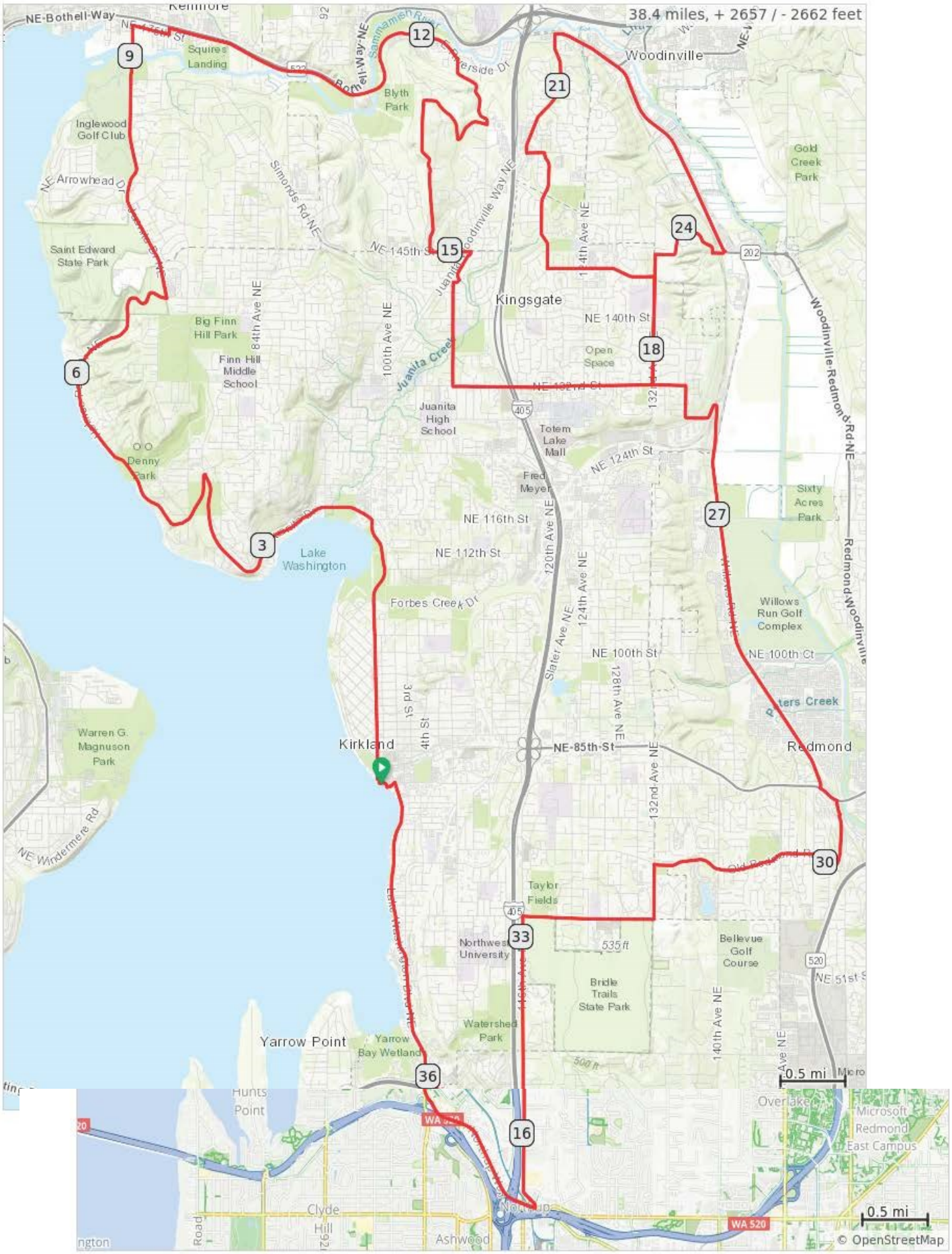7 Hills of Kirkland Tradtional Route 29 May 2023