrow is still playing in your head...get together with your club members and decide on an action plan to grow your membership - allowing your club to serve more children and be most impactful. Let's finish the year as strongly as it started.

Greg Wegrich
Membership Chair
360-441-7082
greg.wegrich@gmail.com

First Lady Mary's Kiwanis PNW District Foster Kids Support Project



Search out and help your local foster-kids support organizations and share your success with us!

Update



“Comfy” Drive

First Lady Mary will be holding a “Comfy Drive” at this year’s District Convention in Portland. Tuck a warm hat, pair of gloves, a warm scarf, or PJs, ages 2-17, into your luggage. We will collect your donations in bins at the back of the big room where the delegate session will be held. All donations

will then be given to the Boys & Girls Aid of Portland, who will be speaking to us at our Sunday Breakfast about what all they do for foster kids and their families in the greater Portland area.



Honor a Kiwanis member, club officer, district leader, or club by purchasing a brick that will be placed in the patio area at the District Office. They are available in two sizes and can be ordered using the form below.

<https://k22.site.kiwanis.org/legacy-patio-at-the-district-office/>



Traveling to Tanzania

By Jeanne Dillner, SIGN CEO

For the first time since 2019, we were able to travel and visit SIGN Programs. SIGN Engineering Manager Terry Smith and I visited Nkoaranga Lutheran Hospital, where Dr. Sam Kiwesa is the program manager. Nkoranaga is located just off the A23 highway, a busy thoroughfare that runs from Dar es Salaam, Tanzania to Nairobi, Kenya. During our visit we noted that 90% of the SIGN Patients were injured in traffic accidents and suffered a fracture.

Dr. Kiwesa was pleased to show us the new operating theatre. This new one had three ORs, where they previously had just one. Each operating room was well fitted and had enough space to fit the portable C-arm machine, which could be used if needed.

Dr. Kiwesa and his wife Villa have been kind of enough to become the guardians for Martha. Martha was the first recipient of the SIGN Pediatric Nail in Tanzania. She was operated

on in 2011 and has since finished high school, a two-year college prep program, and will find out in July whether she has been accepted into medical school. Martha is confident that she has passed her exams and is excited to begin medical school in September.

After a few days with Dr. Kiwesa, we traveled to Dar es Salaam. At Muhimbili Orthopaedic Institute (MOI), we met up with teams from the Institute for Global Orthopaedics and Traumatology (IGOT), University of California San Francisco, and SIGN Surgeons from many countries. Together they made up the faculty for the 8th MOI Trauma Course, a four-day training conference for surgeons from East Africa.

SIGN and IGOT have partnered for many years to provide educational experiences for SIGN Surgeons. It was a pleasure to join them again this year in support of the SIGN leadership at MOI.

Terry Smith provided education on the SIGN Equipment and received valuable feedback on new devices we brought for the SIGN Surgeons to use. I participated in several meetings to convey our commitment to continuing the SIGN Program at MOI and joined Drs. Coscia, Shearer, El Naga, and Gendelberg in establishing foundational relationships with the neurosurgeons and orthopaedic spine surgeons at MOI. We expect to begin the SIGN Spine program at MOI within a few months.

Relationships are key to successful programs. This visit rekindled old friendships and communication channels. We also opened the door for new opportunities to expand SIGN's efforts in Tanzania. We look forward to visiting more SIGN Programs as we progress out of COVID and back into meeting in person with our colleagues across the globe.



Engineer Goes International

By Terry Smith, SIGN Engineering Manager

It was my first trip to a SIGN-sponsored hospital, but not my first trip to a low-income country. I wasn't sure what to expect after looking at photos and x-ray images from SIGN Surgery cases for the past six years. From them, you get a sense of how effective implants and training are, but you don't get a feel for what works and doesn't in a hospital. With feet on the ground, you get a chance to see what influences the surgeons and patients.

Nkoaranga Lutheran Hospital

We started our trip in the Arusha region near Mount Kilimanjaro, visiting Dr. Sam Kiwesa at Nkoaranga Lutheran Hospital. I've had the great fortune of meeting Dr. Kiwesa at a SIGN Conference in the US, but seeing him in action on his home turf brings out the best in him. His calm and confident demeanor shows in how he treats his patients and hospital staff.



Dr. Sam Kiwesa guides Dr. Kaaya through SIGN Surgery.

During our days with him, Dr. Kiwesa was mentoring Dr. Rahel Kaaya, who wants to learn orthopaedics. She is a quick learner and is inquisitive in asking questions and following his lead. One of the cases they worked on was an elbow fracture. As Dr. Kiwesa prepped the patient and started the surgery, I could tell he was using a technique taught at the SIGN Conference by Dr. Shawn O'Driscoll.

A few minutes into the surgery, Dr. Kiwesa explained the procedure to Dr. Kaaya and commented that he learned the approach from Dr. O'Driscoll at a SIGN Conference. It was rewarding to see that the hard work of preparing for and conducting bioskills lab sessions is paying off as the student has become the teacher, passing what he had learned to the next generation.

Muhimbili Orthopaedic Institute

That theme followed us to Dar es Salaam and Muhimbili Orthopaedic Institute (MOI), where we participated in the 8th MOI Trauma Course in partnership with the Institute for Global Orthopaedics and Traumatology (IGOT).

The conference was organized into two tracks. Senior surgeons could have both didactic and hands-on learning in their cadaver lab. At the same time, younger surgeons could follow a more didactic learning approach with hands-on learning during the SIGN Equipment session and technique observations in the cadaver lab.



(Top) Dr. Billy Haonga demonstrates the SIGN Technique. (Above) Dr. Daniel Sciuto teaches limb deformity correction.

SIGN Surgeons led several of the lectures in both tracks. As we saw with Dr. Kiwesa, it was great to see how SIGN Surgeons are stepping up to train the next generation of surgeons. It was exciting to see Dr. Daniel Sciuto from Kenya and Dr. Mapuor Mading from South Sudan as they lectured and taught in the cadaver labs. It wasn't long ago when they were both starting their orthopaedic careers, and now they are becoming mentors and leaders for the future.

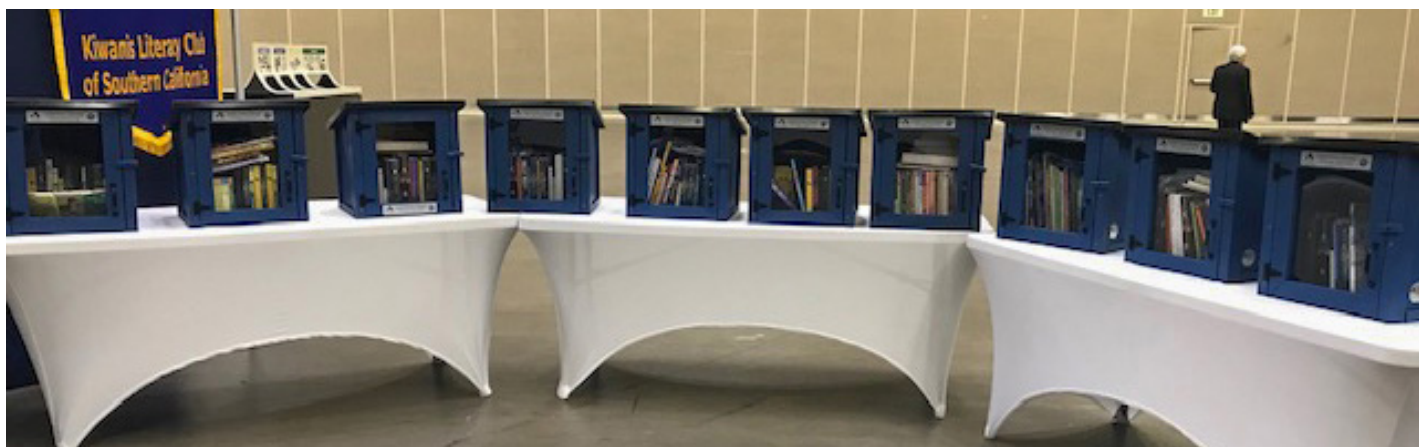
International Convention - It's a Wrap

Pacific Northwest District of Kiwanis was well represented at Kiwanis International Convention, Minneapolis with 65 attendees. Highlights include:

- 2023-2024 Election of President Katrina Baranko, President-elect Lee Kuan Yong, and Vice President-Michael Mulhaul.
- United States Pacific Canada Trustees Dennis Bough (Pacific Northwest trustee), Matthew Cantrall, and Cathy Tutty.
- Asia-Pacific Trustee Chang-Cing Hsu and At Large Trustee Mohan Lamsal
- The amendment KI dues adjustment did not pass.
- The Bylaws Modernization Revision passed

Little Free Library-International Convention Service Project

Reading available to all. At International Convention attendees were able to sign up and build a little free library. By the end of the Convention, 10 Little Free Libraries had been built and stocked with books.



These book receptacles will be placed around the Minneapolis area providing access to free reading material. Clubs will continue to support the Little Free Libraries by keeping them supplied with books.

Attendees had an opportunity to meet with many Kiwanis partners that provide service opportunities. To find out more about Little Free Library visit <https://littlefreelibrary.org>



THE PNW IN MINNEAPOLIS



2023-2024 Lt. Governor Training At Camp Wa-Ri-Ki

I was so pleased with the amount of engagement and attentiveness that was demonstrated at our Lieutenant Governor training the weekend of June 2-4 and at our very first board meeting on June 4th at Camp Kiwanis Wa-Ri-Ki in Washougal Washington. Many of us attended and it was so nice to meet 15 of our Lieutenant Governors for the first time in-person and 3 of them online. We have a class of 25 out of 30 right now and I am actively looking and making calls to scout the last LTGs missing to complete the 2023-24 class. The five Divisions without LTGs are Frazier Valley, BC Interior, Mount Rainier Area, Central Oregon, and From Coast to Canal.

We all had a fun, productive, and a great learning experience! I thank the Education, Membership, and PLGA training teams; they did a fabulous job for us. Overall, it was a fun and informative weekend. We are looking forward to a great year in Kiwanis, the year of “Power of Community”.

~Nicholas Hafez, Governor-Elect



2023-2024 Governor Nicholas Hafez introduces the team to his theme for the year - “Power of Community”.



The 2023-2024 Class of Lt. Governors takes a break and uses the opportunity to get to know one another better.



2023-2024 Lt. Governor Training

Online

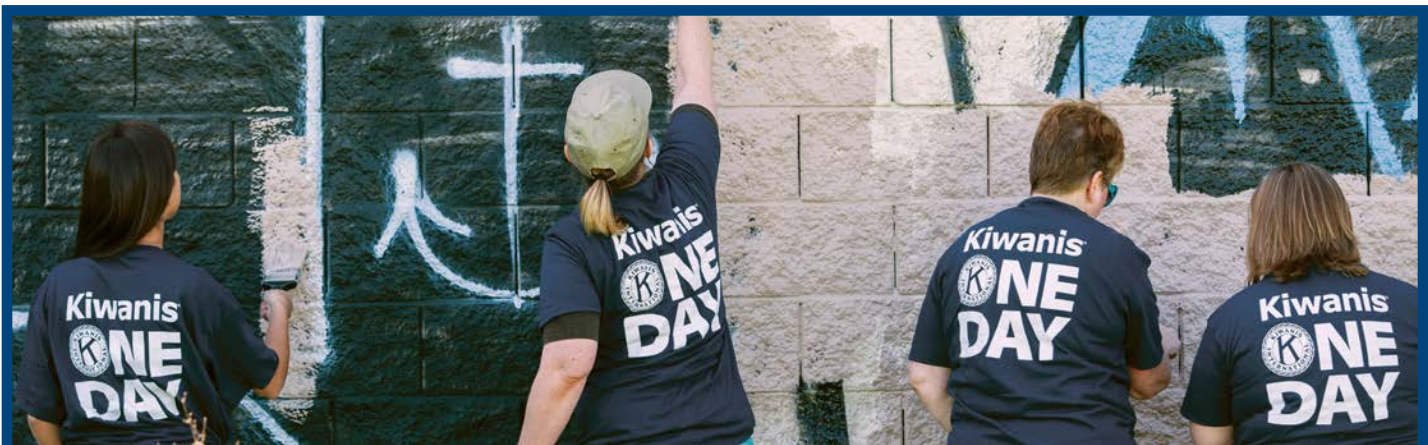
AUCTION

March 15-18, 2024

Building A Better Tomorrow!

<https://www.32auctions.com/PNWKauction2024>

Join us for our online auction by signing up to receive auction updates now. Work with your club/division to put together a travel package that can showcase your community with overnight stay and activities to share with our Kiwanis family. For info email daveindy.crowther@gmail.com



Kiwanis One Day - Oct. 28, 2023

SKRAMBLE solution...don't peak. Puzzle is on page 26.

DNNSIEACAOORTOWNAGRI
 A W A R D S A N D R E C C O G N I T I O N
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 GALETEESD
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 STEERKAYSNOPE
 K E Y N O T E S P E A K E R S
 NMTEIERNITANE
 E N T E R T A I N M E N T
 PEVOETSIJRCREC
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